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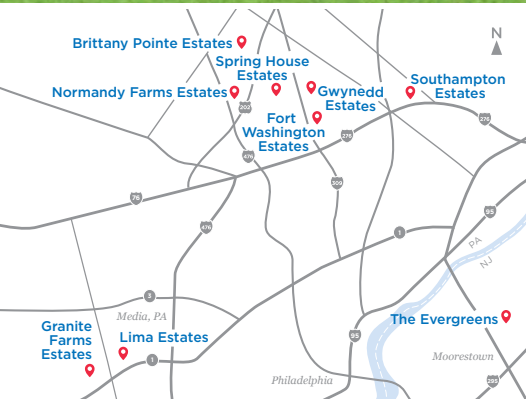
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Last List Price: \$799,000



East Pikeland Township
Last List Price: \$1,180,000



Newlin Township
Last List Price: \$1,180,000

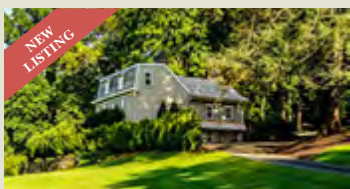


Pennsbury Township
Last List Price: \$2,195,000



Kennett Square

Cedarcroft may be the most famous home in the tri-state area! Constructed in 1860 by legendary Bayard Taylor, Cedarcroft's visitors included Ralph Waldo Emerson and Horace Greeley. The property's late owner took great pains to ensure the significant architectural features of the home were well maintained. The Living Room, Library, and Dining Room all feature 13' ceilings, stunning wood flooring, incredible moldings, and fireplaces. Additional restoration remains. Call for details.



Birmingham Township

Set on six acres in a sought-after section of Birmingham Township, this property has been tastefully restored with the addition of three new bathrooms, new Kitchen, stunning landscaping, new lighting, new air conditioning, new cedar roof - the list goes on! The home dates back to 1789 and, in its history, was owned by generations of Brintons and Darlington. The home has 3 bedrooms, each with a full bath, and is move-in ready. The setting is incredibly private and offers lovely views. Call for details.



Bittersweet Drive | Pocopson Township

Set on 7.3 exceedingly private acres in Pocopson Township, sits this spectacular 18,000 square foot, tutor style home featuring a spectacular main level Master Suite with "His" and "Her" bathrooms, Walk-in Closets, a private Office, and a large Bedroom. The home boasts 5 Bedrooms, 8.3 Bathrooms plus a four room guest/in-law suite easily accessed by way of the home's three level elevator. The main level Living Room, Dining Room, incredible Kitchen, and stellar Family Room must be seen to be appreciated! All of the Bedrooms enjoy En-Suite Bathrooms. The Lower Level features an amazing Wine Cellar, Theater, Game Room and second Family Room. This fabulous property is located with easy access to Wilmington plus set in the nationally ranked Unionville-Chadds Ford School District! \$4,200,000



West Bradford Township

If you ever thought that living in a converted antique stone barn might be appealing, you must see this fabulous property. Set on a total of 7.8 acres, this five bedroom, two and half bath home enjoys volumes of space, soaring stone walls, lots of exposed beams plus a wonderful floor plan. The home has a fabulous Primary Suite and a lower level apartment - perfect for guests or the in-laws! The detached two car Garage has an attached two stall barn which opens to several pastures. \$850,000



Kennett Township

This 4 BR, 2.1 BA home sits at the end of a quiet road and its protected view is of woodlands and community open space. The location is ideal for those needing to commute to Wilmington or get on Route One. The home has a fabulous Primary Suite with a Bedroom, Walk-in Closet, and a luxurious bathroom featuring a ten foot shower stall with glass walls, two shower heads, and an overhead skylight. The Kitchen has stainless high end appliances and opens to a Deck running the home's length. Call for details.

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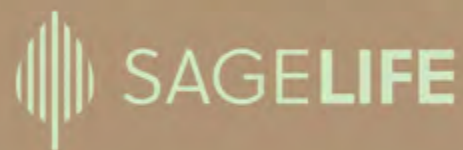
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from the EDITOR

Ah, August ... We're doing our best to make it interesting.

To start, Carra Corridoni's "A Family's Foodie Guide to Delco" is not just about cheesesteaks. She also tours farmers markets, the Veterans Memorial, a 17th-century cabin, Chanticleer, a mini-golf center and more. Because you can't eat all the time.

In more food news, Brandywine Table's Alyssa Thayer tells "A Shrub Story" — about acidic fruit concentrates based on a colonial recipe, often enjoyed with sparkling water. Learn how Tait Farm Foods, run by Alyssa's mother, won the soft for shrubs in 2021.

We celebrate the Brandywine Valley with a look at another open space success story in Kirsten Werner's "Final Piece in Place," about Natural Lands' role in preserving Bryn Coed. And we tour elegant historic mansions now serving as distinctive wedding venues in "Marry in a Mansion."

Enjoy those lazy days of summer because excitement returns in the fall. People's Light previews its Fall/Winter series featuring two world premieres, a one-man play and a first-ever film adaptation in "See It First at People's Light." And in "Mark Your Calendar," Marci Tomassone gathers highlights for fall with horses, antique cars, hot air balloons, a chili fest, restaurant festival, brewfest and more.

In our pets coverage, Shannon Montgomery reviews shots your furry friends need to stay healthy, Gina Mullen looks at places for "Dining with the Dogs," Susan Moran shares "PAWS for Pet Therapy" and you get to help choose the Cutest Pet in this year's contest.

Finally, in "Vax Facts," local doctors advise us on vaccinations at all ages — from Covid shots for those under 5 to essential vaccinations for seniors. Review your history. And Ed Malet reviews how Memory Care Units — and a positive attitude — can help loved ones who need that extra level of care.

As always, we urge you to check our Best Local Events section for August.

Thank you for reading.

Jo Anne Durako
Editor

COUNTY LINES MAGAZINE

August 2022
Volume XLV Number 12

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[Good to Know] *Just a few things we'd thought you'd like to know this month*

Boutique So Chic. Spice up your wardrobe with unique clothing you won't find at any mall. Visit the new **House of WE Boutique** in Phoenixville to zhuzh up your closet. A long-time town visitor, owner Liz Cressman found the perfect place to set up her shop. More than just a spot with gorgeous garb, House of WE gives a one-of-a-kind shopping experience leaving you feeling comfortable and confident. *On Instagram @Shop_HouseOfWE.*



time town visitor, owner Liz Cressman found the perfect place to set up her shop. More than just a spot with gorgeous garb, House of WE gives a one-of-a-kind shopping experience leaving you feeling comfortable and confident. *On Instagram @Shop_HouseOfWE.*

Pickle Your Fancy. From August 25 to 28, the **Upper Main Lane YMCA in Berwyn** will host the 2022 **Philadelphia Open**, an outdoor pickleball event. The tournament includes competitive events like Amateur Women's Singles, Mixed Pro Doubles and Philadelphia Shootout, so all ages and skill levels can join in the fun. Register (\$40–\$130) by August 15 to join hundreds of players to win prize money. USA Pickleball membership is required. Find out what all the hype is about. *PickleballTournaments.com.*



Curtains Up. From August 19 to 28, **New Light Theatre** presents "**RENT**," the Pulitzer Prize-winning rock musical about impoverished artists amid the AIDS epidemic ("La Boheme" updated). The Delaware-based theater gives professional opportunities to emerging artists and has partnered with AIDS Delaware, working to eliminate the spread and stigma of HIV/AIDS. Performed at West Chester University's E.O. Bull Center Mainstage. Tickets \$15–\$25. *NewLightTheatre.com.*

Cheers for Cricket. Did you know cricket is the second largest sport in the world (after soccer), with over 20 million fans in the U.S. alone? **U.S. Minor League Cricket** is played in 20 cities, by 26 teams, with over 200 matches and more than 400 players. On July 30, 31 and August 14, the **Philadelphians** team competes at Exton Park where spectators watch for free. Come support the second season of America's first and only nationwide professional competition. *800 Swedesford Rd., Exton. MinorLeagueCricket.com.*



Air Amusements. Toughkenamon's New Garden Airport will host an **Air & Car Show** on August 30. Join for a day of dazzling air displays, beautiful antique cars, food vendors, fireworks and more. Take your kiddos to the Kid Zone, complete with a moon bounce, face painting and a foam plate glider station to learn about the basics of flight. Proceeds from this one-day-only event go to their Future Aviators Program. *NewGardenFlyingField.com.*



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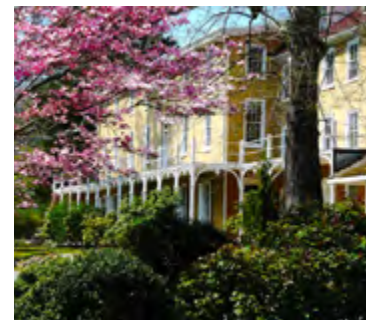
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August Picks Our Picks for top events this month

Town Tours & Village Walks

August 4, 11, 18

Explore our Villages — “Founding Mothers and Fathers.” This series of free summer strolls through historic neighborhoods, hamlets, villages and sites explores the history of the founders



of these places or institutions and takes a look at what they are today. *Aug. 4*, Celebrating 300 Years of the Springs at Historic Yellow Springs; *Aug. 11*, Malvern Borough c. 1899: From Crossroads to Powerhouse; *Aug. 18*, The Village of Marshallton c. 1836: Humphry Marshall. *Tours run from 5:30 to 7:30 p.m. More at ChesCoPlanning.org.*

Jon Lovitz Live

August 13

See one of the best-known comedians of the last four decades and a celebrated star of *Saturday Night Live*, where he gained initial fame as a cast member from 1985 to 1990 and earned two Emmy nominations. Jon Lovitz performs live at *The Colonial Theatre*, 227 Bridge St., Phoenixville. 8 p.m. \$34.50–\$54.50. *TheColonialTheatre.com.*



Phoenixville VegFest

August 13

Phoenixville VegFest is a vegan food and street festival with live music and vendors and benefits Peace Advocacy Network (PAN), promoting a peaceful existence through veganism, social justice and respect for the Earth's inhabitants and resources. *Reeves Park, 148 3rd Ave., Phoenixville. Noon to 5 p.m. Rain date, Aug. 14. PhoenixvilleVegFest.com.*

Third Thursdays on State Street

Through October

Outdoor dining in Kennett Square comes with extended shopping hours, live music and family-friendly activities. Third Thursdays bring the community together and support restaurants and small businesses. *State Street (closed from Broad to Center Sts. through October). 5 p.m. to 10 p.m. KennettCollaborative.org.*



2022 BMW Golf Championship

August 16–21

This is the second of three events in the PGA Tour Playoffs for the FedExCup and determines the final field of 30 for the Tour Championship in Atlanta. *Wilmington Country Club, 4825 Kennett Pk., Wilmington. BMWChampionship.com.*



best Local Events

FAMILY FUN

THROUGH SEPTEMBER
Science Saturdays at Hagley Museum & Library. Visitors of all ages are invited to discover solutions to science and engineering challenges. Science Saturdays are drop-in activities. 298 Buck Rd., Wilmington. Noon to 4. \$5–\$9. 302-658-2400; Hagley.org.

THROUGH OCTOBER 31
Brandywine Treasure Trail Passport. Gather family and friends and let the Brandywine Treasure Trail Passport guide you to a memorable summer weekend escape, providing access to 12 of Wilmington's and the Brandywine Valley's top attractions. \$49–\$99. VisitWilmingtonDE.com.

AUGUST 4–SEPTEMBER 1
Thursdays
Story Time at Brandywine Zoo. Learn about animals each week with a different book read outdoors in the Wildlife Amphitheater. 1001 N. Park Dr., Wilmington. 10:30 to 11. \$7–\$9. BrandywineZoo.org.

AUGUST 7
Ice Cream Social at Ephrata Cloister. Enjoy an ice cream sundae and a pleasant afternoon stroll through the Historic Ephrata Cloister. This special event supports the activities of the Ephrata Cloister Associates and their work at the historic site. 632 W. Main St., Ephrata. 1 to 4. EphrataCloister.org.

AUGUST 7
In the Good Old Summertime at Penny-packer Mills. An early 20th-century summertime celebration. Enjoy old-fashioned lawn games of croquet, ring toss, tabletop games and easy crafts to make. The General Store will be open with fun activities, and you can take a walk-through tour of the air-conditioned mansion. 5 Haldeman Rd., Schwenksville. 1 to 3. Free, suggested donation \$2. MontcoPA.org.

AUGUST 12–13
East Room Revisited: A Summer Performance Inspired by Jackie Kennedy at Winterthur Museum. Enjoy a family-friendly performance of *A Midsummer*

Night's Dream in the Enchanted Woods. This abbreviated interpretation of Shakespeare's comedy will delight children and adults alike in an imaginative setting. 5105 Kennett Pk., Winterthur, DE. Fri, 3 pm; Sat, 11 am & noon. \$10–\$15. Winterthur.org.



AUGUST 14
People's Light's Backyard BBQ—Celebrando Nuestra Comunidad. Celebrate Latinx culture, food justice and the theater's first bilingual production, *Mushroom*. Enjoy food, music, performances and activities for the little ones. 39 Conestoga Rd., Malvern. 4:30 to 8 pm. Free. PeoplesLight.org.

AUGUST 14
Family 2nd Sunday at Delaware Art Museum. Children up to 12 years old and their families can experience an activity that explores a new medium or technique from a professional teaching artist. 2301 Kentmere Pkwy., Wilmington. 10 to 1. Free. DelArt.org.



AUGUST 27
Nottingham County Fair. Bring the family out to enjoy live music and entertainment, a food truck village, crafts, inflatables, photo booths and many more surprises. *Hibernia County Park*, 150 Park Rd., Nottingham. 4 to 8. Free. ChesCo.org.

ART, CRAFTS & ANTIQUES

THROUGH OCTOBER 30
Thursday & Saturday
Art Along the Trail. The Newtown Square Historical Society presents local artists who exhibit their work on the green behind the Historic Square Tavern. History of women in art display, Benjamin West gallery display and music. Historic Square Tavern, 3716 Goshen Rd., Newtown Square. 10 to 3. Free. DelCoArts.org.



AUGUST 19
Craft + Mercantile. A curated evening market celebrating local makers and artisans alongside live music, food and drink. Kimberton Garden & Gift Shop, 2123 Kimberton Rd., Phoenixville. 5 to 8 pm. GrowingRootsPartners.com.

SEPTEMBER 2–4
2022 Long's Park Art Festival. Come out to one of America's top 50 art festivals where more than 200 juried artisans offer their unique wares. Benefits the park's Amphitheater Foundation. 1441 Harrisburg Pk., Lancaster. Fri–Sat, 10 to 6; Sun, 10 to 5. \$10–\$15. 717-291-4835; LongsPark.org.



SEPTEMBER 10–11
Brandywine Festival of the Arts. A Delaware tradition with something for everyone—250

artists exhibiting, live music, children's activities and a selection of local food vendors. 1001 North Park Dr., Wilmington. Sat, 10 to 6; Sun, 10 to 4. \$5. 302-419-6648; BrandywineArts.com.

BOOKS.....
AUGUST 3–19
Wellington Square Bookshop. Classics Book Club: Aug. 3, "Their Eyes Were Watching God" by Zora Neale Hurston. **Fiction Book Club:** Aug. 18–19, "The Guncle" by Steven Rowley. Check website for times. 549 Wellington Sq., Exton. WellingtonSquareBooks.com.

AUGUST 16
Main Point Book Club. Fiction Book Club: "Liars Dictionary" by Eley Williams. 116 N. Wayne Ave., Wayne. For times, MainPoint-Books.com.

AUGUST 25
DelArt Readers Book Club. A virtual, community-led event on Zoom meets monthly to discuss, debate, celebrate and share works of fiction and non-fiction. 2301 Kentmere Pkwy., Wilmington. 6 to 8 pm. Free. DelArt.org.

