

*Love your Kitchen!*



Photography by Letitia Clark

*Wood·Mode*  
FINE CUSTOM CABINETS

Ocean City Residence

*Sugarbridge*  
Custom Kitchens & Baths

Visit us on our website: [www.Sugarbridge.com](http://www.Sugarbridge.com) • Best of Houzz Service 2016

PAOLI DESIGN CENTER  
1604 E. LANCASTER AVENUE • PAOLI, PA • 19301 • 484-318-8367

NOVEMBER 2016

\$3.95

# COUNTY LINES

Your guide to unique places, interesting events, fine dining, great shopping  
and the special lifestyle of Southeastern Pennsylvania and Northern Delaware



UP IN PHOENIXVILLE & KING OF PRUSSIA  
THE TECHNOLOGY IN OUR CARS  
55+ & SENIOR COMMUNITIES  
HOLIDAY GIFT GUIDE



# WALTER J. COOK JEWELER

*Established 1946*



*Holiday Kick Off Party*

**Friday Evening November 18 — 5 to 8pm**

36 Chestnut Road | Paoli, PA 19301 | 610.644.5347

waltercookjeweler.com



BARRON'S

**2006-2016**  
Top 100 Women  
and also Top 1,200  
Advisors in  
America!

## WEALTH MANAGEMENT WITH WISDOM & CARE

PATTI BRENNAN, CFP®



**NATIONALLY ACCLAIMED** for Her Wisdom in Wealth Management...  
**LOCALLY RECOGNIZED** for Her Care and Service to the Community...

PATTI CURRENTLY SERVES AS A BOARD MEMBER FOR CUDDLE MY KIDS AND THE YMCA OF GREATER BRANDYWINE,  
AND FORMERLY SERVED ON THE BOARDS OF THE CHESTER COUNTY ECONOMIC DEVELOPMENT COUNCIL,  
SEEDCO (APPROVING SBA LOANS), AND PENN MEDICINE CHESTER COUNTY HOSPITAL.

1045 ANDREW DRIVE, SUITE A  
WEST CHESTER, PA 19380  
610.429.9050

**KeyFinancialInc.com**



**KEY FINANCIAL, INC.**  
Wealth Management With Wisdom & Care

Securities offered through Royal Alliance Associates, Inc., member FINRA/SIPC. Insurance services offered through Patricia Brennan are independent of Royal Alliance Associates, Inc. Advisory services offered through Key Financial, Inc., a registered investment advisor, not affiliated with Royal Alliance Associates, Inc.

The Forbes ranking of America's Top Wealth Advisors, is based on an algorithm of qualitative and quantitative data, rating thousands of wealth advisors with a minimum of seven years of experience and weighing factors like revenue trends, assets under management, compliance records, industry experience and best practices learned through telephone and in-person interviews. There is no fee in exchange for rankings.

The "Barron's Winner's Circle Top 1200" is a select group of individuals who are screened on a number of different criteria. Among the factors that advisors are assessed include their assets under management, revenues, the quality of service provided to clients, and their adherence to high standards of industry regulatory compliance. Portfolio performance is not a factor. Please see Barrons.com for more information.

The "Barron's Winner's Circle Top 100" is a select group of individuals who are screened on a number of different criteria. Among factors the survey takes into consideration are the overall size and success of practices, the quality of service provided to clients, adherence to high standards of industry regulatory compliance, and leadership in "best practices" of wealth management. Portfolio performance is not a factor. Please see Barrons.com for more information.





COGNITIVE




GROUP




MOTOR




SENSORIAL




PURPOSE



## WE'VE REIMAGINED MEMORY CARE. HERE'S HOW.



Our award-winning care focuses on five key areas, for well-rounded days filled with purpose and possibility. A success at Five Star Senior Living communities across the country, our Bridge to Rediscovery™ program helps our residents stay connected to the people, places, and passions that make them who they are.

JOIN US  
**ALZHEIMER'S AND DEMENTIA FAMILY SUPPORT GROUP**  
THE LAST THURSDAY OF EACH MONTH AT 5:00PM  
**RSVP to 610-263-2300**

THE DEVON  
SENIOR LIVING



445 North Valley Forge Road • Devon, PA 19333  
**610-263-2300**

[www.TheDevonSeniorLiving.com](http://www.TheDevonSeniorLiving.com)

LIVING ASSISTANCE • MEMORY CARE • REHABILITATION



©2016 Five Star Senior Living



## A picture is worth a thousand more memories.

**If you're a current or former smoker, a picture of your lungs could save your life.** Screenings with a low-dose CT scan, a technique pioneered at Penn Medicine, can lead to 20% fewer lung cancer-related deaths a year. Our #1 ranked team is using this innovative screening to detect and treat lung cancer faster. Your life, every breath of it, is worth Penn Medicine.

To learn more and find a location near you, visit  
[PennMedicine.org/LungScreen](http://PennMedicine.org/LungScreen)

 **Penn Medicine**

CHESTER COUNTY | VALLEY FORGE | RADNOR





**BERKSHIRE  
HATHAWAY**  
HomeServices  
Fox & Roach, REALTORS®

610-431-1100 x 2266

## HOLLY GROSS GROUP



Holly Gross Gus Brown Stephen Gross  
Stewart Gross Michael Mummert Herb Schwabe Harry Price

**HollyGrossGroup.com | 484-678-0367**



### Birchrunville

8 Spacious Rooms | 63 Acres  
Converted Barn | Par 3 Golf Hole  
Pool | Subdivision Possible  
\$4,500,000



### Swingtail Farm

5 BR, 4.2 BA | 33.4 Acres | Pool  
Near Laurels Preserve | Several Paddocks  
Apt/Office over Garage | 8 Stall Barn  
\$2,098,000



### Unionville

5 BR, 4.2 BA | Near ChesLen Preserve  
Indoor Pool | 4 Stall Barn  
23+ Acres | Unionville Schools  
\$1,950,000



### Pennbrook Farm

6 BR, 3.1 BA | 35 Acres  
Indoor Arena Possible | Pond  
24 Stall Barn | Unionville Schools  
\$1,799,900



### Pine Creek Mills

Historic Mill | Scenic Waterfall  
Perfect Family Compound  
5 Residences | Retirement Paradise  
\$1,650,000



### Radnor Hunt Area

7 BR | 5.1 BA | 4.0 Acres  
Great Location | Pool With Pool House  
Green Property | Guest Suite  
\$1,350,000



### Crackerjack Farm

5 BR, 4.1 BA | Spacious Rooms  
15 Acres | Low Taxes  
In-ground Pool/Pool House  
\$949,000



### West Chester - Thornbury

5 BR, 3.1 BA | 2.4 Acres | Spacious  
Converted Stone Barn | Open For  
Chester County Day  
\$825,000



### Newlin Township

4 BR, 3 BA | Stone Barn | 11 Acres  
Stream | Near Laurels Preserve  
Unionville-Chadds Ford School District  
\$799,900



### Upper Providence Twp.

6 BR, 4 BA | 1.13 Acres | Pool  
Historic Home | Two Master Suites  
In-Law Suite Possible  
\$699,000



### The Joseph Barnard House

3 BR, 2.1 BA | 1.14 Acres  
Prestigious Award Winning Restoration  
Unionville-Chadds Ford School District  
\$694,900



### Newlin Township

4BR, 3.1BA | Private 4 Acres  
Beautiful Floors & Details  
Large Kitchen | Unionville Schools  
\$579,000



### Historic Grubbs Mill

3 BR, 3 BA | 11.3 Acres  
Main Level Open Floor Plan  
1800' +/- on Valley Creek  
\$568,000



### East Bradford

3 BR, 1.1 BA | 1.23 Acres | Pool  
Additional Commercial/Living Space  
Beautifully Updated | Spring House  
\$535,000



### Hobbie Horse Farm

4 BR, 2.1 BA | 5 Acres  
Barn | Pool | New Master Bath  
Beautifully Updated | Private  
\$493,000



### Cochranville

7 BR, 3 BA | 1.18 Acres  
Large Rooms | 9' Ceilings  
Wonderful Kitchen & Master Suite  
\$369,000



**WILLOW  
VALLEY**  
COMMUNITIES

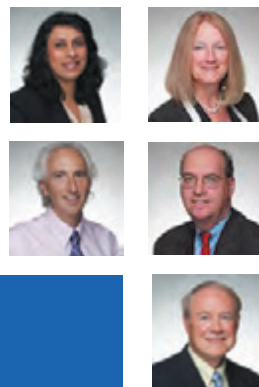
# JOIN THE MOVEMENT

Visit Willow Valley Communities today and  
see what *Life Lived Forward* is all about.

**866.454.2922** | [WillowValleyCommunities.org](http://WillowValleyCommunities.org) | [LifeLivedForward.org](http://LifeLivedForward.org) | Lancaster, PA







*Our Family Taking Care of Your Family*

COATESVILLE | DOWNINGTOWN | LIONVILLE | WEST CHESTER | NEWTOWN SQUARE



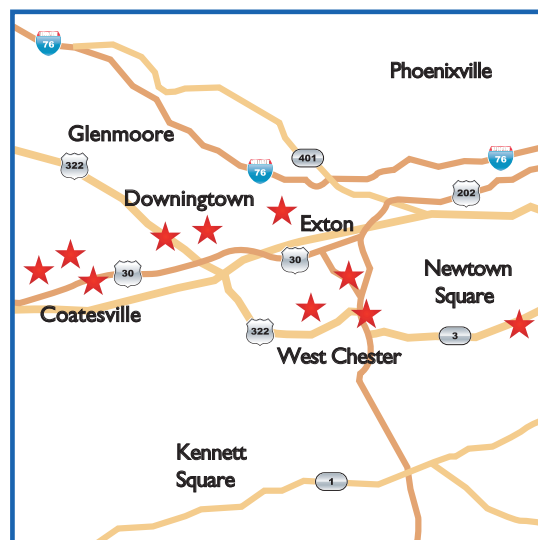
**Gateway Medical Associates,** in Chester and now Delaware County, has been serving our community since 1996. Gateway strives to provide the highest quality primary and specialty care with a focus on our patients' wellbeing and health.



Our 40 physicians and nurse practitioners provide quality care from any of our 10 convenient locations throughout Chester and Delaware counties.



NCQA Level 3 Certified  
Patient Centered Medical  
Home Practice  
Meaningful Use Recognized



[WWW.GATEWAYDOCTORS.COM](http://WWW.GATEWAYDOCTORS.COM)  
**610.423.8181**

**New patients always welcome!**

*Evening and weekend hours as well as walk-in appointments are available at certain locations. You can call weekdays between 7am and 6pm to schedule your appointment.*



*Quality · Service · Value*

*Two  
Convenient  
Showrooms*

**LIMERICK** 3291 W. Ridge Pike, Pottstown, PA 610.495.5252  
**EAGLE** 90 Pottstown Pike, Chester Springs, PA 610.458.8001

***Moore'sFurniture.com***





*"I have worked at the concierge desk at Riddle Village for over 11 years, but I don't call it work... I have too much fun!"*

—Pat Di Cave, Riddle Village Concierge

Pat Di Cave is one of the first smiling faces to greet you as you enter Riddle Village.

Whether she is directing you through the community, sorting your package deliveries, or asking about your weekend, you know you are in good hands. Riddle Village is not just a great place to live, but a wonderful place to work. Just ask Pat! With our contagious motto "smile, say hello and everything else will follow," don't you want to live at Riddle Village? Call us today to schedule your personal tour...

***Our door is always open!***

**(610) 891-3700**



RiddleVillage.org • 1048 West Baltimore Pike, Media, PA 19063

***Riddle Village knows Lifecare.***



**Call today and enjoy a dry, healthy, beautiful basement this season!**  
**215-995-6757**



"BQ Basements is the only company I hire to fix my basements and concrete at my properties. They are knowledgeable, experienced, clean, and provide excellent customer service!"

— Frank of Bryn Mawr, PA

"BQ Basements saved my life! After many years of a leaky basement and other contractors trying to fix it, BQ fixed it for good. I have peace of mind during rainstorms now."

— Mary of Devon, PA

- Award-winning Basement Waterproofing
- Total Basement Finishing
- Crawl Space Solutions
- Concrete Leveling with PolyLevel— We raise your existing sunken concrete.
- Sump Pumps & Battery Backups
- Mold & Mildew Stain Removal
- Foundation Crack Repair Systems
- Interior / Foundation Wall Rehabilitation
- Structural Foundation Repair & Stabilization
- Basement Egress Window & Door Installations
- Humidity Control



**FREE ESTIMATES • 215-995-6757**

CountyLinesBQBasementsAndConcrete.com

We Raise and Level Your Existing Sunken Concrete.

***Give Us a Call, We'll Give You a Lift!***





from the  
**EDITOR**

November is full of changes: daylight savings time, elections, autumn moving to winter, the beginning of the holiday season. There's much to do, at home and at large.

Emily Hart suggests exploring. In "UP in Phoenixville," she writes about her most recent discoveries there. Meanwhile Laurel Anderson learns that King of Prussia is much more than a mall, even after the big expansion and developing Town Center nearby. Check out our "Holiday Gift Guide," and start your annual hunt for something special.

Safety, care, compassion, freedom. Often taken for granted, but not by victims of human trafficking, "the world's dirtiest secret." Read about the Salvation Army's New Day to Stop Trafficking and how Carol Metzker and Jamie Manirakiza, our "Local Heroes," are trying to end this scourge that extends into our community.

Did you know that livestock roaming in streams pose a public health risk? Diane Huskinson of Stroud Center for Water Research tells us what we can do in "From Stream to Tap: Keeping Fresh Water Clean and Safe."

We also look at Alzheimer's, a growing concern for seniors and their families. "A Walk in My Shoes" describes this growing problem and how our senior services and communities are helping. Check the resources in our Senior Guide for more information.

In Brandywine Table, Laura Brennan suggests, "Let's Not Talk Turkey." Instead, she proposes rib roast, pork loin, Cornish hens, goose and offers tasty advice for preparing them.

Our "Worth Knowing" column features TD Wealth's David Glickman's advice to "Consider Charitable Trusts." In "The Electric Road," Jack Smith reports we've "come a long way from ... electric windows," reviewing the latest in electronics and tech for your car.

We also hope you enjoy our monthly features November Picks, Food News, Good to Know and the Best Local Events in our area.

Thank you for reading *County Lines* and Happy Thanksgiving!

  
Jo Anne Durako  
Editor



*Coming In December!*

**HOLIDAY WINDOW SHOPPING**  
West Chester Focus  
Holiday Decor & House Tours  
Support Local Shopping & Art  
Style • Wine • Books



## COUNTY LINES MAGAZINE

**November 2016**

Volume XL, Number 3

### PUBLISHER

Edwin Malet

### EDITOR

Jo Anne Durako

### ART DIRECTOR / PRODUCTION

Alex Bianco

### ASSOCIATE EDITOR

Marci Tomassone

### ASSISTANT EDITOR

Mary Irene Dolan

### FOOD EDITOR

Laura Muzzi Brennan

### ACCOUNT EXECUTIVES

Sue Angelucci Sontagh

Chrisy Holsopple

Rayna Segal

### BUSINESS MANAGER

Debra M. French

### CONTRIBUTING WRITERS

Laurel Anderson

George Fitzpatrick

Matt Freeman

Emily Hart

Bryan Kolesar

Carol Metzker

Jack Smith

Andrea Kiliany Thatcher

Kayleigh Thompson

Cindy Walker

### CONTRIBUTING PHOTOGRAPHERS

Alix Coleman

Wil Moore

Andrew Seymour

Timlyn Vaughan

### INTERNS

Alex Deliso

Abigail Gillespie

### CONTACT US AT:

ValleyDel Publications, Inc.

893 S. Matlack Street, Ste. 150

West Chester, PA 19382.

610-918-9300. Info@ValleyDel.com

Subscriptions: \$39/year

To find *County Lines*, check our website's "Get A Copy" page, pick one up at Wellington Book Store in Eagleview, buy one at Wegmans, or visit advertisers listed in the Index.



*County Lines* Vol. XL, No. 3. Copyright, 2016 by ValleyDel Publications. All rights reserved. *County Lines* and *County Lines Magazine* (ISSN 0195-4121) are registered names of ValleyDel Publications, Inc. Use of these names without the consent of ValleyDel Publications, Inc. may subject the infringer to penalty and suit as provided by law.

**CountyLinesMagazine.com**

# THE COUNTDOWN to Black Friday WINDOW SALE

November 1<sup>st</sup> to November 25<sup>th</sup> only!

**Renewal**  
by Andersen®  
WINDOW REPLACEMENT an Andersen Company



Our biggest dollar discount of the year ends **ON** Black Friday.

To protect your home against leaking and cold drafts, strong windows and patio doors will be one of the most important home improvements you can make **BEFORE** the winter.

TAKE  
**\$350**  
OFF every window<sup>1</sup>

TAKE  
**\$900**  
OFF every patio door<sup>1</sup>

PLUS  
**NO NO NO**  
Money Down Payments Interest  
for one full year<sup>1</sup>

**We won't let new windows impact your holiday spending.**

Why? Because you won't pay anything until **next** November. Breathe easier this holiday season with no money down, no payments and no interest for a whole year!

