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Chester Springs
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\$2,630,000



West Marlborough
3BR, 2.1 BA | 59.2 Acs. | Great Stable
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Unionville-Chadds Ford School District
\$1,685,000



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Equestrian Area | Unionville Schools
\$1,595,000



Unionville
4 BR, 3.2 BA | 20.5 Acres | Private!
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East Brandywine Two
5 BR, 4.2 BA | 1.0299 Acs. | Private Views
Finished Lwr Lvl | Downingtown Schools
Hardscaped Yard: Koi Pond, FP, Dining Area
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West Bradford Township
5 BR, 4.2 BA | Downingtown Schools
Original model home | Great Details
Chef's Kitchen | 2.949 Acres | Conservatory
\$1,117,000



Thornbury Township
Historic 4BR, 5.1 BA. | 7+ Acres
High-end Kitchen | Privately Set
Once Home to F. Scott Fitzgerald!
\$1,098,000



Warwick Township
6 BR, 5.1 BA | 22.5 Acres | Very Private!
Historic Home, Stone Barn & Pond
Abuts Horseshoe Trail & Warwick Park
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Chester Springs
5BA, 3.1 BA | 5 Acres | Pastoral Views
Great Pool Complex | Chef's Kitchen
4 Fireplaces | Spacious Master Suite
\$950,000



East Bradford
5BR, 3BA | 1.1 Acres
Voluminous Open Floor Plan!
Great Location! Move-in Condition
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Chadds Ford
5 BR, 3 BA | 2.1 Acs. | Pool
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from the EDITOR

November's To-Do List. First, be sure to VOTE—mail-in, absentee, in-person. Just do it! Second, start planning for the holidays. Third, read *County Lines*. Better yet, subscribe! A subscription makes a great Christmas gift and is another way to support local.

We all need to do our part to support independently owned businesses—they're what make our communities unique. Learn more reasons in Olivia Smith's "Buy Local or ... Bye-Bye Local." Then take a look at our Holiday Gift Guide for shopping ideas.

Our Local Hero feature recognizes the contributions of area Rotary Clubs. Madison Meinel explains how the thousands of clubs worldwide as well as local volunteers are a bright light in these uncertain times.

If your mind is drifting toward Thanksgiving planning, let us inspire you. Matt Freeman tours places to shop for that special dinner and holiday gifts in "The Bounty of Southern Chester County."

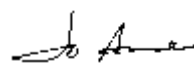
Two pumpkin-centric pieces may also help. In "Extend the Pumpkin Season," Alyssa Menko concludes pumpkins are not just for Halloween and finds places for picking, or picking out, a colorful gourd. Brandywine Table's Alyssa Thayer is "All In on Pumpkin," sharing recipes for more than pie (though there's a paleo version). Try pumpkin French toast and pumpkin chili.

For Thanksgiving planning during COVID, Ed Malet asked what senior communities are doing to keep families connected in "Getting Beyond COVID." Also check our "Guide to 55+ Retirement Communities and Services."

Our home and garden coverage includes an article from Jenkins Arboretum on "Rare and Endangered Plants" and how to save them, while Laurel Anderson's Home of the Month feature takes us to Tanglewood in Thornbury Township with connections to F. Scott Fitzgerald and Dr. Martin Luther King.

Finally, although local events are different this year, read the "Best Things To Do" for ideas to keep active and engaged.

Thank you for reading. And Happy Thanksgiving!


Jo Anne Durako
Editor



COMING IN December

HOLIDAY ISSUE

West Chester for the Holidays
Holiday Gifts of Books & Wine
Shop Local/Shop Small
Holiday Celebrations This Year



COUNTY LINES MAGAZINE

November 2020

Volumes XLIV Number 3

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[Worth Knowing]

Medicare Annual Enrollment Period is Here!

TIPS FOR YOUR 2021 MEDICARE RENEWAL

Allen Heffler, MyMedicareAdvisor

WELCOME TO MEDICARE'S ANNUAL ENROLLMENT season, a time when those eligible get inundated with phone calls and direct mail and everyone sees non-stop commercials about Medicare.

Why should you care? The enrollment season—October 15 to December 7—is when you can make certain changes to your Medicare coverage. Perhaps your situation has changed. Or your existing coverage has changed or premiums have increased. Plus new plans are available for 2021.

So it's important to review your options to decide if your current Medicare Plan is the right one for next year. Or is it time for a change?

MEDICARE ADVANTAGE OR MEDICARE SUPPLEMENT (MEDIGAP)?

Original Medicare Part A (Hospital) and Part B (Medical) cover many of your medical costs, but not all. It's the "but not all" that

causes most seniors to purchase additional coverage: either a Medicare Advantage plan or a Medigap plan. Your first big decision is which to choose.

MEDICARE ADVANTAGE PLAN

With this plan, original Medicare Parts A and B step aside and your Medicare Advantage plan becomes your insurance coverage. **Some advantages:** *Cost*—Your premium is \$0. *Part D* Prescription Plan is built-in. *Ease* with everything covered with one card. *Extra benefits* include such things as gym, dental, vision, hearing, over-the-counter allowance. *No deductible* and *No referral* for many plans.

Some disadvantages: *Network*—You must use network doctors. *Copays* for services like Specialist—\$40, Emergency Room—\$90, MRI—\$200, Outpatient Surgery—\$250, Hospital—\$250/day for first 7 days. *Locked-in*—You may be unable to change into a Medigap program in the future.

MEDIGAP PLANS

With this plan, original Medicare is your primary coverage and Medigap is secondary. You'll also need to purchase a separate Part D prescription plan. **Some advantages:** *No network restrictions*—You can use any medical provider that participates in Medicare. *No copays! Peace of mind for the future.*

Some disadvantage: *Cost*—Monthly premium for a Medigap and Part D prescription plan will cost around \$150 to \$300 per month and most premiums increase each year.

HOW TO DECIDE

Consider your priorities, health and need for flexibility to help you decide.

1. What's more important to you, cost or potential out-of-pocket expenses?

Medicare Advantage keeps your premium as low as possible (\$0 premium) but there are copays.

Medigap keeps copays to a minimum but with a much higher premium

2. How is your health?

Medicare Advantage, for those in good health, your total out-of-pocket costs (premiums plus copays) will be less.

Medigap, for those who see more doctors, have many outpatient procedures and tests, the higher Medigap premium may be less than the total copays.

3. How important is flexibility?

Medicare Advantage is less flexible, since you're limited to a network and may not be able to move into Medigap in the future.

Medigap is more flexible for choice of doctors and hospitals and the option to choose plans in later years.

CHANGES TO CONSIDER DURING THE ANNUAL ENROLLMENT PERIOD

If you currently have a Medigap and Part D Plan, you may want to consider a Medicare Advantage Plan. There are several new plans for 2021 that you can learn about in a short phone call to review your options.

This is also the time to review if your Medigap premium increased substantially over the past several years. You may want to stay with Medigap but change insurance carriers—savings could be \$500 to \$1,000

a year in premiums. And review if your prescription needs have changed, requiring a change to your Part D coverage.

Each year during the Annual Enrollment Period, it's important to review your current coverage to insure it's the right plan for you for the upcoming year.

And you don't have to do that alone. Get assistance from individual insurance companies, APPRISE (PA Dept. of Aging) or an independent Medicare broker and professional. ♦

Allen Heffler is President of MyMedicareAdvisor, located in Willow Grove and Bala Cynwyd. An independent insurance broker, Allen has helped seniors with their Medicare needs for over 30 years. There's no cost, fees or charge for his services, which can be provided with a phone call to review your current coverage. 215-658-1776; MyMedicareAdvisor.



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LAYERED ABSTRACTION:
MARGO ALLMAN &
HELEN MASON

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DeArt is open and here to serve our community. Social distance in our galleries, enjoy engaging online programs and content—including our fully digitized collection, or attend an outdoor event with friends and family. For details about what's on at the Museum, visit delart.org.

Layered Abstraction: Margo Allman & Helen Mason was organized by the Delaware Art Museum. This exhibition is made possible by the Emily du Pont Memorial Exhibition Fund. This project is supported in part by the National Endowment for the Arts. This exhibition is supported, in part, by a grant from the Delaware Division of the Arts, a state agency, in partnership with the National Endowment for the Arts. The Division promotes Delaware arts events on www.DelawareScene.com. Above: *Ovoidal Divisions*, 2018, Margo Allman. Acrylic on panel, 38 3/4 x 20 1/8 inches. Courtesy of the artist. © Margo Allman.

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SAVING THE PAST FOR THE FUTURE...



[Good to Know]

Just a few things we'd thought you'd like to know this month

Preparing the Pine.

'Tis the season—well, almost—when downtown West Chester transforms into a magically merry Hallmark card! Saturday, November 23rd, marks the 40th annual Hanging of the Greens, just in time to get you jolly, holly and hopping into the holiday season. The Chamber of Commerce's traditional hanging of pine rope and red bows in the business district gives a festive reminder to do your holiday shopping locally. Get into the spirit by volunteering to wrap West Chester in the season's best. GreaterWestChester.com.



Saving Stonehedge.

Finally! Thanks to the generosity of new owners, historic **Stonehedge Farm** in Willistown Township (at Goshen and Plumstock Roads) will be protected forever from further development. These peaceful 15 acres of open meadows, woodlands, freshwater ponds, equestrian trails and diverse plant and wildlife habitats are safe after being purchased in August and put under conservation easement with Willistown Conservation Trust. Area conservationists, bird watchers, equestrians, fox hunters and residents celebrate the preservation of this key parcel of open space. WCTrust.org.



Awakening the Writer.

Ever wanted to publish your own book? You're in luck—November is National Novel Writer's Month, and nonprofit **NaNoWriMo** wants to help you produce page-turning publications in 30 days. NaNoWriMo provides writing groups with people from your area, access to a globally diverse writing community and free virtual pep-talks from authors such as Anne Lamott or John Green. The site helped complete over 300,000 books, meaning your odds are good to become the next hit novelist! NaNoWriMo.org.

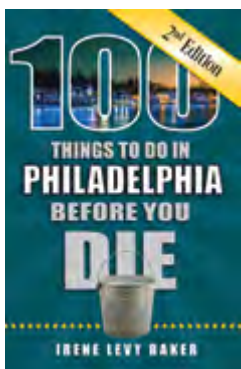
For the Love of Leaves.

It's leaf peeping season! Fall foliage fanatics often travel to see autumn's kaleidoscope of colors. Luckily, you won't have to drive far to see peak foliage. **Robert B. Gordon Natural Area** has 125 acres of West Chester's lively leafage. And **Cheslen Preserve** is resplendent in autumn featuring 1,282 acres of Coatsville's vibrant trees, perfect for leaf lovers. Grab a scarf and a camera—it's time to feast your eyes on November's fall foliage. NatLands.org.



Holi-Stay.

Traveling is not on most folks' 2020 bucket list, so staycations are the new going out. Need ideas? Try Irene Levy Baker's second edition of **100 Things to Do in Philadelphia Before You Die** for tips and tricks to stay entertained close to home. The book offers under-the-radar spots for cheesesteak connoisseurs and hidden gems like the live rodeo, Cowtown or Wonderspace, an interactive art gallery. Mention you heard about the book from *County Lines* to get your copy signed. Great gift for your favorite Philly fan. 100ThingstoDoInPhiladelphia.com.



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[November Picks] Our Picks for top events this month

Brandywine River Museum of Art Virtual Creative Escape: Brandywine Critters November 18



A virtual program that guides participants through creating the famous Brandywine Critters. Program fee includes all natural materials, shipping costs and the live Zoom program. Provide your own hot glue gun, garden clippers, gloves, tweezers and a toothbrush and join in the fun. 6:30 p.m. \$35. 610-388-2700; Brandywine.org.

86th Running of the Pennsylvania Hunt Cup November 1

A timber steeplechase race with a distance of four miles over 22 fences plus three other races. This year there will be a live stream as well as a virtual program. No spectators are allowed on the grounds, but you can watch the races live online beginning at 12:45 p.m., post time is at 1. Benefits Chester County Food Bank and others. 610-220-3742; PaHuntCup.org.



PHOTO: @JIM GRAHAM, 2019

44th Annual Phila. Museum of Art Contemporary Craft Show November 5-8



A virtual event this year with a first-ever online preview on Thursday, 4 to 8. Tickets start at \$125. Fri.-Sun., visit the museum website to view artists' works and make purchases from 150 of the finest craft artists in the country. Free, with suggested donation, \$10. 215-684-7930; PMACraftShow.org.

57th Annual Delaware Antiques Show November 7-14

Enjoy a virtual showcase of art, antiques and design featuring the finest offerings of furniture, paintings, rugs, ceramics, silver, jewelry and more. Virtual experiences include the Keynote Lecture featuring husband-and-wife design team Katie Ridder and Peter Pennoyer, lectures by Winterthur's expert curators, interactive games and more. Check back for details on the event. Winterthur.org.



23rd Annual FirstGlance Film Festival November 10-15

The festival has been Philadelphia's Independent Film Festival since 1996, bringing premieres and original indie films from Philadelphia and around the world, screening all genres by professional, first-time and student, national and international filmmakers. Held Nov. 13-15, at The Colonial Theatre, 227 Bridge Street, Phoenixville. Also held virtually, Nov. 10-15, on ItsAShort.com. Tickets, \$15-\$100. Visit website for more information. FirstGlanceFilms.com.



best Things To Do

Many events are on hold for now, but there are still many fun things to do in our area. Please be sure to check websites often for the latest updates. *TBD—to be determined.

FAMILY FUN

THROUGH NOVEMBER 8
Pumpkinland at Linvilla Orchards. Lots of autumn activities including hayrides, pick-your-own apples and mazes. All guests, including children over 2, are required to wear masks and follow all social distancing protocols. Pre-purchase tickets on website prior to visit. Linvilla.com.



