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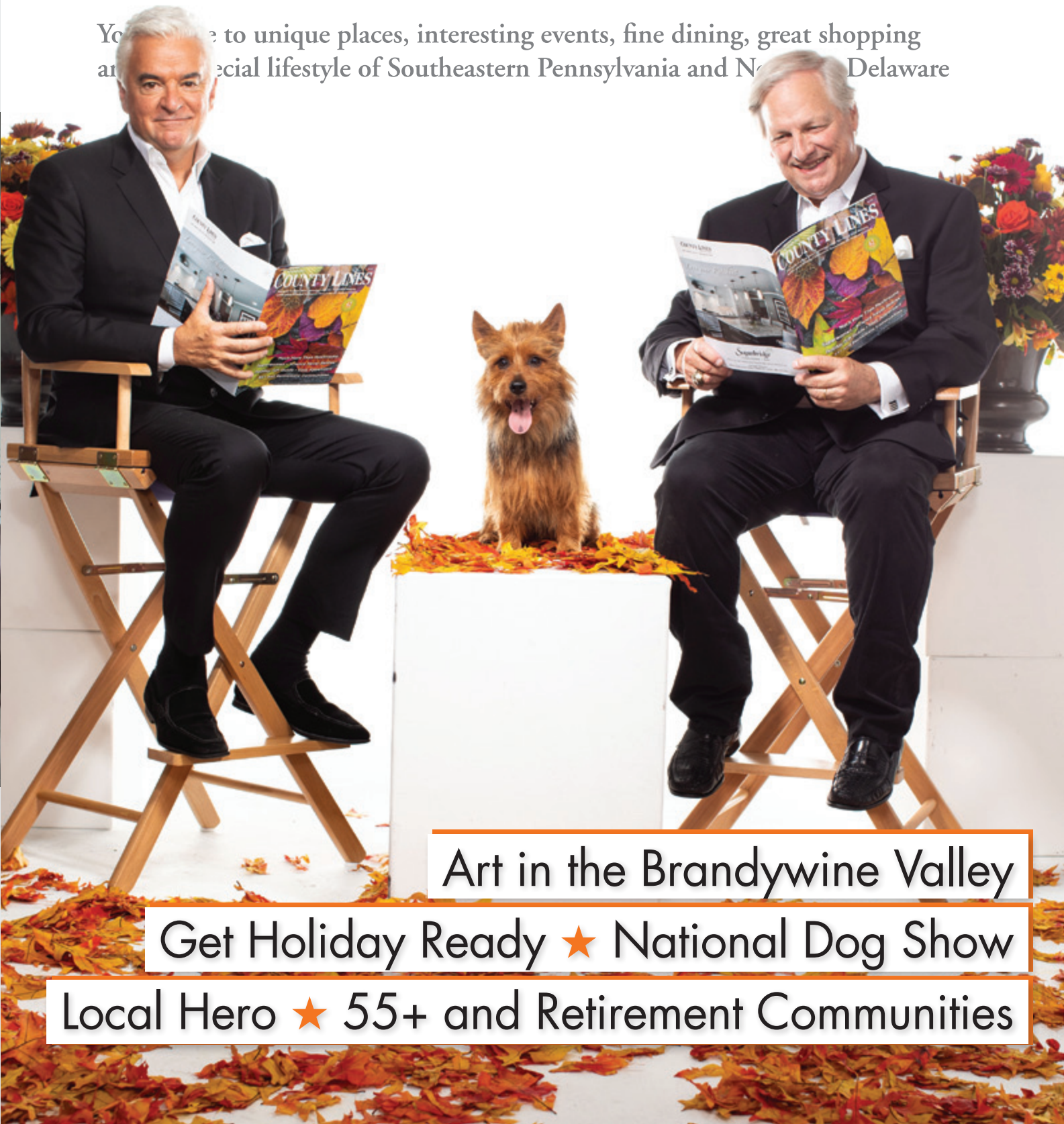
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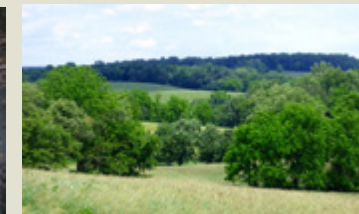
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Unionville

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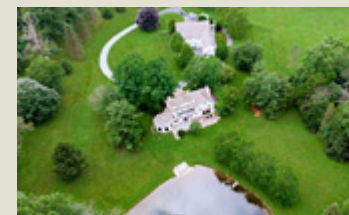
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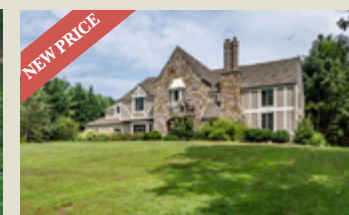
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from the EDITOR

Feel the change in the air? November is time to shift into holiday mode. Shop, give thanks and gather with family and friends. These are busy and fun times!

Recognize anyone on our cover? That's John O'Hurley—*Seinfeld's* Mr. Peterman—and David Frei, dog show host. Just a reminder of another tradition on Thanksgiving Day, broadcast between the Macy's Day Parade and afternoon football. Learn about our local connection to the National Dog Show in Mercedes Thomas's preview of the show and events leading up to it.

Our November focus includes our area's many volunteers. This year's "Local Hero" is the Chester County Food Bank and their 3000 volunteers. We also look at local senior volunteers. Ed Malet writes about what some are doing in "Senior... But Not in Body or Heart."

And as the leaves fall on your lawn, consider an environmentally sound approach from Tara Vent of Jenkins Arboretum. In "Preparing Your Garden for Winter," she shares her best tips.

Carol Metzker surveys the beauty of the Brandywine Valley. In "The Artful Life," she visits its galleries, shops, restaurants and places to find beauty for body, soul and homes. Great gift ideas!

For more on gifts, Casey Meyer gives us the scoop on Small Business Saturday, and what West Chester, Kennett Square, Phoenixville and Media have planned to help support our locally owned independent businesses in "Spread Cheer Locally this Year." Plus our "Holiday Gift Guide" is filled with more ideas and great photos!

To eat locally for Thanksgiving and beyond, Brandywine Table's Alyssa Thayer recommends heritage turkeys from Lindenhof Farm in "Grazing Gobblers." Complete with cooking tips.

And we get a head start on Christmas performances with the 15th annual Musical Panto at People's Light, *Little Red Robin Hood*, and Media Theatre's production of *Elf: the Musical*, which Hania Jones previews.

Check out other fun in our Best Local Events section and remember to vote on Facebook in our annual Capturing Chester County photo contest. Which is your favorite place?

Thank you for reading. And Happy Thanksgiving!

Jo Anne Durako
Editor

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December**

HOLIDAY ISSUE

Festivities in West Chester
House Tours & Holiday Decor • Books
Shop Local • Seasonal Shows • Wine
Holidays Across County Lines

COUNTY LINES MAGAZINE

November 2019

Volume XLIII, Number 3

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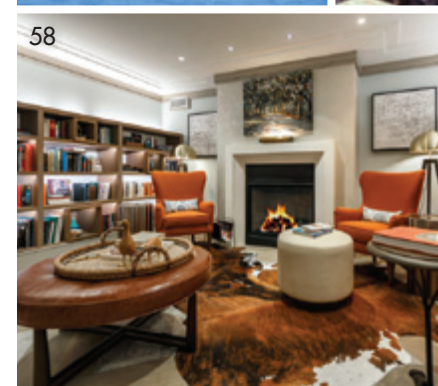
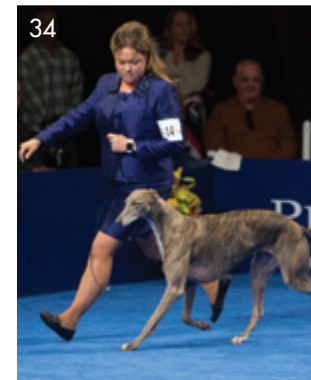
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Cover photo of John O'Hurley, David Frei and Banjo by Simon Bruty/National Dog Show

Fit for the Holidays

Cindy Walker

SET YOUR FITNESS GOALS NOW SO YOU'RE FIT BEFORE YOU FEAST.

AMONG THE MANY THINGS ON YOUR HOLIDAY TODO list, did you include fall fitness goals? You should. You'll be able to enjoy the festivities with a clearer conscience, calmer mind and slimmer middle if you plan now. And, follow through.

Some of us have seasonal routines that we follow. During my more energetic 30s—as a squash & fitness club member who played racquetball regularly and walked to work—my Thanksgiving morning ritual was running to the Lincoln Memorial and back from my Capitol Hill condo. That extended run was my only extra preparation. Now my primary exercise is cooking.

Others who are more hard-core may run marathons—November 3rd in New York City or the 24th in Philadelphia—half-marathons, turkey trots or a local 5K. There are certainly plenty to choose from. (See our Best Local Events section, under Fundraisers and Outdoor Activities.)

But what are some other options to add variety into the fall fitness regime?

STAY THE COURSE

Not everyone craves variety, though. For those who exercise regularly, the holidays are a time to keep focused on those positive habits. At West Chester's ACAC Fitness and Wellness Center, Katie Gwinn notes the regulars are even more ... regular. "We do see an uptick in attendance during this time of the year, especially with kids being out of school and adults taking time off work," she says.

In fact, for those with the fitness habit, this time of year is time to re-commit. "We find a lot of our members make it a point to keep up with a workout routine both to combat the stress that the holidays bring and to balance out the extra eating and drinking during that time of year," says Gwinn.

But for those looking for something new, what are some options?

PLANKSGIVING

A quick Google search brings plenty of inspiration and a novel option to celebrate the core with Planksgiving. Yes, the simple yoga pose has exploded on the Internet and Instagram from 30 Days of Thanks and Planks or the Planksgiving Challenge. It's got a nice ring and a hashtag to boot (#planksgiving, or for the more political, #planklikeRBG).

The idea is straightforward, with opportunities for variety. Put this versatile yoga pose at the core (pun intended) of your fitness plan. Spend the month of November planking and thanking your way to a better self.

Planksgiving can be as simple as extending your time in the plank pose from 20 seconds on day 1, up to a full 3 minutes (180 seconds) or more on November 30th. Or visit websites that offer a variety of plank poses to try: the diagonal, reverse, inverted V, leg lifts, donkey kick, x-plank, plank jacks. Beginners can simply take the 7-Day Planksgiving Challenge.

Just remember to give thanks while you plank.

FREE GROUP FITNESS

If you're looking to join a group to keep your motivation up but don't want to add another budget item, consider starting a local branch of the free fitness movement with the November Project. It's certainly the right month for it.

Started in Boston and spreading worldwide (Iceland, Serbia), though mostly in the U.S., this exercise community is based on free empowering group workouts. The closest branch started in Philly in 2013 and meets Wednesday and Friday mornings at 6:25 a.m. for a sub-60-minute workout filled with "all the sweat and hugs you can handle."



Start your own November Project group like the one that meets in Philly.



Run a race together as a family.

Open to all fitness levels, and meeting on the Rocky steps on Wednesdays, this group asks you to show up, at the right time each week and pay nothing. No sign ups, just show up, always in the mornings, and just on weekdays. And no charge—to remove another excuse for not exercising.

Surely there's a great spot to meet up for community and fitness in Chester County. And for the extroverts, this has to sound better than a solitary fitness app.

FAMILY FITNESS

Want to make holiday fitness a family tradition? Well, National Family Week has been observed the week before Thanksgiving since 1987, and that 30+-year tradition is evolving into Family Fitness Week. So, that's a start.

Families can spend healthy time together being active in the fall, but ramp it up around Thanksgiving. Set a family challenge to accomplish two to three activities per day during Thanksgiving week. You can stay active, work on team building and spend that quality time together making memories to savor at future Thanksgiving gatherings.

Suggestions from the Alliance for a Healthier Generation include everything from running a race together as a family, doing a charity run or walk for a cause, raking leaves and jumping into the piles, flying a kite, visiting a zoo, playing family tug of war, learning a yoga pose (maybe for planksgiving?) to creating a Family Fitness Scavenger Hunt.

Or just head to the local Y and let them be your guide. Kim Cavallero of the YMCA of

Greater Brandywine recommends the family-friendly fitness classes (for kids 8 and up). "We offer family classes from cycling and boot camp to yoga and zumba, and so much more all year round," says Cavallero. "But families can certainly come in for holiday fitness."

There's everything from a Youth HIIT (high intensity interval training for those 10 to 16) to Big Little Story Time, with reading and acting out the tales for the younger set with yoga poses. "Happy baby pose is a favorite," says Cavallero.

STRATEGIC INDULGING

How much weight are you likely to gain from one Thanksgiving dinner? Well, you'll likely consume around 4000 calories on that full day of feasting—from breakfast to your late-night slice of pie.

And while some news stories predict a 7 to 10-pound weight gain from Thanksgiving to Christmas, the good news is the amount

is actually much less—closer to a bit over a pound. The bad news, though, is that few of us are likely to lose that extra pound or so quickly. And studies show men gain more than women, older folks more than younger, and those already overweight more than their slimmer family members.

In addition to pre- or post-holiday exercising and dieting, another option is strategic indulging. When faced with high calorie options—gravy, marshmallow topped anything, all pies—take a smaller portion. Instead, fill your plate with plain sweet potatoes, steamed veggies and skinless white meat. Limit yourself to one plate of food—no second helpings or late night snacks. And eat slowly, savoring every bite!

Or, you can try to work off 4000 calories in the gym. After all, the folks at ACAC say, "Thanksgiving morning is one of our busiest days out of the entire year." See you there! ♦



Raking and jumping in leaves are fun family activities to stay active in the fall.



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[Good to Know] *Just a few things we'd thought you'd like to know this month*

Tail-wagging Fun. Avondale's gone to the dogs! Camp Bow Wow, a new franchise boarding facility for dogs, is open for business, offering training, grooming, plus day and overnight care, nixing the hassle of a dog sitter. With climate-controlled play areas indoors and out, staff trained in pet first aid, and webcam access so you can peek in on your pooch's playtime, Camp Bow Wow lets you know your furbaby is having a "paw-some" time. 7 London Way, Avondale. 610-268-3647. CampBowWow.com.



Pumped for Pumpkins! Pumpkin season is peaking, so plan for some pumpkin fun at Glen Run Valley View Farm and their annual Pumpkin Olympics on November 9. With options like the pumpkin pie eating contest, pumpkin bowling, gourd toss, pumpkin throw and more, this event will please even the most begrudging pumpkin lover. Stay for the finale to witness the Giant Pumpkin Drop (560 pounds in 2018!) and 1,000 Pumpkin Avalanche & Smash Fest! Tickets \$7/person, \$25/ family. 280 Lenover Rd., Atglen. GlenRunValleyViewFarm.com.



Tongue Twisting Fun. Couldn't stop saying Peter Piper picked a peck of pickled peppers as a kid? Or graduated to Gilbert & Sullivan's best? Now's the time to let loose your love of silly sayings because November 10 is **National Tongue Twister Day!** Get into the spirit by challenging friends and family with "The sixth sick sheik's sixth sheep's sick." By day's end, you'll have your tongue tied in knots or reign supreme as the best announciator! More examples at EngVid.com.

Gnarly, Bro! Who said skateboarding isn't an artform? Certainly not West Chester University! Catch the WCU's exhibit, the **Skate Show**, to fully immerse yourself in this cross discipline, interactive exhibition of skateboard culture. On view in the John H. Baker Gallery of the E.O. Bull Center for the Arts, this rad exhibit features handmade boards, 3D printed trucks, music, graffiti and a full-size indoor mini-ramp all made by WCU students, alums, faculty and staff. Through Dec. 13. 2 E. Rosedale Ave., West Chester.



On The DL. You didn't hear this from us ... but consider booking a **Best Kept Secrets Tour of Chester County** and head off-the-beaten path to explore handpicked local small businesses. These best kept secrets offer participants access to exclusive merchandise and discounts, workshops and barn tours, unique cafes, artists' studios, wineries, orchards and more. And the best news: tickets are just \$10, which just might be a secret you want to share. More at BestKeptSecretsTour.com.



