

GUIDE TO 55+ and Retirement Communities

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They're designed to make retirement healthier and more enjoyable.

PENNSYLVANIA King of Prussia

Canvas Valley Forge
844-400-6435; TheCanvasLife.com
see our ad on page 55

Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

West Chester

Harrison Hill Apartments
610-430-6900
HarrisonHillApts.com
see our ad on page 45

Harrison Hill offers a resident-friendly environment in an independent living community. Their 1BR and 1BR with Den apartments offer amenities with ample space needed to live comfortably and securely, and companionship is plentiful. Prior to Covid-19 residents could enjoy socials such as Monday Mingle, Tuesday Transportation and more events, which they hope to get back to in 2021. Come find comfort and family at HH.

PENNSYLVANIA Chester Springs

Fieldstone at Chester Springs
484-713-8650; FieldstoneLife.com
see our ad on page 6

Coming soon to thriving and growing Chester Springs, Fieldstone will offer personal and memory care services in a warm, inviting, and family-focused atmosphere. Locally owned by members of the greater community, when you move to Fieldstone you become a part of something special.

Independent Living Communities, with Continuing Care and Life Care Communities

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

Downingtown

**St. Martha Villa for Independent
& Retirement Living**
610-873-5300; Villa.StMRehab.org
see our ad on page 54

Since 2003 St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

Exton

Arbor Terrace Exton
484-265-9610; ArborTerraceExton.com
see our ad on page 53

Arbor Terrace Exton is a brand new personal care and memory care community for seniors, opening early 2021. Their campus offers impeccably designed living spaces, and safe and engaging outdoor spaces to enjoy and explore. Amenities include concierge services, easy access to transportation, and housekeeping visits. Ask about the founder's club incentives for new depositors.

Eagleview Landing
610-458-2588; EagleviewLanding.com
see our ad on page 48

Eagleview Landing is the newest senior living community in Exton. Located just outside Philadelphia, you can find bountiful shopping and beautiful parks to enjoy. Retirement should be rewarding, and your family can rest assured that the quality of personal care and memory care is unmatched. And the luxury? Isn't that always nice? Call today to learn more.

Glen Mills

Ivy Creek
610-839-8816; SeniorLivingInStyle.com/Senior-Living/PA/Glen-Mills/Ivy-Creek/
see our ad on page 70

Ivy Creek Gracious Retirement Living offers studio, one, and two-bedroom suites with no buy-in fees or hidden costs. Their residents benefit from three chef-prepared meals, scheduled transportation, live-in managers available 24/7, weekly housekeeping and a full activities program. All utilities except telephone are included in the monthly rent. Please call or stop by for your tour today!

Kennett Square

Friends Home in Kennett
610-444-2577; FriendsHomeInKennett.org
see our ad on page 57

All levels with no huge buy-in. Independent Living and Personal Care offer support while encouraging independence, and Linden Hall skilled nursing offers more intensive care in a small, intimate setting. Residents thrive through an all-encompassing Performance Arts program, Mon-

tessori Method of Enhanced Living and (NEW) Aging Well: A Holistic Approach to Wellness. Member of Leading Age and Friends Services Alliance.

Kendal-Crosslands Communities
844-907-1800; KCC.Kendal.org
see our ad on page 47

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with highly rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

King of Prussia

Anthology Senior Living
484-392-5011
AnthologySeniorLiving.com/King-of-Prussia
see our ad on page 7

Continue your story with joy, vibrance and connection at the all-new Anthology Senior Living of King of Prussia. Experience an invigorating and elegant environment including an indoor pool, golf simulator and rooftop terrace with unbeatable views of Valley Forge. Independent Living, personal care and memory care in the heart of King of Prussia, opening January 2021. Call to take advantage of current offers.

Lancaster

Willow Valley Communities
866-454-2922
WillowValleyCommunities.org
see our ad on page 8

Willow Valley Communities' residents pursue passions through innovative award-winning amenities: an 80,000-square-foot Cultural Center with fitness and aquatics centers, day spa, art gallery, 500-seat Performing Arts Theater, the 30,000-square-foot Clubhouse, with bowling alley, vintage arcade, outdoor pool, tennis courts, golf simulator and 12 culinary venues. Willow Valley Communities' meticulous 210 acres, just minutes from Lancaster City, also offers Lifecare.



Kendal-Crosslands Communities

Limerick

Arcadia at Limerick Pointe
610-981-1688; ArcadiaLife.com
see our ad on page 6

Arcadia is an inclusive, faith-based senior living community with a Catholic foundation. Here, they know that community and family matter—now more than ever. Opening in November/December 2020, Arcadia is brand new, squeaky clean and operating under protocols that will keep residents safe and well.