**Don't take a chance on a vinyl window.**

Vinyl windows can warp, leak and cause drafts, so trusting a poor-quality vinyl window is a poor choice. Our window's Fibrex® composite material is twice as strong as vinyl.

**You've got enough on your plate this time of year; we've got this.**

We build, sell, install and warrant all of our windows; that means there's no middleman to deal with, and as the full-service replacement window division of Andersen, we're about as trustworthy as you can get.

There are  
limited  
appointments  
available

Call for your FREE Window and Patio Door Diagnosis

**1-877-394-0789**  
**BestReplacement.com**

**Renewal**  
by Andersen®  
WINDOW REPLACEMENT an Andersen Company



<sup>1</sup>Renewal by Andersen of Greater Philadelphia is an independently owned and operated affiliate operating in the Delaware Valley (PA, NJ, DE). Offer not available in all areas. Discount applied by retailer representative at time of contract execution and applies to purchase of 3 or more windows and/or patio doors. Cannot be combined with other offers. To qualify for discount offer, initial contact for a free Window Diagnosis must be made and documented between 11/1/16 and 11/25/16 with the appointment then occurring no more than 10 days after the initial contact. No payments and deferred interest for 12 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only, and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. PA Lic. # 001884. NJ Lic. # 13VH05055400. J&M Windows, Inc. d/b/a Renewal by Andersen of Greater Philadelphia. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2016 Andersen Corporation. All rights reserved. ©2016 Lead Surge LLC. All rights reserved.



# Yes!

## Same-day 3D mammograms at Brandywine: 610-383-8760

Is it time for you to have a mammogram?\* A screening mammogram can help detect breast cancer in its earliest and most treatable stages. And now, Brandywine's new Women's Imaging Center makes getting a 3D mammogram easier than ever, with same-day appointments and evening and weekend hours.

**Call 610-383-8760 to schedule a mammogram. Call before noon, Monday through Friday, and get an appointment for later that day.**



**BRANDYWINE  
HOSPITAL**

BrandywineHospital.com



# CONTENTS

VOLUME 40, NUMBER 3 • NOVEMBER 2016

COUNTY LINES  
MAGAZINE



- 32 **LOCAL HEROES**  
Carol Metzker and Jamie Maniakiza  
Salvation Army's New Day to Stop Trafficking Program  
Mary Irene Dolan
- 34 **FROM STREAM TO TAP**  
Keeping fresh water clean and safe  
Diane Huskinson, Stroud Center for Water Research
- 36 **CAPTURING CHESTER COUNTY**  
Our annual photo contest
- 39 **UP IN PHOENIXVILLE**  
A special supplement  
Emily Hart
- 48 **KING OF PRUSSIA**  
Much more than a mall  
Laurel Anderson
- 52 **HOLIDAY GIFT GUIDE**  
Get started early!
- 55 **A WALK IN MY SHOES**  
Caring for someone with memory loss  
Edwin Malet
- 58 **GUIDE TO 55+ AND SENIOR COMMUNITIES & SERVICES**
- 75 **BRANDYWINE TABLE**  
Let's not talk turkey this year  
Laura Muzzi Brennan
- 78 **THANKSGIVING WINE**  
Pair like a pro
- 79 **FINISH LINES**  
The Electric Road  
Jack Smith
- 81 **PEOPLE & PLACES**

## departments

- 16 **WORTH KNOWING**
- 19 **GOOD TO KNOW**

- 21 **NOVEMBER PICKS**
- 22 **BEST LOCAL EVENTS**

- 73 **FOOD NEWS**
- 82 **INDEX**

\*For women of average risk, the American Cancer Society recommends annual mammograms for ages 45-54, and screenings every two years for women 55 and up. Different guidelines apply to women at higher risk. For a list of risk factors and American Cancer Society recommendations, visit [www.Cancer.org](http://www.Cancer.org).  
Appointments are on a first-come, first-served basis. An order from a physician or qualified healthcare provider is not required, but the patient must provide a physician/provider name when an appointment is made. If the patient does not have a physician/provider, a list will be provided for selection. All mammogram reports will be sent to the physician/provider, and the patient is responsible for follow-up.

Check with your insurance provider to confirm coverage for a screening mammogram.



## Consider Charitable Trusts

David Glickman, TD Wealth

### A FLEXIBLE OPTION FOR WEALTH PLANNING FOR THE GREATER GOOD

CHARITABLE GIVING HAS LONG BEEN A PART OF THE financial planning process. And it's important to remember that giving back extends beyond simply writing a check or donating old clothing. Charitable trusts are one of the many alternative ways to use investing for a greater good.

While setting up a charitable trust may seem daunting, there are some features that make these trusts particularly appealing for certain individuals and families.

#### What is a Charitable Trust?

First, a charitable trust is a collection of assets—including cash, appreciable assets, real estate, art, stocks and more—committed to support one or many charitable causes or organizations. In many instances, these trusts offer a solution for individuals or families

looking to contribute higher-dollar donations, while also benefiting from potential tax savings related to long-term capital gains taxes on appreciated assets and lower estate taxes after death.

Charitable trusts come in many shapes and sizes, so research and education are critical before deciding which trust is right for you. While many trusts may potentially provide tax benefits—either through income tax deductions, reduced estate taxes or reduced gift taxes—certain trusts can offer an additional feature for individuals or families looking to generate income.

Before settling on a charitable trust, it's important to evaluate your overall financial picture and consider factors such as whether you have children and how much (if any) you hold in interest-generating investments. Just as for all investment accounts, charitable trusts should always be considered in the context of beneficiaries and

holistic estate planning.

Charitable trusts can be broken down into two key types: charitable remainder trusts (CRTs) and charitable lead trusts (CLTs).

**Charitable Remainder Trusts** include unitrusts (paying a percentage of the current value of assets annually) and annuity trusts (paying a fixed amount annually). With CRTs, the beneficiary receives income on the trust's assets for the trust's term. At end of term, the charitable organization receives the trust's core assets, including appreciated value. Charitable gift annuities are another income-generating charitable donation vehicle.

**Charitable Lead Trusts** function the opposite way. Income generated from the assets of a CLT is distributed to charities at regular intervals throughout the life of a trust. The core assets are returned to a non-charitable beneficiary (such as an individual or family) at the end of a trust's life.

Other types of charitable giving include donor-advised funds and private foundations—both of which support public charities and offer tax benefits on contributions.

#### Timing

When it comes to limiting tax liabilities or benefiting from the regular, passive income streams CRTs may provide, timing is critical. In the same way clothing and financial donations made during the holidays allow individuals to realize the tax benefits the following spring when filing taxes, setting up a charitable trust by December 31 can help reduce an individual's personal income tax liability for the full tax year.

#### Consult the Experts

Though certain charitable trusts, including charitable gift annuities, can be set up directly through your wealth advisor, for others, it's important to consult your lawyer and tax planning professional to ensure you're considering all potential effects on your taxes and estate. Additionally, there are many types of charitable trusts, so it's important to work closely with your financial, tax and estate advisors to ensure you're choosing the best fit for your needs and passions.

Ultimately, charitable trusts can be an effective way to give back to your favorite nonprofit or charitable organization for years

to come, while at the same time offering potential financial benefits to you, your family and your estate. ♦

*TD Private Client Group, a unit of TD Wealth®, provides clients access to bank and non-bank products and services, including securities and investment advisory products, but not including tax or legal advice. Member FINRA/SIPC (TDPCW). TD Asset Management USA, Inc. and Epoch Investment Partners, Inc. are federally registered investment advisers that provide investment management services. TD Bank, TDPCW, TDAM USA, and Epoch are affiliates. Any taxpayer should seek advice based on the taxpayer's particular circumstances from an independent tax advisor. Equal Housing Lender.*

*David Glickman has 25 years of wealth management experience working with high net worth families on taxation, charitable planning, personal trust and estate planning. As a Wealth Market Leader, he works with a team of investment advisors, planners and trust professionals. TDBank.com.*



### Discover Dewey Beach's only resort-style condominium community

**THE RESIDENCES**  
LIGHHOUSE COVE ~ DEWEY BEACH

Situated on the Rehoboth Bay with views of the Atlantic Ocean, residents of Lighthouse Cove are able to enjoy unparalleled amenities, including **public beach access, on-site dining, a fitness center, indoor saltwater pool** and **more**. New construction, 1, 2, 3 & 4 bedroom homes starting at \$459,900 – *Call today to schedule a tour!*



1301 COASTAL HIGHWAY, DEWEY BEACH, DE 19971 | 302-212-0002 | THERESIDENCESDE.COM



The future will belong to the nature-smart—those individuals, families, businesses, and political leaders who develop a deeper understanding of the transformative power of the natural world and who balance the virtual with the real. The more high-tech we become, the more nature we need."

Richard Louv



**JOIN US FOR A PRESENTATION BY RICHARD LOUV**  
**WEDNESDAY, NOVEMBER 9, 6:00 P.M.** *The Hybrid Mind*  
**THURSDAY, NOVEMBER 10, 10:00 A.M.** *The Nature Rich Life*  
**THE PILOT SCHOOL • 208 WOODLAWN ROAD • WILMINGTON, DE 19803**  
For more information and reservations visit [www.pilotschool.org/louv](http://www.pilotschool.org/louv)

Journalist and author Richard Louv coined the term nature-deficit disorder and outlines the benefits of a strong nature connection—from boosting mental acuity and creativity to reducing obesity and depression, from promoting health and wellness to simply having fun.



Mr. Louv is the author of nine books. His landmark book *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder* helped launch an international movement to connect children and their families to nature. He continues his message and promotes the stewardship of our natural resources in *Vitamin N: The Essential Guide To A Nature-Rich Life*.



#### THANK YOU TO OUR SPONSORS



Book sales made possible by Ninth Street Book Shop

208 WOODLAWN ROAD • WILMINGTON, DE 19803 • 302.478.1740 • PILOTSCHOOL.ORG



# Discover The Best in Senior Living

## Phoenixville, PA



### Staying Healthy... BEGINS HERE

Welcome home to **Spring Mill**, a friendly senior living community offering the best combination of fulfilling lifestyles and personalized care services. Wake up inspired each morning with a wealth of amenities, activities and support at your doorstep. Explore the Grande Clubhouse and indulge in dining, activities and wellness. Let our caring team members handle transportation, maintenance, housekeeping and concierge services. Here you will find compassionate people engaged in enriching the lives of seniors, ensuring their needs are taken care of every day.

#### Amenities and Services You'll Love

- Grande Clubhouse with Restaurant-Style Dining
- Full Calendar of Activities and Events
- 24-Hour Nursing and On-site Therapies
- Assistance with Activities of Daily Living
- Laundry, Housekeeping and Transportation



3000 Balfour Circle  
Phoenixville, PA 19460  
(610) 933-767  
[SpringMillSeniorLiving.com](http://SpringMillSeniorLiving.com)  
Personal Care | Memory Care

## Hockessin, DE



### Senior Living REDESIGNED

The **Summit** is a state-of-the-art, modern, amenity-rich senior-living community offering three distinct neighborhoods: Active Independent Living, Assisted Living and Memory Care. From restaurant-style dining to group wellness classes to happy social hours, there is always something enriching, inviting and fun happening at The Summit. Choose from a variety of spacious, maintenance-free rental apartment homes and save money with no buy-in or long-term commitments required!

#### The Lifestyle You Are Looking For

- Grande Clubhouse with Resort-Style Amenities
- Gourmet Restaurant-Style Dining
- Full Calendar of Social and Recreational Events
- Health, Wellness and Fitness Center
- Housekeeping, Transportation and Concierge



5850 Limestone Road  
Hockessin, DE 19707  
302.235.8734  
[TheSummitRetirement.com](http://TheSummitRetirement.com)  
Independent Living | Assisted Living | Memory Care

## [Good to Know] Just a few things we'd thought you'd like to know this month



### Not Your Average Tour.

A castle made of 4,000 Popsicle sticks. Nickel-odeons and dance-hall organs as far as the eye can see. Train rides through rows of classic cars and model airplanes. All in one building. **The**

**American Treasure Tour** is host to all these unique, old-fashioned displays and more. Visit the site and listen to the largest collection of automatic music machines in the world. *Located off Route 422, One American Treasure Way, Oaks, PA near Furniture 4LESS. [AmericanTreasureTour.com](http://AmericanTreasureTour.com).*

**Same Philly, New Adventure.** If you want to do more than visit the Philadelphia Zoo, Irene Levy Baker has just the guide for you. Her *100 Things to Do in Philadelphia Before You Die* gives you more reasons to visit the City of Brotherly Love. From getting Instagram-worthy pics and discounted theater tix to eating juicy cheesesteaks served up by world-renowned chefs, this guide helps you whittle down your bucket list. Want your book signed by Baker? Find out where at [100ThingsToDoInPhiladelphia.com](http://100ThingsToDoInPhiladelphia.com).



**Even Before Macy's.** Every Thanksgiving morning we gather around our TV and marvel at the Macy's Thanksgiving Day Parade. But did you know we had a parade even before Macy's? Started back in 1920, **Gimbels Thanksgiving Day Parade** graced the streets of Philadelphia, while the Macy's parade didn't start until 1924. So while you're sitting back in your PJs enjoying pumpkin pancakes, remember we had the go-to parade in America years before the Big Apple. *More at [HiddenCityPhila.org](http://HiddenCityPhila.org).*

**Fashion and Style.** Guys, need new casual business wear? Ladies, need some time at the salon? Now you can get both on the same spot. The new **Phineas Gage Men's Clothing** store carries contemporary clothing, with brands such as Alternative and Taylor Stitch. Upstairs, in its new location, **Emily Alice**, a boutique salon and day spa, offers hypoallergenic products like gluten-free shampoo and top-notch services like organic facials. *Both at 29 S. High St., West Chester. [Phineas-Gage.com](http://Phineas-Gage.com) and [EmilyAlice.com](http://EmilyAlice.com).*





## It's the Most, Wonderful Meal of the Year!

### OUR *Christmas* DINNER the new musical

November 11 - December 31

Create a new holiday memory that will be fun for the whole family when *Our Christmas Dinner* debuts on the Bird-in-Hand Stage. Expect the unexpected when an unlikely mix of strangers and kinfolk are thrown together in the middle of a snowstorm. This musical is a hilarious look at family tradition, holiday expectations and the real meaning of Christmas.

Meal and lodging packages are available. We invite you to stay a long weekend at one of our lodging properties and experience all that the region has to offer.

For tickets to *Our Christmas Dinner*, call (800) 790-4069 or visit Bird-in-Hand.com.



2760 Old Philadelphia Pike, Bird-in-Hand • Bird-in-Hand.com



**\$5 Off Tickets**  
to *Our Christmas Dinner*

Mention coupon at time of purchase. Valid for up to 4 tickets.  
Not valid on previous purchases or with other offers.  
Expires 12/31/16.

Bird-in-Hand Family Restaurant & Stage

CL

 DELAWARE ART MUSEUM

## HOLIDAY HOUSE TOUR

**SATURDAY, DECEMBER 10**

**HOMES OPEN 10 AM – 4 PM  
MUSEUM OPEN 9 AM – 4 PM**

The Museum's Holiday House Tour returns for its 30th season! Experience artisan shopping and a tour of historic Greenville "Houses with History" bedecked for the holidays. [delartholidayhousetour.org](http://delartholidayhousetour.org)

DELAWARE ART MUSEUM | COUNCIL



2301 Kentmere Parkway | Wilmington, DE  
302.571.9590 | [delart.org](http://delart.org)



## [November Picks] Our Picks for top events this month

### Adrian Martinez Presents the Visionary World of Humphry Marshall, 1750-1800



November 4–December 15

Explore Pennsylvania's history through the eyes of artist Adrian Martinez in an exhibit that focuses on well-known local figure Humphry Marshall, the botanist, astronomer, stone mason and farmer, plus others of his era. *Chester County Historical Society*, 225 N. High St., West Chester. Opening reception, **Nov. 4**, 6:30 to 9:30 p.m., \$75; early admission, meet the artist, 5 to 6 p.m., \$90. 610-692-4800; [ChesterCoHistorical.org](http://ChesterCoHistorical.org).

### Fine Arts & Craft Show

November 11–13

This juried show is a showcase for regional artists offering a beautiful selection of works just in time for holiday shopping and featuring original work in ceramics, glass, wood, paper, fiber arts, photography, jewelry and much more. *Lincoln Building Galleries & The Washington, Historic Yellow Springs*, 1685 Art School Rd., Chester Springs. Daily 10 a.m. to 5 p.m. \$5. 610-827-7414; [YellowSprings.org](http://YellowSprings.org).



### Book Launch—*Man With a Backpack*

November 5

This is the heartfelt memoir by Dr. Rob Lukens, Chester County Historical Society president, who passed away in August, 2015. Written by Rob and his wife, Rebecca, the book chronicles Rob's journey from diagnosis to finding a visionary, spiritual guide to help him through his illness. This event is catered by Jimmy Duffy's with beverages by Levante Brewing Company. Benefits No Stomach For Cancer research. *Chester County Historical Society*, 225 N. High St., West Chester. 5 to 8 p.m. \$30. [ManWithABackpack.com](http://ManWithABackpack.com).