EQUESTRIAN EVENTS
THROUGH SEPTEMBER 25
Fridays & Sundays
Brandywine Polo. Spectators gather to watch

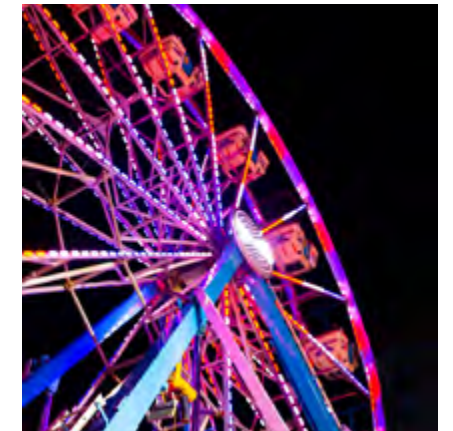
the excitement on 122 acres in the Brandywine Valley. Bring family, friends and a picnic to tailgate at the grounds. 232 Polo Rd., Toughkenamon. Friday Twilight Polo—gates open at 5; match at 5:30. Sunday, gates open at 1:30; match at 3. \$15–\$20. Check Facebook for weather and field updates. BrandywinePolo.com.

SEPTEMBER 3–5
79th Annual Ludwig's Corner Horse Show & Country Fair. A Chester County tradition over Labor Day weekend, featuring lots of activities, including pony rides, Mounted Parade of Hounds, pet parade, live music, a car show, the country carnival and, of course, the horse show,



beginning at 8 am daily. Ludwig's Corner Horse Show Grounds, 1326 Pottstown Pk., Glenmoore. Midway is open 11 to 4. \$10/carload. LudwigsHorseShow.com.

FESTIVALS & FAIRS.....
AUGUST 1–6
73rd Annual Goshen Country Fair. An old-fashioned fair with agricultural exhibits, rides and entertainment. Benefits the Volunteer Goshen Fire Co. Gates open 6 pm, Mon to Fri; Sat at 5 with reduced tickets for rides until 7 pm. Fair Grounds, 1320 Park Ave., West Chester. 610-430-1554; GoshenCountryFair.org.



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AUGUST 5 & 6
Re-Connective Weekend in Oxford. The joint venture between Oxford Mainstreet and Land-hope Farms is a callback to the Connective Festival of years' past. Enjoy live music from local/regional acts along with food trucks, lawn games, Art in the Park with art vendors and demonstrators and a creative corner for kids. Downtown-OxfordPA.org.

AUGUST 12-13
54th Annual Goschenhoppen Folk Festival. Experience authentic Pennsylvania German folk-life from the 18th-19th centuries. Visit with friendly farm animals, take wagon rides on a horse-drawn wagon and enjoy traditional tasty refreshments. Henry Antes Plantation, 318 Colonial Rd., Perkiomenville. Fri., noon to 8 pm; Sat., 10 to 6. \$3-\$12. Goschenhoppen.org.



AUGUST 21-28
August Quarterly Festival Celebration. The nation's oldest African-American festival celebrating freedom of religion and speech and the right of assembly. Tubman-Garrett Riverfront Park, Rosa Parks Dr., Wilmington. AugustQuarterly.org.

SEPTEMBER 10-11
37th Annual Mushroom Festival in Kennett Square. Enjoy tasty mushroom dishes, exhibits, cooking demos, antique and classic car show, a run/walk and kids entertainment. 600 S. Broad St. lot. Sat, 10 to 7; Sun, 10 to 4. \$5. MushroomFestival.org.



FILM
AUGUST 15
Eagleview Movie Nights. Bring your blankets, chairs and a picnic dinner and enjoy the

movie, *The Croods: A New Age*. Wellington Square, Exton. 7 pm. Free. InEagleview.com.

AUGUST 19
Movies in the Park. Pack a blanket or bring some chairs out to enjoy the movie, *Luca*. Oxford Memorial Park, 900 W. Locust St., Oxford. 8:30 pm. OxfordPA.org/Movies-In-The-Park.

FOOD & BREWS
THROUGH AUGUST 25
Thursdays
Happy Hour at Delaware Art Museum. Summer series features live music, local brews, wine, cocktails, food vendors. 2301 Kentmere Pkwy. N. Terrace Copeland, Sculpture Garden. 5 pm. Free. 302-571-9590; DelArt.org.



THROUGH SEPTEMBER 1
Wednesdays
West Chester TAPS. Enjoy a borough-wide happy hour where you can unwind and relax with friends every Wednesday from 4 to 7 pm. Participating locations have select \$4 beers, \$5 wines and \$6 cocktails in addition to half-price appetizers. Visit DowntownWestChester.com for locations.

AUGUST 5
77th Annual Rotary Club of Annapolis Crab Feast. Get your fill of Maryland's famous blue crabs — plus vegetable crab soup, corn on the cob, beef barbecue sandwiches, hot dogs, draft beer and more. Benefits local community and cultural organizations. Navy-Marine Corps Memorial Stadium, 550 Taylor Ave., Annapolis. 5 to 8 pm. AnnapolisRotary.org/CrabFeast.

AUGUST 24, SEPTEMBER 14
Field to Fork Dinners at SIW Vegetables. Dine on the farm and enjoy just-picked produce in an idyllic setting. Chefs prepare dishes in the renovated barn. BYOB. **Aug. 24,** Chef Khoran Horn (The Guardhouse); **Sept. 14,** Chef Tyler Akin (Le Cavalier). 4317 S. Creek Rd., Chadds Ford. \$99. 6 to 9:30 pm. SIW-Vegetables.Blog-spot.com.

AUGUST 25
Historic Sugartown Summer Pop-Up Biergarten. Explore Sugartown's historic buildings

Local Farm Markets

Artisan Exchange, 208 Carter Dr. Unit 13 B, West Chester. Sat, 10 to 1. ArtisanExchange.net.

Bryn Mawr Farmers Market, Lancaster Ave. Bryn Mawr train station lot. Sat, 9 to 1. FarmToCityMarkets.com.

Market at Coverdale Farm Preserve, 543 Way Rd., Greenville, DE. Fri, 2 to 7; Sat, 10 to 5; Sun, 11 to 3. DelNature.org.

Downingtown Farmers Market, Kerr Park, Log House Field, 28 E. Pennsylvania Ave. Sat, 9 to 1. 484-753-6363; GrowingRootsPartners.com.

Eagleview Farmers Market, Eagleview Town Center, 570 Wellington Sq., Exton. Thurs, 3 to 6:30. 484-753-6363; GrowingRootsPartners.com.

Kennett Square Farmers Market, The Creamery, 401 Birch St. Fri, 3 to 6. 610-444-8188; KSQFarmersMarket.com.

Lancaster County Farmers Market, 389 W. Lancaster Ave., Wayne. Wed, Fri & Sat, 6 to 4. 610-688-9856; LancasterCountyFarmersMarket.com.

Malvern Farmers Market, Burke Park, 26 S. Warren Ave. Sat, 9 to 1. 484-753-6363; GrowingRootsPartners.com.

Media Farmers Market, Edgemont St. between Front & State Sts. Sun, 10 to 1. FarmToCityMarkets.com.

Newtown Square Farmers Market, 3625 Chapel Rd. Fri., 3 to 6. Facebook.com/NewtownSquareFarmersMarket.

Pete's Produce Farm, 1225 E. Street Rd., West Chester. Mon-Sat, 9 to 6; Sun, 9 to 5:30. 610-399-3711; PetesProduceFarm.com.

Phoenixville Farmers Market, 200 Mill St. Sat, 10 to noon; seniors, 9-9:30. PhoenixvilleFarmersMarket.org.

Pottstown Farmers Mkt., 100 E. High St. Every other Sat, 9-1. 484-948-6061; PottstownFarm.org.

Rodney Square Farmers Market, 10th & N. Market St., Wilmington. Wed, 10 to 2. InWilmDE.com/Events/Downtown-Farmers-Market-at-Rodney-Square.

Swarthmore Farmers Market, 121 Park Ave. Sat, 9 to noon. 215-733-9599; SwarthmoreFarmersMarket.org.

Thornbury Farmers Mkt. & CSA, 1256 Thornbury Rd., West Chester. Sat, 9 to 6; Sun, 11 to 5. ThornburyFarmCSA.com.

Thornton Farmers Mkt., 330 Glen Mills Rd. Sat, 10 to 1. Facebook.com/ThorntonFarmersMarket.

West Chester Growers Mkt., Chestnut & Church Sts. Sat, 9 to 1. 610-436-9010; WestChesterGrowersMarket.com.

with your friends and family, watch paper marbling demonstrations by the bookbinders, enjoy local craft beer and wine as well as delicious bites from food trucks and live music. 273 Boot Rd., Malvern. 5 to 8. \$10. HistoricSugartown.org.



AUGUST 27
Annual Delaware Burger Battle. Tentative date set for the event that puts Delaware's top chefs and their best burgers forward. Benefits Food Bank of Delaware and Delaware Pro-Start. Rockford Tower, Rockford Park, 2000 Lookout Dr., Wilmington. Noon to 3:30. Pay one price to sample burgers all day, \$12-\$50. DEBurgerBattle.com.



AUGUST 31
Sip & Stroll at Brandywine Zoo. Sip, stroll and learn while enjoying beer and touring the zoo after hours. Fun animal encounters and activities for all ages. Limited tickets. Beer sold separately. Brandywine Park, 1001 North Park Dr. 5 to 7. BrandywineZoo.org.



FUNDRAISERS
AUGUST 1-31
Clean Water Paddle Push at Stroud Center. Grab your paddleboard, canoe, kayak, inner tube or waders and hit a body of water near

you to celebrate water, the earth's most vital natural resource. Benefits the future of fresh water through Stroud Water Research Center. For more information visit StroudCenter.org/Events.

GARDENS
THROUGH SEPTEMBER
Pennsylvania Horticultural Soc. Announces Opening of PHS Pop Up Gardens. Visit urban garden spaces in Manayunk and on South Street and enjoy entertainment and events, food and beverages. Manayunk: 106

Jamestown Ave., Phila. South Street: 1438 South St., Phila. Mon-Wed, 5 to 10 pm; Thurs, 5 to 11; Fri & Sat, noon to midnight; Sun, 11 am to 9 pm. PHSONline.org/PopUp.

THROUGH OCTOBER 30
Longwood Gardens Illuminated Fountain Shows. Find a place to sit—or stand back in awe—as water in all shapes, sizes and heights combines with music and infinite colors. 1001 Longwood Rd., Kennett Square. Thurs-Sat, 9:15. \$18-\$25. 610-388-1000; Longwood-Gardens.org.



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Cecil County, MD Events

Cecil County, MD has lots to offer. Take a day trip or plan on staying a while. Check their website for more events. CCGov.org.

August 27. Chesapeake City Car Show. 98 Bohemia Ave., Chesapeake City. 9 to 3. [Facebook.com/ChesapeakeCityCarShow](#).

August 28. Tap Into the Tavern. Wine and beer tastings and live music. *Rodgers Tavern Museum*, 259 Broad St., Perryville. 3 to 7 pm. \$10–\$25. [RodgersTavern.com](#).

October 13–16. Maryland 5 Star at Fair Hill. The event showcases four days of competition in Dressage, Cross-Country and Show Jumping. 4600 Telegraph Rd., Elkton. [Maryland5Star.us](#).

MUSEUMS.....

THROUGH SEPTEMBER 5

Brandywine River Museum of Art. *Through Aug. 31*, “Dawoud Bey: Night Coming Tenderly, Black.” *Through Sept. 5*, “Gatecrashers: The Rise of the Self-Taught Artist in America.” 1 Hoffman’s Mill Rd., Chadds Ford. Wed–Mon, 10 to 4. \$6–\$18. [Brandywine.org](#).

THROUGH SEPTEMBER 11

Delaware Art Museum. “Stan Smokler: Steel in Flux.” 2301 Kentmere Pkwy., Wilmington. Wed, 10 to 4; Thurs, 10 to 8; Fri–Sun, 10 to 4. \$6–\$12, Sun, free. 302-571-9590; [DelArt.org](#).

THROUGH JANUARY 8, 2023

Winterthur Museum. “Jacqueline Kennedy and Henry Francis du Pont: From Winterthur to the White House,” the collaboration between First Lady Jacqueline Kennedy and Henry Francis du Pont to restore the White House interiors. 5105 Kennett Pk., Winterthur, DE. Tues–Sun, 10 to 5. \$8–\$22. [Winterthur.org](#).

MUSIC & ENTERTAINMENT.....

THROUGH AUGUST 14

Delaware County Summer Festival. Free concerts in Rose Tree Park’s scenic outdoor amphitheater—a popular Delco tradition for more than four decades. Offering everything from Classical to Cajun, Motown to Broadway, Doo Wop to Rock & Pop and everything in between. Visit website for a list of concerts. Rose Tree Park, Rt. 252 & Providence Rd., Upper Providence. Free. [DelcoPA.gov/Departments/Parks/SummerFestival.html](#).

AUGUST 3–SEPTEMBER 7

Longwood Gardens Summer Performance Concerts. *Aug. 3*, Angélique Kidjo; *Aug. 24*,

Trombone Shorty & Orleans Avenue; *Aug. 30*, A Very Special Evening with Emmylou Harris and Mary Chapin Carpenter; *Sept. 7*, Pat Metheny Side-Eye. 1001 Longwood Rd., Kennett Square. Times and tickets, [LongwoodGardens.org](#).



AUGUST 4–14

Bethlehem Musikfest 2022. Take a short road trip to Bethlehem, site of the nation’s largest non-gated music festival, coming alive with the sound of all genres of music. Tickets are required for national headliners, such as Boys II Men, Willie Nelson & Family, Poison, Counting Crows, Disturbed, Alabama ... the list goes on. Check the website for free concerts. Visit [Musikfest.org](#) for lineup and tickets.



AUGUST 6–SEPTEMBER 4

American Music Theatre. *Aug. 6–7*, Weird Al Yankovic; *Aug. 12*, Tracy Lawrence; *Aug. 13*, The Doo Wop Project; *Aug. 14*, Mac Powell; *Aug. 18*, Johnny Mathis: The Voice of Romance Tour; *Aug. 21*, The Beach Boys: Sixty Years of the Sounds of Summer; *Aug. 25*, WXPB Welcomes Amos Lee with special guest Mutlu; *Sept. 2–4*, Pennsylvania Gospel Music Festival. 2425 Lincoln Hwy. E., Lancaster. 888-729-4718; [AMTShows.com](#).



AUGUST 7, 21

West Goshen Summer Concert Series. *Aug. 7*, Blue Philly Magic, Motown Concert; *Aug. 21*, The Malarkey Brothers, Irish Rock Concert. West Goshen Community Park, N. Five Points and Fern Hill Rds., West Chester. Guests are asked to bring a dry good item for West Chester Food Cupboard. In the event of rain, concerts at Stetson Middle School Auditorium, 1060 Wilmington Pk. 6:30. Free. [WestGoshen.org](#).

AUGUST 7–28

Long’s Park Summer Music Series. *Aug. 7*, Vieux Farka Toure; *Aug. 14*, Terrance Simien & the Zydeco Express; *Aug. 21*, Cherish the Ladies; *Aug. 28*, Devon Gilfillian. Long’s Park Amphitheater, Route 30 & Harrisburg Pk., Lancaster. 7:30 pm. Donations accepted. [LongsPark.org](#).

AUGUST 12–27

Uptown! at Knauer Performing Arts Center. *Aug. 12*, AM Radio Tribute Show; *Aug. 13*, Hollywood Nights—The Bob Seger Experience; *Aug. 18*, Fresh & Local Summer Series featuring One Alternative; *Aug. 20*, Sarah Diamond and the Soul Miners; *Aug. 27*, Best Friend’s Girl—The Cars Experience. 226 N. High St. Check website for tickets and times. [UptownWestChester.org](#).