THROUGH NOVEMBER
Strasburg Railroad. Since 1832 Strasburg Railroad has provided an authentic experience of a steam railroad. Take a 45-minute ride through the Amish countryside to Paradise and back. 301 Gap Rd., Ronks. Nov. 1–13, daily; Nov. 14–29, weekends. Tickets must be purchased in advance on website. 866-725-9666; Strasburg-Railroad.com.

THROUGH JANUARY 3
"The Presidents" by Madame Tussauds at The Franklin Institute. Pose with all 56 wax figures of American presidents (and historical leaders including Benjamin Franklin, Rosa Parks, Malcolm X and Michelle Obama) in iconic settings. 20th St. & Benjamin Franklin Pkwy., Philadelphia. Wed–Sun, 10 to 6. 215-448-1200; FI.edu.



THROUGH JANUARY 10
Holiday Magic at Brandywine. The fun starts early this year with the Brandywine Railroad O-Gauge display providing a safe and socially distanced experience. New are two train displays, one donated by Nicky Wyeth and the other an N-gauge train layout donated by Jamie Wyeth. Returning is Ann Wyeth McCoy's dollhouse. 1 Hoffman's Mill Rd., Chadds Ford. Wed–Mon, 9:30 to 4:30. \$6–\$18. 610-388-2700; Brandywine.org.



NOVEMBER 1, 8
West Chester Railroad Fall Foliage Express. Enjoy a fall afternoon along the Chester Creek Valley from a heated train as you take a 90-minute journey back in time to the village of Glen Mills and return. 230 E. Market St., West Chester. Sundays. Noon and 2 pm. \$15–17. Tickets must be purchased in advance on website. 610-430-2233; WCRailroad.com.

NOVEMBER 7, DECEMBER 5
Full Moon Fundraiser at Wolf Sanctuary of PA. The event features a roaring bonfire (weather permitting), live entertainment and guided tours. Learn about wolves, wolf conservation and biology. Bring a blanket, a



flashlight and a chair. 465 Speedwell Forge Rd., Lititz. Age 16 and older only. Res. req., \$35. 717-626-4617; WolfSanctuaryPA.org.

NOVEMBER 14–15, 26
The Kennel Club of Philadelphia's National Dog Show. The holiday tradition continues as the show goes forward this year but with no spectators. The competition on Nov. 14–15 will be limited to 600 dogs and the video of the judging will be available online after the broadcast on Thanksgiving Day. The show airs Nov. 26, noon to 2. NationalDogShow.com.

NOVEMBER 21
Santa on the Steps at The Saturday Club in Wayne. Get a socially distanced photo with Santa on the steps of the club's historic tudor Clubhouse in Downtown Wayne. The Clubhouse will be decorated for the season and serve as a backdrop. Fee includes one photo delivered digitally to the email used to register. Benefits The Saturday Club's grant program. 117 W. Wayne Ave., Wayne. 10:30 to 1. 610-688-9746; SaturdayClub.org/Santa.

NOVEMBER 29
Santa Parade in Media. The parade will travel through the neighborhoods of Media so spectators can stay at home and safely distanced. Santa comes through town bringing entertainment and other surprises, and elves will collect for Media Food bank along the way. Please contribute non-perishable food donations packed in a bag. 4 pm. Visit SantaParade.Media.



DECEMBER 4
Annual Tree Lighting and Santa Arrival in Wayne. Holiday fun for the family! Gather along N. Wayne Ave. to light the tree and welcome Santa on his fire truck at Wayne train station. 6:30 to 8. WayneChristmas.com.

HOLIDAY HAPPENINGS.....

NOVEMBER 19–JANUARY 3
Delaware Hospice Festival of Trees—A Virtual Event in 2020. Beautifully decorated trees and wreaths and a variety of events, a festival marketplace, live entertainment and activities help make the weekend truly special. Visit website for details closer to event. 302-235-6000; DelawareHospice.org.



NOVEMBER 20–21
Home for the Holiday Greens Sale at Chester County History Center. Start your decorating early and come out to the History Center for handmade wreaths, centerpieces, topiaries and swags made from freshly cut greens. On the terrace, 225 N. High St., West Chester. 9 to 4. 610-692-4800; ChesterCoHistorical.org.

NOVEMBER 28
The Holiday Stroll in Centreville, DE. Enjoy carolers, Santa, vendors and shop specials. The Shops of Centreville will be again using the Centreville Passports, where shoppers get their passports signed at each shop and then are entered into a drawing for a \$200 gift card to use at any shop of their choice. CentrevilleDe.info/Marketplace.



DECEMBER 5–6, 12–13
Holiday Village Market in Kennett Square. Historic Kennett Square and The Creamery are planning to hold a safely distanced version of the Holiday Village Market this year. Fun for the whole family from 11 am to 5 pm. Visit the website for full details as they become available. HistoricKennettSquare.com.

DECEMBER 5
Phoenixville Candlelight Holiday Tour is Online. Mark your calendar for this year's Annual Holiday House Tour. Once again the tour features gorgeous homes decorated for the holidays, complete with Christmas trees, lights and other classic elements. The tour is a once-a-year opportunity to see inside some of Phoenixville's unique historic houses and modern-day homes. Visit their website from 3 to 7 and enjoy for free. PhxHolidayTour.weebly.com.



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DECEMBER 5
56th Annual Christmas in Odessa. Enjoy a self-guided tour to see festively decorated homes and learn about the historical town. Fresh greens will be on sale. End the day at a tree lighting at the Old Academy Building, 315 Main St., Odessa, DE. Noon to 5. \$10–\$50. 302-593-4953; ChristmasInOdessa.eventbrite.com.

DECEMBER 5–12
West Chester Public Library's Holiday Door Tour. The tour includes front doors and porches decorated for the holidays. With your donation you'll receive a booklet with a tour map, a list of scavenger hunt items to look for and an entry in the Holiday Raffle Drawing to take place on Dec. 12. 610-696-1721; WCPublicLibrary.org.



DECEMBER 9
Luminaria Shopping Night in Downtown Phoenixville. Over 1000 luminaries will line the downtown streets during this second annual event. 5 to 9 pm. PhoenixvilleChamber.org.



ART, CRAFT & ANTIQUES.....
THROUGH NOVEMBER 6
"CELEBRATE! Art Ability" Online Exhibit at The Art Trust Gallery. In partnership with Main Line Health System, the exhibit highlights contemporary art from their "Art Ability" collection. TheArtTrust.org.

NOVEMBER 7–JANUARY 31
Bryn Mawr Rehab Hospital 25th Anniversary Art Ability Exhibit & Sale. Artists from around the world with physical and cognitive, disabilities submit their work to this juried exhibition and sale. **Nov. 7,** Preview Reception, Dinner & Auction, a livestream virtual kick-off party, 6 to 8 pm, register online. 414 Paoli Pk., Malvern. 484-596-5710; MainLineHealth.org/ArtAbility.

DECEMBER 4–12
Community Arts Center's Holiday Sale of Fine Craft & Pottery. Featuring handmade work by members of the Potters Guild and other local vendors. Holiday Sale open weekdays, noon to 7; Sat, 10 to 5; Sun, noon to 5. 414 Plush Mill Rd., Wallingford. Limit of 50 shoppers at a time. Masks required for entry. Pre-registration for a shopping time slot is recommended. 610-566-1713; CACHolidaySale.org.

BOOKS.....
NOVEMBER 5, 18–19
Wellington Square Bookshop. Nov. 5, Non-Fiction Book Club: "The Great Pretender: The Undercover Mission That Changed Our Understanding of Madness" by Susannah Cahalan. **Nov. 18–19,** Fiction Book Club: "The World We Knew" by Alice Hoffman. Wed–

Local Farm Markets

Artisan Exchange, 208 Carter Dr. Unit 13 B, West Chester. Sat, 10 to 1. Order online for delivery or pickup. ArtisanExchange.net.

Bryn Mawr Farmers Market, Lancaster Ave. Bryn Mawr train station lot. Sat, 9 to 1. Face masks req. Noon to 1 for high risk customers. FarmToCityMarkets.com/Markets/Bryn-Mawr.

Devon Yard Farmers Market 138 Lancaster Ave. Nov. 23, Thanksgiving Pop-Up, noon to 3. 610-836-1391; GrowingRootsPartners.com.

Downingtown Farmers Market, Log Cabin Field, Kerr Park, Pennsylvania Ave. Sat, 9 to 11. Pre-order by Fri, 10 am. Email confirmation. 610-836-1391; GrowingRoots-Partners.com.

Eagleview Farmers Market, Eagleview Town Crt., Wellington Sq., Exton. Thurs, 11 to 1. Nov. 24, Thanksgiving Pop-Up, noon to 3. 610-836-1391; GrowingRoots-Partners.com.

Kennett Square Farmers Market, The Creamery, 401 Birch St. Fri, 3 to 6. Some vendors pre-order only. Seniors/high-risk, 3 to 3:30. 610-444-8188; HistoricKennettSquare.com.

Lancaster County Farmers Market, 389 W. Lancaster Ave., Wayne. Wed, Fri & Sat, 6 to 4. Check Facebook to phone for pickup. 610-688-9856; LancasterCountyFarmersMarket.com.

Malvern Farmers Market, Warren Ave. & Roberts Rd. Sat, 1 to 3. Pre-order by Fri, 10 am. Email confirmation. 610-836-1391; GrowingRootsPartners.com.

Phoenixville Farmers Market, 200 Mill St. Sat, 9:30 to noon; seniors, 9–9:30. Curbside pickup, if req. by Fri, noon. PhoenixvilleFarmersMarket.org.

Swarthmore Farmers Market, 121 Park Ave. Sat, 10 to noon. Pre-order, prepay, pickup only. Some vendors offer home delivery. 215-733-9599; SwarthmoreFarmersMarket.org.

West Chester Growers Market, Chestnut & Church Sts. Sat, 9 to 1. Can pre-order. Contactless payment encouraged. Some vendors pre-package. 610-436-9010; WestChesterGrowersMarket.com.

Westtown Amish Market, 1165 Wilmington Pk., West Chester. Thur, 9 to 6; Fri, 9 to 7:30; Sat, 8 to 4. 610-492-5700; WestChesterAmishMarket.com.

Wolff's Apple House, 81 S. Pennell Rd., Media. Daily 9 to 5; 8 am to 9 am for seniors. Curbside pickup available for grocery items. 610-566-1680; WolffsAppleHouse.com.

Thurs, 2 to 4; Thurs, 7 to 9. 549 Wellington Sq. Exton. 610-458-1144; WellingtonSquare-Books.com.

EQUESTRIAN.....

NOVEMBER 1
86th Running of the Pennsylvania Hunt Cup. See November Picks.

FILM.....

NOVEMBER 6–8
Red Rose Film Festival. This year, the festival is on a digital, streaming platform. The festival is dedicated to the growth and enrichment of the Central Pennsylvania film community. Visit website for more info. 717-356-0070; RedRose-FilmFestival.com.

NOVEMBER 10–15
23rd Annual FirstGlance Film Festival. See November Picks.

FOOD & BREWS.....

NOVEMBER 13
Chef's Table: Five Course Dinner with Wine Pairings. Exclusive dinner at the Brandywine River Museum of Art's Millstone Café featuring the museum's own Executive Chef Liz Semper-vive. Masks required inside the museum except when guests are seated at their table. Tables and seating are spaced to ensure social distancing. 6 to 9. \$175. 610-388-2700; Brandywine.org.

FUNDRAISERS.....

ONGOING
Tredyffrin Historic Preservation Trust Presents "As History Goes On." A non-event fundraiser, critical to meet final construction costs of the Jones Log Barn and programming needs of the Living History Center. To donate, call 610-644-6759 or visit their website, TredyffrinHistory.org.



NOVEMBER 5
Notable Kitchen Tour and Chef's Tastings. This year the committee has compiled instructional and informational videos for you to explore new ideas in kitchen design, flower arranging, table settings, and food preparation and presentation. And, you can listen to musical interludes

performed by Philadelphia Orchestra musicians at your leisure throughout the coming year on their website. Benefits The Philadelphia Orchestra. NotableKitchens.com.



NOVEMBER 5
The 17th Annual "Wine, Wit & Wisdom" Will be held at Reads & Company. Featured guest is *New York Times* bestselling author Brit Bennett, "The Vanishing Half." You'll receive a Gala Box to enjoy at home while watching a live interview with Bennett. Plus a virtual silent auction. Benefits Phoenixville Public Library. 7:15 pm. Visit PhoenixvilleLibrary.org/Wine-Wit-Wisdom.



NOVEMBER 13
Amigos de La Comunidad Hispanica Virtual Fundraiser. Guests receive a swag bag for a festive evening that includes an update on LCHs work in the community during COVID. 7 to 8 pm. \$50. This is an online event via Zoom. Log-in information will be sent by email when you register. LaComunidadHispana.org/Event-Amigos.

NOVEMBER 21
Phoenixville Chamber of Commerce 2020 Virtual Charity Gala. The annual gala benefits the nonprofit community and includes a silent auction. 5 pm. Visit website or call to register. 610-933-3070; PhoenixvilleChamber.org.

DECEMBER 3
The Ministry of Caring Virtual Fundraiser "Count Me In." An online event hosted by Pat Ciarrocchi and Mark Reardon, featuring stories of community members who have benefitted from ministry programs, an auction, entertainment and virtual visits to Ministry program

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DECEMBER 3-9

Women's Committee of Children's Hospital of Philadelphia Online Holiday Boutique. Exclusive vendors from around the world display exquisite clothing, artisan jewelry, distinctive home goods, festive holiday treasures and more. Benefits CHOP's COVID-19 response efforts. 267-426-6498; HolidayBoutique.Chop.edu.

