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The "Barron's Winner's Circle Top 1200" is a select group of individuals who are screened on a number of different criteria. Among the factors that advisors are assessed include their assets under management, revenues, the quality of service provided to clients, and their adherence to high standards of industry regulatory compliance. Portfolio performance is not a factor. Please see Barrons.com for more information.

The "Barron's Winner's Circle Top 100" is a select group of individuals who are screened on a number of different criteria. Among factors the survey takes into consideration are the overall size and success of practices, the quality of service provided to clients, adherence to high standards of industry regulatory compliance, and leadership in "best practices" of wealth management. Portfolio performance is not a factor. Please see Barrons.com for more information.





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**Chester Springs**  
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Par 3 Golf Hole | Apple Orchard  
Pond | Subdivision Possible  
\$3,400,000



**Birmingham Township**  
7 BR, 4.2 BA | 28.5 Acres  
Greenhouse | Pool | 4-Car Garage  
Bank Barn | Unionville Schools  
\$1,898,000



**Chester Springs**  
7 BR, 4.2 BA | 57.1 Acres  
Antique original millwork & floors  
4 BR Tenant House | 15 Stall Barn  
\$1,800,000



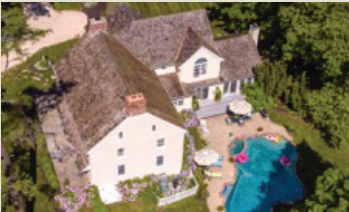
**Unionville**  
6 BR, 3.1 BA | 35 Acres  
Indoor Arena Possible | Pond  
24 Stall Barn | Unionville Schools  
\$1,699,000



**West Marlborough Township**  
46.2 Acre Parcel | On quiet country road  
Midst of equestrian area | Protected views  
Unionville-Chadds Ford School District  
\$1,685,000



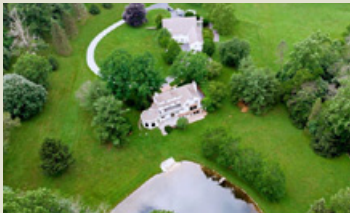
**Unionville**  
4 BR, 3.2 BA | 20.5 Acres | Private!  
New Construction - Pick from 4 models  
Unionville-Chadds Ford Schools!  
\$1,679,000



**Unionville**  
6 BR, 4.1 BA | 74 Acres | Updated  
Private Pool | Amazing Barn  
Excellent Equestrian Facility  
\$1,499,000



**Glenmoore**  
Custom 5 BR Home | 9,313 SqFt  
10+ Acres | Barn | Fenced Pastures  
Great Location | In-ground Pool  
\$1,199,000



**Warwick Township**  
6 BR, 5.1 BA | 22.5 Acres | Very Private!  
Historic Farmhouse, Stone Barn & Pond  
Near 535 Ac. Warwick Park | Priced to Sell!  
\$1,075,000



**Edgemont Township**  
4 BR, 3.2 BA | 2 Acres | Great Location  
Meticulously Maintained-Fabulous Kitchen  
Open Floor Plan | Finished Lower Level  
\$899,000



**Chadds Ford**  
5 BR, 3 BA | c.1844 | 2.1 Acres  
New Kitchen | Stunning Master Bath  
Well Off Road | Great Fairville Location  
\$750,000



**East Bradford**  
5 BR, 3.1 BA | 2 Private Acres  
Open Floor Plan | Large Family Room  
Newer Kitchen | West Chester Schools  
\$619,900



**Chadds Ford**  
4 BR, 2.1 BA | 1.09 Acres | Private Decks  
Set in Sought-after Waterford Community  
Great Floor Plan | Unionville Schools  
\$617,500



**East Fallowfield**  
4 BR, 2.1 BA | 2 Private Acres | Pool  
Stunning Paneling | High-end Kitchen  
Very Impressive Library | Updated Baths  
\$617,000



**Kennett Square**  
2 BR, 2 BA | .2 Acres | Well Built  
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**Townhomes**  
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\$219,900





**Four Chimneys Farm** BRANDYWINE VALLEY | \$3,695,000



## FOUR CHIMNEYS FARM: AN HISTORIC EQUINE PROPERTY

*The Residence:* Constructed with recycled 18th century stone and beams from the former Farm and modeled as a French hunting lodge, this remarkable estate boasts low taxes and is located in the Brandywine Valley and spans 50 protected acres. Enter this 4,825 sq ft. home and be welcomed into a step down great room with its massive fireplace, stone interior walls and spectacular 30 foot beamed ceiling.

*The Property:* Comprising 9 turnout fields, the estate boasts an outdoor sand dressage ring and a competition-quality "70 by 200" indoor arena, including 7 turnout sheds, each with automatic water, a 13 stall barn, a finished tack room with washer/dryer, a heated

wash stall and an attached in-law/groom's apartment. A large tractor/hay shed and tool building completes this turnkey perfect equine center for competitive training, fox hunting or pleasure riding.

*The History:* Nero, a famous champion pacer of the late 70's, knew Four Chimneys Farm as his legendary home. Having won more competitions in the U.S. than any other pacer or trotter in history, Nero set records that stand to this day, his winnings enabling his owner to build this dream equine property. A unique opportunity to continue a legend—in your own legendary estate—it's not a house it's a life style—Four Chimneys Farm.

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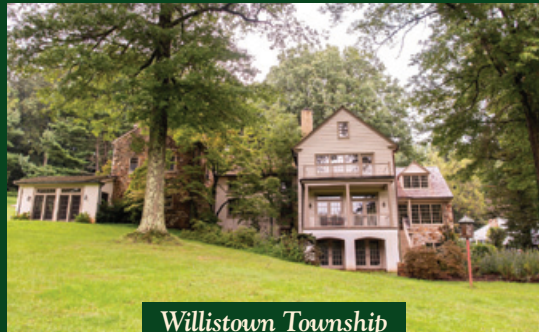
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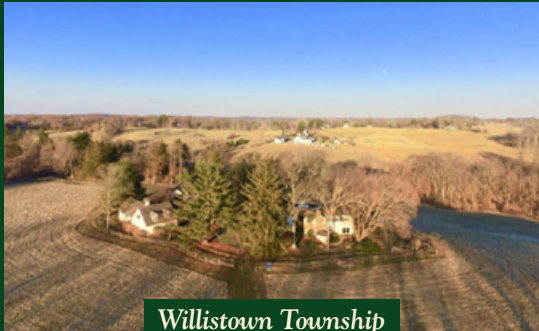
**West Fallowfield Township**

Turn-key horse property w/custom 4BR built house along w/4 stall barn, wash stall, heated tack room & feed room. Generously sized paddocks & pastures and all-weather ring on 13 acs.  
*Price Upon Request*



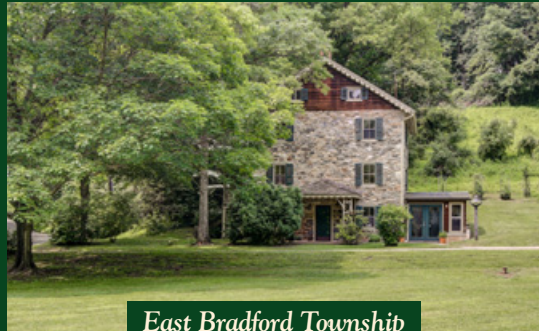
**Willistown Township**

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*Price Upon Request*



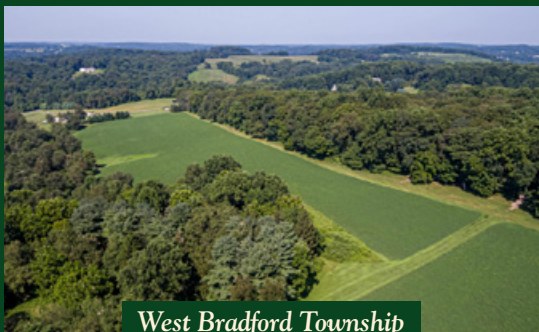
**Willistown Township**

Unbeatable "ride out" location. Charming home, 2 car garage, squash court & studio. Spectacular views, manageable barn & large tractor shed on 14 acres.  
*Price Upon Request*



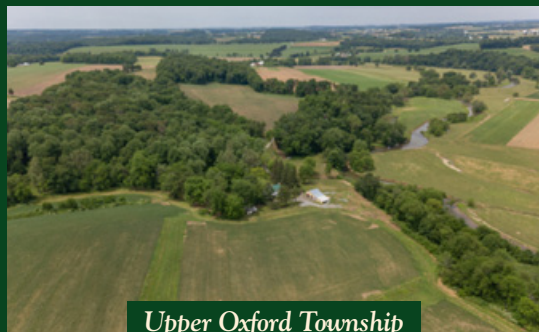
**East Bradford Township**

Lovely historic bank home (c.1780 and 1820's) w/stone exterior & wooden shutters on 9 +/- conserved acres. Also included is a bank barn and 2BR cottage. Minutes f/W. Chester.  
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## from the EDITOR

Houses, horses and fun! It's September and we have a full calendar in *County Lines* country.

Begin with our cover story on Chester County Day—a fundraiser for Chester County Hospital held the first Saturday in October. Matt Freeman previews five homes on the tour, including our cover property, Clock Tower Farm, the VIP stop. Read all about it in “79th Tour of Tours.”

Our “Home of the Month” features the former Padua Estate, a 32-acre compound on Pocopson Road, full of history and architectural delights. “If walls could talk!” says the owner. And for ideas to update your own home, visit our “Home Decor” for inspiration.

Our equestrian coverage shares the history of dressage in “From Battlefields to International Competitions” in preparation for Dressage at Devon. Ginny Simon is our guide. Mercedes Thomas previews Ludwig's Corner Horse Show, Devon Fall Classic, Plantation Field International Horse Trials, and Fair Hill International Horse Trials in “Four Fall Equestrian Shows.”

Learn “Who Will Protect the Environment?” as Blake Goll of Willistown Conservation Trust describes the Rushton Nature Keepers program, an environmental education program inspiring the next generation of conservationists.

Readers will enjoy “Fall Into Books” by Main Point Books' Cathy Fiebach, with recommendations to help all ages fall back in love with reading. Theater lovers should mark their calendars for Resident Theatre Company's debut of a true classic: “Cabaret” in our Theater Spotlight. And music lovers should head for the Main Line Symphony Orchestra's new season, featuring music of West Chester native Samuel Barber.

For foodies, Fred Naddeo asks “Is Wine Healthy?” You can do your own research. And we welcome our new Brandywine Table writer, Alyssa Thayer, and her look at ancient grains in “Baking History: A Tribute to Family Recipes and Great Grains.”

Laura Brennan, who helped create and define Brandywine Table for eight years, is off to a new challenge—college counseling. She's writing about this new venture in October's issue. As always, we have the Best Local Events and tons for Family Fun.

Thank you for reading.

  
Jo Anne Durako  
Editor



## COMING IN October

**ACROSS COUNTY LINES**

Town Focus on Phoenixville  
Guide to School Open Houses  
Fall Gardening • Home of the Month  
Brandywine Table, Beer and Much More!



## COUNTY LINES MAGAZINE

September 2019

Volume XLIII, Number 1

**PUBLISHER**  
Edwin Malet

**EDITOR**  
Jo Anne Durako

**ART DIRECTOR**  
Alex Bianco

**ASSOCIATE EDITOR**  
Marci Tomassone

**ASSISTANT EDITOR**  
Mercedes Thomas

**FOOD EDITOR**  
Alyssa Thayer

**ACCOUNT EXECUTIVES**  
Deb Dickinson  
Shelly F. Gill  
Susan Gillespie

**BUSINESS MANAGER**  
Debra M. French

**CONTRIBUTING WRITERS**  
Laurel Anderson / George  
Fitzpatrick / Matt Freeman  
Emily Hart / Carol Metzker  
Fred Naddeo / Cindy Walker

**CONTRIBUTING PHOTOGRAPHERS**  
Brenda Carpenter  
Wil Moore / Timlyn Vaughan

**CONTACT US AT**  
ValleyDel Publications, Inc.  
893 S. Matlack Street, Ste. 150  
West Chester, PA 19382.  
610-918-9300. [Info@ValleyDel.com](mailto:Info@ValleyDel.com)

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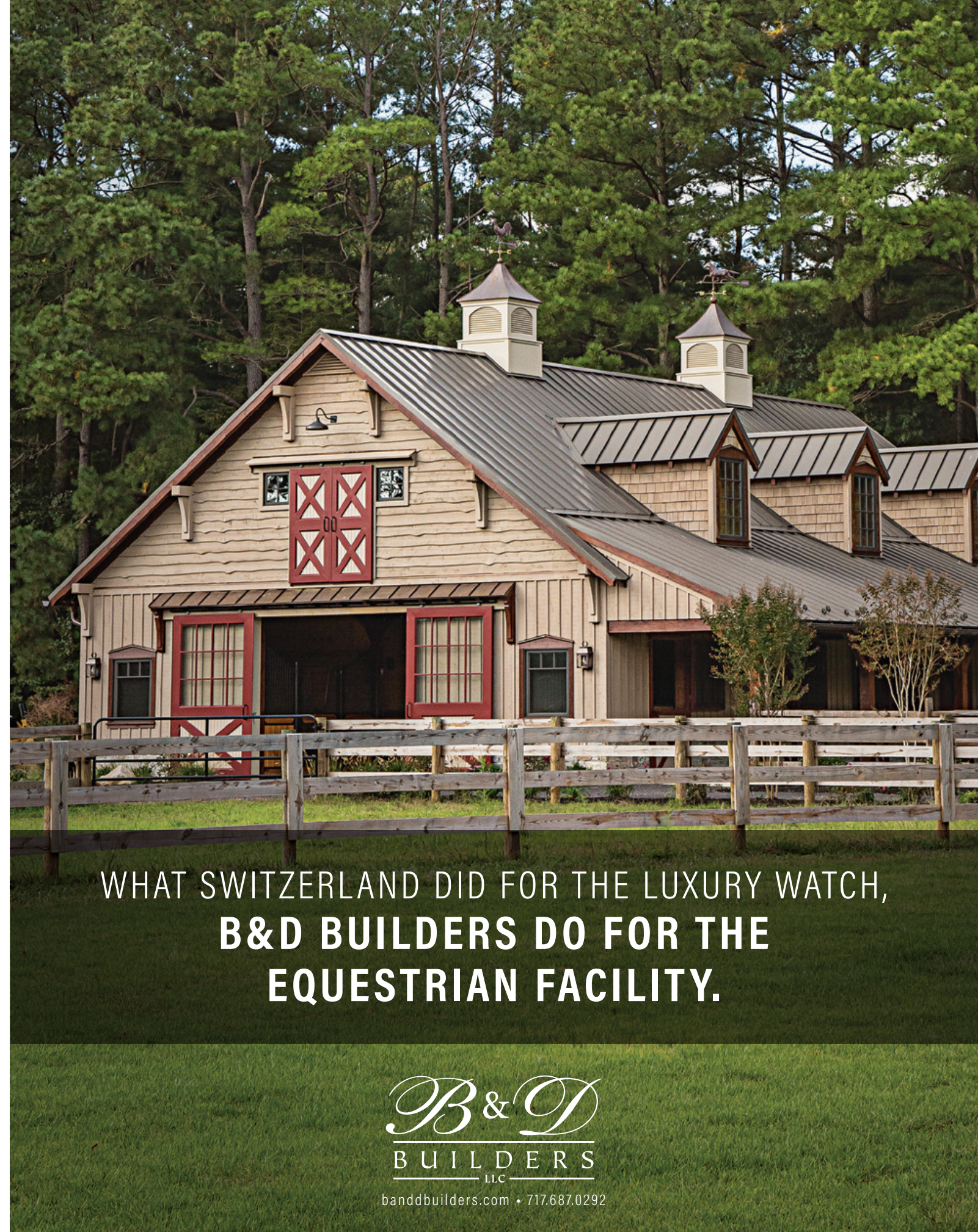
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Cover photo by Matt Freeman of Clock Tower Farm, part of Chester County Day Tour





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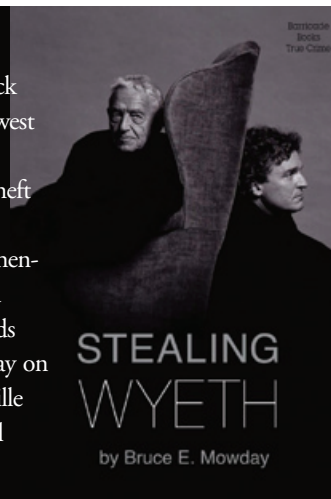
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## [Good to Know] *Just a few things we'd thought you'd like to know this month*