AUGUST 13–SEPTEMBER 2

The Keswick Theatre Presents. *Aug. 13*, Teo González & Rogelio Ramos; *Aug. 17*, Ted Nugent; *Aug. 18*, WXPB Welcomes The Wallflowers; *Aug. 20*, Gilberto Santa Rosa; *Aug. 26*, the FIXX + Jill Sobule; *Sept. 2*, Matt Nathanson. 291 N. Keswick Ave., Glenside. 215-572-7650; [KeswickTheatre.com](#).

AUGUST 13

93rd Annual Old Fiddler’s Picnic — A Celebration of Music. Explore the entertainment, food trucks, kids activities and crafts by dancing the day away at this time-honored event held at Hibernia Park, 1 Park Rd., Coatesville. 10 to 4. Free. Rain date, Aug. 14. [ChesCo.org/2415/Old-Fiddlers-Picnic](#).

AUGUST 14, 21

Miller Park Summer Concert Series. *Aug. 14*, Basic Cable; *Aug. 21*, Chico’s Vibe. Albert C. Miller Memorial Park, 220 Miller Way, Exton. 6 pm. Free. [WestWhiteland.org](#).

AUGUST 18

Music at Marshall. Picnic concerts in Marshall Square Park. Food trucks open from 5 pm. Sin Brothers Band performs. Check website for weather updates. 200 E. Marshall St., West Chester. 6:30. Free. [MarshallSquarePark.org](#).

AUGUST 18–22

60th Annual Philadelphia Folk Festival. The tradition continues at Old Pool Farm, Upper Salford Township. Visit website for a complete lineup and tickets. [FolkFest.org](#).

AUGUST 20

Kennett Flash. Sugar Lime Blue with 2 Non Bobs. 102 Sycamore Alley, Kennett Square. 7 pm. \$20. 484-732-8295; [KennettFlash.org](#).

AUGUST 20

Rhythm & Brews in Phoenixville. Come on down for some brews and tunes, and take part in a cornhole tournament. Main & Bridge St. parking lot, Phoenixville. 5 to 10 pm. [PhoenixvilleChamber.org](#).

SEPTEMBER 1

Summer in the Park Concerts at Wilson Farm Park. Basic Cable performs at Wilson Farm Park, 500 Lee Rd., Chesterbrook. 7 pm. Free. [Tredyffrin.org/Departments/Parks](#).

OUTDOOR ACTIVITIES.....

THROUGH AUGUST 31

Wednesdays

Bike & Hike & Brews at Hagley Museum & Library. Bring a picnic to enjoy at the pavilion or at a table along the Brandywine. Dogfish Head craft beer and Woodside Farm Creamery ice cream are available. 200 Hagley Creek Rd., Wilmington. 5 to 8 pm. \$5. 302-658-2400; [Hagley.org](#).

THEATER.....

THROUGH AUGUST 7

Jersey Boys at Fulton Theatre. A regional premiere at The Fulton, 12 N. Prince St., Lancaster. \$29–\$75. Times and tickets, 717-397-7425; [The-Fulton.org](#).

THROUGH AUGUST 28

The Candlelight Theatre Presents Sweet Charity. The story of Charity Hope Valentine and winner of 5 Tony Awards. 2208 Millers Rd., Wilmington. Times and tickets, 302-475-2313; [CandlelightTheatreDelaware.org](#).

AUGUST 3–28

Grand Horizons at People’s Light. A hilarious, heartbreaking commentary on marriage, family

and the wisdom that comes with age—or not. 39 Conestoga Rd., Malvern. 610-644-3500; [PeoplesLight.org](#).

TOWNS, TALKS & TOURS.....

THROUGH AUGUST 18

Town Tours & Village Walks. *Aug. 4*, Celebrating 300 Years of the Springs at Historic Yellow Springs; *Aug. 11*, Malvern Borough c. 1899: From Crossroads to Powerhouse; *Aug. 18*, The Village of Marshallton c. 1836: Humphry Marshall. Tours run from 5:30 to 7:30 p.m. More at [ChesCoPlanning.org](#).

THROUGH SEPTEMBER 5

Open-Air Market in West Chester. West Chester will have plenty of outdoor dining and shopping options this summer. Gay Street will be closed to vehicles Friday morning through Monday morning. Restaurants and retail alike will line the street, so residents and visitors have more space to shop, eat and explore the town. [DowntownWestChester.com](#).

THROUGH SEPTEMBER

Historic Kennett Square’s Third Thursdays on State Street. Enjoy sidewalk dining on



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15 Freedom Blvd., West Brandywine, PA 19320



Freedom Village
at Brandywine



State Street, pop-up vendors, rooftop concerts brought to you by The Kennett Flash plus ice cream and an outdoor beer garden vibe on Birch Street. Visit HistoricKennettSquare.com.

THROUGH SEPTEMBER 28
Wednesdays

Dining Under the Stars in Media. Stroll. Shop. Dine. Restaurants set up tables on State Street, which is closed from Jackson to Orange for this summer-long outdoor dining event. Starts at 5:30 pm. Check VisitMediaPA.com for participating restaurants.

Through OCTOBER 3

Phoenixville Inside Out. Businesses will set up in the closed sidewalk and roadway between Starr and Main Sts., and from Main to Gay Sts. beginning at 2 pm on Fri, ending 7 am Mon. The Main and Bridge Street parking lot will also be closed for the duration of the road closure. PhoenixvilleFirst.org.

AUGUST 5, 13, 18

1st Fridays, 2nd Saturdays, 3rd Thursdays.
First Fridays: *Aug. 5, Lancaster City,* 717-509-ARTS; VisitLancasterCity.com.
Oxford, 610-998-9494; DowntownOxfordPA.org. **Phoenixville,** 610-933-3253; PhoenixvilleFirst.org. **West Chester,** 610-738-3350; DowntownWestChester.com.
Wilmington Art Loop, 302-576-2135; CityFestWilm.com.

Second Saturday Virtual Arts Stroll: *Aug. 13,* Media, 484-445-4161; MediaArtsCouncil.org.
Third Thursday Malvern Stroll: *Aug. 18,* MalvernBusiness.com.

AUGUST 21

Kennett Underground Railroad Tour. Visit documented Underground Railroad sites, historic homes and Quaker Meetinghouses while learning about local abolitionists and anti-slavery activity in the Kennett Square area. Kennett Underground Railroad Center, 120 N. Union St., Kennett Square. 1:30 to 3. \$23. KennettUndergroundRR.org. ♦

Stay in the know with everything going on in *County Lines* country. Sign up for our Events Newsletter (sent twice monthly) at Newsletter@ValleyDel.com.

Send a description of your activity to Info@ValleyDel.com by the first of the month preceding publication.

For more events visit:

CountyLinesMagazine.com

THEATER SPOTLIGHT

See It First at People's Light

FALL/WINTER PREVIEW

FOR CLOSE TO FIVE DECADES, AUDIENCES AT People's Light have enjoyed seeing some of the best new plays in American theater premiere right here in Chester County. That tradition continues in 2022–23.

The upcoming Fall/Winter Series features two world premieres, a captivating one-man play, and the first-ever film adaptation of Heather Raffo's global theatrical phenomenon. Don't miss these unforgettable stories on stage and screen at People's Light.

Here's what you can enjoy.

MUSHROOM

By Eisa Davis; Directed by David Mendizábal
September 14–October 16, 2022

In Kennett Square — “the mushroom capital of the world” — intersecting lives of immigrant families collide when a workplace injury, an unexpected romance and the increased presence of ICE have far-reaching ramifications for the entire community. From Pulitzer Prize finalist and *Mare of Easttown* series regular Eisa Davis, *Mushroom* is the fourth locally-inspired world premiere developed through the New Play Frontiers Residency & Commission Program at People's Light, following *Project Dawn*, *Mud Row* and *Bayard Rustin Inside Ashland*.



PHOTO BY BOBBY PLASENCIA

ALICE IN WONDERLAND: A MUSICAL PANTO

Book by Jennifer Childs; Music & Lyrics by Alex Bechtel; Directed by Bill Fennelly
November 16, 2022–January 1, 2023

We venture down the rabbit hole in a brand-new holiday panto! On her first day of skiddle mool — oops, we mean middle school! — Alice Liddle stumbles upon a strange book in the library and ends up in a mysterious, magical place. Cheer the heroes, boo the bad guys and help Alice find her way home in this panto-tastic take on Lewis Carroll's mad-cap classic.



ART BY JONATHAN OLIVARES

9 PARTS OF DESIRE (FILM)

By Heather Raffo; Directed by Mike Mosallam
Streaming at PeoplesLight.org
January 30–February 12, 2023

Nearly 20 years ago, *9 Parts of Desire* premiered to widespread acclaim in London and Off-Broadway, later becoming a global theatrical phenomenon. Now, Raffo adapts her multi-award-winning solo play for the screen and for our current time. From Baghdad to Flint, Michigan, Raffo transforms into a wide cross-section of women in her inspiring exploration of love and grief within countries undone by division, violence and neglect. The screen adaptation streams only at PeoplesLight.org ahead of the film's national release, which marks 20 years since the start of the Iraq War.



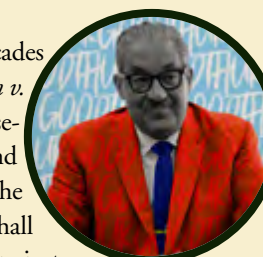
PHOTO BY BRYAN SHEFFIELD

PHOTO BY HEATHER RAFFO

THURGOOD

By George Stevens, Jr.; Directed by Steve H. Broadnax III
February 22–March 19, 2023

With a career spanning nearly six decades — from his landmark victory in *Brown v. Board of Education* to becoming a household name as the “Great Dissenter” and first African American to serve on the Supreme Court — Thurgood Marshall devoted his life to the pursuit of a more just world. Brian Marable (*Skeleton Crew*) brings Marshall's signature poise, wit and storytelling skill to this captivating one-man play. ♦



ART BY JONATHAN OLIVARES

FOR MORE INFORMATION

People's Light, 39 Conestoga Rd., Malvern
Tickets: Subscription and single tickets on sale
610.644.3500; Tickets@PeoplesLight.org; PeoplesLight.org

The Yearsley Barn by the Reservoir



Schedule your wedding at our one-stop event venue! Our barn serves as a rustic indoor venue for wedding services (seating 150), complete with antique stone walls and wood beams. Or schedule an outdoor wedding, with the reservoir serving as a scenic backdrop. We have many beautiful locations for wedding party pictures. After the wedding, enjoy fine dining, top shelf beverages and dancing in our spacious ballroom. Our pre-wedding bridal suite and groomsman “hang out” will delight!

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Coatesville Country Club d/b/a The Yearsley Barn by the Reservoir

Final Piece in Place



PHOTO COURTESY CALEB ARROWOOD

BRYN COED FARMS' LAND IS PERMANENTLY CONSERVED

Kirsten Werner, Natural Lands

FOUR YEARS AFTER NATURAL LANDS PURCHASED the 1,505-acre Bryn Coed Farms — then the largest remaining unprotected swath of land in the Philadelphia area — the final piece of the property has been permanently conserved. In one of the most ambitious conservation projects in recent history, the entirety of the land is now protected from development forever.

SOME BACKGROUND

In the 1970s, the Dietrich brothers assembled the vast acreage in Chester Springs, Chester County, one parcel at a time. One of these tracts was the former homestead of U.S. Supreme Court Justice Owen J. Roberts, a place he had named “Bryn Coed” (which means “wooded hill” in Welsh).



Majestic oak tree

PHOTO COURTESY MARK WILLIAMS

As development pressures increased in the region, many worried about the fate of the pristine farmland and forests, located just 30 miles northwest of Philadelphia. Concerns mounted in 2003 when the Dietrich brothers decided to divest themselves of Bryn Coed Farms. Under township zoning, nearly 700 homes could have been constructed there.

NATURAL LANDS' ROLE

In 2016, Natural Lands purchased the entire 1,505 acres from the Dietrich family. The land trust set aside 520 acres at the heart of the property to create a nature preserve with more than ten miles of trails. West Vincent Township purchased an additional 72 acres that are now a public park adjacent to the preserve. The remaining acres were divided into 39 lots that were placed under conservation easements and sold.

“I’m thrilled to announce that, on December 6, 2021, the final lot was sold, marking a successful conclusion to this ambitious land protection project,” said Natural Lands President Oliver Bass. “Saving Bryn Coed was the chance of a lifetime, but it required a tremendous amount of work — and a tireless community of supporters. We’re forever grateful to our generous funders, forward-thinking elected officials and talented land protection team. We went out on a limb on this one, and it was so worth it.”

GRANTS SAVED THE DAY

Natural Lands received grant support from the PA Department of Conservation and Natural Resources (Community Conservation Partnerships Program), Chester County, West Vincent Township and West Pikeland Township. There was a sizeable funding gap to cover even with these generous grants, so Natural Lands launched the Campaign for Bryn Coed Farms in 2017.

Thanks in large part to an exceptional challenge grant from the William Penn Foundation, the Campaign — chaired by Chester Springs residents George and Christy Martin, and Peter and Eliza Zimmerman — met its goal in one year’s time with more than 700 households making donations ranging from \$5 to \$500,000.

So today, that collection of farms, rolling fields, woodlands and streams remain. Preserved forever. With miles of trails for exploration ♦

Natural Lands is dedicated to preserving and nurturing nature’s wonders while creating opportunities for joy and discovery in the outdoors. As the Greater Philadelphia region’s oldest and largest land conservation organization, member-supported Natural Lands has preserved more than 125,000 acres, including 42 nature preserves and one public garden totaling more than 23,000 acres. Nearly five million people live within five miles of land under its protection. Land for life, nature for all. NatLands.org.

Saving Big Trees

Several important trees at Bryn Coed might have been bulldozed to make way for hundreds of homes had the land not been protected. Here are a few of note, some of which are listed on the Big Trees of Pennsylvania Register, managed by the Pennsylvania Forestry Association.

- Kobus magnolia (*Magnolia kobus*)
Largest of its kind in Pennsylvania
- Sassafras (*Sassafras albidum*)
Second largest of its kind in Pennsylvania
- American beech (*Fagus grandifolia*)

Bryn Coed Preserve has two of these lovely native trees, ranked third and seventh largest in the state.

- White oak (*Quercus alba*)
The magnificent white oak tree along Flint Road is on the Big Trees Register, but far from the largest in the state.

Four other trees at Bryn Coed are in the process of being nominated and measured for inclusion among the state’s Big Trees. They are ...

- Shagbark hickory (*Carya ovata*)
- Bitternut hickory (*Carya cordiformis*)
- Black gum (*Nyssa sylvatica*)
- Black birch (*Betula lenta*)

Visit PABigTrees.com to learn more.

Mark Your CALENDAR

Edited by Marci Tomassone

HEADING INTO THIS FALL, WE EAGERLY LOOK forward to the events we've missed in the last years. Take a look at the fun suggestions we've gathered for you here, check our events listings monthly and on our website, and be sure to double check venue websites before heading out.

SEPTEMBER

3–5, **79th Annual Ludwig's Corner Horse Show & Country Fair.** Equestrians compete alongside country fair fun at this community event. Benefits the show grounds. Rt. 100, Ludwig's Corner, Glenmoore. LudwigsHorseShow.com.



9–11, **Radnor Hunt Concours d'Elegance.** Nationally recognized motor car exhibition and other car events. Benefits Thorncroft Equestrian Center and Boy Scouts. Radnor Hunt, 826 Providence Rd., Malvern. RadnorConcours.org.



9–11, **Chester County Balloon Festival.** Fun for all ages with rides, food trucks, a balloon glow rodeo, live music and more

Benefits Chester Cty. Hero Fund. Willowdale Steeplechase Grounds, 101 E. Street Rd., Kennett Square. CCBalloonFest.com.