DECEMBER 5

West Chester Charity Ball. Pick up an elegant box of Charity Ball essentials at the West Chester Golf & Country Club, 111 W. Ashbridge St., West Chester, on the day of the event and return home to enjoy an evening of digitally delivered entertainment. Benefits Friends Association, providing shelter and prevention programs to families in Chester County experiencing or at risk of homelessness. For tickets, 610-431-3598; FriendsAssoc.org.



GARDENS.....

THROUGH NOVEMBER

Mt. Cuba Center. Experience the season in the Brandywine Valley and connect with nature. There are shaded walking paths, a vibrant meadow, ponds and stately formal gardens. 3120 Barley Mill Rd., Hockessin. Check website for guidelines. 302- 239-4244; MtCubaCenter.org.

THROUGH DECEMBER

Passport to America's Garden Capital. The America's Garden Capital Passport is an exclusive guide to exploring the region's public gardens. The Passport provides information and must-visit experiences at each garden and is available at each site while supplies last. Check websites for hours of operation. Download the online PDF passport. AmericasGardenCapital.org.

THROUGH JANUARY 10

Longwood Gardens. *Through Nov. 15,* Autumn's Colors and The Chrysanthemum Festival. *Nov. 20-Jan. 10,* A Longwood Christmas—the tradition continues in the conservatory and outdoors with lights, the Garden Railway, fire pits

and more. Visit their website for tickets and details. 1001 Longwood Rd., Kennett Square. Mon, Wed, Thurs, Sun 10 to 6; and Fri-Sat, 10 to 10. 610-388-1000; LongwoodGardens.org.



MUSEUMS.....

THROUGH NOVEMBER

Wharton Esherick Museum. The museum is again open for tours, celebrating and preserving the legacy of American artist Wharton Esherick, who created furniture, furnishings, utensils, interiors, buildings and more. 1520 Horseshoe Trail, Malvern. Advance reservations. \$8-\$15. 610-644-5822; WhartonEsherickMuseum.org.



THROUGH JANUARY 5, 2021

Winterthur Museum, Garden & Library. "Winterthur's Lady of the House, Ruth Wales du Pont" and "Re-Vision 20/20: Through a Woman's Lens." 5105 Kennett Pk., Winterthur. Tues-Sun, 10 to 5. \$15-\$30. 302-888-4600; Winterthur.org.

THROUGH JANUARY 10, 2021

Brandywine River Museum of Art. *Through Jan. 10,* Betsy James Wyeth: A Tribute. Nov. 16-17, Virtual Gallery Talk with Victoria Browning Wyeth, program on Zoom, 7 to 8, \$25. 1 Hoffman's Mill Rd., Chadds Ford. Wed-Mon, 10 to 4. \$6-\$18. 610-388-2700; Brandywine.org.

THROUGH JANUARY 17, 2021

Delaware Art Museum. *Through Nov. 1,* "Black Survival Guide, or How to Live Through a Police Riot." *Through Jan. 17,* "Layered Abstraction: Helen Mason and Margo Allman." 2301 Kentmere Pkwy., Wilmington. Wed, 10 to 4; Thurs, 10 to 8; Fri-Sun, 10 to 4. \$6-\$12, Sun, free. 302-571-9590; DelArt.org.

MUSIC & ENTERTAINMENT.....

THROUGH DECEMBER 13

The Chamber Orchestra of Philadelphia's Musical JewelBox. Find performances and conversations with extraordinary guests, composers, conductors and musicians live-streamed on the orchestra's YouTube channel. *Nov. 8,* Francisco Fullana; *Dec. 6,* Writing for Film with Dirk; *Dec. 13,* Holiday Party. YouTube.com/User/ChamberOrchOfPhila.

NOVEMBER 7-8, DECEMBER 4, 6, 18, 20
DECEMBER 11-13

Vox Amadeus Concerts. Live 60-minute concerts following protection protocols with physical distancing in venues large enough to safely hold a small audience. *Nov. 7-8,* Camerata Ama Deus-Vivaldissimol; *Dec. 4, 6, 18, 20,* Ama Deus Ensemble-Handel *Messiah* Highlights; *Dec. 11-13,* Vox Renaissance Consort-Renaissance Noël. VoxAmadeus.org/Concerts.

OUTDOOR ACTIVITIES.....

NOVEMBER 21-28

Phoenixville's Burn Off the Bird. A family tradition that is virtual this year and can be completed anywhere at any time. Bring out family and friends for a virtual 5K Race, Children's Fun Run, or, if not a runner, a 0.0 Miler with your donation. Benefits the Phoenixville Jaycees Foundation. PhoenixvilleJaycees.org.

THEATER.....

THROUGH DECEMBER

Coming to People's Light. People's Light will offer filmed plays along with a digitally streamed holiday concert featuring traditional music and original songs from their in-progress adaptation of *A Christmas Carol*. People's Light, 39 Conestoga Rd., Malvern. Check website for details. 610-644-3500; PeoplesLight.org.

THROUGH JANUARY 2

The GÜT Life at Bird-in-Hand Stage—Christmas with the Yoders & Nick! A new Yuletide comedy that will both entertain and inspire you. It's a lighthearted look at a collision of traditions and clash of cultures, interspersed with sweet musical moments, tales of lost love and an important lesson about the real meaning of Christmas. 2760 Old Philadelphia Pk., Bird-in-Hand. Call or visit wesite for tickets 717-768-1568; BirdInHand.com.



TOWNS, TALKS & TOURS.....

ONGOING

LancasterHistory Launches Access to Online Collections Database. Search all of LancasterHistory's historic collections using one search tool available through the website as well as the James Buchanan Presidential Library, which provides online access to the papers of 15th US President, James Buchanan, and his family. Collections.LancasterHistory.org.

THROUGH NOVEMBER

Open Air Market in West Chester. The Gay Street Open Air Market will be a place where visitors to the borough can shop and eat while maintaining proper social distance. Closed between Matlack to Darlington Sts. Visit DowntownWestChester.com for details.

NOVEMBER 19

The General Warren Hosts Holiday Arts Evening With Artist Adrian Martinez and Author Bruce E. Mowday. Interact with Martinez and Mowday and ask questions about their projects and creations. Dinners and refreshments available for purchase before or after your visit with the artist and author. 9 Old Lancaster Rd., Malvern. 4 to 9. For reservations, 610-296-3637 or GeneralWarren.com.

NOVEMBER 19

Chester County Historic Preservation Network Virtual Heritage Series "Live at Five." Enjoy the rich heritage of Chester County from the comfort of your own home. On the tour, People's Hall of Ercildoun Webinar. For tickets and information, Eventbrite.com/o/Chester-County-Historic-Preservation-Network-30518278952.

DECEMBER 3-12

Lancaster County's 12 Shops of Christmas Tour. A unique shopping adventure featuring 12 off-the-beaten-path shops, two cafes and a winery. Enjoy holiday decorations, unusual gift ideas, coupons, door prizes, games, gifts, refreshments and Christmas spirit. For tickets and tour booklet, phone 717-721-9409 or visit website BestKeptSecretsTour.com. ♦

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Rare and Endangered Plants

to Add to Your Home Landscape

Heather Titanich, Hamilton Fellow at Jenkins Arboretum & Gardens

HOME GARDENERS CAN HELP PROTECT OUR AREA'S ENDANGERED PLANTS, ONE POT AT A TIME.

THE PHRASE “ENDANGERED SPECIES” OFTEN comes with images of Giant Pandas, Bengal Tigers or Loggerhead Sea Turtles, and the scientists and advocates who work to protect them. With so much attention given to these large, lovable animal species, we often overlook the threatened plant species in our own communities, and the easy steps we can take to protect them in our own gardens.

Pennsylvania may not be home to any pandas, but our state is home to many unique native plants, some of which are at risk of extinction. There are thousands of unique plants that are an integral

part of our region's biodiversity and beauty. These plants support local insects and wildlife, while creating dynamic landscapes that are constantly inspiring. Sadly, human disturbance of their habitat, competition from aggressive non-native plants, and shifts in climate have left some populations of Pennsylvania's plant species in serious danger.

WHAT TO DO?

Luckily, you don't need to be a scientist or have special training to help protect these endangered plants. All you need to join the

movement to help protect our rare plants is an interest in gardening and some space to add a few plants to your garden.

Many of these threatened plants are wonderful in a home landscape and can be found for sale at nurseries specializing in native plants. Adding some of these species to your home garden will help protect the ecological diversity of our region, increase the aesthetic appeal of your landscape, and give you a sense of pride as you play a role in saving threatened species.

Before considering which plants you may want to add to your garden, there are a few terms to understand.

There are three categories that describe our diminishing populations of native species of plants. If a plant is classified as **endangered**, the species is in danger of extinction throughout most or all of its native range. Being classified as **rare** means the species is uncommon due to its restricted habitat or low population in a region. An **extirpated** species is one that hasn't been seen in recent years and is considered locally extinct.

WILDFLOWERS, A VINE AND A CACTUS!

From vines to perennials to wildflowers and cacti, here are some native plants that will add a special dimension to your garden. For patio or balcony gardeners, many of these plants would also thrive in pots or other containers.

Found as far south as the state of Mississippi, **Vasevine** (*Clematis viorna*) is a Pennsylvania endangered species found growing primarily in wooded streambanks. It grows as a vine and will elegantly climb trellises, fences and trees in your yard. In spring and summer, this plant features bell-shaped, pink and purple flowers that attract hummingbirds and bees to your garden. The flowers mature to unique, feathery seed heads, providing visual interest during several seasons.

The perennial **Barbara's Buttons** (*Marshallia grandiflora*) blooms in June and July, sending up a flowering stalk that holds the cluster of tubular, pink-purple flowers that attract pollinators. This plant will tolerate shade, but does best in sunny, wet environments and is typically found growing along wooded streambanks from Pennsylvania to Tennessee. This species is endangered, with small populations scattered throughout its native range.

Prairie Coneflower (*Ratibida pinnata*) is a wildflower found in prairies in the eastern and

Flower of Barbara's Buttons (*Marshallia grandiflora*)



central parts of the United States. It can grow to be five feet tall, with golden petals drooping down from a dark central cone. Its late season, long blooming period allows this coneflower to support many bees, butterflies and birds. Although it's not endangered globally, this species is extirpated in Pennsylvania.

A hardy cactus that can thrive even in temperate climates, **Prickly Pear Cactus** (*Opuntia humifusa*) prefers sunny, dry conditions and does best in rocky soil. It blooms in early summer, with a cheerful yellow flower above its spiny pads. The pollen attracts bees and, once fertilized, the flowers will mature to bear red fruits. Prickly Pear Cactus is endangered in parts of its range and is rare in Pennsylvania.

TREES AND SHRUBS

For gardeners looking to add height and structure to their landscape while helping to protect a species in danger, consider planting these trees and shrubs.

Flame Azalea (*Rhododendron calendulaceum*) is a deciduous shrub found growing in partly shaded, well-drained soils along the Appalachian Mountains. In spring, this azalea is decorated with upright yellow flower buds that resemble candle flames, providing its name. When the buds open, this azalea is set ablaze with orange-red flowers that attract butterflies. Flame Azalea is endangered in parts of its range and extirpated in Pennsylvania.

Providing multiple seasons of interest, **Possumhaw Viburnum** (*Viburnum nudum*) is a multi-stemmed, upright shrub, typically growing up to 12 feet tall. It has white lacy clusters of blooms in May and June, followed by pink fruits that deepen to blue or even a dark purple-black as they ripen, followed by vibrant fall foliage. This viburnum can be found in low-lying marshy areas from Connecticut south to Florida and is classified as endangered in Pennsylvania.

No garden is complete without a magnolia, and **Sweetbay Magnolia** (*Magnolia virginiana*) is one of the most graceful magnolias available. Growing up to 30 feet tall, Sweetbay Magnolia is prized for its creamy-white, lemon-scented flowers that appear from June through September, followed by red seeds that attract a variety of wildlife. This multi-stemmed, semi-evergreen tree is tolerant of both drought and floods and will grow in part shade to full sun. Even though this magnolia is beautiful and easy to grow, it's classified as a threatened plant in Pennsylvania.

Every garden bed or container is an opportunity to showcase native plants and help increase the biodiversity of our region. Incorporating plants that are rare and endangered in your landscape is an easy way to create stepping stones of habitat while adding unique colors and textures to your garden.

Even small plots of land or container gardens can support various species and bring lots of life to your home. ♦

Jenkins Arboretum & Gardens is a 48-acre public garden showcasing native flora of the eastern U.S. and a world-class collection of rhododendron and azaleas. The gardens are free of admission and open every day of the year. 631 Berwyn Baptist Rd., Devon. JenkinsArboretum.org.

Heather Titanich is a Hamilton Educational Fellow at Jenkins Arboretum & Gardens, participating in a two-year program that provides training for the next generation of leaders in public horticulture.

Prairie Coneflower (*Ratibida pinnata*)



Prickly Pear Cactus (*Opuntia humifusa*)



Orange blooms of the Flame Azalea (*Rhododendron calendulaceum*)



Sweetbay Magnolia (*Magnolia virginiana*)



Longwood Rotary at their Warm Soles service event.

Local Heroes: Chester County Rotary Clubs

Madison Meinel

WITH A LONG HISTORY OF SERVICE, ROTARY CLUBS CONTINUE TO BE A BRIGHT LIGHT IN UNCERTAIN TIMES.

EVEN IN THESE POLARIZED TIMES, WE CAN AGREE that it's more important than ever to give back to those in our communities who are struggling. Fortunately our area has a rich tradition of service organizations that help in a broad range of ways—from medical, to food, to education and many other social services.

