Reprinted COUNTY LINES November 2019

GUIDE TO 55+ and Retirement Communifies

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They're designed to make retirement healthier and more enjoyable.

PENNSYLVANIA

King of Prussia Canvas Valley Forge

844-400-6435; <u>Canvas Valley Forge.com</u> Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

Lancaster Lancashire Terrace Retirement Comm. 610-430-6900

<u>Lancashire Terrace.com</u>

A 55+ community that's a great retirement value, offering the county's only all-lease, all-cottage senior living. They provide a full activities calendar, along with a fitness center for wellness. Retire in a safe, carefree and friend-filled environment that will leave you wondering why you waited so long to make the move. Call them for a tour and lunch on them.

West Chester Harrison Hill Apartments 610-430-6900

<u>HarrisonHillApts.com</u>

Harrison Hill in West Chester offers a resident-friendly environment in an independent living community. Their 1BR and 1BR with Den apartments offer today's amenities with ample space needed to live comfortably and securely. Companionship is plentiful at Harrison Hill with Monday Mingle, Tuesday Transportation and other resident-initiated activities and management social events. Come find comfort and family at HH.

Independent Living Communities, with Continuing Care and Life Care Communities

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support-moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

PENNSYLVANIA

Downingtown St. Martha Villa for Independent & Retirement Living

610-873-5300; <u>Villa.StMRehab.org</u> Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus













55+ and Retirement Communities

with St. Martha Center for Rehabilitation and Healthcare.

Kennett Square **Kendal-Crosslands Communities** 844-907-1800;

KCC.Kendal.org

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with Five Star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

Lancaster Willow Valley Communities

866-454-2922

Willow Valley Communities.org

Willow Valley Communities' residents pursue passions through innovative awardwinning amenities: an 80,000-square-foot Cultural Center with fitness and aquatics

centers, day spa, art gallery, 500-seat Performing Arts Theater, the 30,000-squarefoot Clubhouse, with bowling alley, vintage arcade, outdoor pool, tennis courts, golf simulator and 11 culinary venues. Willow Valley Communities' meticulous 210 acres, just minutes from Lancaster City, also offers Lifecare.

Lititz

Luther Acres

Other locations in Columbia and Lebanon 717-388-0274 Luthercare.org

Luthercare's three senior living communities offer a full complement of lifestyles, services, amenities and programs that empower residents to live healthy, more socially connected lives. Explore the many options at their communities, from cottages and apartments to supportive personal care and more. They are excited to announce a new cottage neighborhood coming soon to the St. John's Herr Estate community.

Malvern

Echo Lake 484-568-4777

LivingAtEchoLake.com SageLife.com They're open. Retirement living, reinvented. At the leading edge of the "aging well" movement, Echo Lake has a comprehensive fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

Manheim

Pleasant View Retirement Comm.

717-665-2445

<u>PleasantViewCommunities.org</u> Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing carefree lifestyle with opportunities to explore passions and interests. Because Pleasant View is so highly regarded and popular, it is expanding-West Lawn on the main campus and The Lofts at Lititz in downtown. Please call to learn more.









Newtown Square Dunwoody Village

610-359-4400 Dunwoody.org

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five Star Healthcare offers.

White Horse Village

610-558-5000

WhiteHorseVillage.org White Horse Village, a community of

friendly, vibrant people age 62 and older, sits on 96 picturesque acres and neighbors a state park. Amenities include a fitness center, pool/spa, putting green, bocce, shuffleboard, library, arts studio, wood shop and more. Enjoy gardening, cultural events, clubs, arts and entertainment, volunteering and new friendships. A Healthcare Center with outpatient services, skilled nursing, personal care and memory support is on-site.

North Wales

Kvffin Grove

267-460-8100 KyffinGrove.com SageLife.com

A perfect location-a campus of coordinated care. Kvffin Grove offers customized care and innovative memory care, beautiful surroundings and a cozy, intimate setting. Call to find out more.

Paoli **Daylesford Crossing**

610-640-4000 DaylesfordCrossing.com SageLife.com

Daylesford Crossing is one of the Main Line's favorite supportive living communities ... completely personalized care, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is perfectly located right in the heart of the western Main Line. Call to find out more.

Phoenixville Spring Mill Senior Living 610-933-7675

SpringMillSeniorLiving.com

Welcome home to one of the most highly sought-after senior living communities in the area, offering exceptional personal care and memory care. With gourmet dining, events, daily activities, extra-large apartment homes with stone balconies and patios, Spring Mill is truly a great choice in senior living. Long tenured professional team members are available 24 hours a day to ensure that you live without worry. They'll take care of everything for you.