15–18, **Plantation Field Horse Trials & Fair.** Top international riders compete in dressage, cross-country and show jumping. 387 Green Valley Rd., Unionville. PlantationFieldHorseTrials.com.



15–18, **Invitational Vintage Grand Prix.** Cars compete in a timed event in Coatesville, rare historic cars/motorcycles on display, merchants, food trucks, a beer garden. Benefits the City of Coatesville. 484-787-6408; CoatesvilleGrandPrix.com.

17, **20th Up On The Roof in West Chester.** Enjoy great food, beer, wine and the always-popular Rooftop Martini on the rooftop of the Chestnut Street Garage. Supports the annual cleaning, flower beautification and marketing of Downtown West Chester. 14 E. Chestnut St. WCDF.org/UpOnTheRoof.

18, **Chester County Restaurant Festival.** Local vendors and restaurants take over downtown West Chester, serving up some of their delicious, gourmet, ethnic and unique favorites. West-Chester.com.

24–25, **The 245th Anniversary of the Battle of Brandywine.** The fields of Sandy Hollow will be alive with Revolutionary War reenactors and historical interpreters. Facebook.com/Brandywine 2022.



27–Oct. 2, **Dressage at Devon.** Top horses and riders from around the world compete. Festival Shops, too. Devon Horse Show Grounds, Lancaster Ave., Devon. DressageAtDevon.org.

OCTOBER

Through October, **Crush Cancer Wine Tour of Chester County.** A month-long tour of local wineries, breweries, distilleries and dining establishments. Benefits Chester County Hospital. 2CrushCancer.com; ChesterCountyHospital.org.



1, **Kennett Square Brewfest.** Enjoy 90 regional micro-brewers offering samples. Food from local restaurants. Benefits Kennett Collaborative. 600 S. Broad St. KennettBrewfest.com.

1, **81st Chester County Day Tour.** Begin the day at the Fox-hunt, then tour the beautiful homes of Chester County. Benefits Chester County Hospital. ChesterCountyHospital.org.

1–9, **Delco Arts Week.** Over 30 arts and cultural attractions, including an art studio tour, theater, ballet, music and classes for all ages. DelcoArts.org.

6 & 8, **King of Prussia Beerfest Royale.** Craft and international beer, live bands and KOP's finest food. Under tents, outdoors at the King of Prussia Mall. KOPBeerfest.com.

6–9, **Tootsie at The Playhouse.** There's a great lineup of shows this fall. Check the website for the full schedule. 818 N. Market St., Wilmington. TheGrandWilmington.org.



9, **Rotary Club of West Chester Chili Cook Off.** Over 70 chili-cooking teams line the streets and compete for prizes in several categories. Benefits local nonprofits. Gay St., West Chester. WestChester-ChiliCookoff.com.

20–22, **The Great Pumpkin Event.** Watch 70 carvers participate in this traditional pumpkin carve and show. Chadds Ford Historical Society, Rt. 100 N., Chadds Ford. 610-388-7376; ChaddsFordHistory.org.



9, **Thorncroft Equestrian Center's Lobster Bake.** Support the riders and horses who make the Center's mission possible. Benefits Thorncroft. 190 Line Rd., Malvern. Thorncroft.org/Lobster-Bake-Fundraiser.

27, **Harvest-Unite for Her Chef and Wine Tasting Event.** Chefs serve up a farm-to-table tasting event. Benefits Unite for HER, serving local women affected by breast cancer. Phoenixville Foundry, 2 N. Main St., Phoenixville. 610-322-9552; UniteForHer.org/Harvest.

NOVEMBER

4, **French & Pickering Creek Trust's Annual Auction Party.** Dinner, cocktails and auction benefit conservation in northern Chester County. Stonewall Golf Club, Bulltown Rd., Elverson. FrenchAndPickering.org.

6, **88th Running of PA Hunt Cup.** Timber racing, tailgating, carriages. Benefits Chester County Food Bank. Rt. 926 & Newark Rd., Unionville. 610-220-3742; PAHuntCup.org.



10-13, **Delaware Antiques Show.** Featuring more than 60 distinguished dealers in American antiques and decorative arts. The Chase Center on the Riverfront, 815 Justison St., Wilmington. 302-888-4803; Winterthur.org.

15, **Notable Fall Fête.** Enjoy boutique shopping and luncheon with friends. Benefits The Philadelphia Orchestra's educational programs. 267-968-7956; StacyVStone@gmail.com.

16-January 1, **People's Light Presents "Alice in Wonderland: A Musical Panto."** The Panto is back at People's Light and is something we all look forward to. 39 Conestoga Rd., Malvern. Check website for dates, times and tickets for this family favorite. PeoplesLight.org.

19-20, **Kennel Club of Philadelphia National Dog Show.** Top breed dogs contend for Best In Show. Nov. 17 is The National Dog Show, broadcast nationwide on Thanksgiving Day. Greater Philadelphia Expo Center, 100 Station Ave., Oaks. 484-362-2682; NDS.NationalDogShow.com. ♦



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Marry in a MANSION

Even if your first home as newlyweds isn't a grand mansion (or even a mere McMan-sion), you can plan your wedding in one of the many historic mansions that dot the Brandywine Valley. From High Victorian to Greek Revival to English Renaissance, the architectural styles will transport you and your guests as well as provide Insta-worthy backdrops to capture every moment of your special day.

Ellis Preserve

Inside a beautifully renovated Greek Revival landmark built in 1932 by entrepreneur Charles Ellis, this venue is accented with towering columns inside and out. The dramatic stone façade provides a perfect backdrop for a ceremony on the steps or on the portico. Lovely grounds provide another space for an outdoor ceremony or cocktail hour, with the grand ballroom inside for the equally grand reception. From engagement party to bridal shower and rehearsal dinner to wedding ceremony, this venue can accommodate it all. Onsite bridal suite. Exclusive catering by Finley Catering. 100 min/250 max.

3821 West Chester Pike, Newtown Square. FinleyCatering.com.



Faunbrook Bed & Breakfast

This 1860s Victorian mansion, designed by architect Samuel Sloan, sits on the south side of West Chester and offers picturesque views over two acres of wooded land — an ideal spot for weddings, showers and rehearsal dinners. Seven guest rooms, including two suites with fireplaces, provide onsite accommodations, plus large common areas with a library and winter porch offer indoor space for celebrating. Add a brick patio and wrap-around porch for a variety of options for your special day at a quaint, historic, romantic venue. The onsite innkeeper will help arrange the details. From 2 to 100 guests for afternoon, one-night and wedding weekend options. Monthly tours of the venue.

699 W. Rosedale Ave., West Chester. Faunbrook.com.



Greystone Hall

A former country house designed by Charles Barton Keen in 1907 for the Sharples family, Greystone Hall is an English Renaissance mansion set on 35 acres, including formal landscaped gardens. The stately granite exterior, complete with a porte cochere, is matched by the equally grand interior — wood paneled rooms, great hall and staircase, stained glass windows, all remarkably preserved and richly furnished with period antiques and rugs. Some say they feel Gatsby vibes. Outdoor ceremonies can be held beneath the iron arbor overlooking the striking 56-column pergola. Enjoy sweeping views of the grounds from the custom tent pavilion, a perfect spot for the reception. Approved caterers.

2450 Aram Ave., West Chester. GreystoneHall.com.



Loch Aerie Mansion

Recently brought back to its glory days, the 1865 Italianate Gothic Revival home of William Lockwood, Loch Aerie (Welsh for "lake of the eagle's nest") embodies classic elegance, yet offers extensive modern amenities. One recent upgrade is a new 5,000-square-foot grand ballroom addition, significantly expanding the indoor space for events (325 guests). Exchange vows at the wedding wall in the ballroom or outdoors in the exquisite gardens. Accommodates both large events in the ballroom and more intimate ones in the parlour, billiard or dining rooms. Bridal suite on site. 250+ guests. Exclusive catering by John Serock Catering.

700 Lancaster Pk., Malvern. LochAerieMansion.com.



Oakbourne Mansion

Built in the late 1800s as a summer home and refurbished into a High Victorian/Queen Anne Revival style by noted architect T. Roney Williamson, Oakbourne Mansion stands alongside a striking 65-foot water tower on 93 acres of bucolic parkland. Weddings inside the mansion have the chapel, bridal chamber, grand hallway and staircase as picture-perfect backdrops. Larger events can be tented on the grounds in the shadow of the, um, towering water tower. Rental is for the venue only. Catering and other services must be arranged from the list of approved vendors. 10 p.m. curfew. 120 seated indoors; larger weddings outdoors on the grounds.

1014 S. Concord Rd., Westtown. OakbourneMansion.org.



Winterthur Mansion

For a wedding in a mansion, what could be better than a former du Pont family mansion? Set on a thousand acres of lush Brandywine Valley hills and accented by 60 acres of dazzling gardens, Winterthur Museum and County Estate mixes history and glamor in the historic Greek Revival mansion. Choose an intimate ceremony by the Reflecting Pool (site of Winterthur's first family wedding), dancing in the Visitors Center Pavilion or Patio, or dining in festive tents on the grounds. Options range from historic rooms to garden spaces to contemporary pavilions. 300+ capacity. Exclusive catering by Restaurant Associates.

5105 Kennett Pike, Winterthur, DE. WinterthurWedding.com.



SHOTS

for Cats and Dogs

EVEN OUR PETS NEED TO STAY UP TO DATE
ON THEIR VACCINATIONS

Shannon Montgomery



OUR CATS AND DOGS ARE MORE THAN JUST PETS TO US — THEY'RE family. And they've become an even more central part of our family over the last few years of being at home together. So it's important to keep our four-legged friends happy, healthy and protected from dangerous illnesses. And some diseases — like rabies and Lyme disease — can be spread to humans, too. Let's get our pets vaccinated for their sake and ours!

We've talked with local experts to get the latest on vaccinations for pets. Whether you're thinking about adopting a furry friend for the first time or have plenty at experience with family pets, it's essential to know what our pets need.

CORE VACCINES

The first group of vaccines to consider for pets are the core vaccines. According to the ASPCA, these vaccines are “considered vital to all pets based on risk of exposure, severity of disease or transmissibility to humans.” And some are required by law.

The most important of these is the **rabies vaccine**. In almost every state, proof of rabies vaccination is required for both cats and dogs, though the starting age and frequency of vaccination varies by state.

In Pennsylvania, cats and dogs must receive their first rabies vaccine before they reach 16 weeks. In Delaware, your pet must be vaccinated by the time they reach 6 months. In both states, your pet must be kept up-to-date on rabies shots based on the type of vaccine they're given, typically every one to three years.

Other core vaccines are not legally mandated but are highly recommended to keep your pet safe. For dogs, this consists of **canine parvovirus** (a highly contagious and potentially fatal virus), **distemper and canine hepatitis**. For cats, the American Association of Feline Practitioners (AAFP) strongly suggests vaccinating against **feline distemper, feline herpes and calicivirus** (a highly contagious respiratory illness).

Most of these vaccines are given starting at 8 to 12 weeks and are administered in multiple doses at four-week intervals. Many also have boosters given every one to three years.

These shots are just the beginning of what may be needed to help protect your pet.

MORE SHOTS TO CONSIDER

Beyond the core vaccines, your veterinarian may recommend others based on your pet's individual risk factors. For example, some diseases are more prevalent in certain regions. Another factor is where your pet came from. If your pet was a rescue, it may have been exposed to diseases that a pet from a breeder wouldn't encounter.

And for cats especially, lifestyle plays a significant role. An outdoor cat will be exposed to more diseases — feline leukemia

virus, chlamydia — than a cat that lives entirely indoors.

For dogs, Dr. Corinne Thomas, VMD at Aardvark Animal Hospital in Downtingtown recommends vaccinating against **Bordetella** (the primary cause of kennel cough), **canine influenza, Lyme disease and canine coronavirus** (a gastrointestinal infection known as CCoV, not to be confused with Covid-19).

A side note: there's no Covid-19 vaccine approved for animals. Though cats and dogs can get Covid, the CDC reports that the risk of animals spreading it to humans — and vice versa — is low. Infected pets also tend to experience mild or no symptoms. If anyone in your household tests positive for Covid-19, best practice dictates that the infected person should avoid contact with pets (and people!).

“For our puppy patients, these recommended vaccines are administered in booster form beginning at 8 weeks through 16 weeks old,” Dr. Thomas says. “Our adult patients should be vaccinated every year or every three years depending

Puppy Vaccination Schedule

This schedule was originally developed by the American Kennel Club. The AKC notes that it's a potential vaccination schedule, because there isn't one schedule for all dogs. Geography and individual risk factors come into play, and some dogs don't need every vaccine.

PUPPY'S AGE	RECOMMENDED VACCINATIONS	OPTIONAL VACCINATIONS
6–8 weeks	Distemper, parvovirus	Bordetella
10–12 weeks	DHPP (distemper, herpes, parainfluenza, parvovirus)	Influenza, leptospirosis, Bordetella, Lyme disease (per lifestyle, as recommended by veterinarian)
12–16 months	DHPP, rabies	Influenza, leptospirosis, Bordetella, Lyme disease
Every 1–2 years	DHPP	Canine coronavirus, leptospirosis, Bordetella, Lyme disease
Every 1–3 years	Rabies (as required by law)	

on the vaccination protocol to maintain adequate protection.”

Worried that your pooch might get overwhelmed by all these shots? Dr. Thomas notes that several vaccines “are provided in a combination dose, which reduces anxiety for the pet.” For example, most dogs will receive the DHPP vaccine (for distemper, hepatitis, parvovirus and parainfluenza).

For cats, Dr. Thomas recommends vaccinating against **feline leukemia disease**. The AAFP also recommends **feline chlamydiosis** (chlamydia), **feline infectious peritonitis** (a less common but almost always fatal disease) and **Bordetella vaccines** for cats at risk of exposure to these illnesses.

PETS OUT IN THE WORLD

Something else to consider when getting your pet vaccinated is whether you plan to board them or enroll them in a daycare program — something more usual for dogs than cats, although there are kitty daycare services. Every boarding and daycare facility will have its own requirements, so be sure to check before dropping off your pet.

For example, Lucie Greco, owner of Lucie's Barkingham Palace in Malvern, says that all pets boarding or attending daycare there must have proof of vaccination against rabies, distemper and Bordetella.

Similarly, it's important to ensure your pup is up to date on their shots before going to the dog park — including rabies, DHPP, Bordetella and canine influenza. The American Kennel Club (AKC) recommends not taking your puppy to a dog park until they've finished their puppy vaccine series and are cleared by a veterinarian.

Bringing your pet on a trip this summer? Check with your airline about which vaccines your pet needs. Some airlines require a veterinary health certificate issued within a certain number of days before travel.

If you're traveling internationally, remember all dogs entering the United States must have a valid rabies vaccination certificate (not required but highly recommended for cats). Be sure to check your destination country's requirements, too.

RISKS AND SIDE EFFECTS

Worried about the risks of vaccinations? Fortunately, the likelihood of experiencing serious side effects is very rare. According to the Cornell College of Veterinary Medicine, between one and 10 cats out of 10,000 will have an allergic reaction to vaccines, and about 13 of 10,000 dogs will.

If your pet does experience side effects, the symptoms tend to be mild and far less dangerous than the illnesses the vaccines protect them from. The most common side effects include lethargy, a slight fever and localized swelling. If your pet is given an intranasal vaccine (sprayed into the nose), there could be sneezing and cold-like symptoms.

That being said, the American Veterinary Medical Association advises contacting your vet if these side effects last more than 48 hours or cause your pet "significant discomfort." A serious reaction typically occurs soon after the vaccine is administered but can appear up to 48 hours later. Signs of a serious reaction include itchiness, hives, facial swelling, diarrhea, vomiting and difficulty breathing.

Again, the risk of your pet having a serious reaction is extremely low — much lower than the risk of contracting a dangerous illness without the vaccine. If you have concerns, or your pet has had reactions to vaccines in the past, talk to your veterinarian.

