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Senior Communities and COVID

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They're designed to make retirement healthier and more enjoyable.



EXTON Meridian at Eagleview 484-873-8110 MeridianEagleview.com

GLEN MILLS

Ivy Creek 610-981-2740 <u>SeniorLivingInStyle.com</u>

king of prussia

Canvas Valley Forge

844-400-6435 TheCanvasLife.com

Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully-crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

MEDIA Springton Lake Village 610-356-7297; SpringtonLakeVillage.com

LANCASTER

Lancashire Terrace Retirement Comm. 610-430-6900; Lancashire Terrace.com

PHOENIXVILLE

Coldstream Crossing 610-321-1977; <u>ColdstreamCrossing.com</u>

WEST CHESTER Harrison Hill Apartments

610-430-6900 <u>HarrisonHillApts.com</u>

Harrison Hill's 5-stories offer 114 apartment homes comprised of one bedrooms and one bedrooms with dens. The grounds feature a community patio, a walking trail, gazebo and dog park. Residents enjoy coffee and each other's company at "Monday Mingles," holiday barbecues and pizza parties, games in the activities rooms and once-aweek free transportation to set destinations. Call for details and to schedule a tour.

Hershey's Mill

610-436-8900; <u>HersheysMill55Plus.com</u>











55+ and Retirement Communities



Thinking of downsizing or relocating to a 55-plus community in the Delaware Valley? Hershey's Mill is situated around an 18-hole championship private golf club. This premier community also offers Tiger Turf coated tennis courts, pickle ball, bocce courts, shuffleboard and horseshoes, as well as miles of walking trails. This gated community also has a manned main gate 24/7. Visit their Community Open House Day, October 20th.

Communities for the Independent, with Continuing Care and life CARE communities

any seniors are currently inde-L pendent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

Pennsylvania

DEVON

Brightview Devon

484-519-0097; BrightviewDevon.com

The Devon Senior Living 610-263-2300; TheDevonSeniorLiving.com

DOWNINGTOWN St. Martha Villa for Independent & Retirement Living

610-873-5300; Villa.StMRehab.org

Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily Mass. St. Martha Villa shares its campus

and Healthcare. EXTON

with St. Martha Center for Rehabilitation

Exton Senior Living

610-594-0200; ExtonSeniorLiving.com Vantage Point Retirement Living

844-493-3900; VPRetirement.com

Vantage Point is a family-owned company who is putting the heart back in senior living. When you live in one of their communities, you're a part of something truly different and special; a part of their extended family. With brand new communities in Chester and Montgomery Counties, as well as Middletown and Coastal Delaware, they can't wait to welcome you home!

GLEN MILLS

Glen Mills Senior Living 610-358-4900; GlenMillsSeniorLiving.com

HONEY BROOK

Heatherwood Retirement

610-273-9301; HeatherwoodRetire.com

KENNETT SQUARE

Friends Home in Kennett 610-444-2577; FriendsHomeInKennett.org

All levels with no huge buy-in. Independent Living and Personal Care offer support while encouraging independence and Linden Hall skilled nursing offers more intense care

in a small, intimate setting. Residents thrive through an all-encompassing Performance Arts program and Montessori Method of enhanced living. Member of Leading Age and Friends Services Alliance.

Kendal-Crosslands Communities

844-907-1800; KCC.Kendal.org

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

LANCASTER

Willow Valley Communities

866-454-2922 Willow Valley Communities.org

> Willow Valley Communities' residents pursue passions through innovative awardwinning amenities: an 80,000-square-foot Cultural Center with fitness and aquatics centers, day spa, art gallery, 500-seat performing arts theater, the 30,000-squarefoot clubhouse, with bowling alley, vintage arcade, outdoor pool, tennis courts, golf simulator, and 12 culinary venues. Willow Valley Communities' meticulous 210 acres, just minutes from Lancaster City, also offers Lifecare.

LITITZ

Luthercare

Luther Acres, 600 E. Main St., Lititz

SECURITY CENTER

St. John's Herr Estate, 200 Luther Ln., Columbia

Spang Crest, 945 Duke St., Lebanon 717-388-0274; Luthercare.org

Luthercare's three senior living communities offer a full complement of lifestyles, services, amenities and programs that empower residents to live healthy, more socially-connected lives. Explore the many options at their communities, from independent living cottages and apartments to supportive personal care and more. Here, you decide how you want to live without worrying about the future.