### The Grand Wilmington Through November

It's a busy month at The Grand and there's definitely something for everyone. Just a sample: **Nov. 1**, Fred Armisen; **Nov. 6**, Sean Reilly's Sinatra Tribute; **Nov. 13**,

Straight No Chaser—I'll Have Another 20th Anniversary World Tour; **Nov. 17**, Great Stand Up Comics; **Nov. 18**, Delaware Symphony Orchestra—Classics 2 **Nov. 19**, Classic Albums—Led Zepp II. 818 N. Market St., Wilmington. For tickets and performance times, 302-658-7897; [TheGrandWilmington.org](http://TheGrandWilmington.org).



### Delaware Antiques Show

November 10–13

The finest offerings from more than 60 distinguished dealers in art, antiques and design. The show features furniture scholar Dr. Reinier Baarsen, Senior Curator of Furniture at Amsterdam's Rijksmuseum, as Co-Chair and Keynote Lecturer. *Chase Center on the Riverfront*, 800 S. Madison St., Wilmington. **Thurs.**, Opening Night Party, 5 to 9, \$125–\$225. **Show: Fri.**, 11 a.m. to 8 p.m.; **Sat.**, 11 a.m. to 6 p.m.; **Sun.**, 11 a.m. to 5 p.m. \$15. 800-448-3883; [Winterthur.org](http://Winterthur.org).





# best Local Events

## FAMILY FUN

THROUGH JANUARY 15

Delaware Museum of Natural History Presents "Arctic Adventure & Rainforest Explorers." Hands-on activities supported by a narrative and colorful graphics make the study of climate change a personal experience for all ages. 4840 Kennett Pk., Wilmington. Mon.—Sat., 9:30 to 4:30; Sun., noon to 4:30. \$7–\$9. 302-658-9111; DelMNH.org.

THROUGH JANUARY, Tuesdays

Story Time at Wellington Square Books. Children 2–5 enjoy songs and cookies and listen to stories come alive in the bookshop. 549 Wellington Square, Exton. 10 to 11 am. 610-458-1144; WellingtonSquareBooks.com.

NOVEMBER 3, 10, 17

Read-Aloud Tours at Brandywine River Museum of Art. Hear a story, interact with art and make a creative work to take home. Nov. 3, *Windblown* by Édouard Manceau; Nov. 10, *If You Hold a Seed* by Elly MacKay; Nov. 17, *The Giving Tree* by Shel Silverstein. Rt. 1, Chadds Ford. 10:30 am. Reg. req. \$5 per. 610-388-8382; BrandywineMuseum.org.

NOVEMBER 13

Veterans Day Parade in West Chester. Parade begins at Henderson High School, 400 Montgomery Ave., and ends with a ceremony in front of the Courthouse on High St. 2 pm. DowntownWestChester.com.

NOVEMBER 18–20

The National Dog Show. Top breed dogs from around the country contend for Best In Show. Benefits a variety of causes. Fri., Gala Preview at Valley Forge Casino, 1160 First Ave., King of Prussia, 6:30, tickets start at \$200. The dog show will be broadcast on Thanksgiving Day. GreaterPhila.ExpoCent-



## At the Planetarium

Through December Eastern University Astronomy. The Julia Fowler Planetarium has shows each month, consisting of a live sky presentation followed by a look at what the Jupiter Juno probe is revealing and a Fulldome movie, Nov. 11, 12, 18, 19; Dec. 2, 3, 9, 10, 16, 17. See their website for details. McInnis Hall, Eastern University, 1300 Eagle Rd., St. Davids. 7 and 8 pm. \$10. 610-341-1390; EUAstronomy.com.

er, 100 Station Ave., Oaks. Sat., 8 to 6; Sun., 8:30 to 5. \$7–\$14. 610-397-0100; NDS.NationalDogShow.com.

NOVEMBER 19–DECEMBER 18

Delaware Children's Theatre Presents *Willy Wonka*. Roald Dahl's classic story of a magic candy man's quest to find an heir to run his chocolate factory. 1014 Delaware Ave., Wilmington. 2 pm. \$14. 302-655-1014; DEChildrensTheatre.org.

NOVEMBER 26

Steamin' Thanksgiving at Auburn Heights Preserve. Visitors are encouraged to climb into an antique automobile or board one of the trains and experience what it was like to travel at the start of the 20th century. 3000 Creek Rd., Yorklyn, DE. 12:30 to 4:30. \$8–\$13. 302-239-2385; AuburnHeights.org.



NOVEMBER 26

Patriots Day at Brandywine Battlefield, 2016. Step back in time to a small British outpost and see Redcoats and Royal Artillery encamped during the winter of 1777. Firing Demos, 18th-century baker with fresh breads and cookies, military fife & drum music, open fire cooking and military medical display and demonstration. 1491 Baltimore Pk., Chadds Ford. 610-459-3342; BrandywineBattlefield.org.

DECEMBER 1–4

Old-Fashioned Christmas in West Chester. Dec. 1, 3, 4, Gilbert & Sullivan Society performs *Trial By Jury* at the Courthouse; Dec. 2, Soup & Sandwich Parlor, Knights of Columbus, 5:45; Christmas Parade, 7:15 pm. Dec. 3, Breakfast with Santa at The Chester County Historical Society, 8:30 & 10 am, \$16. For a schedule of weekend events, GreaterWestChester.com.

DECEMBER 2–3

Old-Fashioned Christmas in Wayne. On Fri, from 5:30, enjoy strolling carolers on N. Wayne Ave., horsedrawn carriage rides on S. Wayne Ave. and, at 7:30, the Christmas Tree Lighting at Wayne Train Station. Parade on Sat. begins at 10 am, travelling along Lancaster Ave. to the Wayne Hotel where snacks, marching bands and Santa will greet you. WayneChristmas.com.

DECEMBER 3

Colonial PA Plantation's Christmas on the Farm. Get into the holiday spirit and visit the Plantation on its closing day for the year. Enjoy the decorations, tea tasting, wassailing, textile, woodworking and long rifle demonstrations. Ridley Creek State Park, Media. 11 am to 4 pm. \$8–\$10. 610-566-1725; ColonialPlantation.org.

DECEMBER 3

Coatesville Christmas Parade. Lively with bands, floats, antique cars, cartoon characters and entertainment. Strobe Ave. to 11th St., Coatesville. Starts at 10 am. CoatesvilleChristmasParade.com.

DECEMBER 4 & 11

Old-Fashioned Holiday at the Marshall Steam Museum. Enjoy a special photo exhibit, readings of *The Night Before Christmas* and *The Polar Express*, Victorian and train-inspired holiday crafts and activities, electric train demonstrations and more. 3000 Creek Rd., Yorklyn, DE. Noon to 4. \$5–\$7. 302-239-2385; AuburnHeights.org.

DECEMBER 7

Children's Christmas Party at Brandywine River Museum of Art. Holiday event for the entire family, with Santa and Mrs. Claus, magicians, costumed characters, cookies, music, trains and more. 1 Hoffman's Hill Rd., Chadds Ford. 6 to 8 pm. \$5–\$15. 610-388-2700; BrandywineMuseum.org.

## HOLIDAY HAPPENINGS.....

NOVEMBER 13–DECEMBER 31

Historic Odessa Fdn. Holiday Events. Nov. 13–Dec. 31, "The Nutcracker and the Mouse King" The Wilson-Warner House is transformed into the home of the Stahlbaums on Christmas Eve. Tues-Sat, 10 to 4:30; Sun, 1 to 4:30. \$8–\$10. Dec. 1, Historic Delaware Holiday Candlelight Tour, 7 to 8:30, \$15. 201 Main St., Odessa, DE. 302-378-4119; HistoricOdessa.com.



NOVEMBER 18–19

DECEMBER 9–10

Chester County Historical Society Fall Pre-Sale and Holiday & Greens Sale. It's back! One of the area's finest traditions is back offering a stunning array of handcrafted wreaths, floral arrangements, ornaments, garland and more. Nov. 18–19, pre-sale; Dec. 9–10, Holiday and Greens Sale. 225 N. High St., West Chester. 9:30 to 4:30. Free. 610-692-4800; ChesterCoHistorical.org.

NOVEMBER 19–JANUARY 8

Yuletide at Winterthur. Featured this year, sparkling trees and American Christmas vignettes, from skating and sleigh ride scenes inspired by Currier & Ives to a Mississippi family's holiday decorations, to the White House. 5105 Kennett Pk., (Rt. 52), Winterthur, DE. Tues-Sun, 10 to 5. \$5–\$20. 800-448-3883; Winterthur.org.

NOVEMBER 22–JANUARY 8

Holidays at Pennypacker Mills. Nov. 22–Jan. 8, see how the holidays were celebrated in the early 1900s. Tours of the mansion, Tues-Sat, 10 to 4; Sun, 1 to 4. Dec. 10, Victorian Christmas Open House, 2 to 8 pm. 5 Haldeman Rd., Schwenksville. \$2 donation. 610-287-9349; MontcoPa.org.



NOVEMBER 25–DECEMBER 18

Celebrate the Holidays in Kennett Square. Nov. 25, Holiday Light Parade, 6 pm; Nov. 27, Dec. 4, 11, 18, carriage rides, 3 pm; Dec. 3, new holiday artisan market at The Creamery, 10 to 4; Dec. 11, Historical Home Tour, 4 to 7. 610-444-8188; HistoricKennettSquare.com.

NOVEMBER 25–JANUARY 8

A Brandywine Christmas. It's a wonderland with trees and displays, lights, holiday shopping, music, the O-gauge model train display and more. Rt. 1, Chadds Ford. Daily 9:30 to

4:30 (closed Christmas Day). \$6–\$15. 610-388-2700; BrandywineMuseum.org.



DECEMBER 1–10

Best Kept Secret's Holiday Highlights Tour

## TD Wealth



# You are the architect of your legacy.

We'll help you design a plan for today and the future.

As your wealth grows, so does your need for guidance tailored to your personal circumstances and goals. Turn to this local team of talented professionals for legendary service, integrated strategies, generational planning and advice.

- Trust and Estate Planning
- High Net Worth Planning
- Private Client Banking
- Investment Management

Manage your plan with confidence. Contact

David Glickman, Wealth Market Leader, NMLS ID

#1420518, at 484-870-6745 or david.glickman@td.com



Securities and other investment products are not a deposit; not FDIC insured; not insured by any federal government agency; not guaranteed by TD Bank, N.A. or any of its affiliates; and, may be subject to investment risk, including possible loss of value.

TD Private Client Group is a unit of TD Wealth® in the United States, which is a business of TD Bank N.A., member FDIC (TD Bank). TD Private Client Group provides its clients access to bank and non-bank products and services. Banking, investment and trust services are available through TD Bank. Securities and investment advisory products are available through TD Private Client Wealth LLC, member FINRA/SIPC (TDPCW), TD Asset Management USA, Inc. (TDAM USA) and Epoch Investment Partners, Inc. (Epoch) are federally registered investment advisers that provide investment management services to TD Wealth. TD Bank, TDPCW, TDAM USA, and Epoch are affiliates.

TD Bank, TD PCW, their affiliates, and TD Wealth Relationship Managers and Advisors do not provide legal or tax advice. Any tax advice in this material is not intended or written to be used, and cannot be used, by any recipient for the avoidance of penalties under federal tax laws or for promotion, marketing or recommendation to another party any transaction or matter described in this material. Any such taxpayer should seek advice based on the taxpayer's particular circumstances from an independent tax advisor.

Loans are subject to credit approval.

TD Bank, N.A. | Member FDIC | Equal Housing Lender

TD Private Client Wealth LLC | Member FINRA/SIPC



Give your windows a  
makeover this Fall!

WE WILL BEAT ANY  
PROVIDERS PRICE...  
Just bring us the  
estimate!

Custom Built Shutters  
Wood Blinds • Woven Woods  
Pleated Shades • Roller Shades

Complimentary  
In-Home Consultations  
800-272-9934

LOWER YOUR ENERGY BILLS WITH  
COST-EFFECTIVE INTERIOR SHUTTERS

Factory Direct Prices Because  
WE ARE THE FACTORY!

NO Fading | NO Discoloring  
NO Warping | NO Cracking

VIEW MASTER SHUTTERS ARE  
CUSTOM-BUILT IN OUR  
WEST CHESTER FACTORY.

Shutter Tech, Inc  
Over 40 years in business

800.272.9934  
www.shuttertech.com  
stephanie@shuttertech.com

Visit our factory and showroom  
1155 Phoenixville Pike Ste. 105 • West Chester, PA 19380



in Chester County. A shopping, food and fun adventure where businesses offer refreshments, gifts, demos, make-and-take projects and a chance to win a \$450 shopping spree—all with your ticket (\$9) to use anytime. 717-721-9409; BestKeptSecretsTour.com.

#### DECEMBER 2

**Holiday Open House Tour in Boyertown.** Tour of homes, historic buildings and a stop at the Festival of Trees. Pick up map and tickets at the Historical Society, 43 S. Chestnut St. Trolleys and buses run throughout the evening. 3 to 9. \$12–\$15. 610-369-3054; BoyertownPa.org.

#### DECEMBER 2–3

**Malvern's Victorian Christmas.** Begin in Burke Park for the lighting of the tree. Then stroll King Street, and visit shops, enjoy music, children's shows, carriage rides, Santa and more through Sat. Fri, 6 to 9; Sat, 11 to 3. 610-296-9096; MalvernsVictorianChristmas.org.

#### DECEMBER 2–4

**Hay Creek Historical Assoc. Christmas at Joanna Furnace.** Horse-drawn carriage rides, Christmas Market, bonfire, live nativity and tours. Rt. 10, 3 mi. N. of Morgantown. Fri, 5 to 9 pm; Sat–Sun, 4 to 9. \$7; 12 and under, free. 610-286-0388; HayCreek.org.

#### DECEMBER 3

**West Chester Public Library's Holiday Home Tour.** Walking tour of ten homes in the northeastern section of the borough, beautifully decorated for the holidays. 10 to 3. Tickets at the Library, 415 N. Church St. or online. \$30–\$40. 610-696-1721; WCPublicLibrary.org.

#### DECEMBER 3

**Scott Arboretum Holiday Sale.** Greens, wreaths, living gifts, marshmallows, hot chocolate. 500 College Ave., Swarthmore. 1 to 3 pm. 610-328-8023; ScottArboretum.org.

#### DECEMBER 9

**Historic Yellow Springs Holiday Stroll.** Lots of activities including an art exhibition and sale, story time in the library, tree lighting and crafts at the Township building, refreshments and Santa. Art School Rd., Chester Springs. 5:30 to 8 pm. Free. 610-827-7414; YellowSprings.org.

#### DECEMBER 9

**National Iron & Steel Heritage Museum Holiday Open House.** Visitors can stroll through candle-lit grounds, listen to carol-



ers, enjoy refreshments and see a train display. Canned goods donations are welcome. 50 S. 1st Ave., Coatesville. 5 to 8. Free. 610-384-9282; SteelMuseum.org.

#### DECEMBER 10

**The Spirit of Christmas in New Castle, DE.** A full day of concerts, house tours, shopping and refreshments, ending with a tree lighting. New Castle Presb. Church, 25 E. Second St., New Castle, DE. 9:30 to 5:30. Free. 302-328-3279; NewCastlePresChurch.org.

#### DECEMBER 10

**A Sugartown Christmas.** Explore the historic village and hear about Victorian Christmas traditions. Decorate cookies in the carriage museum and make Victorian-style ornaments and cards. 690 Sugartown Rd., Malvern. 11 to 4. \$6. 610-640-2667; HistoricSugartown.org.

#### DECEMBER 10

**Christmas in Marshallton.** Visit Marshallton United Methodist Church and enjoy breakfast with Santa at 8 am, cookie sale, arts and crafts and a free community lunch, 11:30. Tree lighting and carols at Martin's Tavern at 4. 1282 W. Strasburg Rd., West Chester. 610-696-5247; Marshallton-Church.org.

#### DECEMBER 10

**Delaware Art Museum Holiday House Tour—Holiday House Tour: Houses with History.** Visit the Greenville area's most spectacular historic homes (many duPont family homes) decorated for the holidays. Then visit the Annual Winter Arts Festival, featuring regional artisans and holiday music. 2301 Kentmere Pkwy., Wilmington. 10 to 4. \$35–\$60 (with luncheon option). 302-571-9590; DelArt.org.

#### ART, CRAFTS & ANTIQUES.....

#### THROUGH NOVEMBER 5

**Panorama 2016—Image-Based Art in the 21st Century.** Main Line Art Center presents a celebration of the photographic image and digital media. 746 Panmure Rd., Haverford. Mon–Thurs, 9 to 9; Fri–Sat, 9 to 5. 610-525-0272; MainLineArt.org.

#### THROUGH NOVEMBER 13

**Lancaster Museum of Art Exhibit.** “Veils of Color: Elizabeth Osborne.” 135 N. Lime St., Lancaster. Tues–Sat, 10 to 4; Sun, noon to 4. 717-299-9940; LMAPA.org.