WHAT TO KNOW ABOUT ADOPTING

If you plan to adopt a pet from a shelter or rescue, you'll want to know which vaccines they've already received and what they should get in the future.

Nichola Redmond, site director at Main Line Animal Rescue, says that all cats adopted from the rescue receive the FVRCP vaccination (for feline distemper, herpes and

calicivirus). All dogs receive the DA2PP vaccine — similar to DHPP, but also protects against adenovirus (herpes) type 2.

Redmond also notes that if your kitten or puppy is younger than 16 weeks, they may still need a booster in the coming weeks. Cats and dogs 12 weeks and older also receive the rabies vaccine.

As for other vaccines, Main Line Animal Rescue recommends taking your new pet to your vet within two weeks after adopting. "We counsel that their vet may have recommendations about additional vaccinations based on other diseases that may be prevalent in the area — such as Lyme disease or leptospirosis [a bacterial infection that can be spread to humans] — the overall health of the adopted pet and their potential risk for exposure to the disease," Redmond says.

In short, vaccinating your pet and keeping them up to date on their shots is the best way to keep them healthy and safe from life-threatening illness. Be sure to talk to your veterinarian about which vaccines are right for your furry friend. ♦



Cutest Pet Contest

Who's the cutest pet in County Lines Country? We asked and our readers sent us more than we could handle! During August, we'll showcase each semifinalist's adorable photo on Facebook. To vote, just like us, then like your favorite! The pet with the most likes* wins a \$100 gift certificate for Concord Pet Foods & Supplies.

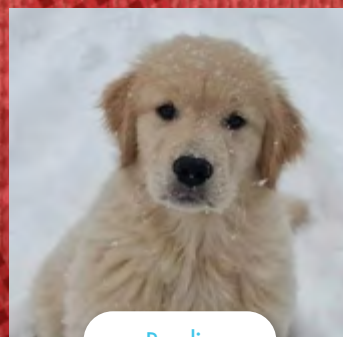
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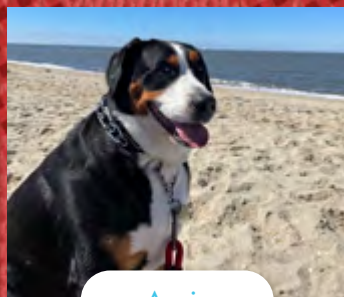
Bella



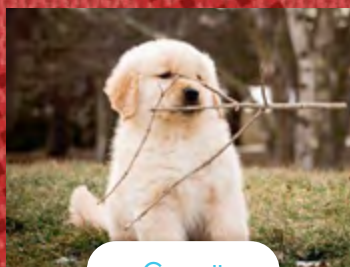
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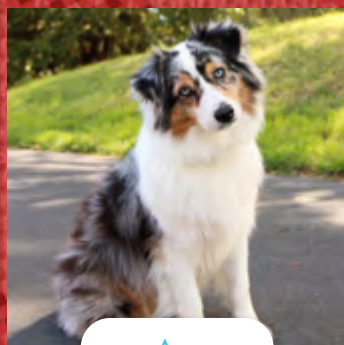
Brodie



Augie



Gansett



Ava



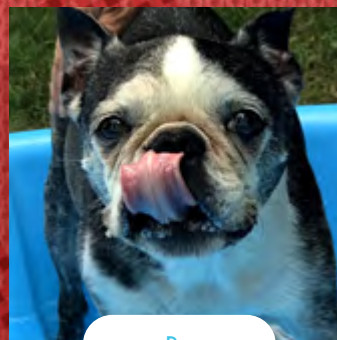
Eloise, Missy, Anna & Maggie



Eddie & Nessie



Oscar



Bo



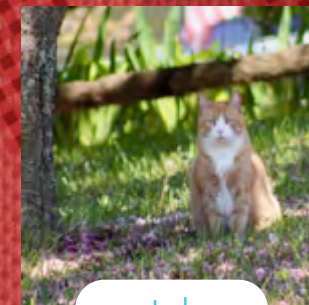
Jax



Joey



Whiskey



Jack



Jaden, Lily, Yuki & Miyagi



Harmony



Finn & Blue



Houston



Winston



Eddie & Nessie



Ingrid



Zeus

Want a cuddly kitty or perky puppy of your very own? At local rescues like the Brandywine Valley SPCA and Main Line Animal Rescue, pets want loving, lifelong homes just as much as you want to give them one. Your new best friend is waiting for you! Visit BVSPCA.org and MLAR.org and ADOPT today.

DINING

with the Dogs

Gina Mullen

FOR THE SUMMER SEASON, RESTAURANTS HAVE opened their patios for outdoor dining. Many outside eateries welcome leashed pets and even offer special pet menus. So, leash your furry friends and bring them along for a meal!

Here are local pet-friendly restaurants to explore during the dog days of summer and beyond.

CHESTER COUNTY

Appetites on Main is a sports bar and grill in Exton, which — more good news — is dog friendly! Their outside patio is the purr-fect place to take your pets. Make sure to ask for a doggie menu, with treats like Italian sausage and pork belly. AppetitesOnMain.com.

The Creamery in Kennett Square prides itself on being family friendly — which includes your pup! Originally the 1902 home to the Eastern Condensed Milk Company, this building transformed into a pop-up beer and community gathering space that welcomes well-behaved pets. KennettCreamery.com.

Located right next to the Schuylkill Canal, Phoenixville's **Fitzwater Station** takes dinner with a view to a whole new level. Bring your dog along to their courtyard and order from the Yappy Hour menu for a dog-sized snack. FitzwaterStation.com.

Take a drive with man's best friend to **Four Dogs Tavern** on the outskirts of West Chester. Their devotion to dogs is literally in their name! Chow down on the American brasserie menu at the doggie-friendly outside dining area. TheFourDogsTavern.com.



Malvern Buttery is a farmhouse-style artisanal bakery, café and coffeehouse located right on King Street in Malvern. Relax in the sunny picnic area complete with tables and benches for you and your four-legged friend to enjoy the day at this gathering spot. MalvernButtery.com.

West Chester's **Open-Air Market**, where restaurants bring tables out on the street, is generally pet friendly. On weekends through September 5, live it up with your pup at participating restaurants like Iron Hill Brewery, Side Bar and Sedona Taphouse. Make sure to ask for a water bowl. DowntownWestChester.com.

La Verona Italian Restaurant in Kennett Square is part of the town's in-street dining every third Thursday of the month. Other days, dine at their Fido-friendly outdoor patio. Bring your furry friend for a taste of traditional Italian cuisine. LaVeronaPA.com.

Not a dog person? Head to **Black Cat Café**. This nonprofit cat café in Devon has it all — delicious food, divine atmosphere and delightful kitties. Check out the gift shop for adorable and adoptable cats and kittens. TheBlackCatCafeDevon.com.

IN DELAWARE

In the heart of historic Centreville, **Buckleys Tavern** invites you to snack on hors d'oeuvres and sip wine in the backyard dining area — open for customers and their pets alike. BuckleysTavern.com. ♦

For more, visit BringFido.com.

PAWS for People

Pet Therapy Teams Provide Hope and Healing

Susan Moran



IT'S AMAZING WHAT THE SIGHT of a wagging tail and the comfort of a warm snuggle from a soft, furry pet can do.

From hospitals and skilled care facilities to chemical dependency centers, schools and worksites, thousands of individuals and groups are consoled, supported and loved by one-on-one therapeutic visits with PAWS for People volunteers and their gentle, affectionate therapy dogs (or cats or bunnies).

And today, the need and demand have become even greater.

"These are troubling times for many," says Lynne Robinson, PAWS executive director. "A cuddle with our therapy pets brings sunshine to everyone they touch."

Recently, while visiting the memory care unit of a life-care facility, a resident's wife told the PAWS for People volunteer that while her husband could never remember the PAWS cat's name (Mimi), the motion of his gentle petting of the cat and the vibration of her purr were extremely soothing to him — especially during the afternoon hours, when Alzheimer's patients often experience agitation. He seemed to relax and smile, perhaps recalling wonderful memories of his childhood pets.

A young patient was hospitalized and undergoing treatment for a serious illness when a large dog appeared in her room. At first the child was bewildered. But when Trudy, the PAWS therapy dog, lumbered over and gently placed her head on the little

girl's bed, the girl's face lit up and all those worries disappeared. Trudy loved it, too!

Those are just two examples of the magic of pet therapy. Every day PAWS for People therapy teams are at work helping students with reading difficulties, calming children in courthouses, de-stressing employees as they return to the workplace, and so many more areas where people need comfort and care.

Smiles and tail wags! That's what PAWS is all about. ♦

PAWS for People serves areas throughout Delaware, in southern Pennsylvania and parts of New Jersey and Maryland. Do you have a gentle, affectionate pet? Learn more at PAWSForPeople.org or call 302-351-5622.



What a difference a purr makes!
Mimi is the perfect lap cat.



A little tickle under the chin
makes everyone happy.

A Family's Foodie Guide to Delco

SAMPLE THE FOOD AND TAKE IN THE SIGHTS AS YOU GET TO KNOW DELAWARE COUNTY

Cara Corridoni



Margaret Kuo's



Tinicum Farm Market



Indian Orchards



Delco Steaks

DELAWARE COUNTY, OUR NEIGHBOR TO THE southeast, has often been characterized as the blue-collar uncle of the Philadelphia suburban counties — a little brash, a little bold and maybe a little rough around the edges.

Yet like all stereotypes there are more than ample exceptions to the rule. **Margaret Kuo's** continues to offer a refined dining experience that rivals Philadelphia's best, the **Media Theatre** brings in Broadway-caliber productions, while the **Delaware County Symphony** attracts musicians from around the world.

That doesn't mean sometimes it's not just more fun to get the family together and get back to basics of what makes Delaware County, well, Delco.

AS FRESH AS IT GETS

In the 1770s you could get a 150-acre Delaware County farm rent-free for five years if you agreed to cultivate it. Today farmers

must make do on much less acreage, but the fruits of their labors are just as tasty. So we suggest you start your day in Delaware County at one of their many farmers markets.

While most markets aim to support local agriculture by serving as a conduit between farmer and resident, the **Swarthmore Farmers Market** aims a bit higher. According to their website, the market was established to be "THE Saturday morning food, art and community gathering destination." Every Saturday morning you'll find plenty of fresh produce as well as artisan baked goods, local crafts and musical performances.

Another option is the **Booths Corner Farmers Market** in Garnet Valley, where in addition to your standard farmers market fare, you'll also find comic books, sports apparel and an arcade.

Morning not your family's favorite time? **Tinicum Township**, just north of the New Jersey border, holds its family-friendly farmers market on Wednesday evenings. Come for the produce, stay for the

moon bounce, lawn games and, for mom and dad, a pour from Monaghan's Pub.

Another option is to head to the fields and pick your own. Avoid the crowds at Linvilla and head to nearby **Indian Orchards** where you'll find a summer full of delicious produce options. Stop by the farm stand to see what's in season and get your picking baskets.

EAT LIKE A KID

While some nights there's nothing better than the subtleties of a sophisticated meal, there's also something to be said for the joy from a perfectly juicy hot dog. Let's explore Delco's comfort side.

We'll start with the obvious — the cheesesteak. Sure, it's a Philly thing, but that doesn't mean the 'burbs can't hold their own, right?

We're not here to start a debate, but **Delco Steaks** was named "Best of Philly" last year. Just sayin'. They have locations in Broomall, Ridley and Brookhaven and will soon add Ardmore, Media and St.

Joe's. You shouldn't have to drive far to taste the difference locally sourced meats and cheeses make.

Another Delco favorite that always ends in debate — **Pica's Pizza**. The signature square pizza has been coming out of its Upper Darby ovens backward — sauce on top of cheese — since 1955. A fact some people can't quite get used to, but most are happy to dig right in to.

Yet another fun option is **Nifty Fifty's**, a throwback diner that got its start in Ridley Township in 1987, with a new location in Newtown Square. Keep it simple by ordering a cheeseburger and award-winning milkshake or try one of the more than 100 varieties of soda available. Toasted marshmallow, anyone?

Back to that hot dog. The black-and-white checkered **Hot Dog Stand** in Milton Park has you covered. Offering hot dogs, smoked hot sausages and kielbasa, they were recently featured on YouTube on the premiere episode of "Delco Dinners and Drinks."

Swarthmore Farmers Market



Booths Corner Farmers Market



Delco native Tina Fey getting Pica's Pizza on "The Tonight Show with Jimmy Fallon."



Nifty Fifty's



Hot Dog Stand





Delaware County Veterans Memorial



Lower Swedish Cabin



2SP



Media Beer Garden



Ariano Italian Restaurant

WALK IT OFF

Now that you've had your fill of childhood favorites, it's time to head out into the sunshine for a midday constitutional.

Start with an inspiring trip to Newtown Square and take in the impactful **Delaware County Veterans Memorial**. Featuring engraved quotes from presidents to servicemen, the site serves as a reminder of what it means to be American.

Continue your history tour with a trip to the **Lower Swedish Cabin** in Drexel Hill. Not far from the trappings of the 21st century, the Lower Swedish Cabin, a fully constructed, near perfectly preserved log cabin, stands as one of the last remnants of the 17th century. Built by Swedish settlers more than 350

years ago, the home is a testament to the longevity of quality craftsmanship.

Finally, meander over to colorful **Chanticleer**, a pleasure garden in Wayne. Featuring seven unique areas, each the vision of a gardener with a particular horticultural area of expertise, Chanticleer, along with Chester County favorite Longwood Gardens and 36 others, makes this region America's Garden Capital. Visit *AmericasGardenCapital.org* to get your passport to all participating gardens.

Now that everyone's relaxed, why not swing back into action with a little family-friendly competition? Head over to Clifton Heights' **Putt-Putt Fun Center**. The brightly colored 18-hole miniature golf course and arcade is a fun way to end the afternoon.

CHEERS TO A SUCCESSFUL DAY TRIP

Now that the day is winding down, it's time to celebrate another successful family outing. And what better way to do that than with an ice-cold local brew and a good meal?

In Aston, you'll find world-class brewers **2SP**, where they have a motto when it comes to beer, "Believe nothing. Try everything." So grab a table on their massive "Delco Deck" and start with the Delco Lager.

Next head into Media, the county seat, where you have your pick of options. Start on State Street for a couple of fam favorites. Located next to Spasso and back for its fourth summer is the **Media Beer Garden**. Grab a quick brew, then head out to dine under the

stars. The eat-in-the-street event that started it all is back for another summer. Dine al fresco on warm-weather Wednesdays at Media favorites from **Ariano Italian Restaurant** to **Tom's Dim Sum** and many options in between.

Or head around the block to **Pinocchio's**, where the grown-ups can select from one of 25 rotating drafts (or build your own six-pack from their selection of more than 1,000 different beers) while the kids drool over cheese-soaked slices of pie.

Finally, one last stop. Back on the road to Ridley Creek, where you'll find **Chill Out Ice Cream & Water Ice** for a hand-dipped end to a perfectly delicious Delco day.

For more, *VisitDelcoPA.com*. ♦

Chanticleer



Putt-Putt Fun Center



Tom's Dim Sum



Pinocchio's



Chill Out Ice Cream & Water Ice



A Dozen Delco Deets



Bill Haley & His Comets



Barstool Sports reviews Imperial Pizza



Joan Jett & the Blackhearts

You may know about Tina Fey, *Silver Linings Playbook* and *Mare of Easttown*, but how much do you *really* know about Delaware County? Here's a deeper dive into more details about Delco — from its founding to a late-night pizza spot.

When was Delaware County founded?

– September 26, 1789

In addition to Tina Fey, which other *SNL* alum grew up in Upper Darby?

– Cheri Oteri

What famous rocker from the '80s grew up in Lansdowne and doesn't care about her bad reputation?

