



# Guide to 55+ and Retirement Communities

## 55+ COMMUNITIES FOR THE FIT, ACTIVE AND INDEPENDENT

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward the group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They are designed to make retirement healthier and more enjoyable.

### PENNSYLVANIA

#### Downingtown

##### Ashbridge Manor

610-269-8800; [AshbridgeManor.com](http://AshbridgeManor.com)

##### The Woods at Rock Raymond

484-784-2100; [WoodsAtRockRaymond.com](http://WoodsAtRockRaymond.com)

#### Exton

##### Meridian at Eagleview

484-873-8110; [MeridianEagleview.com](http://MeridianEagleview.com)

#### Gordonville

##### Watson Run

717-575-4059; [BerksHomes.com](http://BerksHomes.com)

A welcoming 55+ active adult community in the pastoral countryside of Gordonville

in Lancaster County, this is a perfect place to relax in the heart of Amish Country. Retire your lawnmower and snow shovel, enjoy the community center with workout room, pool and more. Activities abound just a short walk from downtown Intercourse. Live the good life at Watson Run.

#### Kennett Square

##### Cartmel & Coniston (Kendal)

800-216-1920; [KCC.Kendal.org](http://KCC.Kendal.org)

#### Kimberton

##### Atria Woodbridge Place

484-302-0005; [AtriaSeniorLiving.com](http://AtriaSeniorLiving.com)

#### King of Prussia

##### Canvas Valley Forge

844-279-9865; [CanvasValleyForge.com](http://CanvasValleyForge.com)

#### Media

##### Springton Lake Village

610-356-7297; [SpringtonLakeVillage.com](http://SpringtonLakeVillage.com)

#### Phoenixville

##### Coldstream Crossing

610-321-1977; [ColdstreamCrossing.com](http://ColdstreamCrossing.com)

#### West Chester

##### Hershey's Mill

610-436-8900; [HersheysMill55Plus.com](http://HersheysMill55Plus.com)

##### Westtown Reserve

215-910-3064; [WesttownReserve.com](http://WesttownReserve.com)

#### West Grove

##### Jennersville Farm

610-368-5549; [WalshAndAssociates.net](http://WalshAndAssociates.net)

### DELAWARE

#### Wilmington

##### Methodist Country House

302-654-5101; [PUMH.org](http://PUMH.org)

## COMMUNITIES FOR THE INDEPENDENT, WITH CONTINUING CARE AND LIFE PLAN COMMUNITIES

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life plan community. Those listed have strong "independent living" programs.

### PENNSYLVANIA

#### Devon

##### The Devon Senior Living

610-263-2300; [TheDevonSeniorLiving.com](http://TheDevonSeniorLiving.com)



Berks Homes / Watson Run



Dunwoody Village



The Hickman



Spring Mill Senior Living



Daylesford Crossing

Located in a beautiful, peaceful, rustic country setting, only minutes from area hospitals, restaurants and shopping centers. They offer Personal Care services, as well as award-winning Alzheimer's/ Memory Care and short-term stays and feature distinct services and amenities in a comfortable, home-like setting, at 445 N. Valley Forge Rd.

### Downingtown

#### St. Martha Villa for Independent & Retirement Living

610-873-5300; [Villa.StMRehab.org](http://Villa.StMRehab.org)

Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

### Exton

#### Exton Senior Living

610-594-0200; [ExtonSeniorLiving.com](http://ExtonSeniorLiving.com)

Convenient to great shopping and restaurants, Exton Senior Living is an active personal care and memory care community. Diverse activities and outings fill every day with opportunities to live well. A caring staff and 24-hour nursing provide residents with personalized assistance and peace of mind. They offer a variety of floor plans perfect for seniors looking for a supportive environment.

### Glen Mills

#### Glen Mills Senior Living

610-358-4900

[GlenMillsSeniorLiving.com](http://GlenMillsSeniorLiving.com)

Voted "Best Assisted Living in Delaware County," providing personal care for residents for over 17 years. Located only min-

utes from area hospitals, restaurants and shopping centers, they have a seasoned team of caregivers, providing the additional support needed to maintain independence while receiving the individualized care that suits residents' needs. The community provides 24-hour nursing supervision, short term stays and rehabilitation services.

### Gwynedd

#### Foulkeways at Gwynedd

215-643-2200; [Foulkeways.org](http://Foulkeways.org)

### Haverford

#### The Quadrangle

610-642-3000; [SunriseSeniorLiving.com](http://SunriseSeniorLiving.com)

### Honey Brook

#### Heatherwood Retirement Comm.

273-9301; [HeatherwoodRetire.com](http://HeatherwoodRetire.com)

#### Tel Hai Retirement Community

610-273-9333; [TelHai.org](http://TelHai.org)

Since 1956, Tel Hai Retirement Community is a nationally CARF accredited, nonprofit, 501(c)3 Life Plan Community located in the rolling countryside of Honey Brook Township, Chester County. They offer the full continuum of aging services including residential living, personal care, personal care memory support, health care, adult day services, home care services and therapy services in a vibrant caring community.