**Walk in the Park.** Coatesville's one-acre **Palmer Park** got more than a Mickey-Mouse makeover! As a recipient of the Meet Me at the Park Play Space Grant Program, funded by The Walt Disney Company and awarded by the National Recreation and Park Association (NRPA), Palmer Park replaced a long-closed swimming pool with a new play space. Blending green infrastructure with play equipment, the renovation helps make the park better—and more fun—for the whole community. *99 N. 9th Ave., Coatesville.*



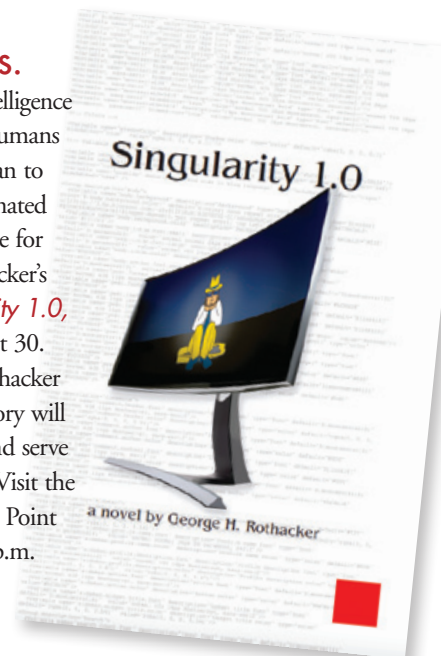
**Art Heist.** If you're an art history buff—or a true crime fan—check out local author Bruce Mowday's newest book, *Stealing Wyeth*. Released in August, it tells the tale of the 1982 theft of 15 paintings worth millions from Andrew Wyeth's estate, a story that then-journalist Mowday covered. Attend a book signing September 15 at Chadds Ford Days, or a book talk by Mowday on September 16 or 17 at the Phoenixville Library or Chester County Historical Society, respectively. *Mowday.com.*



**For the Good of Horses.** Every thoroughbred horse deserves a chance to live a great life after racing, and the **Fair Hill Thoroughbred Show** aims to make that happen for retired horses. The show has hunter and jumper classes, and offers scholarships to reward riders for selecting a thoroughbred. This year there's a silent auction plus more than \$9,500 in prize money. Come support this great event! *4640 Telegraph Rd., Elkton, MD. FairHillThoroughbredShow.com.*

### Thinking Machines.

The year is 2029. Artificial intelligence has realized it's smarter than humans and starts to put together a plan to find its place in a world dominated by humans. This is the premise for local author George H. Rothacker's first work of fiction, *Singularity 1.0*, released on Amazon on August 30. Written and illustrated by Rothacker in less than six months, the story will excite science fiction fans ... and serve as a cautionary tale to others. Visit the book signing at Wayne's Main Point Books on September 22 at 5 p.m. *SingularityNovel.com.*



**Tiny Dream Home.** Pull up a log and get ready for hands-on training for a special project with **Tree Top Builders' workshop** on September 21 and 22. Learn about tree biology, treehouse design and construction, hardware installation and rigging—and how to take your treehouse to the next level with zip lines and bridges. The \$579 cost includes the workshop, meals and a treehouse t-shirt. RSVP online and plan to create your own treehouse getaway! *1442 Phoenixville Pk., West Chester. TreeTopBuilders.net.*





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Photo: Michael Furman

### FEATURED CAR CLASSES

- **Buick** • *The Designs of Bill Mitchell*
- *Special Interest Porsche*
- *Road Cars with Racing Names*

### FEATURED MOTORCYCLE CLASSES

- *Rickman Motorcycles: On and Off Road*
- *Classic British Motorcycles*
- *American and European Motorcycles of the Twentieth Century*

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[www.radnorconcours.org](http://www.radnorconcours.org)

Find us on Facebook: Radnor Hunt Concours

## September Picks Our Picks for top events this month

### Canine Partners for Life's Open House and Cow Bingo

September 14



Spend an afternoon of family fun at Canine Partners for Life's Open House and Cow Bingo! Come for the puppy kissing booth, CPL mission booths, kennel tours, service dog demos, unique vendors, food trucks, beer

and wine vendors, puppy races, a kid's corner and, of course, a chance to win \$5,000 in Cow Bingo! 334 Faggs Manor Rd., Cochranville. Noon to 4 p.m. Free. 610-869-4902; K94Life.org.

### Westtown Day

September 29

Join this 4th annual community day featuring live bands, carnival games, pony rides, petting zoo, food trucks, a stilt walker, vendors and local organizations. Tour a police cruiser, fire truck or ambulance, or tour the mansion and grounds. The beer garden features brews by Artillery Brewing and Deer Creek Malthouse. *Oakbourne Mansion, 1014 S. Concord Rd., West Chester. 11 a.m. to 3 p.m. WesttownDay.com.*



### The 15th Annual Barclay Friends Secret Gardens of West Chester Tour

September 7

Visit exclusive private gardens in the Everhart Park area of West Chester. Local musicians perform and artists create works throughout the day at many of the gardens. This year, the plant sale and "day of" ticket sales will be held at *Chester County Art Association, 100 North Bradford Ave., West Chester. Benefits Barclay Friends Horticultural Therapy Program. 10 a.m. to 3 p.m. \$25–\$30. 610-918-3429; BF.Kendal.org/Events.*



### Unite For HER 5k Run & 2k Walk

September 21

Join Unite for HER as they celebrate 10 years of service in the local community and honor women affected by breast and ovarian cancers. After the race, enjoy the family tailgate with Cheers To You Champagne Bar, DJ, food trucks, kids games and bounce house, local vendors and photo opps. *Race day registration, 7:30 a.m. Races start at 8:45 and 9 a.m. Packet pick-up on Fri., Sept. 20, at The Classic Diner, 16 E. Gay St., West Chester. Race welcome, Sat. morning in Wells Fargo lot next to Classic Diner. UniteForHer.org.*



### Al Fresco Dining in Media & Kennett Square

Summer Wednesdays & Third Thursdays

Stroll, Shop, Dine! Reminiscent of open-air cafes in Paris and piazzas of Rome, al fresco dining is flourishing in Media and Kennett Square. Head to State Street (in both towns) to enjoy the many restaurants participating in these dining events before the season ends in September. For a complete list and details, *VisitMediaPA.com or HistoricKennettSquare.com.*





# best Local Events

## FAMILY FUN

THROUGH OCTOBER 8

Weekends

**Morris Arboretum's Summer Garden Railway.** Loops and tunnels with 15 different rail lines and two cable cars, nine bridges and model trains. *Sept. 7-8*, Thomas The Tank Engine visits. 100 E. Northwestern Ave., Phila. \$9-\$17. 215-247-5777; [MorrisArboretum.org](http://MorrisArboretum.org).

SEPTEMBER 5

**Swingin' Summer Thursday in West Chester.** Great food, live music, clowns, artists, magicians, jugglers and more. *Gay St. between High & Darlington Sts. or High & Matlack Sts. 6:30 to 9. Free.* 610-436-9010; [DowntownWestChester.com](http://DowntownWestChester.com).

SEPTEMBER 6-8

**Mushroom Festival in Kennett Square.** Enjoy tasty mushroom dishes, mushroom exhibits, cooking demos, antique and classic car show, a run/walk and kids entertainment. *Fri, community parade with dining and dancing in the streets, 6 to 10; Sat, 10 to 7; Sun, 10 to 5.* \$2. 610-444-8188; [MushroomFestival.org](http://MushroomFestival.org).

SEPTEMBER 7

**Back to School Science Day at Colonial Pennsylvania Plantation.** Try your hand at experiments like dyeing cloth, churning butter, mixing soap and making candles. 3900 N. Sandy Flash Dr., Newtown Square. 11 to 4. \$6-\$10. 610-566-1725; [ColonialPlantation.org](http://ColonialPlantation.org).

SEPTEMBER 8

**Mt. Cuba Presents: Grandparents Day.**



Celebrate grandparents while enjoying the fall gardens, participating in a family-friendly activities or going on a hayride. 3120 Barley Mill Rd., Hockessin, DE. 10 to 4. \$5-\$10, grandparents free when visiting with a grandchild. 302-239-4244; [MTCubaCenter.org](http://MTCubaCenter.org).

SEPTEMBER 8

**Malvern's Endless Summerfest.** Celebrate the end of the season with music, beer and cocktails, shopping, axe throwing, food trucks and lots of activities for the kids. *King St., Malvern. 11 to 4.* [Malvern-Festivals.com](http://Malvern-Festivals.com).

SEPTEMBER 14

**Charlestown Day.** Food trucks, bounce house, face painting, balloon animals, vendors, live music and kids activities throughout the day. *Charlestown Township Park, 100 Academic Way, Phoenixville. 10 to 2. Free.* 610-240-0326; [Charlestown.Pa.US/parks.aspx](http://Charlestown.Pa.US/parks.aspx).

SEPTEMBER 14-15

**Chadds Ford Days.** Celebrate the history of Chadds Ford at this Colonial festival featuring colonial demonstrators, artisan booths, children's activities, Revolutionary reenactors, live music, tours, food, wine and craft beer vendors. *Barn Visitors Center, 1736 Creek Rd., Chadds Ford. Daily 10 to 5.* \$5-\$10. 610-388-7376; [ChaddsFordHistory.org](http://ChaddsFordHistory.org).

SEPTEMBER 15

**27th Annual Radnor Fall Festival.** Family activities, street performances, dancers, face painting and carnival rides. *N. Wayne Ave. & West Ave. between Lancaster Ave. and the Wayne train station, Wayne. 1 to 5. Free.* 610-687-7698; [RadnorFallFestival.com](http://RadnorFallFestival.com).

SEPTEMBER 21

**Korean Festival at The Delaware Art Museum.** Bring the family for a day of performances, traditional and modern Korean cultural experiences, crafts and food. In partnership with the Korean Association of Delaware. 2301 Kentmere Pkwy., Wilmington. 11 to 3. Free. 302-571-9590; [DelArt.org](http://DelArt.org).

SEPTEMBER 21

**7th Annual Paoli Battlefield Heritage Day & Food Truck Event.** Featuring a timeline of American military reenactors, Ben Franklin's experiments, kids games, food trucks, a beer garden and more. Skirmish between

British and Continental Forces, and a Wreath Laying Ceremony to honor the dead in the mass gravesite will wrap up the day. *Monument & Wayne Aves., Malvern. \$10-\$20. 11 to 4.* 484-320-7173; [PBPFI.org](http://PBPFI.org).



SEPTEMBER 29

**Downingtown Fall Fest.** Street festival featuring food and craft vendors, Victory Brewing Beer Garden and live entertainment. *Green Street and E. Pennsylvania Ave. 11 to 4.* 610-269-1523; [DTRCC.com](http://DTRCC.com).

OCTOBER 5

**DE Nature Society Harvest Moon Festival.** Children's activities and crafts, hayrides, music, food, and wagon and pony rides. *Coverdale Farm, 543 Way Rd., Greenville, DE. No dogs. Rain date, Oct. 6. 10 to 5.* \$10. 302-239-2334; [DelawareNatureSociety.org](http://DelawareNatureSociety.org).

OCTOBER 5-7

**95th Annual Unionville Community Fair.** Family activities, contests, music, live animal exhibits, food, hayrides, auction on Sun. *Landhope Farms, 101 E. Street Rd., Kennett Square. Fri, 9 to 9; Sat, 10 to 9; Sun, 10 to 5:30.* [UCFairInc.org](http://UCFairInc.org).

OCTOBER 6

**Radnor Fall Harvest & Great Pumpkin Patch.** Tractor and pony rides, pumpkin patches and painting, hayrides, music and moon bounces. *The Willows, 490 Darby-Paoli Rd., Radnor. 1 to 4. Free. Rain date, Oct. 13.* 610-688-5600; [Radnor.com](http://Radnor.com).

OCTOBER 6

**Newlin Grist Mill Fall Harvest Festival.** Artisans demonstrate a variety of Colonial trades, hay rides, pumpkin painting and games. 219 *Cheyney Rd., Glen Mills. 10 to 4. Free.* \$5 parking. 610-459-2359; [NewlinGristMill.org](http://NewlinGristMill.org).

## ART, CRAFT & ANTIQUES.....

AUGUST 30-SEPTEMBER 1

**41st Annual Long's Park Art Festival.** Come out to one of America's top 50 art festivals where more than 200 juried artisans offer their wares. Benefits the park's Amphitheater Foundation. 1441 Harrisburg Pk., Lancaster. Fri-Sat, 10 to 6; Sun, 10 to 5. \$12. 717-291-4835; [LongPark.org](http://LongPark.org).

SEPTEMBER 7-8

**Brandywine Festival of the Arts.** A Delaware tradition with something for everyone, 250 artists exhibiting, live music, children's activities and a selection of local food vendors. 1001 N. Park Dr., Wilmington. Sat, 10 to 6; Sun, 10 to 4. \$5. 302-419-6648; [BrandywineArts.com](http://BrandywineArts.com).

SEPTEMBER 21

**Community Arts Center's Fine Arts & Crafts Festival.** Local artists bring their finest works. Live music, children's activities, raffle and festival fare. (Part of Delco Arts Week). Park Ave., Swarthmore. 10 to 5. Free. 610-566-1713; [FineArtsAndCraftsFestival.org](http://FineArtsAndCraftsFestival.org).

SEPTEMBER 21-28

**Delco Arts Week.** Travel Delaware County from Aston to Wayne, Newtown Square to Rose Valley and find the perfect event for you, your family and friends. Over 30 arts and cultural attractions are offered, including an art studio tour, theater, ballet, music and classes for all ages. Visit website for details. [DelcoArts.org](http://DelcoArts.org).

SEPTEMBER 27-28

**21st Annual Artisans' Porch Walk in Lititz.** Show and sale of art and crafts on private porches and lawns throughout the quaint Lancaster County town. Lunch and an auction to benefit Moravian Manor. Daily, 10 to 4. [LititzPorchWalk.com](http://LititzPorchWalk.com).



SEPTEMBER 27-29

**Paoli Hospital Auxiliary's 4th Annual Fine Art Show.** Hosting 40 regionally recognized artists offering original works at White Manor Country Club. Benefits patient care needs. Fri, "Cocktails and Culture" opening night, 831 Providence Rd., Malvern, Celebration Party, 6 to 9, \$75. Show: Sat-Sun 11 am to 5. 484-565-1380; [PaoliAuxiliary.org](http://PaoliAuxiliary.org).



OCTOBER 4

**West Chester Autumn Gallery Walk presented by Sunset Hill Jewelers & Fine Arts Gallery.** Stroll through downtown West

Chester for an evening of art, dining and shopping. 5 to 9. [GreaterWestChester.com](http://GreaterWestChester.com).

## BOOKS.....

SEPTEMBER 17, 26, 30

**Main Point Books.** *Sept. 8*, Writer's Coffee House, noon; *Sept. 15*, Susan Adrian, *Forever Neverland* and Tiffany Schmidt, *The Boy Next Story*, 4:30; *Sept. 17*, Fiction Book Group: *The Overstory* by Richard Powers. 1 pm. *Sept. 26*, Deborah Burns: *Saturday's Child*, 7. *Sept. 30*, Craig Johnson: *Land of Wolves*, 12:30. 116 N. Wayne Ave., Wayne. 484-580-6978; [MainPointBooks.com](http://MainPointBooks.com).





## CARS ... AND MORE CARS.....

SEPTEMBER 6

### 6th Annual Downtown Oxford Car Show.

Live music, 50/50 raffle, remote control race track, BMX stunt show and vendors. 4 to 8 pm. 610-998-9494; DowntownOxfordPA.org.

SEPTEMBER 6-8

**23rd Annual Radnor Hunt Concours d'Elegance.** *Sept. 6,* Welcome Barbecue, 6:30 pm, \$55; *Sept. 7,* Chester County Road Rally, 8 am, includes luncheon & navigator ticket (noon, \$185) and a Black Tie Gala, live auction and art show, 6 pm, \$185; *Sept.*

*8,* Radnor Hunt Concours d'Elegance, 9 am, adult \$50, ages 12-18, \$25, MotorSport Park exhibition area, (\$50). Benefits Thorncroft Equestrian Center. 826 Providence Rd., Malvern. RadnorConcours.org.



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SEPTEMBER 15

**24th Annual Hagley Car Show.** More than 500 antique and restored cars, vehicle parades, music and a festival food court. Special feature this year is "Rolling Elegance: Luxury Automobiles." 200 Hagley Rd., Wilmington. 10 to 4. \$5-\$10. 302-658-2400; Hagley.org.

SEPTEMBER 21

**The Coatesville Invitational Vintage Grand Prix.** Cars compete in an individually timed event, rare and unique historic cars/motorcycles on display, food trucks and a beer garden. Benefits the city of Coatesville. Gateway Park, First Ave. & Lincoln Hwy. 8:30 am to 5 pm. Free. 484-787-6408; CoatesvilleGrandPrix.com.