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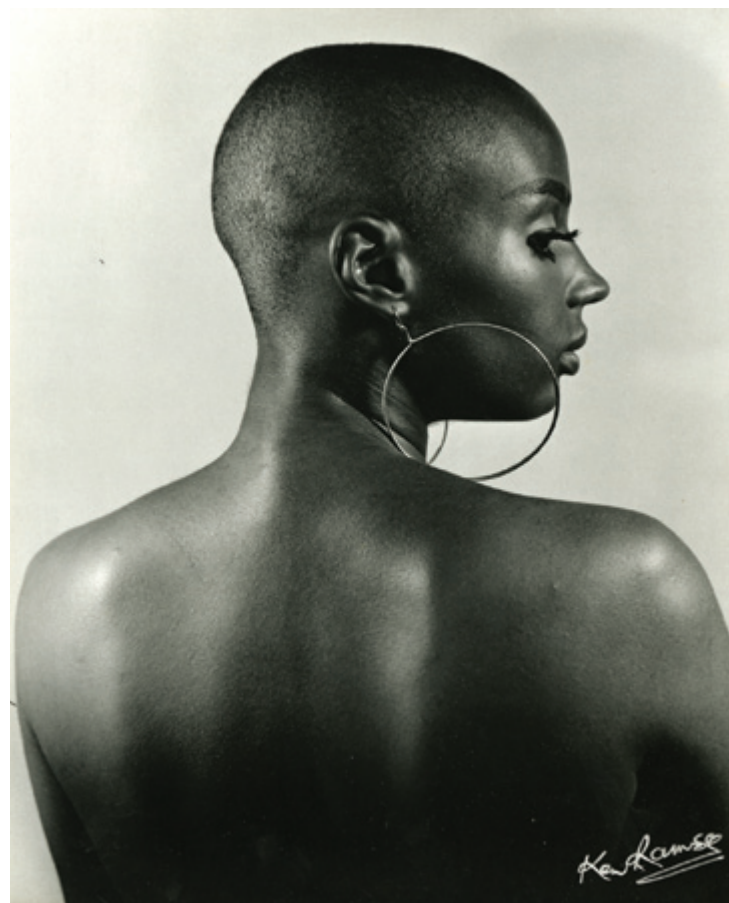
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November Picks Our Picks for top events this month

Greystone Hall & Colonial Theatre Present *The Manor*

November 14–17 & November 29–December 1



PHOTO BY PAUL MACKEY

Money, marriage, murder and madness are played out inside a mansion in a wonderful two-act play by Kathrine Bates, where the “star” is the mansion itself. Set in the 1920s, this original play, inspired by true events, chronicles the triumphs and travails of a prominent family. Light refreshments are served in the mansion’s sumptuous

dining room. *Greystone Hall, 1034 Phoenixville Pk., West Chester.*
Nov. 14, 15, 16, 29 & 30 at 7 p.m.; Nov. 17 & 30, Dec. 1 at 2 p.m.
\$60. For tickets, ColonialPlayhouse.net/The-Manor-Info.

SHiNE in the Vines

November 9

Save the date for a very special afternoon and evening at Paradox Vineyard, where you’ll find their wine, local beer from Victory and Levante, great food, raffles, auctions and lots of fun. Benefits SHiNE, a volunteer organization at The Abramson Cancer Center at Chester County Hospital that provides services to give every patient every advantage in their battle with cancer—from nurse navigators, to fitness, to transportation, emotional support and so much more. *1833 Flint Hill Rd., Landenberg. 3 to 7 p.m. \$100. PatientShine.org.*



Uptown! Presents ... Sail On: The Beach Boys Tribute

November 9

You’ll hear all the Beach Boys’ classic hits, plus some treasures from the band’s extended catalog, recreating the soundtrack to an *Endless Summer*, completely live and in rich detail. *Uptown! Knauer Performing Arts Center, 226 N. High St., West Chester. 7 p.m. \$35–\$40. 610-356-2787; UptownWestChester.org.*



Brandywine River Museum of Art — *Cinderella & Co. — Three Fairy Tales Reimagined* Through January 5



A new exhibit that includes more than 100 drawings illustrated by 35 artists exploring the enduring stories of *Cinderella*, *The Three Little Pigs* and *Goldilocks and the Three Bears*. Special exhibition-themed programs and events include Children’s Read-Aloud Tours, First Sunday Fairy Tale Fun, Stroller Tours and craft activities.

1 Hoffman’s Mill Rd., Chadds Ford. Daily 9:30 a.m. to 4:30 p.m. \$6–\$18. 610-388-2700; Brandywine.org.

North Star of Chester County Wine & Beer Tasting

November 10

Come out to The General Warren for an evening of wine and beer tastings alongside unique and delicious food pairings. Proceeds from the event support North Star of Chester County and their homelessness prevention and self-sufficiency program for single working parents. *9 Old Lancaster Ave., Malvern. 4 to 7 p.m. \$100. WineBeer19. GiveSmart.com.*



best Local Events

FAMILY FUN

THROUGH NOVEMBER, Wednesdays

Story Time at Reads & Company. Every Wednesday morning at 11 am back at the Reading Rocketship at Reads & Company, 234 Bridge St., Phoenixville. 484-920-3695; ReadsAndCompany.com.

NOVEMBER 3

First Sundays for Families at Brandywine River Museum of Art. On Pirate Adventure Day, create pirate-themed crafts, hunt for art treasures, meet the Pirates of Fortune's Folly, and experience "Storytime Peter Pan" presented by Hedgerow Theatre. 1 Hoffman's Mill Rd., Chadds Ford. 10 to 1. 610-388-8382; BrandywineMuseum.org.



NOVEMBER 3

Delaware Museum of Natural History—Fairy Tale Sunday. Dress as your favorite storybook character and come to hear fairy tale favorites starring animals, including *Rumpelstiltskin* and *The Poodle and the Pea*. 4840 Kennett Pk., Wilmington. 12:30 to 2. \$3–\$9. 302-658-9111; DelMNH.org.

NOVEMBER 23–DECEMBER 28
Celebrating the Holidays in Kennett Square. Nov. 23–Dec. 28, Sat. shuttle to and from



Longwood Gardens, timed tickets 1:30 to 6:30; **Nov. 29**, Holiday Light Parade, 6 pm; **Nov. 30**, Small Business Saturday; **Nov. 30, Dec. 7, 21**, Brandywine Singers caroling, 2 to 5; **Dec. 7, 8, 14, 15**, Kennett Holiday Village Market, 11 to 5 at The Creamery; **Dec. 12**, Tinsel on the Town, State Street holiday shopping and fun, 6 to 9 pm. 610-444-8188; HistoricKennettSquare.com.

NOVEMBER 29, DECEMBER 1

Visit Media for the Holidays. Nov. 29, Holiday Stroll, noon to 3 and the Festival of Lights and Tree Lighting at the Armory on State & Church Sts. at 5 pm. Dec. 1, 6th Annual Santa Parade and Fun Run with exhibits, give-aways, refreshments and activities at the block party on Veterans Square between State and Front Sts. 2:30 to 6 pm. VisitMediaPA.com.

NOVEMBER 30

Patriot's Day at Brandywine Battlefield. Firing demos, 18th-century baker with fresh breads and cookies, military fife and drum music, open fire cooking and military medical display and demonstration. 1491 Baltimore Pk., Chadds Ford. 10 to 4. \$5–\$8. 610-459-3342; BrandywineBattlefield.org.

NOVEMBER 30

Chester County Historical Society—Breakfast with Santa. Enjoy a delicious buffet breakfast with Santa. Children get to sit with Santa to share their Christmas wish lists, take photos, and receive a goody bag with special items inside. Seats are limited and registration is required. 225 N. High St., West Chester. 9:30 to noon. For tickets, 610-692-4800; ChesterCo-Historical.org.

NOVEMBER 30, DECEMBER 7 & 14
Holiday Events in Downingtown. Nov. 30, Christmas Tree Lighting in Kerr Park, 6 pm; Dec. 7, Santa at the Downingtown Log House, 10 to 2; Dec. 14, Christmas Parade, 3 pm. For more info, 610-269-1523; DTownChristmas.com.

DECEMBER 4–8

Valley Forge Kennel Club Dog Show. The Winter Blast dog shows annual five-day celebration of dog sports including a dog show each day. The weekend's activities include obedience and Rally competitions as well as a new Scent Work trial. The Greater Phila-

delphia Expo Center, 100 Station Ave., Oaks. Begins 9 am daily. \$5–\$10. For more info, ValleyForgeKC.org/Show.

DECEMBER 6

QVC West Chester Christmas Parade. Start with the Jingle Elf Run, a children's race, two-mile run, and one-mile walk, 6:30; Holiday Village, High St. between Gay and Market Sts., 5 to 9; QVC West Chester Christmas Parade, with Master of Ceremonies Adam Joseph, along with a few QVC hosts, 7:15 pm. For more info, GreaterWestChester.com.

DECEMBER 6–22

The Holidays in Phoenixville. Dec. 6, Holiday Parade and the new Winter Wonderland Village in the Main & Bridge Street Parking Lot, starts at 5 pm, tree lighting follows; Dec. 7–22, weekends, visit Santa at the house on Bridge St.; Dec. 11, Luminaria Shopping Night. 610-933-2154; PhoenixvilleFirst.org.

DECEMBER 6–7

Christmas in Wayne. Dec. 6, horse-drawn carriages, ornament making, face painting and more in the firehouse, plus hot chocolate stations, strolling carolers in town. Then gather to light the tree and welcome Santa on his fire truck at Wayne train station at 7:30. Dec. 7, Santa Parade at 10 am. Meet Santa at The Wayne Hotel until 11:30 am. See website for details, WayneChristmas.com.



DECEMBER 7

Christmas on King. Malvern is set to deck the halls with their tree lighting and a day filled with shopping at the Mistletoe Market and King Street merchants. You'll enjoy two outdoor cocktail lounges, food trucks, and lots of activities for children, including a visit from Santa. Everything happens on King Street and in Burke Park, Warren Ave. & Roberts Rd. Noon to 7 pm. Malvern-Festivals.com.

HOLIDAY HAPPENINGS

See also: Family Fun

NOVEMBER 19–DECEMBER 29

2018 Holidays in Historic Odessa, DE. The Corbit Sharp House will be adapted into scenes based on the classic children's novel, *The Secret Garden*. Holiday Candlelight Tours on Tues & Thurs through Dec., except Christmas Eve. 201 Main St., Odessa, DE. Mon by res.; Tues–Sat, 10 to 4:30; Sun, 1 to 4:30. \$8–\$10. 302-378-4119; HistoricOdessa.com.



NOVEMBER 22–24

Delaware Hospice Festival of Trees. Beautifully decorated trees and wreaths and a variety of events, a festival marketplace, live entertainment and activities help make the weekend truly special. Brantwyn Estate, 600 Rockland Rd., Wilmington. Preview party Fri, 5 to 8, \$25. Hours: Fri, noon to 4; Sat & Sun, 10 to 4. Free. 302-235-6000; DelawareHospice.org.



NOVEMBER 22–JANUARY 5

A Longwood Christmas. Celebrate the many shapes of the season with a display that is both nostalgic and inventive, from poinsettias to pinecones to snowflakes. Outdoor firepits, colorful fountains, music, a half-million lights and carolers fill the gardens. 1001 Longwood Rd., Kennett Square. Timed admission tickets req. LongwoodGardens.org.

NOVEMBER 23–JANUARY 5

Yuletide at Winterthur. Embrace the warmth and festivity of the season with a magnificent holiday tour of Henry Francis du Pont's mansion

as well as breathtaking trees, dazzling room displays, a magical dollhouse and the opportunity to shop and dine at the weekly Yuletide Jazz & Wine series. 5105 Kennett Pk. (Rt. 52), Winterthur, DE. Mon–Sun, 10 to 5:30. Timed tickets required for Yuletide. \$6–\$20. 800-448-3883; Winterthur.org.

NOVEMBER 29–DECEMBER 24

21st Annual Miniature Show & Big Red Bow Lighting at Sunset Hill Fine Arts Gallery. Featuring miniature paintings by a variety of favorite Chester County artists done in all mediums and artistic style. Nov. 29, Opening



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Reception, 4 to 8. Annual lighting of the bow at dusk. 23 N. High St., West Chester. 610-692-0374; SunsetHillJewelers.com.

NOVEMBER 29–JANUARY 5

A Brandywine Christmas. Enjoy a gallery filled with a model train display, trees decorated with critter ornaments, events and programs such as Breakfast with the Trains, Breakfast with Santa, caroling and parties. Brandywine River Museum of Art, Rt. 1, Chadds Ford. 9:30 to 4:30 (closed Christmas Day). \$6–\$18. 610-388-2700; Brandywine-Museum.org.

NOVEMBER 30

Holiday Events in Centreville, DE. A yearly Santa Stroll on Small Business Saturday, where the shops sponsor a “passport program,” allowing visitors to have their passports stamped at area shops to get a chance to win a gift certificate to one of the area merchants. Trees, holiday greens vendors and food trucks also on hand. 302-777-FIND; CentrevilleDe.info.

DECEMBER 1

Garrett Hill Tree Lighting Celebration. Bring an ornament to decorate the tree and canned goods and winter jackets for collection for veterans. Then sing carols, enjoy hot chocolate and snacks. Clem Macrone Park, 810 Conestoga Rd., Bryn Mawr. 5:30. 484-222-6106.

DECEMBER 7
Coatesville Christmas Parade. Lively event with bands, floats, antique cars, cartoon characters and entertainment. Strode Ave. to 11th St. Starts at 10. CoatesvilleChristmasParade.com.

DECEMBER 7

West Chester Public Library's 9th Annual Holiday Home Tour. Ten homes, ranging in architectural styles from Victorian, Cape Cod, Dutch Colonial and Craftsman, are decorated for the holidays and open from 10 to 3. Show date, Dec. 8. Tickets at library, 415 N. Church St. or online. \$40. 610-696-1721; WCPublicLibrary.org.



DECEMBER 7

15th Annual Firebird Festival in Phoenixville. Annual burning of the Firebird. Shuttle buses from Veteran Field connect with downtown, where there are street performances and a pub crawl. At 6:30 back to Veteran Field, 192 Mowere Rd. Events start at 4, burning of the Phoenix at 8. 610-933-9199; FirebirdFestival.com.

DECEMBER 7

Christmas in Odessa Holiday House Tour. A self-guided walking tour of private homes and public buildings dating from the 18th and 19th centuries. Sponsored by the Women's Club of Odessa as a fundraiser for local student scholarships. 10 to 5. \$25–\$30. For tickets, 302-378-4900; ChristmasInOdessa.com.

DECEMBER 7

Annual Candlelight Holiday Tour in Phoenixville. Homes decorated for the holidays. Benefits The Clinic, Phoenixville Senior Center, Ann's Heart Code Blue Shelter and Firebird Theatre. 3 to 7. \$25. Details 610-933-9181; PhxHolidayTour.weebly.com.

DECEMBER 8

Historic Pottstown Holiday Tour. You can take a self-guided or trolley tour to about one dozen stops throughout the borough. This community event benefits July's GoFourth! festivities. 1 to 5.

House and trolley tour, \$25–\$35; historic tour only or historic trolley tour only, \$15–\$20. PottstownGoFourth.com/Tickets.

DECEMBER 13

National Iron & Steel Heritage Museum Holiday Open House. Stroll through candle-lit grounds, listen to carolers, enjoy refreshments and see a train display. Canned goods donations are welcome. 50 S. 1st Ave., Coatesville. 5 to 8. Free. 610-384-9282; SteelMuseum.org.

DECEMBER 13

Historic Yellow Springs Holiday Stroll. Lots of activities including holiday stories, snacks, music and holiday music, tree lighting and Santa arriving on a sleigh to greet children at the Washington Building. 1701 Art School Rd., Chester Springs. 4:30 to 8 pm. Free. 610-827-7414; YellowSprings.org.

DECEMBER 14

The Spirit of Christmas in New Castle, DE. A full day of concerts, house tours, shopping and refreshments, ending with a tree lighting. New Castle Presbyterian Church, 25 E. Second St., New Castle, DE. Free. 302-328-3279; NewCastlePresChurch.org/Spirit.

ART, CRAFT & ANTIQUES.....

NOVEMBER 2–JANUARY 26

Bryn Mawr Rehab Hospital Art Ability Exhibit & Sale. Artists from around the world with physical, cognitive, visual and hearing disabilities submit their work to this juried exhibition and sale. 414 Paoli Pk., Malvern. 484-596-5710; MainLineHealth.org/ArtAbility.

NOVEMBER 3

Kennett Square Presents–Fall Clover Market. Shoppers can expect a mix of art, furniture, jewelry, antiques, handmade goods and vintage clothing. There are always new items to browse, and food trucks, too. 600 S. Broad St., Kennett Square. 10 to 4. TheCloverMarket.com.

NOVEMBER 7–10

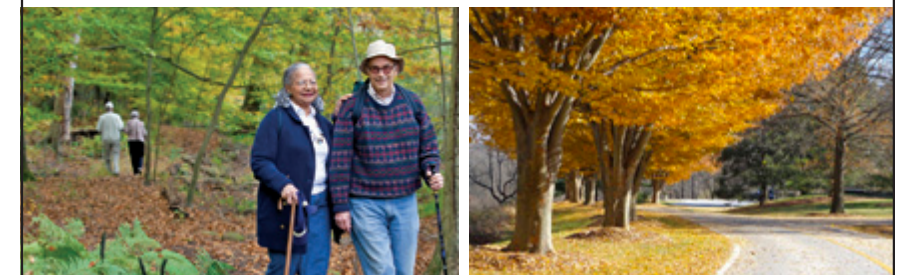
56th Annual Delaware Antiques Show. The finest offerings from more than 60 distinguished dealers in art, antiques and design. Chase Center on the Riverfront, 800 S. Madison St., Wilmington. Opening Night Party, Thurs, 5 to 9, \$125–\$225. Fri–Sat, 11 to 6; Sun, 11 to 5. \$15. 800-448-3883; Winterthur.org.