For our November Local Hero, we chose to highlight the work of a collection of organizations—the Chester County Rotary Clubs and their mission to provide aid to those in need.

WHAT IS ROTARY?

Founded in 1905, Rotary Club has expanded across the world as a global network of 1.2 million members working in over 35,000 individual clubs to create lasting change not only in their own communities but worldwide.

Members share the responsibility of tackling some of the world's most pressing issues, including promoting peace, providing clean water, supporting education, growing local economies, and the very timely issue of fighting disease. These causes hit close to home with our local Rotary Clubs, especially helping our community through the difficult times caused by the pandemic.

According to the Rotary International website, members are already supporting efforts to “promote proper handwashing, teach people ways to stay healthy and supply vital medical equipment to healthcare providers” on the front lines. These efforts have become even more critical as life in the pandemic continues.

We checked in with several local Rotary Clubs to find out more about the service projects they've been involved with in Chester County and beyond.

HELPING THE COMMUNITY

Things look a lot different for all of us, and local Rotary Clubs are no exception. Many club traditions have now been adapted to fit pandemic living, including regular club meetings now on Zoom (with recorded streams for members with schedule conflicts) along with BYOB Zoom Happy Hours in place of in-person social events and get-togethers. Fundraisers, a key activity, are also changed.

Yet, one thing has remained consistent, and that's the Rotary's service to the community.

Our local Rotary Clubs have had to get creative with the many ways they provide service so members can give back but still stay safe. Connor Smith, President of the Thorndale/Downingtown Rotary said their club decided to hold a Virtual Bingo fundraiser, after their big Mac & Cheese Cookoff was cancelled. This annual fundraiser is designed to help support several groups, like the Brandywine YMCA, so a new format was key.

The Longwood Club decided to use their Rotary Foundation funds to focus on COVID-19-related needs in the community. “It's really important to have a focus,” says President Vicki Gehrt. This sparked the idea of initiating a community assessment to hear directly from people in the area to better determine specific needs and



West Chester Rotary International Project: Providing Clean Water (Pre-COVID)

how best to help. Rotary Foundation funds have also helped organizations like The Maternal and Child Health Consortium with parent training programs along with Good Neighbor and Habitat for Humanity with housing needs in the community.

Luckily some projects were able to continue with slight modifications like wearing masks, social distancing and sanitizing. The Longwood Rotary was able to hold their annual book bag with supplies drive making sure kids have the supplies they need to succeed even though most learning is still virtual.

Other Rotary Clubs have developed pandemic-era projects to address food security. The Wayne Rotary is working with the Wayne Food Pantry, Wayne Senior Center and Mercy Hospice to help feed the hungry. Club President, John Douglas, points out that these groups will continue to need support even after the pandemic subsides.

The Thorndale/Downingtown Rotary has also focused on helping with food insecurity by working with the Honeybrook Food Bank on programs helping mothers and infants and supplying low-income families with lunches for their children during virtual learning.

In addition to helping locally, The West Chester Rotary (marking their 100th anniversary of service in May 2021) has used this time to give back internationally. Club President, Michelle Venema, shared details of their international projects like bringing easy-to-use water pumps to the people of Senegal, sponsoring a college student in Belize, and sending books to children in St. Lucia. These projects are a joint effort with many local Rotary Clubs working together to make a difference in the lives of people around the world. Venema says, “Service will always be needed, and Rotarians live to serve, not only our community but the world every day.”

We at *County Lines* learned about Rotary’s international projects through our writer Carol Metzker. A recipient of Rotary International’s Service Above Self Award (and our 2016 Local Hero), Carol’s life was changed on a 2004 Rotary trip to India to immunize kids against polio, when she met an 11-year-old girl rescued from slavery. That encounter set her on a path to learn about and fight against human trafficking, around the world and in our own backyard in Chester County. She’s spoken before groups worldwide about this issue



Safety precautions at the Longwood Rotary Book Bag Supplies Drive



Carol Metzker speaking at Toronto Rotary on Sex Trafficking Must Stop

as well as debt bondage slavery, and written two powerful books, *Facing the Dragon* and *A Shield Against the Monster*.

PLANS FOR THE FUTURE

Plans for future events—service projects as well as fundraisers—are still evolving. But like the rest of us, Rotary Clubs are getting used to adapting to the current normal.

The Wayne Rotary currently has plans to collect holiday gifts for CASA Youth Advocates, a child welfare organization serving at-risk youth. Downingtown and Thorndale Rotary hopes to hold another virtual bingo fundraiser, and the Longwood Rotary has a secret project in the works—so stay tuned!

“One thing we do after every meeting is remind ourselves that we are a service organization; we have a purpose,” says Gehrt. And that purpose will always be needed in the community.





T/D Rotary making a donation to the YMCA Food Donation Efforts

HOW TO GET INVOLVED

If you’re interested in joining a Rotary Club, members suggest sitting in on a meeting as a guest to experience what Rotary is all about. Contact your local Rotary Club by visiting their website or Facebook page for more information on membership and meeting schedules. New members are welcome!

Our community will always have the helping hand of our local Rotary Clubs, even during these uncertain times, and that is why we honor them as this year’s Local Heroes. ♦





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Shopping in Kennett Square



Buy Local or ... Bye-Bye Local

Olivia Smith

Support our local businesses this season if you want to see them next year.

THIS' THE SEASON FOR HOPE, FAMILY, holiday cheer and, of course, some shopping. Everywhere you look, every channel you watch, there's a catchy holiday jingle wrapped in sparkling discounts for holiday presents.

But, where does a shopper begin? Let's start small—and shop small.

Rather than worrying about social distancing in crowds at big-box stores or waiting for that lost online package to arrive, check off your Secret Santa Wish List at independently owned shops on your local Main Street. Buying local improves your Yuletide experience on so many levels. This year spend time in calming, festive stores offering unique products reflecting our community.

Not only will buying local help your seasonal shopping mood, but it also boosts the local economy. Around \$68 of every \$100 spent at small shops is reinvested back into the local economy through wages, taxes, donations and more. By spending at local shops you're creating jobs for your neighbors, helping the environment by decreasing online shipping boxes, and reinvesting your tax dollars back into where you live, work and play!

Wouldn't your rather see your holiday dollars go toward local schools, not a billionaire's bottom line?

If that's not enough, COVID-19 should inspire us to make a new commitment to support our community. After all, it's buy local or say bye-bye to too many local businesses. Because of the pandemic, it's estimated that around 45% of small businesses that we love—including 25% of the local restaurants—may not survive.

You can also be mindful about your gift choices. Small shops encourage giving the gift that always fits—gift cards! This perfect stocking stuffer gives local businesses immediate revenue.

What to do? To help sustain our small shops, area towns are supporting Small Business Saturday on November 28th—a day dedicated to shopping at small business and helping our communities thrive.

You can also be mindful about your gift choices. Small shops encourage giving the gift that always fits—gift cards! This perfect stocking stuffer gives local businesses immediate revenue—helping restaurants in winter when outdoor dining is limited and providing a cash infusion for retail shops.

The pandemic also limits traditional holiday events that draw people to downtown shopping. West Chester Business Improvement District's new Executive Director, John O'Brien, acknowledges that the town's holiday traditions are limited this year. "That's why we're focusing on creating holiday ambiance—decorated storefronts, pine rope and red bows, bedecked old-fashioned lamp posts—that will make shoppers and diners want to visit and walk our streets to get into the holiday spirit," says O'Brien.

To share the spirit, take a holiday stroll down Gay Street for a one-stop-shopping experience with 65 festively decorated, local stores offering something for every person on your list, including yourself.

West Chester isn't the only town doing holiday prepping. Lit up in a festival of lights, Media's main street, State Street, beckons holiday strollers and shoppers. As America's first Fair Trade town, Media has always loved local and supported family-owned shops, like third-generation Bevan's Candy Shop. And for a shopping break, rest your feet during a horse-drawn carriage ride down State Street.

In the glow of a thousand luminarias on Bridge Street, Phoenixville also wants to make buying local fun and festive. Owner



Shopping small initiative in West Chester



Gail Warner of Bridge Street Chocolates



Lights on Media's Main Street

of Bridge Street Chocolates, Gail Warner urges shoppers to enjoy the vibe on their holiday stroll and to stop at small shops. "We need your support more than ever. If you love a thriving downtown community, then you need to continue to support the businesses there," says Warner.

Kennett Square also wishes for more community spirit to keep businesses strong. Executive Director of Historic Kennett Square, Bo Wright says, "Small businesses are the heart of the Kennett community and are essential to our local economy. They provide jobs, vibrancy and a sense of place. We need thriving shops and restaurants in order to have a thriving Kennett ecosystem."

To help encourage shoppers, Kennett's unique local shops will be decked out in lights, ribbons and wreaths, along with the traditional towering Christmas tree in the center of town.

With Black Friday and Small Business Saturday coming soon, let's all vow to keep the businesses in our towns strong by buying local this year so we can say hello to them in 2021. ♦



Mostardi Nursery, Newtown Square

Mini Poinsettias
Liven up your gift list with
holiday greenery from
local plant experts

See ad on page 25



Dubarry of Ireland

Tweed Poncho
Classic European outdoor
footwear and apparel for
men and women.

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and Greenville, DE. See
Dubarry.com for details

See ad on page 11



Adorn Goods, Wilmington

Wingfield Digby London
Wingfield Digby real
feather photo frames,
placemats, coasters,
matchbox holders.
Luxury products,
made by hand,
inspired by nature.

See ad on page 63



Walter J. Cook Jeweler, Paoli

Holiday Sparkle
Moon Phase Convertible
Earrings by Gumuchain
18k Yellow Gold and Diamonds

See ad on page 12

Holiday Gift Guide

Get started early on your holiday
shopping. Shop local for unique gifts for
everyone on your list—including yourself!
We recommend some perfect picks.

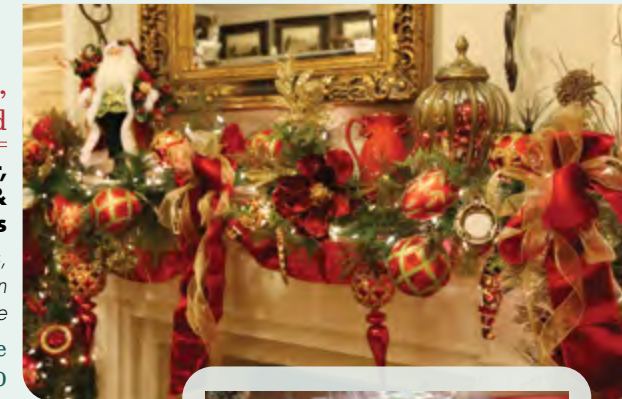
Heritage Design, New Holland

**Holiday Décor,
Floral Designs &
Wreaths/Swags**

Decorate your trees,
staircase and mantels in
the theme of your choice

Holiday Open House
November 5-15, 2020

See ad on page 18



Christopher Chocolates, Newtown Square

Holiday Chocolates
Chocolates will love this shop!
From Chocolate Assortments
to Gourmet Gift Baskets
overflowing with decadent
treats! Gift one...Keep one!

Small Business Saturday
Nov 28th. Samples
and Specials Galore!

See ad on page 64



Matlack Florist, West Chester

Roses & Birch
Gift a fresh arrangement to
someone special on your list

See ad on page 63



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65
Retail Shops



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downtownwestchester.com





1.

The Bounty of Southern Chester County

Matt Freeman

SHOPPING FOR THANKSGIVING DINNER OR GETTING A HEAD START ON YOUR HOLIDAY GIFT LIST, HEAD SOUTH.

OVER A DECADE AGO, A WELL-KNOWN Philly-based food critic journeyed all the way out to Kennett Square to visit newly opened Talula's Table and declared that the upscale food market and its quickly famous farmhouse dinners could "turn even the most far-flung agricultural hamlet into a must-stop destination."

He was right, especially, about Talula's Table, which locals and visitors alike were quick to embrace. But then and now, Talula's was not the only game in town. And even if meant jokingly, "agricultural hamlet" doesn't quite do Kennett justice or describe the food and shopping options offered in the region.

So, as the Thanksgiving season approaches, let's take a closer look at how to enhance your holiday dinner and early shopping with a visit or two to this section of the Brandywine Valley.

PLANS ARE EVOLVING

First, there's clearly no problem with this area being some kind of food desert where people have to churn their own butter or are hard pressed to find a variety of fresh, healthy food for lack of available markets. The problem is COVID-19.

But until those issues are resolved, local businesses have adapted and coped like everyone else. Kennett Square restaurants were quick to offer take-out options and then distanced indoor dining when that became possible. In addition, the borough closed part of State Street in the business district, Thursdays through Sundays, for more open-air dining space.

Historic Kennett Square's new executive director, Bo Wright, arrived in the area not long before the pandemic did and has focused on helping promote borough businesses. He said recently

that plans for the colder months were still evolving based on the weather and what will be feasible.

Kennett's street closings will end at some point, but Historic Kennett Square is looking into outdoor heaters to extend al fresco dining where possible. That includes a four-table "parklet," like a deck, that sits in the parking area outside Lily Asian Cuisine and will stay for at least three weeks in November.

Also, Wright says the downtown and Longwood Gardens are working on a collaboration during the holidays. Given the need for distancing, Longwood's restaurant won't be able to handle the throngs of people who visit to see the annual holiday displays there, so hungry diners will head to Kennett.

Long story short, things are happening, so keep checking for the latest developments.

So grab a mask and let's go shopping and make the start of the holiday season an unusual but really good one.

