

COUNTY LINES

MAGAZINE

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and the special lifestyle of Southeastern Pennsylvania and Northern Delaware



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PHOENIXVILLE: CATCH SOME COLOR
SENIORS: THE CONTINUUM OF CARE
BOOTS IN THE WATER
HOLIDAY GIFT GUIDE

Risk.

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- High blood pressure
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New Price

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New Listing

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You MUST SEE this well maintained 4BR, 3.1BA home with in-ground pool, Guest Suite w/Bath, Den & Kitchen plus a fabulous Master Suite & Sun Room! \$394,900



New Listing

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From *the*
Editor



NOVEMBER LAUNCHES A BUSY SEASON WITH A FULL CALENDAR. We honor veterans, gather for Thanksgiving, shop on Black Friday, Small Business Saturday and Cyber Monday, and volunteer on Giving Tuesday. Sofa Sunday isn't officially on the calendar for most of us, yet.

This issue shares some reasons to give thanks. A family Thanksgiving dinner described—with Brennan Family traditions and beloved recipes—in Brandywine Table. Our distinctive towns, like Phoenixville, in Emily Hart's "Catch Some Color," where new spots are open for sharing food and drink. This year's images from "Capturing Chester County Photo Contest" will likely inspire gratitude.


We're also thankful for the preservation of our watersheds by groups like Stroud Water Research Center, showcased in Beverly Payton's "Boots in the Water." And for local heritage turkeys, raised humanely at Malvern's Canter Hill Farm. Add to our list, local art treasures on view at the Delaware Art Museum's upcoming exhibit, "Poetry in Beauty," previewed by curator Margareta Frederick.

And as families gather, it's often time to consider options for our senior members. Is aging-in-place possible? Mary Dolan considers both In-Home Care and Continuing Care Retirement Communities, which she finds may optimize health care, amenities and support. Read "The Continuum of Care" and our Guide to Senior Communities to find out more.

For shopping, we've got a Holiday Gift Guide that should inspire the most persistent procrastinators to find the perfect gifts, as you shop early and shop local.

Giving Tuesday has us recognize the efforts of Christine Natale, of Safe Harbor of Chester County, as our Local Hero for her compassionate care for those down on their luck. Zack Malet shares a different kind of giving—as a volunteer for the New York City Marathon. You, too, can volunteer for the Philly Marathon, November 20 to 22.

We hope you enjoy a month full of great events. And thank you for reading. Happy Thanksgiving!


Jo Anne Durako
Editor

COUNTY LINES MAGAZINE

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MAG/CountyLines/3-15

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Cover photo, “Fall Barnyard,” by Carla Zambelli, 2014 Capturing Chester County Photo Contest Winner.

Welcome to Phoenixville mural, above left by Teresa Haag; photo by Mike Irby.

Worth Knowing

Why Credit Unions Are Growing in Popularity AND HOW THEY'RE DIFFERENT FROM BANKS

David LaSala, Benchmark Federal Credit Union

CREDIT UNION MEMBERSHIP HAS BEEN ON THE rise, with more than 49,000 credit unions operating in 97 countries. In the U.S. there are about 6,500 federally insured credit unions serving 100 million members.

Much of this appeal comes from credit union members being part owners of their financial institutions. And credit unions are governed by a board of owners—not stockholders—so profits go back to the members through higher savings dividends and lower loan rates. As consumers become aware of the benefits, many are gravitating toward the more personalized experience offered by credit unions.

Serving People, Not Profit

The not-for-profit credit union approach to providing financial services is based on a philosophy of “People Helping People.”

The concept dates back to Germany in the mid-1800s when townspeople pooled their savings to provide loans to farmers hurt by a poor growing season. This cooperative approach helped farmers avoid paying high rates being charged by less scrupulous lenders. Today, credit unions continue to offer low-cost financial services that rival those of banks.

The Consumer Advantage

The Consumer Federation of America (CFA) recommends that consumers check into credit unions for good loans and savings rates, noting that compared to credit unions, banks pay lower rates on savings accounts and CDs, but charge higher rates for consumer loans.

“The reason credit unions offer better rates is that they are non-

profit, member-owned, cooperative institutions that work for the benefit of their members,” says CFA Executive Director Steve Brobeck. “Credit unions don’t have to pay dividends to stockholders or directors, and operating expenses are considerably lower than the operating expenses of banks.”

In addition to basic share accounts and personal loans, many credit unions offer share draft services (checking), credit cards, ATM and debit cards, IRAs, account insurance, savings club accounts, student loans, mortgages, auto loans and financial planning services.

While some banks may have more brick and mortar locations, credit unions have formed an extensive network so members can conduct transactions at more than 5000 branches and 2000 self-service kiosks nationwide. And with today’s technology, members can make transactions with their mobile devices from just about anywhere.

Credit Unions: Safe and Sound

Like savings accounts at banks, savings at credit unions are federally insured to at least \$250,000 and backed by the full faith and credit of the federal government. Credit union share accounts are insured by the National Credit Union Share Insurance Fund, administered by the National Credit Union Administration, a federal agency. This fund, separate from but similar to the FDIC, is supported by credit unions, not tax payer dollars. The fund has never had a negative balance and remains extremely healthy with the legal limit being held in reserves.

Credit unions continue to be safe financial service providers that offer consumers alternatives to for-profit financial institutions. Unlike banks, credit unions are limited in their investments to instruments that are issued or guaranteed by the federal government. And for many low-income people who can’t afford the fees and high minimum balances required at some banks, credit unions are the only source for affordable loans and a good return on savings.

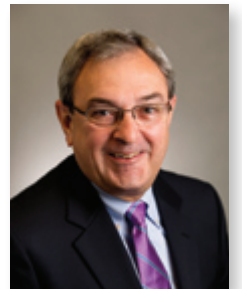
Where Everybody Knows Your Name

Typically, credit unions serve a specific employee group; members of a trade, industry or profession; or those living, working, worshiping or attending school in a specific community. And credit unions rank

high in satisfaction because of their deep community connections and long-term relationships. It’s not unusual for them to serve multiple generations of the same family as members navigate first cars, college, homes and eventually retirement.

And while there’s no doubt that the list of financial services is impressive, when you get right down to it, it’s refreshing to walk into a financial institution these days where everyone knows your name! ♦
Resource: PA Credit Union Association.

David LaSala is President and CEO of Benchmark Federal Credit Union, headquartered in West Chester, with branches in Great Valley and Collegeville. Celebrating its 75th year of service, Benchmark FCU serves Chester County with the goal of supporting and improving the economic wellbeing of its members throughout their lives. 610-429-1600; BenchmarkFCU.org.



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The Great Sleep Recession

POOR SLEEP HAS BECOME A MAJOR HEALTH PROBLEM IN THE U.S.

Dr. Robert Satriale, Brandywine Hospital

IMAGINE SLEEPING FOR 10 HOURS, BUT NEVER FEELING rested, resulting in chronic fatigue, irritability and lack of focus all day.

A good night's sleep is a key indicator of overall health and the best defense for maintaining good health. It keeps the immune system in order, maintains the ability to fight disease, and enables our bodies to function mentally and physically, also helping maintain a healthy weight and positive disposition.

Unfortunately, about 40 million people in the U.S. suffer from chronic long-term sleep disorders and 20 million more have occasional problems. Left untreated, the more than 70 types of sleep disorders can affect your health, safety and quality of life, as well as that of your loved ones.

Sleep Disorders and Therapies. Some common sleep disorders include:

- **Sleep apnea** – pausing of breath or shallow, deep breaths while sleeping, resulting in repetitive snoring, leading to sleep interruptions.
- **Insomnia** – taking more than 30 minutes to get to sleep, sleeping less than six hours a night for more than a month.
- **Restless legs syndrome** – ongoing tickling or twitching sensations, causing the urge to move the legs, usually during sleep.
- **Narcolepsy** – excessive sleep or drowsiness during the day.

If you find it hard to function because of sleep problems, see your doctor. You may find that lifestyle changes or relaxation techniques will help, or you may need further testing using a sleep study.

Sleep studies, done during the day or overnight, monitor things like breathing, heart-beat, eye and body movement, oxygen levels and brain waves to help identify cause of the problem. As sleep centers have advanced, specialists analyze many factors that affect sleeping and can often diagnose the problem. What's more, many sleep disorders can be easily managed once properly diagnosed.

For example, with sleep apnea, continuous positive airway pressure therapy (CPAP, using a mask that blows air through a tube) can help, although it's often abandoned because of discomfort and noise. Surgery may be an option if obstructions or jaw position cause the problem. Non-surgical options, like positioning to prevent back-sleeping, and appliances, such as mouth guards, help those with mild to moderate sleep apnea. For mild cases, lifestyle changes may be sufficient.

Good Sleep Habits. Like many things in life, good sleep begins with good habits. Since sleep requires regular cycles of bright light during the day and darkness at night, make a habit to follow a regular sleep and wake-up schedule all week, including weekends. Good diet and exercise, and a peaceful mind also help.

Good sleep habits conflict with our 21st-century lifestyle, as studies show 95 percent of Americans use electronics before bed. This nighttime artificial light suppresses the sleep-promoting hormone melatonin, enhances alertness and shifts circadian rhythms—making it more difficult to fall asleep. So, expose yourself to bright light in the morning, limit it at night, and leave the TV, emails and phone outside the bedroom. Nicotine, caffeine, alcohol and heavy eating should also be avoided near bedtime.

Cool, dark, quiet, serene environments encourage good sleep. Dress lightly and don't bury yourself in blankets. Use sleep masks, earplugs or white noise to block out distractions.

Many couples lose sleep from their partner's sleep issues. Whether you're a restless sleeper or loud-snorer, if it bothers you, that's a clue. When both people visit a sleep specialist, it's usually so one person is a witness.

Invest In Sleep. A few more few minutes of sleep each day can make a difference in how you function and feel. The National Sleep Foundation found those who say they have very good or excellent health and quality of life slept 18 to 23 minutes longer in the past week than those who don't feel as well.

If you have trouble sleeping, see your doctor. That could be just what you—and your partner—need to get to a better night's sleep and improved quality of life. ♦

Robert Satriale, M.D., D.A.B.S.M., practices at the Chester County Pulmonary & Sleep Specialists in Coatesville and is director of both the Sleep Disorder Center at Exton and SleepCare for Brandywine Hospital. Named a Top Doctor in sleep medicine, he's practiced for more than 20 years and is board-certified in sleep and internal medicine. More at BrandywineHospital.com.







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Good to Know

Just a few things we thought
you'd like to know this month



New Store, Old Soul.

Attention shoppers—a new one-of-a-kind shop has opened in West Chester. Founded by designer Krystal Reinhard, **Old Soul Décor** features treasures best described as “high-end designer to diamonds in the rough.” With ever-changing inventory, the

shop showcases vintage furniture, antiques, artworks, jewelry, accessories, gifts and more! Stop in to see what's new each week. If you're already thinking of that perfect holiday gift, Old Soul Décor will ship nationwide. Stop in at *119 W. Market St.* or visit *OldSoulDecor.com*.



Rams and Turkeys. Everyone loves watching the Macy's Thanksgiving Day Parade while preparing the big turkey dinner. This year, there's a special reason to tune in. **West Chester University's Golden Rams Marching Band** will be part of the big parade—one of only 10 selected from hundreds of applicants nationwide. So put on your WCU purple and gold, and cheer on our Golden Rams! *Social.Macys.com/Parade*.

Most Wanted. Calling all book lovers! Ever wanted to be in a novel? Bid at the **French and Pickering Creeks Conservation Trust** annual auction fundraiser and you may be a character in bestselling author Lisa Scottoline's upcoming novel *Most Wanted*. Be immortalized and help preserve our watersheds. For tickets to the event—November 7 at Stonewall Links, Elverson—and more about the work of the trust, visit *FrenchAndPickering.org*.



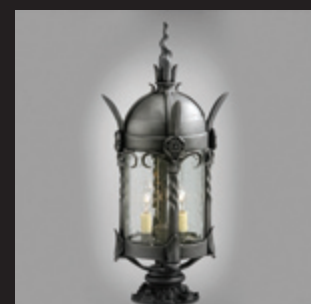
PAINTING BY DEBBIE KUHN

The Birth of Thanksgiving. We know Thanksgiving is the fourth Thursday of November. And while we look forward to this long weekend and family gatherings, Thanksgiving didn't always fall on the same day each year or the same day in each state—states chose which day to celebrate. It wasn't until Sarah Josepha Hale—author of *Mary Had a Little Lamb*—petitioned for a uniform Thanksgiving date that Abraham Lincoln took notice and issued the Proclamation of Thanksgiving in 1863. So all hail Hale as we celebrate Black Friday, Small Business Saturday and Cyber Monday.



Wurlitzers in Winter.

Mark your calendar for a unique musical experience. **The Theatre Organ Society of the Delaware Valley** will present their annual Holiday Concert with a theatre organ program at The Colonial in Phoenixville on December 6. Their Wurlitzer theatre pipe—a 3/24 Wurli—has over 1,600 pipes and can create sound effects like drums and cymbals—a very different beast from a common church or concert hall organ! *TOSDV.org*.



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Left to right: Works by Kathy Robinson, Carole Fox, Pamela M. Levin, Nivell Jewelry, and Kristen Margiotta.

Celebrate the holiday season at the Museum! Browse handmade items by diverse local artisans, tour festive works in the collection, enjoy holiday music, and more. Cash bar and snacks available. *Free for Members, \$5 Non-Members.*

of Special Note



The Philadelphia Museum of Art Presents "Inside Out" Through November 15

The Philadelphia Museum of Art has sent out 60 high-quality replicas of masterpieces from its collection to local communities to be installed indoors and out. Head to Wayne and West Chester to see ten art works scattered around the towns. *Maps are on several websites including: PhilaMuseum.org/Exhibitions/823.html; WayneArt.org and DowntownWestChester.com.*

Billy Elliot: The Musical at Media Theatre November 18–January 3

Based on the hit film and featuring a score by the legendary Elton John, this is the story of a boy's passion for ballet rather than the boxing ring. With powerful choreography, the musical provides inspiration through its universal message of courage and determination. A Philadelphia professional premiere at *The Media Theatre, 104 E. State St., Media. Check for show times. \$25–\$42. 610-891-0100; MediaTheatre.org.*



WCU Live! Original Soul Sounds of Philly November 14

Uptown Entertainment Alliance and LAR Enterprises present an evening of Motown with Russell Thompkins, Jr. and the New Stylistics with William Hart and the Delfonics. *West Chester University, Emilie K. Asplundh Concert Hall, Philips Memorial Bldg., West Chester. 7:30 p.m. \$40–\$55. 610-436-2266; WCUPa.TicketLeap.com.*



"I Paint My Life"—A Special Evening With Victoria Browning Wyeth November 21



The Chadds Ford Historical Society presents a special lecture by Andrew Wyeth's granddaughter and renowned art curator, Victoria Wyeth, that gives an intimate look into his paintings and the local inspirations that shaped his art. She will also reveal four slides of never-before-seen paintings by Wyeth and share a DVD interview that was the last interview he ever did in August 2008. *Westtown School, 975 Westtown Rd., West Chester. Preview party, 6 to 7:30 p.m., \$50. Lecture, 7:30 to 8:30 p.m., \$30. 610-388-7376; ChaddsFordHistory.org.*

The Kennel Club of Philadelphia Dog Show November 14–15



Top breed dogs from around the country contend for Best In Show. Sanctioned by The American Kennel Club, the show helps raise money for a variety of canine-related causes. Broadcast Thanksgiving Day. *Greater Phila. Expo Center, 100 Station Ave., Oaks. Sat., 8 a.m. to 6 p.m.; Sun., 8:30 a.m. to 5 p.m. \$7–\$14. 610-397-0100; NDS.NationalDogShow.com.*

Top breed dogs from around the country contend for Best In Show. Sanctioned by The American Kennel Club, the show helps raise money for a variety of canine-related causes. Broadcast Thanksgiving Day. *Greater Phila. Expo Center, 100 Station Ave., Oaks. Sat., 8 a.m. to 6 p.m.; Sun., 8:30 a.m. to 5 p.m. \$7–\$14. 610-397-0100; NDS.NationalDogShow.com.*

best Local Events

FAMILY FUN

ONGOING

Wednesday Storytime at Chester County Book Company. Stories and activities for children ages 3–6 accompanied by an adult. 967 Paoli Pk., West Chester. 10:30 to 11. Free. 610-696-1661; ChesterCountyBooks.com.

NOVEMBER 5, 12, DECEMBER 3

Read-Aloud Tours at Brandywine River Museum of Art. Hear a story, interact with art and make a creative work to take home. *Nov. 5, Shadow* by Marcia Brown; *Nov. 12, The Day the Crayons Quit* by Drew Daywalt; *Dec. 3, The Polar Express* Pajama Night, children are invited to wear their pajamas and enjoy hot chocolate and cookies, 7 to 8 pm. Rt. 1, Chadds Ford. 10:30 am. Reg. requested. \$5 per child. 610-388-8382; BrandywineMuseum.org.

WEEKENDS THROUGH NOVEMBER

Family Fun Fest at Paradox Vineyard. Bring the whole family for an afternoon of barnyard games, corn maze and wine. 1833 Flint Hill Rd., Landenberg. 1 to 6 pm. 610-255-5684; Paradox.com.

SUNDAYS THROUGH NOVEMBER

Tech It Out! at Chester Springs Library. Practical and fun technology projects at the library. *Nov. 1, 8, 22, 29*, LEGO Robotics helps students develop skills in design, programming and problem solving. *Nov. 15*, Geocaching Challenge, focusing on GPS and maps. 1685-A Art School Rd., Chester Springs. 2 to 4 pm. Reg. required at ChesterSpringsLibrary.org.

THROUGH DECEMBER

The Wharton Esherick Museum. Special children's tours every Saturday. 1520 Horseshoe Trail, Malvern. Tours by reservation, 11 am. Adm. \$6–\$12. 610-644-5822; WhartonEsherickMuseum.org.