#### THROUGH NOVEMBER 27

**Demuth Museum Exhibit. Through Nov. 27,** “Fifty Years Straddling the Velvet Rope: The Photography of Gary Lee Boas;” **Nov. 10,** 18th Auction for Artists & Collectors at the Elks Club, 219 N. Duke St., Lancaster, 5:30, \$15. Museum: 120 E. King St., Lancaster. Tues–Sat, 10 to 4; Sun, 1 to 4. 717-299-9940; Demuth.org.



the  
Salon



be BEAUTIFUL  
be PAMPERED  
GLOW

the  
Spa



ESCAPE  
RELAX  
UNWIND



See our  
exclusive  
offer in the  
Gift Guide



610.489.0800  
378 W. Main St. Collegeville  
edendayspaandsalon.com





#### NOVEMBER 4-6

**Sugarloaf Crafts Festival.** More than 300 fine artisans participate in this juried show. Live music, children's entertainment and food. Greater Phila. Expo Center, 100 Station Ave., Oaks. Fri-Sat, 10 to 6; Sun, 10 to 5. \$8-\$10. 800-210-9900; SugarloafCrafts.com.

#### NOVEMBER 4-25

**Farm to Table Art Show & Sale.** Plein air painting done at working farms and local markets all summer on view at Frame Station Gallery, 643 Lancaster Ave., Berwyn. Reception Nov. 4, 6 to 8. Show, Tues-Fri, 9:30 to 5:30; Sat, 10 to 5. 610-640-5857; FrameStationGallery.com.

#### NOVEMBER 5-6

**Baker Industries Art & Artisan Fair.** More than 40 artists, juried by PA Guild of Craftsman, present their original work. Sat, artist reception with cocktails, food, music, 5:30 to 9, \$25; Sun, noon to 4, free. 184 Pennsylvania Ave., Malvern. BakerIndustries.org.

#### NOVEMBER 6-JANUARY 29

**Bryn Mawr Rehab Hospital Art Ability Exhibit & Sale.** Artists from around the world with physical, cognitive, visual and hearing disabilities submit their work to this juried exhibition and sale. 414 Paoli Pk.,

Malvern. 484-596-5710; MainLineHealth.org/ArtAbility.

#### NOVEMBER 9-13

**Phila. Museum of Art Contemporary Craft Show.** A premier show and sale of contemporary crafts, includes the finest craft artists in the country. PA Convention Center, 1101 Arch St., Phila. Preview party Wed, 4 to 9 pm, tickets start at \$250. Thurs, 11 to 9; Fri, 11 to 7; Sat, 10 to 6; Sun, 10 to 5. \$5-\$18. 215-684-7930; PMACraftShow.org.



#### NOVEMBER 12-13

**The 2016 Annual Bucks Co. Antiques Dealers Association Show.** High quality show with 30 exhibitors. Eagle Fire Hall, Rt. 202 & Sугan Rd., New Hope. Show hours: Sat, 10 to 5; Sun, 11 to 4. \$6. 215-290-3140; BCADAPA.org.

#### NOVEMBER 19-20

**Antiques at Kimberton Show & Sale.** Long-running quality show featuring over 65 dealers from several states. Kimberton Fire Company, 2276 Kimberton Rd., Kimberton. Sat, 9 to 5; Sun, 11 to 4. \$7. 717-431-7322; AntiquesAt-Kimberton.com.

#### NOVEMBER 19-20

**Fall Into Winter Artisans Tour.** Tour the spaces of well-known local artists in the Boyertown area. Finish your holiday shopping early with everything from pottery, glass, fibers and jewelry to bakery items, artisan cheeses and artisan brews. 10 to 5. Free. Visit website for map, StudioBBB.org/Fall-Into-Winter/.

#### NOVEMBER 18-19

**Unionville Art Gala.** Over 70 professional artists, including this year's featured artist, Lele Galer of Galer Estate Winery. Benefits projects and programs at the high school. Unionville High School, 750 Unionville Rd., Kennett Square. Fri, opening night with music, food and festivities, 6 to 9; Sat, 11 to 4. Free. UnionvilleArtGala.com.

#### NOVEMBER 19-20

**Haverford Guild of Craftsmen-Holiday Fine Art and craft Show.** Over 35 artists in

### Local Farm Markets

**Bryn Mawr Farmers Mkt.,** Lancaster Ave. at Bryn Mawr train station parking lot. **Sat, 9 to 1.** FarmToCity.org.

**Downingtown Farmers Mkt.,** Kerr Park, 1 Park La. **Sat, 9 to 1.** 610-836-1391; GrowingRootsPartners.com.

**Eagleview Farmers Mkt.,** Eagleview Town Ctr., Wellington Sq., Exton. **Thurs, 3 to 7.** 610-836-1391; GrowingRootsPartners.com.

**Kennett Square Farmers Mkt.,** E. State St., between Broad and Union Sts. **Fri, 2 to 6.** 610-444-8188; HistoricKennettSquare.com.

**Lancaster County Farmers Mkt.,** 389 W. Lancaster Ave., Wayne. **Wed & Fri, 8 to 6; Sat, 8 to 4.** 610-688-9856; LancasterCounty-FarmersMarket.com.

**Malvern Farmers Mkt.,** Burke Park, Roberts Rd. & S. Warren Ave. **Sat, 9 to 1.** 610-836-1391; GrowingRootsPartners.com.

**Media Farmers Mkt.,** State St. b/w Monroe & Gayley. **Thurs, 3 to 7.** 610-566-5039; MediaFarmersMarket.com.

**Pete's Produce Farm,** 1225 E. Street Rd., West Chester. **Mon-Sat, 9 to 6:30; Sun, 9 to 6.** 610-399-3711; PetesProduceFarm.com.

**Phoenixville Farmers Mkt.,** 200 Mill St., under Gay St. Bridge. **Sat, 9 to 1.** PhoenixvilleFarmersMarket.org.

**Swarthmore Farmers Mkt.,** 341 Dartmouth Ave., at Swarthmore Co-Op. **Sat, 10 to 2.** FarmToCity.org.

**West Chester Growers Mkt.,** Chestnut & Church Sts. **Sat, 9 to 1.** 610-436-9010; WestChesterGrowersMarket.com.

**Westtown Amish Mkt.,** 1177 Wilmington Pk., West Chester. **Thurs, 9 to 6; Fri, 9 to 8; Sat, 8 to 4.** 610-492-5299.

a variety of media will be selling and demonstrating their craft. St. Anastasia School, 3309 West Chester Pk., Newtown Square. Sat, 10 to 8; Sun, 10 to 4. Artist reception Sat, 6 to 8. Free. HaverfordGuild.org.

#### DECEMBER 2-11

**Community Arts Center's Holiday Sale.** Featuring handmade work by members of the Pottery Guild with over 20 vendors. Refreshments served. Preview party **Dec. 1**, 7 to 9:30 pm, \$5; free for CAC benefactors. 414 Plush Mill Rd., Wallingford. 610-566-1713; CommunityArtsCenter.org.

#### DECEMBER 2-JANUARY 28

**2016 Craft Forms at Wayne Art Center.** One of the premiere contemporary craft exhibitions. **Dec. 2**, Opening Gala, 6 to 10, tickets start at \$75; **Dec. 10-11**, Holiday Shopping

Weekend. Wayne Art Center, 413 Maplewood Ave., Wayne. Mon-Fri, 10 to 5; Sat, 10 to 4. 610-688-3553; WayneArt.org.

#### DECEMBER 9-11

**Main Line Art Center Holiday Craft Market: Fresh & Local.** Special events, gourmet food trucks, artisanal goods and unique handmade fine crafts made locally. 746 Panmure Rd., Haverford. Kick-Off Party Fri, 5:30 to 7:30 pm. Sat, 10 to 5; Sun, 11 to 4. Free. 610-525-0272; MainLineArt.org.

#### DECEMBER 10-11

**Winter Arts Festival at Delaware Art**

**Museum.** Browse handmade items by diverse local artisans, tour festive works in the collection, enjoy holiday music and more. 2301 Kentmere Pkwy., Wilmington. 10 to 4. Free. 302-571-9590. DelArt.org.

#### DANCE.....

#### NOVEMBER 11-12

**Up Front with First State Ballet Theatre.** Classical and contemporary highlights and private reception with FSBT's dancers. Grand Studio One, 818 N. Market St., Wilmington. 7. \$25-\$35. 1-800-37-GRAND; FirstStateBallet.com.

## RE-IMAGINE THE Possibilities



### MERCHANT OF MENACE RE-IMAGINERS GALLERY



1351 W. STRASBURG RD., WEST CHESTER, PA  
215-704-7419

THEMERCHANTOFMENACE.NET

## Celebrate the Season!



PHOTOS: ED ADAMS

PHOTOS: ANDREW HAYES

## CELEBRATE THE HOLIDAY SEASON WITH TWO SPECIAL TOWNWIDE EVENTS IN HISTORIC NEW CASTLE, DELAWARE

### Spirit of Christmas & "A Dickens Experience"

*Free public events feature holiday crafts and vendors, street theater, character appearances from Charles Dickens', A Christmas Carol, musical performances and tours of historic homes.*

**Saturday, December 10, 2016  
9AM to 5PM**

Rain or Shine ~ Admission: FREE to the public

Pick up your brochure at the church — it's your ticket to enter the homes.

Events will be held at the New Castle Presbyterian Church, 25 E. Second Street, The Arsenal, 30 Market Street, and other locations throughout the city.

★ NewCastlePresChurch.org/spirit ★



## EQUESTRIAN.....

NOVEMBER 6

### 82nd Running of the Pennsylvania Hunt Cup.

Timber racing, a carriage parade and parade of the Cheshire hounds, food and shopping. Benefits the Chester Co. Food Bank, Work to Ride and Upland Country Day School. North of Rt. 926 & Newark Rd., Unionville. Gates open, 10:30. \$50 per car. See website for schedule. 484-888-6619; PaHuntCup.org.



## FESTIVALS & FAIRS & FUN.....

NOVEMBER 5

**15th Annual Swing Dance at Railroad Museum of Pennsylvania.** Dress to impress in your best '40s vintage attire and dance the night away at the museum. 300 Gap Rd., Strasburg. 7 to 10. \$20–\$35. 717-687-8628; tickets through EventBrite.com.

NOVEMBER 6

**Clover Market.** A seasonal open-air market featuring over 100 vendors with antiques and collectibles, vintage jewelry, clothing, handmade items and original art. 7 N. Bryn Mawr Ave., Bryn Mawr. 10 to 5. TheCloverMarket.com.

## FOOD & BEVERAGE.....

NOVEMBER 18–20

**Lancaster Food, Wine & Spirits Festival.** Restaurants, food vendors, vineyards, micro-breweries, distilleries and more. Lancaster Co. Convention Center, 25 S. Queen St., Lancaster. Fri, 6 to 10; Sat, 11 to 3 and 4 to 8; Sun, noon to 4. \$50–\$70. Lancaster.GourmetShows.com.



## FUNDRAISERS.....

NOVEMBER 3

**Stroud Water Research Center's Annual Gala, The Water's Edge.** The Stroud Award for Freshwater Excellence will be presented to the National. Park Service and its director,

Jonathan Jarvis. Longwood Gardens, 1001 Longwood Rd., Kennett Square. 6:30 to 9. Tickets start at \$200. 610-268-2153; Stroud-Center.org.

NOVEMBER 5

**French & Pickering's 34th Annual Auction Party.** History buffs have the opportunity to bid on treasures from Warwick Furnace Farm Ironmaster's Manor. Enjoy a live and silent auction and delicious food at Stonewall Golf Club, Bulltown Rd., Elverson. 6 pm. For tickets, 610-933-7577; FrenchAndPickering.org.



NOVEMBER 5

**The Salvation Army New Day to Stop Trafficking Fundraiser.** Food, live family entertainment, crafts and vendors. Benefits New Day's New Home at the Salvation Army and Dawn's Place Elam United Methodist Church, 1073 Smithbridge Rd., Glen Mills. 10 to 2. 610-793-4387 or 302-479-9444.

NOVEMBER 5

**A Night at the Races Fundraiser for West Chester Area Senior Center.** Fundraiser that includes food, bar and auction. 530 E. Union St., West Chester. 6:30 to 10:30. \$75. 610-431-4242; WCSeniors.org.

NOVEMBER 5

**Devereux Advanced Behavioral Health's Hope Gala—"A Night in Havana."** Benefits both children and adults and features live and silent auctions, dancing, mojito and cigar patio and after party. Black-tie optional. Vie, 600 N. Broad St., Phila. 7:30. \$350. Devereux.org.

NOVEMBER 10

**Malvern Prep 7th Annual "Shop & Sip."** Malvern Moms and other local vendors will be



selling their "specialty" items, including clothes, jewelry, accessories and more. Shop and enjoy a glass of wine or beer and delectable appetizers. 418 S. Warren Ave., Malvern. 7 to 10. \$10. 484-595-1100; MalvernPrep.org.

NOVEMBER 11

**50th Anniversary Gala.** Join The Timothy School in honoring 50 years of service to children with autism. Overbrook Golf Club, Villanova. Open bar, dinner and dancing. 6:30 to 11. \$150–\$200. 610-725-0755. For tickets, bit.ly/TimothyGala.

NOVEMBER 19

**Main Line Health's Paoli Hospital Annual Holiday "Mistletoe & Magic" Party.** Share in the magic and memories of this year's event. Cocktails, dinner, raffle prizes and a silent auction. Black tie optional. Aronimink Golf Club, 3600 St. Davids Rd., Newtown Square. 6:30 484-565-1335; PaoliAuxiliary.org

NOVEMBER 30–DECEMBER 1

**Women's Committee of Children's Hospital of Phila. Presents A Holiday Boutique.** The area's finest boutiques participate to benefit CHOP. Merion Cricket Club, 325 Montgomery Ave., Haverford. Preview Wed, shopping, cocktails and hors d'oeuvres, 5 to 9, \$150; Fri, 9 to 6, luncheon available, \$30. 267-426-5339; CHOPHolidayBoutique.org.

DECEMBER 3

**West Chester Charity Ball.** Dinner, dancing and auction. Benefits The Friends Association for Care and Protection of Children, Emergency Family Shelter and the Homeless Prevention Program. West Chester Golf and Country Club, 111 W. Ashbridge St., West Chester. 6 to 11:30. \$175. 610-431-3598; FriendsAssoc.org.

## GARDENS & PLANTS.....

THROUGH NOVEMBER 20

**Longwood Gardens Chrysanthemum Festival.** More than 17,000 chrysanthemums have been nurtured and trained for this year's display. 1001 Longwood Rd., Kennett Square. Visit website for times and tickets. 610-388-1000; LongwoodGardens.org.



## MUSEUMS.....

THROUGH DECEMBER 30

**The Wharton Esherick Museum.** "Framed," a juried exhibition and competition of wooden frames selected from entries across the US and Canada. 1520 Horseshoe Trail, Malvern. Tues–

Sat, 10 to 4; Sun, 1 to 4. \$8–\$15. 610-644-5822; WhartonEsherickMuseum.org.

THROUGH DECEMBER 31

**The Delaware Art Museum Exhibits.** Howard Pyle Murals. 2301 Kentmere Pkwy. Wed, 10 to 4; Thurs, 10 to 8, free after 4 pm; Fri–Sun, 10 to 4, free on Sun. \$6–\$12. 302-571-9590; DelArt.org.

THROUGH JANUARY 22

**Brandywine River Museum of Art. Through Nov. 6,** "New Terrains: American Landscape Paintings from the Bequest of Richard M. Scaife;" **Through Jan. 22,** "Rural Modern: American Art Beyond the City." 1 Hoffman's Hill Rd., Chadds Ford. Daily, 9:30 to 4:30. \$6–\$15. First Sunday of month, free. 610-388-2700; BrandywineMuseum.org.

THROUGH MARCH

**Freedom: To Secure the Blessings of Liberty.** LancasterHistory.org presents an exhibition where visitors can discover the stories of Lancasterians who sought freedom, lived in freedom and were denied freedom over the course of 300 years. 230 N. President Ave., Lancaster. Mon–Sat, 9:30 to 5. LancasterHistory.org.

## MUSIC, DANCE, ENTERTAINMENT...

THROUGH NOVEMBER

**Longwood Gardens Holiday Concerts. Nov. 19,** Etienne Charles: A Creole Christmas; **Nov. 28–Dec. 22,** celebrate the season with local choirs and musicians; **Nov. 30,** Cathie Ryan's Irish-American Christmas; **Dec. 1,** The Swingles. 1001 Longwood Rd., Kennett Square. Visit website for times and tickets. 610-388-1000; LongwoodGardens.org.

NOVEMBER 4–18

**WCU—Live! Nov. 4,** Steep Canyon Rangers; **Nov. 16,** Keyboard Conversations with Jeffrey Siegel, at Philips Library; **Nov. 18,** Neil Berg's *100 Years of Broadway.* Emilie K. Asplundh Concert Hall, University Ave. & S. High St., West Chester. 7:30 pm. 610-436-2266; WCUPa.edu/Live.