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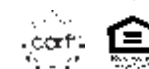
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NOVEMBER 7-10

Phila. Museum of Art Contemporary Craft Show. A premier show and sale of contemporary craft and design that includes 195 exceptional craft artists from around the country. PA Convention Center, 1101 Arch St., Phila. Preview Thurs, 4 to 9 pm, tickets \$250 and up. Fri, 11 to 9; Sat, 10 to 6; Sun, 10 to 5. \$5-\$20. 215-684-7930; PMACraftShow.org.

NOVEMBER 8-10

Sugarloaf Crafts Festival. High quality arts, crafts and design. Greater Phila. Expo Center, 100 Station Ave., Oaks. Fri-Sat, 10 to 6; Sun, 10 to 5. \$8-\$10. SugarloafCrafts.com.

NOVEMBER 9-10

Birchrunville Art Tour. This is a free, two-day artist studio tour showcasing the work of artists who live in Birchrunville. Meet them and see their work. 10 to 5. Free. For a map, visit BirchrunvilleArtTour.com.

NOVEMBER 15-16

44th Annual Unionville High School Art Gala. This annual art show and sale showcases local working artists, alumni and current Unionville High School student artists. In addition to beautiful artwork, there is live music and great food. Benefits Educational Enrichment Projects. 750 Unionville Rd., Kennett Square. Reception on Fri, 6 to 9; Sat, 11 to 4. Free. UnionvilleArtGala.com.

NOVEMBER 15-17

Historic Yellow Springs Fine Arts & Craft Show. Regional artists offer a beautiful selection of works in ceramics, glass, wood, paper, photography and more. Lincoln Building Galleries & The Washington, Historic Yellow Springs, 1685 Art School Rd., Chester Springs. Fri, reception, 5:30 to 8:30. Sat-Sun, 10 to 5. \$5. 610-827-7414; YellowSprings.org.



NOVEMBER 16-17

Antiques at Kimberton. Long-running quality show featuring over 65 dealers from several states. Food available. Kimberton Fire Company, 2276 Kimberton Rd., Kimberton. Sat, 9 to 5; Sun, 11 to 4. \$7, free under 12. 717-431-7322; Antiques-AtKimberton.com.

NOVEMBER 21

Dunwoody Village Holiday Bazaar. Hol-

iday decorations, unique arts and crafts, attic treasures and more. 3500 West Chester Pk., Newtown Square. 9 to 3. Free. 610-723-4642; Dunwoody.org.

NOVEMBER 26, DECEMBER 5-6

Workshops at Scott Arboretum. Nov. 26, Thanksgiving Table Arrangements, with fresh autumn greens and flowers. Dec. 5-6, Green Wreaths Workshop. The Scott Arboretum, 500 College Ave., Swarthmore. \$45-\$60. Phone to register. 610-328-8023; Scott-Arboretum.org.

NOVEMBER 29, DECEMBER 5-14

Community Arts Center's Holiday Sale of Fine Craft & Pottery. Featuring handmade work by members of the Potters Guild. Nov. 29, preview, 7 to 9:30, \$5. Refreshments served. Holiday Sale opens daily at 10. 414 Plush Mill Rd., Wallingford. 610-566-1713; CACHolidaySale.org.

BRIDAL SHOWS.....

NOVEMBER 10

West Chester Wedding Guide Wedding Showcase. Come meet over 30 local vendors and craftspeople, enjoy free food and drinks, and enter to win door prizes. Chester County Historical Society, 225 N. High St., West Chester. Noon to 3. \$5. 717-576-9380; WCWeddingGuide.com.

EQUESTRIAN.....

NOVEMBER 3

85th Running of the Pennsylvania Hunt Cup. A timber steeplechase race with a distance of 4 miles and 22 fences. Enjoy vendors, a carriage parade, and, new this year, tailgating under tents. N. of Rt. 926 and Newark Rd., Unionville. Gates open, 10:30. \$75/car. Benefits Chester Co. Food Bank, Work to Ride, Upland Country Day School, Coatesville Youth Initiative. 484-888-6619; PaHuntCup.org.

NOVEMBER 23

History and Hunts at Historic Yellow Springs. HYS is hosting Kimberton Hunt Club for a ceremony describing the hunt itself, the clothing worn and other traditions and then seeing off the Hunt in the meadow. A Hunt Club breakfast will follow around 12:30 in the Washington Building, 1701 Art School Rd., Chester Springs. Donations accepted. HistoricYellowSprings.org.



FESTIVALS, PARADES & FAIRS.....

See also: *Holiday Happenings*

THROUGH NOVEMBER 3

Phoenixville Harvest Festival. Fun all weekend long: night market on Thursday, then a craft carnival, movie in Reeves Park, beer garden, pet day, pop-up garden and more throughout town. More info at PhoenixvilleHarvestFestival.com.

NOVEMBER 2

Phoenixville Bed Races. Teams build a bed on wheels and race down 3rd Ave. to win the title of "Fastest Bed," raising funds and awareness for organizations that provide a bed for the homeless: Ann's Heart, Good Samaritan Services and Phoenixville Women's Outreach. Part of the Harvest Festival in Reeves Park, 2nd Ave. & Main St., Phoenixville. 11 to 2. PXVBedRaces.org.

NOVEMBER 10

Veterans Day Parade in West Chester. Bring the family to the parade beginning at Henderson High School, 400 Montgomery Ave., and ending with a ceremony in front of the Courthouse on High St., West Chester. 2 pm. DowntownWestChester.com.

NOVEMBER 11

60th Annual Veterans Day Parade in Media. The parade begins at State and Jackson Sts., and culminates in front of the Delaware County Courthouse, 201 W. Front St., Media. 11:11 am. VisitMediaPA.com.

FILM.....

NOVEMBER 1-3

Red Rose Film Festival. The motivation for this festival is enriching the community of Lancaster & Central PA by promoting the arts and independent film. \$10-\$200. Visit website for more info. 717-356-0070; RedRoseFilmFestival.com.

FOOD, BREWS & SPIRITS.....

NOVEMBER 1-2

TASTE! Philadelphia Festival of Food, Wine & Spirits. A premier food and drink event with demonstrations by celebrity chefs, tastings, exhibits and more. Valley Forge Casino Resort, 1160 1st Ave., King of Prussia. Fri, 6 to 10 pm; Sat, 11 to 8. \$15-\$90. GourmetShows.com.

NOVEMBER 14

March of Dimes' Philadelphia Signature Chefs Gala. Philadelphia's culinary master-



Local Farm Markets

Artisan Exchange, 208 Carter Dr. Unit 13 B, West Chester. Sat, 10 to 2. ArtisanExchange.net.

Bryn Mawr Farmers Mkt., Lancaster Ave. Bryn Mawr train station parking lot. Sat, 9 to 1. FarmToCity.org.

Downingtown Farmers Mkt., Log Cabin Field, Kerr Park, Pennsylvania Ave. Sat, 9 to 1. 610-836-1391; GrowingRootsPartners.com.

Eagleview Farmers Mkt., Eagleview Town Crt., Wellington Sq., Exton. Thurs, 3 to 7. 610-836-1391; GrowingRootsPartners.com.

Kennett Square Farmers Mkt., 113 E. State St. Fri, 3 to 7. 610-444-8188; HistoricKennettSquare.com.

Lancaster County Farmers Mkt., 389 W. Lancaster Ave., Wayne. Wed & Fri, 8 to 6; Sat, 8 to 4. 610-688-9856; LancasterCountyFarmersMarket.com.

Malvern Farmers Mkt., Warren Ave. & Roberts Rd. Sat, 9 to 1. 610-836-1391; GrowingRootsPartners.com.

Media Farmers Mkt., N. Edgemont St. Sun, 10 to 2. 215-733-9599; MediaFarmersMarket.com.

Newtown Square Farmers Mkt., Mostardi Nursery, 4033 West Chester Pk. Wed, 2 to 6. 610-353-1555; PRC.org.

Phoenixville Farmers Mkt., 200 Mill St. Sat, 9 to 1. PhoenixvilleFarmersMarket.org.

Swarthmore Farmers Mkt., 121 Park Ave. Sat, 9:30 to 1:30. 215-733-9599; SwarthmoreFarmersMarket.org.

Thornbury Farmers Mkt. & CSA, 1256 Thornbury Rd. Thurs-Fri, noon to 6; Sat, 9-5; Sun, 11-5. ThornburyFarmCSA.com.

West Chester Growers Mkt., Chestnut & Church Sts. Sat, 9 to 1. 610-436-9010; WestChesterGrowers-Market.com.

Westtown Amish Mkt., 1165 Wilmington Pk., West Chester. Thurs, 9 to 6; Fri, 9 to 8; Sat, 8 to 4. 610-492-5700; WestChesterAmishMarket.com.



minds will come together for an amazing cause. Food, cocktails, craft beer, auction packages and more. Please Touch Museum, 4231 Avenue of The Republic, Philadelphia. 6:30. \$200. SignatureChefs.MarchOfDimes.org.

NOVEMBER 15-16

TASTE! Lancaster Festival of Food, Wine & Spirits. Celebrity chef demonstrations, tastings from wineries, breweries and distilleries, food from the best chefs and restaurants in the region. Lancaster Marriott Convention Center, 25 S. Queen St., Lancaster. Fri, 6 to 10; Sat, 11 to 3 and 4 to 8. \$60-\$70. GourmetShows.com.

FUNDRAISERS.....

See also: *FOOD*

NOVEMBER 1

"Empty Bowls" Event. Buy soup and bread served in a bowl handcrafted by an area artist and help fight hunger. Benefits PACS (Phoenixville Area Community Services). Technical College High School, Pickering Campus, Charlestown Rd., Phoenixville. 4:30 to 7:30. 610-933-1105; PACSPhx.org.

NOVEMBER 2

Newlin Grist Mill Presents Tavern Night. Enjoy 18th-century food, drink and music by

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the fire with five sample-sized courses based on period recipes. Benefits internship opportunities for students wishing to pursue a career in history, museums or archaeology. 219 S. Cheyney Rd., Glen Mills. 7 to 9:30. \$60. 610-459-2359; NewlinGristMill.org.

NOVEMBER 2
French & Pickering's 37th Annual Auction Party. Enjoy cocktails, auctions and delicious food. Benefits French & Pickering Creeks Conservation Trust. Stonewall Golf Club, Bulltown Rd., Elverson. 6 pm. Tickets \$125 and up. 610-933-7577; FrenchAndPickering.org.

NOVEMBER 2
Brandywine in Plaid—Celebrate the Harvest. Following the lead of Brandywine in White, this is a new, more relaxed event where guests can wear their jeans, boots and flannels and meet at a Brandywine Valley location. Benefits preservation of open space. Tickets at BrandywineInPlaid.org.

NOVEMBER 7
Notable Kitchen Tour & Chef's Tastings. Each of the impressive kitchens in six private homes in the western suburbs from Gladwyne to Newtown Square will showcase a notable local chef offering a variety of samples of their cuisine for tasting by

tour attendees. Benefits The Philadelphia Orchestra. 10 to 3. \$50. Visit their website for tickets NotableKitchens.com.

NOVEMBER 7
Phoenixville's Wine, Wit & Wisdom. The annual library benefit. Wine tasting, dinner, silent auction and guest speaker Juliet Grames discussing her debut novel: *The Seven or Eight Deaths of Stella Fortuna*. Rivercrest Golf Club & Preserve, 100 Golf Club Dr. 5:45 to 9. \$125. 610-933-3013, ext. 131; Phoenixville-Library.org.

NOVEMBER 9
T&E Care Fall Fest 2019 – An Evening Under the Stars. Fundraiser featuring dinner, dancing and silent auction. T&E Care provides assistance to those in need in Tredyfrin and Easttown township. St. Davids Golf Club, 845 Radnor Street Rd., Wayne. 6:30 pm. \$125. TECare.org.

NOVEMBER 9
Living Beyond Breast Cancer's Annual Black-tie Gala—The Butterfly Ball. One of LBBC's most important events raising funds for programs and services. Loews Philadelphia Hotel, 1200 Market St., Philadelphia. 6:30 to midnight. Tickets \$400 and up. 484-708-1804; LBBC.org.

NOVEMBER 9, DECEMBER 14
Wolf Sanctuary of PA Full Moon Fundraising Event. Bring a blanket, a flashlight, a chair, some hot dogs and marshmallows, sit around the fire and listen to live entertainment then take a self-guided tour through the sanctuary. Guides are stationed at each pack to provide information. 465 Speedwell Forge Rd., Lititz. 7:30 to 10. \$20, must be 16 years old. 717-626-4617; WolfSanctuaryPA.org.

NOVEMBER 16
Devereux Advanced Behavioral Health 20th Annual Hope Gala. This year's theme, "Fostering Independence," celebrates the organization's commitment to helping those living with emotional, behavioral and cognitive differences. Enjoy wonderful food and drinks and take part in one of the auctions. National Constitution Center, 525 Arch St., Philadelphia. 7 to 11. \$400. HopeGala.Devereux.org.

NOVEMBER 23
Paoli Hospital Auxiliary Mistletoe & Magic—"Silver Stars." The evening includes open bar, cocktail hour, hors d'oeuvres and dinner. The evening will be emceed by Cecily Tynan and feature live music, open bar, fabulous food, photo booth, auctions, raffle and casino gambling. Benefits Paoli Hospital. White Manor Country

Club, 831 Providence Rd., Malvern. 6 to 11 pm. \$225. 484-565-1380; PaoliAuxiliary.org.



NOVEMBER 23
Phoenixville Chamber of Commerce 2019 Charity Gala, "Roaring 20s." Dinner, dancing and silent auction with great items. Benefits Barnstone Art for Kids. Rivercrest Golf Club & Preserve, 100 Golf Club Dr., Phoenixville. 5:30. Visit website to register. 610-933-3070; PhoenixvilleChamber.org.

NOVEMBER 23
Linda Creed Breast Cancer's Fun, Fashion & Friends Luncheon. Join the fun with great food, raffles, auctions, shopping and cash bar. Hilton Philadelphia, 4200 City Ave., Philadelphia. 11 to 2. \$65. 215-564-3700; LindaCreed.org.

DECEMBER 4-5
Women's Committee of Children's Hospital

of Philadelphia Holiday Boutique. The finest boutiques participate to benefit CHOP. Merion Cricket Club, 325 Montgomery Ave., Haverford. Preview Wed, shopping and hors d'oeuvres, 5 to 9, \$150; Thurs, 9 to 5, lunch available, \$10 (\$35 for shopping and lunch). 267-426-6498; CHOPHolidayBoutique.org.

DECEMBER 7
West Chester Charity Ball. Dinner, dancing and auction. Benefits The Friends Association for Care and Protection of Children, Outreach, Emergency Family Shelter and the Homeless Prevention Program. West Chester Golf and Country Club, 111 W. Ashbridge St., West Chester. 6 to 11:30. \$175. 610-431-3598; FriendsAssoc.org.

GARDENS.....
THROUGH NOVEMBER 17
Longwood Gardens Presents Blooms & Bamboo: Chrysanthemum and Ikebana



Sogetsu Artistry. This is a new display featuring masterworks of Ikebana, the Japanese art of flower arranging. 1001 Longwood Rd., Kennett Square. 9 to 6. \$12-\$30. 610-388-1000; LongwoodGardens.org.

MUSEUMS.....
THROUGH NOVEMBER 3

Brandywine River Museum of Art. "Halloween Paintings of Peter Paone." 1 Hoffman's Mill Rd., Chadds Ford. Daily, 9:30 to 5. \$6-\$18. 610-388-2700; Brandywine.org.

THROUGH JANUARY 5, 2020
Winterthur Museum, Garden & Library. "Costuming *The Crown*;" "Hamilton & Burr: Who Wrote Their Stories?;" "Follies: Architectural Whimsy in the Garden;" 5105 Kennett Pk., Winterthur, DE. Tues-Sun, 10 to 5. \$15-\$30. 302-888-4600; Winterthur.org.

THROUGH APRIL 12, 2020
Delaware Art Museum. Through Jan. 26, "Posing Beauty in African American Culture." **Through Feb. 2,** "Structure & Spontaneity: The Clay Monoprints of Mitch Lyons." **Through Apr. 12,** "Angela Fraleigh: Sound the Deep Waters." 2301 Kentmere Pkwy., Wilmington. Wed, 10 to 4; Thurs, 10 to 8; Fri-Sun, 10 to 4. \$6-\$12, Sun, free. 302-571-9590; DelArt.org.



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2019 Events Calendar
HOLIDAY OPEN HOUSE
(Meet Santa!)
December 1, 1-3pm



MUSIC & ENTERTAINMENT.....