Wallingford

Plush Mills

610-690-1630; SageLife.com Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right sizebig enough to count on, small enough to care. Call to find out more.

West Chester

Barclay Friends

610-696-5211; BF.Kendal.org Barclay Friends, a Continuing Care Community, is a Kendal Affiliate. Cultivating the arts and gardens through music, visual arts, and horticultural therapy, gardens surround this beautiful community. Highly regarded services include post-acute rehabilitation and nursing care in a Medicare and Medicaid-certified setting. Coming in summer of 2020: residential living, getaway stays, personal care and memory care.

Wellington at Hershey's Mill

484-233-6230 WellingtonRetirement.com Wellington at Hershey's Mill is a Benchmark Signature Living Community that offers independent living, personal care, skilled nursing and rehabilitation services. Wellington is a leading provider of senior living services located in the heart of scenic, historic Chester County, Pennsylvania. Visit their website for more information.

DELAWARE

Newark

Millcroft Senior Living

302-366-0160

FiveStarSeniorLiving.com

With more than three decades of attentive, friendly service, Millcroft is a senior living community offering spacious and comfortable independent living and assisted living apartments, as well as skilled nursing care, rehabilitation services, and respite/short stays, all in one beautifully landscaped campus with a highly skilled 24-hour staff.

Somerford House Assisted Living Somerford Place Memory Care

302-266-9255

SomerfordHouseNewark.com

Offering assisted-living apartments and the award-winning Bridge to Rediscovery program for people with dementia. Residents enjoy many services and amenities, including restaurant-style dining, 24-hour staff, social, educational and recreational activities, exercise/wellness programs, beauty salon, library, transportation, laundry and housekeeping.

Wilmington

ACTS – Retirement-Life Communities Country House

302-244-7646

AboutActs.com/CountyLines

Country House is rolling out a bold vision for the future of its campus. New cottages offer today's discerning retiree the ultimate independent lifestyle with luxurious conveniences within the same campus. New apartment homes feature many modern luxuries, plus comforts and amenities located under the same roof. Country House is also re-energizing community amenity spaces to reflect today's lifestyles and consumer expectations.

Forwood Manor

302-529-1600

ForwoodManorDE.com

Located on 13 beautifully landscaped acres in Wilmington, Forwood Manor is a fullservice senior living community offering some of the finest in independent living and assisted living residences, as well as skilled nursing care, rehabilitation services, and respite/short stays—all featuring friendly service by highly skilled 24-hour staff.

55+ and Retirement Communities

Foulk Manor North

302-478-4296 <u>FoulkManorNorth.com</u>

Located in the heart of North Wilmington, Foulk Manor North is convenient to local shopping, restaurants and entertainment. They offer complete Senior Care for Independent Living, Assisted Living, Memory Care and Skilled Nursing, Ten-acre grounds have gardens, a screened-in porch and walking trails. Call for details and to schedule a tour.

Foulk Manor South

302-655-6249

FoulkManorSouth.com

Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays. They also offer intermediate care as a long-term skilled nursing option.

Shipley Manor

302-477-8813 FiveStarSeniorLiving.com

Shipley Manor has 24-hour, Five Star service in a cottage or an apartment. You'll love their warmth, hospitality, dining and dedication to your health and wellness. Most of all, you'll love being a part of their family, from independent living, assisted living to skilled nursing and rehabilitation.

SERVICES FOR SENIORS

Some seniors require a range of services, from legal advice and longterm care planning to making sure their personal belongings are moved with the utmost care.

Ruggiero Law Offices LLC 610-889-0288 PaoliLaw.com

At Ruggiero Law Offices LLC, the mission is to be creative problem solvers for families. Caring comprehensive advice in the areas of estate planning, Medicaid planning, elder law and estate administration is provided in the office, home or care facility. Having an updated Power of Attorney and Will, or doing Medicaid planning is an important step before a move to a retirement community.

TLC Moving Services

610-268-3243 <u>TLCMovingServicesIlc.com</u>

TLC provides a personalized and friendly service specializing in house and retirement home moves. They offer you a personalized, economical and worry-free service that specializes in planning, packaging, unpacking, sale of personal property, handyman services, appraisals and donations. •

Please visit our online Guide at CountyLinesMagazine.com