NOVEMBER 12, DECEMBER 4

**Immaculata Symphony Orchestra Concerts. Nov. 12,** the Fall Concert opens the season with pianist Stephen Campitelli, 7:30 pm. **Dec. 4,** the Christmas Concert features

the Immaculata University Chorale and a variety of holiday favorites, 3 pm. 1145 King Rd., Immaculata. \$8–\$15. 610-316-1731; ImmaculataSymphony.org.

NOVEMBER 17

**Uptown! West Chester Presents Jazz Cocktail Hour with The Diane Monroe Quartet.** Diane Monroe on violin, Tony Miceli on the vibraphone, Justin Selelewski on bass and Francois Zayas on the drums. Sprout Music Collective, 130 E. Prescott Alley, West Chester. 6:30 pm. \$15. 484-639-9004; UptownWestChester.org.



DECEMBER 5

**Kennett Symphony Orchestra—"Pops Goes the Holiday."** Featuring the Children's Chorus

and First State Ballet Theatre perform holiday favorites. Unionville High School, 750 Unionville Rd., Kennett Square. 7:30 pm. \$10–\$53. 610-444-6363; KennettSymphony.org.

## OUTDOOR ACTIVITIES.....

NOVEMBER 5

**Chester County Color 5K Run/Walk.** A family-friendly fun run that will raise awareness and funds to continue to educate, treat and prevent the opioid and heroin epidemic. Everhart Park, 100 S. Brandywine St., West Chester. Reg. 8 am, race at 9. \$25–\$30. 610-344-6279; Chesco.org/Color5k.

NOVEMBER 5

**Trinity Berwyn 5K Run/Walk and Pancake Breakfast.** Family-friendly run/walk begins at 9 am at the church parking lot, 640 Berwyn Ave., Berwyn, then a pancake breakfast. \$25–\$30. Benefits the church's outreach efforts. 610-644-0932; BerwynTrinity5k.org.

NOVEMBER 18–20

**Philadelphia Marathon & Half Marathon.** Beautiful views through Fairmount Park and along the Schuylkill River. Fri–Sat, Health and Fitness Expo and Kids Fun Run. Race begins at 7 am on Sun. 22nd St. & Ben Franklin Pkwy., Phila. \$155; half marathon, \$135. PhiladelphiaMarathon.com.



### Holiday Open House!

Join us November 4-12

Special Hours: Friday 9 am–8 pm, Saturday 9 am–5 pm  
& Sunday 12 pm–5 pm

Seasonal Floral Designs & Wreaths • Holiday Accessories,  
Santas & Gifts • Decorations for Your Tree & Mantel

**SPECIALIZING IN:**

- Valances/Draperies
- Bed Ensembles
- Floral Designs
- Blinds/Shades/Shutters
- Accessories/Lamps
- Art/Mirrors
- Color/Design Consulting for New Construction & Renovation



**717-354-2233**  
1064 EAST Main St. (Rt. 23) New Holland, PA 17557  
www.HeritageDesignInteriors.com  
Hours: Monday - Friday 10-5 • Saturday 10-2



## THEATERS.....

THROUGH NOVEMBER 13

**DE Theatre Company—*The City of Conversation*.** Written by Anthony Giardina, this play takes a look inside Washington politics. 200 Water St., Wilmington 302-594-1100; \$20–\$45. DelawareTheatre.org.

NOVEMBER 9–JANUARY 8

***A Christmas Story: The Musical*.** Based on the classic holiday movie about the boy who wanted a Red Ryder BB gun for Christmas. Media Music Theatre, 104 E. State St., Media. Wed–Sun, check website for show times. 610-891-0100; MediaTheatre.org.

NOVEMBER 11–DECEMBER 31

***Our Christmas Dinner*.** A hilarious look at family tradition, holiday expectations and the real meaning of Christmas. Bird-In-Hand Stage, 2760 Old Philadelphia Pk., Bird-in-Hand. 800-790-4069; Bird-in-Hand.com/Stage.

NOVEMBER 15–20

***A Gentleman's Guide to Love & Murder*.** The 2014 Tony Award-winner for Best Musical at The Playhouse on Rodney Square, 1007 N. Market St., Wilmington. \$40–\$85. 302-888-0200; ThePlayhouseDE.org.

NOVEMBER 16–JANUARY 15

***Sleeping Beauty: A Musical Panto*.** This is a

World Premiere of the classic tale of fairies, awakenings, and true love, sure to delight audiences of all ages. People's Light, 39 Conestoga Rd., Malvern. \$28–\$63. 610-644-3500; PeoplesLight.org.

NOVEMBER 25–27

***Broadway Christmas Wonderland: The Holiday Show*.** Santa and his helpers take you on an unforgettable nostalgic Christmas journey. The Playhouse on Rodney Square, 1007 N. Market St., Wilmington. \$40–\$60. 302-888-0200; ThePlayhouseDE.org.

DECEMBER 3

**WCU—Live!—*The Greatest Pirate Story Never Told*.** The audience participates in the adventure. Madeline Wing Adler Theatre, 817 S. High St., West Chester. 2 pm. \$5–\$8. 610-436-2266; WCUPa.edu/Live.

DECEMBER 3–JANUARY 15

***The Road: My Life with John Denver*.** A regional music premiere and rare glimpse of the man behind the music. People's Light, 39 Conestoga Rd., Malvern. \$46–\$51. 610-644-3500; PeoplesLight.org.

## TOWNS, TALKS & TOURS.....

NOVEMBER 1

**Marshall Steam Museum at Auburn Heights Preserve—Evenings at the Museum.** Local historian John Harrison discusses the village of Yorklyn. 3000 Creek Rd., Yorklyn, DE. 7 pm. \$5. 302-239-2385; AuburnHeights.org.

NOVEMBER 4, 12, 17

**First Fridays, Second Saturdays, Third Thursdays. Nov. 4, First Fridays: Kennett Square Art Stroll,** 610-444-8188; HistoricKennettSquare.com. **Lancaster City,** 717-509-ARTS; LancasterArts.com. **Oxford,** 610-998-9494; DowntownOxfordPA.org. **West Chester,** 610-738-3350; DowntownWestChester.com; **Wilmington,** 302-576-2489; WilmingtonDE.gov. **Nov. 12, Second Saturday: Media,** 484-445-4161; MediaArtsCouncil.org. **Nov. 17, Malvern Stroll,** MalvernBusiness.com.

NOVEMBER 10

**Chadds Ford Hist. Society—Tavern Talks.** A new series for adults, focusing on early American history and culture with activities, food and drinks. This month, “All Things Apple.” Barns Brinton House, 6030 Baltimore Pk., Chadds Ford. 7 to 9 pm. \$10. 610-388-7376; ChaddsFordHistory.org. ♦

Stay in the know with everything going on in *County Lines* country. Sign up for our monthly Events Newsletter at [Newsletter@ValleyDel.com](mailto:Newsletter@ValleyDel.com)

Send a description of your activity to [Info@ValleyDel.com](mailto:Info@ValleyDel.com) by the first of the month preceding publication.

For more events visit:

[CountyLinesMagazine.com](http://CountyLinesMagazine.com)

## SINKING FOUNDATION?



### WE CAN LIFT IT!

- Sagging Floors
- Settling Foundations
- Sticking Windows & Doors
- Bowing Walls
- Wet Basements
- Nasty Crawl Spaces

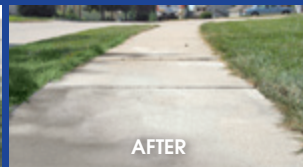
## SINKING CONCRETE?

Don't Replace it - RAISE it.

With POLYLEVEL



CONCRETE PATIOS | UNEVEN CONCRETE SLABS | SINKING CONCRETE STEPS & WALKWAYS



LESS THAN HALF THE COST OF REPLACEMENT  
CONCRETE CAN BE USED JUST 15 MINUTES AFTER LIFTING

CONTACT US FOR A FREE ESTIMATE!

215-995-6757

[COUNTYLINESBQBASEMENTSANDCONCRETE.COM](http://COUNTYLINESBQBASEMENTSANDCONCRETE.COM)

**BQ Basement Systems**  
The Basement, Crawl Space & Foundation Specialists™

**LIFETIME**  
Interest-Free FINANCING  
BBB



## WHAT'S HAPPENING IN PHOENIXVILLE

Phoenixville Farmer's Market

Through November

Under the Gay St. Bridge. Sat, 9 to 1. PhoenixvilleFarmersMarket.org.

10th Annual “Empty Bowls” Event

November 4

Purchase a simple meal of soup and bread served in a bowl handcrafted by an area artist or student. Benefits PACS. The Covered Bridge Room at Kimberton Fire Co., 2276 Kimberton Rd. 5 to 8. \$25. 610-933-1105; PACSPhx.org.

Phoenixville Zombie Run & Fun Day

November 5

Zombies try to capture flags. Benefits local charities. Corner of Bridge St. & Main St. PhoenixvilleZombieRun.com.

YMCA Fall Fun Run & Fall Festival

November 6

Annual benefit for the Y. 400 E. Pothouse Rd., 10 am. The 5K is \$20, 1-mile family fun run, \$10. 610-933-5861; Phila-YMCA.org/run.

Events at The Colonial Theatre

November 18–December 9

**Nov. 18,** Al Stewart Acoustic Trio performs “Year of the Cat” in its entirety; **Nov. 19,** Rob Schneider; **Dec. 8,** Delta Rae with special guest

Penny & Sparrow. 227 Bridge St. 8 pm. 610-917-1228; TheColonialTheatre.com.

Phoenixville Chamber of Commerce

2016 Charity Gala, “A Season of Giving”  
November 19

Dinner, music, dancing and auction. Benefits Orion Communities. Phoenixville Country Club, 355 Country Club Rd. 5:30. \$80. 610-933-3070; PhoenixvilleChamber.org.

Phoenixville Christmas Parade

December 2

The parade starts at 7, from the 300 block of Bridge Street, then along Bridge St. for the tree lighting at Bridge and Main Sts. at 8 pm. 610-933-8801; Phoenixville.org.

Annual Candlelight  
Holiday Tour

December 3

Beautifully decorated homes and churches, crafts, music, refreshments. Benefits Ann's Heart Code Blue Shelter and Firebird Theatre. Tickets available after 2:30 at First Presbyterian Church, 145 Main St. 3 to 7 pm. \$25. 610-933-9181; PhxHolidayTour.weebly.com.



13th Annual Firebird Festival

December 3

Burning of the Firebird (Phoenix) will be at Friendship Field (at Franklin Ave. & Fillmore St.). The fun begins at 3, burning of the Phoenix at 8:15. 610-933-9199; FirebirdFestival.com.

Theatre Organ Society of the  
Delaware Valley's Annual Holiday Concert

November 13, December 4

**Nov. 13,** Ron Rhode; **Dec. 4,** great songs by various individuals on the TOSDV 3/24 Wurlitzer Theatre Pipe Organ. The Colonial Theatre, 227 Bridge St. 2 pm. \$5–\$10. 610-917-1228; TOPSDV.org.

“A Taste of Phoenixville”

January 19, 2017

A premier food, wine, beer event. Live music. Benefits the Good Samaritan Shelter. Phoenixville Foundry, 2 N. Main St. \$85. 6 to 10. 610-933-9305; TasteOfPhoenixville.com.



**Christopher**  
CHOCOLATES FINE FOODS  
Making Life Sweeter Since 1986!

A CANDY STORE WITH  
A WHOLE LOT MORE!



Scrumptious Chocolates  
& Truffles

Sugar Free - Retro Candies

Holiday Favorites

Holiday Gift Baskets

of Tasty Treats

JOIN US FOR OUR  
**30th**  
Anniversary  
Celebration  
NOV. 10-12

3519 West Chester Pike  
Newtown Square, PA

610.359.1669

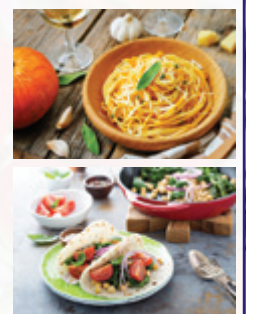
[www.Christopher-Chocolates.com](http://www.Christopher-Chocolates.com)



HEALTHY  
ORGANIC  
MEALS  
DELIVERED  
TO YOUR  
HOME.



Save Time  
Recover Health  
Feel Vibrant



610-715-8159

[www.TheWildflowerChef.com](http://www.TheWildflowerChef.com)



Gift Certificates Available this Holiday Season



# LOCAL HEROES:

## Carol Metzker and Jamie Manirakiza

### Salvation Army's New Day to Stop Trafficking Program



Jamie Manirakiza & Carol Metzker

Safety. Strength. Care. Compassion. Freedom.

These words mean something different to everyone, but to victims of human trafficking, they mean something very specific. We might think of this painful reality as something that happens overseas, far from our affluent neighborhoods. But according to Carol Metzker of the Salvation Army's New Day to Stop Trafficking Program, "It's here at home, too."

The "world's dirtiest secret," human trafficking is modern-day slavery, involving the use of force, fraud or coercion to obtain some type of labor or commercial sex act. It's the second-highest-grossing illegal industry in the world—with an estimated \$150 billion in profits each year from commercial sexual exploitation. According to the National Human Trafficking Resource

Center, nearly 290 cases of human trafficking were reported in Pennsylvania in the last two and a half years. But as Carol notes, "Just one is too many."

Many victims come from broken homes, are runaways or homeless, or have been "in-the-life" as victims of commercial sexual exploitation since adolescence.

So what happens to these women and teens when the horror has passed? Just because they are "out of the life" doesn't mean everything is normal.

Many find their way to the New Day to Stop Trafficking Program's Drop-In center in Philadelphia. Volunteers at the center see about 30 to 40 women a day and provide a range of services—food, clothing, a shower, a temporary safe haven and a place to get back on their feet.

"Some visitors come back, some we only see once. But there's always someone there to help," says Carol. She stresses how key the sense of compassion, availability and safety is for the drop-in visitors. "We want them to know that unlike their abusers, we care."

Many times it's the little things that count. The New Day case management team is there for the good times and the bad, from accompanying women to a court hearing or therapy session, to being there when they have a baby or pick up keys to their new apartment. "We try to help any way we can," she says.

That help comes in many forms—from policy reform at the state level to one-on-one personal support. Much of the teamwork is done with Jamie Manirakiza at the helm.

As Director of Anti-Trafficking and Services at the Salvation Army, Jamie has a lot on her plate, even given her training and a master's degree in social work. She oversees many functions, such as managing funding, training, getting federal and state grants, advocating for enlightened policies and raising public awareness.

Jamie also works individually with women, guiding them through case management, scheduling therapy appointments, reuniting them with family, getting their IDs back, mentoring them during housing or job searches, and virtually anything else they need to achieve self sufficiency.

Through it all, she finds her work intensely rewarding. "I get to see the strength and resiliency of these women throughout their journey," she says. "It's an honor to engage with them and be a part of their healing."

Carol agrees. "I'm one of the happiest people you'll ever meet," she laughs. "To be able to see a problem, act on it and make a



The donated shoes used to create People's Light's *The Mountaintop* cover photo benefitted those in need at the New Day to Stop Trafficking Program and others.  
ART & PHOTO BY NOAH SCALIN

difference is an amazing feeling." She also enjoys getting to meet such a wide variety of people—from the women at the drop-in center to teachers, business leaders, volunteers and supporters.

Both Carol and Jamie are excited about the new home the Salvation Army is opening in the nearby suburbs in early December. Unlike the drop-in center in Philadelphia, this home will serve as a residential program in addition to a comprehensive, traumatic care haven for young women, 18 to 24, who were victimized as minors but have aged out of Child Protective Services. With young adulthood being such an important time in any woman's life, being able to help this underserved age group is a dream come true for the team at New Day.

When asked what our readers can do to help, Jamie had more than a few suggestions: "You can donate money or needed items [shoes, clothing, unopened toiletries], spread information about the issue, be on the lookout for any suspicious activity, volunteer at the drop-in center, advocate at

the policy level or join your local coalition."

You can also attend local fundraising events like Dress For a Good Cause in the spring—where you can donate that old prom dress sitting in your closet—or the Festival to Stop Traffic coming up on November 5 (see the Best Local Events fundraisers), celebrating the opening of New Day's new home.

You can also read Carol's book, *Facing the Monster: How One Person Can Fight Child Slavery*, for her in-depth account. And keep in mind National Human Trafficking Awareness Day on January 11 and World Day Against Trafficking on July 30 to spread global awareness.

We're proud to have Carol, Jamie and the team at New Day as part of our extended community and this November's Local Heroes. ♦

— Mary Irene Dolan

Learn more at [Facebook.com/NewDay-ToStopTrafficking](https://Facebook.com/NewDay-ToStopTrafficking) and [PA.SalvationArmy.org/Greater-Philadelphia/NewDay](https://PA.SalvationArmy.org/Greater-Philadelphia/NewDay).

"We have worked with many contractors on all kinds of projects, but working with SSB was by far the best experience of all. Their ability to listen and capture the customer's vision is a company hallmark."