See also: Fundraisers

NOVEMBER 2, 16

WCU—Live! Nov. 2, virtuoso magician Jason Bishop; Nov. 16, Nobuntu, female a cappella quintet from Zimbabwe. Emilie K. Asplundh Concert Hall, University Ave. & S. High St., West Chester. Both shows, 7:30, \$15–\$27. 610-436-2266; WCUPa.edu/Live.

NOVEMBER 2–30

Uptown! Knauer Performing Arts Center. Nov. 2, Joel Katz & The Dynamics play 1960's Pop and Soul music ; Nov. 8, WCU Criterions

Jazz Ensemble; Nov. 9, Sail On: The Beach Boys Tribute, see November Picks; Nov. 15, Bet Williams Trio; Nov. 17, Chanting & Chocolate; Nov. 21, Jazz Cocktail Hour with The Paul Giess Group; Nov. 23–24, The Brandywine Singers present Handel's Messiah; Nov. 30, Better Than Bacon Comedy Improv's Gives Back Benefit. 226 N. High St., West Chester. Check website for tickets and listings. 610-356-2787; UptownWestChester.org.

NOVEMBER 6–JANUARY 1

Magic & Wonder: A Magical Merry Christmas in Bird-in-Hand. Take a journey to

the North Pole and watch toys come to life in Santa's Workshop in this magical, musical variety show from master illusionist Brett A. Myers. Bird-In-Hand Stage, 2760 Old Philadelphia Pk., Bird-in-Hand. \$14–\$49. Check website for times. 800-790-4069; Bird-in-Hand.com/Stage.

NOVEMBER 17, DECEMBER 1

Theatre Organ Society of DE Valley. Nov. 17, concert with Ron Rhode; Dec. 1, Holiday Concert with Rudy Lucente and Friends. The Colonial Theatre, 227 Bridge St., Phoenixville. 2 pm. \$5–\$10. 610-917-1228; TOSDV.org.

NOVEMBER 10

Delaware County Symphony Chamber Concert. "Heroes and Patriots," a musical tribute to veterans. Neumann University, Meagher Theatre, One Neumann Dr., Aston. 3 pm. \$12–\$15. 610-879-7059; DCSMusic.org.

NOVEMBER 16

17th Annual Jazz By Night Celebration in Media. Just one wristband gets you in every participating venue to see the area's hottest jazz performers. Held rain or shine on State Street in Media. 6 pm to 1:15 am. \$15–\$20. State-StreetBlues.com.

NOVEMBER 22

Community Arts Center Friday Night Live Concert. Phyllis Chapell—World Jazz. 414 Plush Mill Rd., Wallingford. 7 to 10. \$10–\$15. 610-566-1713; CACHolidaySale.org.

DECEMBER 13

Point Entertainment Presents ... Big Bad Voodoo Daddy's Wild and Swingin' Holiday Party is an eagerly anticipated annual family event with a unique take on American swing and jazz. The Colonial Theatre, 227 Bridge St., Phoenixville. 8 pm. \$29.50–\$49.50. 610-917-1228; TheColonialTheatre.com.

OUTDOOR ACTIVITIES.....

NOVEMBER 2

2019 Philadelphia Heart Walk and Festival. A 5k walk that begins at Citizens Bank Park, 1 Citizens Bank Way, Philadelphia; festival follows. 8 am to noon. For info, 866-441-3686 or www2.Heart.org.

NOVEMBER 22–24

Philadelphia Marathon & Half Marathon. Nov. 22–23, Health and Fitness Expo, PA Convention Center, 12th & Arch Sts., Phila. Nov. 23, Half Marathon, 7:30, \$140; Nov. 24, marathon at 7 am, \$155. 22nd St. & Ben Franklin Pkwy., Phila. PhiladelphiaMarathon.com.

THEATER.....

THROUGH NOVEMBER 10

One November Yankee. Starring L.A. Law's Harry Hamlin and Hart to Hart's Stefanie Powers, One November Yankee explores the human con-

nection brought on by tragedy. Delaware Theatre Company, 200 Water St., Wilmington. Check website for times and tickets. DelawareTheatre.org.

THROUGH DECEMBER 28

A Bird-in-Hand Christmas To Remember. Bird-In-Hand Stage, 2760 Old Philadelphia Pike, Bird-in-Hand. \$17–\$38. Check website for times. 800-790-4069; Bird-in-Hand.com/Stage. This live Christmas show takes place in Paradise, PA

NOVEMBER 13–JANUARY 5

Little Red Robin Hood: A Musical Panto. See Theater Spotlight in this issue.

NOVEMBER 13–JANUARY 12

Elf: The Musical. See Theater Spotlight.

NOVEMBER 16–DECEMBER 15

Saturday, Sunday Delaware Children's Theatre Presents Disney's Frozen, Jr. Take the family into this spellbinding winter wonderland with Elsa and Anna. 1014 Delaware Ave., Wilmington. 2 pm. \$15–\$16. 302-655-1014; DEChildrens-Theatre.org.

DECEMBER 13–29

Into The Woods. The Resident Theatre Company presents this modern twist on the Brothers Grimm fairy tales, one of Stephen Sondheim and James Lapine's most popular shows. Uptown! Knauer Performing Arts Center, 226 N. High St., West Chester. RTCWC.org.

TOWNS, TALKS & TOURS.....

NOVEMBER 1, 9, 21

First Fridays, Second Saturdays, Third Thursdays. Nov. 1, First Fridays: Kennett Square Art Stroll, 610-444-8188; HistoricKennettSquare.com. Lancaster City, 717-509-ARTS; Visit-LancasterCity.com. Oxford, 610-998-9494; DowntownOxfordPA.org. West Chester, 610-738-3350; West-Chester.com. Wilmington Art Loop, 302-576-2135; ArtLoopWilmington.org. Nov. 9, Second Saturday Arts Stroll: Media, 484-445-4161; MediaArtsCouncil.org.

Nov. 21, Third Thursday Malvern Stroll, MalvernBusiness.com.

NOVEMBER 1

Chadds Ford Historical Society Tavern Talks. Experience history with hands-on activities, food and drink tastings, demonstrations and more. "The Art of the Book" is this evening's talk. Barns Brinton House, 630 Baltimore Pk., Chadds Ford. 7 to 9. \$15–\$20. 610-388-7376; ChaddsFordHistory.org.

NOVEMBER 16

Newtown Square Shopping Showcase 2019. More than 50 holiday shopping and events vendors from the community gather for this first annual event with shop small specials, door prizes, snacks, beer and wine

tasting. Ellis Athletic Center Gymnasium, 3819 West Chester Pk., Ellis Preserve, Newtown Square. Noon to 5. Free. 484-424-6140; NSBPA.com.

NOVEMBER 19

Black Powder Tavern Historical Dinner Series. The focus for this evening is The Battle of Whitemarsh, with presenter Bob Bradley. 1164 Valley Forge Rd., Wayne. 5:30. \$45 includes light apps and dinner, tax and gratuity. 610-293-9333; BlackPowderTavern.com.

NOVEMBER 30–DECEMBER 14

Chester County Best Kept Secrets Tours. Shopping tours to over 30 off-the-beaten-track small businesses and favorite cafes. Tickets \$10. Visit website to get in on the next tour! 717-721-9409; BestKeptSecretsTour.com. ♦

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Little Red Robin Hood: A Musical Panto

"ONE HUMDINGER OF A STORY!"

at People's Light, November 13 to January 5, 2020

FAIRYTALES COLLIDE IN *LITTLE RED ROBIN HOOD*, A world premiere for People's Light's Panto this year!

Every holiday season, the Malvern theater stages a musical "pantomime"—a popular British theatrical tradition dating back to the 18th century. Typically, pantos take a favorite children's story like *Snow White*, *Mother Goose* or *Jack and the Beanstalk* and turn it on its ear. Familiar storylines form the basis for a musical extravaganza filled with outrageous characters, flamboyant costumes, original music, slapstick comedy and topical humor for both adults and kids of all ages.

Coming out of the *commedia dell'arte*, the Twelfth Night holiday and the Festival of Fools, the Christmas Panto remains the most popular theater form in Great Britain. In a single year, 19 pantos played in London along with 187 in the rest of the country.

Over the past 16 years, People's Light has tailored this British form into their own unique brand of holiday hilarity, attracting thousands of visitors each year. And for the first time ever, People's Light adapts not one, but *two* classic stories—the Robin Hood

legend plus *Little Red Riding Hood*—to create a holiday show like nothing you've ever seen.

In the Panto, Robin Hood is dead, his Merry Men are in hiding and Nottinghamshire is taken over by greedy villainess Lady Nottingham. When young Amelia, a bow-wielding orphan raised

by outlaws, is sent on a mission to save "the Granny in the woods" from Lady N's right-hand wolf, an epic adventure begins!

Set in the 1940s with a dash of the medieval, this hilarious, musical mashup is the most inventive panto yet to emerge from "the nation's primary creator of such specialized tomfoolery" (writes *Newsworks*).

Adapted from such source material as Howard Pyle's *The Merry Adventures of Robin Hood*, Grimm's *Fairy Tales*, the 1938 film *The Adventures of Robin Hood*, and more, *Little Red Robin Hood* combines elements from both folk tales with inspiration from 1940s gangster movies, the newspaper industry and current events.

Little Red Robin Hood marks the fifth People's Light Panto from the creative team behind fan-favorite *Cinderella: A Musical Panto*. Playwright Kathryn Petersen and composer/lyricist Michael Ogborn are joined by first-time Panto director Bill Fennelly, an award-winning director specializing in musical theater, whose work has been seen on Broadway, Off-Broadway and regionally.

The cast is comprised of past Panto favorites Mark Lazar, Tom Teti, Susan McKey, Mary Elizabeth Scallen, Eli Lynn, Tori Lewis and Christopher Patrick Mullen, who are joined by newcomers Hanna Gaffney, Armando Gutierrez, Victor Rodriguez Jr. and Ebony Pullum, with Viveca Chow as Amelia (Little Red).

While *Little Red Robin Hood* delivers exciting new characters, music and adventures, People's Light audiences can expect those same signature Panto elements they know and love—the Dame, a boisterous yet benevolent matriarch played by a man in a fabulous dress, along with heroes to cheer, villains to boo, animal sidekicks, candy for the crowd, a "messy bit" and audience participation that brings everyone into the action.

Watch out, you might even get pulled onstage!

Every year, audiences of all ages gather in droves to enjoy the songs, dances, topical jokes and jovial camaraderie of this holiday celebration, only at People's Light. ♦

— Rosemary Devine

Photos by Mark Garvin

IF YOU GO

What: *Little Red Robin Hood: A Musical Panto*

Where: People's Light, Leonard C. Haas Stage
39 Conestoga Rd., Malvern

When: November 13 to January 5, 2020

More Info: 610-644-3500; PeoplesLight.org

Coming Soon: *The Children*, *Shakespeare in Love*



Jack and the Beanstalk, 2005



Aladdin, 2017



Cinderella, 2018



Sleeping Beauty, 2016



The Three Musketeers, 2015

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Elf: The Musical

At the Media Theatre, November 13 – January 12, 2020

THE QUIRKY, HEART-WARMING TALE OF A JOYOUS
“ELF” WHO BRINGS HOLIDAY CHEER

GET INTO THE HOLIDAY SPIRIT THIS SEASON WITH *Elf: The Musical* at the Media Theatre! Opening November 13, this performance is the second of the five-show Broadway series at Delaware County's award-winning theater.

Based on the beloved 2003 New Line Cinema hit movie, the show boasts songs by Tony Award nominees Matthew Skylar (*The Wedding Singer*) and Chad Beguelin (*Disney's Aladdin on Broadway*). Listen for soon-to-be hits such as “Never Fall In Love (With An Elf)” and “World's Greatest Dad.” The book for the show is by Tony Award winners Thomas Meehan (*Annie*, *The Producers*, *Hairspray*) and Bob Martin (*The Drowsy Chaperone*).

Inspired by the spirit of the movie, this musical production takes us on the journey of a young orphan named Buddy, who accidentally falls into Santa's bag of gifts and finds himself at the North Pole. Buddy's staggering growth and poor toy-making skills reveal, to Buddy's horror, that he's not an elf after all.

When Buddy heads to New York City to find his true identity, he finds his father is on the naughty list and his half-brother doesn't believe in Santa. Buddy sets out on a mission to bring the true meaning of Christmas to his family and to New York.

Chicago native Josh Houghton will make his Media Theatre debut as Buddy the Elf, as Media's *Newsies* actress Megan McDevitt plays Buddy's girlfriend, Jovie. Returning cast members include Philadelphia stars such as Krissy Fraelich as Emily Hobbs and Bob Sherman as her husband Walter. Jesse Cline, Media Theatre's Artistic Director, enlists Christian Ryan as director and choreographer, while Resident Music Director Ben Kapilow oversees the music and orchestra pit.

Add some magic to your holidays and get your tickets now for this upbeat, holiday classic where you can embrace your inner elf. After all, the best way to spread Christmas Cheer is singing loud for all to hear. ♦

—Hania Jones

IF YOU GO

Where: The Media Theatre
104 E. State St., Media

When: November 13 to January 12, 2020

Tickets: 610-891-0100; MediaTheatre.org.

Coming Soon: *Eleanor*, *An American Love Story*



THE NATIONAL DOG SHOW PRESENTED BY PURINA

Mercedes Thomas

THIS THANKSGIVING TRADITION FOR MANY FAMILIES HAS
ITS ORIGIN A LOT CLOSER THAN YOU MAY THINK.

DID YOU NOTICE THE FAMILIAR DUO ON THE COVER OF THIS ISSUE? It's John O'Hurley, a *Seinfeld* star and *Dancing with the Stars* winner, and David Frei, one of the most authoritative voices in the dog show world. And let's not leave out the adorable Australian Terrier, Banjo.

For me, watching O'Hurley and Frei is just as much a part of Thanksgiving Day as feasting on my grandma's homemade mashed potatoes and stuffing. These men—along with Hall of Fame sportscaster Mary Carillo—host the annual Dog Show that's broadcast between noon and 2 p.m., right after another Thanksgiving Day tradition, the Macy's Day Parade.

And every year after watching the parade together, more members of our dog-loving family gather in the living room to watch the dog show and root for our favorites.

But did you know that the National Dog Show is actually filmed days beforehand, and right in our own backyard?

This year the show takes place two week-ends before Thanksgiving, on November 16–17, at the Greater Philadelphia Expo Center in Oaks, the site for the past 19 years.

One of several things that makes this event special is that it's one of only three “benched” shows in the U.S.—meaning participating pups have designated spaces backstage so the public can meet them. You can get up-close and personal with your furry favorites for some kisses and selfies.



But the two-day Dog Show isn't the only pup-tastic event in our area to look forward to during November, National Dog Show Month.

Kick off the month at the [National Dog Show Artwork Exhibit](#) on November 9 at Willow Street Pictures, 2212 Penn Ave., West Lawn. The exhibit features fine art portraits of pups in all their glory with siblings, caregivers and celebrities as supporting players.

Or see the production of [The Perfect Dog Children's Musical](#) at the Footlighters Theater at 58 Main Ave., Berwyn. This fun performance is adapted from the book of the same name by John O'Hurley. Come on the 14th for opening night when O'Hurley will make a special appearance, answer questions and sign autographs after the show.

Then dress your best for the November 15 [National Dog Show Gala](#), featuring a red carpet cocktail hour, open bar, four-course gourmet dinner and live comedy entertainment by Buzz Sutherland. The gala is held at the Valley Forge Casino in King of Prussia and benefits The Philadelphia Ronald McDonald House and the Philadoptionables (Philadelphia shelter animals).

And of course there's the main event, [The National Dog Show Presented by Purina](#) on the 16th and 17th, a time-honored tradition since 1933. This year the show welcomes more than 2,000 dogs from over 190 breeds to compete for Best of Breed, First in Group and the coveted title of Best in Show.

Come out to meet the dogs, see athletic dog exhibitions, join family-friendly activities and hands-on fun, and browse dozens of vendors for goods like artwork and crafts, dog treats and accessories, and home goods and services. The show benefits the Kennel Club of Philadelphia's favored charities.

Join the celebrations of our furry four-legged friends! ♦

IF YOU GO

Where: Greater Phila. Expo Center,
100 Station Ave., Oaks

When: November 16–17 (Rebroadcast: Nov. 28, 12 to 2 pm)

Tickets: \$7–\$16

Info: [NationalDogShow.com](#)

Preparing Your Garden for Winter

Tara Vent, Jenkins Arboretum & Gardens

ECOLOGICAL, LOW-MAINTENANCE GARDENING TO SAVE TIME AND RESOURCES

AS TEMPERATURES BEGIN TO DROP IN AUTUMN, many of us have the impulse to tidy and cut back our gardens, leaving a clean slate for spring. We spend our weekends raking leaves, cutting down dead perennial stalks and removing spent annuals.

But what if we could save time and resources while boosting the ecological health of our gardens at the same time? A big fall cleanup may not be necessary. Try these ecologically friendly gardening practices instead.