### Kennett Square

#### Friends Home in Kennett

610-444-2577

[FriendsHomeInKennett.org](http://FriendsHomeInKennett.org)

Options for seniors include Supportive Independent Living, Personal Care Services and Skilled Nursing for more intense care. All meals, housekeeping and laundry are included. Immediate





Surrey Services for Seniors



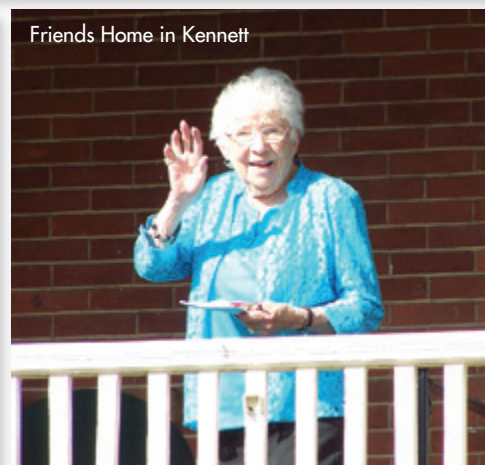
White Horse Village



Riddle Village



Exton Senior Living



Friends Home in Kennett

availability. Friends Home in Kennett—where friends become family.

### Kendal-Crosslands

610-388-1441

[KCC.Kendal.org](http://KCC.Kendal.org)

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two Life-Care Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, on-site child daycare, tennis courts, therapy, fitness, multiple dining venues, two libraries and putting greens, all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

### Lancaster

#### Quarryville Presbyterian Retirement Community

888-786-7331

[Quarryville.com](http://Quarryville.com)

Quarryville is an independent, continuing care retirement community, serving, equipping and enriching residents for nearly 70 years in Lancaster County, offering residential living, personal care, memory support

and skilled nursing. They provide the necessities and niceties of senior living through spacious apartments, award-winning cottages, vibrant activities and their new Commons building, featuring an indoor pool, walking track and fitness center.

### Willow Valley Communities

866-454-2922

[WillowValleyCommunities.org](http://WillowValleyCommunities.org)

For more than 30 years, Willow Valley has been dedicated to helping people pursue exceptional lives. Their mission is simple: to inspire each person to embrace the possibilities of a Life Lived Forward. Located on 210 meticulously maintained acres, they offer the security of Lifecare, the guarantee of long-term care, should it be needed, at no additional cost. Willow Valley is a place to engage, to learn and to enjoy.

### Malvern

#### Echo Lake

[LivingAtEchoLake.com](http://LivingAtEchoLake.com)

[LifeAtSage.com](http://LifeAtSage.com)

Opening Fall 2018. At the leading edge of the “aging well” movement, Echo Lake will include a huge fitness and wellness

center, innovative dining built around the latest trends in nutrition, and a catalog of programming that dares you to explore. Think cruise ship, think country club, think spa ... and then, let your imagination run wild.

### Manheim

#### Pleasant View Retirement Community

717-665-2445

[PleasantViewRC.org](http://PleasantViewRC.org)

Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing and carefree lifestyle with opportunities to explore passions and interests. With a variety of living accommodations to choose from, plus a multitude of on-campus conveniences, maintaining your active lifestyle is easier than ever. Plan your visit to see why over 400 residents call Pleasant View home.

### Media

#### Riddle Village

610-891-3700; [RiddleVillage.org](http://RiddleVillage.org)

Riddle Village is a Lifecare community that offers amenities including a fitness center, putting green, indoor parking, personal trainer, four unique restaurants, a





Kendal-Crosslands



Tel Hai Retirement Community



The Highlands at Wyomissing



Glen Mills Senior Living

flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.

#### Narvon

##### **Zerbe Retirement Community**

717-445-8741

[ZerbeRetirementCommunity.com](http://ZerbeRetirementCommunity.com)

#### Newtown Square

##### **Dunwoody Village**

610-359-4400

[Dunwoody.org](http://Dunwoody.org)

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers.

##### **White Horse Village**

610-558-5000

[WhiteHorseVillage.org](http://WhiteHorseVillage.org)

A warm and welcoming retirement community on 96 picturesque acres by a state park and surrounded by gardens, woodlands and meadows. Amenities include wellness center with indoor pool and spa,

putting green, bocce and shuffleboard courts, library, dining venues, performing arts, enrichment programs, transportation and more. On-site Healthcare Center with skilled nursing, assisted living and memory support. Member, Leading Age. Accredited by CARF-CCAC. Quality First Participant.