Riddle Village

Lititz

Luther Acres
Other locations in Columbia and Lebanon
717-388-0274; Luthercare.org
see our ad on page 9

Luthercare's three senior living communities offer a full complement of lifestyles, services, amenities and programs that empower residents to live healthy, more socially connected lives. Explore the many options at their communities, from cottages and apartments to supportive personal care and more. They are excited to announce a new cottage neighborhood coming soon to the St. John's Herr Estate community.

55+ and Retirement Communities



The Hickman

Malvern

Echo Lake

484-568-4777; LivingAtEchoLake.com

SageLife.com

see our ad on page 71

They're open. Retirement living, reinvented. At the leading edge of the "aging well" movement, Echo Lake has a comprehensive fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

Media

Riddle Village

610-891-3700; RiddleVillage.org

see our ad on page 55

Riddle Village is a Lifecare community that offers amenities including a fitness center,

putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.

Newtown Square

Dunwoody Village

610-359-4400; Dunwoody.org

see our ad on page 45

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. On an 83-acre campus in Newtown Square, residents enjoy a variety of amenities, including three dining venues, swimming pool, fitness center and superb cultural offerings, as well as the peace of mind that Five Star Healthcare offers.

White Horse Village

610-558-5000; WhiteHorseVillage.org

see our ad on page 51

Situated on a 96-acre campus, White Horse Village is an active senior community offering a full range of healthcare services. First-class amenities include a fitness center, pool/spa, dining venues, tavern, bocce, art studio, woodshop and more! Their exceptional wellness programs, delicious food and spacious residences cater to a variety of lifestyles. The opportunities for learning, exploring and living are endless.

North Wales

Kyffin Grove

267-460-8100; KyffinGrove.com

SageLife.com

see our ad on page 71

A perfect location—a campus of coordinated care. Kyffin Grove offers customized care and innovative memory care, beautiful surroundings and a cozy, intimate setting. Call to find out more.



Foulk Manor North

Paoli

Daylesford Crossing

610-640-4000

DaylesfordCrossing.com; SageLife.com

see our ad on page 71

Daylesford Crossing is one of the Main Line's favorite supportive living communities ... completely personalized care, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is perfectly located right in the heart of the western Main Line. Call to find out more.

Phoenixville

Spring Mill Senior Living

610-933-7675; SpringMillSeniorLiving.com

see our ad on page 41

Welcome home to one of the most sought-after senior living communities. Nestled in the picturesque country side of Phoenixville, you can enjoy gourmet dining, extra-large apartment homes with stone balconies, and a vibrant, active social and physical recreation schedule. Their well trained team members are available 24 hours a day to help you worry less and enjoy more.

Wallingford

Plush Mills

610-690-1630; PlushMills.com; SageLife.com

see our ad on page 71

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

West Chester

Barclay Friends

610-696-5211; BF.Kendal.org

see our ad on page 49

Barclay Friends, a Continuing Care Community right in the Borough of West Chester, is a Kendal Affiliate. Their new Preston building brings Personal Care, Memory Care and Residential Living to their community. Highly regarded services also include post-acute rehabilitation and nursing care in a Medicare and Medicaid-certified setting.

The Hickman Friends Senior Community of West Chester

484-760-6300; TheHickman.org

see our ad on page 52

The Hickman is a nonprofit senior living community in beautiful West Chester. Guided by Quaker traditions since 1891, The Hickman provides individualized care and assistance to older individuals in a vibrant living community. The Hickman is a short distance from award-winning health systems, restaurants, theaters and specialty boutiques. When You're Here, You're Home.

Wellington at Hershey's Mill

484-653-1200

SeniorLifestyle.com/Property/Pennsylvania/Wellington-At-Hersheys-Mill/

see our ad on page 4

Wellington at Hershey's Mill is a Senior Lifestyle community located in the heart of scenic Chester County with independent living, personal care, skilled nursing and rehabilitation services. Surrounded by lush greenery and with convenient access to shopping, dining and entertainment, Wellington at Hershey's Mill is a vibrant, upscale community designed with hospi-



Somerford House



Friends Home in Kennett



Anthology Senior Living



Harrison Hill Apartments



Spring Mill Senior Living



Luther Acres

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tality and comfort in mind.