OCTOBER 4-6

**Delaware Auto Show.** The latest 2020 models, a kids Fun Zone and more. Chase Center on the Riverfront, 815 Justison St., Wilmington. Daily 10 to 6, \$10. DelawareAutoShow.com.

## DESIGN / HOME SHOWS.....

SEPTEMBER 7-8

**Greater Philadelphia Fall Home Show.** Find experts, inspiration and more at this show. Valley Forge Casino Resort, 1160 First Ave., King of Prussia. Sat, 10 to 8; Sun, 10 to 6. Free with online registration or \$10 at the door. 855-449-3714; GreaterPhillyHomeShows.com.

OCTOBER 4-6

**25th Annual Philadelphia Furniture Show.** This juried show and sale of artisan quality furniture is the longest running exhibition of its kind, setting the bar for heirloom hand-made furniture and furnishings. 23rd Street Armory, 22 S. 23rd St., Philadelphia. Preview Fri, 6 to 9, \$45-\$75; Sat, 10 to 6; Sun, 10 to 5. \$8-\$15. 207-781-2982; PhiladelphiaFurnitureShow.com.

## EQUESTRIAN.....

See *Dressage at Devon* and *Fall Equestrian Events* articles in this issue.

THROUGH SEPTEMBER 29

Fridays & Sundays

**Brandywine Polo.** Spectators picnic and tailgate at the grounds. 232 Polo Rd., Toughkenamon. Friday Twilight Polo—gates open at 5; match at 5:30. Sun, gates open at 1:30; match at 3, \$10-\$15. Cancelled for rain or extreme heat. 610-268-8692; BrandywinePolo.com.

SEPTEMBER 7

**Over The Hill Horse Show.** This is a fun show for riders ages 19-99. Benefits the No. Chester County Horse & Pony Club. Rain date, Sept. 8. Romano 4-H Center, 1841 Horseshoe Pike, Honey Brook. 9 am. 484-680-0729; OverTheHillHorseShow.com.

## Local Farm Markets

**Artisan Exchange,** 208 Carter Dr. Unit 13 B, West Chester. *Sat, 10 to 2.* ArtisanExchange.net.

**Bryn Mawr Farmers Mkt.,** Lancaster Ave. Bryn Mawr train station parking lot. *Sat, 9 to 1.* FarmToCity.org.

**Downingtown Farmers Mkt.,** Log Cabin Field, Kerr Park, Pennsylvania Ave. *Sat, 9 to 1.* 610-836-1391; GrowingRootsPartners.com.

**Eagleview Farmers Mkt.,** Eagleview Town Crt., Wellington Sq., Exton. *Thurs, 3 to 7.* 610-836-1391; GrowingRootsPartners.com.

**Jennersville Farmers Mkt.,** 352 N. Jennersville Rd. *Wed, 3 to 7.* 610-345-1763.

**Kennett Square Farmers Mkt.,** 113 E. State St. *Fri, 3 to 7.* 610-444-8188; HistoricKennettSquare.com.

**Lancaster County Farmers Mkt.,** 389 W. Lancaster Ave., Wayne. *Wed & Fri, 8 to 6; Sat, 8 to 4.* 610-688-9856; LancasterCountyFarmersMarket.com.

**Malvern Farmers Mkt.,** Warren Ave. & Roberts Rd. *Sat, 9 to 1.* 610-836-1391; GrowingRootsPartners.com.

**Media Farmers Mkt.,** N. Edgemont St. *Sun, 10 to 2.* 215-733-9599; MediaFarmersMarket.com.

**Newtown Square Farmers Mkt.,** Mostardi Nursery, 4033 West Chester Pk. *Wed, 2 to 6.* 610-353-1555; PRC.org.

**Oxford Village Mkt.,** 3rd & Locust Sts. *Tues, noon to 5; Sat, 9 to 1.* 610-998-9494; DowntownOxfordPA.org.

**Pete's Produce Farm,** 1225 E. Street Rd., West Chester. *Mon-Sat, 9 to 6:30; Sun, holidays, 9 to 6.* 610-399-3711; PetesProduceFarm.com.

**Phoenixville Farmers Mkt.,** 200 Mill St. *Sat, 9 to 1.* PhoenixvilleFarmersMarket.org.

**Pottstown Farmers Mkt.,** 300 E. High St. *Thurs-Fri, noon to 7; Sat-Sun, 9 to 5.* 610-326-0900; PottstownFarmersMarket.com.

**SIW Farmers Mkt.,** 4317 S. Creek Rd., Chadds Ford. *Daily, 9 to 6.* 610-388-7491; SIW-Vegetables.blogspot.com.

**Swarthmore Farmers Mkt.,** 121 Park Ave. *Sat, 9:30 to 1:30.* 215-733-9599; SwarthmoreFarmersMarket.org.

**Thornbury Farmers Mkt. & CSA,** 1256 Thornbury Rd. *Thurs-Fri, noon to 6; Sat, 9-5; Sun, 11-5.* ThornburyFarmCSA.com.

**Thornton Farmers Mkt.,** 330 Glen Mills Rd. *Sat, 10 to 1.* Facebook.com/ThorntonFarmersMarket.

**West Chester Growers Mkt.,** Chestnut & Church Sts. *Sat, 9 to 1.* 610-436-9010; WestChesterGrowersMarket.com.

**Westtown Amish Mkt.,** 1165 Wilmington Pk., West Chester. *Thurs, 9 to 6; Fri, 9 to 8; Sat, 8 to 4.* 610-492-5700; WestChesterAmishMarket.com.

## FESTIVALS & FAIRS.....

THROUGH OCTOBER 27

**Pennsylvania Renaissance Faire.** A cast of hundreds fill the shire. Mt. Hope Estate, 2775 Lebanon Rd., Manheim. Sat-Sun and Labor Day Monday, 11 to 8. \$12.95-\$31.95. 717-665-7021; PAREnFaire.com.

SEPTEMBER 1, 28

**Fireworks & Fountains at Longwood Gardens.** *Sept. 1,* "Night at the Movies II;" *Sept. 28,* "Queens of Soul" celebrates Aretha Franklin, Diana Ross, Gladys Knight. 1001 Longwood Rd., Kennett Square. LongwoodGardens.org.

SEPTEMBER 6-8

**Lancaster Hot Air Balloon Festival.** Come experience the magic of dozens of technicolor balloons lifting off—from the air or on the ground this is for everyone. 2727 Old Philadelphia Pk., Bird-in-Hand. USHotAir-Balloon.com.

SEPTEMBER 8

**Fall Super Sunday in Media.** Annual street fair on State St., from Monroe to Orange Sts., with vendors, crafts and food. Benefits local charities. Rain date, Sept. 15. 9 to 4. 610-583-4432, ext. 102; MediaPA.com.

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SEPTEMBER 14  
**Newlin Grist Mill Archaeology Festival.** Work with professional archaeologists and assist with excavations—sift, clean and process artifacts and see artifact displays from around Delaware County. 19 Cheyney Road, Glen Mills. 10 to 3. Free. 610-459-2359; Newlin-GristMill.org.

SEPTEMBER 15  
**6th Annual Shugart's Sunday BBQ & Blues.** Delicious barbeque, sweet corn, homemade desserts, hayrides, local brews, spirits and other cold beverages. Listen to the blues as you enjoy family fun against the backdrop of Historic Sugartown,

690 Sugartown Rd., Malvern. 2 to 6. \$15–\$40. 610-640-2667; HistoricSugartown.org.  
SEPTEMBER 21  
**Pints in the Square Craft Brew Fest and 5K.** Start with a 5k then follow with a craft beer festival featuring local and regional breweries. Benefits the Newtown Square Fire Co. 5k, 11 am; brewfest, noon to 4. Ellis Preserve, 3801 West Chester Pk., Newtown Square. \$10–\$65. PintsInTheSquare.com.  
SEPTEMBER 21–22  
**Civil War Battle and Camp.** Watch firearm and cannon demos and learn about the use of herbs in the 1860s. 3900 N. Sandy Flash Dr., Newtown

Square. Battles take place on Sat, noon and 4 pm; Sun, battle at 2. \$8–\$12. 610-566-1725; ColonialPlantation.org.  
OCTOBER 6  
**Ryerss Farm Blessing of the Animals.** Bring your dogs, cats or other small animals on a leash or in a carrier for a short, non-denominational service and blessing. Lunch and hayrides offered. 1710 Ridge Rd., Pottstown. Noon to 3. 610-469-0533; RyerssFarm.org.



**FOOD & BREWS**.....  
SEPTEMBER 7  
**6th Annual Historic Odessa Brewfest.** Sample beer from 50 local, regional and national craft breweries, live music, gourmet food and artisan vendors. Benefits Historic Odessa Fdn. 202 Main St., Odessa, DE. Noon to 6. \$55–\$70. 302-378-4119; OdessaBrewfest.com.

SEPTEMBER 9–14  
**Brandywine Valley Restaurant Week.** Upscale dining with prix fixe menus at premier restaurants in N. Delaware and S. Chester Co. \$15 lunch and \$35 dinner. BrandywineTaste.com.  
SEPTEMBER 14  
**First Annual Devon Fall Classic Chili Cook-Off.** See if your chili recipe is ribbon-worthy or, taste original chili recipes created by locals, accompanied by local beers, and vote for your favorite. The Pavilion at the Devon Horse Show Grounds, Rt. 30, Devon. 2:30 to 4. To enter, email Vicki@DevonHorseShow.org. For information, DevonHorseShow.net/Fall-Classic.

SEPTEMBER 15  
**40th Annual Chester County Restaurant Festival.** Food from over 65 restaurants and vendors, crafters, live music and beer and wine garden. Benefits the West Chester Dept. of Parks & Recreation. Gay St. & Market St., West Chester. Noon to 5:30. Rain date, Sept. 21. 610-436-9010; West-Chester.com.

SEPTEMBER 28  
**Taste of Trolley Square.** Beer, wine and spirit tastings, small plates, sidewalk sales and more. Trolley Square, Delaware Ave. at Dupont St., Wilmington. 1 to 5. Free. TasteOfTrolley.com.

SEPTEMBER 28  
**Kennett Brewfest.** Sample beers from over 100 local, regional and craft breweries. Enjoy food,

live music and vendors. 600 S. Broad St., Kennett Square. Connoisseur Tasting, noon; regular fest, 1:30 pm. All taps close at 5:30. \$50–\$85. 610-444-8188; KennettBrewfest.com.

SEPTEMBER 29  
**Wine & Dinosaurs Around the World.** Enjoy premium wines, specialty beers, hors d'oeuvres, live music and a fantastic silent auction at this fundraiser for Delaware Museum of Natural History, 4840 Kennett Pk., Wilmington. Noon to 4. \$50–\$70. 302-658-9111; DelMNH.org.

OCTOBER 3, 5  
**King of Prussia Beerfest Royale.** Over 50 craft and international brewers, 100+ beers and area restaurants in an outdoor beer garden and live music. **Oct. 3,** The King's Plate, a regal pairing event and competition, 5:30 to 9, \$70–\$85; **Oct. 5,** the Main Event, VIP, 3:30 to 8:30, \$70; general admission 4:30 to 8:30, \$45. Designated driver, \$15. KOPBeerfest.com.

OCTOBER 5  
**Phoenixville Food Festival 2019.** Enjoy gourmet foods from over 30 food trucks, with food both sweet and savory, plus a variety of vendors and entertainment for all ages. Main St. & Bridge St. (100 and 200 blocks). Free parking and a free shuttle service. Noon to 6 pm. PhoenixvilleFoodFestival.com.

OCTOBER 6  
**39th Annual Media Food & Crafts Festival.** Many restaurants and craftspeople display on State Street. Music stages with bands and children's activities. 9 to 5. Rain date, Oct. 13. 610-566-5039; VisitMediaPA.com.

**FUNDRAISERS**.....  
SEPTEMBER 13  
**Resident Theatre Company's Red Carpet Gala.** Join the festivities at this black-tie, red carpet attire evening with a live show featuring a preview of RTC's 3rd Season, featuring the cast of *Cabaret*, jazz cocktail pre-party with food and open bar and live auction. The High Point, 2475 St. Peter's Rd., Malvern. It all begins at 6 pm. \$135. RTCWC.org.

SEPTEMBER 14  
**The Media Theatre Presents Roger Ricker & Friends in "We Are Family."** The annual 'fundraiser' features Ricker singing a few favorites, The State Street Miracles Youth Ensemble and special guests and surprises. 104 E. State St., Media. 7 pm. \$25. 610-891-0100; MediaTheatre.org.

SEPTEMBER 14  
**Greener Partners Presents The Farm Explorer Food Festival.** The sit-down gala is now an open-air farmers' market featuring artisanal food and spirits. Meet the people who grow and create the food you eat, enjoy local brewers

and distillers, relax with friends. Radnor Hunt, 826 Providence Rd., Malvern. 6:30 to 11 pm. \$125–\$150. GreenerPartnersGala.com.

SEPTEMBER 17  
**Sun East Charitable Foundation's Annual Golf Classic.** The foundation works with local charities and organizations that support families with financial contributions. Beneficiaries this year are Survivors Of Abuse in Recovery (SOAR) and the Child Guidance Resource Center. White Manor Country Club, 831 Providence Rd., Malvern. Registration, 7:30; shotgun start at 9. To register, SunEastFoundation.org.

SEPTEMBER 17  
**Stroud Water Research Center's Annual Gala, The Water's Edge.** The Stroud Award for Freshwater Excellence will be presented to Chad Pregracke, founder of Living Lands & Waters at Longwood Gardens, 1001 Longwood Rd., Kennett Square. 6:30. Tickets start at \$200. 610-268-2153; StroudCenter.org.

SEPTEMBER 18  
**Brushes With Cancer Gala & Exhibition.** Those touched by cancer share their stories with an artist, who then creates an art piece representative of their journey. The gala will



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be at Yards Brewing Company, 500 Spring Garden St., Phila. 7 pm, \$75–\$2000. Artwork on display until Oct. 9 at the Old City Jewish Art Center, 119 N. 3rd St., Phila. [BrushesWithCancerPhilly.com](http://BrushesWithCancerPhilly.com).

**SEPTEMBER 23**  
**Brandywine Valley SPCA's 31st Annual Forget-Me-Not Gala—Enchanted Forest.** Guests will enjoy spectacular entertainment, great food and libations, live music, silent and live auctions and, of course, adorable adoptables. Mendenhall Inn, 323 Kennett Pk., Mendenhall. 5 to 10 pm. \$175 and up. [BVSPCA.org/Gala](http://BVSPCA.org/Gala).

**SEPTEMBER 26**  
**ALS Chocolate Melt-down Party.** Enjoy incredible chocolate, candy, food and drinks at the Adventure Aquarium's Currents Ballroom and Shark Realm. Benefits Hope Loves Company, a nonprofit providing support to the children who had or have a loved one battling ALS. One Riverside Dr., Camden, NJ. 6 to 9:30. Tickets \$125 and up. [ALSChocolateMelt-down.com](http://ALSChocolateMelt-down.com).

**SEPTEMBER 28**  
**Kalmar Nyckel Foundation's King Neptune Gala.** Celebrate the Kalmar Nyckel Foundation and their mission with cocktails on the Tall Ship,

auctions, music, dancing, food and open bar. Tatiana and Gerret Copeland Maritime Center, 1124 E. 7th St., Wilmington. For details, 302-429-7447; [KalmarNyckel.org](http://KalmarNyckel.org).

**OCTOBER 6**  
**To Love A Canine Rescue Event—5th Annual Miles for Mutts.** Join TLC Rescue and some adorable adoptable dogs for a fun 5k/1k event. Wilson Farm Park, 500 Lee Rd., Wayne. 8 am to noon. \$15–\$30. 610-908-2855; [TLCRescuePA.com](http://TLCRescuePA.com).

**OCTOBER 7**  
**People's Light Golf Classic.** Come out for a day of friendly competition with those who share a passion for the arts ... and for golf. Benefits theater education programs. White Manor Country Club, 831 Providence Rd., Malvern. Registration, 10:30, shotgun start at noon. For tickets and to register, visit [PeoplesLight.org](http://PeoplesLight.org).

**MOVIE NIGHTS.....**  
**SEPTEMBER 5**  
**Town Center Movie Night.** *Incredibles 2*. 155 Village Dr., King of Prussia. 8 pm. Free. 484-231-1762; [KingOfPrussia-TownCenter.com](http://KingOfPrussia-TownCenter.com).

**SEPTEMBER 14**  
**Dinner and a Movie at The Colonial Theatre.** Enjoy dinner, drinks and dessert at this special food and fun film event then watch *Big Night* with a star-studded cast. 227 Bridge St., Phoenixville. For times and tickets, 610-917-1228; [TheColonialTheatre.com](http://TheColonialTheatre.com).