– Joan Jett of Joan Jett & the Blackhearts and the Runaways

What "Rock Around the Clock" singer grew up in Bethel and started his career at a radio station in Chester?

– Bill Haley of Bill Haley & His Comets

Do you know "The One Where a Celeb Home is Sold"? Which *Friends* star's childhood home in Eddystone was recently sold?

– Jennifer Aniston's for \$163,000

While earning his sociology degree in the early '50s, which famous social justice activist lived in Chester?

– Martin Luther King, Jr., at Crozer Theological Seminary

Which Comedy Central show from 2015 was set in a Delco lumberyard?

– *Delco Proper*

Which iconic Phillies sportscaster was a longtime Media resident?

– Harry Kalas, from 1971 to 2007

Which local attraction has been featured in late October on the *Travel Channel* and in *USA Today*?

– *The Bates Motel & Haunted Hayride in Glen Mills*

According to local legend, which Delco town was frequented by Blackbeard the Pirate?

– Marcus Hook (maybe it's the name?)

Which local golf course hosted the U.S. Open in 2013 and is slated to host again in 2030?

– Merion Golf Club in Ardmore

And to end with some food: Which local eatery is known for serving pizzas until the wee hours and was reviewed by Barstool Sports?

– Imperial Pizza in Secane, open until 2 a.m. on weekends. Respect the sand.

What Local Experts Advise on Vaccinations

THIS AUGUST WE'RE TAKING A closer look at vaccinations — all types and for all ages. While Covid-19 vaccinations have been in the news often in the past years, there are many more life-saving immunizations that everyone needs to keep current as well.

For this feature we checked in with Dr. Lori Handy at Children's Hospital of Philadelphia for her recommendation to give the Covid-19 vaccine to young kids (from 6 months to 5 years). Dr. Diana Kudes of Suburban Hospital reminds parents

that kids of all ages need other vaccinations as they return to school, daycare and playgrounds where diseases can easily spread. And parents need to remember to stay current on important vaccinations as part of a lifelong process, according to Dr. Raida Rabah of Chester County Hospital. Finally, Dr. Raymond Carter of ChristianaCare urges seniors to get necessary vaccinations — they have nothing to lose and everything to gain.

We hope you find something helpful in these pages. And here's to your health!



Covid Vaccination for Young Kids

THE CDC'S LATEST GUIDANCE EXTENDS TO CHILDREN AS YOUNG AS 6 MONTHS

Lori Handy, MD, MSCE,
Children's Hospital of Philadelphia

ON JUNE 18, 2022, THE CENTERS FOR DISEASE Control and Prevention (CDC) endorsed a recommendation for Covid-19 vaccination for children as young as 6 months of age, making about 20 million children across the country newly eligible. Many parents with young children have been eagerly awaiting this milestone in the pandemic since the CDC's October 2021 recommendation covering children 5 to 11.

Some families, though, are more reluctant to move ahead with vaccinating their young children, so it's essential to understand why these vaccines are important and how they have been studied so parents can make the best decision for their children.

LOGISTICS

Two vaccines are available for this new, younger age group. Both vaccines have been provided Emergency Use Authorization (EUA) from the U.S. Food and Drug Administration (FDA).

The Moderna vaccine is an mRNA vaccine. Each dose contains a quarter of the amount of vaccine as the adult dose and is given in two doses, 28 days apart.

The Pfizer vaccine is also an mRNA vaccine. Each dose of this vaccine contains one tenth the amount of medication as the adult dose and is given in three doses. After the first dose is given, the second dose is given three weeks later, and the third dose is given at least eight weeks after that.

Children will be considered fully vaccinated two weeks after completing either series of vaccines — either the two-dose Moderna series or the three-dose Pfizer series.

It's currently unknown if a booster will be recommended for either series of immunizations.

EFFECTIVENESS

Both vaccines had predefined outcomes that they needed to meet to determine whether they were effective. The studies were done looking at something called “immunobridging” — essentially, ensuring that the participants had an immune response equal to or more robust than teenagers and young adults.

Continued on page 62

Lori Handy, MD, MSCE, is Medical Director of Infection Prevention and Control and an attending physician in the Division of Infectious Diseases at Children's Hospital of Philadelphia. She is also an Assistant Professor of Clinical Pediatrics at the University of Pennsylvania Perelman School of Medicine. CHOP.edu.



Vaccines Are Vital for Healthy Kids

KIDS ARE RETURNING TO SCHOOL AND PLAYGROUNDS. SO ARE COMMON CHILDHOOD DISEASES.

Diana Kudes, MD, Suburban Hospital

PEDIATRIC IMMUNIZATIONS HAVE CHANGED THE world! Parents used to live in fear of their child getting common diseases that could kill, blind, disfigure or disable their child. Even for kids who were not severely affected, these diseases still cost lots of missed school, medical bills and missed work for parents.

Thanks to some amazing vaccines, most of those illnesses have become rare in our country.

IMPORTANCE OF VACCINES

Some parents were afraid to bring their child to the doctor's office for routine visits early on during the Covid pandemic. That was understandable then. But this delay put many children behind in getting all their needed vaccinations.

As children return to their usual activities, common illnesses have also quickly returned. Those common childhood illnesses that are preventable with vaccines will also now increase if we don't improve current immunization rates.

The diseases that we immunize against are still out there and will spread if children are not protected. Some parents I talk to don't think children are at risk of getting these diseases because they believe the diseases don't happen in our country.

While infections from illnesses like measles are uncommon in the U.S., they do happen. In the past few years, I've diagnosed children

in my practice with pertussis (whooping cough), varicella (chicken pox) and mumps — all of which have highly effective vaccines.

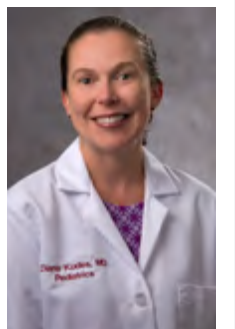
MEASLES – A CAUTIONARY TALE

Vaccines can be highly effective, but none offer 100% protection. It's important that the majority of children be immunized to prevent spread to those who are not or cannot be immunized (for example, because they have an illness such as leukemia).

For highly contagious diseases, like measles, we need at least 95% of people vaccinated to prevent an outbreak — for so-called herd immunity. Unfortunately, there have been recent measles out-

Continued on page 62

Dr. Kudes is a board-certified pediatrician who's practiced at Suburban Family Medicine for 15 years. She completed her medical education at Temple University and her residency at Golisano Children's Hospital. She's part of the teaching faculty at the Suburban Family Medicine Residency program, clinical assistant professor in the Department of Pediatrics at PCOM, and a member of the PA American Academy of Pediatrics School Health Committee. SuburbanHosp.org.





Remember to Get Your Shots: It's a Lifelong Process

COVID ISN'T ALL YOU SHOULD BE
VACCINATED AGAINST

Raida M. Rabah, MD, infectious diseases specialist
at Penn Medicine Chester County Hospital

VACCINATIONS HAVE DOMINATED THE HEADLINES since the start of the Covid pandemic, more than two years ago. However, we've benefitted from immunization since healthcare officials in the United States recommended the first batch of "routine" vaccines in the late 1940s. Over the nearly 75 years since, billions of lives have been saved worldwide by vaccines.

And yet, for all the good they've done and continue to do, vaccinations are often mistakenly thought to be something limited to our childhood. While some vaccines are administered strictly during infancy and childhood, most need to be updated throughout our lives.

REASONS FOR VACCINATIONS

Ensuring we're staying up to date with the recommended vaccines is important for several reasons. For one, the ease of travel these days has opened us up to literally a world of viruses we previously had little to no exposure to. For another, as we age, our immune response to previous vaccinations gradually wanes. Vaccines are also constantly evolving, with newer, more effective versions becoming available regularly.

But perhaps the most critical reason is that we're not living alone in the world. Being fully vaccinated best protects not only you but everyone you interact with and everyone they interact with. This includes children who aren't yet old enough to be vaccinated and

immunocompromised people who are susceptible to getting sick regardless of their vaccination status.

RECOMMENDED VACCINES FOR ADULTS

What follows is a brief but comprehensive rundown of current recommended vaccines. For the sake of simplicity, the guidance is for healthy adults. If you're at greater risk than most for a certain condition, or if you'd simply like to learn more about these vaccines, including their potential side effects, visit the Centers for Disease Control and Prevention's (CDC) website, [CDC.gov](https://www.cdc.gov), and search "Adult Immunization Schedule."

Continued on page 63

Raida M. Rabah, MD, is an infectious diseases specialist at Penn Medicine Chester County Hospital. Board certified in internal medicine and infectious diseases, Dr. Rabah completed a residency in internal medicine and a fellowship in infectious diseases at Wayne State University in Detroit. She's been practicing in Chester County since 1994, the last 20 years with Brandywine Valley Infectious Disease Associates in Coatesville. [ChesterCountyHospital.org](https://www.ChesterCountyHospital.org).



Seniors Should Get Vaccinated

YOU'VE GOT NOTHING TO LOSE
AND EVERYTHING TO GAIN.

Raymond Carter, MD, clinical leader of the primary care practice
at ChristianaCare's Concord Health Center in Chadds Ford

SOME THINGS THAT ARE HEALTHY ARE ALSO PESKY. A staircase for instance. It's less convenient than taking an elevator — but it's far better for your cardiovascular system. Or a salad. Not always as satisfying as a hamburger, but much richer in nutrition.

Vaccines also can be pesky, not to mention prickly. But they are essential for your good health.

When you're born in the United States, during the first few years of your life, you receive many childhood vaccines to build additional immunity. That's why we've largely eradicated diseases such as measles, mumps, smallpox and more in the U.S.

I say "largely" because not all of these diseases are completely eliminated from our communities. And that's also why it's important for you to stay up-to-date with vaccinations that can protect you and your loved ones.

If you're a senior, it's important to know what vaccines you should get, including some that you may have received as a child for which you're now eligible for a booster.

COVID-19 VACCINE AND BOOSTERS

Stay protected. Getting vaccinated and boosted against Covid-19 is the best defense against this virus. It will also help protect others around you from getting the virus, including people who are more likely to get very sick or die from Covid-19. Second boosters are now strongly recommended for all persons 50 and above.

Worth knowing: Getting vaccinated and boosted with this safe, highly effective vaccine can reduce your risk of getting Covid-19 and prevent you from getting severe or life-threatening symptoms even if you do get this virus.

When to get it: As soon as possible.

FLU VACCINE

Get it even if you are healthy. Plus, it's free! Even if you're in tip-top shape in your senior years, you should still get the flu vaccine each year. Since age is an independent risk factor for severe

Continued on page 64

Raymond Carter, MD, is board certified in both Internal Medicine and Pediatrics and is a member of the American College of Physicians and the American Academy of Pediatrics. He's made presentations concerning health care costs, quality and safety systems; childhood and adult vaccinations; and advanced transition care concepts. Dr. Carter is the clinical leader of the primary care practice at ChristianaCare's Concord Health Center in Chadds Ford, where he sees patients of all ages. [ChristianaCare.org](https://www.ChristianaCare.org).





Your Brain May Be Declining ...

BUT YOU STILL HAVE MANY OPTIONS

Edwin Malet

OVER TWO-THIRDS OF SENIORS — IN THIS case meaning people over 65 — will need long-term care in their lifetime. That number may sound surprising. And among those requiring care, an increasing number require specialized memory care (about 10% of those over 70). The next question is, how are those needing this extra level of care identified?

Perhaps a family member has noticed a change in a loved one's behavior. Perhaps a phone number has been forgotten. Maybe the person got lost on the way to do the shopping, if only momentarily. They're laughing about it now, but the second or third time, they become concerned. Enough to raise the issue with a physician.

The doctor may be noncommittal at first. A few questions. A test or two. A referral to a specialist. Those are the first steps.

WAITING FOR HELP

Then more testing. More doctors perhaps. Ultimately, though, the conclusion is that the loved one is in "cognitive decline." Maybe, the doctors say, early dementia. Mild, but nevertheless real. Not enough to panic. But enough to alert the family. And consider taking action.

At the library — or, more likely, on the Internet — researching begins. Dementia is progressive. It gets worse. Sometimes gradually, sometimes not. The condition can be stalled, scientists say. But it's ultimately irreversible. The end sounds difficult.

The question becomes, what to do? Where to go for help? What kind of long-term care? What are the options?

LUCKY TO LIVE IN THE 21ST CENTURY

The good news is, there are many options today if you or a family member is concerned about dementia. As luck would have it, you're

living about 35 years past the days when physical restraints were commonly used on dementia patients and 60 years since fictional Nurse Ratched handled patient care.

In recent years, there's been quite a bit of progress on the pharmaceutical front — aducanumab, cholinesterase inhibitors, glutamate regulators and other medications. Though, sadly, there's still no cure.

Much of the progress has not been medical. For instance, there are many support groups — the Chester County Department of Aging Services can provide a list — and national associations — the Dementia Association of America, Dementia Action Alliance, Alzheimer's Foundation and others.

In fact, the emphasis in treatment of early dementia is now on the patient's attitude toward the disease. In other words, by avoiding the "doom and gloom" syndrome, it's possible to mitigate dementia, at least for a time. Dwelling on the diagnosis will probably make symptoms worse.

Instead, eating healthy, exercising often, getting enough sleep — things we should all do anyway — will forestall the effects of dementia. Major emphasis is placed on stress management, too. Brain training, taking supplements and medications as prescribed may also help. Doing something purposeful with your life. Maintaining and growing relationships. Staying connected.

And, if dementia is detected early, there's likely a lot of time left. The Mayo Clinic says Alzheimer's, a common underlying cause of dementia, can last more than a decade, maybe two or more. But of course, it might not.

In the early stages of dementia, the symptoms are benign — a bit of forgetfulness, some confusion, maybe a loss of balance.

In the later stages of dementia, the risks and dangers grow. It's one thing to forget a phone number, another to forget who your spouse



The Hickman



Ware Presbyterian

is. Confusion is one thing while using the remote for your TV, another if you're in your car at the entrance to the interstate. Loss of balance can become a fall. Wandering was once a pleasant walk, until you couldn't find the way home.

When minor inconveniences become serious concerns, choosing a memory care unit (MCU) at one of our senior living facilities or nursing homes may help.

LOCAL MEMORY CARE OPTIONS

Today, there are more than 100 memory care units in Chester, Delaware and Lancaster Counties, plus more than 50 in New Castle County, Delaware. (See, e.g., *MemoryCareFacilities.net*.) These facilities offer a safe and secure environment, trained staff and peace of mind for you and your loved ones.

The precautions taken typically include supervision, security alarms and frequent safety checks. Some include more subtle interior design elements to improve space recognition, such as unique front doors, door-knobs and color schemes in each household or unit.

Some facilities go further, beyond institutional design. Barclay Friends in West Chester includes five gardens providing an environment for creativity and socialization. This is called Horticultural Therapy and includes such activities as gardening, flower arranging and enjoying the natural world, indoors and outdoors. Participating residents have entered the Goshen Fair with

their work, offering a sense of pride for the whole community.

At Ware Presbyterian in Oxford, music programs, cooking, craft-making and other activities are offered to keep residents' minds active.

It's important to realize that for safety reasons, an MCU cannot be an open community. Safety concerns require that the MCU be constantly supervised and monitored. But the good ones will not feel oppressive. They will not feel closed. Far from it. The best MCUs will go to great lengths to respect their residents' freedom, to let them move, to listen to their preferences, to the extent possible.

MCU STAFF'S ROLE

Rest assured the staff of a good MCU will do its best to help slow cognitive de-

cline. Really good staff may improve the resident's condition. And they'll support and maintain connections with family and friends through the process.

For example, at Garden Spot Village in New Holland, according to Juanita Fox, its Director of Media Experiences and Storytelling, social workers provide support groups for residents and the community. One of the groups connects people who are noticing cognitive changes in themselves. Another connects their friends and family. And yet another offers encouragement and support for those who are feeling sad, alone, anxious or stressed.