MALVERN

Echo Lake

484-568-4777;

LivingAtEchoLake.com; SageLife.com The Main Line's newest retirement community - retirement living, reinvented. At the leading edge of the "aging well" movement, Echo Lake has a comprehensive fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think resort, think country club, think spa ... then let your imagination run wild. Independent Living, Assisted Living, Memory Care.

MEDIA

Riddle Village

Dunwoody V

610-891-3700; RiddleVillage.org Riddle Village is a Lifecare community that offers amenities including a fitness center, putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.

NEWTOWN SQUARE

Dunwoody Village

610-359-4400; <u>Dunwoody.org</u> Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers.

White Horse Village

610-558-5000; WhiteHorseVillage.org

NORTH WALES

Kyffin Grove 267-460-8100 KyffinGrove.com; SageLife.com





A perfect location-a campus of coordinated care. Kyffin Grove offers customized care and innovative memory care, beautiful surroundings and a cozy, intimate setting. Call to find out more. Personal Care and Memory Care.

PAOLI

Daylesford Crossing

610-640-4000

DaylesfordCrossing.com; SageLife.com

Daylesford Crossing is one of the Main Line's favorite supportive living community ... completely personalized care, uniquely sophisticated surroundings and unparalleled hospitality. Boutique sized, with 78 supportive living and specialized memory care apartments, Daylesford Crossing is perfectly located right in the heart of the western Main Line. Personal Care and Memory Care.

WALLINGFORD

Plush Mills

610-690-1630; <u>SageLife.com</u>

Plush Mills is different. You feel it when you walk through the door; upscale décor, comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and sup-



portive living apartments, Plush Mills is just the right size-big enough to count on, small enough to care. Independent Living and Personal Care.

WEST CHESTER

Barclay Friends

610-696-5211 BF.Kendal.org

Barclay Friends, a Continuing Care Community, is a Kendal Affiliate. With five gardens surrounding the community, they cultivate the arts and gardens through music, visual arts and horticultural therapy. Their highly regarded services include post-acute rehabilitation and nursing care, and they are Medicare and Medicaid certified. Coming Fall 2020, the Preston building brings residential living, personal care and memory care to their community.

NEWARK

Millcroft Senior Living

302-366-0160 FiveStarSeniorLiving.com With more than three decades of attentive, friendly service, Millcroft is a senior living community offering spacious and comfortable independent living and assisted living apartments, as well as skilled nursing care, rehabilitation services, and respite/short stays, all in one beautifully landscaped campus with a highly skilled 24-hour staff.

Somerford House Assisted Living Somerford Place Memory Care

302-266-9255; SomerfordHouseNewark.com Offering assisted-living apartments and the award-winning Bridge to Rediscovery program for people with dementia. Residents enjoy many services and amenities, including restaurant-style dining, 24-hour staff, social, educational and recreational activities, exercise/wellness programs, beauty salon, library, transportation, laundry and housekeeping.

WILMINGTON

Forwood Manor

302-529-1600; ForwoodManorDE.com Located on 13 beautifully landscaped acres in Wilmington, Forwood Manor is a full-

service senior living community offering some of the finest in independent living and assisted living residences, as well as skilled nursing care, rehabilitation services, and respite/short stays-all featuring friendly service by highly skilled 24-hour staff.

Foulk Manor North

302-478-4296; FoulkManorNorth.com Located in the heart of North Wilmington, Foulk Manor North is convenient to local shopping, restaurants and entertainment. They offer complete Senior Care for Independent Living, Assisted Living, Memory Care and Skilled Nursing. Ten-acre grounds have gardens, a screened -n porch and walking trails. Call for details and to schedule a tour.

Foulk Manor South

302-655-6249; FoulkManorSouth.com Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays.



They also offer intermediate care as a longterm skilled nursing option.

Shipley Manor

302-477-8813;

FiveStarSeniorLiving.com

Shipley Manor has 24-hour, five-star service in a cottage or an apartment. You'll love their warmth, hospitality, dining and dedication to your health and wellness. Most of all, you'll love being a part of their family, from independent living, assisted living to skilled nursing and rehabilitation. ♦

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