THANKSGIVING BLITZ SHOPPING

A first stop is at the [Country Butcher Fine Food Market](#), a local institution on Cypress Street at the eastern end the hamlet since 1982. They can hook you up with a heritage turkey for your Thanksgiving table, if you need one. Check their regular and exotic meats and fish, plus a wide variety of cheeses, breads, all the spices you'd need and really everything else. Around the corner is the [Produce Place](#) with lots of fresh vegetables and fruits.

Boom—if you want to be, you're done. Though we suggest you plan your shopping to take advantage of the Friday afternoon [Kennett Square Farmer's Market](#), covered later.



2.



3.



4.

1. Barnyard's Orchard 2. Country Butcher 3. Square Pear Gallery 4. Kennett Brewing Company



1.



2.



3.

LEISURELY SHOPPING

But that's not the kind of shoppers we are, is it? So cold blooded and efficient?

Let's make an excursion of it and work our way west through the business district. That's mostly on State Street, the next block over from the Country Butcher.

Why not start with a stop at the **Square Pear Gallery**, to nourish the soul with some art. Across the street is **KSI Crafts**, a high-end beer store in the lower level of the Kennett Square Inn, and more beer a bit south on Broad Street at the **Kennett Brewing Company**.

For civilized sipping, there's **Mrs. Robinson's Tea Shop**, and then head across the street for some Italian at **La Verona**, mushroom-centric options at **Portabellos** or "refined American" at **Verberna BYOB**. Back across the street again is **Byrsa Bistro**, back in Kennett at a new location but still offering a fusion of Western Mediterranean cuisines.

Talula's Table is next, beyond the Union and State Street intersection. Lots of local and exotic cheese here along with other gourmet foods—salads, soups and stews, entrees, coffee and chocolate, plus a drool-worthy selection of pastries and baked good. Pretty much everything, frankly, and like many local food merchants, they've adapted to our interesting times with dinner-to-go menus.

Lily Asian Cuisine (more fusion) and **Grain Gastropub** are steps away. Need a break? You've got **Philter** to sit down with a handcrafted coffee or tea.

And farther on down State Street, find **Nomadic Pies** (the name comes from their start in a food truck), serving up every kind of dessert and main course pies. There's more food yet at **The Market at Liberty Place**, a kind of mini-Reading Terminal crossed with a food court.

For something to wash it all down, head south of downtown to Birch Street to stop in at **Braeloch Brewing** or **The Creamery**, a popular spot to gather, eat and drink for a while now. The Creamery also currently hosts the **Kennett Square Farmers Market**, the new-ish location for local produce, flowers for your table and more, including Malvern-based Canter Hill Farm, which offers high-end meats including heritage turkeys. (Don't dawdle if this interests you. They sell out every year.)

If you sampled even half those places—wow!

LOOP TWO—EARLY GIFT SHOPPING

Best to make a separate loop if you're on a mission to start shopping local for holiday gifts. Again, most shops line both sides of State Street for easy strolling.

On the east end, you'll find **Green Eyed Lady** has women's clothing and accessories. There's more women's clothing and accessories at **Fab and Boujee, No. 109**. **Chantilly Blue** has denim, **Penny Lane Emporium** has clothes and everything else for kids. Farther down State Street, **The Growing Tree** has even more kid stuff.

You'll also find a branch of **Trail Creek Outfitters** for you outdoorsy folks, as well as **Bove Jewelers** with **Kennett Square Jewelers** across the street for a bit of bling. We were sad to see local jewelry designer **Alexis Kletjian** close her shop early in the pandemic. Luckily you can still find her creations online.

Final stop: no visit to Kennett is complete without a stop in **The Mushroom Cap**, with its fungus-oriented gifts in the Mushroom Capital of the World. About half the nation's mushroom supply is grown in the area, simply because long ago one florist started growing them on the side and the thing—uh—took off and grew overnight, let's say.



4.



5.



6.

1. Talula's Table 2. Fab and Boujee Boutique 3. Lily Asian Cuisine

4. La Verona 5. Kennett Square Farmers Market 6. Alexis Kletjian

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HEADING SOUTH

Having toured the sights on State Street, let's head further south down Kaolin Road to pick up some specialty mushrooms at **The Woodlands at Phillips**. They have mushroom-oriented gifts here, too, but if you enjoy cooking with mushrooms and adding them to your Thanksgiving menu, it's a good place to know.

Up north, east of Unionville on Route 842, is **Barnard's Orchard**. (Pst—try the Staymans. Just try one.) Buy a bushel or a few for a pie. Like hard cider—cold, hot or spiked? Then visit **Rebel Seed Cidery** in Toughkenamon.

VISIT OXFORD

Next time you're up for an excursion, we recommend a visit to Oxford, another agricultural hamlet, this one with a population in the middle four figures and with many thriving businesses. It's flung a bit farther west of Kennett off Route 1.

Restaurants include the **Octoraro Hotel** and **Sawmill Grill**, but there are plenty of others, plus shops to browse before or after a meal here.

Like Kennett, Oxford and environs are home to a thriving arts community. Its second annual arts festival in August 2019 was a blast, as is its well-known Halloween parade. All that is (sigh) on hold this year, but the **Oxford Arts Alliance** on Third Street will have its annual artisan gift shop on the weekends of November 20th and December 4th, 11th and 18th.

First Fridays will continue, says Oxford Mainstreet Executive Director Christianna Hannum. She adds that you shouldn't miss **Small Business Saturday, November 28th**, when the shops stay open late and offer discounts and giveaways.

That's not all there is in southern Chester County. But even if this charm-filled area is 30 miles or so from the city, it's not exactly a Swiss Family Robinson situation here. Everything you could possibly want is on hand for a somewhat different, probably, but also simply awesome Thanksgiving and start to the holiday season.

It's harvest time, remember, so enjoy. ♦



1.

2.

3.

1. Woodlands at Phillips 2. Trail Creek Outfitters 3. Oxford Art Alliance



Family and Friends are Getting Beyond COVID With the Help of Senior Communities

Edwin Malet

MOVING BEYOND SIMPLE WINDOW VISITS

THE HOLIDAYS ARE JUST AROUND THE CORNER. Families—sons and daughters, nieces and nephews, cousins and others—are planning get-togethers, Thanksgiving meals, Christmas gift-giving. But what about mom and dad, aunts and uncles, grandmom and grandpop?

Many are safe in their senior communities. But how are they doing? They're less mobile and likely less social than they once were. And the pandemic has made them even less so. Are they being included in our family plans? Can they be? How?

BEYOND WINDOW VISITS

When lockdown began in March, senior care and retirement communities started opening up with “window visits.” Safely separated by a window, family and friends were restricted to visiting while in outside areas, while mom and pop were limited to staying inside.

As we learned more about COVID, in-person visits became permissible, with safeguards, of course. Monica Knauss, Community

Relation Coordinator, says that **Dunwoody Village** in Newtown Square made it a priority to provide opportunities for residents and family/friends to visit. Staff stepped up to assist with the visits, “taking the resident to designated visitation area, checking in the family, remaining in the vicinity during the visit in the event of questions or concerns,” says Knauss.

Usually, the visitor's attention and kindness were all the resident required. Knauss gives this example, “The daughter of one resident brought a box full of fall pins (brooches) for her mom to choose from, and they spent time going through those.”

In addition, Dunwoody found that technology—Zoom, FaceTime, Skype, iPads—offered more possibilities. Staff began to coordinate Zoom or Facetime visits, providing tutorials and equipment as necessary. “It's been a big hit, and it's fun to see the level of confidence that many of the residents have gained,” she says.

Other communities, like **Maris Grove** in Glen Mills, for example, also assisted residents with FaceTime, Skype and Zoom, but they've mixed it with more pastoral and more playful pursuits.

Maris Grove, Glen Mills



Dunwoody Village, Newtown Square



‘The staff gathered board games, puzzles and picture recognition items for interaction between family and resident.’

The community has taken advantage of its 87-acre grounds, where residents and their guests enjoy hiking paths and nature trails, gardening, bocce ball, fitness center, salon, woodshop and “much, much more.”

FAMILY TIME

The Friends Home in Kennett has always emphasized family events: this year even more so. Dot Folz, its Admissions and Marketing Director, says its Montessori Inspired Life Program has been “a Godsend for families.” Its staff gathered “board games, puzzles and picture recognition items for interaction between family and resident” and encouraged families “to bring in pictures to elicit memories during the visit,” she says. “Even great-grandkids who have resisted visiting have found playing a game with Great-grandmom was fun!” adds Folz.

And, at **The Hickman** in downtown West Chester, Jennifer Harris, Director of Admission and Community Relations, has remained in close communication with all their families. As of our press date, the community was preparing a new program, where “families will be able to see their loved ones’ participation at community programs, photos of their resident, menus, outings, schedule transportation and salon appointments,” she says.

STAYING FOR LUNCH OR DINNER ... OR MORE

Sharing a meal often brings families together. Friends Home in Kennett notes that cookies and candy are popular when a resident is not on a restricted diet. On the other hand, during COVID, families have been “creative at times bringing a meal for the resident and one for themselves. They then ‘share’ a meal while six feet apart. It's a substitution for pre-COVID when families join them for a meal in our dining room,” says Folz.

Aside from safety precautions, to which we're all becoming accustomed, nothing extravagant is demanded. “The brother of one of our residents would drop off a doughnut and coffee from Dunkin Donuts every morning, and would include a treat for the receptionist as well,” says Knauss at Dunwoody.



Echo Lake, Malvern



The Hickman, West Chester

'Residents take virtual trips, cycling or driving beautiful landscapes. Everyone is enjoying the experience of taking to the open road, virtually.'

Friends Home in Kennett



As the saying goes, it's the thought that counts. At The Hickman, "some just drop by on their lunch break from work, others stop for dinner and others hang out all day."

ANYONE FOR A SLEEP-OVER?

Sometimes a visit becomes more. For example, with The Hickman's encouragement, when out-of-town visitors arrive, "sometimes visitors will stay overnight in their loved one's room or stay in one of our furnished empty rooms." Families join in for meals, activities and trips. Sometimes they lead activities for those who may not have family close by.

Folz, at the Friends Home, has seen "everything from walking into Kennett—we are paces away from restaurants—to ... a week at the beach."

Technology is also taking seniors "on the road." Malvern's **Echo Lake** is proud of a program it's deployed, called iN2L (for "it's Never Too Late), which enables residents "to take virtual trips, cycling or driving beautiful landscapes. Everyone is enjoying the experience of taking to the open road, virtually," says Executive Director Kathy Ardekani.

Most care center residents are not permitted off-campus but independent residents do "come and go." At Dunwoody, they're encouraged "to limit their shopping and in-person dining while out and about." But some have homes at the shore or in the Poconos and have traveled there, either for short visits or for extended stays. Others spend time with family and friends off-campus.

COVID is, however, always a concern. If residents have been in a "hot" state (as defined by the PA Department of Health), they're asked to "soft quarantine" for seven days when they return.

FAMILY EXTENDED

At the Friends Home in Kennett, the notion of "family" is practically boundless. Most visitors come with another family member "or even several, such as grandchildren, or great-grands," says Folz. She cites one resident who "has been faithfully visited by friends from her college cohort ... [and another] by friends who met when they all taught together."

Harris at the Hickman says, "We're one big family. We keep the residents engaged and as active as they would like to be."

For many of us, 2020 is a year we'd rather forget. But it's also a year to remember. For those of us lucky enough to have a roof over our heads, food on our plates, and relatives and friends to share our good fortune, whether in our homes or at theirs, we can feel thankful that our senior communities are taking care. ♦



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GUIDE TO 55+ and Retirement Communities

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They're designed to make retirement healthier and more enjoyable.

PENNSYLVANIA King of Prussia

Canvas Valley Forge

844-400-6435; TheCanvasLife.com

see our ad on page 55

Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

West Chester

Harrison Hill Apartments

610-430-6900

HarrisonHillApts.com

see our ad on page 45

Harrison Hill offers a resident-friendly environment in an independent living community. Their 1BR and 1BR with Den apartments offer amenities with ample space needed to live comfortably and securely, and companionship is plentiful. Prior to Covid-19 residents could enjoy socials such as Monday Mingle, Tuesday Transportation and more events, which they hope to get back to in 2021. Come find comfort and family at HH.

PENNSYLVANIA

Chester Springs

Fieldstone at Chester Springs

484-713-8650; FieldstoneLife.com

see our ad on page 6

Coming soon to thriving and growing Chester Springs, Fieldstone will offer personal and memory care services in a warm, inviting, and family-focused atmosphere. Locally owned by members of the greater community, when you move to Fieldstone you become a part of something special.

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Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

Downingtown

St. Martha Villa for Independent & Retirement Living

610-873-5300; Villa.StMRehab.org

see our ad on page 54

Since 2003 St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

Exton

Arbor Terrace Exton

484-265-9610; ArborTerraceExton.com

see our ad on page 53

Arbor Terrace Exton is a brand new personal care and memory care community for seniors, opening early 2021. Their campus offers impeccably designed living spaces, and safe and engaging outdoor spaces to enjoy and explore. Amenities include concierge services, easy access to transportation, and housekeeping visits. Ask about the founder's club incentives for new depositors.

Eagleview Landing

610-458-2588; EagleviewLanding.com

see our ad on page 48

Eagleview Landing is the newest senior living community in Exton. Located just outside Philadelphia, you can find bountiful shopping and beautiful parks to enjoy. Retirement should be rewarding, and your family can rest assured that the quality of personal care and memory care is unmatched. And the luxury? Isn't that always nice? Call today to learn more.