Garden Spot Villagers thrive as they live with purpose. Its residents logged more than 40,000 volunteer hours and were involved in the local schools, social service agencies, nonprofit organizations and



"Walk As One" on World Labyrinth Day at Garden Spot Village



Barclay Friends



Tel Hai



Echo Lake

church communities. Residents lead more than 40 micro-communities on campus including a wood shop, metal shop, thrift store, community gardens, train room and more. Participants don't need to be an expert, she says, simply a desire to learn.

At The Hickman, the staff treats residents "with respect and compassion." Stacey Farrell, its Therapeutic Engagement Specialist, uses a "client-centered approach" to design a daily activity program for residents. She puts "the emotional needs and social well-being of the residents first" and engages them "with an honest open mind, with their interests at heart" devising intervention groups.

These groups involve such things as gardening, art, scenic drives, exercise, discussions, yoga, happy hour — all meant to address the quality of life and provide an "enjoyable and meaningful way to spend their days." Farrell will use physical exercise, reminiscence therapy and cognitive sensory interventions as well. The activities give residents a "sense of purpose."

At Tel Hai in Honeybrook, the team members are certified in the "delicate care" of individuals with dementia. Services include 24-hour, resident-centered care by a dementia-trained clinical team, which "discreetly monitors a resident's safety while retaining their dignity." The programming is "based on the resident's cognitive abilities, previous interests and physical needs."

At Sage Life's Echo Lake in Malvern, memory care is built on relationships between staff and residents. The staff "serves residents with consistency and familiarity, creating a solid foundation of trust. They share in the residents' accomplishments and struggles as well as their likes and dislikes . . . and consider all aspects of each individual's emotional, social, physical and spiritual needs."

Wellington Court at Hershey's Mill features "calming activities, brain health and socialization activities."

In short, dementia is not a life sentence. With planning and some assistance, it's possible to still live a full and active life. ♦

Wellington Court



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It is a great time to become part of the Riddle Village community and enjoy the excitement that is happening.

If you have been thinking about making a move, please reach out to learn more. We would love the opportunity to discuss your options and show you what is new at our community!



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PENNSYLVANIA

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610-430-6900; HarrisonHillApts.com

see our ad on page 53

Harrison Hill's 5 stories offer 114 apartment homes comprised of one bedrooms and one bedrooms with dens. Residents enjoy the company of others at "Monday Mingle," holiday festivities, chili fests, ice cream socials, games and more. Harrison Hill is a truly unique and homey community.

Hershey's Mill

610-436-8900; HersheysMill55Plus.com

see our ad on page 59

Hershey's Mill, a gated 55+ community, is situated around an 18-hole championship private golf club featuring casual and formal dining. The premier community also offers Tiger Turf coated tennis courts, pickleball, bocce courts, winter paddle ball, shuffleboard and horseshoes, as well as miles of walking trails and protected interior paved roads for biking. Visit during their Community Open House on Oct. 16th from 1 to 4 p.m.

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Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support — moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

PENNSYLVANIA

Ambler

The 501 at Mattison Estate

215-461-4880

The501.com; SageLife.com

see our ad on page 6

Offering Independent Living, Assisted Living and Memory Care. A short walk to downtown Ambler, it's a location nestled next to Lindenwood Castle. It's your access to walking trails and neighborhoods—and a bustling borough with its own restaurants, nightlife and shopping. And that's all just outside the walls. Inside, you get access to countless amenities, dining options, fitness facilities and so much more. It's senior living where you can do something new and different every day, and never repeat yourself.

Exton

Exton Senior Living

610-594-0200; ExtonSeniorLiving.com

see our ad on page 5

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Guide to 55+ and Retirement Communities



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55+ and Retirement Communities

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Glen Mills

Glen Mills Senior Living

610-358-4900; GlenMillsSeniorLiving.com

see our ad on page 5

Glen Mills Senior Living is a well-appointed senior living community with 90 personal care suites, as well as respite care and short-term stay apartments for older adults with specialized needs. Their skilled, friendly and compassionate team members are available 24 hours a day to deliver personalized service for every resident.

Kennett Square

Kendal-Crosslands Communities

844-907-1800; KCC.Kendal.org

see our ad on page 61

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

King of Prussia

Anthology of King of Prussia

484-392-5011; AnthologyKingOfPrussia.com

see our ad on page 71

Anthology of King of Prussia is a senior living community that invites residents to enjoy a rich and vibrant lifestyle. Offering independent living, personal care and memory care, the community provides residents with the best in hospitality and care, so they can live their story in a beautiful, meaningful way. For more information, call or visit their website.

Lancaster

Homestead Village

717-397-4831

HomesteadVillage.org

see our ad on page 9

Homestead Village has a charming small-neighborhood feel and is just minutes from the trendy and vibrant shopping, dining and cultural opportunities of downtown Lancaster. Residential options include cottages, villas and spacious carriage homes. Apartments at Homestead Village are dual-licensed for personal care, so residents can get extra help, if needed, without an extra move. Now reserving new Townstead apartments.

Malvern

Echo Lake

484-568-4777

LivingAtEchoLake.com; SageLife.com

see our ad on page 6



Kendal-Crosslands Communities



Echo Lake



Daylesford Crossing



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Media

Riddle Village

610-891-3700; RiddleVillage.org

see our ad on page 54

Riddle Village is a Lifecare community that offers amenities including a fitness

center, putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.

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AboutActs.com/CountyLinesMag

see our ad on page 2

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things they love most without all the worries. Best of all, Acts Life Care® lets residents pay for future care in today's dollars should their needs ever change.

Newtown Square

Dunwoody Village

610-359-4400; Dunwoody.org

see our ad on page 54

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Additionally, data in older children demonstrates that vaccination significantly reduces the incidence of a rare but dangerous condition called Multisystem Inflammatory Syndrome in Children (MIS-C) that occurs after a Covid-19 infection. This will continue to be studied in younger children and is another anticipated benefit.

SAFETY

The mRNA vaccines made by both Moderna and Pfizer have been monitored by the most extensive safety monitoring in U.S. history, providing confidence in their safety. The data from these trials has passed through an independent advisory board, then the FDA, and finally the branch of the CDC that provides guidance on vaccines — the Advisory Committee on Immunization Practices (ACIP).

The side effects that were noted — such as fever, fatigue and pain at the injection

site — are the anticipated immune response associated with vaccination. Reactions such as these indicate the immune response is making a significant response. These side effects are short-lived and not harmful.

PRACTICALITIES

Many families are looking to determine the value of vaccinating their child even though Covid-19 is mild in most children.

This is a question that pediatricians have always considered when selecting infections for which to provide vaccination. Mild in *most* children does not mean mild in *all* children. Even if the incidence of severe disease is rare in children, the mRNA vaccine aims to vaccinate children to prevent hospitalization or death from relatively common infections.

As the virus that causes Covid-19 transitions to endemic (consistently present, but limited to a specific region) from pandemic

(when a disease’s growth is exponential), children will continue to have Covid-19 exposures. While the medical community anticipates that children who are vaccinated may potentially get a mild infection with Covid-19, those children who receive an mRNA vaccine will be protected from severe disease and hospitalization as occurred during the recent Omicron surge.

A practical consideration when deciding whether to vaccinate your child is that there are likely to be changes to the quarantine requirement after a vaccinated child is exposed to Covid-19. As a result, vaccinated children will likely be able to go to school or daycare instead of having to stay home.

These quarantine changes would likely make the 2022–23 school year and daycare less chaotic for families and allow children to continue to have important experiences with other children required for their ongoing growth and development. ♦

Vaccines for Health *Continued from page 47*

breaks in the U.S. in communities with low immunization rates. According to the CDC, we had 704 cases of measles in 2019 — that’s before the pandemic — which was the highest number since 1994. And almost all those cases were in unvaccinated people.

This is very concerning as we are now dealing with growing pockets of unvaccinated children.

VACCINES ARE SAFE

Some parents worry that vaccines are more dangerous than the diseases they prevent. Part of this belief is because vaccines have been so successful that parents don’t have personal experience with these diseases.

When I was younger, my cousin was hospitalized with epiglottitis and needed a hole in her trachea to breathe. Her condition was caused by Haemophiles influenzae type b infection. Thanks to an immunization that came out shortly after (Hib vaccine), I’ve never had a patient with that illness. And most parents today don’t worry their child will get my cousin’s disease.

All vaccines given to children go through a long process to confirm they work and are safe. Once vaccines are licensed, they are continually monitored for adverse reactions that may not have been detected in the initial studies. When concerns were brought up that vaccines like the MMR caused autism, studies were undertaken to evaluate this concern. The medical community found strong evidence that vaccines do not cause autism.

VACCINES FOR EACH AGE

We start protecting children just after birth with the **hepatitis B vaccine** because the disease can be contracted at birth. Babies require two more doses, between the ages of one and six months, for protection.

Then, at the two-month visit, we give multiple vaccines. Injections that contain multiple vaccines are used in as few as two needles to protect against eight different diseases, and one vaccine is given orally.

These vaccines are repeated at four and six months of age. The child is not fully

protected until the complete series of vaccinations is done. Children get booster doses of some of these vaccines again between 12 and 15 months, and then between four and five years of age.

The illnesses we immunize against are **diphtheria, pertussis (whooping cough), tetanus, polio, Haemophilus b, hepatitis B, rotavirus and pneumococcal disease.**

Pneumococcal disease can cause sepsis, pneumonia, meningitis and ear infections. Rotavirus causes a diarrheal illness, and the vaccine to prevent it is the only one we currently give by mouth.

Here is a recap of immunizations your child needs, starting at one year old.

- At the age of one, children are given the **MMR (measles, mumps, rubella)** vaccine and **varicella** vaccine (chicken pox). Booster dose are needed between the ages of four and five years.
- **Hepatitis A vaccine** is given in two doses at 12–15 months and 18–24 months. Some teenagers may not have been given this as infants and should

Vaccines for Health *Continued from page 62*

get caught up at this point. Hep A causes outbreaks every year, including a recent case connected to contaminated strawberries.

- At 11, children should be boosted with the **tetanus and pertussis (Tdap), meningitis ACWY and HPV vaccines.** HPV is a vaccine to prevent cervical cancer and genital warts. A second dose is needed six months later. It’s recommended for both girls and boys.

- At 16, teens need a **meningitis ACWY booster** vaccine and can discuss the **option of meningitis B vaccine with their doctor.**
- **Influenza vaccine** is recommended for children starting at six months of age.

For the first season they get it, they need a second dose one month later. Then they should get a single dose every fall.

You can find out more information about each shot, possible side effects

and when to get them at CDC.gov. Parents can learn more about the diseases the vaccines prevent from sites like CDC.gov or *HealthyChildren.org*.

In summary, vaccines are safe and effective. As a mother and a doctor, I felt very comfortable getting my own children immunized and recommending vaccinations for my patients. ♦

Get Your Shots *Continued from page 48*

If you’re unsure of your vaccination history, or you know it’s incomplete, you won’t need to restart or add doses to a vaccine series, even if a long time has elapsed between doses. The best thing to do is schedule an appointment with your primary care physician to review your vaccination history. Also, while your doctor will have a complete record of your vaccinations, it’s worth asking if any need to be updated at your next appointment.

COVID

When to get it: Primary series vaccines for everyone ages 6 months and older, and boosters for everyone ages 5 years and older. A second booster is recommended for those 50 and older and for those who are 12 and older and are immunocompromised.

Worth knowing: If you’ve had Covid recently, don’t delay your next vaccine dose (primary or booster) by any more than two weeks from when your symptoms started or your first positive test. With the latest variants, immunity appears to be short-lived.

FLU

When to get it: Generally, one shot annually, at the start of the fall. However, some may benefit from multiple doses, depending on their age and health.

Worth knowing: If you’ve avoided getting a flu shot because you have an egg allergy, it’s time to reconsider. While the vaccines change each year to best protect against the

latest flu strain, many of them won’t trigger your allergy.

TETANUS, DIPHTHERIA, PERTUSSIS

When to get it: One dose of Tdap (tetanus-diphtheria-pertussis) if you’ve never received one. It can be given at any time, regardless of when you last got a Td (tetanus-diphtheria) shot. This should be followed by either a Td or Tdap booster every 10 years. A single dose of Tdap is also recommended during every pregnancy.

Worth knowing: Pertussis (whooping cough) can be severe in newborns and infants. However, they won’t be fully immunized until around age 7. This makes it all the more important for the adults in their lives to be up to date with their own Tdap vaccination.

VARICELLA (CHICKENPOX)

When to get it: Typically given as a two-dose series across infancy and early childhood. If you never received the vaccine, or have no sign of immunity, you’ll be given two doses, four to eight weeks apart.

HERPES ZOSTER (SHINGLES)

When to get it: Two doses separated by two to six months for adults age 50 and older and immunocompromised adults age 19 and older.

Worth knowing: If you previously received Zostavax, a shingles vaccine that’s no longer available in the U.S., ask your doctor for

Shingrix, the new vaccine. Studies have shown that the effectiveness of Zostavax wanes significantly over time.

HUMAN PAPILLOMAVIRUS (HPV)

When to get it: A series of either two or three doses, depending on the age at initial vaccination, before becoming sexually active. Three doses are recommended for immunocompromised people.

Worth knowing: The vaccine works best when given before any exposure to HPV. Having a new sex partner, at any age, puts you at risk of getting a new HPV infection.

PNEUMONIA

When to get it: If you didn’t receive the vaccine in childhood, or your previous vaccination history is unknown, and you’re 65 or older, one dose of PCV20, the newest vaccine, is recommended. You could also be given one dose of PCV15, followed a year later by one dose of PPSV23.

HEPATITIS A AND B

When to get it: If you weren’t separately vaccinated for hepatitis A and B in childhood, anyone 18 and older is eligible for a combination vaccine that protects against both types. It’s given as three doses over six months.

Worth knowing: If you’re receiving the vaccine prior to travelling abroad, get it at least two weeks before departing.

MENINGITIS

When to get it: One booster dose is recommended between ages 16 and 18. A booster is also recommended if you find yourself among an outbreak and it's been at least five years since your last vaccination.

YOU'RE AT RISK

We live in a bubble. Everyone reading this article has access to state-of-the-art health-care, which manages to quell most out-

breaks. As a result, it's easy to believe that getting vaccinated is unnecessary.

But many of the diseases prevented by the vaccines highlighted here are still prevalent in certain parts of the world. And because we now live in a global world, those viruses and bacteria are capable of infecting us.

Prior to the pandemic, about 50,000 American adults died from vaccine-preventable diseases each year, according to the National Foundation for Infectious Diseases.



Protect yourself. Protect your family. Protect your neighbors. ♦

Seniors Vaccinated *Continued from page 49*

consequences from the flu, you're more vulnerable than a 20-something couch potato.

Seniors are at a higher risk of developing serious complications from the flu, such as pneumonia. The flu virus kills about 12,000 Americans 65 and older each year, according to the Centers for Disease Control and Prevention, and it hospitalizes many more.

Worth knowing: Know that you can't get the flu from the flu vaccine. Let me be even clearer: It is *impossible* to get the flu from the flu vaccine. Like most vaccines, the flu vaccine contains a dead organism to trigger your immune system. It is *not* a live virus or live bacteria. The vaccine is updated each year to account for changes in the actual virus.

The best part? Medicare charges nothing for the flu shot.

When to get it: Every year. It can be the difference between life and death.

PNEUMOCOCCAL (PNEUMONIA) VACCINE

Keep serious illness at bay. Older people have a higher risk of getting pneumonia and are more likely to die from it if they do. The disease can trigger bloodstream infections, sepsis and other health issues that are far worse than a pesky vaccine.

Worth knowing: The pneumococcal vaccine will significantly reduce your risk of catching pneumonia or falling seriously ill from it.