**MUSEUMS.....**  
**THROUGH NOVEMBER 3**  
**Brandywine River Museum of Art.** *Through Sept. 15*, “N. C. Wyeth: New Perspectives;” *through Nov. 3*, “Halloween Paintings of Peter Paone.” 1 Hoffman's Mill Rd., Chadds Ford. Daily, 9:30 to 5. \$6–\$18. 610-388-2700; [Brandywine.org](http://Brandywine.org).

**THROUGH JANUARY 5, 2020**  
**Winterthur Museum, Garden & Library.** “Costuming *The Crown*,” “Hamilton & Burr: Who Wrote Their Stories?,” “Follies: Architectural Whimsy in the Garden.” 5105 Kennett Pk., Winterthur, DE. Tues–Sun, 10 to 5. \$15–\$30. 302-888-4600; [Winterthur.org](http://Winterthur.org).

**SEPTEMBER 7–FEBRUARY 2, 2020**  
**Delaware Art Museum.** “Structure & Spontaneity: The Clay Monoprints of Mitch Lyons.” 2301 Kentmere Pkwy., Wilmington. Wed, 10 to 4; Thurs, 10 to 8; Fri–Sun, 10 to 4. \$6–\$12, Sun, free. 302-571-9590; [DelArt.org](http://DelArt.org).

**SEPTEMBER 21**  
**Smithsonian Magazine's 15th Annual Museum Day.** Participating museums, zoos and cultural centers open their doors for free. The Museum

Day ticket provides free admission for two people who download a branded ticket. This year, Museum Day celebrates the Smithsonian Year of Music. Participating museums include Brandywine River Museum of Art, Delaware Museum of Natural History and Delaware Art Museum. Visit [Smithsonian.com/MuseumDay](http://Smithsonian.com/MuseumDay).



## MUSIC & ENTERTAINMENT.....

See also: *Fundraisers*

**SEPTEMBER 7**  
**10th Annual Phoenixville Blues Festival.** Great food and performances by young local talent. This community event enables young musicians to perform in front of an audience. Reeves Park, Main St., Phoenixville. Noon to 10 pm. Donations accepted. [PvilleBlues.org](http://PvilleBlues.org).

**SEPTEMBER 7**  
**9th Annual Haverford Music Festival.** Music lovers will enjoy jazz, rock, pop, children's, folk, classical, blues and country on four stages from over 30 national, regional and local performers. Eagle & Darby Rds., Havertown. Noon to 9:30 pm. Free. [HaverfordMusicFestival.org](http://HaverfordMusicFestival.org).

**SEPTEMBER 13**  
**Beats & Brews.** An evening of live music and craft beer. Held at and benefits Binky Lee Preserve, 1445 Pikeland Rd., Chester Springs. 6 to 9. \$50. 610-353-5587; [NatLands.org](http://NatLands.org).

**SEPTEMBER 13, 25, OCTOBER 4**  
**Point Entertainment Presents ...** *Sept. 13*, comedian Preacher Lawson—Get To Know Me Tour 2019; *Sept. 25*, Don Felder—Formerly of The Eagles; *Oct. 4*, Joe Bob Briggs presents “How Rednecks Saved Hollywood” Live. The Colonial Theatre, 227 Bridge St., Phoenixville. 610-917-1228; [TheColonialTheatre.com](http://TheColonialTheatre.com).

**SEPTEMBER 13, 21, 26**  
**Uptown! Knauer Performing Arts Center.** *Sept. 13*, Better Than Bacon: Interactive Improv Comedy; *Sept. 17*, best selling author of



12 books on sports, Ray Diddinger; *Sept. 21*, “Beginnings.” Classic Celebration to the music of Chicago; *Sept. 26*, Dueling Pianos. 226 N. High St., West Chester. Check website for info. [UptownWestChester.org](http://UptownWestChester.org).

**SEPTEMBER 14**  
**South Wayne Porch Fest.** A community celebration with live music on the porches of private homes in South Wayne. 11:30 to 5. Free. [SouthWaynePorchFest.com](http://SouthWaynePorchFest.com).

**SEPTEMBER 14**  
**Rockin' & Reelin' in Phoenixville's Reeves Park.** Outdoor concert in the bandshell fol-

lowed by a movie. Music, Chico's Vibe, movie, *Dumbo*. Concert 4 to 8; movie at dusk. 401 Main St., Phoenixville. [PhoenixvilleFirst.org/Rockin-Reelin](http://PhoenixvilleFirst.org/Rockin-Reelin).

**SEPTEMBER 27**  
**Community Arts Center Friday Night Live Concert.** R&B jazz vocalist Ashli Rice. Community Arts Center, 414 Plush Mill Rd., Wallingford. 7 to 10. \$10–\$15. 610-566-1713; [CommunityArtsCenter.org](http://CommunityArtsCenter.org).

**SEPTEMBER 28**  
**11th Annual Paoli Blues Fest & Street Fair.** Premier blues musicians perform; dancing, ven-

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dors, a beer garden, KidZone and more. Paoli Presbyterian Church, 225 S. Valley Rd., Paoli. Noon to 6. Parking available as well as shuttles for walkers and train arrivals. Donation of non-perishable food for the Food Bank. 610-296-7443; PaoliBluesFest.com.



#### OUTDOOR ACTIVITIES.....

SEPTEMBER 13

**DE Nature Society—Run the Mill Trail 5K.** Race the trails at Abbott's Mill then celebrate with awards, craft brews, food, live music, lawn games and more. Abbott's Mill Nature Center, 15411 Abbotts Pond Rd., Milford, DE. 5 to 9. \$10–\$35. DelawareNatureSociety.org.

SEPTEMBER 28

**Bike the Brandywine.** Ride a 25-, 45-, 62- or 80-mile loop in the Brandywine Creek Greenway. Free lunch after the ride. Benefits Brandywine Conservancy's clean water programs. Start and end at Chadds Ford Historical Society, 1736 N. Creek Rd., Chadds Ford. Check in 6:30 am. \$50. 610-388-2700; Brandywine.org.

OCTOBER 5

**Main Line Animal Rescue Gran Fondo Cycling Event.** Choose from four rides on the country roads of Chester County followed by lunch on a 60-acre farm, home to Main Line Animal Rescue. Enjoy food, games, music and fun. Begins and ends at Pickering Meade Farm, 1149 Pike Springs Rd., Phoenixville. Registration, 6:15 am, first ride at 7:30, after-party, 10:45. \$95–\$105. MLARGranFondo.org.

OCTOBER 6

**47th Annual Marshalton Triathlon.** Bike, canoe and pace-walk at this family-friendly event with music, food and drink. Benefits West Bradford Fire Co. Rt. 162. Check-in, 7 am; race, 8. \$55. MarshaltonTriathlon.net.

OCTOBER 6

**Pedal4Cam Ride 'n' Stride.** For all ages and abilities—road bike and mountain bike options. Benefits the Cure4Cam Childhood Cancer Org. Eagleview Town Center, 540 Wellington Sq., Exton. Reg. 7:30 am, race at 8:30. \$25–\$40. Cure4Cam.org.

#### THEATER.....

THROUGH OCTOBER 23

**Stolen: The Musical.** Bird-In-Hand Stage,



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#### SEPTEMBER 11–29

**The Hound of the Baskervilles.** Sir Arthur Conan Doyle's story gets a makeover in a collision of slapstick and silliness. Delaware Theatre Company, 200 Water St., Wilmington. Check website for times and tickets. 302-594-1100; DelawareTheatre.org.

#### SEPTEMBER 18–OCTOBER 20

**Dot.** A West Philadelphia family gathers for the holidays in Colman Domingo's hilarious

and heartfelt comedy-drama. People's Light, 39 Conestoga Rd., Malvern. For show times and tickets: 610-644-3500; PeoplesLight.org.

#### OCTOBER 2–27

**Roald Dahl's Matilda The Musical.** Tony Award-winning play from the Royal Shakespeare Company and inspired by Roald Dahl. Media Theatre, 104 E. State St., Media. Check website for show times and tickets. 610-891-0100; MediaTheatre.org.

#### OCTOBER 4–20

**Cabaret.** The Resident Theatre Company presents the renowned musical, which earned

23 Tony Awards while on Broadway. Uptown! Knauer Performing Arts Center, 226 N. High St., West Chester. Check website for show times and tickets. RTCWC.org.

#### TOWNS, TALKS & TOURS.....

##### SEPTEMBER 6, 14, 19

**First Fridays, Second Saturdays, Third Thursdays.** *Sept. 6, First Fridays: Kennett Square Art Stroll*, 610-444-8188; HistoricKennettSquare.com. *Lancaster City*, 717-509-ARTS; Visit-LancasterCity.com. *Oxford*, 610-998-9494; DowntownOxfordPA.org. *West Chester*, 610-738-3350; West-Chester.com. *Wilmington Art Loop*, 302-576-2135; ArtLoopWilmington.org. *Sept. 14, Second Saturday Arts Stroll: Media*, 484-445-4161; MediaArtsCouncil.org.

*Sept. 19, Third Thursday Malvern Stroll*, MalvernBusiness.com.

##### SEPTEMBER 11

**Coatesville Remembers 9/11: 18th Annual World Trade Center Commemoration.** Guests are invited for quiet reflection among the World Trade Center Steel Tridents. Lukens Executive Office Building, 50 S. 1st Ave., Coatesville. Begins at 8:30. Free. 610-384-9282; SteelMuseum.org.

##### SEPTEMBER 15, 28

**15th Annual Historic Tredyffrin Preservation Trust's House Tour and Preview Party.** *Sept. 15*, pre-tour cocktail party, "Jazz It Up," at DuPortail House in Chesterbrook, 6 to 9, \$30. *Sept. 28*, tour privately owned historic homes in Tredyffrin and Easttown Townships, celebrating their history, architecture and design. Noon to 5. \$35. TredyffrinHistory.org.

##### SEPTEMBER 28

**Protecting Children from Human Trafficking Conference.** Find out how to prevent new victims of human trafficking and other crimes. Includes a panel of local survivors and a book signing by speakers Carol Hart Metzker and Ann Marie Jones, *A Shield Against the Monster*. JusticeRain, Inc., 426 W. Gay Street, West Chester. 10am to noon. Free; must register. 610-793-4387.

##### OCTOBER 5


**79th Annual Chester County Day Tour.** See article in this issue. ♦

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## West Chester Native Samuel Barber Featured in MLSO 74<sup>th</sup> Season

WHEN MAIN LINE SYMPHONY ORCHESTRA (MLSO) MUSIC Director Don Liuzzi auditioned for the Philadelphia Orchestra, he played an excerpt from Beethoven's 9th Symphony. He distinctly remembers finishing the passage and hearing, "Play that again, but this time with a little more meaning."

Liuzzi was thrown. He knew the movement was about joy, but hadn't fully considered the music's relationship to the text. He won the audition, and the experience led him to study how composers use musical elements to both express and elicit emotion.

MLSO's upcoming 74th season, "Beethoven, Barber and Beyond" explores that theme.

As composers Beethoven and Barber shared what Liuzzi calls an ability to, "bring out a mood in the sounds that they write. They're both extraordinary at it." And although most American schoolchildren know something of Ludwig Beethoven's life—a German prodigy turned influential composer—few know of the career of one of the greatest American composers, Samuel Barber, who was born in West Chester in 1910 and began his studies at the Curtis Institute of Music at age 14.

You can hear Barber's *Knoxville: Summer of 1915* on November 22 when this lush work for voice and orchestra is performed by MLSO with soprano soloist Sophia Hunt, a student at Curtis following in Barber's footsteps.

For new perspective on this hometown musical talent, MLSO's winter and spring concerts also feature works by Barber (his *Symphony #1* and *Music for a Scene from Shelley*) paired with Beethoven symphonies (*Symphony #1* and #6). As Music Director Liuzzi put it, "When you go out in nature, Barber is looking at the sky. Beethoven is looking at the lichen on the rocks."

MLSO enjoys a long association with the Philadelphia Orchestra. Principal Clarinetist Ricardo Morales will join Maestro Liuzzi and Concertmaster Paul Arnold for MLSO's final concert. Of his playing, Liuzzi says, "Morales has a unique rich tone that is changing the sound of the instrument. He is the greatest clarinetist of our generation."

Enjoy music with local roots this season! ♦

### IF YOU GO

**Where:** Valley Forge Middle School, 105 W. Walker Rd., Wayne

**When:** Friday, November 22

**Tickets:** \$15-\$20

**Info:** MLSO.org





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Enjoy live, local theater this fall and "come hear the music play" in this musical theater treasure! ♦  
~Rachael Luther

**T**HE RESIDENT THEATRE COMPANY (RTC) KICKS off its third full season with one of the biggest hits ever ... *Cabaret*. This renowned musical—which earned 23 Tony Awards from all of its Broadway incarnations—will make its West Chester debut October 4th.

*Cabaret* brings us to 1930s Berlin through the eyes of Cliff Bradshaw, a young American writer visiting Berlin to finish his novel. He finds all the postwar decadence and excitement he was looking for, as well as the mysterious Sally Bowles, a cabaret singer at a popular nightclub called The Kit Kat Klub.

The performances at the Klub, including comic songs, big dance numbers featuring the Kit Kat Girls, and lots of spectacle, are led by the The Emcee (the role made famous by Joel Grey), who invites you to leave your troubles outside.

Based on the book *The Berlin Stories* by Christopher Isherwood about his travels in Germany during this time, *Cabaret* brings us on a journey through 1930s Berlin, just before the tipping point of World War II, and gives us a glimpse into a country on the brink—full of extravagance and art, freedoms and fear.

*Cabaret* boasts an award-winning score including such classics as "Maybe This Time," "Don't Tell Mama" and, of course, "Cabaret." RTC has assembled a powerful cast and production team to bring this show to West Chester, including Broadway alums and returning RTC favorites.

Rounding out the season, for the holidays RTC performs Stephen Sondheim's *Into the Woods*, a modern twist on the beloved



## IF YOU GO

**Where:** Uptown! Knauer Performing Arts Center  
226 N. High St., West Chester

**When:** October 4-20

**Tickets:** \$26-\$62 Available at [RTCWC.org](http://RTCWC.org).  
Group and senior discounts available





# Who Will Protect the Environment?

Blake Goll,  
Willistown Conservation Trust Nature Education Coordinator

## INSPIRING THE NEXT GENERATION OF CONSERVATIONISTS

**H**EARING A CHILD MAKE A PASSIONATE ARGUMENT for protecting a piece of land from development for the sake of clean water and wildlife conservation inspires great hope. That's what's happening with children who are participating in Rushton Nature Keepers, an environmental education program created and hosted by Willistown Conservation Trust in Newtown Square.

Now in its second year, the program's primary goal is to provide kids (ages 7–12) with opportunities to develop a meaningful relationship with nature. With a focus on shaping and empowering future conservationists while nurturing a spirit of discovery and wonder, the program's aim is to provide experiences that fuel a lifelong interest in safeguarding the environment.

### LAND PROTECTION AND STEWARDSHIP

Monthly sessions explore four themes including birds and wildlife, sustainable farming, watersheds and healthy habitats. While each session covers one of the themes, the connection of all four to land protection and stewardship is the common thread.

Children participating in the program learn about the origins of the food we eat, the rewards that come from a season on the farm, and how nature and agriculture can flourish side by side.

Patty Neeb, parent of two participants, particularly enjoyed the farm. "You gave us a chance to be on a farm, which is something I think we all have a deep yearning for. There's empowerment that comes from understanding farming. It's a self-sustaining environment. Being able to produce your own food ... there's power in that," she says.

Nature Keepers also develop science and observation skills while learning about bird conservation and stream ecology. With a focus on local conservation, the kids learn to recognize healthy habitats and understand how people can help create and preserve these important sanctuaries, starting with their own backyard. Each session allows time for reflection in a nature journal that gets stamped to document their progress.

In the final Nature Keepers session last year, the kids applied what they learned in an all-too-real-life scenario. Asked to defend the 86-acre Rushton Woods Preserve from a barrage of commercial development proposals, they used what they learned throughout the year.

In their presentations, they advocated for the birds that use the preserve during migration, the wildflowers that promote pollination of crops, and the forest that protects the watershed as they opposed plans for 20 townhomes, conventionally farmed corn and soybean fields, and parking lots.



### EXPERT HELP

Rushton Nature Keepers has provided some extraordinary life experiences for the participants, including birding with experts from local bird clubs, searching for moths and other insects at night with a University of Delaware entomologist, meeting ornithologist and author Rob Bierregaard, drawing with professional illustrator Kate Garchinsky, and writing poetry with Villanova University professor and award-winning poet Cathy Staples.