THROUGH JANUARY 10

Delaware Museum of Natural History Presents "Tiny Titans: Dinosaur Eggs and Babies." Remarkable hands-on exhibit featuring authentic dinosaur eggs and nests collected from all over the world. 4840 Kennett Pk., Wilmington. Mon–Sat, 9:30 to 4:30; Sun, noon to 4:30. \$7–\$9. 302-658-9111; DelMNH.org.

NOVEMBER 21–DECEMBER 20

Delaware Children's Theatre Presents *Mary Poppins*. Young and old will delight in a visit with the irresistible Mary Poppins. This show includes all your favorite Disney songs. A treat for all! See website for times. 1014 Delaware Ave., Wilmington. \$16. 302-655-1014; DEChildrensTheatre.org.

NOVEMBER 27

Holiday Light Parade and Tree Lighting in Historic Kennett Square. Start the season with this festive parade on State St. in Kennett Square. 6 pm. 610-444-8188; HistoricKennettSquare.com.

DECEMBER 3–6

MARS Drinks Old-Fashioned Christmas in West Chester Presented by QVC. *Dec. 3, 5, 6*, Gilbert & Sullivan Society performs *Trial By Jury* at the Courthouse; *Dec. 4*, Jingle Elf 5K Run, 6:30 pm; tree lighting at 7; parade at 7:15. Soup & Sandwich Parlor at the Knights of Columbus, 5:45 to 9. *Dec. 5*, Breakfast with Santa at The Chester County Historical Society, 8:30 am, \$14. For a schedule of weekend events, GreaterWestChester.com.

DECEMBER 4–5

Malvern's Victorian Christmas. Events begin in Burke Park for the lighting of the town tree. Then stroll King Street, stop at vendors and visit shops offering complimentary refreshments. Musical performances, children's shows, carriage rides, Santa and Mrs. Claus, and more through Sat. Fri, 6 to 9; Sat, 11 to 3. 610-296-9096; MalvernsVictorianChristmas.org.



DECEMBER 4–5

Old-Fashioned Christmas in Wayne. On Fri, from 5:30, enjoy strolling carolers on N. Wayne Ave., horsedrawn carriage rides on S. Wayne Ave. and, at 7:30, the Christmas Tree Lighting at Wayne Train Station. Parade on Sat. begins at 10 am, travelling along Lancaster Ave. to the Wayne Hotel

where snacks, marching bands and Santa will greet you. WayneChristmas.com.



DECEMBER 5

Woodland Winter Wonderland & Country Gardeners Greens Sale at Tyler Arboretum. Celebrate winter at Tyler with a Reindeer Scavenger Hunt, craftmaking, hayrides and have a family photo taken in an antique sleigh. 515 Painter Rd., Media. 9:30 to 1:30. \$7–\$11 (greens sale, free). 610-566-9134; TylerArboretum.org.

DECEMBER 5

Coatesville Christmas Parade. Lively with bands, floats, antique cars, cartoon characters and entertainment. Strode Ave. to 11th St., Coatesville. 10 am. CoatesvilleChristmasParade.com.

DECEMBER 9

Children's Christmas Party at Brandywine River Museum of Art. holiday event for the entire family, with Santa and Mrs. Claus, magicians, costumed characters, cookies, music, face painting, trains and more. Rt. 1 Chadds Ford. 6 to 8 pm. \$5–\$15. 610-388-2700; BrandywineMuseum.org.

DECEMBER 12

Jingle Fest. A fundraiser that invites family, friends and dogs out to visit with Santa and more. Shopping, dining and activities included. Benefits local families battling cancer. Greater Phila. Expo Center, 1601 Egypt Rd., Oaks. 10 to 3. Free. 484-228-8358; HorsePowerForLife.org.

DECEMBER 12

A Sugartown Christmas. Learn about Victorian Christmas traditions as you explore the historic village. Kids get to decorate cookies and gingerbread houses, make Victorian-style ornaments and enjoy holiday treats. 690 Sugartown Rd., Malvern. 11 to 4. \$4–\$6. 610-640-2667; HistoricSugartown.org.

HOLIDAY HAPPENINGS.....

NOVEMBER 6

Shopping Spree at Christian C. Sanderson Museum. Artists and craftspeople will be showcasing and selling their work at the museum, perfect for gift-giving time. Wine and refreshments will be offered. 1755 Creek Rd., Chadds Ford. 5 to 8 pm. Free. 610-388-6545; SandersonMuseum.org.

NOVEMBER 13–DECEMBER 31

Historic Odessa Foundation Presents "Alice's Adventures in Wonderland." The National Historic Landmark Corbit-Sharp House is transformed into a special holiday exhibit adapted from Lewis Carroll's famous book. Candlelight Tours and the Storybook Trees Exhibit. 201 Main St., Odessa, DE. Tues–Sat, 10 to 4:30; Sun, 1 to 4:30. \$8–\$10. 302-378-4119; HistoricOdessa.com.



NOVEMBER 20–22

Delaware Hospice Festival of Trees. A family event that welcomes the holiday season by showcasing beautiful trees and wreaths decorated by local artisans. A variety of events and activities make the weekend a holiday treat. Cokesbury Village, 726 Loveville Rd, Hockessin, DE. 10 to 4. \$4–\$6, children free. 800-838-9800; DelawareHospice.org.



NOVEMBER 21–JANUARY 3

Yuletide at Winterthur. Experience the traditions of the past and entertaining displays in this wintertime tour. Visit the Staff Sitting Room where staff were able to relax and entertain. 5105 Kennett Pk., (Rt. 52), Winterthur, DE. Tues–Sun, 10 to 5. \$5–\$20. 800-448-3883; Winterthur.org.

NOVEMBER 27–DECEMBER 31

Holidays at Hagley Museum. Bring the family to explore Hagley's holiday traditions. Sample 19th-century holiday dishes like roast duck, play parlor games and make Victorian Christmas ornaments. Kids and adults alike

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NOVEMBER 27-JANUARY 3

A Brandywine Christmas. Brandywine River Museum of Art is transformed into a Christmas wonderland with Christmas trees and displays, lights, holiday shopping events, music, the popular O-gauge model train display and more. Rt. 1, Chadds Ford. Daily 9:30 to 4:30 (closed Christmas Day). \$6-\$15. 610-388-2700; BrandywineMuseum.org.

DECEMBER 4

Historic Yellow Springs Holiday Stroll. Lots of activities including an art and ceramic art exhibition and sale, story time in the library, refreshments and Santa. Art School Rd., Chester Springs. 6 to 8 pm. Free. 610-827-7414; YellowSprings.org.

DECEMBER 4-6

Hay Creek Historical Assoc. Christmas at Joanna Furnace. Enjoy an evening in the parlors of Colonial and Victorian families as they celebrate Christmas. Horse-drawn carriage rides, Christmas Market, a bonfire, live nativity and walking tours. Rt. 10, 3 mi. N. of Morgantown. Fri & Sun, 5 to 9 pm; Sat, 3 to 9. \$7; 12 and under, free. 610-286-0388; HayCreek.org.

DECEMBER 5

Chadds Ford Historical Society's Candlelight Christmas Holiday House Tour. This self-guided tour includes beautiful homes and historic sites in Chadds Ford and Pennsbury townships. 1 to 6. \$20 advance; \$25 day of tour at the Chadds Ford Historical Society, 1736 N. Creek Rd., Chadds Ford. 610-388-7376; ChaddsFordHistory.org.

DECEMBER 5

Christmas in Marshallton. Get into the holiday spirit—visit this quaint village and enjoy breakfast with Santa, cookie sale, art show and estate sale, caroling, lunch, tours of the Blacksmith Shop and tree lighting and carols at Martin's Tavern at 4. 1282 W. Strasburg Rd., West Chester. The fun starts with breakfast at 8 am. 610-696-5247; MarshalltonChurch.org.

DECEMBER 5

Newtown Historic Association Holiday House Tour. Five private residences on the tour, all dressed for the holidays. Also included is entry into the Half-Moon Inn for music, refreshments and demonstrations. 10 to 4. \$30. For directions and tickets visit NewtownHistoric.org.

DECEMBER 5

West Chester Public Library's Holiday Home Tour. The Library presents a walking

tour of ten homes in the northeastern section of the borough, beautifully decorated for the holidays. 10 to 3. Tickets at the Library, 415 N. Church St. or online. \$30-\$40. 610-696-1721; WCPublicLibrary.org.

DECEMBER 5

Colonial PA Plantation's Christmas on the Farm. Get into the holiday spirit and visit the Plantation on its closing day for the year and enjoy the decorations, tea tasting, wassailing, textile, woodworking and long rifle demos. Ridley Creek State Park, Media. 11 to 4. \$8-\$10. 610-566-1725; ColonialPlantation.org.

DECEMBER 5

6th Annual Strasburg Holiday Tour of Homes. Visit decorated homes in Historic Strasburg. Stroll down Main Street and enjoy the shops, a craft market and light fare, purchase fresh greens and bid on silent auction items. 10 to 4. \$20. StrasPres.org.

DECEMBER 5-6

Brandywine River Museum of Art Annual Critter Sale. Handcrafted, environmentally friendly ornaments always make distinctive gifts and benefit the Museum Volunteers' Fund for Art Education Programming. Rt. 1, Chadds Ford. 9:30 to 4:30. \$6-\$15. 610-388-2700; BrandywineMuseum.org.



DECEMBER 6, 13, 20, 27

Horse-Drawn Carriage Rides in Kennett Square. Ride through town, from the corner of State & Union Sts. \$5. Noon to 3. 610-444-8188; HistoricKennettSquare.com.

DECEMBER 11-12

Winter Arts Festival at Delaware Art Museum. Celebrate the holiday season at the museum as you browse handmade items by diverse local artisans, tour festive works in the collection, enjoy holiday music and more. Cash bar and snacks available. 2301 Kentmere Pkwy., Wilmington. Fri, 5 to 8; Sat, 10 to 4. \$5. 302-571-9590. DelArt.org.

DECEMBER 12

The Spirit of Christmas in New Castle, DE. A full day of concerts, house tours, reenactments, crafts, shopping, refreshments and sharing the Christmas Spirit. Brochures at New Castle Presb. Church, 25 E. Second St., New Castle, DE. 9:30 to 5:30. Free. 302-328-3279; NewCastlePresChurch.org.

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ANTIQUES SHOWS & AUCTIONS.....

NOVEMBER 5-8

52nd Annual Delaware Antiques Show. The finest offerings from more than 60 distinguished dealers in art, antiques and design. Special loan exhibition: Museum of the American Revolution. Chase Center on the Riverfront, 800 S. Madison St., Wilmington. Thurs, Opening Night Party, 5 to 9, \$125-\$225. Show: Fri, 11 to 7; Sat, 11 to 6; Sun, 11 to 5. \$15. 800-448-3883; Winterthur.org.

NOVEMBER 6-12

Auction at The Demuth Museum. Nov. 6,

preview of auction items, 5 to 8 pm at the Museum, 116 E. King St. **Nov. 12**, original works by renowned artists are up for bidding at this Museum fundraiser held at The Elks, 219 N. Duke St., Lancaster. Preview at 5:30, auction at 6:30. \$15. 717-299-9940; Demuth.org.

NOVEMBER 14-15

The 2015 Annual Bucks Co. Antiques Dealers Association Show. High quality show with 30 exhibitors. Eagle Fire Hall, Rt. 202 & Sугan Rd., New Hope. Appraisers on hand Sun only, 12 to 3, \$10 per item. Show hours:

Sat, 10 to 5; Sun, 11 to 4. \$6. 215-290-3140; BCADAPA.org.

NOVEMBER 21-22

Antiques at Kimberton Show & Sale. Long-running quality show featuring over 65 dealers from several states. Kimberton Fire Company, 2276 Kimberton Rd., Kimberton. Sat, 9 to 5; Sun, 11 to 4. \$7. 717-431-7322; AntiquesAtKimberton.VPWeb.com.

ART & CRAFT SHOWS.....

THROUGH NOVEMBER 4

Main Line Art Center Unveils: "Panorama: Image-Based Art in the 21st Century." A celebration of the photographic image and its role in contemporary art. 746 Panmure Rd., Haverford. For information, MainLineArt.org.

NOVEMBER 6-8

Sugarloaf Crafts Festival. More than 300 fine artisans participate in this juried show. Live music, children's entertainment and great food. Greater Phila. Expo Center, 100 Station Ave., Oaks. Fri-Sat, 10 to 6; Sun, 10 to 5. \$8-\$10. 800-210-9900; SugarloafCrafts.com.

NOVEMBER 7-JANUARY 31

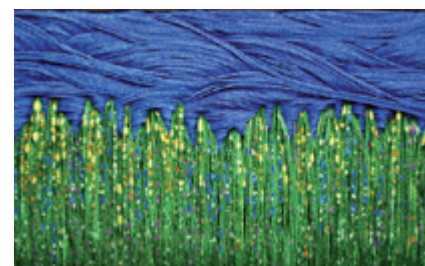
Bryn Mawr Rehab Hospital Art Ability Exhibit & Sale. Artists from around the world with physical, cognitive, visual and hearing disabilities submit their work to this juried exhibition and sale. 414 Paoli Pk., Malvern. 484-596-5710; MainLineHealth.org/ArtAbility.

NOVEMBER 8

Villas at Five Ponds 9th Annual Holiday Craft & Gift Showcase. Over 30 vendors offer a wide variety of items for everyone on your list. Raffles and refreshments available. The Villas at Five Ponds Community Clubhouse, 301 Clubhouse La., Warminster. 10:30 to 3. Free. 215-443-8090; TheVillasAtFivePonds.org.

NOVEMBER 11-15

Phila. Museum of Art Contemporary Craft Show. A premier show and sale of contemporary crafts, includes 195 of the finest craft artists in the country. PA Convention Center, 1101 Arch St., Phila. Preview party Wed, 4 to 9 pm, tickets start at \$125. Thurs, 11 to 9; Fri, 11 to 7; Sat, 10 to 6; Sun, 10 to 5. \$5-\$20. 215-684-7930; PMACraftShow.org.



NOVEMBER 12-22

Main Line Art Center Presents Handcrafted Holidays: Pop-Up Shop. Local artisans offer gifts, jewelry, cards, prints and more. **Nov. 12**, Opening reception, 5:30. **Nov. 18**, Bubbles & Brews Shopping Event with signature cocktails and craft beers, 5:30. 746 Panmure Rd., Haverford. Mon-Fri, 10 to 6:30; Sat, 10 to 5; Sun, noon to 5. 610-525-0272; Main-LineArt.org.



NOVEMBER 13-15

Chester Springs Studio Fine Arts & Craft Show. A showcase for regional artists who offer a beautiful selection of works just in time for holiday shopping. Chester Springs Studio, Lincoln Bldg. Galleries, Historic Yellow Springs. Daily 10 to 5. 610-827-7414; YellowSprings.org.

NOVEMBER 21

Main Line Quilters 2015 Quilt Show & Holiday Boutique. Quilts made by members will be on display and quilt appraisals available by appointment. Browse through boutique items, crafts, the bake sale table and join in the raffle. Main Line Unitarian Church, 816 S. Valley Forge Rd., Devon. 10 to 4. \$5. 602-228-1364; MainLineQuilters.org.

NOVEMBER 27-DECEMBER 20 WEEKENDS

Brandywine River Museum of Art Holiday Shops. Regional artisans showcase their crafts in the museum's courtyard. Rt. 1, Chadds Ford. 9:30 to 4:30. \$6-\$15. 610-388-2700; BrandywineMuseum.org.

DECEMBER 3-12

Community Arts Center's Holiday Sale. Featuring hand made work by members of the Potters Guild with over 20 vendors. Refreshments served. Preview party Friday, December 5th. \$5; free for CAC benefactors. 414 Plush Mill Rd., Wallingford. 610-566-1713; CommunityArtsCenter.org.

DECEMBER 4-JANUARY 30

2015 Craft Forms & Craft + Technology. **Craft Forms:** A juried, international exhibition of fine contemporary craft with over 100 works by 100 craft artists. **Emergence: Craft + Technology:** Over 30 professional craft artists whose work exemplifies the intertwining of advanced digital processes with traditional handmade craft. **Dec. 4,**

Opening Gala, 6 to 10, tickets start at \$75. Wayne Art Center, 413 Maplewood Ave., Wayne. Mon-Fri, 10 to 5; Sat, 10 to 4. 610-688-3553; WayneArt.org.

DANCE.....

NOVEMBER 6-7

Up Front with FSBT (First State Ballet Theatre). Classical and contemporary highlights, followed by a private reception with FSBT's dancers, staff and board. Grand Studio One, 818 N. Market St., Wilmington. 7. \$25-\$35. 1-800-37-GRAND; FirstStateBallet.com.

NOVEMBER 21

Ballet 180 Presents "Giving Thanks." A mixed repertory show featuring new work by local



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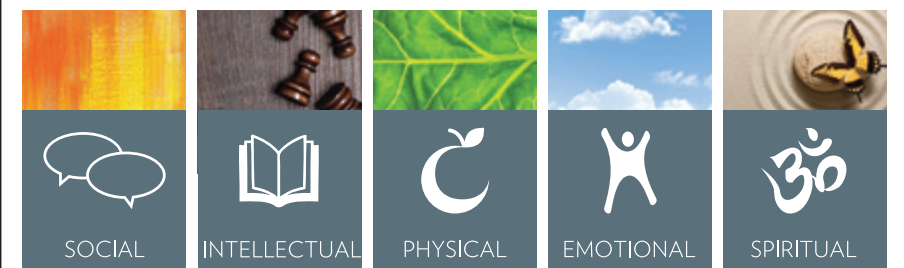


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choreographers, reflecting on the theme of Thanksgiving. Rosemont College, McShain Performing Arts Center, 1400 Montgomery Ave., Rosemont. 3 pm. \$15–\$30. 484-639-9571; Ballet180.org.

EQUESTRIAN.....