Glen Mills

Ivy Creek

610-839-8816; SeniorLivingInStyle.com/

Senior-Living/PA/Glen-Mills/Ivy-Creek/

see our ad on page 70

Ivy Creek Gracious Retirement Living offers studio, one, and two-bedroom suites with no buy-in fees or hidden costs. Their residents benefit from three chef-prepared meals, scheduled transportation, live-in managers available 24/7, weekly housekeeping and a full activities program. All utilities except telephone are included in the monthly rent. Please call or stop by for your tour today!

Kennett Square

Friends Home in Kennett

610-444-2577; FriendsHomeInKennett.org

see our ad on page 57

All levels with no huge buy-in. Independent Living and Personal Care offer support while encouraging independence, and Linden Hall skilled nursing offers more intensive care in a small, intimate setting. Residents thrive through an all-encompassing Performance Arts program, Mon-

Gather in Community!



Fall is a great time to enjoy the outdoors. Revel in the autumnal colors on our 500 acre campus. Go hiking or simply sit on the patio and enjoy a lunch with friends. Amid the uncertainty in the world, our vision for our community has been unwavering and is perhaps more vital than ever. Residents have come together with a collective spirit of community feeling safe today and feeling secure in their future.

866.920.8184 | KCC.Kendal.org

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essori Method of Enhanced Living and (NEW) Aging Well: A Holistic Approach to Wellness. Member of Leading Age and Friends Services Alliance.

Kendal-Crosslands Communities

844-907-1800; KCC.Kendal.org

see our ad on page 47

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: sev-

eral indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with highly rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

King of Prussia

Anthology Senior Living

484-392-5011

AnthologySeniorLiving.com/King-of-Prussia

see our ad on page 7

Continue your story with joy, vibrance and connection at the all-new Anthology Senior Living of King of Prussia. Experience an invigorating and elegant environment including an indoor pool, golf simulator and rooftop terrace with unbeatable views of Valley Forge. Independent Living, personal care and memory care in the heart of King of Prussia, opening January 2021. Call to take advantage of current offers.

Lancaster

Willow Valley Communities

866-454-2922

WillowValleyCommunities.org

see our ad on page 8

Willow Valley Communities' residents pursue passions through innovative award-winning amenities: an 80,000-square-foot Cultural Center with fitness and aquatics centers, day spa, art gallery, 500-seat Performing Arts Theater, the 30,000-square-foot Clubhouse, with bowling alley, vintage arcade, outdoor pool, tennis courts, golf simulator and 12 culinary venues. Willow Valley Communities' meticulous 210 acres, just minutes from Lancaster City, also offers Lifecare.



The Hickman

Limerick

Arcadia at Limerick Pointe

610-981-1688; ArcadiaLife.com

see our ad on page 6

Arcadia is an inclusive, faith-based senior living community with a Catholic foundation. Here, they know that community and family matter—now more than ever. Opening in November/December 2020, Arcadia is brand new, squeaky clean and operating under protocols that will keep residents safe and well.



Riddle Village

Lititz

Luther Acres

Other locations in Columbia and Lebanon

717-388-0274; Luthercare.org

see our ad on page 9

Luthercare's three senior living communities offer a full complement of lifestyles, services, amenities and programs that empower residents to live healthy, more socially connected lives. Explore the many options at their communities, from cottages and apartments to supportive personal care and more. They are excited to announce a new cottage neighborhood coming soon to the St. John's Herr Estate community.

Malvern

Echo Lake

484-568-4777; LivingAtEchoLake.com

SageLife.com

see our ad on page 71

They're open. Retirement living, reinvented. At the leading edge of the "aging well" movement, Echo Lake has a comprehensive fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

Media

Riddle Village

610-891-3700; RiddleVillage.org

see our ad on page 55

Riddle Village is a Lifecare community that offers amenities including a fitness center, putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.

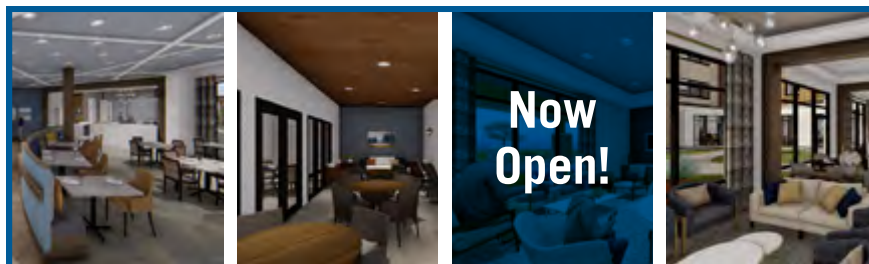
Newtown Square

Dunwoody Village

610-359-4400; Dunwoody.org

see our ad on page 45

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. On an 83-acre campus in Newtown Square, residents enjoy a variety of amenities, including three dining venues, swimming pool, fitness center and superb cultural offerings, as well as the peace of mind that Five Star Healthcare offers.



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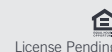
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A move to Preston means your loved one will always be connected to the people and places they love.

To schedule a tour or apply
call 610.696.5211 and ask for Faith or visit bf.kendal.org

Barclay Friends

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Willow Valley Communities



Arbor Terrace Exton



Wellington at Hershey's Mill



Barclay Friends

White Horse Village

610-558-5000; WhiteHorseVillage.org

see our ad on page 51

Situated on a 96-acre campus, White Horse Village is an active senior community offering a full range of healthcare services. First-class amenities include a fitness center, pool/spa, dining venues, tavern, bocce, art studio, woodshop and more! Their exceptional wellness programs, delicious food and spacious residences cater to a variety of lifestyles. The opportunities for learning, exploring and living are endless.

North Wales

Kyffin Grove

267-460-8100; KyffinGrove.com

SageLife.com

see our ad on page 71

A perfect location—a campus of coordinated care. Kyffin Grove offers customized care and innovative memory care, beautiful surroundings and a cozy, intimate setting. Call to find out more.



Foulk Manor North

Paoli

Daylesford Crossing

610-640-4000

DaylesfordCrossing.com; SageLife.com

see our ad on page 71

Daylesford Crossing is one of the Main Line's favorite supportive living communities ... completely personalized care, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is perfectly located right in the heart of the western Main Line. Call to find out more.

Phoenixville

Spring Mill Senior Living

610-933-7675; SpringMillSeniorLiving.com

see our ad on page 41

Welcome home to one of the most sought-after senior living communities. Nestled in the picturesque country side of Phoenixville, you can enjoy gourmet dining, extra-large apartment homes with stone balconies, and a vibrant, active social and physical recreation schedule. Their well trained team members are available 24 hours a day to help you worry less and enjoy more.

Wallingford

Plush Mills

610-690-1630; PlushMills.com; SageLife.com

see our ad on page 71

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

West Chester

Barclay Friends

610-696-5211; BF.Kendal.org

see our ad on page 49

Barclay Friends, a Continuing Care Community right in the Borough of West Chester, is a Kendal Affiliate. Their new Preston building brings Personal Care, Memory Care and Residential Living to their community. Highly regarded services also include post-acute rehabilitation and nursing care in a Medicare and Medicaid-certified setting.

The Hickman Friends Senior Community of West Chester

484-760-6300; TheHickman.org

see our ad on page 52

The Hickman is a nonprofit senior living community in beautiful West Chester. Guided by Quaker traditions since 1891, The Hickman provides individualized care and assistance to older individuals in a vibrant living community. The Hickman is a short distance from award-winning health systems, restaurants, theaters and specialty boutiques. When You're Here, You're Home.

Wellington at Hershey's Mill

484-653-1200

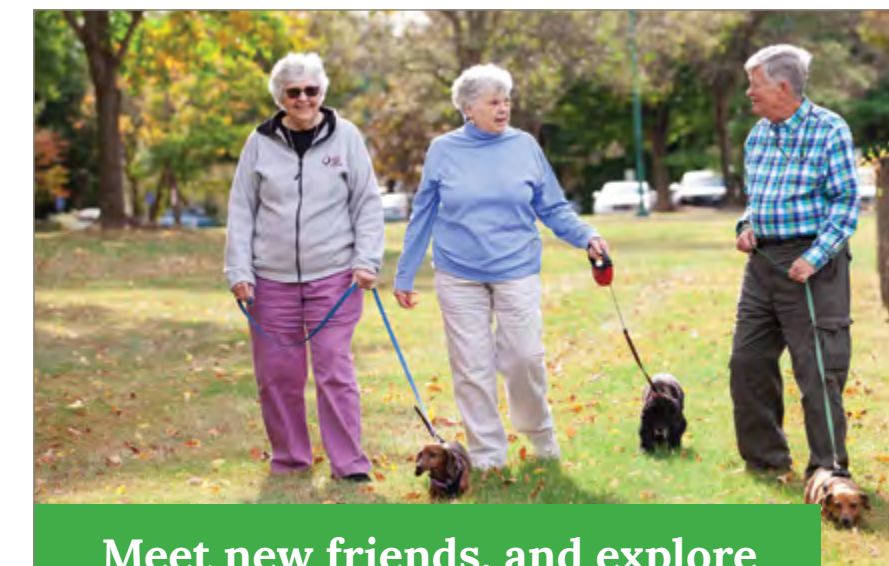
SeniorLifestyle.com/Property/Pennsylvania/Wellington-At-Hersheys-Mill/

see our ad on page 4

Wellington at Hershey's Mill is a Senior Lifestyle community located in the heart of scenic Chester County with independent living, personal care, skilled nursing and rehabilitation services. Surrounded by lush greenery and with convenient access



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Anthology Senior Living

to shopping, dining and entertainment, Wellington at Hershey's Mill is a vibrant, upscale community designed with hospitality and comfort in mind.

DELAWARE Lewes

The Lodge at Historic Lewes

302-703-1904; LewesLodge.com

see our ad on page 6

A VIP waitlist is growing for Lewes Lodge, sister community to Truitt Lodge. When

they open in 2022, The Lodges will offer residents many lifestyle options, with flexible contracts. Why surrender six-figures to a CCRC when you can enjoy the same lifestyle and retain your hard-earned assets?

Middletown

Meadowcrest at Middletown

302-828-0990; MeadowcrestLife.com

see our ad on page 6

A lifestyle just as unique as you awaits at Meadowcrest. The only senior living community in the Middletown area, their growing waitlist speaks for itself. Opening in 2021, the community will offer full-service retirement living on a monthly-rental basis.

Newark

Millcroft Senior Living

302-366-0160; FiveStarSeniorLiving.com

see our ad on page 2

With more than three decades of attentive, friendly service, Millcroft is a senior living community offering spacious and comfortable independent living and assisted living apartments, as well as skilled nursing care, rehabilitation services and respite/short stays, all in one beautifully landscaped campus with a highly skilled 24-hour staff.

Somerford House Assisted Living Somerford Place Memory Care

302-266-9255; SomerfordHouseNewark.com

see our ad on page 2

Offering assisted-living apartments and the award-winning Bridge to Rediscovery



St. Martha Villa

program for people with dementia. Residents enjoy many services and amenities, including restaurant-style dining, 24-hour staff, social, educational and recreational activities, exercise/wellness programs, beauty salon, library, transportation, laundry and housekeeping.

Rehoboth

The Lodge at Truitt Homestead

302-727-0936; TruittLodge.com

see our ad on page 6

The Lodge is the only monthly rental independent living community in Coastal Delaware. Nestled within a 55+ community that shares incredible amenities with Lodge residents, the community offers a vibrant lifestyle, complete with the worry-free services and amenities you expect in independent living.

Wilmington

Forwood Manor

302-529-1600; ForwoodManorDE.com

see our ad on page 2

Located on 13 beautifully landscaped

acres in Wilmington, Forwood Manor is a full-service senior living community offering some of the finest in independent living and assisted living residences, as well as skilled nursing care, rehabilitation services and respite/short stays—all featuring friendly service by highly skilled 24-hour staff.

Foulk Manor North

302-478-4296; FoulkManorNorth.com

see our ad on page 2

Located in the heart of North Wilmington, Foulk Manor North is convenient to local shopping, restaurants and entertainment. They offer complete Senior Care for Independent Living, Assisted Living, Memory Care and Skilled Nursing. Ten-acre grounds have gardens, a screened-in porch and walking trails. Call for details and to schedule a tour.

Foulk Manor South

302-655-6249; FoulkManorSouth.com

see our ad on page 2

Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery

program for people with Alzheimer's and other types of dementia, and respite/short stays. They also offer intermediate care as a long-term skilled nursing option.

Shipley Manor

302-477-8813; FiveStarSeniorLiving.com

see our ad on page 2

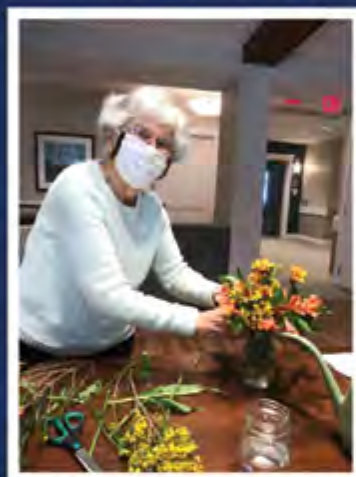
Shipley Manor has 24-hour, Five Star service in a cottage or an apartment. You'll love their warmth, hospitality, dining and dedication to your health and wellness. Most of all, you'll love being a part of their family, from independent living, assisted living to skilled nursing and rehabilitation.

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Some seniors require a range of services, from legal advice and long-term care planning to making sure their personal belongings are moved with the utmost care.

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Friends Senior Community of West Chester



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www.TheHickman.org

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Harrison Hill Apartments



Spring Mill Senior Living



Luther Acres

Paoli

Ruggiero Law Offices LLC

610-889-0288; PaoliLaw.com

see our ad on page 57

At Ruggiero Law Offices LLC, the mission is to be creative problem solvers for families. Caring, comprehensive advice in the areas of estate planning, Medicaid planning, elder law and estate administration is provided in the office, home or care facility. Having an updated Power of Attorney and Will, or doing Medicaid planning is an important step before a move to a retirement community.