But even more important than meeting and learning from experts (and even earning cool awards!), these budding conservationists also have the chance to dig into nature and exercise those important senses that are at the very core of being a kid—the sense of wonder, discovery, and imagination. ♦

*Willistown Conservation Trust's conserved land includes three nature preserves open to the public year round, free of charge. These preserves have scenic walking trails and abundant wildlife. Visit [WCTrust.org/land/preserves](http://WCTrust.org/land/preserves) for information, maps and directions and to learn more about their work. For more information on Nature Keepers, visit <http://bit.ly/KIDDOS>.*

### NATURE KEEPERS LEARN A LOT

The four themes of Rushton Nature Keepers are directly connected with the primary mission of Willistown Conservation Trust land stewardship and land protection.


- **Birds and Wildlife** are the global heartbeat. Birds connect people across continents with their awe-inspiring migrations and provide the charismatic face that compels people to protect habitat. Rushton Woods Preserve is a hub of bird conservation, boasting the region's premier bird banding station that attracts leaders in ornithology and inspires visitors to care about their avian neighbors.

- **Sustainable Farming** is the way of the future and quite possibly the answer to feeding the world's growing population. By taking care of soils first and minimizing overall impact on the land, organic methods have proven to be just as productive, if not more, than conventional methods. Rushton Farm is a leading model of farming methods that create and enhance habitat for native wildlife and pollinators while growing food for the community.

- **Watersheds** must be safeguarded through land conservation and sound environmental practices. A partnership with the Academy of Natural Sciences of Drexel University provides tools needed to monitor three protected local watersheds: the Ridley, Crum and Darby Creeks. We study all aspects of stream health including underwater insects that serve as indicators of water quality.

- **Healthy Habitat** begins in your own backyard. The Trust has implemented small-scale habitat restoration projects over the years, which serve as demos for landowners interested in supporting healthy habitat. For example, native wildflower meadows have been established to support native pollinators, stream sides have been planted with native trees for erosion control, and native shrub habitats have been planted to support migratory birds.





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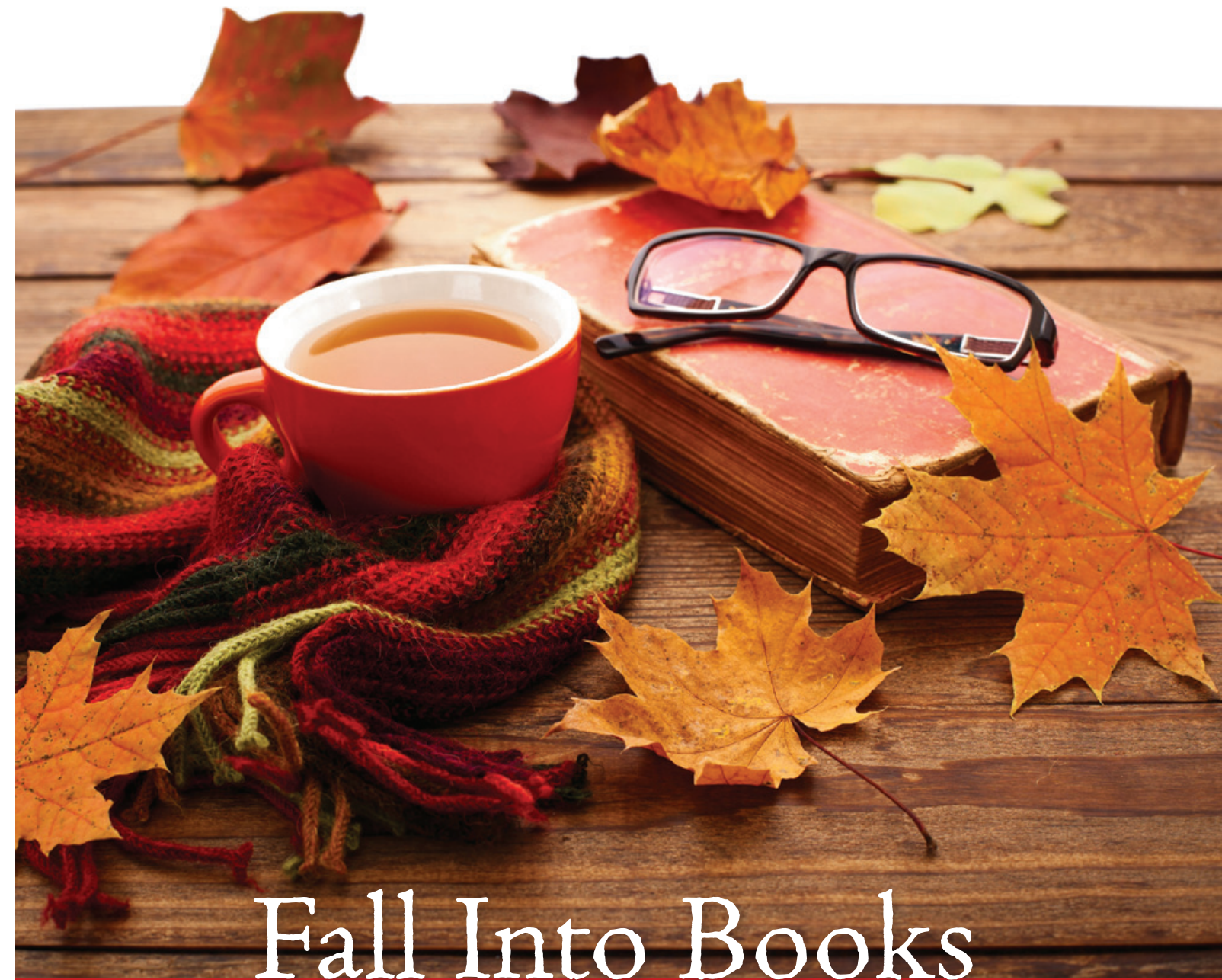
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# Fall Into Books

Cathy Fiebach  
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## ANOTHER SEASON AND REASON TO PICK UP A GREAT BOOK

**F**ALL IS MY FAVORITE TIME OF THE YEAR. THE LEAVES turn shocking, vibrant colors, kids head back to school, excited to see old friends and learn new things. It's an exciting season for grownups as well. There are new shows and movies to see, new restaurants to try and, of course, books for every reader!

This is a wonderful time of year to curl up with a glass of wine or cup of tea and fall back in love with reading.

Here are a few recommendations—some with local connections and opportunities to hear the authors—to help rekindle that romance.

### **The Dutch House** by Ann Patchett (Fiction)

It's always an event when Ann Patchett—author of more than nine books, including perennial book club favorite *Bel Canto*—brings us a new book. Her new release, *The Dutch House*, is the story of a brother and sister whose





close bonds grow stronger when they lose both parents and are forced from their home by their evil stepmother. They believe their home, The Dutch House in Elkins Park, is behind the loss of their mother and the malicious maneuverings of their stepmother. The story is told from the perspective of Danny, the protected younger brother, who tries to understand his own motivations and those of others close to him. It's a story of blame and forgiveness and the importance of knowing who you are and where you're from.

Patchett will be speaking at Keneseth Israel in Elkins Park on September 25th, just feet from where her story is placed.

### The Beneficiary

by Janny Scott (Non-fiction)

We're lucky to live in an area with architecture that inspires art, and some of us even get to live in those houses! One such person is Janny Scott, author of *The Beneficiary*, a memoir of growing up at Ardrossan in Villanova. Some say the estate and her family inspired the play and film *The Philadelphia Story*. Scott turns her clear-eyed gaze on the benefits that inheritance can bring, but also shines a light on the secrets that a culture of privilege can hide.

Scott will be speaking in the area, including Radnor Memorial Library on October 2, Bryn Mawr Film Institute before a screening of *The Philadelphia Story* on October 3, and at Ludington Library on October 7.

### Where She Went

by Kelly Simmons (Mystery)

Many of us define a page-turner as a mystery. After all, we need to know what happens! Local author Kelly Simmons' newest psychological thriller, *Where She Went*, asks the question: What would you do if your daughter vanished from her college campus? A mother and daughter tell the story in alternating chapters, with unexpected twists through the never-straightforward streets of Philadelphia and Temple University's campus.

### The Liberation of Paris: How Eisenhower, de Gaulle and Von Choltitz Saved the City of Light

by Jean Edward Smith (History)

Sometimes we read to learn about things close to us. But often it's to travel to distant lands and different times. *The Liberation of Paris*, the latest book from award-winning historian and biographer Jean Edward Smith, tells the story of the 1944 liberation in vivid and compelling detail. This August marked the 75th anniversary of the historical event and Smith's book is a compelling look at how the City of Light was spared the fate of other major cities, thanks in part, to three men: Allied Supreme Commander Eisenhower, who framed the liberation as a political act; De Gaulle, who was instrumental in uniting the French army and resistance; and the German General von Choltitz, who defied Hitler, spared Paris and was instrumental in creating a truce that resulted with him surrendering to the French army.

### How to Raise a Reader

by Pamela Paul and Maria Russo (Parenting)

As children spend more and more time on their phones and tablets, parents are constantly looking for ways to make sure their kids learn to love books. In *How to Raise a Reader*, Pamela Paul, editor of *The New York Times Book Review* and Marie Russo, children's book editor, combine wisdom, practical inspiration, tips, tricks and book recommendations to make sure your children will love reading as much as you do. A quick read with lots of practical advice.

### Lalani of the Distant Sea

by Erin Entrada Kelly (Middle School)

Kelly, winner of the Newbery Medal and professor at Rosemont College, knows that all that's needed to engage your middle school reader is the right book. A good candidate is Erin's latest book, an adventure story based on a Filipino folktale. A pre-teen leaves everyone she loves and the home she knows in order to save her mother. She must find a mystical place called Mount Isa, an island that all the strongest and smartest men have failed to reach. How will a 12-year-old girl do it? ♦

Cathy Fiebach is the owner of Main Point Books, an independent bookstore with a handpicked selection of books for every member of the family. The bookshop hosts events, book groups and children's activities at 116 N. Wayne Ave., Wayne. More at [MainPointBooks.com](http://MainPointBooks.com) or on Facebook, Instagram and Twitter.

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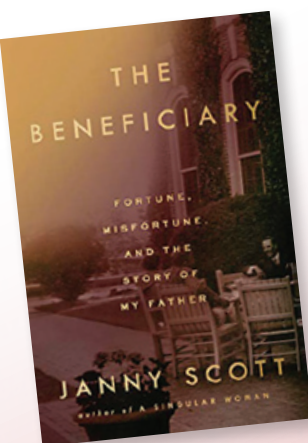
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# 79<sup>th</sup> Tour Tours

Story and photos by Matt Freeman

PEOPLE IN CHESTER COUNTY CERTAINLY ARE GLAD enough to see fall arrive for the usual reasons. But for the many people here and beyond who enjoy visiting notable private homes, there's a special benefit: Chester County Day.

This year is the 79th time ticketholders get to visit private homes, public structures and historic sites in the County. Saturday, October 5 is the date (it's always the first Saturday in October) and this year focuses on the southeastern part of the County, including Westtown, Glen Mills, Willistown, Malvern and Berwyn.

Our corner of the world has seen more than its share of early American history, and has inspired artists as well. Here's a preview of five representative homes drawn from the many more that will be open to view next month.

Here's hoping you enjoy The Day!





## Westtown Bank Barn

MARIA McCOOL AND NICK GIANOULIS LIVE IN ONE HOUSE AND two worlds. Their restored 1867 bank barn in the Westtown area is on a typical cul-de-sac with gracious modern homes a short stroll away. But on the other side is an expanse of countryside, with the peace and privacy of centuries past when the barn was originally a part of the Plumly Dairy Farm.

And although the stone walls and still-standing silos evoke that same pastoral history, the expansive interior of the home is full of contemporary furnishings. Don't let the word "barn" fool you—far from seeming empty, the interior space is divided with structural elements in ways that lend it unending visual interest.

McCool says she grew up in the area, played in barns as a child, and "thought it would be cool to renovate one." Twenty-one years ago she saw and bought this barn, and the family lived in the nearby carriage house for seven years while architect John Rosecrans helped them realize what they'd envisioned, complete with patio, pool, waterfall and pond.

People thought they should tear the barn down and build new, McCool says, but if you enjoy seeing historic buildings put to new purposes, you'll be glad they didn't.







## Old Thorn Farm

“I’VE ALWAYS BEEN AN OLD HOUSE PERSON,” says Lori Caranfa. And so the early-19th-century home she found on Shippen Lane in Westtown was ideal—she and her husband, Justin, wanted other homes around so their children would have neighborhood friends to play with.

The house has some interesting political history, with links to a 1930s state senator and reaching back to a connection to Benedict Arnold.

Fortunately the house was in good shape, Lori says, needing only cosmetic updating. The Caranfas added a mud room and a patio well equipped for outdoor relaxing and socializing. With plenty of room for the kids to run around and a

comfortable outdoor area for the adults to unwind in, a simple get-together with friends can “feel like we’re sort of on vacation,” Lori says.

Even with some houses nearby, there’s a sense of peace and quiet here. But there’s also a contemporary feel to the furnishings—Lori is a designer, and the home is full of eye-catching pieces that seem to hover comfortably between the worlds of yesteryear and right-this-minute.

Be sure to make your way to the barn. The Caranfas converted it into a party space with furniture and bar that Lori made herself from reclaimed shutters, doors, old tin and wooden pallets.





## Okie-Inspired New Home

PEOPLE SOMETIMES ASK IF JOANNE HOPKINS AND HER HUSBAND, Dave, restored their house. They didn't—they built it new in 2017 on Providence Road near Radnor Hunt and moved in a year ago—but it's a compliment to the builder, Dave Hopkins himself, and architect Richard Buchanan.

The house was inspired by the work of famous local Colonial Revival architect R. Brognard Okie, and incorporates the subtle touches—vintage-style hardware and furnishings—that makes such homes not just look but feel like they're steeped in history.

With the help of her mother, Hopkins furnished it with a kind of eclectic elegance that offers lots of color and a sense of welcoming comfort that's no accident. The kitchen is open to a den that opens—literally, with disappearing glass doors—on an outdoor patio, all of it designed for socializing with family and friends.

"I wanted our home to be inviting," Hopkins says, and on Chester County Day that invitation extends to everyone on the tour.







## Serenity on Oakbourne Road

GROWING UP IN CHESTER COUNTY, MARY Harlyvetch always liked historic homes. And so when it came time to buy one with her husband, Craig, everything fell in place for them to own a 1781 Colonial stone house, originally owned by Abraham Darlington, on Oakbourne Road south of West Chester.

Yes, some renovation was involved—they took out a tile floor in the kitchen, which now has 200-year-old remilled oak floors that glow like amber. The owners' traditional furnishings are in perfect harmony with the home, and there are interesting historic touches like pay drawers in the wall that farmers would use to pay their workers, and a number of artifacts found in the house and grounds enclosed in a display case.

Like most Chester County historic homes, this one is old yet still a place full of life and activity. The house is shaded by tall trees, and Mary is an active gardener, so the entire surroundings are vibrant with living things and color.

The Harlyvetches added a mud room and garage in 2011, and they've done a fair bit of upkeep all over, but no worries—"I would do it again in a heartbeat," Mary says.







# Clock Tower Farm

This Year's VIP House

THE NAME “CLOCK TOWER FARM” IS NOT a fanciful one—there’s actually a hard-to-miss 65-foot clock tower standing on one end of the property on East Boot Road in East Goshen. According to current owner Beth Knauer, the tower, originally called the “Peace Tower,” was built in the early 20th century, during World War I, by the owner at the time, Algernon Sydney Logan, a Quaker. It seems Logan became interested in clockmaking, and, evidently driven by his enthusiasms, set up a machine shop and ended by building a clock-tower-sized clock and the tower to put it in as well. There is, of course, a house on the property to match—a large and impressive Greek Revival mansion of a house, built in 1830, and saved from developers

by current owners, Chris and Beth Knauer, on the eve of an auction. With the help of local firm Archer and Buchanan Architects, the Knauers recently completed a 15-month extensive restoration of the house and added a large addition that’s completely in character, using materials from a 1700s building on the property. The grounds feature gardens, designed by Paoli firm Glackin Thomas Panzak, a pool and pool house, tennis courts, large porch and stone barn. Beth says Chris had been wary of buying a historic house because the ceilings were often low, but they saw this one on a previous Chester County Day and loved it. The ceilings, being 11 feet high, were not an issue. VIP ticketholders can see the house themselves this year and take a private tour.





## IF YOU GO:

The 2019 Chester County Day House Tour celebrates the traditional, distinctive architecture of the Southeastern Quadrant of Chester County. Visit homes and public landmarks in Westtown, Glen Mills, Willistown, Malvern and Berwyn. This is a self-driving tour.

**When:** Saturday, October 5, 10 a.m. to 5 p.m.

**The Hunt:** Start “The Day” with the beauty and pageantry of a Chester County fox hunt at Radnor Hunt in Malvern. Have your car parked by 8:30 a.m. because the hunt begins promptly at 9. Enjoy hot coffee and tea, yogurt, fresh fruit and homemade pastries before the Hunt.