NOVEMBER 1
81st Running of the Pennsylvania Hunt Cup. Join the excitement in the country with timber racing, food and shopping. North of Rt. 926 and Newark Rd., Unionville. Gates open at 11 am, Pony Hunt Cup at noon, Carriage Parade at 1, Hunt Cup at 3. \$50 per car. Benefits the Chester County Food Bank, Work to Ride and Upland Country Day School. 484-888-6619; PaHuntCup.org.

FUNDRAISERS.....

NOVEMBER 5
7th Annual Notable Kitchen Tour & Chef Showcase. See Food News.

NOVEMBER 7
A Night at the Races Fundraiser for West Chester Area Senior Center. Fundraiser that includes food, bar and auction. 530 E. Union St., West Chester. 6:30. \$60. 610-431-4242; WCSeniors.org.

NOVEMBER 7
The Sixties! The Age of Aquarius in Chester County. The Chester County Historical Society welcomes all to their new exhibition with a fundraiser featuring great food and beverages, live music and vintage fashion show. 225 N. High St., West Chester. 6:30 to 10:30. \$90. 610-692-4800; ChesterCoHistorical.org.

NOVEMBER 11
Kennett Symphony League Fashion Show. A day filled with chic fashions, silent auction, gift baskets and a delicious luncheon. Benefits the Symphony's Family Concerts. Mendenhall Inn, 323 Kennett Pk., Rt. 52, Mendenhall. 10:30 to 2. \$50. 610-388-2100; KennettSymphony.org.

NOVEMBER 12
Safe Harbor's 20th Anniversary Taste of Chester County Appreciation Event. See article in this issue.

NOVEMBER 12
Malvern Prep 6th Annual "Shop & Sip." Malvern Moms, as well as other local vendors, will be selling their "specialty" items, including clothes, jewelry, accessories and more. Bring a friend, or come alone and make new friends while shopping and enjoying a glass of wine or beer and some delectable appetizers. 418 S.

Warren Ave., Malvern. 6:30 to 10. \$10. 484-595-1100; MalvernPrep.org.

NOVEMBER 19
Stroud Water Research Center's 12th Annual Gala, The Water's Edge. Cocktails, a delicious dinner and the recipient of the Stroud Award for Freshwater Excellence, Alexandra Cousteau, highlight the evening's festivities. Proceeds support freshwater research, restoration and education. Longwood Gardens, 1001 Longwood Rd., Kennett Square. 6 to 9. Tickets start, \$185. 610-268-2153; StroudCenter.org.



NOVEMBER 21
Paoli Hospital's Annual Holiday Party "Mistletoe & Magic." The Paoli Hospital Auxiliary invites you to come home for the holidays for

a fun evening of laughter, good food, cocktails and a silent auction. Aronomink Golf Club, 3600 St. Davids Rd., Newtown Square. 6:30 pm. Tickets start at \$175. 484-565-1335; Paoli-Auxiliary.org.

DECEMBER 5
West Chester Charity Ball. Dinner, dancing and auction. Benefits The Friends Association for Care and Protection of Children, Emergency Family Shelter for homeless and the Homeless Prevention Program. West Chester Golf and Country Club, 111 W. Ashbridge St., West Chester. Cocktail chic or black tie. 6:30. \$175. 610-431-3598; FriendsAssoc.org.

MUSEUMS.....

THROUGH NOVEMBER
Christian C. Sanderson Museum. World War I exhibit depicting American life during that time portrayed by impressionists from "Historical Military Impressions." 1755 Creek Rd., Chadds Ford. Thurs–Sat, noon to 4 or by appt. \$5. 610-388-6545; Sanderson-Museum.org.

THROUGH JANUARY 3, 2016
Winterthur Museum, Garden & Library Exhibits. "A Colorful Folk: Pennsylvania Germans & the Art of Everyday Life," and

"Tiffany Glass: Painting with Color & Light," some of Tiffany's most iconic works. 5105 Kennett Pk. (Rt. 52), Winterthur, DE. Tues–Sun, 10 to 5. \$5–\$20. 800-448-3883; Winterthur.org.

THROUGH JANUARY 10
The Delaware Art Museum. *Through Jan. 3,* "Reconstructed Elements: Richard H. Bailey, Helen Mason, Stan Smokler," regional contemporary sculptors. *Through Jan. 10,* "Helen Farr Sloan, 1911-2005," painter, printmaker, and art instructor. 2301 Kentmere Pkwy., Wilmington. Wed, 10 to 4; Thurs, 10 to 8, free after 4 pm; Fri–Sun, 10 to 4; \$6–\$12. Free on Sun. 302-571-9590; DelArt.org.

THROUGH JANUARY 31
Brandywine River Museum of Art Exhibits & Events. *Through Nov. 15,* "Things Beyond Resemblance: James Welling Photographs." *Through Jan. 31,* "Natural Selections: Andrew Wyeth Plant Studies." Rt. 1, Chadds Ford. Daily 9:30 to 4:30. \$6–\$15, free Sun mornings. 610-388-2700; BrandywineMuseum.org.

MUSIC, ENTERTAINMENT.....
NOVEMBER 9–DECEMBER 2
Performances at The Grand. Nov. 9–10 guitarist Joe Bonamassa; Nov. 14, comedian Tom

Papa; Nov. 18, rock musician Steve Hackett; Nov. 19, An Evening of Great Stand-Up Comedy; Nov. 19, Arlo Guthrie with The Alice's Restaurant 50th Anniversary Tour; Nov. 21, Classic Albums Live: *The Wall*; Nov. 22, folk trio De Temps Antan; Nov. 27, George Winston; Nov. 28, The World Famous Glenn Miller Orchestra; Nov. 28, *Clifford the Big Red Dog*, a musical; Dec. 1, superstars Itzhak Perlman, Evgeny Kissin and Mischa Maisky; Dec. 2, a cappella group Straight No Chaser. 818 N. Market St., Wilmington. Check website for times and tickets. 800-37-GRAND; TheGrandWilmington.org.

NOVEMBER 6, DECEMBER 5
WCU Live! Nov. 6, An Evening with Dan Rather, Emilie K. Asplundh Concert Hall, Philips Memorial Bldg., West Chester. 8 pm. \$20–\$25. Dec. 5, Story Pirates, the cast creates a show before your eyes based on audience suggestions, Madeleine Wing Adler Theatre, West Chester. 2 pm. \$5–\$8. 610-436-2266; WCUPA.TicketLeap.com.

NOVEMBER 7, DECEMBER 6
Immaculata Symphony Orchestra Concerts. Nov. 7, the Fall Concert opens the season with Brahms' *Tragic Overture*, pianist Janet Ahlquist performs, 7:30 pm. Dec. 6, the Christmas Concert features the Immaculata University

Celebrate the Season!

PHOTOS: ED ADAMS PHOTOS: ANDREW HAYES

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Spirit of Christmas & "A Dickens Experience"

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**Saturday, December 12, 2015
9AM to 5PM**

Rain or Shine ~ Admission: FREE to the public
Pick up your brochure at the church — it's your ticket to enter the homes.

Events will be held at the New Castle Presbyterian Church, 25 E. Second Street, The Arsenal, 30 Market Street, and other locations throughout the city.

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Downtown West Chester, PA

**Friday, December 4, 2015
7:15pm**

Experience West Chester's biggest event of the year with an evening of family fun and excitement!

GREATERWESTCHESTER.COM

Chorale and a variety of holiday favorites, 3 pm. 1145 King Rd., Immaculata. \$8–\$15. 610-316-1731; ImmaculataSymphony.org.

NOVEMBER 8

Chester County Concert Band Fall Concert. “Music of the Theater: Stage and Film” includes show tunes, popular music and marches. J. R. Fugett Middle School, Paoli Pk. & Ellis La., West Chester. 2:30 pm. \$7–\$10. 484-639-9118; CCCBand.org.

NOVEMBER 11, 19

Uptown! Entertainment in West Chester Presents ... Nov. 11, dance the night away to Salsa sounds at Side Bar & Restaurant, 10 E. Gay St., 8 to 11, \$10. **Nov. 19,** Jazz Cocktail Hour with vocalist Paula Johns at the Ballroom at the Westside, 430 Hannum Ave. 6 pm for cocktails and small bites, concert at 6:30, \$20. 484-639-9004; UptownWestChester.org.

NOVEMBER 13, 19

Vox Ama Deus Baroque Chamber Orchestra, Camerata Ama Deus. A perennial favorite, Antonio Vivaldi’s “Joie de Vivre” brings joy to audience and performer alike. **Nov. 13,** Chestnut Hill United Church, 8812 Germantown Ave., Phila., 8 pm. **Nov. 15,** Thomas Great Hall, Bryn Mawr College, 256 N. Merion Ave., Bryn Mawr, 4 pm. \$10–\$25. 610-688-2800; VoxAmaDeus.org.

NOVEMBER 21

Jazz By Night in Media. Media is the backdrop for a diverse variety of acts performing genuine jazz—from Traditional and Classic to BeBop and Hard Swing and Avant-Garde to NuJazz. State St. 6 pm to 1 am. \$15. 610-566-5039; StateStreetBlues.com.

NOVEMBER 21

Trinity Spotlight Series Concert. Singer/songwriters Ken Yates and Brian Dunne perform acoustic music. Trinity Presbyterian Church, 640 Berwyn Ave., Berwyn. 7 pm. Free-will offering. 610-644-0932; Berwyn-Trinity5k.org.

NOVEMBER 20

Community Arts Center Friday Night Live Concert. Phyllis Chapell performs World Jazz and visual artist, Jewel Mondros. Doors open at 7, concert, 7:30, \$15. 414 Plush Mill Rd., Wallingford. 610-566-1713; CommunityArts-Center.org.

DECEMBER 4, 5

West Chester Studio for the Performing Arts. **Dec. 4,** Old-Fashioned Christmas Concert, grades 2–4 and 5–12, Chester County Historical Society, 225 N. High St., West Chester, 5 pm. **Dec. 5,** Christmas Concert at The Solana Willistown, 1713 West Chester Pk., West Chester, grades 2–4

and 5–12, 1:30 pm. To participate, contact WestChesterStudio.com.

DECEMBER 5

Vox Ama Deus. Handel’s Messiah. Dec. 4, St. Paul’s Episcopal Church, 22 E. Chestnut Hill Ave., Chestnut Hill, 7 pm. **Dec. 6,** Daylesford Abbey, 220 S. Valley Rd., Paoli. 4 pm. **Dec. 20,** St. Katharine of Siena Church, Lancaster & Aberdeen Aves., Wayne, 4 pm. **Renaissance Noël,** Renaissance Christmas music of Old Europe: **Dec. 11,** St. Paul’s Episcopal Church, 22 E. Chestnut Hill Ave., Chestnut Hill, 8 pm. **Dec. 13,** Thomas Great Hall, Bryn Mawr College, 256 N. Merion Ave., Bryn Mawr, 4 pm. \$10–\$25. 610-688-2800; VoxAmaDeus.org.

DECEMBER 5

Kennett Symphony Orchestra Presents “Pops Goes the Holiday.” The Kennett Symphony Children’s Chorus and First State Ballet Theatre are featured in this program of holiday favorites. Unionville High School, 750 Unionville Rd., Kennett Square. 7:30 pm. \$30–\$53. 610-444-6363; KennettSymphony.org.

OUTDOOR ACTIVITIES.....

NOVEMBER 7

Trinity Berwyn 5K Run/Walk and Pancake Breakfast. Family-friendly run/walk begins at 9 am at the church parking lot, 640 Berwyn Ave., Berwyn, then a pancake breakfast. \$25–\$30. Benefits the church’s outreach efforts. 610-644-0932; BerwynTrinity5k.org.

NOVEMBER 14

Home of the Sparrow’s Superhero Sprint 5K. Join the fun in a run/walk filled with lots of heroes, music and giveaways for children in need. Chester County Old Courthouse, 2 N. High St., West Chester. Reg. 8 am, run/walk at 9. \$15–\$30. 610-647-4940; Home-OfTheSparrow.org.

NOVEMBER 20–22

Philadelphia Marathon & Half Marathon. Runners can expect beautiful views through Fairmount Park and along the Schuylkill River. Fri-Sat, Health and Fitness Expo and Kids Fun Run. Race begins at 7 am on Sun, 22nd St. & Ben Franklin Pkwy., Phila. \$150; half marathon, \$130. Philadelphia-Marathon.com.

DECEMBER 6

Brian’s Run. This community event began as a fundraiser for Brian Bratcher, a 15-year-old football player who sustained a spinal cord injury on the field. Races start at Henderson High School, 400 Montgomery Ave., West Chester. Kid’s race, 12:40 pm, \$5. 5-Mile, 1 pm, \$25–\$30. Sign up at BriansRun.org.

Local Farm Markets

Anselma Farmers Mkt., Mill at Anselma, 1730 Conestoga Rd., Chester Springs. **Wed, 3 to 7.** AnselmaMill.org.

Collegeville Farmers Mkt., 217 E. Main St. **Sat, 9 to 1.** 610-454-1050; Collegeville-FarmersMarket.org.

Downingtown Farmers Mkt., Dane Decor Warehouse Parking Lot, 216 Washington Ave. **Sat, 9 to 1.** 610-836-1391; GrowingRoots-Partners.com.

* Eagleview Farmers Mkt., Town Ctr., Wellington Sq. **Thurs, 3 to 7.** 610-836-1391; GrowingRootsPartners.com.

* East Goshen Farmers Mkt., E. Goshen Park, 1580 Paoli Pk. **Thurs, 3 to 7.** EastGoshen-FarmersMarket.org.

* Kennett Square Farmers Mkt., E. State St., between Broad and Union Sts. **Fri, 2 to 6.** 610-444-8188; HistoricKennettSquare.com.

* Lancaster County Farmers Mkt., 389 W Lancaster Ave., Wayne. **Wed & Fri, 8 to 6; Sat, 8 to 4.** 610-688-9856; LancasterCounty-FarmersMarket.com.

* Malvern Farmers Mkt., Burke Park, Roberts Rd. & S. Warren Ave. **Sat, 9 to 1.** 610-836-1391; GrowingRootsPartners.com.

Media Farmers Mkt., State St. b/w Monroe & Gayley. **Thurs, 3 to 7.** 610-566-5039; MediaFarmersMarket.com.

* Phoenixville Farmers Mkt., 200 Mill St., under Gay St. Bridge. **Sat, 9 to 1.** PhoenixvilleFarmersMarket.org.

* Rosemont Farmers Mkt., 1149 Lancaster Ave. **Wed–Fri, 9 to 7; Sat, 9 to 5; Sun, 9 to 4.** 610-527-4800; RosemontFarmersMarket.com.

Swarthmore Farmers Mkt., 341 Dartmouth Ave., at Swarthmore Co-Op. **Sat, 10 to 2.** FarmToCity.org.

* West Chester Growers Mkt., Chestnut & Church Sts. **Sat, 9 to 1.** 610-436-9010; WestChesterGrowersMarket.com.

* Some markets have winter markets at least once a month during the off-season or are indoors. Check their websites for details.

THEATER.....

THROUGH NOVEMBER 1

Gypsy. Jule Styne’s music and Stephen Sondheim’s lyrics. Media Theatre for the Performing Arts, 104 E. State St., Media. \$25–\$42. For curtain times, 610-891-0100; Media-Theatre.org.

THROUGH NOVEMBER 8

Auctioning The Ainsleys. A regional premiere by Laura Schellhardt, directed by Abigail Adams People’s Light, 39 Conestoga Rd., Malvern. \$27–\$47. For curtain times, 610-644-3500; PeoplesLight.org.

THROUGH NOVEMBER 8

Playing The Assassin. Compelling drama inspired by an NFL star’s career-ending injury at the hands of a player known as “The Assassin.” Delaware Theatre Company, 200 Water St., Wilmington. Call or visit website for curtain times. \$30–\$40. 302-594-1100; DelawareTheatre.org.

NOVEMBER 18–JANUARY 10

The Three Musketeers (The Later Years): A Musical Panto. The panto tradition continues in this swashbuckling musical adventure at People’s Light, 39 Conestoga Rd., Malvern. \$35–\$50. For curtain times, 610-644-3500; PeoplesLight.org.



DECEMBER 1–6

Annie. Directed by original lyricist and

director Martin Charnin and choreographed by Liza Gennaro, this is a new incarnation of the iconic original. The Playhouse on Rodney Square, 1007 N. Market St., Wilmington. \$40–\$95. 302-888-0200 or visit ThePlayhouseDE.org.

DECEMBER 2–27

Diner. Book by Barry Levinson, music and lyrics by Sheryl Crow. Delaware Theatre Company, 200 Water St., Wilmington. Call or visit website for curtain times. \$30–\$45. 302-594-1100; DelawareTheatre.org.

TOWNS, TALKS & TOURS.....

NOVEMBER 6, 14

First Fridays & Second Saturdays. Stroll through area towns to find exhibits, galleries, restaurant specials, entertainment and extended hours. **Nov. 6, First Fridays: Kennett Square,** 610-444-8188; HistoricKennettSquare.com. **Lancaster City,** 717-509-ARTS; LancasterArts.com. org. **Oxford,** 610-998-9494; Downtown-OxfordPA.org. **Wayne,** 610-687-7698; FirstFridayWayne.com. **West Chester,** 610-738-3350; DowntowntWestChester.com; **Wilmington,** 302-576-2100; ArtLoopWilmingtonDE.com. **Nov. 14, Second Saturday: Media,** 484-445-4161; MediaArtsCouncil.

NOVEMBER 8

Veterans Day Parade. Join West Chester in paying tribute to American veterans on the second Sunday of November. Parade starts at Henderson High School and proceeds to Gay St. 2 pm. 610- 738-3350; DowntowntWestChester.com.

NOVEMBER 11

56th Veterans Day Parade in Media. Veterans of all wars walk together on State St. 11 am. 610-566-5039; VisitMediaPA.com.

NOVEMBER 19

Malvern Stroll. The shops on King Street are open til 8 and offer special trunk shows, demonstrations, entertainment, refreshments, specials at restaurants. Malvern-Business.com. ♦

Stay in the know with everything going on in *County Lines* country. Sign up for our monthly Events Newsletter at Newsletter@ValleyDel.com

Send a description of your activity to Info@ValleyDel.com by the first of the month preceding publication.

