GUIDE to 55+ and Retirement Communities

55+ COMMUNITIES FOR THE FIT, ACTIVE AND INDEPENDENT

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward the group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They are designed to make retirement healthier and more enjoyable.

Pennsylvania DOWNINGTOWN

Ashbridge Manor 610-269-8800; <u>AshbridgeManor.com</u>

The Woods at Rock Raymond 484-784-2100; <u>WoodsAtRockRaymond.com</u>

EXTON

Meridian at Eagleview 484-873-8110; <u>MeridianEagleview.com</u>

GLEN MILLS

Ivy Creek

610-981-2740

Glen Mills' newest and best option for independent retirement living is opening soon. At Ivy Creek, all utilities (except telephone) will be included in monthly rent—there are never any buy-in fees or leases. They'll take care of the cooking, housekeeping and local transportation, leaving you the time to enjoy your retirement.

GORDONVILLE

Watson Run

717-575-4059; BerksHomes.com

KENNETT SQUARE

Cartmel & Coniston (Kendal) 800-216-1920; <u>KCC.Kendal.org</u>

KING OF PRUSSIA

Canvas Valley Forge

844-279-9865; CanvasValleyForge.com

Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully-crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

MEDIA

Springton Lake Village 610-356-7297 SpringtonLakeVillage.com PHOENIXVILLE Coldstream Crossing 610-321-1977; <u>ColdstreamCrossing.com</u>

WEST CHESTER

Harrison Hill Apartments

610-430-6900; <u>HarrisonHillApts.com</u> Harrison Hill's 5-stories offer 114 apartment homes comprised of one bedrooms and one bedrooms with dens. The grounds feature a community patio, a walking trail, gazebo and dog park. Residents enjoy coffee and each other's company at "Monday Mingles," holiday barbecues and pizza parties, games in the activities rooms and oncea-week free transportation to set destinations. Call for details and to schedule a tour.

Hershey's Mill

610-436-8900; HersheysMill55Plus.com

Westtown Reserve 215-910-3064; <u>WesttownReserve.com</u>

WEST GROVE

Jennersville Farm 610-368-5549; <u>WalshAndAssociates.net</u>

Delaware

WILMINGTON

Methodist Country House 302-654-5101 PUMH.org





















COMMUNITIES FOR THE INDEPENDENT, WITH CONTINUING CARE AND LIFE PLAN COMMUNITIES

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life plan community. Those listed have strong "independent living" programs.

Pennsylvania COLLEGEVILLE

The Landing at Collegeville

484-268-5233; AtriaSeniorLiving.com

DEVON

The Devon Senior Living

610-263-2300; <u>TheDevonSeniorLiving.com</u> Located in a beautiful, peaceful, rustic country setting, only minutes from area hospitals, restaurants and shopping centers. They offer Personal Care services, as well as award-winning Alzheimer's/Memory Care and short-term stays and feature distinct services and amenities in a comfortable, homelike setting, at 445 N. Valley Forge Rd.

DOWNINGTOWN

St. Martha Villa for Independent & Retirement Living

610-873-5300; <u>Villa.StMRehab.org</u> Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

EXTON

Exton Senior Living

610-594-0200; ExtonSeniorLiving.com

GLEN MILLS

Glen Mills Senior Living

610-358-4900 <u>GlenMillsSeniorLiving.com</u>

Voted "Best Assisted Living in Delaware County," providing personal care for residents for over 17 years. Located only minutes from area hospitals, restaurants and shopping centers, they have a seasoned team of caregivers, providing the additional support needed to maintain independence while receiving the individualized care that suits residents' needs. The community provides 24-hour nursing supervision, shortterm stays and rehabilitation services.

HAVERFORD

The Quadrangle

610-642-3000; SunriseSeniorLiving.com

HONEY BROOK

Heatherwood Retirement 610-273-9301 HeatherwoodRetire.com

Tel Hai Retirement Community 610-273-9333; <u>TelHai.org</u>

KENNETT SQUARE

Friends Home in Kennett

610-444-2577; <u>FriendsHomeInKennett.org</u> Options for seniors include Supportive Independent Living, Personal Care Services and Skilled Nursing for more intense care. All meals, housekeeping and laundry are included. Celebrating 120 years in October. Watch for details. Friends Home in Kennett—where friends become family.

Kendal-Crosslands Communities

844-907-1800; KCC.Kendal.org

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

LANCASTER

Quarryville Presbyterian Retirement Community

888-786-7331

<u>Quarryville.com</u>

Quarryville is an independent, continuing care retirement community, serving, equipping and enriching residents for nearly 70 years in Lancaster County. Quarryville offers residential living, personal care, memory support and skilled nursing. They provide the necessities and niceties of senior living through spacious apartments, award-winning cottages, vibrant activities and their Commons building, fe aturing an indoor pool, walking track and fitness center.

Willow Valley Communities

866-454-2922

Willow Valley Communities.org

For more than 30 years, Willow Valley has been dedicated to helping people pursue exceptional lives. Their mission is simple: to inspire each person to embrace the possibilities of a "life lived forward." Located on 210 meticulously maintained acres, they offer the security of Lifecare, the guarantee of long-term care, should it be needed, at no additional cost. Willow Valley is a place to engage, to learn and to enjoy.