— Montgomery County, Pennsylvania

**SYLVAN STOLTZFUS BUILDERS LLC**

**DREAM... DESIGN... BUILD!**

RESTORATIONS AND ADAPTIVE REUSE, TIMBER FRAMING, EQUINE FACILITIES, GARAGES AND ACCESSORY STRUCTURES, CUSTOM DECOR AND ACCENTS

1-800-881-9781 — distinctive & commanding — stoltzfusbuilders.com



# FROM STREAM TO TAP: KEEPING FRESH WATER CLEAN AND SAFE

Diane Huskinson, Stroud Center for Water Research

The pastoral image of cows drinking from a stream has a hidden story.

PENNSYLVANIA HAS LONG BEEN HOME TO A ROBUST agriculture industry, where cows, hay bales and horse-drawn plows dot rolling hills of grasses and grain. For those acquainted with these scenic landscapes and the hard-working farmers who maintain them, the pastoral image of lazy dairy cows drinking from a trickling stream is a familiar one. To the untrained eye, it seems a natural ornament of bygone days.

## WHAT HIDES IN MURKY WATERS

Did you know that when cows and other livestock are free to roam in streams, they trample the streambed and disturb the fragile ecosystem that supports freshwater fish, bugs and other critters? They also leave behind waste containing microorganisms like *E. coli*, *Cryptosporidium* and *Enterococcus* that can contaminate the stream and pose a public health risk. Water treatment facilities can effectively deactivate these contaminants thus purifying the water flowing from the taps in our homes. But recreational users and animals are at risk of contracting disease simply through contact with—through swimming, boating—and drinking the stream water.

There are other threats to clean streams, such as human waste from leaking septic tanks and the loss of streamside forests cut to make way for other land uses.

Fortunately, water treatment facilities have procedures in place to make water safe for drinking. But of course, the dirtier the water, the greater the cost to treat it.

## WHAT THE RESEARCHERS FOUND

Surface waters like streams and rivers have tremendous value not only because they provide 170 million people in the United States with drinking water, but also because they are beautiful and richly diverse ecosystems to be enjoyed through fishing, swimming and boating—activities that could be unsafe in contaminated waters. A key part of protecting freshwater resources is identifying and reducing sources of pollution.

Microbiologist Jinjun Kan, Ph.D., of Stroud Water Research Center is doing just that. This summer he led a study investigating the presence of bacteria and other pathogens at 46 sites across the headwaters of the White Clay Creek, Red Clay Creek, Brandywine

Creek and Schuylkill River sub-watersheds of the Delaware River.

The research team—Villanova University student Kathleen Fisher, Stroud Center technicians Dave Montgomery and Laura Borecki, and Shane Morgan of White Clay Creek Wild and Scenic Rivers—found levels of bacteria from both cow and human waste were higher in these area streams than permitted under the recreational water quality standards of the U.S. Environmental Protection Agency.

The team also found that some of the highest concentrations of *E. coli* and *Enterococcus* were in streams surrounded by farm fields with animals. In some cases, the animals had direct stream access.

“Obviously, wildlife and land uses play a big role in how clean our streams are. By identifying sites of contamination and using DNA tools to trace bacteria to their sources, we can help landowners make small changes that can have a big impact on water quality,” says Kan. One such change is simply to fence animals out of streams.

Among the many best management practices landowners can adopt, fencing out animals and planting trees along the banks of streams are especially effective. Trees stabilize stream banks and prevent erosion. They act as a protective barrier between streams and upland activities that contribute to pollution.

Trees also shed leaves and branches that keep streams healthy by providing habitat and food for aquatic organisms. The list goes on. See the article “Trees Save Streams” in the March 2016 issue of *County Lines* and at [CountyLinesMagazine.com](http://CountyLinesMagazine.com).



Cows trample the streambed and disturb the fragile ecosystem.

## KNOWLEDGE IS POWER

“Not everyone knows where their water comes from,” says Matt Ehrhart, director of watershed restoration at the Stroud Center. “We simply turn on the tap, and out comes clean water. But there’s a journey that our water takes before it reaches our homes. When people know where their water comes from and about the threats to water quality, they can take charge and make positive changes.”

Anyone in the Delaware River Watershed can learn firsthand about their freshwater resources and how to protect them by becoming citizen scientists. The Wiliam Penn Foundation is supporting more than 50 leading nonprofits in their efforts to reduce threats to water quality, and Stroud Water Research Center is helping these organizations grow their network of citizen

scientists. Volunteers learn how to collect, analyze and interpret water-quality data, and learn what questions they should be asking and why.

If you’re interested in becoming a citizen scientist, contact David Bressler or Gina Tonn at Stroud Water Center at 610-268-2153. Penn State’s Master Watershed Steward Program, offered in extension offices in area counties, also trains volunteers in watershed management through a free program. For information, contact Erin Frederick at 610-391-9840. ♦

*Stroud Water Research Center, based in Avondale, advances global freshwater research, environmental education and watershed restoration. The nonprofit organization helps everyone make informed decisions that affect water quality and availability around the world. More at [StroudCenter.org](http://StroudCenter.org).*



New Jersey Highlands

## WHAT YOU CAN DO

1. Conserve water by fixing leaky toilets and faucets.
2. Have your septic system inspected for leaks.
3. Install a rain garden or rain barrel at your home to use rain water.
4. Join a local conservation organization for a tree-planting event.
5. Become a citizen scientist or Master Watershed Steward.
6. Learn about more ways to protect clean fresh water at [StroudCenter.org/share](http://StroudCenter.org/share).



# Capturing Chester County

## PHOTO CONTEST

We asked our readers for their most beautiful images of Chester County, and they went above and beyond! Our thanks to all who submitted their work. These semifinalists' shots capture the essence of the season in *County Lines* Country. In November, we'll showcase each photo on Facebook. To vote, just *like* us, then *like* your favorite photo. The photo with the most likes will win a \$100 gift certificate to **Wellington Square Bookshop!** We'll announce the winner on Facebook in late November.

*\* Check the rules on our website.*



Tricia Townsend  
*Longwood Leaf*



Heather Janesch  
*Sunflowers on Byrd Road*



Robert Schock  
*Fall at Brinton's Mill*



Kathryn Gentile  
*Changing Colors in Guthriesville*



Samantha Trent  
*Twins at Marsh Creek*



Ron Pellegrino  
*Struble Trail in Downingtown*



Joanne Dallas  
*The Cheshire Hunt*



Kristen Robinson  
*Early Morning in Unionville*



Anthony Massarotti  
*Chambers Lake at Hibernia County Park*



Michael Anderson  
*Milltown Dam Sunset*



Kendal-Crosslands Retirement  
*Fall at the Arboretum*



Robin Ashby  
*Lucky Hill Road*



Darren Ensinger-Girardeau  
*Rapps Dam Covered Bridge*



Marycate Buckley McDonough  
*September Morning at Copes Lane*



Sabah Nicolas  
*Offerings of Autumn*



*The hearth is the heart  
of the home, we make it  
safe and beautiful!*

- Visit our showroom for quality hearth products from Regency, Hampton, Enviro, Piazzetta and others...
- CSIA certified chimney service.
- NFI certified gas fireplace service.
- C-DET certified dryer vent service.
- Come see the new Renaissance Rumford hi efficiency wood burning fireplace featuring a hideaway Guillotine style screen door and glass panel.

*www.chesterchimney.com*

19 Park Avenue  
Elverson, PA  
610-913-0730



PA HIC #042546

## *Chester County Hearth & Home*



COUNTY LINES  
MAGAZINE

SPECIAL SUPPLEMENT

Welcome to  
PHOENIXVILLE

UP  
in PHOENIXVILLE



Since 1932, Ball and Ball has set the standard for the finest reproduction and restoration of 18th Century through Victorian Era antique hardware and lighting. Meticulously crafted period house and furniture hardware, fireplace accessories, sconces, chandeliers, lanterns and candlesticks are all made on the premises in brass, tin, copper, pewter, hand-forged iron, and bronze.

HOURS MON-FRI 8-4:30, SAT 9-1 (OCT-MAR)

BALLANDBALL.COM

EXTON, PA

1.800.257.3711

Sponsored by

**Benchmark**  
Federal Credit Union  
Financial Solutions for Life's Benchmarks

Celebrating more than 75 years, Benchmark Federal Credit Union is the only federal credit union to serve Chester County exclusively. Now with new branches in Phoenixville and West Chester, our members enjoy the lower fees and great rates of a local credit union, while receiving the same expansive services that were once associated with big banks. "People are realizing that when they buy local, whether it's at a farmers' market or neighborhood business, they get superior value and dedicated service. The same is true for Benchmark, your local federal credit union," says David LaSala, Benchmark President and CEO.



# UP in PHOENIXVILLE

Emily Hart  
Photos by Mike Irby Photography

WONDERING WHAT THE  
PHOENIXVILLE BUZZ IS ALL ABOUT?  
HEAD ON UP AND FIND OUT.



TEMPERATURES MAY BE LOWER THESE DAYS BUT YOU'D never know it on Bridge Street. More bicyclists, joggers and pedestrians than ever are out and about. They stop and shop, celebrate at festivals, and discover what's on tap. Like the great mythological bird and namesake, Phoenixville soars with new life.

The town beckons. Lift a fork, boost your spirit and raise a glass to the season.

## LIFTING FORKS

One establishment enjoying a new lease on life is an old local favorite, Steel City. Under new owners, Ed Simpson and Laura Vernola Simpson, the coffeehouse still serves up great coffee and musical entertainment, but now offers a larger menu with locally sourced and irresistible items. Try local bread and cheese with this month's new homemade soups for vegetarians and meat-a-tarians. Or wake up to a s'more tart—a jumbo pastry topped with chocolate and mini marshmallows.

To score their Oreo Bomb cookies, you'll need luck and speed. Don a pair of new running shoes from All Kinds of Fast, the sports footwear store across the street, and sprint to Steel City to be first in line for the big chocolate chip cookie with an Oreo baked in the middle. It's not unusual for a customer to call to see if "bombs" are in stock, then dash over and buy them all.

People are talking about the Great American Pub's expansion, too. Vegan menu options and a new bar—with doors that open to create indoor-outdoor space—draw hungry and thirsty crowds.



Phoenixville isn't the same place where Chuck Benz, member of the Phoenixville Rotary Club and a past president of the Phoenixville Chamber of Commerce, arrived 16 years ago. Over time the Colonial Theatre, Black Lab Bistro and growing arts community attracted people who love food, says Benz. "Now there are lots of restaurants and places to drink. Today it's really bustling."

New Phoenix Village apartment residents also keep restaurants hopping. Who doesn't like great food?

For intimate upscale dining, award-winning Chef Andrew Deery continues to delight customers for many years at Majolica. Multiple-course meals include original dishes and tasting sensations such as chilled English pea soup, wild boar cassoulet and coffee-cardamom pots de crème.

Crave vegetarian? Embrace the gangster—Gangster Vegan, that is. Vinny DePaul opened a second Phoenixville location on Gay Street to bring organic vegetables, juices and healthy pick-up meals for vegetarians, vegans and foodies.

In a restaurant, I talked to a family visiting from rural Virginia. There weren't many foodie choices near their home, they admitted, so during their trip they were eating their way up and down Bridge Street: Latin fusion dinner at Buho's the previous evening, Vecchia's oven-fired pizza for lunch and later pretzel dogs from the Pretzel Factory. For a snack they sampled GCGC Greek Yogurt's fare and dove into the cinnamon bun flavor.

"What's good?" I asked them.

"Everything," they replied.

Not surprising.

## BOOSTING SPIRITS

At a new eatery on Bridge Street, patrons can boost someone's spirit and elevate the community while merely lifting their spoons. Forget your every notion about yogurt (Greek, frozen or otherwise) and discover GCGC Greek Yogurt. The get-a-cup-give-a-cup spot converted me at first bite.

With choices of savory or sweet, I selected the savory guacamole dish—with locally sourced original flavor Greek yogurt, fresh

homemade guac, cilantro and cucumber served with crispy blue corn chips for scooping. The exquisitely creamy yogurt and toppings were so good, I found myself scraping the bottom of the cup with the environmentally friendly little wooden spoon. No surprise, guacamole is GCGC's top-selling flavor.

I left feeling good, not just from GCGC's nutritious food, but because someone helped by the local food bank or the new social enterprise Nourish Mobile Market soon would be eating well, too. As the name implies, for every cup purchased, GCGC owners donate a cup of yogurt.

Another business combining ingredients of community service and tasty food is Petrucci's Ice Cream on Nutt Road, celebrating 20 years next spring. The family who bought Petrucci's from the original owners a few years ago continues to give back—donating free water ice coupons to local schools and reading to students. Dip into long-time favorites, including mango water ice made with the 20-year-old recipe.







## TRENDING UP

Sue Powers, a Phoenixville resident since 1973, is another fan of the recent activity in her hometown. "I love the changes," she says, discussing restaurants and the Colonial Theatre's upcoming expansion and offerings of wine and beer. Yet she still enjoys the town's quaint feel. "Phoenixville has a heart."

Powers likes dropping by Soltane Bridges Café and Bakery, then shopping at Liberty Carriage House. Soltane offers coffee and delicious baked goods to patrons and job opportunities to people with developmental differences.

For high-quality products honoring the environment, head to the Community Eco-Store. In addition to must-have clothing drying racks, brooms and the countertop compost container I left with, there are innovative gifts and battery-free toys that spark imagination. Tell Santa about the Music Box Kit that lets you create your own music rolls, then crank out the tunes.

You'll also find unique shops just off Bridge Street. Design Grove, on Church Street, is filled with refinished, repurposed and handmade treasures. Browse one-of-a-kind and vintage décor items or order something custommade. Upcycling at its best!

## RAISING GLASSES

By far one of the biggest changes in Phoenixville is the number of drinkeries. For folks with a taste for celebration, Phoenixville now has loads of new options in addition to old favorites like Bistro on Bridge for game day, happy hour or a meal.

In addition to offering the season's cheer, many also provide live concerts and entertainment. Just a few...

Stable 12 Brewing Company's crowd-pleaser taproom features rotating beers on tap including fall's Bridge Street Kolsch. As its website points out: "authentic Kolsch's are brewed in Germany, but why should they savor all the flavor?"

The Barrel, a bar established in 2015, still pours their own local wine, but now also serves hard cider, craft beer and mixed drinks.

For spirits and cocktails, head to the tasting room of Bluebird Distilling, a grain-to-glass distillery. Mixologists always have something interesting going on with Bluebird's whiskey, gin, vodka and rum.

Still wondering what the Phoenixville buzz is all about? Head on up.

For what to do in Phoenixville, see the sidebar in our Best Local Events section.

## PHOENIXVILLE'S FILM FAME

While a major claim-to-fame for Phoenixville is its appearance in the 1958 film *The Blob*, the town has played a role in other films. Here are just a few:

***The Last Summer* (2013)** - Don Simpson (Robb Stech) enjoys his mellow life in his hometown drinking with his friends, only to learn his old crush returned, and tensions old and new emerge. Cinematographer Brian Simon spent his childhood in Phoenixville and uses it in a scene.

***The Happening* (2008)** - Science teacher Elliot Moore (Mark Wahlberg) flees with wife, Alma (Zoeey Deschanel), to survive an impending apocalyptic attack. Director M. Night Shyamalan shot a scene at the "G" Lodge Restaurant, causing memorable traffic delays.

***From the Terrace* (1960)** - Alfred Eaton (Paul Newman) returns home after World War II to a loveless marriage, and struggles to adjust to life after he abandons his job on Wall Street. The film takes place primarily in Philadelphia, but Phoenixville gets a nice cameo.

***Bright Victory* (1951)** - After Larry Nevins (Arthur Kennedy) is blinded by an enemy sniper during the war, he recovers alongside fellow blind soldier Joe Morgan (James Edwards), only to find himself knee-deep in racial tension. This movie was filmed in Valley Forge General Hospital before *The Blob* premiered, and Phoenixville is even mentioned by name!

**SOLUTIONS:  
FOR YOU...  
WITH YOU.**

# Discover the Wealth of differences from your community's bank.

*Wealth is managed best by people you know, institutions you trust and a bank that has the community's back.*

The best relationships take time to develop. Phoenixville Federal Bank & Trust has been building meaningful relationships that consistently improve the community while achieving real investment goals for more than 100 years.

Expect a comprehensive, proactive approach to wealth management where compensation is based on the size of accounts we manage, not by the number of transactions generated.

Expect a wealth of difference from your community's bank...

- **Objective-based investment results.**
- **Local services you know and trust.**
- **The highest level of client service.**
- **A dedicated team working for you.**

## MEET KURT KUNSCH, SVP

As Senior Vice President/ Trust Managing Director for Phoenixville Federal Bank & Trust, Kurt is dedicated to providing superior services and creating a culture that consistently benefits the Bank's clients and community.

*Now accepting new clients.*



**Your Community's Bank.™**

Phoenixville · Royersford · Collegeville · Pikeland · Limerick  
www.PhoenixFed.com 610.935.8304

Investment Strategy | Tax Planning | Trust & Fiduciary | Estate Planning

Investments are not FDIC insured. May lose value. No bank guarantee.