**Tour Tickets:** \$50 per person. Boxed lunch from Arianna’s Gourmet Café can be ordered online for \$12. VIP tickets, \$100 per person.

**Benefits:** The Women’s Auxiliary to Chester County Hospital’s Heart to Heart Pledge.

**Information & Tour Previews:** ChesterCountyDay.com

## VIP TICKETS HOLDERS WILL ...

Enjoy a Preview Party at Oakbourne Mansion in Westtown, where they will savor fine cuisine and wine and be treated to a preview of this year’s tour.

Tour the spectacular VIP house, a Greek Revival manor house built in 1830 and known for its prominent clock tower, built in 1912. The property recently underwent an extensive renovation and features intricate tiled floors, plaster crown moldings, beautiful chandeliers and wallpaper. Gourmet Boxed Lunch provided by Montesano Bros. Italian Market & Catering is included.

Tickets cost \$100, with 100% of your contribution benefiting The Chester County Hospital.

For more information, call 610-431-5301.

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# Dressage: From Battlefields to International Equestrian Competitions

AND ON TO THE DEVON HORSE SHOW GROUNDS

Ginny Simon

**I**F YOU'VE EVER WONDERED ABOUT THE ORIGINS OF the elite equestrian discipline of dressage, start with knowing that the word is French for training. And for its many fans and followers, dressage is also affectionately and appropriately known as ballet on a horse. It's that dance-like quality that draws crowds to Dressage at Devon each September.

For a deeper understanding of the distinctive dressage movements executed when horse and rider are completely in tune—a partnership that can take decades to develop—a little history is in order. In fact, these classic movements have a 2,000-year-old history, and that history originated on the battlefield.

## FROM THE BATTLEFIELD

To prepare for the wars endemic to that period in history, ancient Greeks developed a method of training horses to aid their success on

the battlefield. Early writings by the military commander Xenophon about this training date back to 400 B.C.

Synchronization between horse and rider was one key skill needed to survive in close combat. For the warhorses, their ability to move swiftly from side to side, change direction, or increase their speed with ease were all vital survival skills. These horses whirled and danced in an effort to avoid the enemy's weapons. In short, the better trained the horse, the safer the rider. These battlefield maneuvers are the basis of modern dressage movements.

Not surprisingly, it takes years to train a horse to respond promptly, compliantly and obediently to a rider's commands—all desirable traits for a horse whose rider is faced with swords and arrows. Perhaps the U.S. Dressage Federation *Guide to Dressage* said it best: "Clever cavalrymen discovered that they could make their horses even more useful by teaching them special movements that

would give them a strategic advantage in battle. A swordsman, for instance could literally rise above the enemy—mounted or unmounted—by cuing his horse to do a *levade*, a low, controlled rear on command."

Later, guns and cannons made hand-to-hand (and horse-to-horse) combat and these special movements obsolete. But the beauty of dressage lived on. During the Renaissance, aristocrats held equestrian pageants with highly trained horses and continued to develop specialized training. Still later, for the Victorians, riding became an even more sophisticated artistic discipline.

## SPANISH RIDING SCHOOL

Another milestone for dressage is 1729, when the world-famous Spanish Riding School was created in Vienna (although some believe an earlier date of 1572). The School has been instrumental in laying the foundation for classical dressage—and the basis for modern competition—connecting the movements in the battlefield to the magnificent display in the show ring.

These horses (which were originally Spanish, thus explaining the School's name) were bred for war but trained for high art, blending raw strength with agility and lightness. Today the Spanish Riding School is home to more than 70 Lipizzaner horses known for their strength and grace in the ring, including the astonishing *Airs Above the Ground* movements.

Tradition, dating back centuries, requires that each morning every hair is polished and all tack (saddle, bridle, etc.) is clean and shining. This standard of care applies as well to the riders' uniforms of tailcoats, bicorn-style hats, white buckskin breeches, white suede gloves and black top riding boots. All this meticulous preparation is done before horse and rider leave the barn for the morning work sessions or the afternoon performances.

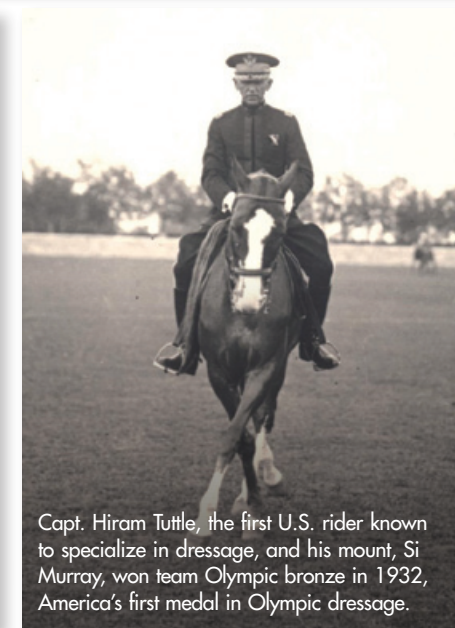
## OLYMPICS AND BEYOND

Dressage first appeared as an Olympic sport at the 1912 games in Stockholm, but until 1952, only military officers were eligible to compete. Civilian men and women began to participate, and today the vast majority of the U.S. Dressage Federation (USDF) members are women—more than 90% by most estimates.

It wasn't until 1973 that the USDF, the cornerstone of modern dressage as a competition



These highly stylized movements—*Airs Above the Ground*—include (clockwise from top left) the courbette, levade and capriole, performed by horses from the Spanish Riding School.



Capt. Hiram Tuttle, the first U.S. rider known to specialize in dressage, and his mount, Si Murray, won team Olympic bronze in 1932, America's first medal in Olympic dressage.





In the pirouette, the horse, All In, makes a circle with its front end around a smaller circle made by the hind end. IMAGE COURTESY: STACY LYNN PHOTOGRAPHY



In the half-pass, the horse, Royale, crosses its legs to move sideways while going forward. IMAGE COURTESY: STACY LYNN

sport, was founded. Interestingly, although Dressage at Devon has been at the Devon Show Grounds since 1975, its predecessor, the Delaware Valley Combined Training Association, dates back to 1965.

The evolution of dressage from military activity to competitive sport introduced a new element: judging. Dressage judging is a complex process, but essentially, judges score riders on a predetermined set of movements, on a scale of 1 to 10. At competitions—from the Olympics to Dressage at Devon—you'll see judges strategically placed at different spots around the ring so they can view specific movements more clearly.

Training for judges is extensive and exacting, much like dressage itself. To better understand how judges score riders, read the sidebar, Dressage with the Experts.

### MODERN MOVEMENTS

Another change to modern dressage is that although many movements still practiced in modern dressage competitions originated on the battlefield, not all are seen in competition today. For example, several movements (named levade, capriole and courbette) are

in a category called Airs Above the Ground. While the leaping and rearing in these movements were effective battlefield maneuvers, they're performed only by highly specialized horses, such as the famed Lipizzaner Stallions at the Spanish Riding School.

At Dressage at Devon and other top-level dressage shows, you'll see certain designated and difficult movements with roots in military maneuvers, especially at the upper levels.

These include:

- **Piaffe** – an animated and challenging trot in place, or nearly in place.
- **Passage** – an animated and highly elevated trot with a moment of hesitation between footfalls.
- **Pirouette** – a movement in which the horse makes a circle with its front end around a smaller circle made by the hind end.
- **Half-pass** – a movement in which the horse crosses its legs to move sideways while also going forward

Just imagine how each of these moves can be helpful in battle!

Grand Prix Level dressage tests the horse and rider at the highest standards. As with other levels of dressage, the horse and rider

are judged on correct execution of movements, the willingness of the horse, and the effectiveness of the rider's aids (subtle directions that include movements and hand cues the horse understands but are invisible to most viewers).

It's complicated but pay close attention and you may be able to tell when a movement is done well. Hint: usually the less the rider appears to be directing the horse, the better.

### DRESSAGE WITH THE EXPERTS

To understand dressage at a deeper level, listen to the experts describe the rider's movement and learn why the judges give the scores they do. A special personal receiver allows you to follow the commentary of some of the foremost experts in the world of dressage. The digital FM radio receivers can be used anywhere on the show grounds on Friday, Saturday and Sunday. Learn more on the Dressage at Devon website.



Future dressage stars get their start with stick ponies. IMAGE COURTESY: HOOF PRINT IMAGES

### MUSICAL FREESTYLE, A CROWD PLEASER!

The 1996 Olympics in Atlanta saw a new dressage development that immediately became a crowd pleaser—freestyle to music. In these classes, the rider and a choreographer develop a dynamic routine that matches music to the horse's gait to create a captivating performance.

Music choices range from Broadway, to hip hop, classical, movie tracks and more. The tunes are often familiar—and engaging—to the audience.

Now a standard feature in regulation dressage competitions, musical freestyle (or kür,

sage competitions, musical freestyle (or kür, as it's also called) is a unique choreographed routine set to music and incorporating mandatory movements.

Freestyle events take place Saturday and Sunday at Dressage at Devon. (Check the schedule online to confirm times.) And while horse shows are notorious for not running on schedule, dressage is the disciplined exception. Maybe it's that military connection ...

While there are always risks in any equestrian sport, today's dressage competitions are certainly safer than the battlefield. And more fun for rider, horse and spectator! ♦



### AT THE MACCABI GAMES

West Grove's Rebecca Cord not only represented the U.S. as an athlete at the 2019 European Maccabi Games held in Budapest, but she coached the team as well. Often called the Jewish Olympics, these games support Jewish athletic endeavors and cultural and educational opportunities. Dressage joined show jumping as a featured equestrian event in 2015 in Berlin.

Congratulations to the U.S. team!

### IF YOU GO

**When:** September 24–29

**Where:** Devon Fairgrounds, 23 Dorset Rd., Devon

**Highlights:** Tues.–Thurs. features the world's largest open breed show.

Great boutique shopping for equestrians and non-equestrians alike.

Dressage Explorers on Sunday for the kids.

**Tickets:** \$10/day, ages 13 and up; \$5/day ages 3–12; free under 3.

Reserved seating, group sales info on the website.

**Information:** DressageAtDevon.org.



Cue the music and take a bow at this musical freestyle event!





Plantation Field International Horse Trials

# Four Fall Equestrian Shows

JUMP INTO THE SEASON WITH FOUR ACTION-PACKED HORSE SHOWS.

Mercedes Thomas

THE TREES ARE CHANGING COLORS AND THE AIR is getting cooler, which must mean it's time for the fall equestrian season!

We've got a full lineup starting with family-friendly Ludwig's Corner Horse Show, then the thrilling all-jumper Devon Fall Classic, on to the competitive Plantation Field International and ending with world-class Fair Hill International.

Get ready for four exciting weekends full of equestrian fun for the whole family.

## LABOR DAY AT LUDWIG'S CORNER

Kicking off the equestrian season is the 76th Ludwig's Corner Horse Show, a favorite Chester County tradition—always held Labor Day weekend, August 31–September 2 this year, on the 33-acre show grounds in Glenmoore. Families flock to this community event every year.

The fun starts Saturday, Family Fun Day, with Vendor Village at the Country Fair and games on the Midway. Let the kiddos ride a pony, bounce on inflatables, meet the Silkie's Farm alpacas and play with pups at the Phoenix Animal Rescue adoption meet and greet. Then watch the Costumed Pet Parade, sponsored by the Phoenix Animal Rescue. A donation lets your pet join the fun.

Satisfy your hunger with country fair fare from the barbecue booth, grill and main food booth. Then grab a drink from the beer and wine garden.

Of course there's shopping, too—handbags and accessories, crafts, clothing, horse supplies and more at shops, open daily from 8 a.m.

And make sure to see the horses! The action happens across three rings, with riders of all ages coming from around the region to compete in locally rated competitions, including Ladies Side-saddle, Leadline for Children and the Hunter and Pony Derbies. On Sunday enjoy the traditional Carriage Exhibition, with antique carriages pulled by magnificent horses trotting through the countryside for a Pleasure Drive.

Check out Ludwig's Corner's Car Show Monday, featuring classic cars, restored favorites and even antique tractors! Then catch the main event—the \$7,500 Mini-Prix on Monday afternoon.

A great start for September!

## IF YOU GO:

Aug. 31–Sept. 2, 8 a.m. to dusk; \$3–\$7.  
1325 Pottstown Pk., Glenmoore.  
[LudwigsHorseShow.com](http://LudwigsHorseShow.com).



Jumpers competition



Winners at Ludwig's

## DEVON FALL CLASSIC

Jump for joy, because the 7th Devon Fall Classic is back, September 12–15, for four days of equestrian action after taking last year off.

Not to be confused with Dressage at Devon in late September or the Devon Horse Show in May, the Devon Fall Classic continues to impress with an exciting all-jumper competition. Watch riders, ages 5 to adults with all experience levels soar over obstacles, racing for the fastest time.

Make sure to see the Welcome Stake on opening night, the Open Speed Stake Friday evening and the Grand Prix event closing Saturday's action, when riders compete for the \$25,000 prize.

There's plenty for the family to do away from horses, too. Kids will love the Midway, complete with rides, games, carnival food and Ferris wheel. And Sunday, kiddos are the stars—try face painting, pony rides, crafts and more. Meanwhile, parents can browse over 30 unique vendors.

Feeling hungry? Stop by the Country Fair for delicious, classic fair food with different themes for each evening, and grab dessert from Bassetts Ice Cream. Saturday afternoon is the first annual Chili Contest—BBQ masters will

judge the traditional, vegetarian and poultry categories, while contestants also vie for the People's Choice award.

Enjoy adult beverages during Friday's Yappy Hour—bring along your pup because your \$20 ticket gets you two drinks and special dog treats. And Saturday night your \$20 ticket lets you sip two drinks as you listen to Philadelphia dance band Prime Time perform '60s, '70s, '80s and '90s hits.

Following the tradition at the Horse Show in May, Sunday closes with a great plant sale after the last class of the show. Everyone can leave a winner.

## IF YOU GO:

Sept. 12–15, 8 a.m.; \$5–\$7. 23 Dorset Rd., Devon. [DevonHorseShow.net/Fall-Classic](http://DevonHorseShow.net/Fall-Classic).

## PLANTATION FIELD INTERNATIONAL HORSE TRIALS

The rolling hills of Unionville's countryside are a great backdrop for a long weekend of enjoying the 12th Plantation Field International Horse Trials, September 19–22.

Plantation Field's 350 acres welcome serious equestrian fans for three competitive events testing both horses and riders in what's considered an equestrian triathlon. Competitions



In the Dixon Oval



All jumper competition at Devon



Shopping along the Country Fair



Awards at Plantation Field



Crowds at Plantation Field





Bring along your pup



Plantation Field International



include dressage, cross country and show jumping, featuring some of the best riders from North America.

Thrilling equestrian competition isn't complete without tailgating, of course. Enjoy the adrenaline-fueled cross country races as horses speed across the open fields as you watch from the comfort of your well-positioned tailgate party. Put out your best silver and tasty treats to impress the judges for the tailgate competition.

Saturday is the Antique Car Show, complete with vintage cars from the Unionville community, courtesy of Lou Mandich and the Last Chance Garage.

Looking for a break from equestrian competition? The Country Fair has live music, food and great shopping—saddles, tack, clothing, antiques and more. If you're hungry, there are plenty of options—kettle corn, BBQ, burgers, sausage, lemonade. Or stop by the beer garden for drinks as you wind down.

Be sure to take the kiddos to the Kids' Korner for plenty of fun. They can enjoy having their faces painted, taking a pony ride, climbing the rock wall and making crafts.

#### IF YOU GO:

Sept. 19–22, free admission Thurs. & Fri.; \$20/ carload Sat. & Sun. 347 Green Valley Rd., Unionville. [PlantationField.com](http://PlantationField.com).

#### FAIR HILL INTERNATIONAL

Round out the equestrian fun October 17–20 with the prestigious three-day eventing competition at the Fair Hill International Horse Trials. For 31 years, Fair Hill has offered a spectacular display of horsemanship in dressage, cross country and show jumping, featuring beginning level riders to Olympians.

Thursday and Friday, Fair Hill starts with dressage and the Young Event Horse East Coast Championships. Get a preview of the up-and-coming talent from new horses just starting their training.

Cross country is the highlight on Saturday, and you can enjoy the best views of the green hills of Fair Hill, Maryland while tailgating. Spots are \$300 and include six general admission passes. Or watch the action from the Local Craft Beer and Wine Garden, open 10 to 5. Jumping competition finishes out the final challenge on Sunday.



Cross Country competition



Fun for the little ones at Kids' Corner



Jumping competition at Fair Hill

Unique to Fair Hill, the Chincoteague Pony Drill Team features a group of 3 to 12 ponies from Chincoteague that drill and perform a fast-paced half-hour show Saturday and Sunday morning.