MALVERN

Echo Lake

LivingAtEchoLake.com; SageLife.com

Opening December 2018. Retirement living, redesigned. At the leading edge of the "aging well" movement, Echo Lake will include a huge fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

MANHEIM

Pleasant View Retirement Community 717-665-2445

<u>PleasantViewRC.org</u>

Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing and carefree lifestyle with opportunities to explore passions and interests. With a variety of living accommodations to choose from, plus a multitude of oncampus conveniences, maintaining your active lifestyle is easier than ever. Plan your visit to see why over 400 residents call Pleasant View home.

MEDIA

Riddle Village

610-891-3700; <u>RiddleVillage.org</u>

Riddle Village is a Lifecare community that offers amenities including a fitness center, putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.







NEWTOWN SQUARE

Dunwoody Village

610-359-4400; Dunwoody.org

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers.

White Horse Village

610-558-5000; WhiteHorseVillage.org

A warm and welcoming retirement community on 96 picturesque acres by a state park and surrounded by gardens, woodlands and meadows. Amenities include wellness center with indoor pool and spa, putting green, bocce and shuffleboard courts, library, dining venues, performing arts, enrichment programs, transportation and more. On-site Healthcare Center with skilled nursing, assisted living and memory support. Member, Leading Age. Accredited by CARF-CCAC. Quality First Participant.

NORTH WALES

Kyffin Grove 267-460-8100

KyffinGrove.com; SageLife.com

Kyffin Grove Senior Living offers customized support, beautiful surroundings and unparalleled hospitality. Enjoy country living with every convenience in bucolic North Wales. Kyffin Grove offers supportive living and specialized, staged memory care. Call to find out more.

PAOLI

Daylesford Crossing

610-640-4000

DaylesfordCrossing.com; SageLife.com

Daylesford Crossing is senior living, but different ... completely customized support, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is located right in the heart of the upper Main Line. Call to find out more.

Highgate at Paoli Pointe 610-296-7100

GenesisHCC.com/HighgateAtPaoli

PHOENIXVILLE

Spring Mill Senior Living 610-933-7675

<u>SpringMillSeniorLiving.com</u> Welcome home to an exceptional community offering exceptional personal care and memory care neighborhoods. Wake up inspired each morning with a wealth of activities, services and support at your doorstep. Enjoy restaurant-style dining, health and wellness programs, events, transportation, housekeeping and more. Live carefree and let them take care of everything for you. It's their pleasure.

ROSEMONT

Rosemont Presbyterian Village

610-527-6500; PresbyInspiredLife.org

VALLEY FORGE

Shannondell at Valley Forge

610-728-5200; <u>Shannondell.com</u>

WALLINGFORD

Plush Mills

610-690-1630; SageLife.com

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size big enough to count on, small enough to care. Call to find out more.









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WEST CHESTER

Barclay Friends 610-696-5211; <u>BF.Kendal.org</u>

The Hickman 484-207-0446; <u>TheHickman.org</u>

Wellington At Hershey's Mill 484-653-1200; <u>WellingtonRetirement.com</u>

WEST GROVE

Jenner's Pond 484-748-0582; <u>JennersPond.org</u>

WYOMISSING The Highlands at Wyomissing 610-775-2300; <u>TheHighlands.org</u>

Delaware

GREENVILLE **Stonegates Retirement Community** 302-658-6200 <u>Stonegates.com</u>

HOCKESSIN

The Summit 302-235-3120 <u>TheSummitRetirement.com</u>

WILMINGTON

Methodist Country House 800-991-9257 <u>ACTSRetirement.org</u>

Foulk Manor South

302-655-6249 FoulkManorSouth.com

Foulk Manor South is a luxurious senior living community that offers spacious and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays. They are one of the few communities in Delaware that offers intermediate care as a long-term skilled nursing option.

IN-HOME CARE

For those who choose to stay in their homes as long as they can and need clinical or assistive care, there are many options to choose from. These providers offer everything from companionship to nursing care, transportation to and from appointments, house cleaning and more.

Bayada Home Health Care

King of Prussia, 610-992-9200 Main Line, 610-658-7150 Media, 610-891-9400 Newtown Square, 610-353-5000 <u>Bayada.com</u>

Shanahan Enterprises, LLC 610-314-1667

In-home compassionate, professional care including hospice, home infusion, private duty care and rehab equipment services. Shanahan Home Health Care and Hospice Agency affords the opportunity for patients to stay in the comfort of their homes during times of illness, rehabilitation or disability, and recuperation. Patients can also receive loving care from Finn, their therapy dog.

Surrey Services for Seniors

Devon, Berwyn, Broomall, Havertown, Media 610-647-6404; <u>SurreyServices.org</u>

Surrey, a nonprofit organization, has been serving the community for over 35 years. Surrey operates four community centers with meal programs, fitness classes, lifelong learning and volunteer opportunities. Surrey Home Care offers short- and long-term RN care, personal finance management, personal care, house cleaning and a variety of transportation services from shared ride services to RN-assisted medical transportation to and from medical procedures requiring anesthesia.

TLC Moving Services

610-268-3243 <u>TLCMovingServicesllc.com</u> ♦

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