For more events visit:

CountyLinesMagazine.com

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610-388-7376 ♦ www.chaddsfordhistory.org

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First Friday, November 6th
HOLIDAY WISH LIST NIGHT

First Friday, December 4th
OLD-FASHIONED CHRISTMAS PARADE

See all holiday events at DowntowntWestChester.com

Poetry in Beauty

The Pre-Raphaelite Art of Marie Spartali Stillman

AT THE DELAWARE ART MUSEUM, NOVEMBER 7–JANUARY 31, 2016

Margaretta Frederick
Chief Curator at Delaware Art Museum

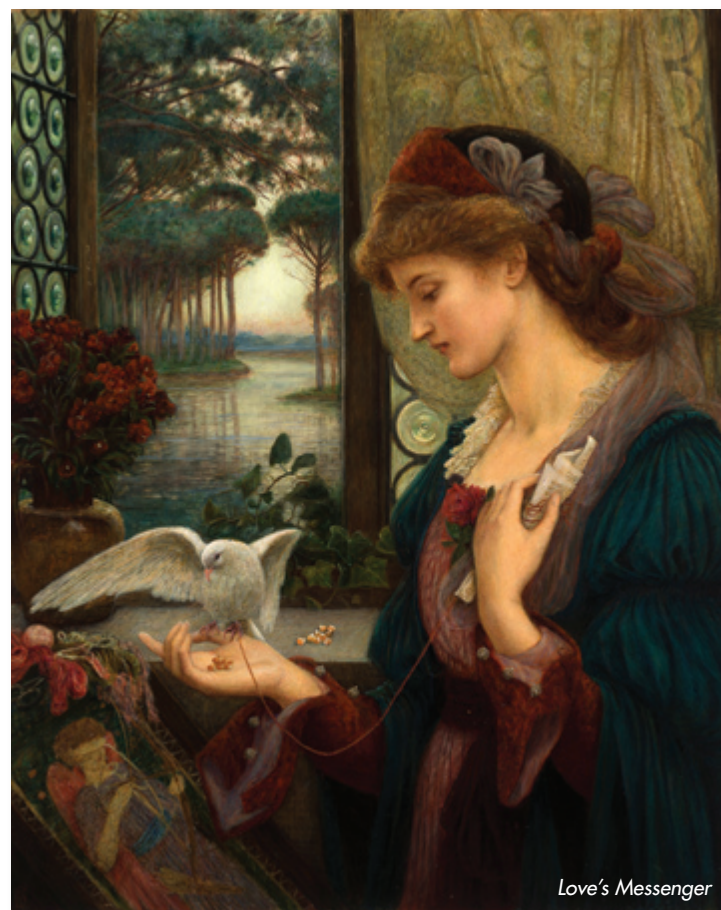
THE FIRST-EVER RETROSPECTIVE EXHIBITION of Pre-Raphaelite artist Marie Spartali Stillman will highlight the fall season at the Delaware Art Museum, home to the largest and most significant collection of Pre-Raphaelite art in the United States.

One of a small number of professional female artists working in the late 19th century, Spartali Stillman (1844-1927) was an important presence in the Victorian art world and closely affiliated with members of the Pre-Raphaelite circle. And yet despite having created over 150 works of art and exhibited widely in England and the U.S., she's been relatively overlooked.

Through approximately 54 landscapes, portraits and subject paintings, "Poetry in Beauty: The Pre-Raphaelite Art of Marie Spartali Stillman" explores Pre-Raphaelitism, women artists, early Italian poetry and the Aesthetic period. This major exhibition features works from public and private collections in the U.S., United Kingdom and Canada, many of which have not been on public view since Spartali Stillman's lifetime. Wilmington is the only venue for the complete landmark exhibition.

Early Influences

Growing up in London in a wealthy Greek family that supported the Pre-Raphaelite artists and their circle, Marie and her sister Chris-



Love's Messenger

tina were considered great beauties and attracted the attention of artists of the day—serving as models for many of them. It was this stimulating aesthetic atmosphere that awoke in Marie Spartali a desire to create and led her to her career as a professional artist—a bold choice for a woman of the Victorian era. She trained under Ford Madox Brown (1821-1893), a mentor to young Pre-Raphaelite artists.

While her earliest work from the 1860s took the form of single figures, by the end of the decade she was tackling more challenging scenes, such as *Sir Tristram and La Belle Isolde*, drawn from Malory's *Morte d'Arthur*.

Just as Marie's career as an artist was beginning, William James Stillman, an American journalist and occasional artist, arrived in

London. Already connected with the Pre-Raphaelite circle, Stillman fit easily within Marie's social sphere. Soon the two developed an intimate relationship, and, against her parent's wishes, were married in 1871.

The couple moved to Florence in 1878, starting a new direction in Marie's work. Now her paintings' subjects—such as *Fiammetta Singing*—were drawn from the early Italian poets including Boccaccio. Her compositions became more complex and the color harmonies more subtly muted. The use of atmospheric perspective in the landscape background suggests the influence of the Italian Renaissance tradition.

Later Development

Throughout her working life Marie sent work to America as well as Britain—being adept at reading variations in taste between the two cultures. Through her husband's family and friends she developed relationships within American Aesthetic period circles befriend- ing notable artists, writers and critics such as John La Farge and Augustus Saint Gaudens.

One particularly loyal American patron

was Samuel Bancroft, a Delaware cotton mill owner. Bancroft's interest in the Pre-Raphaelites had begun when he was "shocked with delight" upon seeing Rossetti's *A Vision of Fiammetta* (1878, private collection), for which Marie was the model. The following year, Bancroft purchased Marie's painting *Love's Messenger*.

In addition to figure painting, landscapes also featured in Marie's work, including views of Kelmescott Manor, home of textile designer William Morris and his family; scenes of the Isle of Wight, where her family vacationed each summer; and, of course, the Italian countryside.

Spartali Stillman worked primarily in a mixture of watercolor and gouache, a technique practiced by Edward Burne-Jones and other members of the Pre-Raphaelite circle. The heavy mixture of opaque pigments and additives gives her work the overall quality of an oil painting. This crossing of media boundaries could also be correlated with her own breaking of gender confines as an upper-middle-class woman working as a professional artist during the Victorian period. ♦

This exhibition is co-curated by Margaretta Frederick, Chief Curator, Annette Woolard-Provine Curator of the Delaware Art Museum's Bancroft Collection of Pre-Raphaelite Art, and Pre-Raphaelite scholar Jan Marsh.

If You Go ...

WHERE: 2301 Kentmere Pkwy., Wilmington

WHEN: NOV. 7–JAN. 31, 2016. Wed., 10 TO 4; Thurs., 10 TO 8; Fri.–Sun., 10 TO 4.

ADMISSION: \$6-\$12; Free on Sun. & Thurs., 4 TO 8

TOURS: Sat. and Sun., 1 & 2.

INFORMATION: 302-571-9590; DelArt.org

Special Events

THE POETRY BEHIND THE PAINTING.

DEC. 6, 1:30 TO 2:30

Take a close look at Spartali Stillman's artwork inspired by Italian poetry. Learn how the experience of viewing can be amplified by a multi-sensory interaction of hearing the verses that inspired the artist.

POETRY IN BEAUTY CURATOR GALLERY TALKS. NOV. 12, DEC. 10 & JAN. 14, 6:30 P.M.

Led by exhibition co-curator Margaretta Frederick



Kelmescott Manor: Feeding Doves in Kitchen Yard



Still Life (Spring Flowers and Landscape Painting)

HOLIDAY TREAT SHOPPE

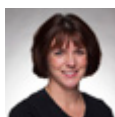
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Local Hero: Christine Natale

Safe Harbor of Chester County



Christine Natale (3rd from the left) and her team at Safe Harbor.

A CASE LOAD OF 20 MEN AND 20 WOMEN. SOME STAY a week, some for months or more. They arrive from prison, rehab facilities, half-way houses, hospitals and the street. Some have been evicted. Some never had their own stable housing.

Christine Natale, Case Worker, meets them soon after they enter Safe Harbor's two-story building in West Chester. She'll discuss what brought them there. And she listens. "Not everyone is homeless for the same reason. It's my job to see what their needs are, to meet each person where they are and work with them with the skill set they have."

The sad tales are many: divorce, job loss, family issues. Many suffer from mental illness. Regardless, Christine enjoys her job. "It's stressful at times and has its ups and downs. But when you get to help that one person find housing ... it's worth the hard work. I go home at the end of a long day and am thankful for the privilege to work in this shelter."

Christine shows me the kitchen, where volunteers are preparing lunch, the dining area, the boxes of donated food, the "serenity room," where residents go for a peaceful moment, and the sleeping rooms, lined with bunk beds: one room for women; one for men. Residents must be up by 7 and can't return until 4 or later. Residents are grateful and communicative, though most appreciate their privacy.

Safe Harbor does much more than provide a bed and meals. Christine also refers residents to medical care, drug or alcohol treatment, mental health appointments, and helps arrange for eye glasses, dental work, clothing for jobs and so on.

Part of why Christine is thankful is her co-workers. She credits the CEO of Safe Harbor, Glenn Fricke, and his "heart of gold," caring for what happens to each person in this building, treating each person with respect and as part of the community.

Also, Alicia Anderson, Program Director. "No one I've ever met cares for this population more than her. She's the reason I love this job, and I couldn't do it without her," says Christine. Alicia adds, "It takes team work to make the dream work."

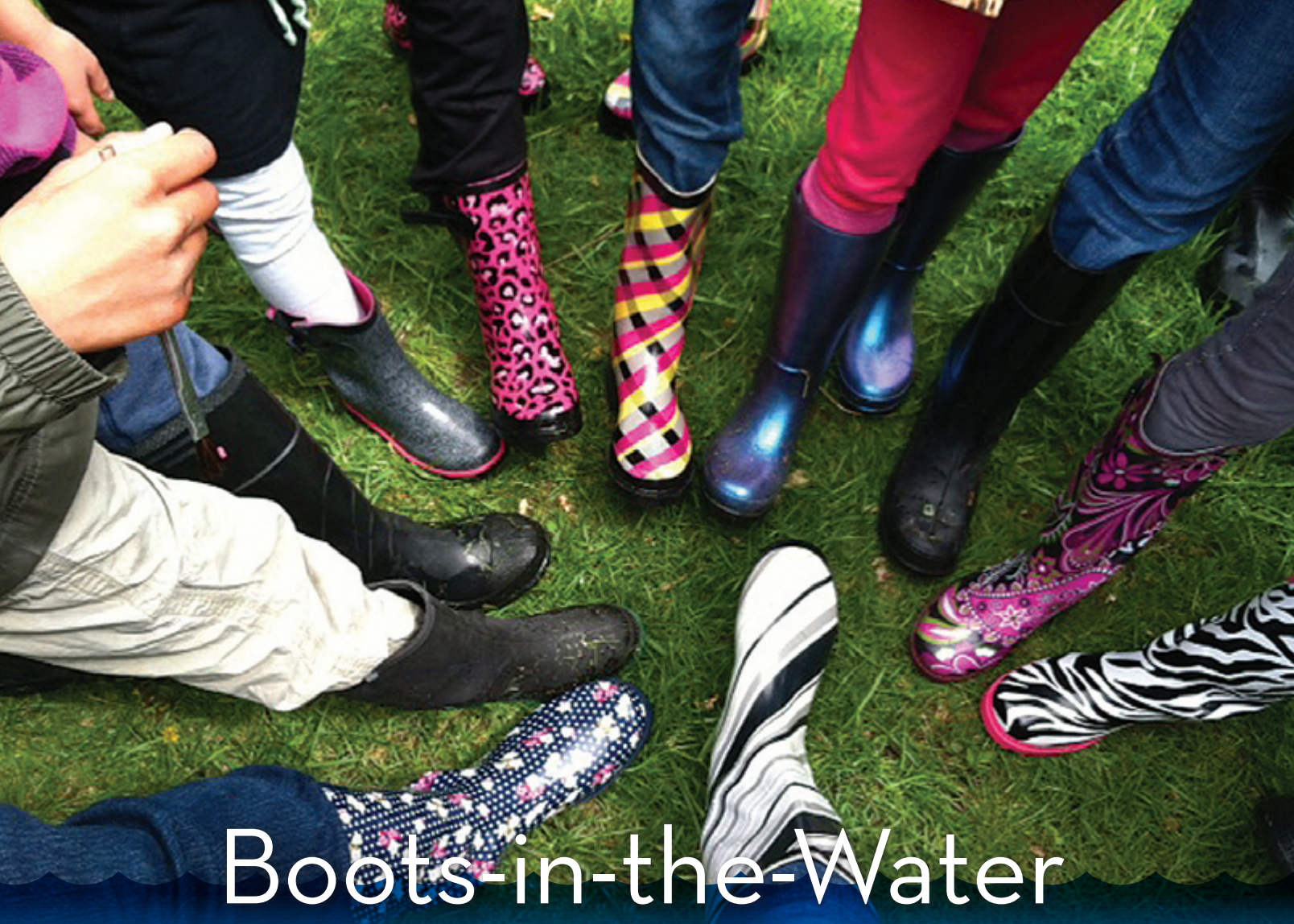
And Gina Harrison and Kim Cardamone of the Business Development team, who work tirelessly to raise the money it takes to keep this place open. Whether through grants or fundraisers, their efforts are indispensable.

This November, we're thankful that Christine Natale and Safe Harbor are part of our community and are our Local Heroes.

Learn more at SafeHarborGWC.org, about the group and the 20th anniversary celebration, Taste of Chester County Appreciation Event, on November 12 at Milestone Events in West Chester. ♦

~ Edwin Malet





Boots-in-the-Water

LEARNING ABOUT THE HEALTH OF OUR STREAMS.

Beverly M. Payton, Stroud Water Research Center

WEARING RUBBER WADERS, SIXTH-GRADERS Sarah and Emily step gingerly through the White Clay Creek behind Stroud Water Research Center in Avondale. Emily picks up a slimy rock from the middle of the streambed.

“Yoo-hoo, is anyone home?” she asks as she turns over the rock. “Look,” says Sarah. “There’s a brown bug with three antenna-like things sticking out its butt.”

“Ee-e-e-ewuh!” both girls squeal in unison as they rush the specimen to Tara Muenz, Stroud Center’s education programs manager.

“How cool!” Muenz exclaims as nearby students gather around for a closer look. “You found a minnow mayfly nymph. Finding this amazing little guy in our stream means the water’s healthy,” Muenz says. “Mayflies are very sensitive to pollution, so they’re one of the first species to die when the water isn’t right. That’s why our scientists use them as ‘canaries in the coal mine’ for water-quality monitoring,” she tells the class.

Sarah, Emily and their classmates are among thousands of students who’ve enjoyed the Boots-in-the-Water environmental education programs at Stroud Center, an 1800-acre experimental watershed serving as a living laboratory for scientists and the public.

Bugs Are Beautiful

Using a small, flat-headed paintbrush, Muenz gently swipes the aquatic insect into her collection pan that holds several others students found in the stream. These insects are macroinvertebrates—animals without a backbone that we can see with our naked eye. These aquatic insects live on the bottom of the stream and are an important link in the food web.

Inside the classroom laboratory, Muenz selects the mayfly nymph Sarah and Emily found, places it in a petri dish under the digital microscope, and projects its image on a large screen.

“See these things flapping up and down? They’re gills,” she explains. “Like other aquatic bugs, mayflies spend their nymph stage—most of their lives—underwater. Eventually, they turn into



Students get a feel for fieldwork as they collect samples from local streams to check water quality.



Tara Muenz, Stroud Center’s education programs manager, talks to students about what they’ve found onsite, before heading back to the classroom laboratory.



winged, flying adults, just like butterflies,” she continues, holding up a picture of an adult mayfly. “But in the adult stage, they don’t even have a mouth. They don’t live long enough to eat. They breed, and then they die.”

“Aa-a-a-ah!” Emily exclaims, with a trace of pity for the creature that no longer seems so repulsive.

Counting the Bugs

Later, the students identify and sort the macroinvertebrates they collected. At each step, they must choose between two mutually exclusive statements about a specimen’s characteristic. “Let’s see, does this one have

jointed legs or no jointed legs?” Emily asks, looking through a magnifying glass. “Jointed,” they agree, then move on to the next question.

Before long the class has identified and sorted the water bugs they found. On each lab table, petri dishes hold separate collections of beetles, caddisflies, stoneflies, mayflies, midges and dragonflies from the stream.

When the students finish, Muenz explains that Stroud Center’s scientists perform a similar kind of macroinvertebrate survey to assess the health of the stream habitat.

More Programs

Free environmental education programs like this Boots-in-the-Water program are available for public school students in fourth through twelfth grade, supported by Pennsylvania Education Improvement Tax Credits.

Other resources, like Stroud Center’s LEED® Platinum–certified Moorhead Environmental Complex, demonstrate freshwater stewardship in action. Visitors learn how the rain gardens, green roofs, composting toilets, streamside forest and porous outdoor walkways protect the health of the White Clay Creek—a federally designated National Wild and Scenic River behind the research and education facility.

More ways to learn about the importance of fresh water. ♦

Stroud Water Research Center seeks to advance global knowledge and stewardship of fresh water

How Healthy Is Your Local Waterway?

Stream ecologists use natural leaf packs in streams to assess the water’s health by noting the presence or absence of aquatic macroinvertebrates—water bugs—that colonize leaves as they decompose.

Now, science teachers, watershed volunteers, property owners or anyone can use this same tool to assess the health of their local waterways. And they can upload their data to an online network to compare their results to other groups’ across the country and around the globe.

The Leaf Pack Network and Leaf Pack Experiment Stream Ecology Kit were created by Stroud Water Research Center as a hands-on, stream-testing kit to let anyone anywhere explore nature and learn about stream ecology.

The process is simple. You start by collecting dried leaves from the forest floor near your stream and stuffing them into several nylon mesh bags. Next you tie those bags to a rock in the middle of the stream, leaving them submerged for three to four weeks. Then you retrieve your leaf packs and pick through the slimy, partially decomposed leaves to find macroinvertebrates.