#### North Wales

##### **Kyffin Grove**

267-460-8100;

[KyffinGrove.com](http://KyffinGrove.com); [SageSeniors.com](http://SageSeniors.com)

Kyffin Grove Senior Living offers customized support, beautiful surroundings and unparalleled hospitality. Enjoy country living with every convenience in bucolic North Wales. Kyffin Grove offers supportive living and specialized, staged memory care. Call to find out more.

#### Paoli

##### **Daylesford Crossing**

610-640-4000

[DaylesfordCrossing.com](http://DaylesfordCrossing.com); [SageSeniors.com](http://SageSeniors.com)

Daylesford Crossing is senior living, but different ... completely customized support, uniquely sophisticated surroundings and unparalleled hospitality. With 78 supportive living and specialized memory care



St. Martha Villa





Kyffin Grove



Plush Mills



The Devon Senior Living



Willow Valley Communities



Pleasant View Retirement Community

apartments, Daylesford Crossing is located right in the heart of the upper Main Line. Call to find out more.

### Highgate at Paoli Pointe

610-296-7100

[GenesisHCC.com/HighgateAtPaoli](http://GenesisHCC.com/HighgateAtPaoli)

### Phoenixville

#### Spring Mill Senior Living

610-933-7675; [SpringMillSeniorLiving.com](http://SpringMillSeniorLiving.com)

Welcome home to an exceptional community offering exceptional personal care and memory care neighborhoods. Wake up inspired each morning with a wealth of activities, services and support at your doorstep. Enjoy restaurant-style dining, health and wellness programs, events, transportation, housekeeping and more. Live carefree and let them take care of everything for you. It's their pleasure.

### Rosemont

#### Rosemont Presbyterian Village

610-527-6500; [PresbyInspiredLife.org](http://PresbyInspiredLife.org)

### Valley Forge

#### Shannondell at Valley Forge

610-728-5200; [Shannondell.com](http://Shannondell.com)

### Wallingford

#### Plush Mills

610-690-1630; [PlushMills.com](http://PlushMills.com)

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

### West Chester

#### Barclay Friends

610-696-5211; [BF.Kendal.org](http://BF.Kendal.org)

#### The Hickman

484-207-0446; [TheHickman.org](http://TheHickman.org)

Located on a tree-lined street in the heart of West Chester, residents are part of a personal care community. True to their Quaker roots and traditions, The Hickman is setting the pace for affordable senior living. A new building opening in early 2018 adds 74 suites, including a secure memory care neighborhood with its own beautiful outdoor garden. Other suites available immediately. When you're there, you're home.

#### Wellington At Hershey's Mill

484-653-1200; [WellingtonRetirement.com](http://WellingtonRetirement.com)

### West Grove

#### Jenner's Pond

484-748-0582; [JennersPond.org](http://JennersPond.org)

### Wyomissing

#### The Highlands at Wyomissing

610-775-2300; [TheHighlands.org](http://TheHighlands.org)

The Highlands at Wyomissing, a non-profit entity, is a Life Care Continuing Care Retirement Community situated on 113 acres next to beautiful Wyomissing Park. They offer 220 residential apartments of various sizes, 40 spacious two- and three-bedroom villas, 66 studio and one-bedroom apartments in Personal Care and 80 beds in the Skilled Nursing Center.

### DELAWARE

### Greenville

#### Stonegates Retirement Community

302-658-6200; [Stonegates.com](http://Stonegates.com)

### Hockessin

#### The Summit

302-235-3120

[TheSummitRetirement.com](http://TheSummitRetirement.com)

### Newark

#### Somerford House & Place

302-266-9255

[FiveStarSeniorLiving.com](http://FiveStarSeniorLiving.com)

### Wilmington

#### Methodist Country House

800-991-9257

[ACTSRetirement.org](http://ACTSRetirement.org)



Quarryville Retirement Community



Echo Lake

### Foulk Manor South

302-655-6249

[FoulkManorSouth.com](http://FoulkManorSouth.com)

#### IN-HOME CARE

For those who choose to stay in their homes as long as they can and need clinical or assistive care, there are many options to choose from. These providers offer everything from companionship to nursing care, transportation to and from appointments, house cleaning and more.

### Bayada Home Health Care

King of Prussia, 610-992-9200

Main Line, 610-658-7150

Media, 610-891-9400

Newtown Square, 610-353-5000

[Bayada.com](http://Bayada.com)

### Surrey Services for Seniors

Devon, Broomall, Havertown, Media

610-647-6404

[SurreyServices.org](http://SurreyServices.org)

Surrey, a nonprofit organization, has been serving the community for over 35 years. Surrey operates four community centers with meal programs, fitness classes, life-

long learning and volunteer opportunities. Surrey Home Care offers short- and long-term RN care, personal finance management, personal care and house cleaning. Surrey also offers a variety of transportation services from shared ride services to RN assisted medical transportation to and from medical procedures requiring anesthesia.

### TLC Moving Services

610-268-3243

[TLCMovingServicesllc.com](http://TLCMovingServicesllc.com) ♦