Phoenixville

OWM Law

Phoenixville: 610-917-9347

Pottstown: 610-323-2800; OWMLaw.com

see our ad on page 54

OWM Law's Certified Elder Law Attorney, Rebecca Hobbs (*Certified by the National Elder Law Foundation), is accredited with the Department of Veteran Affairs and a member of NAELA and PAELA. The



WE ARE HERE FOR YOU

At Riddle Village, we understand that this is a time of change and adjustment for everyone. Having over 25 years of experience serving and caring for our residents at every level has helped us respond quickly and effectively to the Covid-19 crisis facing every individual in our global economy today.

We are not just a community; we are a safe place to call home. We are taking every precaution in this difficult time to ensure our residents, employees and caregivers are protected. At the same time, we are still working with those looking for the peace of mind that we can offer with our extensive Lifecare contract.

Riddle Village knows Lifecare and our team members are working diligently to provide our Residents with the best that life has to offer each and every day.



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practice includes long term care planning, Medicaid planning and applications, asset protection planning, veterans benefits, guardianships, special needs planning, trusts, estate planning and more.

West Chester

Right Size Relocation

610-235-2761; RightSizeRelo.com

see our ad on page 57

RSR is a move management company specializing in the creation and execution of personalized move plans for residents of 55+ and Senior Living Communities, ensuring a smooth and worry-free transition. RSR, a woman-owned and managed business, employs a passionate team focused on providing a variety of services to clients such as organizing, packing, unpacking, downsizing, auctioning, donating and more based on individual needs. ♦

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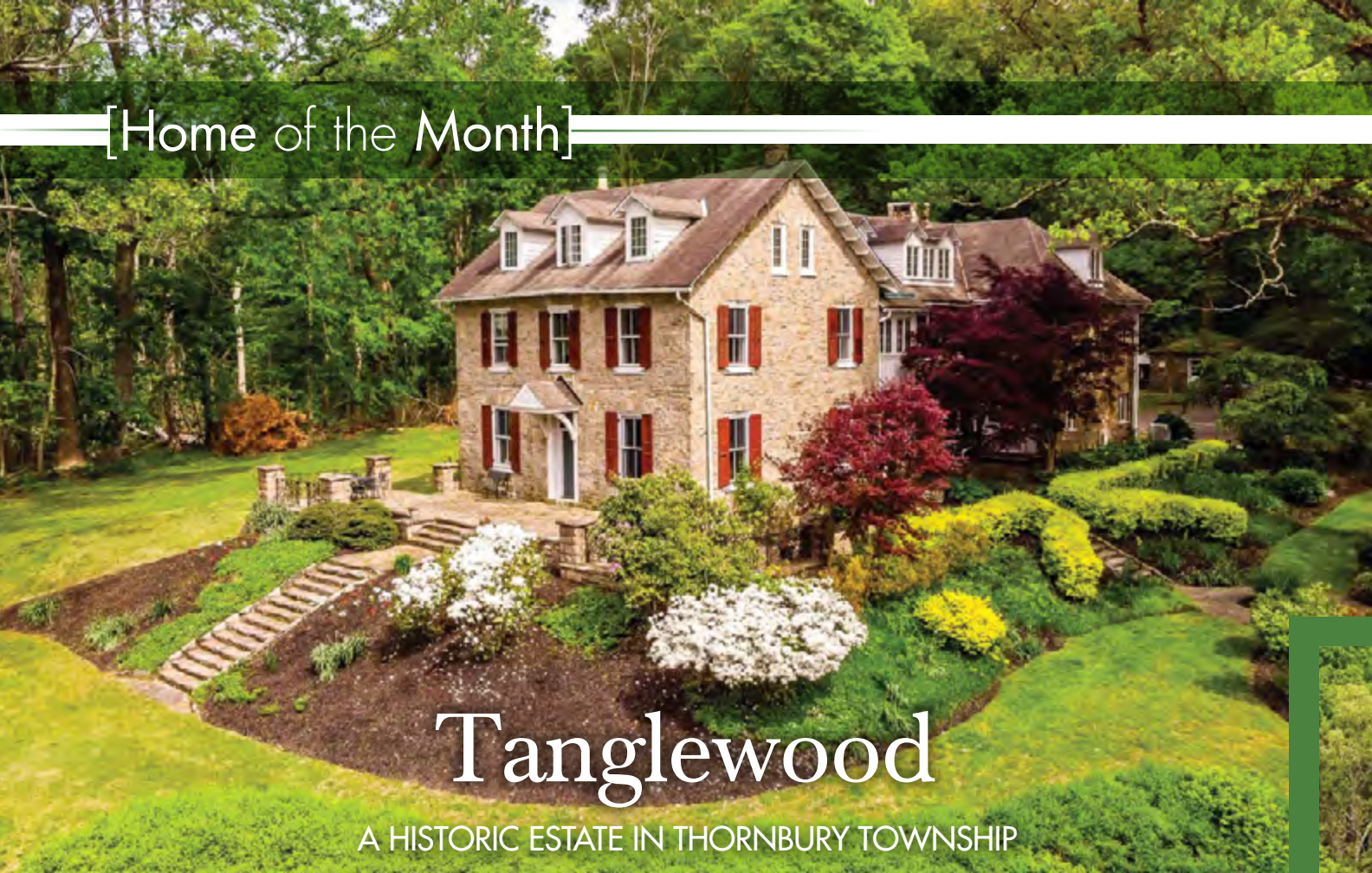
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Tanglewood

A HISTORIC ESTATE IN THORNBURY TOWNSHIP

When the current owners bought Tanglewood, they were looking for a well-built home with enough land for raising children. Little did they know the property had an intriguing backstory.

"WE WERE FROM THE MIDWEST AND looking for space for our active children," says the owner and mother of four former Division 1 college athletes about the decision to buy Tanglewood. "The kids didn't play video games. Instead they played in the two streams and acres of woods," she continues, referring to the towering oaks and walnut trees that have provided quality wood to local furniture makers.

The house still displays evidence of idyllic times, with marks for each child's height on upper bedroom walls and even a tiny child-sized commode. "There were enough bathrooms in the house that we could have this just for the kids and then the grandkids," says the owner.

More evidence of this happy place where the owners lived for 31 years: the grown children returned to visit Tanglewood with their families and bought similar properties for raising their own children.

TANGLEWOOD'S HISTORY

Set on seven private acres, this elegant early-19th-century house has great bones. With 18-inch-thick walls of locally quar-

ried granite, even the home's original section boasts 10-foot ceilings on the first of three stories (upper floors enjoy 9- and 8-foot ceiling).

More architectural details delight throughout the home and its seamless additions (in 1873 and 1929)—keystones set above each window, French doors, a Dutch door, antique window glass, original floors, stone patios for enjoying the property.

Equally delightful is the history—both documented and rumored—surrounding Tanglewood. The historic estate has long been associated with such luminaries as F. Scott Fitzgerald, Dr. Martin Luther King, Jr., and artist Ben Kamihira, along with somewhat less stellar characters.

During the years following the 1873 addition, which added a large number of bedrooms, the rumors began. An informal history by the current owners notes "the house experienced an abnormally high number of male visitors arriving by train from Philadelphia ... to spend time visiting the 'country.'" Not coincidentally at that time the Wayside Church at the entrance to Tanglewood was built, reportedly "to appease the local officials who were concerned about the activities that may have been going on in the main house."



Less notorious and certainly more glamorous was F. Scott Fitzgerald's attorney renting Tanglewood around 1923–24 on behalf of the writer and wife Zelda to use "to escape the public lives they were living in Princeton, NJ."

Among other uses, after World War II nearby Cheney University rented the house to use as a dorm for male students. The property was a center of civil rights activity, likely the connection to Dr. King.

And in the 1960s artist Ben Kamihira owned the home and used the carriage house as his painting studio. Since the 1960s the property has been a single-family home.

THE HOME

The home's linear design, tall windows, high ceilings and honeyed wood floors ensure the eight-bedroom, five-full-bathroom home is filled with light. Quality construction is evident everywhere, from the original broad moldings to the spacious modern kitchen to the low utility bills.

On the first floor you'll find a spacious Living Room with fireplace and exquisite

reeded mantel, an adjoining Library with built-ins and stone fireplace (with wood stove), as well as a Study, perfect for a home office, with newer French doors on opposite walls. Next is the inviting Dining Room with stone fireplace (with wood stove), also with windows on both sides of the room.

At the far end of this floor in the most recent addition is the magnificent modern eat-in Kitchen, with two separate entrances, powder room, mudroom and back stairs to the Guest Suite.

This well-designed space works equally well for family cooking and large-scale entertaining. Guests will be drawn to the open space with beamed ceiling, wood floors and many windows. Cooks will love the granite counters and island, abundant cabinets and high-end appliances (two GE wall ovens, two Miele dishwashers, SubZero fridge/freezer, Viking five-burner range), plus several built-ins, including a cookbook rack with folding table.

On the second floor is the Master Suite with bedroom, walk-in closet and en suite bath featuring marble floors, tiled shower stall, and ball & claw soaking tub. This



floor also has two more Bedrooms, a large Family Room, Home Office, Laundry and large Guest Suite (sitting room, bedroom, bath) with separate stairs.

The third level is comprised of four more bedrooms.

Surrounding the house are stone terraces with views of the lush property, a small stone garden shed and a larger two-story former carriage house once used as an artist's studio.

When asked about moving, the owners say they will miss the birds and the quiet of Tanglewood. "When we returned from a

recent vacation, we noticed that our home was more peaceful than Yellowstone National Park!" says the owner. "It's a place where we could always relax at the end of the day."

Here's hoping the next owners will, too. ♦

For more on this unique 8-bedroom, 5-bath home with studio and garden shed, set on 7 acres in Thornbury Township, contact The Holly Gross Group, Berkshire Hathaway, Fox & Roach, 610-430-3030 (office), 484-883-0681 (cell); HollyGrossGroup.com.



Extend the Pumpkin Season!

Yes, you can have fun with
pumpkins well into November.

Alyssa Menko



Glen Willow Orchard

Pumpkin Chips

Looking for a new, appealing way to use your pumpkin? Make crunchy chips from pumpkin skin! Here's how. With a sharp knife, cut the pumpkin in half and completely hollow out the insides. Wash the outside of the pumpkin and use a vegetable peeler to cut the skin into chip-sized pieces. Add spices to the pieces, like paprika, sea salt and chili powder. Place the skins in a dehydrator overnight at 115 degrees. No dehydrator? No problem. Just bake the pieces in the oven on the lowest setting with the door slightly open. Then enjoy these tasty seasonal treats!



Indian Orchards Farm



Linvilla Orchards



Highland Orchards

Baking, decorating, pumpkin facemask making—that big orange gourd can be used in a slew of tasty and creative ways after October.

Pumpkins are not just for Halloween anymore. Use them as planters, bird feeders or even to make seasonal dioramas!

Start a new November family tradition with an outing at select pick-your-own pumpkin fields still open for visits. Or choose from a variety of local farm markets to “pick out” your pumpkin. Stroll through the farm stands in the area—all unique in their own way—to discover a bountiful collection of hidden fall treasures and your new favorite place to shop local.

Then decide whether your pumpkin will be part of the centerpiece on your Thanksgiving table, hold a steaming seasonal soup, or be part of a November arts-and-crafts project. So many uses for pumpkins! And for pumpkin recipes, see the Brandywine Table column in this issue, “All In On Pumpkin!”

FIND YOUR SPECIAL PUMPKIN

At **Cherry Crest Adventure Farm** pumpkin picking season extends into the first weekend of November with plenty of other fun activities to enjoy. Smash, bowl, throw, drop and carve pumpkins at the end-of-season Pumpkin Madness Festival, on November 7, while enjoying delicious pumpkin-inspired foods, wine and craft beer. End the night with a fall-tastic fireworks display. 150 Cherry Hill Rd., Ronks. CherryCrestFarm.com.

Pumpkins of different shapes and sizes line the outside of **Glen Willow Orchard** along with rows of mums, decorative Indian corn cobs and other seasonal plants to celebrate fall. Stop inside the market for a selection of fresh fruits, veggies, juices and shelf-safe foods that will last you well into winter. 1657 Glen Willow Rd., Avondale. GlenWillow.Weebly.com.

Produce is just the beginning of what you'll find at **Highland Orchards**. Pluck a plump pumpkin from the market stands and feast your eyes on our favorite apple cider donuts and delish pies—pumpkin, pecan and other flavors perfect for fall. Private hayrides are available—until the middle of November—to take in the autumn atmosphere. 1000 Marshallton Thorndale Rd., West Chester. HighlandOrchards.net.

Pick out the perfect pumpkin and discover so much more in the newly renovated farmstand at **Indian Orchards Farm**. Fall favorites like apple and pumpkin butters, locally made jams and jellies, and Pennsylvania

maple syrup complement organically grown fruits and veggies. Don't forget the apple cider—brewed on site and naturally delicious. 27 Copes Lane, Media. IndianOrchardsFarm.com.

With over 100 tons of harvest fun on display, Pumpkinland is open until November 8th to pick and play at **Linvilla Orchards**. Venture off into straw bale and cornfield mazes or reserve a time for festive train and hayrides through the orchard. 137 W. Knowlton Rd., Media. Linvilla.com.