DELAWARE

Lewes

The Lodge at Historic Lewes

302-703-1904; LewesLodge.com

see our ad on page 6

A VIP waitlist is growing for Lewes Lodge, sister community to Truitt Lodge. When they open in 2022, The Lodges will offer residents many lifestyle options, with flexible contracts. Why surrender six-figures to a CCRC when you can enjoy the same lifestyle and retain your hard-earned assets?

Middletown

Meadowcrest at Middletown

302-828-0990; MeadowcrestLife.com

see our ad on page 6

A lifestyle just as unique as you awaits at Meadowcrest. The only senior living community in the Middletown area, their growing waitlist speaks for itself. Opening in 2021, the community will offer full-service retirement living on a monthly-rental basis.

Newark

Millcroft Senior Living

302-366-0160; FiveStarSeniorLiving.com

see our ad on page 2

With more than three decades of attentive,

friendly service, Millcroft is a senior living community offering spacious and comfortable independent living and assisted living apartments, as well as skilled nursing care, rehabilitation services and respite/short stays, all in one beautifully landscaped campus with a highly skilled 24-hour staff.

Somerford House Assisted Living Somerford Place Memory Care

302-266-9255; SomerfordHouseNewark.com

see our ad on page 2

Offering assisted-living apartments and the award-winning Bridge to Rediscovery program for people with dementia. Residents enjoy many services and amenities, including restaurant-style dining, 24-hour staff, social, educational and recreational activities, exercise/wellness programs, beauty salon, library, transportation, laundry and housekeeping.

Rehoboth

The Lodge at Truitt Homestead

302-727-0936; TruittLodge.com

see our ad on page 6

The Lodge is the only monthly rental independent living community in Coastal Delaware. Nestled within a 55+ community that shares incredible amenities with

Lodge residents, the community offers a vibrant lifestyle, complete with the worry-free services and amenities you expect in independent living.

Wilmington

Forwood Manor

302-529-1600; ForwoodManorDE.com

see our ad on page 2

Located on 13 beautifully landscaped acres in Wilmington, Forwood Manor is a full-service senior living community offering some of the finest in independent living and assisted living residences, as well as skilled nursing care, rehabilitation services and respite/short stays—all featuring friendly service by highly skilled 24-hour staff.

Foulk Manor North

302-478-4296; FoulkManorNorth.com

see our ad on page 2

Located in the heart of North Wilmington, Foulk Manor North is convenient to local shopping, restaurants and entertainment. They offer complete Senior Care for Independent Living, Assisted Living, Memory Care and Skilled Nursing. Ten-acre grounds have gardens, a screened-in porch and walking trails. Call for details and to schedule a tour.

Foulk Manor South

302-655-6249; FoulkManorSouth.com

see our ad on page 2

Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays. They also offer intermediate care as a long-term skilled nursing option.

Shipley Manor

302-477-8813; FiveStarSeniorLiving.com

see our ad on page 2

Shipley Manor has 24-hour, Five Star service in a cottage or an apartment. You'll love their warmth, hospitality, dining and dedication to your health and wellness. Most of all, you'll love being a part of their family, from independent living, assisted living to skilled nursing and rehabilitation.



Dunwoody Village



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Barclay Friends

SERVICES FOR SENIORS

Some seniors require a range of services, from legal advice and long-term care planning to making sure their personal belongings are moved with the utmost care.

Paoli

Ruggiero Law Offices LLC

610-889-0288; PaoliLaw.com

see our ad on page 57

At Ruggiero Law Offices LLC, the mission is to be creative problem solvers for families. Caring, comprehensive advice in the areas of estate planning, Medicaid planning, elder law and estate administration is provided in the office, home or care facility. Having an updated Power of Attorney and Will, or doing Medicaid planning is an important step before a move to a retirement community.

Phoenixville

OWM Law

Phoenixville: 610-917-9347

Pottstown: 610-323-2800; OWMLaw.com

see our ad on page 54

OWM Law's Certified Elder Law Attorney, Rebecca Hobbs (*Certified by the National Elder Law Foundation), is accredited with the Department of Veteran Affairs and a member of NAELA and PAELA. The practice includes long term care planning, Medicaid planning and applications, asset protection planning, veterans benefits, guardianships, special needs planning, trusts, estate planning and more.

West Chester

Right Size Relocation

610-235-2761; RightSizeRelo.com

see our ad on page 57

RSR is a move management company specializing in the creation and execution of personalized move plans for residents of 55+ and Senior Living Communities, ensuring a smooth and worry-free transition. RSR, a woman-owned and managed business, employs a passionate team focused on providing a variety of services to clients such as organizing, packing, unpacking, downsizing, auctioning, donating and more based on individual needs. ♦

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