LEAVE THE LEAVES

It's fascinating to see the leaves of summer change to the colors of fall. But as soon as they litter our lawns, we want them gone. We hire neighborhood kids to rake them into large piles, stuff them into bags, and put them on the curb so we never have to see them again.

While it's true that leaves left on the lawn can suffocate the grass and cause unsightly brown patches, leaves do play an important role in the garden. Allowing leaves to stay in your yard, unraked, provides benefits for hibernating insects, like the mourning cloak butterfly that seeks refuge from the cold winters by hunkering down under the fall debris.

Rather than raking and removing your fallen leaves, try using them as mulch. As soon as the leaves litter the lawn, gather them together and spread them evenly on your garden beds. If you prefer not to use whole leaves for this, gather them into a shallow pile, use a lawn mower with a bagger to shred the leaves into small pieces, and spread the shredded leaves evenly on the flower beds.

In addition, lawns can benefit from a thin layer of shredded leaf mulch. Not only will this use of leaves offer protection for hibernating insects, but decomposing leaves add organic matter to the soil and act as fertilizer during the growing season.

Simply put, shredding and spreading leaves mimics our natural ecosystem, supports pollinators and other invertebrates, and can still keep the neighborhood kids employed! This concept can be applied to vegetable beds, too. After the growing season, home gardeners can remove expired plant material, prune it into small pieces, and scatter it evenly on garden beds to add organic matter.

SAVE THE BIRDS AND THE BEES

When autumn colors start to fade and our perennial beds turn hues of gold and brown, it may be tempting to cut everything down to the ground. But leaving the perennial stems offers beauty—especially when accompanied by a blanket of snow.

Herbaceous vegetation provides value to wildlife, too. Insects—like mason bees—use these old stems to overwinter the next generation. Some birds—like warblers—need the seeds and berries when migrating south. Non-migrating birds—like gold finches and cardinals—use seed heads and berries to survive the winter months. Our feathered friends will also appreciate feasting on hibernating insects.

If cutting down the remains of your perennial beds is necessary, leave the lower 18 inches of the stalks until early spring and repurpose the cuttings as mulch. However, if the plants show signs of disease, remove those stalks and dispose of them in the trash. Otherwise, perennial stems should be cut back in late winter or early spring in preparation for new growth.

PLANT SOME TREES

Fall is an optimal time to plant perennials, and not just because you can shop end-of-season sales. The air is cooler and the ground is still warm, providing ideal gardening conditions for both gardeners and plants. The threat of pests and diseases lessens, heat and water stress become less of a concern, and fertilizer is no longer needed because the plant is sending its energy to the roots in preparation for dormancy.

The best time to plant perennials is no later than six weeks before the first hard frost because that provides adequate time for plants to establish and receive the right amount of water. But don't worry if that window has already passed—there are still planting preparations that can be done.

Homeowners can also use this quiet time to measure their garden beds before temperatures drop and the garden boundaries surrender to winter. To create a map for your future garden planning, measure all hardscapes, flower beds and any other structural features in your garden—sheds, arbors, pergolas and the like. Precise measurements of the length, width and depth will create a more useful map for designing during the winter months. Gardeners may find that graph paper and a long measuring tape can help with this process.

This season, choose to do more for your backyard ecosystem. What we do now is important for wildlife during the winter and spring. Whether you're working with acres of property or have a small backyard spot, you can take pride in and enjoy your eco-friendly garden. ♦

Images courtesy of Jenkins Arboretum & Gardens, by Stephanie Kuniholm and Maddison Paule.

Jenkins Arboretum & Gardens is a 48-acre public garden showcasing native flora of the eastern U.S. and a world-class collection of rhododendrons and azaleas. The gardens are open every day of the year from 8 a.m. to sunset and admission is always free. 631 Berwyn Baptist Rd., Devon. 610-647-8870; JenkinArboretum.org.

Things you can do with the time you saved:

- Sharpen tools and prepare them for late winter/early spring pruning.
- Watch for winter birds.
- Use the internet, books and magazine and attend garden expos for design inspiration.
- Brighten up a dreary winter day by looking at cheerful, colorful seed catalogs.
- Take classes and attend lectures at your local arboretum or garden. Learn new skills and put them to use during the next growing season.



The Artful Life

Carol Metzker

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Southern Chester County, home to Longwood Gardens and the Brandywine River Museum of Art, presents galleries, shops and unexpected venues to shape an artful life. Artists, artisans and creatives in all fields bring inspiration and splendor to homes, bodies and souls.

Farm at Oxford



Woven table runners from Tie-Up Textiles



Pumpkin bowl with succulents from The Farm at Oxford

THE ARTFUL TABLE

If the heart of the home is the hearth, the table is its soul. A table can inspire you to write the perfect letter or can summon opportunities for relaxed conversation, alluring banquets or memorable moments through artful design.

To create a table that makes a statement, linger at **workS**—a curated shop in Kennett Square (hence the capital letters KS) of vendors' handcrafted, vintage and unique goods. Among them, see Tie-Up Textiles, The Farm at Oxford and workS's new Kitchen Shop.

Tie-Up Textiles' woven table runners set the stage for trivets and nature-inspired napkin rings, celebrating succulents, leaves and miniature nature arrangements. Set an artful table for a special occasion or just Tuesday morning coffee.

Centerpieces from **The Farm at Oxford**—extraordinary burgundy and pale yellow sunflowers and merlot-colored dahlias—or succulents in bowls carved from pumpkins grace a November table. Moving into December, evergreens and berries embody the season. Visit the site of sustainably grown cut flowers—which last much longer than those from another continent—or schedule a wreath-making workshop in December at their New London studio.

The **Kitchen Shop at workS** opened in September, just in time to prepare for holiday festivities. Choose gorgeous kitchen tools for the art of cooking or displaying: marvelous pizza cutters and ice cream scoops with wooden handles of exotic colors and exceptional metal skillets.



workS features vendors' handcrafted, vintage and unique goods

PHOTO COURTESY: CARLY ABBOTT



Schedule a wreath-making workshop



Square Pear gallery



Oil painting by Michael Brock at Hardcastle Gallery

Thanks to bees at West Grove's **Swarmbustin' Honey**, wrap holiday leftovers in Be Our Guest sustainable beeswax wraps instead of plastic film. With options of adorable patterns and colors, the refrigerator looks like it's stocked in gift packages.

Any consideration of artful tables should include the most famous one in the area—the farmtable at Kennett's **Talula's Table**. For over a decade, magic has transformed the gourmet-market-by-day into the site of the artful Farmtable Dinners, the most sought-after reservations in the country for super-seasonal, eight-course tasting menu for 8 to 12 guests—still a year's waiting list.

One final nod to culinary art is in the direction of **Verbena BYOB**, the 2019 *Philly Mag*-designated Best New American restaurant. In less than two years, this star on State Street helmed by Chef Scott Morozin has drawn fans and raves. A personal favorite: the stun-

ning sculptural construction of Lancaster Farms chicken, mushroom duxelles, charred pickled Napa cabbage, trumpet mushrooms, leek confit, truffle. Better yet, see the photo below. Then taste for yourself.

INVITING GALLERIES FOR THE BODY AND SOUL

Art also helps us explore new ideas, deal with life's mysteries and see beauty in the imperfect.

According to Corien Siepeling, owner and curator of the **Square Pear** in Kennett Square, art exhibits can stretch a viewer's imagination. Siepeling helps visitors find pieces to generate an artful life among her gallery's monthly themed exhibits. She encourages them to consider paintings, sculpture and glass to express what they love. Square Pear's upcoming exhibit, "Little Gems," features dozens of artists' little paintings that make one-of-a-kind enchanting gifts.

Tucked into the corner of Square Pear, discover Stephanie Ryan's brand new gallery space. While some collectors may have encountered Ryan's patterns on Lenox dinnerware or special greeting cards, few may realize her physical presence in Kennett Square. Ryan describes her paintings, prints and pillows of flowers, intuitive symbols and nature as elusive scenes that seem as though they were painted in a dream and must be captured before she awakes.

Capturing examples of quintessential scenes of the Brandywine Valley, **Barbara Moore Fine Art Gallery** offers works of "Wyeth, Skip and a Frolic." This refers to works of the Wyeth family of artists (N.C., Andrew and Jamie), plus Paul (Skip) Scarborough and Frolic Weymouth, along with many others. Moore's 43 years in the business give her both expertise and stories to share. Located in the Chadds Ford Barns Shops, the gallery is worth a stop.

Another gallery with a long history is down Route 52, just across the state line in Centreville, Delaware. Established in 1888, **Hardcastle Gallery** has a full schedule of shows on its calendar. Its October showcase for four local artists—Ruck, Newitt, Galer and Brock—is wrapping up, but its annual Holiday Mini Show launches on Black Friday (November 29). This popular show features a wide selection of smaller pieces, perfect for giving the gift of art this season. Ask gallery owner, Mike Brock, to tell you about his painting in the White House.

A newcomer to the arts scene is a gallery for young emerging artists at **Oxford Arts Alliance**. The community-based organization that promotes art and culture teaches selected artists—from elementary school to college age—how to curate their exhibits and design displays. Art Coordinator Caitlin Daugherty says that Oxford residents are gravitating toward the exhibits, eager to see young talent and support new artists. They're planning an Artisan Gift Shop, November 15 to December 21, perfect for the holidays.

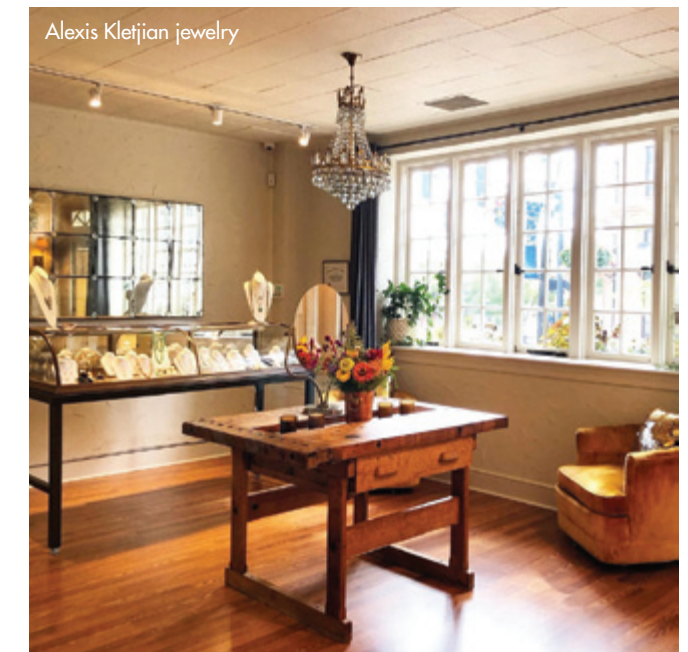
For a different kind of gallery, visit **Alexis Kletjian's** showroom, where her fine jewelry pieces have stories and collections are filled with meaning as they're displayed like the treasures they are. As the leaves are falling, holidays approach and people examine what they want to accomplish before the year's end, her Lotus Seed necklaces remind wearers of their potential and new growth in the future. Other unique pendants and earrings in her Lotus collection are inspired by the intricacies of lotus blossoms.

Kletjian is also passionate about helping women tell their stories through jewelry, reconfiguring diamonds with custom designs to leave a legacy. And creating wearable art.



Culinary art found at Verbena BYOB

PHOTO COURTESY: RSCVISUALS



Alexis Kletjian jewelry

PICKING UP PAINTBRUSHES

Laurie Murray—painter, metal sculptor and artistic mentor for women whose expression has been silenced—advocates creating art in addition to collecting art. Have some fun, visit a new ice cream shop or café to find inspiration. Pick up paintbrush or paper or mix elements in unexpected ways, she recommends.

Also, look for art in unanticipated places, wherever you go. For example, **Galer Estates Vineyard and Winery** displays stained glass, a repurposed marble bar and outdoor sculptures that sometimes serve as the backdrop for music and art events. Co-owner Lele Galer manages the winery and is a practicing artist, painter and welder. Her support for the arts includes running art shows, managing the Brandywine Artisan Wine Trail and supporting the local arts community.

To boost creative processes and skills, southern Chester County and Delaware offer education and hands-on workshops to help creative juices, as well as paint and other media, flow. Stephanie Ryan's workshops combine music, meditation and intuitive watercolor painting for novices or the experienced. Square Pear gallery holds classes for children that honor their creativity, while teaching ways to enhance artistic expression. Oxford Arts Alliance has a variety of lessons for adults and kids in cartooning, photorealism and portfolio preparation, as well as creative art for adults with learning differences.

ART-FILLED HOLIDAYS

Looking ahead to December, mark your calendars for more encounters with art in the Brandywine Valley. Be dazzled by the Saturday ice sculpture at the **Kennett Square Holiday Village Market** at the **Creamery**, a work of art in itself. Sip hot chocolate while shop-

ping for curated artisans' wares. Music lovers, lend your ears to the **Kennett Symphony Orchestra** under the direction of Michael Hall.

Across the state line, discover the **Center for Creative Arts** in Yorklyn, Delaware. On November 23 and 24, regional artists sell their crafts—fabric arts, jewelry, paintings, glass and sculpture—at the center. Workshops in holiday glass painting and printmaking are perfectly timed with the season for giving.

"Art brings us joy and connection," says Melissa Paolercio, executive director of the Center for Creative Arts. "Artists examine the world and present it back to us so we can experience life through someone else's eyes." ♦

See beautiful stained glass at Galer Estate Vineyard and Winery



Visit the Kennett Square Holiday Village Market



LOCAL HEROES: The Chester County Food Bank

Mercedes Thomas

TEN YEARS OF MOBILIZING THE COMMUNITY TO HELP PROVIDE FRESH, HEALTHY FOOD AND MORE.

FRESH, HEALTHY FOOD—LEAFY GREENS, COLORFUL veggies, ripe fruits. These are standard groceries in most Chester County households. But for more than 75,000 of our neighbors, these simple foods are a luxury many can't afford. Fortunately for our area, for the past ten years the Chester County Food Bank has been working to help these individuals and families.

A TEN-YEAR LEGACY

Nearly ten years ago and with only three full-time employees, the Chester County Food Bank opened their doors at a garage in Parkesburg. But today the Food Bank has grown to 32 employees and over 3,000 volunteers working at their 36,000-square-foot headquarters in Exton.

With a 2,500-square-foot commercial kitchen, 4,250-square-foot refrigeration and freezer space and warehouse, employees and volunteers work to combat food insecurity in Chester County by serving more than 120 food cupboards, meal sites and social service organizations throughout the County.

If you haven't heard the term food insecurity before, it means being without reliable access to enough healthy and affordable food. Not surprisingly the Food Bank was created in 2009 to tackle this escalating problem in Chester County caused by the economic recession.

"In the 2008–2009 time span, food insecurity in Chester County had risen 54% because of the recession," says Executive Director Larry Welsch.

And despite Chester County being the wealthiest county in Pennsylvania, food insecurity is still a serious issue for too many residents today. "Because we live in such an affluent area, there is greater disparity in affording the most basic needs," says Ricky Eller, Executive Administrator & Advocacy Coordinator.

The County's affluence creates a high cost of living so that some people need to work two or three jobs just to afford housing, making food a secondary priority. And for the past ten years, the Food Bank has worked to provide fresh, healthy food to the most vulnerable, while also working to fix the underlying causes of food insecurity.

WHAT THEY DO

The Chester County Food Bank is unique because, using their strong network of volunteers and partner organizations, their mission goes beyond merely providing food. Their ambitious aim is to address the root causes of food insecurity for a longer term impact.

"The key for us when we started was, we were never going to be a traditional 'cans-in—cans-out' food bank," says Phoebe Kitson-Davis, Director of Agency & Community Partnerships. Kitson-



Packing boxes of food for seniors



A Fresh Start class, one of the Food Bank's many programs



One of the Food Bank's Fresh2You Market Trucks



Davis points out that the Food Bank currently has 150 partner organizations, which help families get out and stay out of poverty. These groups focus on finding families affordable housing, counseling, medical care, childcare, reliable transportation and more.

Thousands of volunteers help keep up the organization's momentum and help staff a variety of the Food Bank's programs. "There's a number of different roles we do as volunteers," says Ken Nakata, a Food Bank volunteer of 2½ years. "There's warehouse work, and we also do a lot of work in the kitchen, preparing fresh produce, to get it all packed and ready for the local church groups and local pantries."

Don't want to work in the warehouse? No

problem. Other opportunities include helping out on the farms, working at one of the Fresh2You Mobile Market trucks, hosting a Taste It cooking demonstration, and packing backpacks full of food for school-aged children to have over the weekend.

Regardless of how you serve, volunteers provide the essential life blood for all that the Food Bank does. "We have over 3,000 unduplicated volunteers each year," says Kitson-Davis. "And this is because, number one, people care. And number two, we have strong partnerships with individuals, community groups, local businesses and corporations."

Volunteers come from many sources, but there's always a need for more.

MOVING FORWARD

So where is the Food Bank headed in the next five to ten years? "Our new tagline is Beyond Hunger," says Ricky Eller. "Going forward, we really want to get below the surface of food insecurity."