Using tools and instructions in the kit’s manual, you sort, identify and count what you’ve found. Knowing the numbers and kinds of insects and other invertebrates in streams helps determine overall water quality.

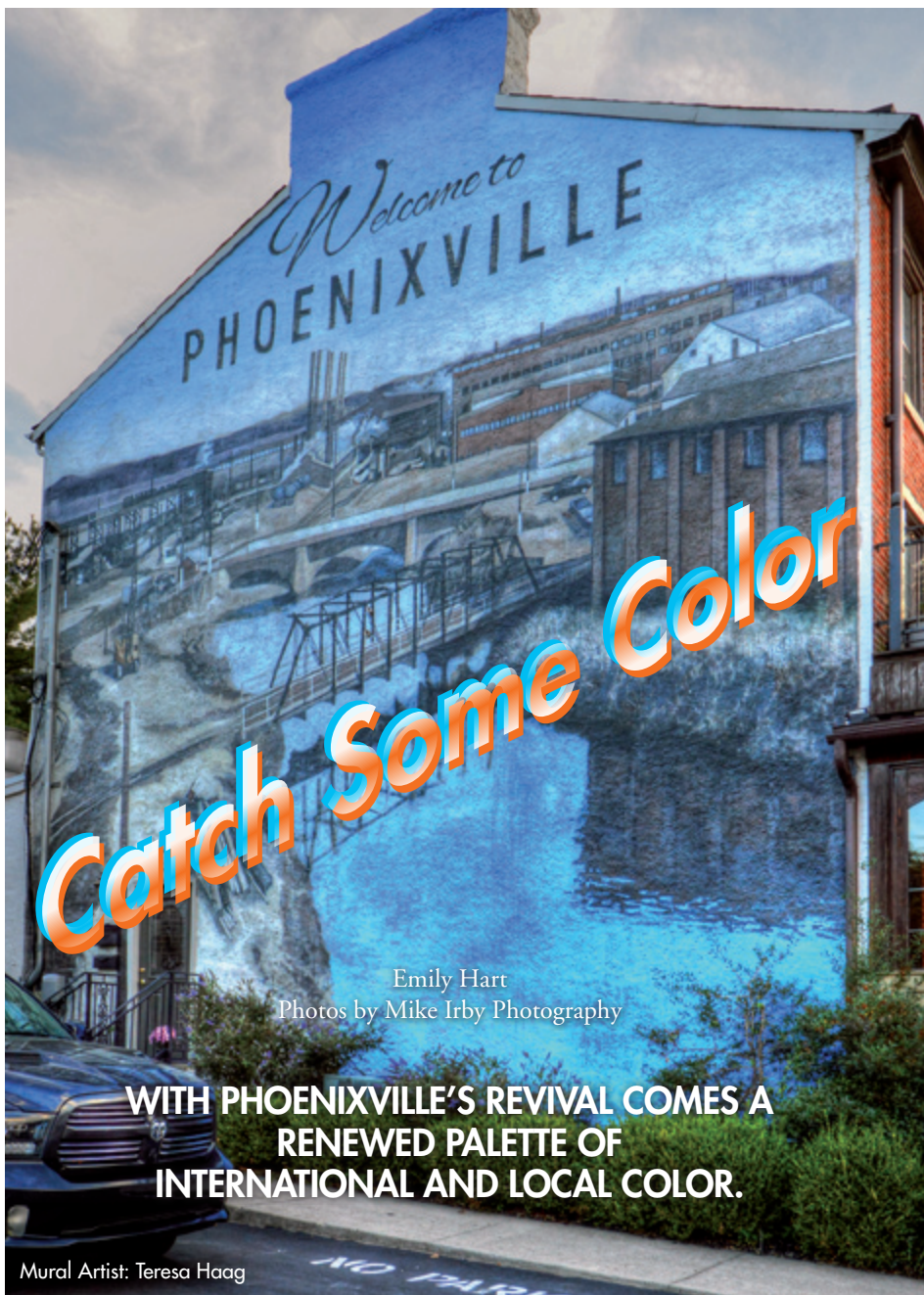
Then join the online Leaf Pack Network community to share your results, search for data about your watershed, and access online learning tools.

Learn more at LeafPackNetwork.org.

systems through research, education and watershed restoration. The nonprofit organization helps businesses, landowners, policy makers and individuals make informed decisions that affect water quality and availability around the world. For more information or if your child’s class would like to participate in Boots-in-the-Water, visit StroudCenter.org/education.



PHOTOS: STROUD WATER RESEARCH CENTER



Emily Hart
Photos by Mike Irby Photography

**WITH PHOENIXVILLE'S REVIVAL COMES A
RENEWED PALETTE OF
INTERNATIONAL AND LOCAL COLOR.**

Mural Artist: Teresa Haag



Buho's Latin Fusion & Bar



STEP INTO BUHO'S LATIN FUSION and Bar where splashes of red, orange and yellow exude warmth and fun—in dining room murals, pottery accents and umbrellas in warmer months. Open since January, it offers a vibrant Latin fusion menu with dishes of Mexican, Peruvian, El Salvadoran and Bolivian flavors.

My first visit to Buho's began with Mexican tortas—pulled pork sandwiches with a tasty little kick of spicy heat. I'm headed back for more, as well as to catch the Mariachi band that plays on Wednesday nights in November.

Buho's is just one of a host of new spots in town.

"Phoenixville has discovered a way to blend yesteryear's charm of Victorian homes and cobblestone streets with the modern excitement of great nightlife, brightly colored light posts and upscale apartments along the river," says Jennifer Daywalt, realtor/partner at another recent arrival, Better Homes and Gardens Real Estate. "Whether you love to shop, listen to live music on the street or take in the local cuisine, being part of the Phoenixville community is exactly what you need."

ON THE MOVE

Grab your handlebars and set off for Twisted Cog, the bicycle shop that came to Bridge Street this summer. A small old-fashioned penny-farthing bicycle hanging above the door and bikes at a rack tell cycling novices and experts they've arrived at the right place.

Whether you're conquering the Tour de France or doing a quick pedal from Bridge to Main, Twisted Cog staff helps you get outfitted. Bright shirts, helmets, water bottles, bicycles and replacement parts line the first floor. The loft holds more options for the tiniest tykes to riders with the longest track records, plus PeaPod trailers for passengers who have yet to reach the pedals. Discover waterproof shoes for comfortable riding all year-round.

Got a question about the best bike for a trek or for a special Christmas gift? Owner Ed Bush brings miles of experience to customer service—six years as a Philadelphia bike messenger, a stint in bike racing and an enthusiasm for mountain biking near and far.

A NEW FLAVOR

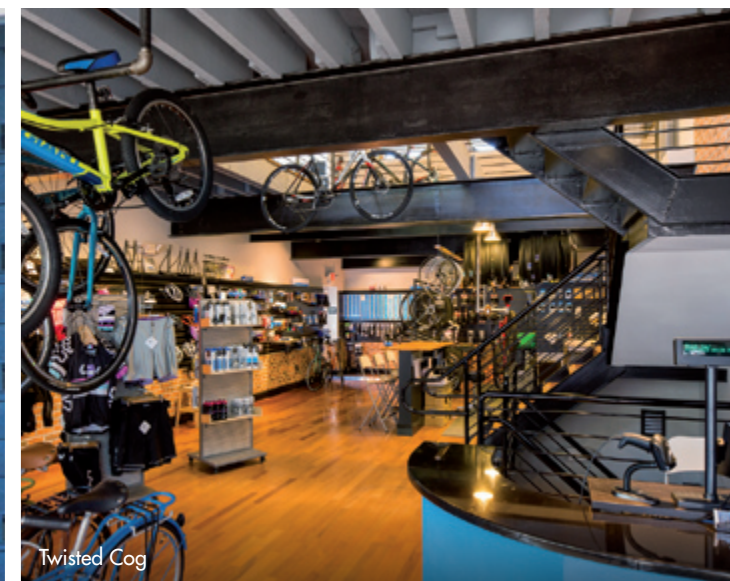
After an invigorating fall bike ride, fuel up at Vinny Vegas Pizza with hot mac and cheese, grilled fluff and nutella sandwiches, or the popular margarita pizza. Catch some entertainment on Tuesday nights. See what tricks the magician has up his sleeve.

For more choices, grab a bite at two restaurants celebrating their first birthdays this year: the Great American Pub and Hotel in the restored historic Columbia Hotel and Sage, offering Mediterranean cuisine. At Sage, save room for Turkish coffee.

Add spice to life at the long-time restaurant Thai Elephant or Dispensa San Marcos, a Latin American grocery store on Gay Street. Or head to another favorite Bistro on Bridge for craft beer, live music and casual dining, celebrating six years in town.

For dessert, bask in a riot of colors and flavors at Cool Twists Frozen Creations, where mother-daughter duo Rhea and Jaimie Lastick have hung colorful art on lime green, purple and blue walls. Pick from a rainbow of flavors and toppings for frozen dessert treats, including pumpkin or apple frozen yogurt crowned with spiced wafers or candy corn. Succumb to temptation with an affogato—frozen yogurt drowned with a shot of hot espresso—while the kids have a ball at the blackboards and buckets of colored chalk.

On special days, don't miss the frozen yogurt in Belgian chocolate bowls from Bridge Street Chocolates. Break off a piece of the bowl and dip into your favorite frozen flavor. Check for hours, though. Cool Twists closes for the winter.



Twisted Cog



Vinny Vegas Pizza



Stable 12 Brewing Company



Great American Pub



LOX Salon



Bistro on Bridge



Cool Twists Frozen Creations



Sage Mediterranean Cuisine



Charlotte Thomas Salon

BE MERRY

In addition to new eateries, Phoenixville boasts of a bunch of new drinkeries. At one end of Bridge Street, find the Bluebird Distillery, producer of spirits, lounge and liquor store. At the other end resides Stable 12 Brewing Company.

Founded in a barn by three men who were once elementary school buddies, Stable 12 Brewery made its new home as a taproom on Bridge Street this past May. To warm you up over the Thanksgiving holidays or at this year's Firebird Festival, raise a pint of their spiced beer or Russian Imperial stout—a thicker, heavier beer that's smooth and slightly chocolate-y. Pair it with a pub pretzel or nachos with smoked chicken or pulled pork from local favorite Uncle B's BBQ Shack.

In the middle of Bluebird and Stable 12, diagonally across from the iconic Colonial Theatre, The Barrel Wine Bar attracts guests with wine, mixed drinks, light fare and desserts. At the cozy bar in front of wooden barrels, enjoy a wine flight while listening to live music; then take a bottle home. With barrel taps rotating each week, there's always something novel to try.

REVITALIZE!

If you've got a thirst for some pampering or if your hair needs quenching, Charlotte Thomas Salon and Valor Men's

Grooming on Main Street or Lox Salon on Gay might fit the bill.

Make an appointment at new, upscale Charlotte Thomas Salon where crystal chandeliers sparkle, televisions entertain and hair dryers hang from the ceiling—not just a clever decoration and tool, but a method for reducing the chance of carpal tunnel syndrome for stylists. Once an old bank, the salon holds a special treasure behind the vault door: dyes and a mixing area for the perfect color hair. This month, head to Blow Dry Happy Hour on Black Friday. New clients receive product samples, coupons for subsequent visits and more.

For men's styles, look for the old-fashioned barber's pole two doors down from the salon. Four years young, Valor Men's Grooming offers it all—a traditional shave with hot lather and hot towels, buzz cuts, grooming for long hair and color camouflage. Hang out at the backyard fire pit with a complimentary beer while waiting.

FASHION FUN

If colorful new or new-to-you fashions and accessories are the day's aspirations, explore the recently expanded Lulu's Vintage and Consignment for clothing and jewelry or mid-century home furnishings at Mod House Vintage.

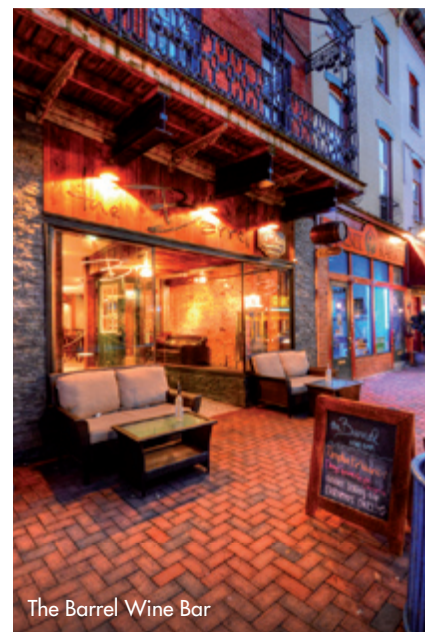
Ready to add more color to your life? The new Phoenixville is where you'll find it. ♦ *More at Visit Phoenixville.com.*



Better Homes and Gardens Real Estate



Mod House Vintage



The Barrel Wine Bar



Bridge Street Chocolates



Dispense San Marcos



Valor Men's Grooming

WHAT'S HAPPENING IN PHOENIXVILLE

Phoenixville Farmer's Market THROUGH NOVEMBER 21

A producer/grower market committed to providing locally grown, fresh food, preserving the region's agricultural heritage and building community. Under the Gay St. Bridge. Sat, 9 to 1. PhoenixvilleFarmers-Market.org.

YMCA Fall Fun Run & Fall Festival NOVEMBER 1

Take part in a great race and annual benefit for the YMCA, then stick around for the festival. 400 E. Pothouse Rd., 10 am. The 5K is \$30, 1-mile family fun run, \$15. 610-933-5861; PhilaYMCA.org/run.



York Times bestselling author Lisa Scotoline. RiverCrest Golf Club, 100 Golf

Phoenixville Library Presents "Wine, Wit & Wisdom." NOVEMBER 5

A benefit for essential library programs featuring a wine tasting, dinner and silent auction, plus guest speaker *New*

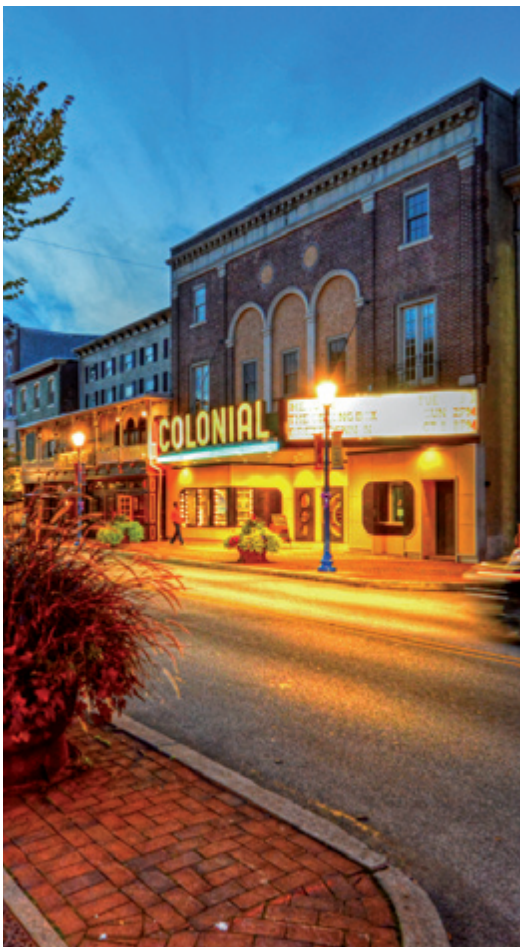
Club Dr. 5:45 to 9. \$75–\$125. 610-933-3013; Phoenixville-Library.org/Wine-Wit-Wisdom.

First Friday in Phoenixville NOVEMBER 6, DECEMBER 4

Stroll through the streets on a self-guided tour of local art galleries, studios, stores and restaurants. Bridge St. from Starr St. to Gay St. 6 to 10 pm. 610-933-3070; Phx-FirstFriday.com.

9th Annual "Empty Bowls" Event NOVEMBER 6

Help fight hunger by purchasing a simple meal of soup and bread served in a bowl handcrafted by an area artist or



student. Keep the bowl as a reminder. Benefits Phoenixville Area Community Services (PACS). Technical College High School, 1580 Charlestown Rd. 4:30 to 8:30. \$20. 610-933-1105; PACSPhx.org.

33rd Annual Auction Party for French & Pickering Creeks Conservation Trust

NOVEMBER 7
“Protecting our Watersheds: It’s Working.” The fundraiser features a live and silent auction, delicious catered food and cocktails. Donations are tax-deductible. Stonewall Links, 375 Bulltown Rd., Elverson. 6 pm. Tickets \$125 and up. 610-933-7577; FrenchAndPickering.org.

Events at The Colonial Theatre

NOVEMBER 7–DECEMBER 17
Nov. 7, Al Stewart, 8pm. \$20.50–44.50. Nov. 21, Paul Reiser, 8pm. \$32.50–\$38. Dec. 6, Winter Theatre Organ Concert presented by The Theatre Organ Society of the Delaware Valley, \$6.50–\$11.50, 2 pm. Dec. 11, Wendy Liebman and Dan Naturman, 8 pm, \$19.50–32; Dec. 13, City Rhythm Orchestra: Holiday Style, 7 pm, \$10–25; Dec. 17, Charlie Brown Jazz: An Evening with the Eric Mintel Quartet, 7:30, \$15–\$20. The Colonial Theatre, 227

Bridge St., 610-917-1228; TheColonialTheatre.com.

Phoenixville Chamber of Commerce 2015 Charity Gala, “A Season of Giving”

NOVEMBER 21
The Gala benefits the nonprofit community, to help them continue their good work throughout the year. This year’s beneficiary is The House: Phoenixville Women’s Outreach. Phoenixville Country Club, 355 Country Club Rd. 5:30. \$80. 610-933-3070; PhoenixvilleChamber.org.

Phoenixville Christmas Parade

DECEMBER 4
The parade starts at 7, from the 300 block of Bridge Street, then along Bridge St. for the tree lighting at Bridge and Main Sts. at 8 pm. 610-933-8801; Phoenixville.org.