**PHOENIX VILLAGE**  
LUXURY APARTMENT HOMES

**131 BRIDGE ST.  
PHOENIXVILLE, PA  
844.683.5350**



Imagine having your whole life within walking distance. That's the lifestyle you'll find at Phoenix Village, a brand-new community of modern apartments in the heart of downtown Phoenixville. The Phoenix Village Community is fun-loving and vibrant, with an unbeatable location, luxury amenities and spacious, modern interiors.

**Stop by for a tour and  
discover why we are a  
step above the best.**



**PHOENIX VILLAGE**  
LUXURY APARTMENT HOMES





Refinished • Repurposed • Handmade  
Unique finds for your home



Custom refinishing, furniture & decor

**The Design Grove**

215 Church Street  
Phoenixville, Pa  
610-357-6280  
designgrovecrafts.com  
designgrove@yahoo.com



Celebrating 20 Years

**PETRUCCI'S**  
ICE CREAM ~ WATER ICE

1997-2017

- We Cater Home and Office
- Soft Ice Cream
- Italian Water Ice Made Fresh Daily
- Hand Dipped Ice Cream
- Soft Pretzel Bakery On Premises





Petrucci's Ice Cream and Water Ice  
472 Nutt Road  
Phoenixville, PA 19460  
610-933-9390



GROWLER FILLS 130+ BOTTLES 21 ROTATING TAPS CRAFT BEER FLIGHTS

*The Best*  
**SNACKS & APPETIZERS**  
Best of 2016  
COUNTY LIVES

**bistro**  
ON BRIDGE

Check out our  
**NEW & IMPROVED COCKTAIL MENU**  
and  
**BLOODY MARY MENU**


**NEW MERCH**  
**Bistro**  
ON BRIDGE

**DELICIOUS EATS**

**SPECIALTY COCKTAILS**

**21 ROTATING TAPS**

208-212 BRIDGE STREET PHOENIXVILLE, PA 19460 BISTROONBRIDGE.COM



**SOLD**

**Century 21**  
NORRIS - VALLEY FORGE

610.933.8600 | C21Norris.com

# WHATEVER

...it takes. That's what our agents will do to make your home-buying or home-selling experience as stress free as possible.

**CENTURY 21 Norris-Valley Forge**  
**SMARTER. BOLDER. FASTER.**

18 Nutt Road, Phoenixville, PA 19460 | 610.933.8600 | C21Norris.com





# Live Local. Work Local. Bank Local.

Locals know that Chester County embraces all the best life has to offer; great food, activities, culture, and commerce. Now there's a federal credit union exclusively serving your local community too; Benchmark Federal Credit Union. If you live, work, worship or attend school within Chester County, you are eligible to become a member.

## Your community. Your future. Your credit union.

For more than 75 years, we've been serving our members with the lower fees and great rates of a credit union while delivering all the products and services of a big bank. Earn more and save more while enjoying convenient, personalized service from your local credit union. Now with new branches in Phoenixville and West Chester.

\*APY = Annual Percentage Yield. Yield may change after account opening and full Kasasa® Cash Checking details available online at [www.benchmarkfcu.org](http://www.benchmarkfcu.org). \*\*\$100 account opening bonus is for new members only. Must open a Savings, Totally FREE Kasasa® Cash Checking, and a recurring monthly Direct Deposit of \$50 or more. Bonus will be deposited into your Benchmark Checking Account after 90 days and all conditions have been met. Promotion valid for first 400 accounts opened between 10/6/16 and 12/31/16. \*\*\*APR = Annual Percentage Rate. Rates are subject to change and based on individual's credit history. Full Visa Credit Card and introductory 0% rate details available online at [www.benchmarkfcu.org](http://www.benchmarkfcu.org).



**Benchmark**  
Federal Credit Union  
Financial Solutions for Life's Benchmarks

## Join us for these fantastic offers:

- **Earn 2% APY\*** on totally FREE Kasasa® Cash Checking
- **Receive \$100 Bonus\*\*** when you open an account
- **Enjoy 0% APR\*\*\*** introductory rate on Visa Credit Cards

## Stop by our new Phoenixville branch today.

**Located at 785 Starr Street** (in the Acme shopping center).  
Convenient hours, Monday through Saturday.

**See our website for details**  
**[www.BenchmarkFCU.org](http://www.BenchmarkFCU.org)**

## Tis' the Season for... **Eleanor Russell** Ltd.

*Extraordinary Finds*  
...for you and the ones you love

❖ Gifts & Gourmet



❖ Home Accessories



**Join us for our Holiday Open House**  
**November 25<sup>th</sup>- 26<sup>th</sup> !**

In Ludwig's Village - Intersection of Rtes. 401 & 100  
Glenmoore, PA 19343 | 610-321-2777  
Visit us on facebook

## CHESTER COUNTY'S BEST KEPT SECRETS HOLIDAY HIGHLIGHTS TOUR



DECEMBER  
1-10  
**Tickets**  
\$9 each

A shopping adventure—featuring 18 wonderfully festive shops. Enjoy the amazing holiday decor, unusual gift ideas, greens and florals, tasty treats, valuable coupons, door prizes, games, refreshments and gifts.  
Enter to win a \$450 shopping spree!

What a JOLLY way to explore the county!

717-721-9409 · [BESTKEPTSECRETS TOUR.COM](http://BESTKEPTSECRETS TOUR.COM)

*Region's Leading*  
**Lingerie Boutique** *for all WOMEN*  
*Every Woman deserves a superior custom fitting bra*

Gina and her professional staff welcome you in a caring, comfortable and empowering environment.

**Gie Gie**  
lingerie & breast care

*Supporting all women*  
in every phase of their life,  
including post surgical needs

Chestnut Village Shoppes 36 Chestnut Road, Paoli, PA 610-296-7626 [www.giegielingerie.com](http://www.giegielingerie.com)

**Take charge of your house cleaning.**

If you're looking for reliability and guaranteed results, it's time to consider Merry Maids. Just let us know what is best for you.

[merrymaids.com](http://merrymaids.com) **merry maids®**

**\$400 Off**  
Up to \$400 off your first 24 weekly or biweekly cleanings, with MMA Advantage.

Chester County  
610-436-6243  
Montgomery County  
610-489-4469

New customers only.  
Not valid with other offers. Cash value 1/1000 of 1 cent.  
©2010 Merry Maids L.P.

**merry maids.**





# KING OF PRUSSIA: Much More than a Mall



Summer Yoga & Happy Hour



October's Beerfest Royale

HAVE YOU WONDERED  
WHAT'S HAPPENING IN KING OF PRUSSIA?  
THE ANSWER IS, QUITE A LOT.

Laurel Anderson

WHAT WAS ONCE THE PRIMARY local destination for an afternoon of casual browsing, weekend of frenzied holiday shopping an occasion for communing with commerce, King of Prussia has expanded its realm. There are events, plans and attractions galore. October's Beerfest Royale drew crowds to the fifth celebration of brews, while summer's Yoga with Happy Hour brought multiple highs, and March KofP Restaurant Week was a hit with 20 choices. Plans for a

mass transit connection, through the Norristown High Speed line, are about 10 years off. Plus Valley Forge Casino nearby, with newly revived Valley Forge Music Fair, attracts over a million visitors who are feeling lucky. And, just a few minutes away and currently marked by construction cranes, is another ambitious project—the King of Prussia Town Center, a mixed-use “upscale outdoor lifestyle center” combining residences with dining and even more retail. Want a closer look?



Kevin Sbraga's The Fat Ham

## MALL FACTS

You may know that just 25 miles from Philadelphia sits the nation's largest enclosed mall—in terms of leasable space and number of retailers. Take that, Mall of America. Boasting 2.9 million square feet of spaces, 8 department stores, 20 eateries, 400 specialty stores and 11 ATMs, the King of Prussia Mall is a modern marvel attracting 25 million visitors a year, 20 percent of whom are tourists—yes, folks, it's also a tourist destination. With sales equaling about \$975 per square foot—and total sales expected to be \$2.8 billion a year—our mall is in the top 10 percent of U.S. malls. Always good to be in the top 10 percent. Some may remember the modest open-air promenade of The Court that opened in 1963 with anchor stores J.C. Penney and ACME. That unassuming start later evolved with the addition of The Plaza, anchored by Bloomingdale's and Abraham & Strauss in the 1980s. Around 2000, Lord & Taylor and Neiman Marcus were added.

Things have changed since the 1960s. And continue to. With the involvement of the Simon Property Group in 2011, plans were afoot for the next big expansion: a \$250-million plan connecting The Court and The Plaza, adding a 1,300-space parking deck with speed ramps and escalators for quick shopping forays, and an amazing array of upscale shops, plus more dining options. Though it took over 50 years, plus 5,000 tons of steel supporting the 250,000-square-foot latest addition, the two parts of the fully enclosed mall are now finally indeed connected—by more than a pedestrian bridge. The event was marked with, not a ribbon cutting, but a *ribbon joining ceremony* in August 2016.

## NEW STORES AT THE MALL

Stores, stores, stores. From fast fashion (H&M, Primark, Forever 21) to designer (Kate Spade, Tory Burch, Carolina Herrera, plus the likes of Fendi, Gucci, Hermès). You'll also find local favorites (Anthropologie, Free People), New York cool (Rag



b.good salad



Hai Street Kitchen sushi burrito



& Bone, Jimmy Choo) and the classics (Brooks Brothers, Coach, J. Crew).

It's the kind of place where you can pick up a wedding gift at Tiffany & Co., get your pen repaired at the Mont Blanc store and re-envision your home décor at Restoration Hardware before finding your next car at Tesla Motors.

Yes, options span the spending spectrum.

MALL FOOD BECOMES CUISINE

If you need sustenance for all the shopping choices, just visit Savor King of Prussia, the new food plaza with a concierge and WiFi. Head for The Fat Ham, from Philly-local Kevin Sbraga, who brings pork-centered, Southern-style cooking with barrel-aged bourbon and whiskey. Or choose Manhattan-based Melt Shop, boasting artisanal comfort food with gourmet grilled cheese sandwiches and specialty shakes.

Craving a burger? There's a second Shake Shack location here for classic burgers, shakes and their signature "concretes" (dense frozen custard with specialty mix-ins). And if pizza is calling you, head for Nicoletta

Pizzeria, a New York-based Italian eatery specializing in homemade pizzas, pastas and gelatos from chef Michael White, owner of two Michelin stars.

More options? Hai Street Kitchen, with locations in University City and Center City, serves up casual Japanese food plus inventive sushi burritos, bowls and specialty sauces, made in-house daily with fresh, all-natural ingredients. For another healthy choice, try sweetgreen, DC-based and spreading fast, offering seasonal locally sourced health food, warm bowls and inventive salads.

Rumors of more options include the addition of Pizzeria Vetri and Fish & Lobster Company. Stay tuned.

KING OF PRUSSIA TOWN CENTER

For a live-work-play environment with plans for plenty of shopping and dining, keep your eye on the development adjacent to the KofP Wegmans, just a four-minute drive from the mall.

Starting construction in May 2015, the KofP Town Center already has major retail

anchor stores, restaurants and plans for holiday fun this December, plus a target date for a grand opening party in spring 2017.

Planned around a kind of Main Street, with a central square sporting both a water fountain and a 60-foot fire feature, the Town Center promises open air shopping and dining and strolling on sidewalks rather than being inside a climate-controlled mall. For Main Liners, think Suburban Square. But for the 21st century.

Though not lucky enough to score a location in the triangle below Canal Street (Tribeca) or south of Houston Street (SoHo), Town Center has a prime location surrounded by Routes 202, 422, 76 and the PA Turnpike. The Town Center is part of a larger plan called the Village at Valley Forge, with five developments including apartments, townhouses and an active adult community. These residences will provide some of the shoppers and diners who will enjoy this local town center.

At press-time, Nordstrom Rack celebrated its move to the Town Center, relocating from the beltway around the King



Paladar Latin Kitchen & Rum Bar opening

of Prussia Mall. It joined Ultra Beauty, REI, Road Runner Sports and LA Fitness—just the start of the mix of retailers to come. Service providers—banks, salons, plus medical providers and offices—will add to what's planned for the development.

You can already tuck into tasty dining options. Brazilian churrascaria steakhouse, Fogo de Chão, has been open since before the summer Olympics in Rio. Another Latin-flavored, soon-to-be-fave is Paladar Latin Kitchen & Rum Bar, where every word in the name should make you salivate. Let me repeat: Latin Kitchen Rum Bar.

Naf Naf Grill offers Middle Eastern magic—falafels, shawarmas, pitas and the



Rendering of the King of Prussia Town Center

like—at the first location outside its Mid-West home. And b.good, an East Coast chain with another location in Wynnewood, serves up naturally good fast food with plenty of kale and sustainably sourced seasonal ingredients.

What's to come? Davio's Northern Italian Steakhouse (Boston-based, with a Philly location) along with Davio's Galleria Café are more highlights. Plus honeygrow (Philly-based, fast-casual wholesome, farm-to-table), City Works (one of the largest beer bars/restaurants in the U.S.), Mission

BBQ (guess what they serve) and Founding Farmers (North Dakota Farmers Union-owned restaurant serving sustainable, quality food and drink).

And of course, a Starbucks.

Head out to King of Prussia and discover your own reason to make it a destination. ♦

To get a map and more for the King of Prussia Mall, go to [Simon.com/Mall/King-of-Prussia](http://Simon.com/Mall/King-of-Prussia). For the KofP Town Center, check out [Kingof-Prussia-TownCenter.com](http://Kingof-Prussia-TownCenter.com).

Images courtesy King of Prussia District, © Weld Photography. Simon Mall & Town Center



get gifting!

[www.oldsouldecor.com](http://www.oldsouldecor.com)

484.983.7311 • [sales@oldsouldecor.com](mailto:sales@oldsouldecor.com)  
119 W. Market St. West Chester, PA 19382

ALESSANDRA MANZOTTI PHOTOGRAPHY  
THE AMERICAN COLLECTOR | ARDEN + JAMES | CHAIRLOOM  
CONVERSION | EASTCOTE LANE | JABBERWOCKY JEWELRY  
KINDRED POSTAL | MALENA'S VINTAGE BOUTIQUE  
PAM LAU DOMESTIC CERAMICS | PYKNIC | SCOUT & ANNIE  
VINEWOODS FORGE | ZOET BATHLATHIER | AND MORE...

*Kennett Square, Penna.*  
**WORKS**  
*Est. 2016*

Artisan • Designer • Handcrafted  
Vintage • One-of-a-Kind Goods

432 South Walnut Street  
Kennett Square, PA, 19348  
484-732-8586 | [WorksKennettSquare.com](http://WorksKennettSquare.com)



# Holiday Gift Guide

Get out and get started early on your holiday shopping this year! Shop local and choose something unique for everyone on your list. Here are some perfect picks we recommend!



Choose La Colombe coffee or Two Leaves and a Bud tea for the perfect pair! Curated Couples Cups with Coffee or Tea  
**workKS**, Kennett Square  
*See ad on page 51*



A fan favorite! Fill your surroundings with a crisp, just-cut forest fragrance that evokes seasonal celebrations.  
Thymes Fraiser Fir Pine Needle Candle  
**Old Soul Décor**, West Chester  
Black Friday Holiday Sale & Shop  
Small Business Saturday: Nov. 25–26  
*See ad on page 51*



For the lady with impeccable taste, give her something to pair with her little black dress.  
“My World” Cabochon Kingman Turquoise Pendant by Lika Behar  
**Walter J. Cook Jeweler**, Paoli  
Holiday Kick Off Party: Nov. 18, 5 to 8 p.m.  
*See ad on page 2*



Nature lovers will appreciate the earthy touch of these handcrafted goodies.  
Stenciled Branch Tealight Candles  
**The Design Grove**, Phoenixville  
Ladies Night Out Holiday Shopping: Dec. 15, 6 to 9 p.m.  
*See ad on page 6*



Some gifts can't be quantified but are worth every penny. A pampering day of serenity is one of them.  
Spa Gift Card  
**Eden Day Spa & Salon**, Collegeville  
Special Promotion: Nov. 25–Dec. 20, 15% off gift cards over \$100  
(In spa and online: CLHOL2016)  
*See ad on page 25*



You can't go wrong with freshly cut and custom-made.  
A Matlack Florist Original Wreath  
**Matlack Florist**, West Chester  
Holiday Open House: Dec. 2–3  
*See ad on page 74*



Look outside the box for the creatives on your list.  
Sterling Silver Heirloom Rings by Hattie Weselyk  
**The Merchant of Menace**, West Chester  
*See ad on page 27*

Make her feel beautiful with something she'll look beautiful in.  
Jonquil Chemise Set  
**Gie Gie Lingerie**, Paoli  
*See ad on page 47*





Fudge, truffles, chocolate-covered pretzels, Wilbur Buds and more—give this heavenly treat to chocoholics on your list.

Holiday Chocolate Box

**Christopher Chocolates**

& Fine Foods, Newtown Square

Holiday Open House: Nov. 26–27

& Dec. 10–11

See ad on page 31



Ring in the holidays with gifts and décor items fit for the season.