You can take a break from horses with some dog agility action. Demonstrations are Friday–Sunday, and showcase handlers and their talented pups zooming through tricky obstacles for high-energy entertainment. Bring along your own canine friend for a free agility lesson!

There's plenty for the family to do as well. Expect the kids to enjoy the same activities and crafts at the Kids' Corner as last year—coloring, crafts, Pony Hops—and swing by the Country Shops for great shopping for more than just your equestrian needs.

Make sure to come back next year when Fair Hill will host one of just two five-star, Three-Day Eventing competitions in the United States.

#### IF YOU GO:

Oct. 17–20; \$5–\$40; Thurs., general admission free. 489 Gallaher Rd., Elkton, MD. [FairHillInternational.org](http://FairHillInternational.org). ♦

PHOTOS BY AMY DRAGOO PHOTOGRAPHY, BRENDA CARPENTER PHOTOGRAPHY AND SHANNON BRICKMAN PHOTOGRAPHY



Dog agility at Fair Hill

An international equestrian event







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**2019 Events Calendar**

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Oct 13th, Noon-3pm  
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HOLIDAY OPEN HOUSE  
December 1, 1-3pm



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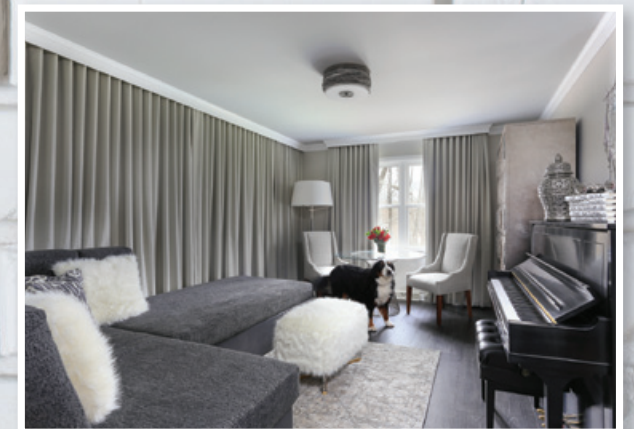
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# Former Padua Estate

FROM CAPTAINS OF INDUSTRY TO PRESIDENTS AND POLITICIANS, CARDINALS AND BISHOPS, TO SEVERAL FAMILIES, PADUA ESTATE HAS WELCOMED THEM ALL.

Laurel Anderson

“IF WALLS COULD TALK!” SAYS THE OWNER OF THIS HISTORIC hilltop country estate nestled between the Brandywine Creek and Longwood Gardens. The hundred-year-old property has stories to tell, and the former name, Padua Estate, hints at only one chapter.

When the current owner shares how she came to live here, she shakes her head. “My husband accidentally came to visit. He was looking for green space—for hunting and fishing,” she says. She, however, was not interested.

But she went inside, up the stunning floating staircase to one of two master suites on the second floor (another’s on the first floor!). Opening the French doors, she walked out on the large balcony and fell in love with the view.

“The pond, the forest. It was paradise,” she remembers. And after a more careful look around, she discovered astonishing architectural details at every turn.

So she lived there for 40 years, replacing Colonial furnishings with European elegance and creating a spectacular home for entertaining politicians and guests from around the world. This cosmopolitan setting became a regular venue for fundraisers of all kinds—medical causes a special interest. It also became an expansive family home and

the site of weddings—one with multiple outdoor tents, 570 guests and a seven-course dinner.

## A LITTLE HISTORY

This grand style of entertaining harkens back to an earlier chapter and the original owners, the Chandlers (remembered by nearby Chandler Road), a wealthy New York family that built this country estate in 1920—think the opulence and gaiety of the roaring ‘20s, with house parties spilling out on the balconies, terraces and expansive lawn. Magnificent grounds housed rose gardens, a tennis court and Olympic-size swimming pool for those not hunting, fishing or riding in the country.

After a decade, as the owner recounts, the Chandlers were moved to give back, specifically by donating the property to the Catholic Church. Changes were made to accommodate the priests and nuns who came. Stations of the Cross were built in the rose garden, a chapel took over the living room (stained glass windows remain), and a large statue was installed of St. Anthony of Padua, patron saint of lost property. For several decades clergy from around the world came here to recharge.



Later two other families, before the current owner, enjoyed country life as caretakers of this luxurious home situated on 32 acres.

## THE HOME

Impressive iron gates mark the entrance to the estate with hilltop views of southern Chester County from the magnificent manor house, together with an attached four-bedroom apartment, two-car detached garage and two separate houses for guests or rental.

Balconies, Palladian windows and French doors adorn the exterior as period details, intricate moldings (some with gold leaf) and dramatic ceilings accent the interior. The formal foyer in the center of the main house—from front entry to back terrace—boasts a unique floating main staircase. It’s a space perfect for grand entrances and large receptions.

To the left is the stunning formal living room—former chapel—with large center fireplace, mirrored French doors (with stained glass) and beamed mahogany ceiling. An elegant sitting room and library flank the hallway.

To the right of the foyer are the formal dining room, with fireplace, more French doors and butler’s pantry, along with a newer addition with spacious family room







(skylights, gas fireplace, French doors to the terrace) and first-floor master suite (tray ceiling, double closets, large bathroom).

A large two-level kitchen—with black granite counters, large pantry, prep kitchen—makes family living and entertaining equally easy. A mudroom and entrance to the partially finished basement round out this level.

Dual ensuite master bedrooms, with balcony access, are on the spacious second floor. An additional ensuite bedroom, two more bedrooms with Jack-and-Jill bathroom, home office, and full bath are down the hall. Near the back stairs are two more rooms—useful as sitting room, au pair's room—and a full bath.

The third floor is comprised of three bedrooms, a full bath and large laundry room. Ample space for a multigenerational family or large house parties.

## THE GROUNDS

Mature plantings grace the grounds and frame the views the owner fell in

love with. A large flagstone terrace extends across the back of the main house—another entertainment space—overlooking the terraced back lawn, leading to the newer pool and the Olympic-sized pool (now koi pond).

Wander through the former rose garden and observe the Stations of the Cross as you contemplate the stories of this property—also said to have been a stop on the Underground Railroad.

For over 40 years the owner, three generations of family and guests from around the world enjoyed Padua Estate's beauty, richness and history.

What will its next chapter be? ♦

*For more information about this gracious historic home—plus 4-bedroom attached apartment, 2-car garage and 2 additional rental houses—on 32 acres (can be subdivided) in Pennsbury Township (Chadds Ford/Unionville schools), contact Karen Nader, 484-888-5597, at Brandywine Fine Properties Sotheby's International Realty; KNader@bfsir.com. Price upon request.*



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# Is Wine Healthy?

Frank Naddeo

YOU MAY WANT TO DO SOME RESEARCH OF YOUR OWN.

YOU MAY HAVE heard that drinking red wine can be good for your health. Yet while it's true that some compounds found in wine have health benefits, drinking lots of red wine is not the answer.

One key to good health is, of course, moderation. So the best rule is not to consume more than one standard drink—for red wine, that's four ounces—per hour, regardless of your size, gender or amount of food you've eaten.

And although red wine contains many polyphenols and antioxidants that have been linked to a lower risk of heart disease and cancer, the amount of these beneficial compounds varies from wine to wine. Plus, the actual amount of wine needed to fight or prevent disease is still not well known. Add to that the fact that the effects of alcohol on the body could counteract any health benefit.

In short, the research is still inconclusive. Until there's definitive proof of the health benefits of drinking wine, what can you do? Maybe search for the healthiest options?

Some believe pinot noir, with the highest concentration of the antioxidant resveratrol, is the healthiest choice. Studies have shown resveratrol lowers bad cholesterol and lowers blood pressure. And

since pinot noir has a lower sugar content and fewer calories, it's a healthier choice. Generally speaking, dry reds are better choices than sweet moscatos or rieslings.

Since all red wine carries some healthy compounds, we'll consider two varieties—grenache and tannat—that have thicker skins than most grapes and, therefore, have higher amounts of those beneficial compounds. Both are native to Europe, although there are plenty of examples grown all over the world. And some recommend malbec, which also has thick skin.

While we're at it, we'll also look at muscadine and its connection to weight loss.

## GO FOR GRENACHE

In France, grenache is most notably used in making Châteauneuf-du-Pape and other red blends of the Southern Rhône. These can be rich and sometimes rustic red wines with notes of cooked fruits as well as leather and spice. Look for *Domaine Juliette Avril Châteauneuf-du-Pape Rouge*, for \$29.99, for a relatively inexpensive option that's ready to drink now.

In Spain, the grape is called garnacha. These wines are usually riper and richer than the French version. Try *Viñas Viejas*



de Paniza Garnacha 2012 for \$14.99. This wine received a 90-point rating from *Wine Advocate*, making it a good value.

While France and Spain have made their own marks with this wine, it's believed that the grape is actually native to the island of Sardinia, off the coast of Italy, where it's known as cannonau. The local Italian diet, which generally includes wine, is believed to contribute to the extraordinary life spans of the people on the island.

So, if we're going to drink wine for health reasons, why not follow the example set by those who have demonstrated its impact? A good example from Sardinia is *Argiolas Costera Cannonau di Sardegna 2015* for \$13.99. It has flavors of ripe strawberries, black cherries and herbs.



## TANNATS TO TRY

Tannat is originally from the Basque country, along the border of Spain and France. Not surprisingly, this rugged area produces a wine that's powerful and rustic in nature.

The most prominent European version of tannat is from the French village of Madiran. These wines are traditionally deep, dark, dry and rustic. Depending on your taste, you may prefer styles that are more modern and more approachable.

Tannat has migrated to South America where it found a home in Uruguay. This style of wine can be very tannic and astringent on its own, but it doesn't have to be unpleasant. A good example to sample is *Artesana Tannat Merlot Zinfandel Canelones 2015* for \$15.99. It shows aromas of spicy berries with plum and berry notes on the palate.

Tannat is also a good candidate for blending with other grapes to



make wine delicious. If you'd like to try a tannat blend, look for *Artesana Tannat Merlot Zinfandel Canelones 2016* also for \$15.99. As a blend, it shows dark berry aromas and flavors of spicy black fruit.

## MICE LOVE MUSCADINE

A 2015 study from the University of Oregon linked a compound found in some wines to weight loss. Called ellagic acid, the compound is found in only one grape variety that's native to the southeastern United States—muscadine. While this seems like good news, this preliminary study has only been conducted with mice, and this grape variety is generally made into sweet wines that may negate any other health benefits.

But, if this preliminary research has piqued your interest, you may want to begin your experimenting with Duplin Winery wines from North Carolina. In particular, try *Duplin Hatteras Red* or *Duplin Carolina Red*—both just \$7.99 per bottle. These wines show purple grape juice notes and are a fantastic summer wine to chill for those looking for something sweet.



Ellagic acid—a natural phenol antioxidant found in numerous fruits and vegetables—is also found in dry red wines that are aged in oak. The weight-loss benefits of this substance haven't been fully determined yet, and it's not known how much of the compound is beneficial or if wine can provide that benefit.

Here's hoping there's more research on the topic!

Think of this as beginning to explore your options for improving your health with red wine. Sadly the jury is still out on just how much imbibing will help.

And so I continue to recommend drinking wine more for the enjoyment it brings than merely hoping for health benefits. Talk to your local wine specialist for other recommendations like these. And keep enjoying! ♦

*What started as a hobby is now a career. Fred Naddeo began his wine journey more than 20 years ago when his wife bought a bottle of Black Tower Riesling to try something different. It marked the beginning of an exploration of the amazing world of wine that continues to this day. Fred is a wine specialist at the Springfield Fine Wine & Good Spirits store on Baltimore Pike in Springfield. Learn more at FineWineAndGoodSpirits.com.*



## Pennsylvania Wine Month

October is Pennsylvania Wine Month. Celebrate the occasion and support your local wineries by visiting them and shopping for local wines. Complimentary wine guides from the Pennsylvania Winery Association are available at PA Fine Wine and Good Spirits stores.

**DRINK LOCAL!**



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Visit **Eastern Neck National Wildlife Refuge**, with six walking trails and three observation decks waiting for you. With almost 2,300 acres of natural beauty cozied between the Chester River and the Chesapeake Bay, water views are guaranteed. One of the 500+ refuges in the National Wildlife Refuge System, **Eastern Neck Island** is managed by the U.S. Fish and Wildlife Service and was established to protect migratory birds, threatened and endangered species, and other native species. Although abundant year-round, waterfowl numbers increase as many species make their migratory journeys.

With more than 240 species of birds—bald eagles, hawks, osprey, tundra swans, Canada geese and other migratory types—it's a birding haven. Around Thanksgiving a special guest from Alaska arrives as hundreds of tundra swans stop before migrating 4,000 miles in March. These majestic birds, with wingspans of 72–88 inches, can be viewed at the **Tundra Swan Boardwalk**. Bald Eagles also begin to establish territories and start building their nests in December.

Each winter, **The Friends of Eastern Neck National Wildlife Refuge** make it possible to explore areas of the Island not usually

accessible to the public. On first Saturdays, December through March, a birding guide will point out habitats, plants and, of course, wildlife on a two-mile, two-hour tour.

Turkey and deer hunting are permitted intermittently to manage populations. The refuge hosts deer hunting, as well as special disabled and youth opportunities for white-tailed deer from late September through February. Crabbing season is April to September, and licensed fishing is allowed year-round at select locations. On the walkway on the **Eastern Neck Bridge**, you can cast a line into the Chesapeake Bay on one side and the Chester River on the other!

Fall foliage and eagle sightings make a perfect time to paddle the **Eastern Neck Island Water Trail**. Fully “immerse” yourself in local history and ecology, and pick up a map and guide from the Friends of Eastern Neck Bookstore at the **Visitor Center**. Launch your kayak (April–September) from several points on the Island.

Any time of year, **Eastern Neck Island** delights, but winter is the perfect time for a truly sensory experience as most of the world is hibernating on the couch near the big-screen TV. In the seasonal solitude of the Island, you can sit and let nature come to you—cool breezes, warm sun, sounds of waves and calls of birds. The longer you sit, the more gifts of nature you're given.

Whatever your recreational pleasure—birding, photography, hiking, paddling, fishing, crabbing, hunting or simply sitting and observing—**Eastern Neck Island** in Kent County offers a perfect getaway. For more on this special region, please visit [KentCounty.com](http://KentCounty.com). ♦



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### Ongoing. First Fridays in Chestertown

Chestertown Historic District. 5 to 8 pm.

*Downtown—Park Row, High Street, Cross Street & Cannon Street*  
[Facebook.com/DowntownChestertown](https://www.facebook.com/DowntownChestertown).

### Ongoing. Mainstay Mondays

Casual evenings featuring Joe Holt on the piano and a guest. Cash bar, doors open at 6:30 pm with the show starting at 7.

*5753 Main St., Rock Hall. [MainstayRockHall.org](http://MainstayRockHall.org).*

### Ongoing. Chestertown Farmers and Artisans Market

Produce, herbs, breads, soaps and plants as well as the handcrafted works of local artisans.

*High & Cross Sts., Fountain Park. [ChestertownFarmersMarket.net](http://ChestertownFarmersMarket.net).*

### September 12–16. Chestertown Jazz Festival

A collection of jazz performers gather in Kent County for the annual Chestertown Jazz Festival. Concerts held in various venues throughout Kent County.

*Wilmer Park, 413 S. Cross St.*

*[ChestertownJazzFestival.org](http://ChestertownJazzFestival.org).*

### September 14. First Annual Chestertown Car Show

Custom hot rods, classics and antiques. Food and beverages, children's activities and car-related contests. 2 to 6 pm. Free.

*High & Cross Sts., Fountain Park. [KentCounty.com/Events](http://KentCounty.com/Events).*

### September 21. Run the Vineyard—Crow Vineyard 5k

Flat cross-country style course, post run wine, live music, on-site food vendors, lawn games, tech shirt and souvenir wine glass for all participants. 9 am to noon. \$45.

*12441 Vansants Corner Rd., Kennedyville. [CrowVineyardAndWinery.com](http://CrowVineyardAndWinery.com).*

### October 4–5. Chestertown HP Festival

This Harry Potter-inspired festival celebrates the Potter spirit and theme while promoting the local community and its arts. A fun-filled weekend features a wide array of free and ticketed events sure to delight wizards and muggles alike.

*Locations throughout Chestertown. [KentCounty.com/Events](http://KentCounty.com/Events).*

### October 5. Historic House Tour in Chestertown

The doors to a selection of National Landmark Historic District homes will be open to visitors on this self-guided walking tour. 1 to 5. \$25–\$35.