Annual Candlelight Holiday Tour

DECEMBER 5
Beautifully decorated homes and churches, crafts, music and refreshments. Benefits Children and the Arts Scholarship programs at Firebird Children’s Theatre and Phoenix Village Art Center. Tickets and programs available after 2:30 at St. Peter’s Episcopal

Church, 121 Church St. 3 to 7 pm. \$20–\$25. 610-933-9181; PhoenixvilleHistoricalSociety.org.

12th Annual Firebird Festival

DECEMBER 5
Burning of the Firebird (Phoenix) will be at Friendship Field (Franklin Ave. & Fillmore St.). The fun begins at 3, burning of the Phoenix at 8:15. 610-933-9199; FirebirdFestival.com.

Holiday Craft Fair

DECEMBER 5
Crafts and collectibles for the holidays. Benefits the fire company. Kimberton Fire Company, 752 Pike Springs Rd. Kimberton. 9 to 2. Free. 484-645-9033 or 610-917-2270.

Theatre Organ Society of the Delaware Valley’s Annual Holiday Concert

DECEMBER 6
Lots of great songs presented by various individuals on the TOSDV 3/24 Wurlitzer Theatre Pipe Organ. The Colonial Theatre, 227 Bridge St. 2 pm. \$6.50–\$11.50. 610-917-1228; TOPSDV.org.

“A Taste of Phoenixville”

JANUARY 21, 2016
A premier food, wine, beer event featuring selections from some of Phoenixville’s finest restaurants and caterers. Live music and dancing. Benefits the Good Samaritan Shelter. Phoenixville Foundry, 2 N. Main St. \$85. 6 to 10. 610-933-9305; TasteOfPhoenixville.com. ♦

DO YOU KNOW PHOENIXVILLE?

1. If you lived in Phoenixville in the 1600s, what’s the name of your hometown and what language would you speak?
2. It’s Saturday morning and you’re hungry. Where should you go for farm-fresh products?
3. If you spotted a large structure in flames on Friendship Field on December 5, would you call the Fire Department?
4. How about if you see people running and screaming down Bridge Street in July, should you be alarmed?
5. If you hear someone on Bridge Street saying they are going for a “sconut,” where are they heading?

Answers on page 76

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- **A dedicated team working for you.**

MEET KURT KUNSCH, SVP

2015 Chester County Community Foundation’s “Legacy Door Opener Award” recipient.

As Senior Vice President/ Trust Managing Director for Phoenixville Federal Bank & Trust, Kurt is dedicated to providing superior services and creating a culture that consistently benefits the Bank’s clients and community.

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Holiday Gift Guide

Get out and get started early on your holiday shopping this year!
Shop local and choose something unique for everyone on your list.
Here are some perfect picks we recommend!



For the creative ones on your list,
gift them something outside the box!
Soda Can Tab Handbag by Escama Studios
The Merchant of Menace, West Chester
See ad on page 19



Gift a customized wreath for any
decor—then get one for yourself.
A Matlack Florist Original Wreath
Matlack Florist, West Chester
Holiday Open House: Dec. 4–5
See ad on page 49



Dazzle your partner with a gift
to wear again and again.
Gold & Diamond Bracelets by
Rudolf Friedmann
Walter J. Cook Jeweler, Paoli
Holiday Trunk Show: Nov. 13
See ad on page 4



Warm tones and evergreen accents
to get you in the holiday spirit.
Holiday Home Decor
Heritage Design Interiors, New Holland
Holiday Open House: Nov. 6–14
See ad on page 26



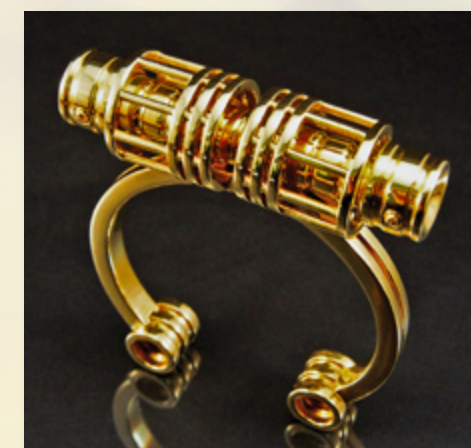
When in doubt, tasty treats are
fool-proof picks for those with
a sweet tooth.
Frosted Pretzel Stars
Herr's Foods, Nottingham
See ad on page 35



For friends who love
to serve food in style.
Decoupage Wooden Tray
Eleanor Russell Ltd., Glenmoore
Holiday Open House: Nov. 20–22
See ad on page 70



Spoil your loved ones with a day of rest
and relaxation—at a Best of Philly winner!
Spa Gift Card
Eden Day Spa & Salon, Collegeville
See ad on page 27



Art and jewelry collide in stunning
3D printed and hand-finished pieces.
Interiority Gold Plated Brass Ring
by Jimin Jung
Wayne Art Center, Wayne
Holiday Shopping: Dec. 12–13
Craft Forms Exhibit: Dec. 4–Jan 30
See ad on page 49



Beautiful, delicate and handcrafted with care.
Sterling Silver Jewelry by Angela Colasanti of VIELA Jewelry
Delaware Art Museum, Wilmington
Holiday House Tour & Winter Arts Festival: Dec. 11, 12
See ad on page 22



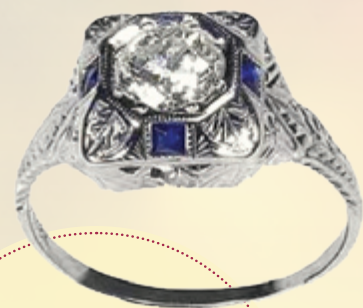
Give the gift of relaxation—or the choice of beautifying goodies!
Spa & Skin Care Gift Card
Grazia Skin Care Studio & Spa, Malvern
See ad on page 49



Festive and full of all kinds of delicious snacks!
Holiday Gift Basket
Christopher Chocolates & Fine Foods, Newtown Square
See ad on page 76



Stocking stuffers, ornaments, wreaths and more!
Holiday Decorations
Mostardi Nursery, Newtown Square
See ad on page 26



For one-of-a-kind gifts that stand the test of time.
Vintage Ring
Surrey Consignment Shop, Berwyn
See ad on page 66



Italian foodies will love this authentic selection.
Holiday Gift Basket
Chef Anthony's Italian Market, Chadds Ford
See ad on page 70



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Capturing CHESTER COUNTY Photo Contest

We asked our readers for their most beautiful images of Chester County, and they went above and beyond! Our thanks to all who submitted their work. These semifinalists' shots capture the essence of the season in *County Lines* Country. In November, we'll showcase each photo on Facebook. To vote, just like us, then *like* your favorite photo. The photo with the most likes will win a \$100 gift certificate to **Chester County Book Company!** We'll announce the winner on Facebook in late November.

** Check the rules on our website.*



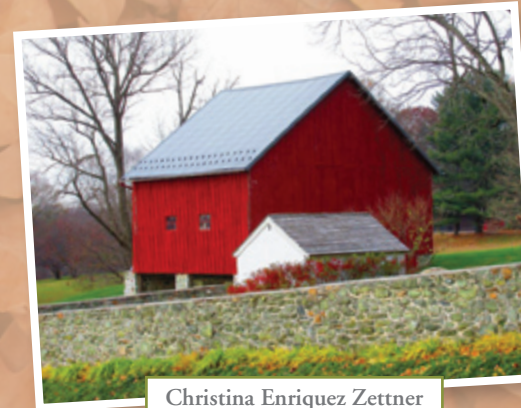
Robert Kuhn
Sunflowers Forever on Route 926



Liz Griesser
Morning Walk on Redding Furnace Road



Stacy Esch
Birmingham Hill/
Brandywine Battlefield Trail



Christina Enriquez Zettner
By Birmingham Hill



Jennifer P. Zduniak
Noble Road in Atglen



Milt Dienes
Across Chantilly Lane



Stacey Greene Casto
West Vincent Township Park



Rae Dominick
A Day's Work at Springton Manor



Marinella Mastrovito
Sunflower Field at Liondale Farm



Carolyn Cihak
October Snow in Coatesville



Robert Schock
Liondale Farm Sunflower Field



Lee Schlingmann
Fall in The Laurels



Gabbie Ferraro-Andrade
Milky Way Farm



Wil Moore
Marsh Creek State Park



Andrew DiMaio
Sunrise in Oxford

One Step at a Time

Zack Malet

VOLUNTEERING AT MILE 21 OF THE NEW YORK CITY MARATHON

THE NEW YORK CITY MARATHON. IN 2014, I *DIDN'T* run. I *could* have. At least, that's what I told myself. I'd run a couple *half*-marathons (which added together ...). And many middle-distance races in college. But never a 26.219-mile, full marathon. At least, not yet ...

But I did want to be involved. There's the *spectacle*. Being a volunteer, I'd have a close-up view of the excitement. The *charity*. My employer rewards volunteers with donations to our charities of choice, enticing two coworkers to join me. And, of course, the *people*. Runners, spectators and volunteers combine for a memorable day in the five boroughs on the first Sunday in November.

With a history dating back to 1970—when the race was run entirely within Central Park and only 55 of the 127 starters finished the race—this is the world's largest marathon, attracting 50,530 finishers in 2014 and two million spectators.

The route is a celebration of New York City, from its start in

Staten Island, across the Verrazano Narrows Bridge, through Bay Ridge of *Saturday Night Fever* fame, hipster hangout Williamsburg, El Barrio, the Bronx, Harlem and down 5th Avenue into Central Park for the iconic finish.

Mile 21 Volunteers

My group was a small part of the thousands of volunteers for this race. Others came from around the country for reasons ranging from supporting their causes—nearly \$18 million was raised for charities in 2014—to supporting friends and colleagues, to watching the race before deciding whether to run.

To volunteer at the race, we began with an online questionnaire. Then we were emailed instructions: when and where to meet, what to wear, what to expect. My colleagues and I were assigned to the Mile 21 checkpoint in Harlem—one of eight stations—and told to arrive by 8 a.m.



Elite runners lining up on the Verrazano Bridge on Staten Island.



The 26.2-mile course takes runners on a scenic tour of New York City.

Photos Courtesy of NYRR

On race day, we got further instructions about handing out water and Gatorade, along with peeled banana pieces. We were told to let runners come to us—not to impede their route—and to stay to the side, off the racecourse. And because of the recent Ebola scare, plastic gloves were required!

Rooting for the runners, who had just a fifth of their race to go, was another part of our job. In fact, the online volunteer page says: *Clap, cheer, shout, and support all runners! Feel free to bring cowbells, tambourines and other non-amplified noisemakers.*

The Mile 21 checkpoint was an extraordinary vantage point. Not only were we at “the wall”—when many runners feel a sudden

overwhelming fatigue and loss of energy—we were at the final stretch, looking south down 5th Avenue, south on a day with a stiff north wind on a course run mostly headed into the wind.

We were at the runners' first glimpse of Central Park, site of the finish line, and the wind was finally at their backs. Our strategic checkpoint evoked different reactions in the runners: confidence, pain, relief, disappointment, happiness or a unique mix of each.

Waves of Runners

Volunteering itself was far from a sprint: two hours of preparing and waiting for the

runners, plus six hours of waves of runners pounding by.

First, the wheelchair cyclists came through with a woosh, enthusiastic about the roaring crowd. (The wheelchair record is an amazing 1:29:22!)

About 15 minutes later, police cars and motorcycles passed, then the time-car carrying the race clock, then camera trucks—the race was covered by ABC and ESPN2—plus helicopters above.

Next came the elite runners. First, elite women, cruising at under a six-minute-mile pace. They start and finish before the men. Then elite men, flying at under a five-minute-mile pace.



New Yorkers are well represented in the race.



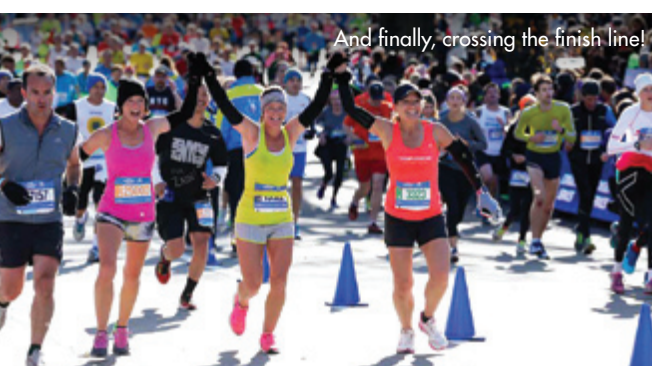
The race is known for loud and enthusiastic interaction with the spectators.



Runners represent groups from across the country and around the world.



Volunteers offer runners Gatorade, banana pieces and support.



And finally, crossing the finish line!

I was awed. The leading men were very slight, most barely five-foot-six, about 120-130 pounds. These professional runners rarely acknowledged the crowd or grabbed water or snacks, but almost all looked at their watches to check their pace.

And More Runners

By the time the lagging pros mixed with the fastest amateurs, we volunteers had been standing outside for three hours in 35 degree cold and a stiff north wind. Luckily we were wearing far more than most runners!

We got our second wind as the real excitement began: water, Gatorade, snacks were grabbed as fast as we could hand them off. Runners of all ages, sizes and nationalities ran past sporting neon shoes and a kaleidoscope of colored accessories, representing athletic clubs, colleges and countries. In a city that dresses mainly in black, the colors were stunning.

I saw at least ten Marist cross-country shirts, several sweatshirts from Columbia, a few from Princeton and of course, New York Road Runners. Plus tutus and kilts.

As the marathon progressed, the stream of runners slowed. We'd been instructed to be alert for medical issues and call medics for muscle or bone problems. I witnessed countless runners gutting it out with cramps, though.

The biggest difference I saw between the professional and fun runners was the camaraderie. The pros were serious in every way. Others came for the shared experience. I saw a father and son running together; and later a famous CBS basketball sportscaster running with his entourage.

From the Sidelines

Technology has heightened the spectators' experience and the sense of being there with the runners. In this race, each runner had a GPS, so family and fans could track them online or by phone. And TV coverage via ESPN-Everywhere app was available on the street. With Snapchat on smartphones,

you'd see photos and videos from in and around the marathon—men bouncing basketballs at Mile 6 and guys with hula hoops at Mile 5.

By Mile 21 the hula hoops were gone. Runners needed sugar, electrolytes and fuel to make it to the finish. Our checkpoint had a key role to provide food, drink and services to runners, cheer them on, and watch for those in distress.

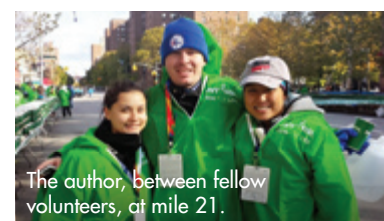
Volunteer in Philly

I'd recommend volunteering to anyone who enjoys running, sporting events and watching the triumph of the human spirit. The Philadelphia Marathon, Nov. 22, always needs help.

The experience had special meaning, as it reminded me of how I got started in my running career. As a 10-year-old, watching the London Marathon pass my hotel, I looked at the small, elite runners—shorter than I was on my perch on the curb—as they glided by so gracefully, seemingly effortlessly. And I thought "That doesn't look too hard. I think I'll try running."

Now, at 27, at the 21-mile mark, watching over 50,000 people running through the pain, I smiled at the memory, looking downtown toward the finish line. I was reminded that anyone can do it, if they put their mind to it. And train. For 2015, I think I will. ♦

EDITOR'S NOTE: Winners of the 2014 NYC marathon were two 32-year-old Kenyans, Wilson Kipsang, in 2:10:59 in his first appearance, and Mary Keitany in 2:25:07. In 2015, the one-millionth runner will cross the finish line on November 1.



The author, between fellow volunteers, at mile 21.

For a marathon closer to home, mark November 20-22 on your calendar. **The Philadelphia Marathon**—City of Brotherly Love & Sisterly Endurance—needs volunteers! Signing up is easy! Just go to PhiladelphiaMarathon.com/Volunteers and fill out the form.



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Have you ever dreamed of having your own personal chef? At Jenner's Pond, residents enjoy delicious, nutritious, chef-prepared meals that are a delight to the senses, in an atmosphere that's a celebration of food, friends and life well-lived. Of course, if there's a chef in you, you'll enjoy having the choice to create culinary masterpieces in your own well-appointed kitchen. It's just one of the many features that make retirement living at Jenner's Pond stand out from the crowd.

To learn more about what sets Jenner's Pond apart, call or stop by today.



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The Continuum of Care

CONTINUING TO LIVE LIFE TO THE FULLEST

Mary Irene Dolan

AS WE AGE, THINGS CHANGE. WE'D LIKE TO PREPARE for those changes and feel cared for, active and not a burden to family and friends. Moving into a Continuing Care Retirement Community, or CCRC, is one way to secure our future and address some of aging's difficult issues.

We talked with local senior communities to find out how CCRCs can help us and our loved ones with some of these challenges.

What Is a CCRC?

CCRCs are largely unregulated and every community is different, especially in different states. Yet all share a common feature: they provide a multi-tiered approach to aging with a series of care levels—typically Independent Living, Assisted Living and Skilled Nursing Care, but may include services like Rehabilitation and Respite Care.

One thing that makes CCRCs special is all levels of care are

provided *on the same campus*—not always so for other senior communities.

Most CCRCs offer one or more of three types of contracts: 1) "Lifetime" models, where an entrance fee and fixed monthly charges guarantee long-term care and lifetime occupancy; 2) fee-for-service or rental models, or 3) a combination of both. The best choice depends on income and current health of a prospective resident.

Like Home But Better

Moving into a CCRC to age in place may seem counterintuitive, especially if a person is still in good health. But in the long run, it's often the least stressful option.

"It's hard enough for seniors to move from a home they've lived in for so long," says Matthew Pavlick at Forwood Manor. "Knowing they can get the help they need now, as well as what they may need

down the road gives them comfort knowing they won't have to make another move."

And some residents find community life is even better than living at home! "Married couples especially can benefit from a CCRC, as everyone ages at different rates," notes Pavlick. If one spouse needs more assistance, separation isn't necessary with all services on one campus. The couple can still easily visit each other and can rest assured their loved one is being cared for.