That means helping to solve the underlying issues that cause and perpetuate poverty. And that approach is multi-faceted. For example, Executive Director Welsch envisions creating a one-stop-shop where clients can come to get affordable health care, youth services and public transportation help as well as food.

"It's rewarding watching a small group of people to see what they can become, and what they can do together," says Welsch.



Packing backpacks for school-aged children

HOW TO GET INVOLVED

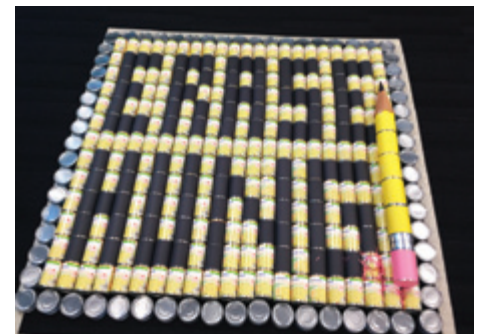
If you're interested in volunteering at the Chester County Food Bank, you're in good company!

You can volunteer as an individual, or gather family members or friends and schedule a day to work on one of the farms or at the Exton headquarters. Need more ideas? Host a food drive—donated food is needed more than just for Thanksgiving and can be delivered to the Exton storehouse Mondays through Fridays from 8 a.m. to 5 p.m.

Financial donations are another option if you don't have the time or ability to volunteer. These donations allow the Food Bank to purchase bulk food and support their 15+ initiatives and programs.

With the help of our generous community, the Food Bank sees a better future beyond hunger for everyone in Chester County. And so we honor them as this year's Local Heroes. ♦

To volunteer, donate or get more information, visit ChesterCountyFoodBank.org.



Chester County FoodBank BEYOND HUNGER

We mobilize our community to ensure access to real, healthy food.
Thank you for joining our mission.

ChesterCountyFoodBank.org • 610-873-6000

CHESTER COUNTY & You PHOTO CONTEST

For the past five years, we've asked our readers for their most stunning images of fall in Chester County. This year we wanted to mix it up a bit and asked for photos of our readers in their favorite place in Chester County. Looks like some folks were camera-shy, but our semifinalists still managed to capture the beauty of *County Lines* Country. In November, we'll showcase each photo on Facebook. To vote, just *like* us, then *like* your favorite photo. The photo with the most likes* will win a \$100 gift certificate to Main Point Books! The winner will be announced on Facebook in late November.

* Check the rules on our website.



Ann M.
Anson B. Nixon Park



Diane Persons
Pete's Farm Market



Deb G.
Roots Cafe in West Chester



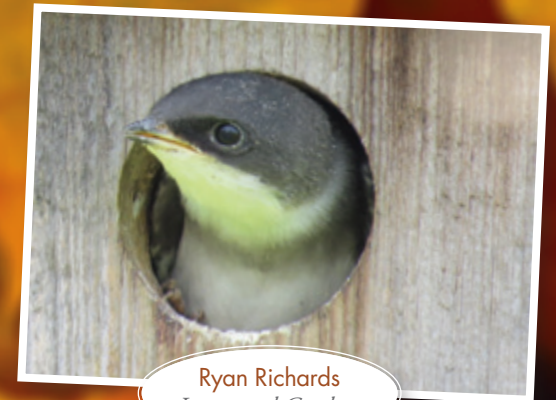
Lee Scarpone
Marsh Creek



Kathleen McCarthy
Wedding Tree at Radnor Hunt



Libby Locklear-Madarasz
Marsh Creek



Ryan Richards
Longwood Gardens



Lindsey Petronella
Pipersville



Susan Bellucci
Milky Way Farms



Beau Drake
Stroud Preserve



Susie Bell
Lock Erie Mansion



Lee Ann Embrey
Elverson



Julie Trebac
Clock Tower Farm




Kim S.
Marsh Creek



Deanna Filipkowski
Everhart Park

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Holiday Small Works Show
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 (continuing through January 9th)




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Gallery hours: Tue–Fri 10–5 & Sat 10–4



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Spread Cheer Locally This Year!

AVOID THE MALL MADNESS FOR A GOOD CAUSE DURING
THE HOLIDAY SEASON ... AND ALL YEAR LONG.



YES, IT'S THE MOST WONDERFUL TIME OF THE YEAR again—but also the busiest. Add to your regular To-Do list a growing number of pressing questions: “Who’s hosting Thanksgiving dinner? ... And Christmas?” plus “When do we get our tree?” and, of course, the big one, “What are we getting Mom this year?” It’s enough to make you grumble “bah humbug” under your breath.

So, let’s add some sanity to the situation. This year, rather than reflexively searching online for “best gifts for mom” or braving the crowds and parking at the mall, consider a saner and more sustainable option—shop locally and shop small.

This simple reorientation significantly increases your odds of having a pleasant shopping experience as you find that unique gift for Mom and everyone on your list. Plus it gives your community more bang for your buck spent.

For example, did you know that \$68 of your \$100 spent at a local brick-and-mortar store go directly back into that town’s local economy? That’s a lot better than the \$43 return on a \$100 purchase at a big box retailer. And so much better than the

“death by Jeff” impact on community businesses from online shopping. Factor in lower fossil fuel use for delivery and less wasted packing material and enjoy your bonus gift to the planet.

You’ve likely heard the general message of shopping locally before, since most of the downtown business districts in our area promote that idea to build community and strengthen the local economy. In fact [Downtown West Chester](#) has designated the entire post-Thanksgiving weekend to celebrating small businesses. Join the three-day event, November 29 to December 1, at more than 100 independently owned businesses that contribute to the distinctive character of the Borough. The downtown will be bursting with special events, sales and even free parking. Details at DowntownWestChester.com.

Perhaps the most surprising small business booster is American Express, which started the [Small Business Saturday](#) initiative in 2010. AmEx designated the Saturday after Thanksgiving as a day to encourage people to Shop Small and drive more holiday shopping to small, independently owned businesses—



BY



CELEBRATING 10 YEARS OF SMALL BUSINESS SATURDAY® NOVEMBER 30, 2019

and maybe pull out that credit card. You've likely seen the Shop Small blue circle logo. It's on display year round as a reminder that small businesses deserve your support beyond the holidays.

In Media plans to celebrate Small Business Saturday this year include more than just great shopping. There's live music from 1 to 3 p.m. at the Plum Street Mall and Carriage Rides down State Street from 6 to 9 p.m. As America's First Fair Trade Town

(encouraging shopping in independently owned brick-and-mortar stores that ethically source their merchandise), Media has a double mission for sustainable shopping.

Kennett Square and Phoenixville also have collections of unique boutiques and independently owned eateries (and drinkeries, especially in Phoenixville) lining their walkable downtown streets to inspire you to shop local, eat local and go local for the holidays and beyond.

And shopping small and local means stopping in independently owned restaurants for a relaxing lunch or a well-earned glass of wine at the end of the day.

So, here's the scoop: local shop owners want you to enjoy shopping in their store—their livelihoods depend on it. Unlike many big box retailers, independently owned businesses make a point of offering personalized service, extra customer care and inventory tailored to the community. Minimum wage employees are simply not as invested in your shopping experience as the store owner who chose or created the gift you're about to buy.

Plus there's the in-real-life experience of seeing the stones in a necklace sparkle in the light at Alexis Kletjian's shop in Kennett, touching the soft fabric of a hand-made throw at The 5 Senses in West Chester, and trying on jeans to test the fit at Refinery Company in Phoenixville—if you just happen to do a little self-shopping. All those satisfying experiences are missing with online shopping as you later discover the stones

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Thursday, November 7th From 6PM To 9PM
At Our Glen Eagle Square and Spring House Stores

*Fine Beverages,
Hors D'Oeuvres,
Heritage Irish Apparel
And More!*

Glen Eagle | Spring House | Rittenhouse | Old City | Allen's Shoes | www.BLSHoes.com

Get Your Passport for CENTREVILLE, DE!

Here's a fun twist on shopping locally this year. Head to the charming village of Centreville for their Winter Stroll on Small Business Saturday, November 30, as they get in the holiday spirit.

And be sure to have your Centreville Passport at the ready. Get your passport stamped at six of over a dozen participating independently owned shops between 11 a.m. and 5 p.m. to have your name entered in a gift card raffle. You'll get to choose the shop where you spend your \$200 winnings. Participating shops include Wild Thyme, the Beehive, Found Antiques & Décor, Adorn Goods and many more.

If you go: keep an eye out for Santa and Christmas carolers as they stroll the streets and the ceremonial tree lighting at 4 p.m.!



were paste, the throw was scratchy and the jeans, well, adjectives fail.

Studies show that the experience of shopping locally leaves customers with a higher satisfaction level than shopping at other retailers. With our town main streets filled with holiday cheer, friendly service and excellent food and drink options to enjoy along the way, shopping locally is the obvious choice.

In fact, you might even ask yourself, "why didn't I do this last year?" And we hope you'll commit to shopping small every year. ♦

~ Casey Meyer

JOIN THE MOVEMENT #SHOPSMALL



DESTINATION: FALL

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IS WHERE
IT'S AT.

SHOP:
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10-6
THUR
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SUN
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Holiday Gift Guide

Get started early on your holiday shopping. Shop local for unique gifts for everyone on your list—including yourself! We recommend some perfect picks.



West Chester Memories

Celebrate cherished memories of West Chester with the West Chester Destination Bracelet.

Sunset Hill, West Chester

Opening Reception: Nov. 29, 4–8 p.m.;

Miniature Show & Bow Lighting, through Dec. 24

See ad on page 48



Special Occasion Sparkle

Earrings by SUNA featuring rhodolite garnets with pear-shaped morganite.

Walter J. Cook Jeweler, Paoli

Holiday Kick Off Party: Nov. 15, 5–8 p.m.

See ad on page 12



Custom Copper Pendant

Custom copper pendant with nickel-plated interior lighting.

Ball and Ball, Exton

See ad on page 18

Step Into Style

Visit for the footwear shopping experience of a lifetime, featuring expert fitting service and an amazing selection of fashion-comfort brands.

Benjamin Lovell Shoes, Glen Mills

See ad on page 50



Plum Riding Boots

Shop for women's clothing while benefitting the Delaware Breast Cancer Coalition.

Delaware Breast Cancer Coalition, Wilmington

See ad on page 26



Powerbeads By Jen

Agate slice necklace available in multiple colors. No two are the same!

Tish Boutique, West Chester

See ad on page 51



Unique Dishware

Browse and shop uniquely creative goods from featured artists and artisans.

Adorn Goods, Centreville

See ad on page 48



Hand-crafted Chair

Sit back and relax on this hand-carved zebra wood rocker by Tom Bazis.

Merchant of Menace, West Chester

See ad on page 25



Stacking Rings

Visit Alexis Kletjian's fine jewelry gallery for luxuries for your soul this holiday.

Alexis Kletjian, Kennett Square

Customer Appreciation Shopping: Nov. 29 and 30, 11–5

See ad on page 48



Holiday Chocolates

Chocoholics will love this basket overflowing with decadent treats. Gift one ... keep one!

Christopher Chocolates, Newtown Square

Samples and Specials Galore: Nov. 30, 10–5

See ad on page 68



Woodland Wreath

Welcome in the holidays with this perfect decor for your front door this winter.

Matlack Florist, West Chester

Holiday Open House: Nov. 22, 9–5:30; Nov. 23, 9–5

See ad on page 32



Mini Poinsettias

Liven up your gift list with holiday greenery from local plant experts.

Mostardi Nursery, Newtown Square

See ad on page 73



Festive Holiday Accents

Five trees, five mantels & open staircase—all decorated with different colors, styles & themes.

Heritage Design Interiors, New Holland

Holiday Open House: Nov. 7–17

See ad on page 16



Glass Gifts

Find one-of-a-kind art and goods like these glass acorns by Danny Polk.

Goggleworks Center for the Arts, Reading

See ad on page 29



Dunwoody Village



Residents and friends of Kendal-Crosslands take part in an Alzheimer's Walk.

Senior ... But Not in Body or Heart

Edwin Malet

AREA SENIORS AND RETIREES FIND FULFILLMENT IN JOBS THAT NEED DOING.

MAYBE YOU THOUGHT LIFE AT SENIOR AND RETIREMENT communities was about sitting around, watching TV, discussing bingo, planning doctors' appointments and getting to an early dinner. Boy, would you be wrong!

Seniors and retirees are increasingly involved in the greater community. Volunteers are engaged in all kinds of activities: teaching, gardening, preparing meals ... And their volunteer efforts help not only the community but also themselves.

SUPPORTING EDUCATION AND SCHOOLS

Many seniors devote their volunteer hours to schools. At **Kendal-Crosslands**, for example, residents teach English as a Second Language (ESL), as part of Kendal's Adult Literacy Program, involving about 50 mentors.

The program's mission is to improve literacy on the job, in the family and in society. At the Friends Home in Kennett, there are also residents who have worked as tutors of ESL. Working with the local Rotary Club, residents at Friends Home Kennett also buy and pack backpacks for schools.

For over ten years, about 20 residents of **Dunwoody Village** meet monthly with 2nd graders from Highland Park Elementary School. Students are bussed to Dunwoody and each is partnered with a resident. Together, they work on projects assigned by the teacher.

Barclay Friends' seniors share lifetime experiences with school children. Together, they write letters, raise houseplants and share seeds. Recently, a new program started with the Chesterbrook Academy 4th grade class.

And at **The Highlands at Wyomissing**, their seniors are working as tutors in a program called "United Way Ready, Set, Read!," involving reading to 2nd and 3rd graders. Residents also read to preschool classes.

ANIMALS AND ARBORETUMS

But volunteering isn't limited to the classroom. Dee Crow of **White Horse Village** volunteers as a docent at the Philadelphia Zoo, explaining artifacts and biofacts of animals. She's been guiding Zoo visitors for 23 years and "loves it." She had to take a class—which she described as "zoology 101"—and she's been volunteering ever since. Between the people and the animals, she "never knows what's going to happen."

Also from **White Horse Village**, Alan and Barbara Mennig have logged over 2500 hours at Tyler Arboretum's butterfly house. Alan tags butterflies for MonarchWatch and was thrilled to have five of the tags returned from as far away as Mexico. The couple also volunteered with Tyler at special events, as members of the horticultural crew, assisting with bookkeeping, and in arts and crafts projects.

Once a week, **Dunwoody Village** resident Connie Carino and her wire-haired dachshund, Jock, visit the community's Care

Center. Jock is a therapy dog, and their visits are much anticipated. "It's amazing to see a resident's mood change when they see Jock," says Amanda Posoff, Dunwoody's Recreation Coordinator. "He brings a lot of comfort and happiness to them when he visits."

Some seniors are devoting their time to caring for others. For example, for over 20 years Sally Ross has been volunteering at **Thorncroft Equestrian Center**, helping children and veterans with disabilities. She grooms, tacks and leads the horses, sometimes acting as a side aid. It's very "calming," and she sees "miracles all the time."

GROWING AND SERVING FOOD

Many seniors work in food preparation. **Barclay Friends**, for instance, is about growing things. Its residents care for the gardens, help pick beans and clean vegetables, providing several hundred pounds of food this season to the Chester County Food Bank. They also planted vegetables and herbs to give to Barclay's employees, and potted a hundred plants for distribution at Barclay's Secret Garden Tour and Plant Sale in September.

Kendal-Crosslands' residents conduct two food drives every year, also benefitting the Food Bank. In addition to non-perishable

goods, residents contribute hundreds of pounds of fresh produce gleaned from their on-campus vegetable gardens.

"The Big Cheese" is the largest **United Way**-driven meal packaging event in the country, preparing about 500,000 mac and cheese meals for school children, lunch programs and food pantries throughout Berks County. Residents at the Highlands of Wyomissing helped with much of the work—over 80,000 meals in 2019.

For their part, Dunwoody's residents made casseroles for St. John's Hospice, a men's shelter in Center City, Philadelphia, and they prepare over 80 casseroles every month.

Meals on Wheels of Chester County has over 500 volunteers, the majority of whom are retirees. Volunteers pick up hot meals around the County—they're prepared by residents at area senior communities—and deliver them mostly to elderly clients. Last year, volunteers delivered over 80,000 meals to home-bound residents.

CARING

Through its Creative Stitchers program, **The Highlands at Wyomissing** creates hats, mittens and sweaters for local charities. Volunteer stitchers have also made "knitted knockers" for breast cancer survivors.



Residents at Kennett Home packing backpacks for schools

At **Surrey Services**, much of the volunteer effort goes to transporting its members. Its Respite Care program volunteers also serve as caregivers, filling days with activities. Caryn Fallon, Surrey's Senior Director of Mission Services, says the program is "not only great for the caregivers to get a break but also for their loved ones, who might not get out much, to experience socialization."



Surrey Services volunteers transport members to appointments

FOR THE HOLIDAYS.