*Bordley History Center, 301 High St. [KentCountyHistory.org](http://KentCountyHistory.org).*

### October 5, 12, 19, 26. Historic Ghost Walks in Chestertown

Hear some of the odder tales of local lore, including those of murder and mayhem. From the tales of a haunting in the attic where George Washington did sleep, to the Court House Ghost that made international news, guides walk ticket holders through centuries of stories, told against a background of local history. Tours begin at 6:30 pm and run every half-hour until 8:30.

*Reservations rec. [KentCountyHistory.org](http://KentCountyHistory.org).*

### October 12. Rock Hall FallFest and OysterFest

Rock Hall FallFest pays homage to the almighty oyster by inviting guests to savor oysters prepared in many delicious ways. Artisan and craft booths, live music performances, children's activities and the opportunity to explore beautiful Rock Hall by tram and shuttle are highlights.

*Main St. [KentCounty.com/Events](http://KentCounty.com/Events).*

### October 19–20, 26–27. RiverArts Studio Tour

Ever wonder what an artist's studio really looks like? Chestertown River Arts Annual Studio Tour allows the visitor a chance to take a sneak peak inside creative spaces. This free, self-guided tour on the picturesque Eastern Shore of Maryland takes place over two Fall weekends, rain or shine. 10 to 5.

*315 High St., Suite 106. [ChestertownKentCountyHistory.org](http://ChestertownKentCountyHistory.org).*

### October 26. Soup & Sip! Crab Soup Competition & Wine Tasting

You be the judge of Kent County's best crab soup. Bring \$ bills to vote at each booth. \$25 includes a wine glass and raffle ticket. Noon to 3.

*Kitchen at the Imperial, 208 High St. [ChestertownKentCounty.com/Events](http://ChestertownKentCounty.com/Events).*

### November 1–3. Sultana Downrigging 2019

#### Tall Ship and Wooden Boat Festival in Chestertown

Sultana Downrigging Weekend fills Chestertown's gorgeous waterfront with equally gorgeous schooners, ships and beautiful wooden boats at one of the largest Tall Ship and Wooden Boat Festivals on the East Coast. Explore these ships and also venture out on the water during scheduled sails. In addition to the ships, the festival also includes world-class musical performances,

dynamite food from local restaurants, and the chance to try local spirits. *Downtown Historic Chestertown. [KentCounty.com/Events](http://KentCounty.com/Events).*

### November 30. Small Business Saturday in Chestertown

Kickstart the holiday shopping season by shopping small and shopping local. Music, food, wine & spirits. As you shop, grab a ticket to win fantastic prizes. *Downtown Chestertown; [TownOfChestertown.com](http://TownOfChestertown.com).*

### December 6–8. Dickens of a Christmas in Historic Chestertown

**Friday kick off:** Carriage rides, hot beverages, fire pits, s'mores stations, special entertainment. 5 to 9 pm.

**Saturday House Tour:** Eight of Chestertown's finest historic homes, dressed for the holidays, welcome you with friendly docents and live music. Easily walkable. 10 am to 2 pm.

**Saturday:** Carriage rides, costumed street performers, high tea, live music, fire dancers, a holiday house tour, authentic British-themed food and drink, children's games, expert talks and vendors selling hand-crafted gifts. Noon to 9 pm.

**Sunday "Run Like the Dickens" 5k Run/Walk:** Costumes are welcome, walk or sprint on an in-town course that includes Chestertown's main commercial street, a loop through the beautiful Chester Cemetery, a section of the rail trail and Wilmer Park. Run ends with a cup of cheer and an awards ceremony. 8 am.

*For details and updates, visit [KentCounty.com/Events](http://KentCounty.com/Events). ♦*

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## [Food News] *A few of our favorite things to share this month about local food and drink*

**Meals Made Easy.** Cook healthy meals for the whole family to love with **Pinwheel Provisions**, a new retail food concept inspired by a popular trend in Europe. Opening September 21 in

**The Market at Liberty Place** in Kennett Square, Pinwheel Provisions offers individually quick-frozen ingredients (IQF), pantry items and fully prepared meals to make family dinners flexible and quick—and leave little to no food or packaging waste. A win-win-win! 148 W. State St., Kennett Square. [Facebook.com/PinwheelProvisions/](https://www.facebook.com/PinwheelProvisions/).



**Fresh Food For All.** Ripe tomatoes, plump strawberries, crunchy spinach—there's nothing quite like fresh fruits and veggies. And with the **Chester County Food Bank**, you can help them provide tasty fresh produce for those in need through their **Raised Bed Program**. Go online to find volunteer opportunities at one of the over 110 garden sites, or grow your own! The bounty from these volunteer-tended gardens is shared with food cupboards, meal sites and social service organizations throughout the county.

650 Pennsylvania Dr., Exton. [ChesterCountyFoodBank.org](http://ChesterCountyFoodBank.org).



**Pop-Tart ... Brews?** If you like Pop-Tarts and craft beer, then **Stolen Sun Brewery's new beer** is ready to please. The Exton brewery is offering a new brew made using nearly 50 pounds of Unicorn Power Pop-Tarts. The results are a beer with tropical flavors typical of hazy IPAs. But don't worry—you won't find pieces of Pop-Tarts floating in your beer. They've all melted away during brewing. Cheers! 342 Pottstown Pk. Suite B, Exton. [StolenSun.com](http://StolenSun.com).

**A Kernel of Truth.** Oatmeal, brown rice, barley, whole rye—whole grains are worth celebrating, and September is **National Whole Grain Month** so go crazy! Whole grains are filled with nutrients and are really good for you, lowering risks of heart disease, stroke, obesity and type 2 diabetes. And some, like quinoa, are also known as ancient grains that are healthy alternatives to heavily processed grains. Learn more about ancient grains and recipes for them in this month's **Brandywine Table**.



**New on the Block.** Welcome Blue Elephant, a new Pottstown restaurant in the former Brick House space from Win Signature Restaurants, owners of Teikoku in Newtown Square and Azie in Media and Villanova. The menu is Asian fusion with a Thai-Italian twist and lots of options. Try lobster Thai green curry linguine and freshly baked bread with miso honey butter or sample the sushi menu. There's a 30-foot bar, so grab a drink and stay awhile. 152 E. High St., Pottstown. [On Facebook](https://www.facebook.com/BlueElephantPottstown).





# Baking History

A TRIBUTE TO FAMILY RECIPES AND GREAT GRAINS

Alyssa Thayer



LIKE MESSAGES IN AN AGRICULTURAL VERSION of the telephone game—when messages get muddled as they're passed along—modern-day grains and cereals have been hybridized and processed so many times they hardly resemble the originals. Early versions of these crops, known as “ancient” or “heritage,” differed in taste, composition and nutritional value. Sadly, until recently they remained largely unknown in western cultures.

**Heritage Flour Baking Co.**, based in Malvern, specializes in pastries and baking mixes made from these ancient flours. Founder Mariella Frazier has made it her mission to share these wholesome ingredients with the world. “Flour is inherently good,” she says, “it’s just the kind of flour and how you are using it that matter.”

Long before she was the queen of ancient grain baking, Mariella was born and raised on Malta, a small Mediterranean island. Due to numerous transitions of power, Malta became a melting pot of cultures and, consequently, of cuisines. “It was typical to have both cannolis and Christmas pudding,” she remembers fondly.

At age 21 Mariella married an American Navy pilot and set off to the United States to begin a new life. It wasn’t long before she began missing traditional dishes of her homeland. To satisfy this craving, she taught herself to cook and bake the recipes she remembered. “I had a hankering for a good cannoli and thought I could make it,” she recalls.



Mariella Frazier at market

By the time life brought Mariella and her family to Pennsylvania, she was ready to share her baked goods with the world. Starting small, she brought her traditional European pastries to farmers markets. And the response was overwhelming!

Because good ingredients had always been important to Mariella, when customers asked about gluten-free options she was determined to find simple and natural alternatives. Research led her to the world of heritage flours. And although not all are gluten-free, these flours were nutritionally superior and often better tolerated by those with gluten sensitivities.

Mariella began experimenting and substituting these “new” ingredients into her recipes. And at first, it was a challenge. The older flours were delicate to work with and had different properties than traditional ingredients. But she was committed, and the results were spectacular. She never

looked back. You can sample her products at local farmers markets (Downingtown, Eagleview, Malvern, Upper Merion in KOP), in the online store, and at other regional shops and farm stands.

With their skillful scratch baking and passion for pure ingredients, Heritage Flour Baking Co. is making ancient grains new again.



Mariella in Malta



## Almond Ricotta and Honey Cake

*A lovely classic almond and ricotta cake, this one uses honey as the sweetener. Great by itself or topped with a sweet berry compote. The cake recipe is adapted from Il Giornale del Cibo.*

- 1¼ C. whole-milk ricotta
- 1 C. blanched slivered almonds, ground to a coarse flour
- 2½ C. organic einkorn flour
- 1 Tb. baking powder
- 1 pinch of salt
- ½ C. honey, or 1¼ C. sugar
- 1 stick melted butter, cooled
- 5 eggs
- 1 organic lemon, zest and juice
- 1 tsp. vanilla extract
- ⅓ C. sliced almonds for garnish
- 2 Tb. sugar for garnish

Drain the ricotta in the refrigerator, using a colander set over a bowl, for 2–3 hours.

Preheat oven to 350°. Butter and flour a 9-inch bundt pan.

Pulse the almonds in a food processor until ground to a coarse flour. Set aside.

In a separate bowl, sift together flour, baking powder and salt. Then add the ground almonds.

In another bowl, add the honey to the drained ricotta and mix. Then add the cooled, melted butter and mix again by hand or mixer until light and fluffy. Add in eggs, lemon peel and juice, vanilla and mix until just combined.

Add the dry ingredients to the ricotta mixture. Mix until just combined.

Pour batter into prepared pan and sprinkle enough sliced almonds

over the surface of the cake to cover. Dust with granulated sugar.

Bake for about 45–50 minutes, or until a toothpick comes out clean.

Let the cake cool in the pan for about 10–15 minutes. Gently turn it out onto a cooling rack and let it cool fully before slicing.

## Berry Compote

- 3 C. mixed berries, raspberries, blueberries and strawberries
- 2–3 Tb. brown sugar

Place berries and brown sugar in a small saucepan over a low heat and bring to a simmer. Cook the fruit for about 15–20 minutes, until soft. Remove from heat and allow to cool.

Serve over the Almond Ricotta Cake.

## Berry Tartelettes

*An old-timey recipe that tastes like a ray of sunshine. Create perfect dainty little cakes that will make you want to throw a tea party. This recipe is adapted from URDinkel.ch, a German website for ancient grain flour.*



- 1 C. spelt flour (oberkulmer, if you can find it)
- 1¼ tsp. baking powder
- 2 pinches of salt
- Heaping ½ cup of peeled ground almonds
- 4 egg whites
- ⅔ C. sugar
- 9 Tb. butter, melted and slightly cooled
- 1 Tb. orange-blossom or rose water
- 2 C. mixed berries, cut into pieces if large
- Powdered sugar for dusting

Preheat oven to 350°. Butter tartlet or 4-inch cake molds.

Sift together flour, baking powder and one pinch of salt. Add the ground almonds and set aside.



## Ancient Grains 101

**What are they?** Although definitions differ, the term ancient grains generally refers to varieties of grains and pseudocereals (non-grasses used like cereals, such as amaranth, quinoa, buckwheat) that existed before modern-day agriculture and have remained largely unchanged.

**What makes them great?** Modern grains have been bred for faster propagation, higher yields and easier milling, and they undergo processing that strips away much of their natural nutrients and flavor. Yet ancient grains remain nutrient-rich and are said to support healthy digestion and immune systems. These benefits, coupled with their interesting nutty flavor and chewy texture, make them worth trying.

**Where do they come from?** Until fairly recently, ancient grains were not well known in western cultures, although they've been staples for other parts of the world for thousands of years. Examples include quinoa for the Incas, farro in ancient Italy, and kamut in Egypt.

**Are they gluten-free?** Some varieties are naturally gluten-free, including amaranth, quinoa, buckwheat, millet and teff. Others, such as the heritage varieties of wheat, do contain gluten (and are unsuitable for celiacs), but lack the specific proteins that can make them hard to digest.

**How do I use them?** You can boil and use them in place of rice, or grind them and use as them as flour. Mariella of Heritage Flour Baking Co. cautions that these flours are delicate and don't like being over handled. So a light touch is needed.

Beat the egg whites together with one pinch of salt until stiff. Gradually add the sugar and beat until shiny.

Add butter and the orange-blossom water to the dry ingredients. Using a spatula care-

fully fold into the dough mixture.

Fill tartlet or cake molds with batter, and distribute the berries over the batter. Save a few for garnishing.

Place tartlets in the middle of the oven.

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Bake for 25–30 minutes.

Remove tartlets when done and allow them to cool. Dust with powdered sugar directly before serving and garnish with berries.

Makes 6 tartlets or mini-cakes.

### Chocolate Sablés/Shortbread

*These continental classics are rich, decadent, and yet surprisingly low in sugar. Pairs perfectly with stone fruit or berries, or served alongside light pudding-y desserts. The recipe is adapted from Great British Spelt Recipes.*



- 14 Tb. unsalted butter, chilled
- 2¼ C. white or a blend of whole and white spelt (oberkulmer)
- ⅔ C. cocoa powder
- ½ tsp. baking soda
- 1 tsp. flaked sea salt or ½ tsp. fine
- ¼ C. sugar
- ½ C. light brown sugar
- 1 C. (6 oz.) dark chocolate (65-70% cocoa), roughly chopped

Preheat oven to 350°. Line two baking trays with parchment paper.

Cube butter into small pieces and chill in fridge or freeze for 5 to 15 minutes.

Place the flour, cocoa powder, baking soda, salt and sugars together in the bowl of stand-up mixer fitted with a paddle or sturdy hand mixer attachment, and stir to combine.

Add the cold butter and, with the mixer on the lowest speed, mix *only* until butter chunks disappear, and the mixture is sandy. (You may need to hold a tea towel over edges because cold butter is likely to make the flour jump out of the bowl.)

Add chocolate and mix to combine.



Tip the mixture onto the work surface and very gently knead to bring together. Divide the dough in half and roll into logs, about 1.5" in diameter. Wrap in plastic wrap and refrigerate. Chill the dough for a few hours until firm.

Using a thin sharp knife, cut each log into cookies, about ⅜" thick. (Don't worry if the cookies crumble, just press them gently back together.)

Place cookies on the prepared baking trays and bake for 10–12 minutes or until they spread and lightly set around the edges but still look undercooked in the middle. Allow to cool on the tray for 10 minutes before transferring to a wire rack to cool completely.

Store in a sealed container. Cookies will keep for a few days, if they aren't eaten before then!

Makes 25 to 30 cookies.

### Cassata 'Nfurnata

*A crustless Ricotta Cheesecake from Sicily, this recipe is as old as the hills, and every family has its own version—this one is my family's. It makes for a beautifully light cheesecake, that's not overly sweet!*

- 3½ C. whole-milk ricotta, drained
- 2 sticks butter, melted
- 1 Tb. grated lemon peel
- ⅛ tsp. salt
- ¾ C. sugar
- 8 eggs, beaten
- ½ tsp. vanilla extract
- 3 heaping Tb. flour (or potato starch to make it gluten free)

### Orange/Raisin Variation:

- 1 Tb. finely grated orange zest (in lieu of lemon peel)
- 2½ Tb. candied orange peel, finely diced
- 2½ Tb. raisins

Drain ricotta in the refrigerator, in a colander set over a bowl, for 2–3 hours. Pass through a food mill for a smoother consistency.

Preheat oven to 325°. Butter and flour a pie pan about 10½" wide and 2½" deep.

Mix together ricotta, melted butter, lemon peel and salt. Add sugar, eggs and vanilla.

Sift in the flour or potato starch.

Pour into a pie pan. Bake until done, about 45–55 minutes. Remove from oven and cool.

Keep in fridge until half an hour before serving. It's traditionally served upside-down, as shown in the photo.

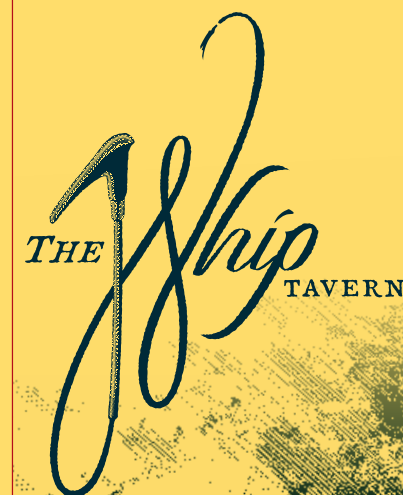
Serves about 16. ♦

*Alyssa Thayer found her love of food at an early age, frolicking around her mother's organic farm and eating her weight in berries and snap peas each summer. She is a self-proclaimed urban farm girl, whose mission is to bring inspired ideas to life, passionate people together, and good food to every table.*



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