While pick-your-own season may be over, **Weaver's Orchard** still offers an abundance of pumpkins in their market. Explore the rest of the orchard to discover delicious sweets like pumpkin pie and apple cider, fresh market produce and a wide variety of local yogurts and artisan cheeses. 40 Fruit Lane, Morgantown. WeaversOrchard.com

Pumpkins aren't the only thing ready to pick out at **Yeager's Farm Market**! Check out the selection of fall baked and canned goods, cider, cornstalks, crafts and anything else you could possibly need to decorate for this autumn season. 1015 Pike Springs Rd., Phoenixville. YeagersFarm.com. ♦



Weaver's Orchard



Yeager's Farm Market

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[Food News] *A few of our favorite things to share this month about local food and drink*

Plant-tastic Eats. What do burgers and juice have in common? At the **Juice Merchant**, they're both made out of plants! Serving fresh juices and dairy-free smoothies, this juicery cafe also offers vegetarian bowls, sides and sandwiches. Try the Smoke-house, a Beyond Burger loaded with BBQ ranch sauce, fakin' bacon, cheeze and veggies or superfood avocado toast topped with spinach, chick-peas, hemp and chia seeds. Stop in for a taste of plant-based paradise. 6 Gay St., Phoenixville. JuiceMerchant.com.



Wood Fired Up. Restaurant Ardé Osteria has a new name but Italian food is still their game. **Alessandro's Wood Fired Italian & Bar**, a Sicilian pizzeria, serves up modern takes on traditional Italian cuisine, from specialties like hot and sweet Calamari Agrodolce or three carne Pappardelle Bolognese. Taste what the oven offers in wood fired pizzas like Spicy Soppresata and Capricciosa. Pair your meal with a glass of vino and say buon appetito! 133 N. Wayne Ave., Wayne. Alessandros-WoodFired.com.



Ahoy Charcuterie! A fishy new food trend has come ashore—the **seacuterie board**. Wave bon voyage to processed meats and welcome aboard salty foods from the sea. Customize your board with must-try combinations like octopus salad, creamy crab dip, fresh oysters, crab legs and shrimp cocktail. Add crunch to your selections with tangy seaweed salad, pickled peppadew and grilled bread to dip. Visit your local seafood market and get started with the recipe at Tasty.Co.

A Gyro's Welcome. Sisters Nikoleta and Katerina Skart-sila are making Greek dreams come true with delicious Cretan cooking at **Avlós Greek Cuisine** in the former Majolica space. Start your Greek getaway with flaky pita chips and classic cucumber tzatziki dip, stuffed grape leaves (dolmades), plus souvlaki—pork skewers, lemon potatoes, tzatziki, onions. End your trip to the islands with Karidopita Poutinga, a walnut sponge cake—a dessert for the gods. A divine dining experience awaits. 258 Bridge St., Phoenixville. AvlosGr.com.



Produce with Personality. What's inside matters most, even with food. And so Philly-based **Misfits Market's** mission is to rescue less than perfect fruits and vegetables unsuitable for store sales and deliver ugly, yet delicious produce to your door at an affordable price. Fruits and vegetables are sourced from local farmers to help prevent food waste and are available in two sizes—small for snacking and larger for cooking. Save a trip to the grocery store and give ugly a chance. Order on MisfitsMarket.com.



All In on Pumpkin!

DON'T SELL IT SHORT—THE USES FOR THIS GREAT GOURD GO WAY BEYOND PIE!

Alyssa Thayer

As soon as the first signs of fall begin to show, pumpkin spice everything floods the market. This quintessential autumn flavor has become synonymous with changing leaves and sweater weather. And while pumpkin pie (and pumpkin pie spice) will forever hold a place on our holiday table, pumpkin's prowess does not stop there. As it turns out, its culinary uses are virtually limitless.

"When people think of pumpkin, they are really thinking of pumpkin spice," says Philadelphia food blogger and recipe ninja **Erin Morrissey** of **Erin Lives Whole**. She says the neutral taste is one of the main reasons for its versatility. "It's like butternut squash or sweet potato," she says.

Erin developed her affinity for pumpkin early on, growing up

baking pumpkin chocolate chip bread with her mother. "We'd make it for everyone in our neighborhood and that meant Fall. I loved it and always knew I wanted to bake with it."

Erin was always passionate about baking and sharing recipes. Finally, in spring of 2017 her mom asked, "Why don't you start a food blog?" And, she did! Eventually, it became so successful she left her corporate job to pursue cooking full time.



Erin is part of a new type of food blogger who specialize in healthy indulgences—yes, it's a thing. She creates mouth-watering recipes that satiate our appetites as well as fuel our bodies. "I don't make diet food," she says emphatically. "I make food with more nutrients."

With 15+ recipes using pumpkin, she has become somewhat an expert. "I use it all the time in places you wouldn't expect," she boasts. And she's not kidding, you can find pumpkin puree in everything from her brownies to soups and even hummus.

Pumpkin is a great blank canvas, taking on the flavors it's paired with and adding moisture to baking

recipes. Like in her paleo chocolate cake: "The pumpkin is actually in there to make it fudgy and moist," she says, noting people are often shocked to find out the secret ingredient.

If you feel hesitant to try new ingredients, Erin recommends just trying to keep an open mind. She admits, "healthy food" can be a hard sell to a spouse or kids. Her advice: "Just don't tell them what's in it. If it's delicious, they probably won't care."



Pumpkin Pie Spice



Erin's flourless pumpkin brownies. Find this recipe at ErinLivesWhole.com



Erin in the kitchen.

Pumpkin Recipes

This superstar ingredient can be sweet, savory and everything in between. The subtle, earthy sweetness can make friends with just about any spice combination. Check out the assortment of simple, delectable recipes featuring our new favorite ingredient: pumpkin.

Five-Minute Pumpkin French Toast

Your favorite brunch dish, but Fall. This recipe is warm, cozy, and easy to make. Just 5 minutes of prep time and you're ready for the griddle.



- 3 eggs
- ½ C. almond milk (or other milk)
- ½ C. pumpkin puree
- 1 Tb. maple syrup
- 1 tsp. pumpkin pie spice
- 1 tsp. vanilla
- Pinch of sea salt
- ½ Tb. butter
- 1 loaf brioche (or your favorite) bread, sliced

In a shallow bowl, whisk together eggs, almond milk, pumpkin puree, maple syrup, pumpkin pie spice, vanilla and sea salt.

Heat a sauté pan over medium-high heat. Add 1/2 tablespoon butter to the pan.

Dip each slice of bread into egg mixture. Submerge for 5 seconds, flip and hold down for 5 more seconds on the other side.

Lay egg-washed bread onto pan and fry until brown, about 2 minutes per side.

Serve with maple syrup, butter, fresh fruit, cinnamon or your favorite toppings.

Makes 12 slices.

Hearty Pumpkin Chili (Instant Pot and Stove Top)

Your traditional turkey and bean chili but even more nutritious and delicious with the addition of the pumpkin puree. The perfect one pot meal for a hungry crowd.

It's more than just good pumpkin publicity...

Pumpkin is far more than just a warm candle scent or a seasonal latte flavor. It's an amazing ingredient for baking, cooking and even using in pet food.

It's Good For You: As you may have guessed from its orange hue, pumpkin is packed with vitamin A and other important vitamins and minerals. Pair that with negligible fat, low calories (49 calories/cup), and fiber (3 grams/cup), and you've got a home run.

Available and Convenient: While you can roast your own, Erin warns it's a lot of work and the resulting puree is lighter in color, similar to roasted winter squash. Luckily, pumpkin puree is available year-round in most grocery stores for a very reasonable price.

Perfect Substitute: Whether you make your own puree or use canned, the thick and smooth texture allows it to be used in recipes that call for winter squash, sweet potato or even apple sauce.

Seed Power: If you are working with fresh pumpkin, don't toss those seeds! They're packed with fiber and healthy minerals such as magnesium, iron and zinc.

- 2 Tb. olive oil
- 1 small yellow onion, diced
- 1 jalapeno, seeded and diced
- 1 green pepper, chopped
- 3 cloves garlic, minced
- 1 lb. ground turkey
- 1, 15-oz. can pumpkin puree
- 1 can black beans, drained and rinsed
- 1 can kidney beans, drained and rinsed
- 1, 14-oz. can diced tomatoes
- 1, 6-oz can tomato paste
- 2 Tb. chili powder
- 2 tsp. cumin
- 1 tsp. smoked paprika
- 2 tsp. pumpkin pie spice
- 2 tsp. salt
- 1 tsp. pepper
- Pinch of cayenne (optional)
- 3 C. chicken broth



Stove Top Instructions:

Heat a large saucepan or Dutch oven on the stove. Add olive oil when warm.

Add in onion, jalapeno and green pepper, and let sauté for a few minutes until slightly soft. Add in garlic and let cook for one more minute. Add in ground turkey, breaking it up and cooking until it's no longer pink.

Reduce heat to medium-low and stir in pumpkin, beans, diced tomatoes and tomato paste.

Mix all spices in a little bowl. Then add to your chili mixture. Pour in three cups of chicken broth.

Let simmer for one hour over low heat.

Serve! Top with cheese, Greek yogurt, jalapenos or any other toppings you desire.

Instant Pot Instructions:

Turn Instant Pot to saute setting and add olive oil to pot.

Add in onion, jalapeno and pepper and let sauté for a few minutes until slightly soft. Add in garlic and let cook for one more minute. Add in ground turkey, breaking it up and cooking until it's no longer pink.

Mix all spices in a little bowl. Then add to your chili mixture. Stir in pumpkin, beans, diced tomatoes and tomato paste. Pour in three cups of chicken broth.

Set your Instant Pot to 'manual cook' for 12 minutes.

Once the 12 minutes are up, let it natural release for 15 minutes and then quick release.

Serve! Top with cheese, Greek yogurt, jalapenos or any other toppings you desire.

Makes 8–10 servings.

Pumpkin Oat Bars

A perfect on-the-go breakfast or delicious wholesome snack! Who says you can't have chocolate in your breakfast?

1 C. whole wheat flour (or gluten free flour)

1 C. quick-cooking oats

2 tsp. pumpkin spice



½ tsp. baking soda

¼ tsp. salt

½ C. pumpkin puree

½ C. coconut oil, melted

½ C. coconut sugar

2 eggs whisked

1 tsp. vanilla extract

½ C. chocolate chips

Preheat oven to 350° F.

Grease 8”x8” baking pan with cooking spray or parchment paper.

In a medium bowl, mix flour, oats, pumpkin spice, baking soda and salt.

In a large bowl, use a mixer to beat together the pumpkin, coconut oil, coconut sugar, eggs and vanilla.

Add dry ingredients into wet and stir well. Add in chocolate chips.

Pour batter into prepared pan, spreading evenly with a rubber spatula.

Bake for 16–18 minutes. Let cool completely before cutting into squares.

Store on counter for up to 5 days or in freezer for longer.

Makes 9 squares.

Paleo Pumpkin Pie

Although we're going beyond-the-pie for this article, since it's November, we couldn't help but share this wholesome twist on the holiday classic.

For the Crust:

2 C. fine almond flour

½ tsp. baking soda

½ tsp. cinnamon

¼ tsp. salt

1 egg, room temperature

2 Tb. coconut sugar

¼ C. coconut oil melted.



For the Pumpkin Pie Filling:

1, 15-oz. can of pumpkin puree

⅔ C. coconut sugar

2 eggs

⅔ C. coconut cream or top of 1 can of coconut milk (just the hard part that settles at top of can after being refrigerated overnight or for 4 hours.

You want it to be hardened or very thick cream.)

2 Tb. arrowroot starch

1 tsp. cinnamon

½ tsp. ginger

½ tsp. nutmeg

¼ tsp. ground clove

¼ tsp. salt

Heat oven to 350° F.

Grease an 8-inch pie dish.

*Note: If you're using a pie dish larger than an 8-inch, Erin recommends scaling the recipe by 1.5 times. It isn't necessary but it will help fill out the dish and give more crust.

For the crust, mix almond flour, baking soda, cinnamon and salt in a large bowl.

In a small bowl, whisk egg, coconut sugar and coconut oil.

Add wet ingredients to dry and mix until completely combined and ball shape forms.

Use fingers to press and form into well-greased pie pan.

For the pie filling, add all ingredients to a food processor. Blend until completely smooth.

Pour pie filling into the raw crust.

Bake for 45–55 minutes. If edges start to brown, cover with foil.

Take out of oven once center has cooked through. It will set more as it cools. Let cool completely before serving. (I do this in the fridge so it firms up).

Store in fridge for up to 5 days.

Homemade Pumpkin Pie Spice

With just a few common baking spices, you too can have the taste of fall at your fingertips.

3 Tb. cinnamon

1 tsp. ground nutmeg

2 tsp. ground ginger

1 tsp. allspice

1 tsp. ground clove

Mix all ingredients together in a small bowl and store in a jar in the pantry for up to one year!

Makes 4 tablespoons. ♦

Alyssa Thayer found her love of food at an early age, frolicking around her mother's organic farm and eating her weight in berries and snap peas each summer. She is a self-proclaimed urban farm girl, whose mission is to bring inspired ideas to life, passionate people together, and good food to every table.



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MOSCATO <small>Sweet with a fizz, the bubbles cleanse the palate.</small>	SAUVIGNON BLANC <small>Shrimp and grass notes pair with green vegetables.</small>	ROSÉ <small>Dry or sweet, this fruit-driven style matches seltiness.</small>	TAWNY PORT <small>Rich nuttiness that matches pecan, almond or hazelnut desserts.</small>
VINHO VERDE <small>Light, crisp and light to match salty foods.</small>	GEWÜRZTRAMINER <small>Semi-sweet apricot and spice aromas pair with rich soups.</small>	ZINFANDEL <small>Sleazy, fruit-forward notes match well-seasoned red meats.</small>	LATE HARVEST <small>Wine sweets and salty well with sweet, confectionary desserts.</small>

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