Plus the wide range of amenities at many CCRCs keep residents occupied and active, often more so than at home. Tel Hai Retirement's Jolene Weaver says, "Here residents enjoy a worry-free lifestyle in a vibrant community." With many options for residences, activities, clubs, travel and wellness opportunities, seniors make the most of their retirement—and are excited about their move.

That variety of choice is key in helping seniors feel independent. Tel Hai residents can customize their living space, adding privacy and accessibility features to suit their needs. "By choosing a home environment that's conducive to 'aging in place,' residents are free from the burdens of a care-based move," says Weaver.

One common stress about leaving home is parting with an animal companion.

Luckily, communities like Dunwoody Village have pet-friendly policies allowing furry friends of any size anywhere on campus—even in personal care rooms. Owners and pets love Dunwoody's outdoor walkways, and the policy helps pet owners feel more at home with a familiar face keeping them company.

When Needs Change

Most seniors arrive at a CCRC able to live independently in apartment or cottage homes. But as needs change, they may have to move to a higher level of care. How do they know which level?

"Well, first, no one ever knows what level of care they need. Everyone's in denial!" says Anda Durso, at Wellington at Hershey's Mill. "That's why we have an interdisciplinary team working closely with residents to watch for signs of when it's time for them to receive more care."

And that transition doesn't have to be sudden. Wellington residents might first receive in-apartment help with things like taking medications and making grocery lists before moving to personal care or skilled nursing homes on site. "It's great because they're already familiar with the residents and staff," notes Durso. "And we try to make

the transition as smooth as possible, meeting with families for support and keeping them involved in the process."

Some residents may need more specialized care, like memory care or rehabilitation. That's why CCRCs like White Horse Village have these services on campus. Their newly renovated Four Seasons wing is designed specifically for advanced memory care. Dottie Mallon notes, "Our staff provides not only excellent medical care but also the personal warmth, emotional support and respect necessary to maintain the dignity and individuality of each resident."

White Horse Village residents needn't go far for rehabilitation services either. However long their stay, "They're still very much a part of the whole community," Mallon says. "They continue to enjoy all the enrichment programs and events offered." CCRCs make this type of integration possible, resulting in less disruption in residents' lives.

Sense of Community

Although many seniors think they'd feel more comfortable aging at home, they may not realize the friendship and support available in CCRCs from people their own age, in the same stage of life. "Moving is such an emotional decision, and it's not for

everyone,” agrees Mitchell Hanna, at Quarryville Presbyterian Retirement Community. “But many residents, after moving in, are amazed at how much more social and involved their lives become.”

Residents interact every day at meals and in common areas, and everything is just a short walk away. Also, Quarryville’s faith-based outlook brings together many likeminded people, making residents feel welcomed and understood. “As other communities grow more secular, we’ve kept our roots in the church,” says Hanna. “Our residents really appreciate it.”

And there are different types of communities for different types of folks. While many focus on amenities, others like Friends Home in Kennett pride themselves on Quaker simplicity and a down-to-earth atmosphere. “We attract all kinds of seniors,” says Dot Folz. “Both older seniors who are not enticed by upscale features and are more interested in homey, comfortable living, as well as more active seniors who want easy access to a vibrant, inviting town literally steps away.” And that’s exactly what Kennett Square offers.

Quality and Quantity

As the concept of senior living changes, the population of seniors is changing too. Bob Bertollette, of Riddle Village is excited about the change. “Aging used to be about the quality of life,” he says. “Now it’s also about the quantity of years lived.” He notices many reasons seniors are living longer in CCRCs.

One reason may be that residents are more active than ever—90-year-olds on treadmills is a common sight! Also there’s greater medical intervention, with skilled help on site when something goes wrong.

But the biggest reason CCRC residents thrive into their 90s and even 100s is the psychosocial benefits. There’s less depression, more social and mental stimulation, and a whole community of staff and residents providing emotional support. “It’s difficult when a resident’s health starts to decline or someone loses a spouse,” says Bertollette, “but no one here has to go through those challenging times alone.”

“There’s one thing we hear all the time,” he says, “and that’s, ‘I wish I moved sooner.’” ♦



IN-HOME CARE: ANOTHER OPTION

According to AARP, about 90% of seniors want to age in place in their homes. For them, in-home care is an ideal option and a stepping stone for those who aren’t ready to move to a CCRC or Assisted Living Community but still need help with daily tasks.



Angel Companions’ Ed Rofi says, “We’re certainly not in competition with assisted living communities; we simply provide another option.” After all, the wishes of the person being cared for should be the priority.

Many seniors aren’t ready to leave the communities they’re still active in and prefer to stay close to family and friends. “When a person begins to need assistance with dressing, cleaning, meals and other daily tasks, we step in to provide that,” says Rofi. As the name suggests, Angel Companions also provide essential company for those who’ve grown isolated.

For many seniors, maintaining independence and dignity is as important as maintaining their home, regardless of how much care they may need. Christi Seidel at Surrey Services notes, “Some people just need a bit of assistance with meal prep, errands and light housekeeping, while others may need more assistance or medical care.” Either way, in home care allows them to retain some self-sufficiency.

“It’s also beneficial for people coming out of a hospital or rehab stay, or for family caregivers who need respite care,” says Seidel. Clients are able to recover in their own homes without needing their family to help.

Luckily, in-home care is gaining popularity according to Mitzie Greene at Bayada Home Health Care. “Quite simply, it promotes healing,” she says. Clients not only stay in a familiar environment but also become active participants in directing their care. “They continue to engage in the activities they love,” says Greene, “and family members are saved from the stress of caring for them. That stress is replaced with a better quality of life for all involved.”

If they choose, with the help of qualified caregivers and the comprehensive services available, many seniors can safely and comfortably age in place.



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SENIOR COMMUNITIES

Our region has many communities for active seniors and those requiring some assistance. Here is a guide to a few high-quality options.

COMMUNITIES FOR THE FIT, ACTIVE AND INDEPENDENT

Our area has a variety of communities built and managed for active seniors. They're essentially planned neighborhoods—townhouses, condos, apartments—catering to older adults who still feel young. Some are called “55+” communities, others “active adult,” “retirement” or “independent living” communities. Many feel like resorts. Here are a few.

Pennsylvania

DOWNINGTOWN

Ashbridge Manor

610-269-8800; AshbridgeManor.com

The Woods at Rock Raymond

484-784-2100; WoodsAtRockRaymond.com

EXTON

Meridian at Eagleview

Opening 2016
610-458-7644; MeridianEagleview.com

GLEN MILLS

Fox Hill Farm

610-558-4441; FoxHillFarm.org

KENNETT SQUARE

Cartmel & Coniston (Kendal)

800-216-1920; KCC.Kendal.org

KIMBERTON

Atria Woodbridge Place

484-302-0005; AtriaSeniorLiving.com

LITITZ

Warwick Woodlands, a Moravian Manor Community

717-625-6000; WarwickWoodlands.org

MEDIA

Springton Lake Village

610-356-7297; SpringtonLakeVillage.com

PHOENIXVILLE

Coldstream Crossing

610-321-1977; ColdstreamCrossing.com

WEST CHESTER

Harrison Hill Apartments

610-430-6900; BaxterProperties.com

Hershey's Mill

610-436-8900; HersheysMill55Plus.com

Westtown Reserve

215-910-3064; WesttownReserve.com

Delaware

HOCKESSIN

Cokesbury Village

302-235-6000; PUMH.org

WILMINGTON

Ingleside Retirement Apartments

302-575-0250; InglesideHomes.org

Methodist Country House

302-654-5101; PUMH.org

COMMUNITIES FOR THE INDEPENDENT WITH CONTINUING CARE AND ASSISTED LIVING

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support, moving from independent living, then assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community. Those listed have strong “independent living” programs.

Pennsylvania

DEVON

The Devon Senior Living

610-263-2300; TheDevonSeniorLiving.com

The Devon Senior Living is located in a beautiful, peaceful, rustic country setting, only minutes from area hospitals, restaurants and shopping centers. They offer award-winning living assistance, Alzheimer's/Memory Support and short-term stays and features distinct services and amenities in a comfortable, home-like setting. You can visit them at 445 N. Valley Forge Rd.

DOWNINGTOWN

St. Martha Villa for Independent & Retirement Living

610-873-5300; Chg.org/St-Martha-Villa/

Since their founding in 2003, St. Martha Villa has proudly served in the Chester County community by providing exceptional service to Independent & Personal Care residents. Creative activities serve a wide range of interests, which include pet therapy visits, gardening, musical events, daily mass and outings in the local community. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare and together constitute a continuing care retirement community.

Tel Hai Retirement Community

610-273-9333; TelHai.org

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THE COMMONS

For 67 years, Christ-centered living has been our hallmark. While our neighborhood is expanding, our commitment to uncompromising standards of security and care for every resident continues uninterrupted.

Another example of Quarryville meeting and exceeding the needs of our residents is the newly-constructed Commons gathering place.

Featuring an indoor pool, a walking track, a fitness center, a cafe, and a terrace with an outdoor fireplace and pizza oven, the Commons is a place where our family can come together to meet, eat, exercise and relax.

With the addition of the Commons, the list of what to love about Quarryville—our ideal location, great value, spacious apartments, award-winning cottages, and outstanding medical care—just got longer.

But topping the list is our commitment to helping each resident live life to the fullest.

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KENNETT SQUARE

Friends Home in Kennett

610-444-8785; FriendsHomeInKennett.org

Offering a wide range of options for seniors including independent living in one of seven apartments with kitchen or kitchenette. They offer supportive independent living in a studio, one-bedroom apartment or couples suite with expansive rooms and 1½ baths. Services are available when needed right in your own apartment. All meals, housekeeping and laundry included. Immediate availability. Friends Home in Kennett—where friends become family.

Kendal-Crosslands

610-388-1441; CC.Kendal.org

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LANCASTER

Quarryville Presbyterian Retirement Community

888-786-7331; Quarryville.com

Retire the ordinary—things like the lawnmower and snow shovel. Live the extraordinary—by pursuing your interests, building relationships and relishing time with family and friends. Spacious apartments and award-winning cottages along with an abundance of activities and amenities will make your retirement an extraordinary one at all levels of care for people over 62. Come to Quarryville to retire the ordinary. Live the extraordinary.

Willow Valley Communities

866-454-2922 WillowValleyCommunities.org

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care, the guarantee of long-term care, at no additional cost, should it be needed. Willow Valley is a place to engage, to learn, to enjoy.

MANHEIM

Pleasant View Retirement Community

717-665-2445; PleasantViewRC.org
Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing and carefree lifestyle with opportunities to explore passions and interests. With a variety of living accommodations to choose from, plus a multitude of on-campus conveniences, maintaining your active lifestyle is easier than ever. Plan your visit to see why over 400 residents call Pleasant View home.

MEDIA

Riddle Village

610-891-3777; RiddleVillage.org
Located on 40 acres in Delaware County, this community's services include an indoor pool, fitness center, putting green, beauty salon, personal trainer, bank and more. Accommodates residents in independent living units with a variety of floor plans. Quality First Participant.

NEWTOWN SQUARE

Dunwoody Village

610-359-4400; Dunwoody.org
Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers. Dunwoody is taking reservations for the new 2,100 to 4,000-square-foot Penrose Carriage Homes now under construction. 50% reserved with great locations still available.

White Horse Village

610-558-5000; WhiteHorseVillage.org
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park. Accommodations are offered in a wide variety of styles. Wellness Center with indoor pool and spa, dance/aerobics studio, strength training, putting green, library, dining options, performing arts, enrichment programs, transportation and more. Onsite Healthcare Center with skilled nursing, personal care and memory support. Short term rehabilitation and Medicare certified. Member of Leading Age and Leading Age PA. Accredited by CARF-CCAC. Quality First Participant.

PAOLI

Daylesford Crossing Senior Living

610-640-4000; DaylesfordCrossing.com
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WEST BRANDYWINE

Freedom Village at Brandywine

484-288-2200; Brookdale.com
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484-653-1200; WellingtonRetirement.com
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WEST GROVE

Jenner's Pond Retirement Community
610-869-6801; JennersPond.org

Set on 88 acres of rolling farmland, about seven miles from Kennett Square, convenient to 20 golf courses and Longwood Gardens. Amenities and services include walking trails, art studios, libraries, four dining venues, pub and more. Offers a variety of accommodations including cottages and apartments, assisted living and skilled nursing residences. Quality First participant.

WYOMISSING

The Highlands at Wyomissing
610-775-2300; TheHighlands.org

The Highlands at Wyomissing is a life-care continuing care retirement community situated on 113 acres next to beautiful Wyomissing Park. They offer 246 residential apartments of various sizes, 40 spacious two- and three-bedroom villas, 66 personal care and 80 skilled nursing. A nonprofit entity of Reading Health System.

Delaware

NEWARK

Millcroft Senior Living
302-366-0160; FiveStarSeniorLiving.com
See Five Star Senior Living, Wilmington.

Somerford House & Place
302-266-9255; FiveStarSeniorLiving.com
See Five Star Senior Living, Wilmington.

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while signatures like All Day Dining fill each day with opportunities.

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Forwood Manor
302-529-1600; FiveStarSeniorLiving.com

Foulk Manor South
302-655-6249; FiveStarSeniorLiving.com

Foulk Manor North
302-478-4296; FiveStarSeniorLiving.com

Shipley Manor
302-479-0111; FiveStarSeniorLiving.com





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Angel Companions

610-644-8780; AngelCompanions.net

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Newtown Square, 610-353-5000

Bayada.com

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Surrey Services for Seniors

Devon, Broomall, Havertown, Media

610-647-6404; SurreyServices.org

Surrey, a nonprofit organization, has provided a full spectrum of specialized services to seniors throughout the community for more than 34 years—in-home services including medical and nonmedical home care, transportation, house cleaning and daily money management as well as activities and lifelong learning opportunities at four sites. What differentiates Surrey is their caring philosophy, holistic view and family-centered approach.

TLC Moving Services

610-268-3243; TLCMovingServicesllc.com

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For more than 100 years, Friends Home in Kennett has been a special part of historic Kennett Square. Here, we've created a community that's ideal for both our family of friends and the families who love them. Our guiding philosophy is to practice supportive care, giving residents the assistance they need while honoring their independence.

Focusing on quality of life, combined with a comfortable setting, makes Friends Home unique. However it is the residents who fill the community with their vitality and spirit that make this a very special place, indeed.



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Food News

A few of our favorite things to share this month about local food and drink



Pumpkin Bowl. Sure, we all love pumpkin spice lattes, pumpkin beer and pumpkin pie. But if you're looking for a different way to use pumpkins this season, consider **pumpkin soup** ... cooked *inside* the pumpkin. Use small, individual-serving-size pumpkins or one large one and ladle the soup into separate bowls. For pumpkin soup recipes and more—curried quinoa stuffed pumpkin, anyone?—go to *TheKitchn.com* and search Things You Can Cook Inside a Pumpkin.

No Cooking for You. Wander through some of the most beautifully designed local kitchens in the **7th Annual Notable Kitchen Tour and Chef Showcase**. The best part? Since it's not your kitchen, you don't have to cook ... or clean up! Sample delectable dishes from talented local chefs and caterers—Arde Osteria, La Locanda Ristorante, Restaurant Cerise—as they prepare favorite dishes at each stop. Benefits the Philadelphia Orchestra. Tickets are \$45, *NotableKitchens.com*.



Print Your Food. Perhaps a 3D printer doesn't seem like something you'd want for your kitchen, but soon you might. Why? It will let you create burgers meeting your personal specifications and dietary restrictions or print a picture of your spouse on a chocolate bar. **3D food printers**, like the Foodini, can convert a wide range of ingredients—proteins from algae, beet leaves or insects—into tasty products. The final product is healthy, safe to eat and lets you choose what you put into your food. Learn more at *3DPrintingIndustry.com*.



Easy As Pies. Don't like being limited to just one pie every Thanksgiving? Try several different pies! How? Make them mini. **Bite-size pies** are the perfect finger food for sitting on the sofa after the big meal and watching your favorite football teams.



And since these are bite-size, they don't require silverware or plates. Fewer dishes! So grab your jerseys and make your dessert table your coffee table. *Recipes on Pinterest.*

After Thanksgiving Dinner. While Thanksgiving is the perfect day for, well, giving, and volunteering before the big meal is a time-honored family tradition, there are **364 other days** of the year. Just because the turkey is gone doesn't mean the need for volunteers at local organizations—Chester County Food Bank, Lord's Pantry of Downingtown, Phoenixville Area Community Services, to name a few—is gone, too. Consider creating a new tradition to make the spirit of Thanksgiving carry on all year. Check out *Volunteer-Match.org* for more suggestions.



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HOSTING A BRENNAN Thanksgiving is like being a camp counselor: you must coordinate many moving parts, harness boundless energy, uphold tradition and make sure everyone—carnivores, vegetarians at various levels of commitment and kids on white-food-only diets—goes home well-fed.

Being a holiday hog, I was thrilled when my mother-in-law Georgie passed the Thanksgiving torch to my husband and me four years ago. We sent an email asking everyone what they'd like to bring, and within hours, the guest list (25 or so) and menu were set. What I didn't fully appreciate was that, with a few variations, the menu was set in perpetuity. The Brennan clan loves a ritual: do something once, and it's a tradition.

Every year goes like this: Georgie pulls into the driveway an hour early, pops the hatch of her station wagon to reveal a basketful of appetizers and enough stuffing to feed a carbohydrate-deprived wrestling team. Aunt Nancy, who's traveled from San Francisco, springs from the passenger seat with a massive jar of homemade cranberry chutney. How she got through airport security, we'll never know. Cousins Andy and Polly arrive bearing hard cider, made with apples they've grown themselves on their New York farm. Polly brings along her Brussels sprouts or kale salad, welcome contrasts to all the rich dishes.