The holidays bring out our caring sides. Kendal-Crosslands, for example, leads a Toy Drive, this year benefitting children at Tick Tock Early Learning Center in Kennett Square. Over a hundred toys are donated each year, and its staff Santa helps deliver them. There's also a Warm Coat drive benefitting local families. Coats, gloves, hats and

other winter clothes are donated to help families keep warm this winter.

At Friends Home in Kennett, the residents "adopt" a family every Christmas. This year, they'll be buying and wrapping gifts for a family with three children.

And, at The Highlands at Wyomissing, Santa, working with the American Cancer Society, will write letters and place calls to children. Parents completed a form with the child's Christmas List so they'll get a personalized letter from Santa.

A JOB TO DO

Our area seniors' motives toward volunteering and charity are often private and personal.

One example: Joan Feldman and Josie Launi have found that their efforts are most needed at **The Hickman** itself. Joan works in the gift shop, distributes mail and "feeds the fish every morning." Josie also delivers the mail, the newspapers and gives Communion to the Catholics. "It's fun," she says. As they warmed to their community, they saw jobs that needed to be done and did them. Josie had been a volunteer at St. Agnes parish all her life. Joan had worked in a school.

Similarly, a resident of **Shipley Manor**, a Five Star Senior Living community in Delaware—who prefers to remain any-

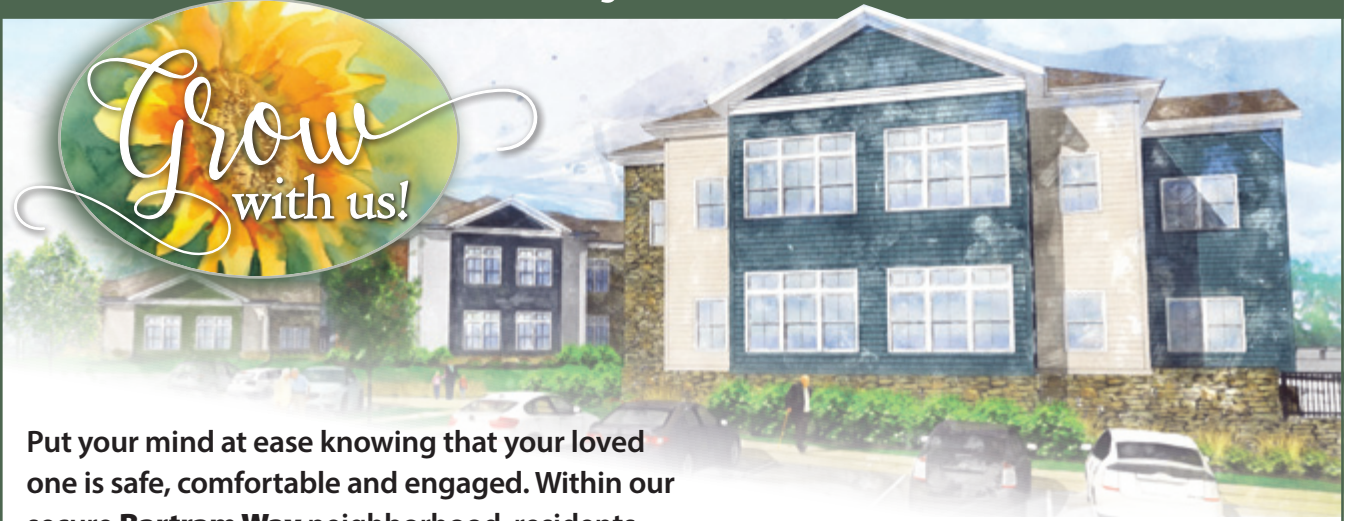
mous—says, "Listening and helping people was always a passion of mine. As a widower, I understand loneliness. ... The key is listening. Usually when I visit people, they are just lying in bed. I find that a little conversation can brighten their day and that brightens up my day. There's always something to talk about; whether it's music, history, fellow veterans or even current events."

In truth, the volunteer efforts seem to work both ways. It's not just the greater community that benefits. Volunteers are rewarded too. Their efforts keep them active and engaged. They get to exercise their skills, often to do things they've wanted to do and now have time to do. ♦



Highlands at Wyomissing residents preparing packaged meals

Secure Memory Care | Coming 2020



Put your mind at ease knowing that your loved one is safe, comfortable and engaged. Within our secure **Bartram Way** neighborhood, residents have freedom in what they do, where they go and with whom they interact. Our staff supports by "doing with" rather than "doing for."

Learn more, call 610.696.5211.

Barclay Friends

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GUIDE TO 55+ and Retirement Communities

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They're designed to make retirement healthier and more enjoyable.

PENNSYLVANIA King of Prussia

Canvas Valley Forge

844-400-6435; CanvasValleyForge.com

see our ad on page 65

Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

Lancaster

Lancashire Terrace Retirement Comm.

610-430-6900

LancashireTerrace.com

see our ad on page 60

A 55+ community that's a great retirement value, offering the county's only all-lease, all-cottage senior living. They provide a full activities calendar, along with a fitness center for wellness. Retire in a safe, care-free and friend-filled environment that will leave you wondering why you waited so long to make the move. Call them for a tour and lunch on them.

West Chester

Harrison Hill Apartments

610-430-6900

HarrisonHillApts.com

see our ad on page 57

Harrison Hill in West Chester offers a resident-friendly environment in an independent living community. Their 1BR and 1BR with Den apartments offer today's amenities with ample space needed to live comfortably and securely. Companionship is plentiful at Harrison Hill with Monday Mingle, Tuesday Transportation and other resident-initiated activities and management social events. Come find comfort and family at HH.

Independent Living Communities, with Continuing Care and Life Care Communities

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life care community. Those listed have strong "independent living" programs.

PENNSYLVANIA Downingtown

St. Martha Villa for Independent & Retirement Living

610-873-5300; Villa.StMRehab.org

see our ad on page 66

Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus



Echo Lake



Daylesford Crossing



Shipley Manor



Somerford House



Foulk Manor North



Harrison Hill Apartments



Canvas



Willow Valley Communities



ACTS Retirement Community - Country House

with St. Martha Center for Rehabilitation and Healthcare.

Kennett Square
Kendal-Crosslands Communities
844-907-1800; KCC.Kendal.org
see our ad on page 23

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with Five Star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

Lancaster
Willow Valley Communities
866-454-2922; WillowValleyCommunities.org
see our ad on page 75

Willow Valley Communities’ residents pursue passions through innovative award-winning amenities: an 80,000-square-foot Cultural Center with fitness and aquatics

centers, day spa, art gallery, 500-seat Performing Arts Theater, the 30,000-square-foot Clubhouse, with bowling alley, vintage arcade, outdoor pool, tennis courts, golf simulator and 11 culinary venues. Willow Valley Communities’ meticulous 210 acres, just minutes from Lancaster City, also offers Lifecare.

Lititz
Luther Acres
Other locations in
Columbia and Lebanon
717-388-0274
LutherCare.org
see our ad on page 11

LutherCare’s three senior living communities offer a full complement of lifestyles, services, amenities and programs that empower residents to live healthy, more socially connected lives. Explore the many options at their communities, from cottages and apartments to supportive personal care and more. They are excited to announce a new cottage neighborhood coming soon to the St. John’s Herr Estate community.

Malvern
Echo Lake
484-568-4777
LivingAtEchoLake.com; SageLife.com
see our ad on page 4

They’re open. Retirement living, reinvented. At the leading edge of the “aging well” movement, Echo Lake has a comprehensive fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

Manheim
Pleasant View Retirement Comm.
717-665-2445; PleasantViewCommunities.org
see our ad on page 63

Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing carefree lifestyle with opportunities to explore passions and interests. Because Pleasant View is so highly regarded and popular, it is expanding—West Lawn on the main campus and The Lofts at Lititz in downtown. Please call to learn more.



Spring Mill Senior Living



Pleasant View Retirement Community



St. Martha Villa



Wellington at Hershey's Mill



Lancashire Terrace Retirement Community

Where Extraordinary Living Meets Nature’s Beauty



Expanding Life’s Possibilities

White Horse Village is a retirement community of welcoming, vibrant people with diversity of thought and individual choices.

Interested in learning more about White Horse Village? Plan your visit today!

(610) 675-2054 | www.whitehorsevillage.org



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16 Terrace Drive • Lancaster, PA 17601

Call our Welcome Center at 1-800-343-9765 or 717-569-3215 for more information.

Lancashire Terrace
A Cottage Living Community
ALL-LEASE COTTAGE COMMUNITY!



Newtown Square

Dunwoody Village

610-359-4400; [Dunwoody.org](#)

see our ad on page 66

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five Star Healthcare offers.

White Horse Village

610-558-5000; [WhiteHorseVillage.org](#)

see our ad on page 61

White Horse Village, a community of friendly, vibrant people age 62 and older, sits on 96 picturesque acres and neighbors a state park. Amenities include a fitness center, pool/spa, putting green, bocce, shuffleboard, library, arts studio, wood shop and more. Enjoy gardening, cultural events, clubs, arts and entertainment, volunteering and new friendships. A Healthcare Center with outpatient services, skilled nursing, personal care and memory support is on-site.

North Wales

Kyffin Grove

267-460-8100

[KyffinGrove.com](#)

[SageLife.com](#)

see our ad on page 4

A perfect location—a campus of coordinated care. Kyffin Grove offers customized care and innovative memory care, beautiful surroundings and a cozy, intimate setting. Call to find out more.

Paoli

Daylesford Crossing

610-640-4000

[DaylesfordCrossing.com](#); [SageLife.com](#)

see our ad on page 4

Daylesford Crossing is one of the Main Line's favorite supportive living communities ... completely personalized care, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is perfectly located right in the heart of the western Main Line. Call to find out more.

Phoenixville

Spring Mill Senior Living

610-933-7675; [SpringMillSeniorLiving.com](#)

see our ad on page 6-7

Welcome home to one of the most highly sought-after senior living communities in the area, offering exceptional personal care and memory care. With gourmet dining, events, daily activities, extra-large apartment homes with stone balconies and patios, Spring Mill is truly a great choice in senior living. Long tenured professional team members are available 24 hours a day to ensure that you live without worry. They'll take care of everything for you.

Wallingford

Plush Mills

610-690-1630; [SageLife.com](#)

see our ad on page 4

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apart-

ments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

West Chester

Barclay Friends

610-696-5211; [BF.Kendal.org](#)

see our ad on page 57

Barclay Friends, a Continuing Care Community, is a Kendal Affiliate. Cultivating the arts and gardens through music, visual arts, and horticultural therapy, gardens surround this beautiful community. Highly regarded services include post-acute rehabilitation and nursing care in a Medicare and Medicaid-certified setting. Coming in summer of 2020: residential living, get-away stays, personal care and memory care.

Wellington at Hershey's Mill

484-233-6230

[WellingtonRetirement.com](#)

see our ad on page 62

Wellington at Hershey's Mill is a Benchmark Signature Living Community that offers independent living, personal care, skilled nursing and rehabilitation services. Wellington is a leading provider of senior

living services located in the heart of scenic, historic Chester County, Pennsylvania. Visit their website for more information.

DELAWARE

Newark

Millcroft Senior Living

302-366-0160; [FiveStarSeniorLiving.com](#)

see our ad on page 2

With more than three decades of attentive, friendly service, Millcroft is a senior living community offering spacious and comfortable independent living and assisted living apartments, as well as skilled nursing care, rehabilitation services, and respite/short stays, all in one beautifully landscaped campus with a highly skilled 24-hour staff.

Somerford House Assisted Living

Somerford Place Memory Care

302-266-9255

[SomerfordHouseNewark.com](#)

see our ad on page 2

Offering assisted-living apartments and the award-winning Bridge to Rediscovery program for people with dementia. Residents enjoy many services and amenities, including

restaurant-style dining, 24-hour staff, social, educational and recreational activities, exercise/wellness programs, beauty salon, library, transportation, laundry and housekeeping.

Wilmington

ACTS – Retirement-Life Communities Country House

302-244-7646

[AboutActs.com/CountyLines](#)

see our ad on page 9

Country House is rolling out a bold vision for the future of its campus. New cottages offer today's discerning retiree the ultimate independent lifestyle with luxurious conveniences within the same campus. New apartment homes feature many modern luxuries, plus comforts and amenities located under the same roof. Country House is also re-energizing community amenity spaces to reflect today's lifestyles and consumer expectations.

Forwood Manor

302-529-1600

[ForwoodManorDE.com](#)

see our ad on page 2

Located on 13 beautifully landscaped acres





Wellington at Hershey's Mill residents enjoy three delicious, healthy meals a day in a choice of dining venues – from our casual bistro to our elegant dining room. Come break bread with us and we'll show you around.

Live Well. Live Wellington.

Join us: 484-233-6230



1361 Boot Road | West Chester, PA 19380 | [WellingtonRetirement.com](#)

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[pleasantviewcommunities.org](#)

CLM



Dunwoody Village



Barclay Friends



White Horse Village



Luther Acres



Kendal-Crosslands

in Wilmington, Forwood Manor is a full-service senior living community offering some of the finest in independent living and assisted living residences, as well as skilled nursing care, rehabilitation services, and respite/short stays—all featuring friendly service by highly skilled 24-hour staff.

Foulk Manor North

302-478-4296; FoulkManorNorth.com

see our ad on page 2

Located in the heart of North Wilmington, Foulk Manor North is convenient to local shopping, restaurants and entertainment. They offer complete Senior Care for Independent Living, Assisted Living, Memory Care and Skilled Nursing. Ten-acre grounds have gardens, a screened-in porch and walking trails. Call for details and to schedule a tour.

Foulk Manor South

302-655-6249

FoulkManorSouth.com

see our ad on page 2

Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five

Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays. They also offer intermediate care as a long-term skilled nursing option.

Shipley Manor

302-477-8813

FiveStarSeniorLiving.com

see our ad on page 2

Shipley Manor has 24-hour, Five Star service in a cottage or an apartment. You'll love their warmth, hospitality, dining and dedication to your health and wellness. Most of all, you'll love being a part of their family, from independent living, assisted living to skilled nursing and rehabilitation.

SERVICES FOR SENIORS

Some seniors require a range of services, from legal advice and long-term care planning to making sure their personal belongings are moved with the utmost care.

Ruggiero Law Offices LLC

610-889-0288; PaoliLaw.com

see our ad on page 66

At Ruggiero Law Offices LLC, the mission is to be creative problem solvers for families. Caring comprehensive advice in the areas of estate planning, Medicaid planning, elder law and estate administration is provided in the office, home or care facility. Having an updated Power of Attorney and Will, or doing Medicaid planning is an important step before a move to a retirement community.

TLC Moving Services

610-268-3243

TLCMovingServicesllc.com

see our ad on page 65

TLC provides a personalized and friendly service specializing in house and retirement home moves. They offer you a personalized, economical and worry-free service that specializes in planning, packaging, unpacking, sale of personal property, handyman services, appraisals and donations. ♦

Please visit our online Guide at CountyLinesMagazine.com

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If you're planning a local or long distance move, across town or across the country, then do what smart senior citizens and other residents have done for years and call **TLC Moving Services, LLC** at 610-268-3243.

These professionals will pack your items with the utmost care, arrange to have them moved by a reliable moving company, then unpack them and place them in your new home where you desire. If you are downsizing, they can help you arrange a sale of your goods or assist you in donating to the charity of your choice.

Once out of your old home, they can clean-up and make repairs so the house is ready for the new owners, or to be put on the market.

If moving is in your plans, then your first move is to call **TLC Moving Services, LLC**. Put these professionals to work for you and call **Caen Stroud** at 610-268-3243.

CaenStroud@msn.com

www.tlcmovingservicesllc.com



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- ✓ Review the Admissions Contract
- ✓ Prepare a Power of Attorney
- ✓ Represent you at the Real Estate Closing

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[Food News]

A few of our favorite things to share this month about local food and drink

Food Fight. Watch local food trucks duke it out in the Fall Food Truck Throw Down at Chaddsford Winery! Sip local wines and enjoy live music as you sample from the likes of Baby Blues BBQ to Gotta Lotta Gelata. Then cast your vote for the best food truck, with the winner taking home a trophy. Admission is free, but food and wine trucks are pay-as-you-go. *Nov. 2-3, Sat., 10 to 7; Sun., 11 to 6. 632 Baltimore Pk., Chadds Ford. Chaddsford.com.*

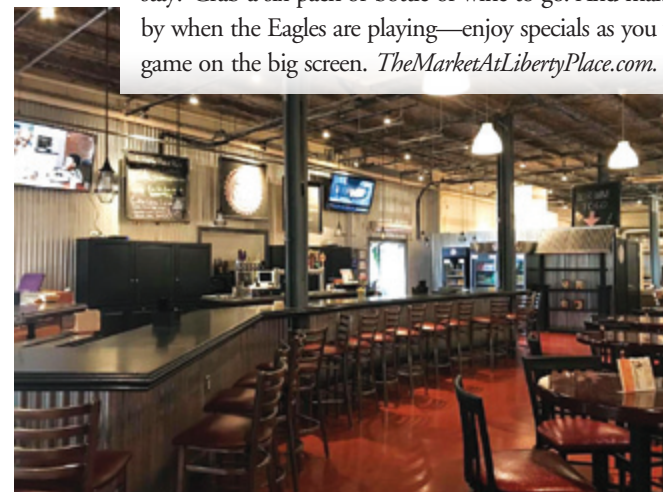


Save the Fish. Sorry anchovy lovers, November 12 isn't the best day to order your favorite pizza topping. Not to worry sausage, mushrooms and pepperoni fans—you have free rein! **National Pizza With the Works Except Anchovies Day** is observed every November, so the best way to celebrate is to spare the anchovy population and go with other tempting toppings that go swimmingly on pizza. Share your anchovy preservation spirit with friends and family as you head to your favorite local pizzeria.