When to get it: At age 65, even if you're completely healthy. Earlier, if you've had cer-

tain medical problems that would increase your risk.

TETANUS, DIPHTHERIA AND PERTUSSIS (TDAP) VACCINE

Get it for your grandchildren. I care for seniors who understandably question the need to get the Tdap booster vaccine every 10 years, as the chances are rare of contracting tetanus, diphtheria or pertussis ("whooping cough") as an adult.

Let's consider the upside and downside risks. As people age, their immunity wanes, so seniors will have less immunity than middle-aged adults. If you get these vaccines, the downside is the slight, brief pain in your shoulder muscle.

Here's the upside: You avoid the dire consequences of each disease.

- *Tetanus*, which enters the body through cuts in the skin, is a terrible, life-threatening illness that forcefully tightens your entire body to the point where you can't breathe.
- *Diphtheria* causes significant throat swelling and also can be life-threatening. What's worse, it spreads from person to person.
- *Whooping cough* may not kill you, but it spreads easily from person to person. Recent outbreaks have been reported throughout the U.S. Although whooping cough is typically a mild disease for seniors, the disease causes vicious symptoms in babies and children, resulting in violent and rapid

coughing, and accompanied by a disturbing "whooping" sound.

Worth knowing: When seniors get the Tdap vaccine, they protect themselves *and* their grandchildren from these terrible diseases.

When to get it: Every 10 years.

SHINGLES

Avoid this painful illness. An infection that's more common than tetanus and diphtheria is shingles. Caused by varicella zoster (the same virus as chickenpox), shingles wreaks havoc on the nerves, and includes symptoms such as tingling, itching and burning pain. It also triggers a rash of fluid-filled blisters on your skin, and pain can remain even after the rash disappears.

Worth knowing: You should get this vaccine, even if you've had chickenpox.

When to get it: Adults 50 and older should get vaccinated against shingles in a two-dose course.

KEEP UP WITH YOUR VACCINATIONS

Talk with your primary care provider to be sure you're up to date on your vaccines. Together, you can be sure you're protected against preventable illnesses and the serious health consequences they can cause.

As a primary care provider myself, I recognize that getting shots can feel a bit inconvenient and pesky, but vaccines also unlock the freedom to live a healthy, active life. ♦

[Food News] *A few of our favorite things to share this month about local food and drink*

Head to the Market. Summer is farmers market season, and there's no better time to shop than **National Farmers Market Week**, August 7–13. Head to your local market to show your support for community agriculture, and take home locally grown goodness. To celebrate, Kennett Square Farmers Market will hold a special market on August 12 from 3 to 6 p.m. Other local markets to visit include the Malvern Farmers Market, West Chester Growers Market and Wilmington's Rodney Square Farmers Market. See our Events Section for more local farmers markets. FarmersMarketCoalition.org.



Kennett Candies. Got a sweet tooth? Head to Kennett Square and check out **Mrs. Robinson's Sweets and Treats**. Marlene Robinson, of Mrs. Robinson's Tea Shop, opened the old-fashioned candy shop right next door, selling nostalgic treats as well as new favorites, from Mallo Cups to Charleston Chew and Pop Rocks to Swedish Fish. Find international sweets from Germany, England, France and even Japan! *131 E. State St., Kennett Square. MrsRobinsonsTea.com.*



Two Brews. Calling all beer lovers! Thornton's **Bierhaul** recently opened in the former Pace One Restaurant spot. A self-described "Lagerhaus and New American Kitchen," they're serving up brews coupled with entrees like pork ribeye and steak frites au poivre. Coming soon to West Grove, **Blondes and Brewnettes** will be the town's first brewery since going dry in 1940. The husband-wife duo started brewing in their restaurant, Twelves Grill and Café, in 2019 and is now moving into a new taproom. Cheers! Bierhaul.com. BlondesAndBrewnettes.beer.

West Chester Sipping. There's nothing better than an ice-cold drink on a hot summer's day.

Luckily, West Chester has two new places to get your sip on. **Kung Fu Tea** will be serving up cool boba and other delicious teas at the former Starbucks on the corner of High and Gay Streets. And **Turk's Head Café** on Church Street makes both iced and hot coffee using sustainable and locally roasted beans. Also pick up coffee blends and cold brew packs to make and enjoy at home. Drink up! KungFuTea.com. TurksHeadCoffee.com.



Lend a Hand.

Did you know summer is the busiest time for food banks? Families who rely on free or reduced-cost meals at school often turn to their local food bank or pantry during summer break. Give back by donating money, goods or time to the **Chester County Food Bank**, serving more than 160 partner agencies across the county. Volunteer at a partner farm or garden, their commercial kitchen or around the office. See their website for details. ChesterCountyFoodBank.org.



A Shrub Story

A FAMILY-OWNED FOOD COMPANY CELEBRATES 35 YEARS OF ITS HISTORIC DRINK MIXERS.

Alyssa Thayer



Kim Tait in one of their high tunnel greenhouses

AUGUST'S UNRELENTING HEAT HAS US REACHING for something quenching, tangy and perhaps a bit fizzy. Something like shrub.

Shrub is an old colonial recipe that comes in the form of an acidic fruit concentrate. It's most commonly enjoyed with sparkling water as a refreshing spritzer.

"Shrub is simple, festive and fun," says Kim Tait, owner of **Tait Farm Foods**, located just outside State College. "And for us, it's the product that started it all."*

In recent years, this sweet and tart syrup has found its way into the hearts of mixologists and home cocktail enthusiasts, but this wasn't always the case. When the Tait family introduced shrub 35 years ago, no one had ever heard of it. "People thought we were grinding up bushes and putting it in bottles," laughs Kim, remembering the steep educational curve they faced early on.

The Tait shrub story began in 1986 when a bumper crop of black raspberries hung precariously on the canes after weeks of heavy rain. As anyone who's tried to keep raspberries in their fridge knows, they are highly perishable and mold easily. To avoid losing the harvest, the Tait family elected to pick all two acres of berries and freeze them, with hopes of finding a market later in the year. After several failed attempts at selling the berries, they decided to try their hand at a value-added product of their own.

A family friend came to David Tait (Kim's late husband) with the recipe for shrub, and it was just quirky and tasty enough to pique his interest. That year, the first Raspberry Shrub was bottled in David's kitchen and sold at their local farmers market.

Since then, Tait Farm Foods has come a long way, developing an extensive line of gourmet food products, including jams, chutneys and vinaigrettes while expanding their shrub offerings to 15+ flavors.

In April of 2021, on what would have been David Tait's 75th birthday, news that the original Raspberry Shrub had been awarded the Gold soft by the Specialty Food Association popped into Kim's inbox. "It was a great honor and validation of 35 long years of making and selling this product. And it was auspicious that it came on David's birthday. It was always his dream to win the soft," Kim says fondly.

In the food world, winning a soft is like getting an Oscar — you even get a gold statue. To date, Tait Farm Foods now has been honored three times, including this year's Best New Product for their Lime Mint Shrub.

Whether you're creating a signature cocktail, adding a splash of flavor to lemonade or tossing together a summer salad, shrub might just be the perfect addition. Check out these recipes for ideas on how to use it and find many more shrubs on their website, TaitFarmFoods.com, or in other specialty food stores.

*Editor's Note: Writer Alyssa Thayer is Kim's proud daughter.



Shrubs and soft awards



Kim Tait winning an award in June



Kim Tait and fellow farmer Sabine Carey circa 1990 when the farm was a pick-your-own asparagus and berries farm

Basic Cocktail Recipe

The nice thing about these general recipes is you can customize them to fit your fancy. It's an open invitation to mix up your own signature drink!

Serves 1

- 1 ½-2 oz. spirit of choice (vodka, rum, tequila and gin work particularly well, but try it with anything)
- ½-1 oz. Tait Farm Shrub, any flavor
- ½-1 oz. fresh citrus (lemon, lime, grapefruit, etc.)
- 2 dashes cocktail bitters (optional, but fun to experiment with)

Watermelon Lime Agua Fresca

These simple drinks are easy to make and refreshing to enjoy. Mix and match your favorite fruits to find your perfect combination.

Serves 1, multiply as necessary



- 1 C. chopped fruit (favorites include pineapple, strawberry, cantaloupe, watermelon and cucumber)
- 1 C. water, as needed (omit if using watermelon)
- ½ medium lime, juiced
- 1-2 oz. Tait Farm Lime Mint Shrub
- Optional: 2 large mint leaves (perfect with cucumber)

Combine fruit, water, lime juice, shrub and optional mint leaves in a blender. Puree on high until smooth.

Taste and adjust to your liking, adding more lime and/or shrub, as well as water, to reach desired consistency.

Blend briefly again and enjoy immediately.

Summer Shrub Sangria

Light, bright and elegant, this unique take on sangria is simple enough for a home happy hour, yet refined enough for a garden party. Cheers!

Makes 1 pitcher or 8 servings

- 8 oz. Tait Farm Shrub, any flavor (recommendations below)
- 1 bottle dry white wine (riesling or sauvignon blanc recommended)

Shrub Starter

While shrub is beginning to be more mainstream, it's still new to many. Here are a few facts and FAQs to get the party started.

1. Worldly words – The term "shrub" is derived from the Arabic word sharāb, meaning "to drink." It can be traced back to the 17th century (pre-refrigeration) when vinegar was used to preserve berries and other fruits.

2. Barrel-brewed – There are several ways to make shrub. Tait Farm Foods infuses fresh fruit into barrels of vinegar for about a month. Once finished, the liquid is strained and sweetened with organic cane sugar and pasteurized to make it shelf-stable.

3. Custom-made – The great thing about using something from concentrate is that you can decide how strong you want your drink to be. The standard ratio is six parts sparkling water to one part shrub, but you can dial it up or down depending on your taste.

4. Seasonable sips – While you can enjoy most flavors year-round, Kim says citrus and berry flavors are quenching in warmer months and flavors like cranberry and spiced pear/apple are popular during cooler months. "Our family has a Thanksgiving tradition of making a pitcher of cranberry shrub for the table. We toss in sliced oranges and fresh cranberries to make it festive."

5. Mixer magic – The acid of the vinegar and the bold fruit-forward notes make it the perfect mixer. It's often used in highball cocktails, subbed in as the sours, or simply used as a splash of extra flavor.

6. Family-friendly – Shrubs aren't just for the bar-going crowd. Kim's grandchildren enjoy the taste as a natural soda treat, calling the drinks "fizzies."

7. Shelf-stable – Since vinegar is a preserving agent, shrubs can be stored for at least two years (even after opening!).

8. Taste is king – While vinegar's pungent bouquet takes over at first sniff, its acidity and fruity sweetness make for a delightful first sip.



Mixed fresh fruit: sliced oranges, limes, lemons, peaches, plums, berries

Ice

1-liter bottle sparkling water

In a large pitcher, combine the shrub, wine and chosen fruit. Let flavors combine and infuse for half an hour.

Just before serving, add ice and sparkling water.

Favorite Combinations:



Lemon shrub, fresh citrus slices and raspberries
 Raspberry shrub, oranges and berries
 Rhubarb shrub, strawberries and oranges
 Peach shrub, peaches and raspberries
 Strawberry basil shrub, strawberries and fresh basil leaves

Seasonal Salads with Shrub Vinaigrette

The acidity of the shrub makes it work for savory applications as well. Here's a basic dressing recipe along with some favorite salad combinations.

Makes ½ cup of dressing



2 T. Tait Farm Shrub (see ideas below)
 1 tsp. Dijon mustard
 ¼ tsp. salt
 ¼ tsp. black pepper
 1 small clove garlic, finely minced
 6 T. oil, safflower, canola or light olive

Whisk all the ingredients together until emulsified. Can be sealed and kept in fridge for later use (simply re-mix or shake before using).

Raspberry:

Spring mix, sliced pears, blue cheese and walnuts

Ginger:

Asian greens, snow peas, radishes and grated carrot

Lemon, Lime or Orange:

Spring mix, sliced oranges and avocado

Strawberry Basil:

Spinach, feta cheese, fresh strawberries and pine nuts

Spiced Apple:

Mixed greens, sliced apples, blue cheese and walnuts

Cranberry:

Mixed greens, dried cranberries and pecans

Spiced Vanilla Pear:

Mixed greens, sliced pears, gorgonzola and chopped hazelnuts

Cilantro Lime Black Bean and Corn Salsa

This festive and vibrant dish can be enjoyed with chips, over a bed of greens or alongside your grilled protein of choice.

Serves 4

½ C. fresh cilantro leaves, finely chopped
 3 T. lime juice (about 1½ fresh limes)
 1 T. lime shrub
 Generous pinch of sea salt + more to taste
 2 C. cooked sweet corn, either thawed frozen kernel
 or cooked, cooled and cut off the cob
 ½ C. sweet pepper (bell or other variety), chopped
 3 green onions, finely sliced (green only)
 ¾ C. black beans, cooked and drained (canned works great)
 3 T. plain yogurt (any fat content will work)
 ⅛ tsp. coriander
 ⅛ tsp. chile powder
 ¼ tsp. cumin
 ⅓ C. Cotija cheese, crumbled
 Optional: jalapeño, thinly sliced



Pineapple Shrub Sorbet

This luscious, sweet and all-natural frozen dessert couldn't be simpler to make. All you need is a high-powered blender or food processor.

Serves 2-3

10 oz. frozen chunks of pineapple
 2 T. shrub of choice (we used 1 pineapple, 1 lime)
 2 T. water

Using a high-powered blender or food processor, blend all ingredients on high until smooth and creamy in consistency.

Enjoy right away or transfer into a freezer-safe container and enjoy at a later date. ♦



Alyssa Thayer found her love of food at an early age, frolicking around her mother's organic farm and eating her weight in berries and snap peas each summer. She is a self-proclaimed urban farm girl, whose mission is to bring inspired ideas to life, passionate people together, and good food to every table.

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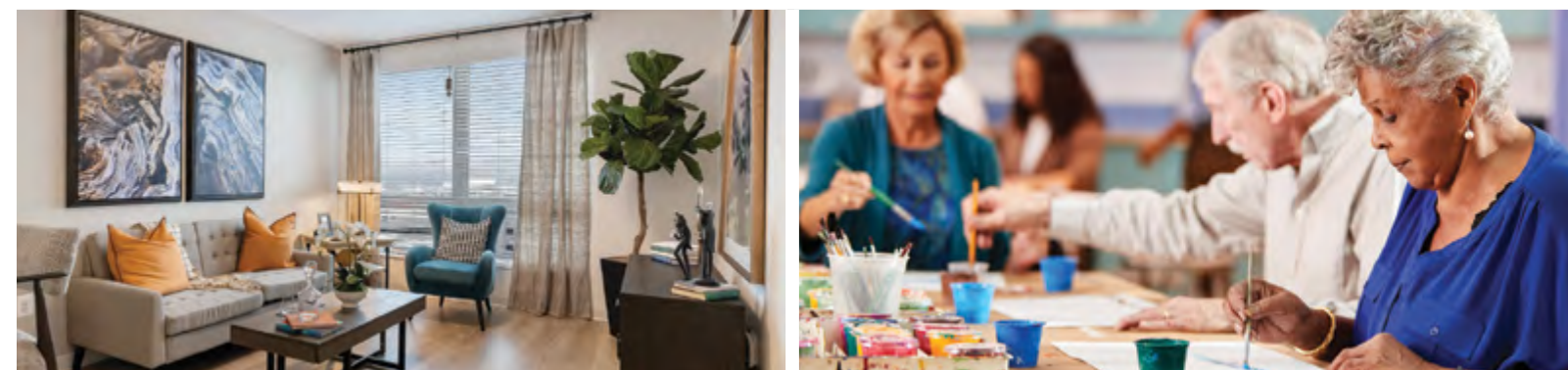
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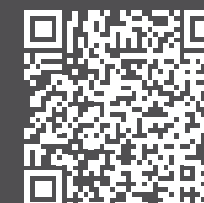
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