Other cousins from New York City and Washington, D.C. dash in with dishes to round out the menu: Linda's sweet potatoes, Valerie's green bean casserole, Malaika's pumpkin pudding and Mary's famous mashed potatoes—the exact ratio of butter



The Brennan family members are ready to fill their plates.

and cream cheese to potato she has never revealed, but if her mashed potatoes did not appear on the table, mutiny would ensue.

I have two main responsibilities: cooking the turkey and worrying the turkey won't be cooked right. Maybe my standards are too high, but I've always felt that Thanksgiving is the only meal when you can't respectably screw up the entrée, laugh it off and order pizza. Lest I'm tempted to shed the mantle of anxiety, my mother—supportive at all other times of the year—arrives and within minutes whispers “Did you make sure the farmer cut off the turkey's neck this time?” (She's remembering the Thanksgiving morning she and I spent engaged in activities seldom seen outside a Coen brothers' movie.)

Before dinner, Brennans ages 2 to 83 head to the local bike trail for a stroll. Those who stay behind—usually moms in need of a quiet moment—huddle together in the kitchen for my favorite ritual: catching up on each other's lives and deciding by consensus whether the turkey's really and truly cooked.

The walk over, the stragglers accounted for, the candles lit, I ring the Brennan dinner bell—an indispensable gift from Jimmy and Linda who know corralling chatty, football-watching Brennans is no job for the quiet-voiced.

In honor of my father-in-law, gone a decade now, we invoke his favorite toast. “Happy days,” we say, cider clinking champagne, sippy cups raised high.

Happy, happy days indeed.

Roasted Sweet Potatoes with Honey and Cinnamon

"Growing up Korean-American, I never had traditional Thanksgiving dinner at home," says my cousin Linda. "One holiday, I tried baked sweet potatoes and marshmallows at a friend's house and fell in love. I soon learned how to make it, and it was my usual go-to for potluck dinners. But a few years ago, after a bout of illnesses that had me bedridden for a year, I decided to change my eating habits for the better. I tried roasting different types of vegetables in the oven with a simple mix of olive oil, salt and pepper. I tried this for sweet potatoes and acorn squash but felt it needed a little sweetness. I added honey and cinnamon to both, and it satisfied my sweet tooth. It might not be the same as the baked potatoes with marshmallow, but it does the job."

- 1/3 C. honey
- 1/3 C. olive oil
- 3 tsp. cinnamon
- 3-4 sweet potatoes, peeled and cut into 1" cubes
- Salt and pepper to taste
- Optional: dried cranberries, toasted seeds and toasted nuts



Preheat the oven to 375°. Mix honey, olive oil and cinnamon in a large bowl, reserving 2 Tb. of the mixture. Toss in sweet potatoes. Line rimmed baking sheet with parchment paper. Place sweet potatoes in one layer. Bake for 20-30 minutes, until tender, turning over once halfway through baking. Remove and drizzle with reserved mixture. Sprinkle salt and pepper to taste. Add dried cranberries, toasted seeds and nuts if desired. Makes 4 servings.

Turkey Talk

Historians can't say for sure which dishes the Plimoth Plantation colonists and Wampanoag People ate during the 1621 harvest celebration. Based on the one surviving record and the fact that wild turkeys were plentiful in New England, it seems likely that turkey was on the table.

That tradition is clearly alive and well: nowadays, between 85% and 90% of Americans enjoy the bird on Thanksgiving Day. Read on for other turkey tidbits—many I learned from *Giving Thanks: Thanksgiving Recipes and History from Pilgrims to Pumpkin Pie*, a gift from Aunt Nancy Brennan who served as Executive Director of Plimoth Plantation.

99% of turkeys raised in America are Broadbreasted Whites (also called Large Whites), but heritage breeds with cool names and intense flavor—Jersey Buff, Narragansett and Bourbon Red—are making a comeback at farmers markets and gourmet grocery stores.

Baked Sweet Potatoes and Apples

Another wonderful sweet potato recipe without marshmallows! Says CLM Editor Jo Anne Durako: "You've got to have sweet potatoes at Thanksgiving, so why not combine them with apples? For those who don't love sweet potatoes but do love baked apples, this is a good option."

- 3 sweet potatoes, peeled and quartered
- 1/2 C. brown sugar
- 1 tsp. ground cinnamon
- 1 tsp. ground nutmeg
- 2 large cooking apples, peeled, cored and cut into 1/4" rings

For the topping:

- 1/4 C. flour
- 1/4 C. brown sugar
- 1/4 C. butter
- 1/4 C. chopped pecans

Preheat oven to 350°. Lightly grease a 7"x11" baking dish or medium casserole dish.

Place sweet potatoes in a large saucepan with enough water to cover. Bring to a boil and cook 25 minutes until tender but firm. Drain, cool and cut into 1/4" slices.

In a small bowl, mix brown sugar, cinnamon and nutmeg. Layer sweet potatoes, brown sugar mixture and apples in the baking dish.

To make the topping: In a medium bowl, mix flour, brown sugar, butter and

The first tofu turkey debuted in 1992 weighing 8 lbs. and measuring 14" across! Its vegetarian inventor, Gary Abromowitz, always felt just a tad unsatisfied after a Thanksgiving meal consisting mainly of vegetables. The faux bird, says Abromowitz, gave his feast a focus.

Pardoning the national turkey began officially in 1989 with President George H.W. Bush. As part of their training, turkeys are exposed to men in dark business suits so when the president meets birds, feathers won't fly. The lucky turkey spends its post-pardon days at a local zoo.

Food legend has it that Turducken originated in 1985 when a farmer wandered into Hebert's Specialty Meats in Maurice, Louisiana carrying his freshly hunted chicken, duck and turkey. He asked the butcher to debone all three, stuff the chicken inside the duck and wrap a turkey around it. The rest they say is a 16-18 pound dinner!

pecans. Sprinkle over top of sweet potatoes and apples. Bake for 30 minutes, or until lightly browned.

Makes 6 to 8 servings.

Cranberry Chutney

Recipe courtesy of Nancy Brennan.

- 1/2 C. apricot preserves
- 1/2 C. cider vinegar
- 1/2 C. firmly packed dark brown sugar
- 3/4 tsp. curry powder
- 1/2 tsp. ground ginger
- 1, 3-inch cinnamon stick
- 6 cloves
- 1 1/2 C. water
- 1 lime, blanched in boiling water for 2 minutes, seeded and chopped
- 3 C. cranberries, rinsed and picked through to remove funky ones
- 1 firm pear, diced
- 1 apple, peeled and diced
- 1/2 C. raisins
- 1/2 C. chopped walnuts

In a large stainless steel pan, combine the preserves, vinegar, sugar, curry powder, ginger, cinnamon, cloves and water. Bring to a boil, stirring until sugar is dissolved. Add chopped lime and cranberries. Simmer for 15 minutes. Add apple and pear and simmer for another 10 minutes or until thick. Remove from heat and immediately stir in raisins and walnuts.

Transfer to glass bowl to cool. Chill in refrigerator overnight to meld flavors.

Makes about 4 cups.

Buttered Brussels Sprouts

This recipe comes by way of my vegetable-loving cousin Polly.

- 2 lbs. Brussels sprouts
- 3-4 Tb. butter
- Salt and pepper to taste

Wash Brussels sprouts well. Remove outside leaves and trim bottom. Cut a small x in the bottom of each sprout so that it absorbs the butter.

Put sprouts in an oven proof pan with a little water. Cover and steam until bright green. Most of the water should have disappeared, but if not, pour off.

Add butter to the pan and toss to coat. Put pan under the broiler for 2-3 minutes to brown sprouts. Add salt and pepper.

Makes 8 servings.

Betty's Spinach Casserole

CLM Associate Editor Marci Tomassone inherited this recipe from her dear friend's mom, Betty. In Marci's words: "Simple? Yes. Perfect for a day that has so much going on, and if I don't make it, 20 people will revolt."



- 2, 10-oz. pkgs. frozen chopped spinach, thawed completely and drained well
- 1 can cream of mushroom soup (low sodium works well)
- 1/2 stick butter
- 1 C. Pepperidge Farm stuffing (cubes)
- 1 egg, beaten
- 1 medium onion, grated or chopped finely
- 1 1/2 C. shredded cheddar cheese

Preheat oven to 350°.

Squeeze the spinach well, getting as much liquid out as possible. Mix spinach

and all other ingredients well and bake in a greased casserole for 40-45 minutes or until bubbly.

Makes 6 side servings.

Note: Marci always doubles this recipe to serve 10 to 12.

Sausage Stuffing

Another family favorite from CLM Associate Editor Marci Tomassone. Her kids always want leftovers to take home—they actually come with their own containers—so she doubles or triples this recipe.

- 1 lb. mild sausage, casings removed
- 5-6 Tb. olive oil, divided
- 3 Tb. butter
- 1-2 C. chopped celery
- 1-2 C. chopped onion
- Salt and pepper to taste
- 3-4 sprigs fresh thyme
- 1/2 to 1 C. white wine
- 1, 12-oz. bag Pepperidge Farm Seasoned Stuffing cubes
- Chicken broth
- 1/2 C. Parmesan cheese

Sauté the sausage in a skillet in 1-2 Tb. olive oil, crumbling with a spoon until browned. When browned, remove from pan with slotted spoon and set aside.

Add remaining olive oil and butter to the pan and sauté celery and onion until just soft, adding a little salt and pepper to taste (Do not add too much salt as the Parmesan you add later is salty.)

Add wine to deglaze bottom of pan, scraping goodies from the bottom. Add thyme. Put in seasoned stuffing cubes and toss to coat. Return sausage to pan. Add just enough chicken broth to moisten. Take off heat and stir in Parmesan cheese.

At this point, the stuffing can cool down and be refrigerated if made the day before. Then, bring to room temperature before baking.

Put in a casserole dish and bake, uncovered, for 30-45 minutes. This really depends on the depth of the casserole. If it's deep, it will take a bit longer. You may want to turn stuffing halfway through baking. Our family likes it crisp on top, so we let it bake unturned for at least 20 minutes at the end.

Makes 8 servings.

Pumpkin-Chocolate Swirl Cheesecake

My cousin Polly tweaked the quantities in this recipe from Vegetarian Times, November/December 2006.



For the chocolate crust:

- 1 1/2 C. chocolate graham cracker crumbs
- 4 Tb. unsalted butter, melted

For the cheesecake:

- 4 oz. bittersweet chocolate, chopped
- 1 1/2 C. low-fat cottage cheese
- 12 oz. Neufchatel cheese, softened
- 2 C. light brown sugar
- 3 large eggs
- 1/2 C. flour
- 1, 15-oz. can pumpkin
- 1 1/2 Tb. ground ginger
- 1 1/2 Tb. ground cinnamon
- 2 tsp. vanilla extract
- 1 tsp. ground nutmeg

Preheat oven to 350°.

To make the chocolate crust: Coat a 9" Springform pan with cooking spray. Combine graham cracker crumbs and butter in bowl. Press into prepared pan and bake 10 minutes.

To make the cheesecake. Melt chocolate. Set aside.

Blend cottage cheese in food processor until smooth. Add Neufchatel cheese, brown sugar, eggs and flour and process until smooth. Add pumpkin, ginger, cinnamon, vanilla and nutmeg.

Whisk 1 C. cottage cheese batter into melted chocolate. Pour remaining batter into crust. Spoon dollops of chocolate mixture into batter and swirl with knife.

Bake cheesecake 1 1/2 hours or until top is firm and cake starts to pull away from sides of pan. Cool completely on wire rack and then chill well before unmolding and serving.

Makes 8-10 servings.

Pecan Pie

CLM's business manager Debbie French tells the story behind this recipe: "Necessity was the mother of invention. Unable to find the sugar during last minute pie baking on Thanksgiving morning, my sister substituted 1 cup of sucralose granular for the sugar. 'You've ruined the pecans!' I screamed. NOT! The pecans still have all their yummy gooeyness without being knocked out by so much sugar. We've never looked back, and this way is now our favorite way to honor the pecans!"

- 1 C. dark corn syrup
- 3 eggs
- 1 C. granular sucralose
- 2 Tb. butter, melted
- 1 tsp. vanilla extract
- 1 1/2 C. pecan halves
- 1, 9-inch unbaked pie crust

Preheat oven to 350°. Mix corn syrup, eggs, granular sucralose, melted butter and vanilla by hand. Stir in pecan halves. Pour into prepared pie crust.

Bake on middle rack for 60–70 minutes.

Cool 2 hours before serving.

Heavenly Potatoes

When I told my friend Frank that I was writing about Thanksgiving family favorites, he gushed about his sister-in-law Laura's potato casserole. You can cook the potatoes the day before, drain them well and refrigerate.

- 5 lbs. Idaho potatoes
- 1 medium onion, finely chopped
- 2 sticks salted butter
- 1/2 C. milk
- 1/2 pt. heavy cream
- 1 pt. half and half
- Salt, to taste
- Garlic powder, to taste
- Hot paprika, to taste

Preheat oven to 325°. Peel and partially boil the potatoes, about 20 minutes. Push potatoes through a ricer. Place potatoes in a 9"x13" baking dish. Mix in onions.

In a saucepan, melt butter. Stir in milk, heavy cream, half and half, salt and garlic powder. Heat but do not boil. Pour butter mixture over potatoes and stir gently until potatoes are very hot.

Sprinkle generously with paprika. (Laura likes to use a lot!).

Bake for 1/2 hour.

Makes 12–14 servings. ♦

Laura traces her love of all things culinary to the first time she leafed through her mother's Betty Crocker's Cooky Book—which still occupies a place of honor among her 600+ cookbooks. A passionate supporter of local food, she co-founded a farmers market, judges area food contests, and anticipates restaurant openings with the excitement most people reserve for winning a Mega Millions jackpot.



For more great recipes visit
CountyLinesMagazine.com

talking with

Jeannette Grabe, Canter Hill Farm, Malvern

For November, we're taking a look at the centerpiece of the Thanksgiving dinner table—the turkey. Back in 2008, William Woys Weaver introduced us to heritage turkeys, those special breeds with bloodlines dating back to the 19th century and a world away from the commercially produced birds in supermarkets. So we're taking another look, this time at the heritage birds raised by Jeannette and Wayne Grabe at their Malvern farm. Yes, it's time to talk turkey—heritage turkey.



Why did you decide to raise heritage turkeys?

The short answer is that someone has to raise them, to protect the bloodlines. Heritage breeds are like heirloom vegetables, important to preserve their genetics. These original breeds can't disappear—the Narragansetts, Bourbon Reds, Spanish Blacks that we raise—and get replaced by commercial breeds like the Broad Breasted Whites. We researched heritage breeds before we started our farm in 2008 and liked that there was no genetic engineering, no cross breeding, no breeding for commercial purposes rather than taste. Our goal was to raise the original versions, with their great taste and characteristics. Plus heritage breeds are better for you.

How do you raise them?

As close as possible to how they'd live in the wild, in their natural environment. Initially we bought heritage poults—turkey chicks—but found those we bred on our farm had a higher rate of survival. So we breed the turkeys here, where they're hatched on the property, warmed under lights until they have feathers. There's feed available for them but they also forage and feed on tall grasses, leaves, grubs. They roam on our 10 acres and the woods nearby. But they come home at night to roost, up on the roof or in the trees, to protect themselves from the foxes and raccoons.

What distinguishes them from other turkeys?

You can see the difference on the farm. They fly, forage for food, roost in trees—even on top of your car when you visit—and have rich, multicolored feathers like the turkeys in old illustrations. Conventional breed turkeys have bodies that are too big for their wings, especially the aptly named Broad Breasted Whites. Heritage turkeys have bodies that are smaller and proportional, with the same amount of breast and leg meat—not the 2/3 white to 1/3 dark meat of conventional breeds. They also grow more slowly and have lower calorie and protein needs. Heritage poults hatch in May reaching 6 to 8 pounds for females by Thanksgiving, rather than hatching in July and reaching 12 to 20 pounds for conventional breeds.

Finally, a huge, plump, yellow turkey is likely a conventional breed, rather than a slim, darker heritage turkey with more muscle from moving around, outside a pen.

What's the difference between heritage breeds and organic turkeys?

Good question! Lots of folks get confused, but it's simple. Heritage is related to the breed and bloodline, while organic relates to how they're raised—mainly how they're fed. It's like with dogs: you have a

pure-blood breed of dog, but you can feed any dog organic dog food. You can have organically raised heritage turkeys as well as organically raised conventional breeds. There's also organic certification, but mostly you'll want to make sure the feed is organic.

So, why are heritage breeds so hard to find and so expensive?

Frankly, the challenge is recouping the much higher cost of raising them. With "free turkeys" at supermarkets priced well below their cost, many farmers can't find customers who will pay the cost of a heritage turkey, much less make a profit. Heritage turkeys grow less than half of the size of conventional birds and take almost double the time. And most heritage turkey farmers put them on pasture, which requires acreage. That's a recipe for a more expensive bird!

How do you order one?

We're set up for ordering by email, mail or in person at several local farmers markets, where you can pick up your turkey before Thanksgiving. But don't wait too long. We always sell out!

Finally, any secrets on cooking heritage turkeys?

There are differences. Like grass-fed beef, they have lots of flavor. And heritage birds have less body fat so they cook faster and at a higher temperature. Because of the low fat, don't brine them longer than 6 hours, and use a moisture seal with butter under the skin, parchment paper, or wrapping with bacon or pancetta. I'll put my favorite recipe for Rosemary Maple Butter (for under the skin) online for your readers. Some folks buy one heritage and one conventional turkey, for those who want seconds! ♦

Find out more at CanterHillFarm.com and CountyLinesMagazine.com, where we've reposted the 2008 heritage turkey article.



DO YOU KNOW PHOENIXVILLE? ANSWERS

(continued from page 45)

1. In Manavon speaking Lenapé—an Algonquian language. The town had 400 people—mostly Lenape Native Americans.
2. The Farmers Market, under the Gay Street Bridge, on Saturdays, except in winter.
3. No, it is the annual Firebird Festival burning of the Phoenix.
4. No, it is the annual Blobfest celebration and reenactment of the famous scene of running from the Colonial Theatre.
5. Artisans Gallery & Café, of course, for a combination scone/donut.

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