Thanksgiving Tidbit. Here's some trivia to serve up at the Thanksgiving table. Story has it that in the 1950s, Swanson & Sons (now sold as Hungry Man) overestimated the amount of turkey Americans needed and had 260 surplus tons of it. So Swanson's salesman Gerry Thomas, inspired by aluminum dinner trays used on American Airlines, solved the frozen turkey dilemma with the birth of **the first T.V. dinner!** And the rest is history plus a \$9 billion frozen dinner market ... and food for thought.

Raise a Glass! Cheers to the **Liberty Place Pub** at The Market at Liberty Place in Kennett Square. The pub opened in late September and boasts a full-service bar with 16 taps, award-winning wines from Paradocx and signature cocktails and mixed drinks. Can't stay? Grab a six-pack or bottle of wine to go. And make sure to drop by when the Eagles are playing—enjoy specials as you watch the game on the big screen. *TheMarketAtLibertyPlace.com.*



Chef Signing. Get your signed copy of Philly-based Top Chef-winner Nick Elmi's cookbook **Laurel: Modern American Flavors in Philadelphia** at Main Point Books on November 30 at 1 p.m. Owner of the 22-seat, award-winning Laurel, Elmi serves up nine-course seasonal tasting menus—bourbon-glazed grilled lobster with grains and apple blossom anyone? Get more than a soupçon of cooking inspiration and meet the face behind the cover. The signing falls on Small Business Saturday, so shop other independent businesses, too. *116 N. Wayne Ave., Wayne. MainPointBooks.com.*



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[Brandywine Table]

Grazing Gobblers

A LOOK AT LOCAL PASTURED-POULTRY AND THE PUNNY FARMER BEHIND IT ALL.

Alyssa Thayer

YOU MAY HAVE SEEN HIM AROUND ... HE'S THE GUY at farmers' market with a shirt that says "Turkey Whisperer."

That's Axel Linde, informally known as the King of Puns. He's the owner and operator of **Lindenhof Farm** in southeastern Lancaster County.

Lindenhof Farm has been in the family for over 60 years and was originally purchased by Axel's parents, Karl and Else Linde, as a dairy farm. "We've had three generations helping with daily chores," Axel recounts proudly. Axel and his wife, Susan, raised their six kids on the farm. Although several are now grown up, the kids still help out at market, on social media and with weekend farm work.

For the last 13 years Axel has had a wide-range of livestock on the land, including chickens, turkeys, cattle, sheep and hogs. "We like to have them outside on fresh green grass as much as possible," says Axel. He also notes that the farm land is "permanent pasture," meaning it remains seeded for animal grazing and is never plowed.

"I don't like to think of my fields as having weeds," he chuckled. "I like to think of them as having diverse plants for the animals to enjoy." The variety of plants and grasses provides the animals with a healthy diet, which Axel supplements with local corn, soybeans and whole-grain wheat.

Pasture-raised animals have unique characteristics, which include a richer flavor, leaner meat and greater nutrients. "It's just a more

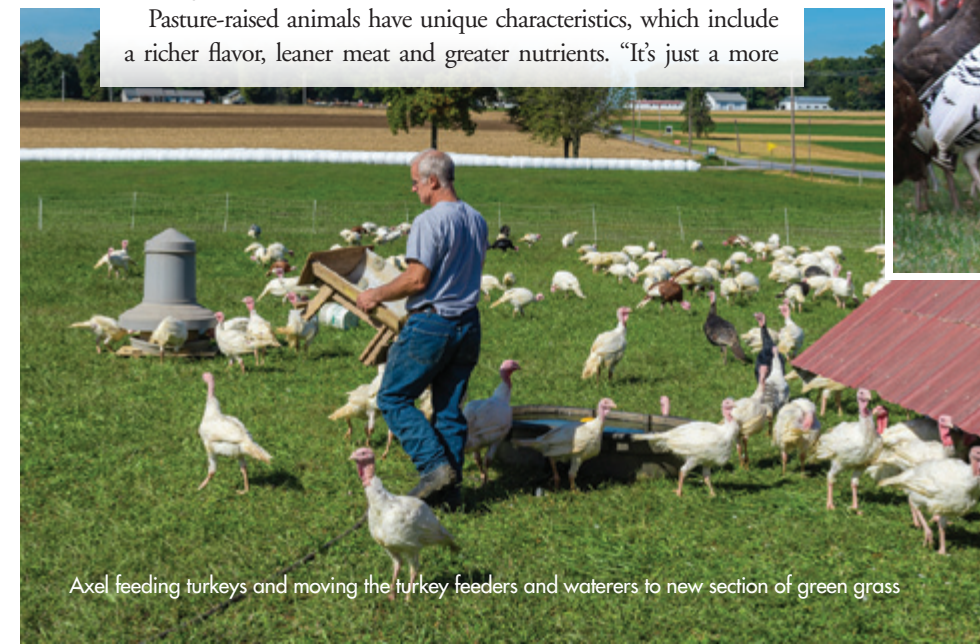
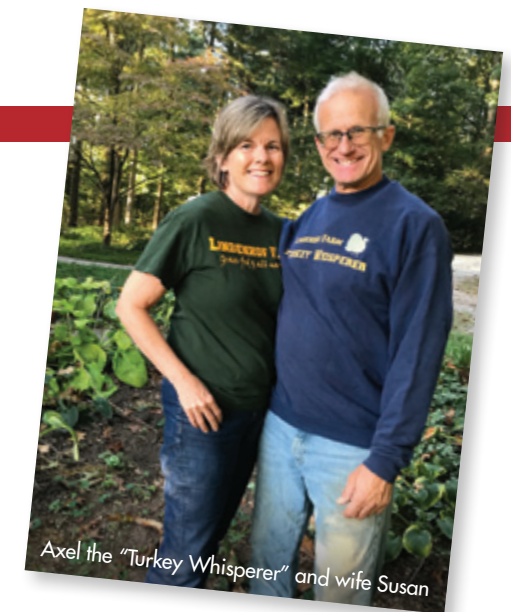
natural way of raising animals," explains Axel. "Nothing artificial, lots of sunshine and air."

Axel is just as excited to talk about what his animals don't get as what they do. On Lindenhof Farm they use no hormones, no antibiotics, and no artificial flavor enhancers, and all the meat raised there is processed at a local Amish facility.

This will be Axel's 12th year providing fresh holiday turkeys to the community. Not surprisingly, Thanksgiving accounts for the bulk of yearly turkey sales, which includes both traditional pasture-raised white turkeys, as well as several heritage breeds. What started as a humble business of around 100 birds a year, has taken off, reaching an impressive 660 orders last year. "It's a fun time," says Axel "and the whole family helps out."

You'll find Lindenhof Farm products at the West Chester Growers' Market and the Eagleview and Oakmont Farmers' Markets. Or order ahead from their website and pick up at their farm store in Kirkwood.

This year consider a locally raised gobbler for Thanksgiving.



Classic Herb-Roasted Turkey with
Giblet Gravy Herb Butter



Enough to accommodate up to 20 pounds of turkey.

- 1 Tb. coarse salt
 - 1 Tb. freshly ground black pepper
 - 4 cloves garlic
 - 1 Tb. fresh thyme
 - 2 Tb. finely minced fresh oregano
 - 1 Tb. minced fresh rosemary
 - 1 tsp. dried lavender
 - ½ lb. unsalted butter (2 sticks), softened, or 1 cup olive oil
- Combine all in a food processor and puree until smooth.

Traditional Turkey

- 1 turkey, room temperature
 - ½ lb. herb butter (recipe above)
 - 3 medium onions, coarsely chopped
 - 2 carrots, scraped and coarsely chopped
 - 2 stalks celery, coarsely chopped
 - 4 to 6 sprigs fresh thyme
 - 2 leaves fresh sage
 - 2 sprigs fresh marjoram or oregano
 - 4 Tb. unsalted butter, melted
 - 1 C. water
 - 4 C. chicken or turkey broth (Giblet Broth is recommended.
- See the recipe online at CountyLinesMagazine.com

Place oven rack in the lowest position and preheat oven to 325°. Rinse the turkey, inside and out, and pat dry with paper towels. Rub ¼ of herb butter under the skin of the breast. Rub the remainder all over the outside of the bird—including the back, breast, legs, and thighs. Set turkey breast side down on a well-oiled rack in a large roasting pan.

Toss ½ of chopped onions, carrots and celery into the cavity of the bird. Mix other half of vegetables with fresh herbs and 1 tsp. of melted butter and spread out in the bottom of the roasting pan. Pour 1 cup of water over the vegetables (not on the turkey).

Heritage Turkey Talk

In recent years, heritage turkeys have come into favor for their taste, texture and nutrients, as well as their role in preserving species diversity.

What are some common breeds? Bourbon Red, Narragansett, Standard Bronze and Spanish Black

What’s different about heritage breeds and what do you need to know if you’re cooking one for your holiday meal?

- **Body Type:** Traditional turkeys, also called broad-breasted whites, were bred in response to the demand for larger birds and more white meat. Heritage breeds by contrast, have an equal ratio of dark to light meat.
- **Growth Cycle:** Commercial white turkeys have been bred to mature as quickly as possible and maximize yields and profits. Heritage birds have a much slower growth rate, taking up to 7 months to reach full market size.
- **Taste and Texture:** Heritage birds have a richer more intense flavor and a denser texture, while broad-breasted turkeys tend to be described as being more mild.
- **Order More:** Heritage breeds (and pasture-raised in general), have stronger and heavier bones due to their rugged outdoor lifestyle, so it’s important to order more pounds than you would for a broad-breasted variety (1½ lbs./person is recommended).
- **Cooking Time:** The slimmer body, smaller breasts and lower fat ratio make heritage and pasture-raised birds more likely to overcook. See the Tips Sidebar and recipes.

Roast the turkey (time dependent on weight), basting every hour.

** Early in the roasting, before you have pan juices, use the remaining 3 tablespoons melted butter to baste the bird. If vegetables in the pan look dry, add another ½ cup water until the turkey starts releasing juices.*

Halfway through the estimated cooking time, pour broth into the bottom of the pan, covering the bottom of pan with around ½ inch of liquid. Carefully turn the bird breast-side up. Continue roasting, basting regularly with pan juices, until the thigh registers 170°F to 175°F.

Remove the bird from oven, transferring it to a warm platter. Tent loosely with foil, and rest for about 30 minutes while you make the gravy.

**** Variation:** To make your turkey like the Lindes do, follow this recipe but stuff the neck and cavity of the bird with 5 to 10 cored and sliced raw apples to give the meat some moisture and sweetness.

Giblet Gravy

- Pan juices from turkey
- 4 Tb. unsalted butter
- ¼ C. all-purpose flour
- 1 C. dry white wine
- Coarse salt and freshly ground black pepper to taste

Pour pan juices into a large measuring cup or bowl. Strain and discard the vegetables and herbs.

Heat the butter in a large saucepan over medium heat. Whisk in flour, stirring constantly, until it turns a deep caramel color.

Pour in all but 1 cup of the pan juices. Keep stirring the mixture until it comes to a boil. Reduce the heat, and simmer the gravy for about 5 minutes, until it is slightly thickened. Be sure to stir the mixture frequently.

Set the roasting pan over two stove burners. Add the wine to the pan, and bring to a simmer, scraping up any browned bits. Add the gravy, and continue cooking until the sauce is reduced by ⅓ (about 5 minutes). Add remaining broth and chopped giblets, and return the mixture to a boil, stirring constantly. Adjust the seasonings for salt and pepper.

Serve gravy alongside the carved turkey.

Rosemary Maple Heritage Turkey

If you’re new to the heritage turkey world, no need to reinvent the wheel and risk your holiday dinner. Use this tried and true recipe adapted from PA farmer and chef Sandra Kay Miller.



- 15-lb. free range, heritage turkey brought up to room temperature
 - 1 batch Rosemary Maple Butter mixture
 - 4 C. broth for moisture
 - 1 large sheet of oiled parchment paper
- Rosemary Maple Butter Mixture:*
- 2 C. butter at room temperature
 - ½ C. pure maple syrup
 - 1 Tb. fresh rosemary, finely minced
 - Salt and pepper to taste

Other Tips From the Farm:

Pasture-raised turkeys tend to be lower in fat than other turkeys, so they may cook a bit faster.

Most chefs and farmers recommend that you cook the stuffing separately from the turkey for food safety reasons and because of the faster cooking time of heritage birds.

If you stuff your bird, cook stuffing ahead of time so it’s already warm. Always start cooking with the bird at room temperature.

Size of Turkey ...	Estimated Cooking Time
10 to 14 lbs ...	2 to 3 hours
15 to 17 lbs ...	3 to 3½ hours
18 to 20 lbs ...	3½ to 4 hours
21 to 22 lbs ...	4 to 4½ hours
23 to 24 lbs ...	4½ to 4¾ hours

Preheat oven to 425–450°. Rinse turkey and pat dry, making sure no giblets or wrapping remain inside the cavity.

Whip together all butter ingredients. Rub over outside of turkey, using the last few tablespoons to slide under the skin of the breast.

*** When fast roasting, you want to maintain a high oven temperature (meaning don’t be tempted to open the oven and peek at the bird). Adding fat under the skin of the bird helps makes the turkey self-basting.*

Place buttered bird onto a wire rack inside a deep roasting pan. Add 4 cups of broth under the rack.

Use a large sheet of oiled parchment paper to tent roasting pan (any cooking oil will work, just coat both sides of the paper with pastry brush). Keep oiled paper in place with oiled wooden clothespins or a strip of aluminum foil. Remove parchment paper during the last 30 minutes of cooking for a nice golden skin.

Slide turkey into oven and roast until thigh temperature reaches approximately 150°. This should take about 2.5 to 3.5 hours, but start checking the temperature after 1.5 hours to avoid overcooking.

Let the bird rest at least 15 minutes before carving. Note: Temperature will most likely rise another 5–10 degrees while it rests.

Next Day Turkey Broth

Waste not want not! Make a delicious broth from pasture-raised bones!

4–5 lbs. turkey parts, including backs and wings, rinsed and dried

**For a rich golden-brown stock, make sure chicken pieces are dry.*

- 2 Tb. extra virgin olive oil
- 2 medium yellow onions, quartered
- 2 garlic cloves, crushed
- 1 medium to large carrot, cut into chunks
- ½ C. flat-leaf parsley
- 2 bay leaves
- 1 tsp. dried thyme, crumbled
- 1, 3-inch cinnamon stick (optional)
- 10–12 cups cold water
- Sea salt and freshly ground pepper to taste



Place turkey pieces, olive oil and onions in large stock pot and brown over medium heat. Turn frequently until turkey and onions are golden, about 20–30 minutes. Note: If you prefer a clear, light stock, omit this first step and simply put the pieces in a stockpot.

Add garlic, carrot, parsley, bay leaves, thyme, cinnamon, water, and salt and pepper. Set over medium-low heat and slowly bring to a simmer.

For the clearest stock, carefully skim off foam as it rises to the top. When the foam has ceased rising, cover the pot and simmer very slowly for at least 1.5 hours, or longer if necessary (turkey should be so thoroughly cooked that it is falling apart).

At the end of the cooking time, strain the stock through double layered cheesecloth or a fine-meshed sieve and discard solids. Taste the stock and add more salt and pepper to taste. (Remember that if stock is to be reduced later, that will concentrate the salt.)

Transfer stock to the refrigerator to let the fat rise and solidify. (This makes it easy to remove with a slotted spoon.) Once fat has been removed, stock can be frozen.

**Note: The cinnamon adds a delicious Mediterranean flavor to this both but can be omitted if the stock will be further reduced to be an all-purpose stock base (called a demi-glace).*

To make a demi-glace, cook skimmed stock over a very low flame until it has ¼ or less of its original mass. Tip: freeze in small cubes to use as a flavor base for sautes, stir-fries and many French sauces.

**Tip 2: never let it come to a boil or it will become cloudy. Make sure it stays on a very low simmer with barely a bubble for the demi-glace. ♦*

Alyssa Thayer found her love of food at an early age, frolicking around her mother's organic farm and eating her weight in berries and snap peas each summer. She is a self-proclaimed urban farm girl, whose mission is to bring inspired ideas to life, passionate people together, and good food to every table.



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