Assorted Festive Décor

**Eleanor Russell Ltd.**, Glenmoore

Holiday Open House: Nov. 25–26

See ad on page 47



Get in the holiday spirit with warm hues and evergreens galore!

Custom Holiday Arrangements

& Décor

**Heritage Design Interiors**,

New Holland

Holiday Open House: Nov. 4–12

See ad on page 29



# A Walk in My Shoes

Edwin Malet

SENIOR COMMUNITIES OFFER HELP AND CARE FOR DEMENTIA.

These mini organic ornaments will fit right in on your tree.

Terrarium Succulent Ornament

**Mostardi Nursery**,

Newtown Square

See ad on page 71



**Chester County's Holiday Highlights Tour**

Put the HO! HO! HO! back in Holiday Shopping! Visit 18 businesses, get exclusive coupons and a chance to win a \$450 shopping spree. Tickets \$9.

**Best Kept Secret Tour**

Self-guided Tour: Dec. 1–10

See ad on page 47

**T**he ceaseless, senseless noise. Clattering, like a beat-up car maybe dragging a string of cans behind it. The ceiling and walls are dark and growing closer. It's hard to walk: pins and needles driving into my feet. My sense of touch is obtuse, muffled, as if my fingers are sloshing about in thick rubber mittens.

Someone in front of me is giving orders, but her voice is unintelligible. She seems to be speaking a foreign language. My own words won't come. I've forgotten where I was heading, what I was looking for, what I was doing.

That someone in front of me is a doctor. She is telling—I think it is my children—I have late-stage Alzheimer's Disease. I have dementia, she says.



ALZHEIMER’S AND DEMENTIA

The narrative unfolds over and over again. First told in concerned whispers, as worries about behavior circulate; later, in growing anger and frustration; then, occasionally, perhaps not often enough, to health professionals, who struggle to find a solution.

Alzheimer’s is one cause of dementia. First described in 1906 by Dr. Alois Alzheimer, 40 years ago it was identified as the most common form of dementia. It generally affects people 70 and older; its full onset can be delayed with early detection. In recent years, there have been advances in understanding and even treating Alzheimer’s, but, as of today, there’s no cure.

Other diseases are associated with dementia. There’s vascular dementia, fronto-temporal dementia, dementia with Lewy bodies, Parkinson’s disease, Creutzfeldt-Jakob disease, and others. But Alzheimer’s is far and away the most common, respon-

sible for 60 to 80 percent of the cases, according to the Alzheimer’s Association.

We’re all getting older and most of us do *not* sink into dementia. Some forgetfulness is normal as we age, and we may need some help with what were once manageable chores. The good news is that we can take action to prevent or forestall dementia. (See sidebar.)

But some of us sink deeper. Sometimes, we sink too deep.

SENIOR COMMUNITIES OFFER SAFETY AND COMFORT

In the absence of having a cure to offer, I asked several professional caregivers in *County Lines* Country about their strategies and facilities for managing their memory care residents. Most focused on safety, comfort, activity and independence for their residents.

Lodge Lane Assisted Living & Memory Care, for example, maintains studio apartments for those with Alzheimer’s and

ALZHEIMER STATISTICS

- Most common form of dementia
- 5.4 million have Alzheimer’s in the U.S.
- By 2050 the number with Alzheimer’s may triple
- 6th leading cause of death
- 3rd leading cause of death for seniors
- Life expectancy after diagnosis: 4–8 yrs.
- Cost \$236 billion for care each year
- Deaths from Alzheimer’s keep increasing, while deaths from the other top 10 killers are decreasing

other related dementias, and provides memory stimulation in a safe, homelike environment with comfortable recreational spaces. It encourages residents and their families to decorate the apartments with favorite treasures from home. Lodge Lane’s residents are welcome to explore within its secure courtyard, and it provides stimulating programs to keep them engaged. A nurse is on-site 24 hours a day 7 days a week.

SENIOR COMMUNITIES OFFER MORE EXTENSIVE STRATEGIES

On the other hand, several communities have more extensive strategies. One approach is to provide two separate units: one unit for less advanced, and the other unit for more advanced stages of illness.

For example, Pleasant View Retirement Community has two options for people living with mild to more severe cognitive challenges. One option offers private rooms, and staff encourages as much independence as possible. For more severe cases, Pleasant View has private and semi-private suites. Its specialists in memory support provide skilled care for residents experiencing more difficulties with tasks of daily living.

In both units, residents participate in a wide variety of activities, including the “IN2L” (It’s Never 2 Late) system which uses interactive games, music, puzzles, and internet access as tools for reaching treatment goals. Specialized programs stimulate mental and physical activity and increase social interaction. Pleasant View provides a safe outdoor space with gardens and screened-in porches.

Similarly Quarryville Presbyterian Retirement Community has two units and two different levels of care. It provides Personal Care in its Memory Support unit and Skilled Nursing care in its Dementia unit, which is more secure. In a calm, cozy, homelike environment, with sunny family rooms and garden terraces, it provides an atmosphere of warmth, caring and dignity. Individualized and group support is encouraged. Residents can engage in stimulating, enriching activities and spiritual nurturing.

Willow Valley Communities also has two levels of care—Personal Care and Skilled Nursing Care—as does Dunwoody Village Retirement Community. At Dunwoody, the Memory Care unit, a secured area in the facility, goes from the Personal Care level to the Skilled Nursing level. Its staff is specially trained to handle the memory residents, for whom the staff conducts special activities and maintains special outside areas.

INNOVATIVE PROGRAMS

Several communities have created special programs for handling Alzheimer’s and dementia. Exton Senior Living, for example, offers a Montessori-based method. Their resident expert, Kara Abdala, notes that people with dementia “are often confronted with what they no longer can do.” Exton Senior Living focuses “on what each individual person can still do,” and on keeping its residents “as independent as possible for as long as possible.” The central theme is to “feel valued, secure and involved in the world around them.”

Daylesford Crossing has a dedicated memory care wing called Connections, built around a philosophy of care developed by Teepa Snow, a well-known dementia care expert. DC calls its program the “Positive Approach to Care.” “Rather than getting hung up on daily tasks, the focus is on building relationships and maximizing quality of life,” says Donna Ferruzzi. The goal is to carry out the Positive Approach in every aspect of life in Connection “from the staff’s relationships with residents to the activity programming to the design of the furnishings.”

CARING FOR DEMENTIA AT HOME

For another approach, some families decide that their loved one’s home may provide the best, most comfortable environment for caring.

Ed Rofi of Angel Companions says the home is “full of memories of a lifetime that can fuel familiarity, contentment and relaxation.” Family and friends can visit regularly. Caregivers can provide one-on-one, continuous personal attention and companionship, which allows them to observe their loved one’s actions and behavior. This information can be reported to the Care Manager who can then modify the care plan accordingly.

Whether at home or in a community, Alzheimer’s should be treated as a disease. We should be alert to its symptoms in others and ourselves, and take appropriate preventive action if detected. Your loved one deserves it. ♦

STAYING SHARP

Most advice about avoiding mental decline falls into two broad categories: watching your health and eating and staying socially and mentally active. Research has found that those who stay mentally active are 2.6 times less likely to develop Alzheimer’s and dementia. Here’s what we’ve learned.

**Stay Healthy** – the big issues

- Control weight, cholesterol, blood pressure
- Stop smoking and limit alcohol
- Manage stress – relax, meditate, pray, maintain a sense of humor
- Get enough sleep – about 7–8 hours
- Exercise (elevate heart rate) for 20–30 minutes, for 150 minutes/week

**Eat a Healthy Diet** – A Mediterranean diet is recommended.

- Eat plenty of fresh fruits, vegetables and whole grains
- Limit added sugars
- Avoid trans fats, partially hydrogenated oils and fatty acids
- Add omega-3 fats (certain fish, seeds and nuts)
- Cook at home
- Consider supplements: folic acid, vitamin B12 and D, magnesium, fish oil

**Be Social**

- Get out
- Volunteer
- Join a club, community or senior center
- Take a class, join a book group, attend plays or lectures
- Connect with family, friends and neighbors

**Stay Mentally Active**

- Learn something new, e.g., a language, an instrument
- Play strategy games, cards, chess, crosswords and other puzzles
- Have a hobby – gardening, woodworking, painting, singing
- Practice the 5 W’s—ask who, what, when, where, why
- Vary your habits and routines
- Do memory exercises and games

Find links to memory games and resources online at [CountyLinesMagazine.com](http://CountyLinesMagazine.com).



Providing award-winning care in Montgomery County.

Greenfield is your trusted home-town community offering exceptional care for the best value. We invite you to visit our community, take a tour, and discover our loving community that so many have come to call home.

Call us to schedule your personal tour!

**610-287-1822**

**Voted Area’s Best Alzheimer’s and Personal Care**

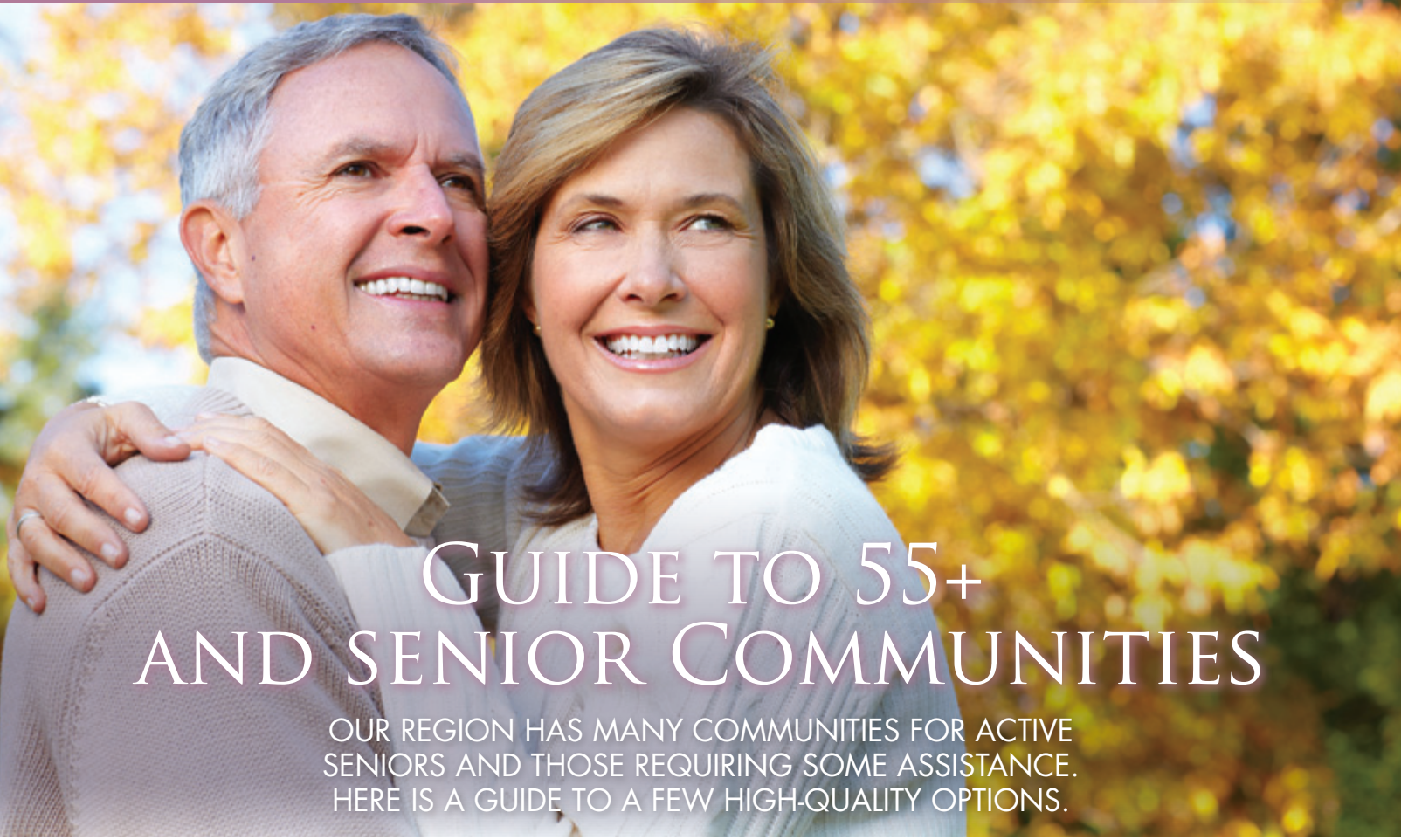
Stay Happy. Stay You. Stay with Greenfield.

Independent Living | Personal Care | Memory Care | Short-term Stays

Greenfield Senior Living of Perkiomen Valley  
300 Perkiomen Avenue | Schwenksville, PA 19473  
610-287-1822 | [www.greenfieldseniorliving.com](http://www.greenfieldseniorliving.com)







# GUIDE TO 55+ AND SENIOR COMMUNITIES

OUR REGION HAS MANY COMMUNITIES FOR ACTIVE SENIORS AND THOSE REQUIRING SOME ASSISTANCE. HERE IS A GUIDE TO A FEW HIGH-QUALITY OPTIONS.

COMMUNITIES FOR THE FIT, ACTIVE AND INDEPENDENT

Our area has a variety of communities built and managed for active seniors. They're essentially planned neighborhoods—townhouses, condos, apartments—catering to older adults who still feel young. Some are called “55+” communities, others “active adult,” “retirement” or “independent living” communities. Generally, many feel like resorts. Here are a few.



- PENNSYLVANIA**  
**Downingtown**  
Ashbridge Manor  
610-269-8800; [AshbridgeManor.com](http://AshbridgeManor.com)  
The Woods at Rock Raymond  
484-784-2100; [WoodsAtRockRaymond.com](http://WoodsAtRockRaymond.com)
- Exton**  
Meridian at Eagleview  
484-873-8110; [MeridianEagleview.com](http://MeridianEagleview.com)

- Gordonville**  
Watson Run  
717-575-4059  
[BerksHomes.com](http://BerksHomes.com)  
A welcoming 55+ active adult community in the pastoral countryside of Gordonville, Lancaster County this is a perfect place to relax in the heart of Amish Country. Retire your lawnmower and snow shovel, enjoy the community center with workout room, pool and more. Activities abound just a short walk from downtown Intercourse. Live the good life at Watson Run.
- Kennett Square**  
Cartmel & Coniston (Kendal)  
800-216-1920; [KCC.Kendal.org](http://KCC.Kendal.org)
- Kimberton**  
Atria Woodbridge Place  
484-302-0005; [AtriaSeniorLiving.com](http://AtriaSeniorLiving.com)
- Media**  
Springton Lake Village  
610-356-7297; [SpringtonLakeVillage.com](http://SpringtonLakeVillage.com)

- Phoenixville**  
Coldstream Crossing  
610-321-1977; [ColdstreamCrossing.com](http://ColdstreamCrossing.com)
- West Chester**  
Hershey's Mill  
610-436-8900  
[HersheysMill55Plus.com](http://HersheysMill55Plus.com)  
Westtown Reserve  
215-910-3064  
[WesttownReserve.com](http://WesttownReserve.com)
- West Grove**  
Jennersville Farm  
610-368-5549; [WalshAndAssociates.net](http://WalshAndAssociates.net)  
Vibrant 55+ community in desirable West Grove location, within walking distance to shopping, restaurants and medical facilities. Flexible floorplans and attractive carriage-style designs offering a variety of square footage options. Highlights include custom kitchens, two-car garages, abundant storage, and private patios. Open Saturday, 1 to 3 or Sunday, 1 to 4 p.m.



Greenfield Senior Living



Lodge Lane Assisted Living



Angel Companions



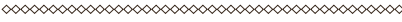
Kyffin Grove

**DELAWARE**  
**Wilmington**  
Methodist Country House  
302-654-5101; [PUMH.org](http://PUMH.org)

COMMUNITIES FOR THE INDEPENDENT, WITH CONTINUING CARE

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with sup-

port—moving from independent living, then assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community. Those listed have strong “independent living” programs.



**PENNSYLVANIA**  
**Devon**  
The Devon Senior Living

## WHAT WILL YOUR WINTER LOOK LIKE?



MAKE IT A FIVE STAR WINTER, AT EXTON SENIOR LIVING

With the Almanac predicting another terribly cold winter, now is the perfect time to discover Exton Senior Living. From our Signature soups that warm the coldest days, to inspiring activities and expert care, winter is never a worry.

- Personal Care 24 hours a day
- Five Star Dining Experience
- Never a worry about power, heat, or being able to see friends

CALL ABOUT OUR WINTER MOVE IN SPECIAL  
CALL 610-594-0200  
FOR LUNCH & A TOUR.

Subject to availability. See Executive Director for details.

**EXTON SENIOR LIVING**

600 North Pottstown Pike  
Exton, PA 19341  
**610-594-0200**  
[www.ExtonSeniorLiving.com](http://www.ExtonSeniorLiving.com)

PERSONAL CARE SERVICES • MEMORY CARE • RESPITE STAYS



©2016 Five Star Senior Living







# THE COMMONS

at Quarryville Presbyterian Retirement Community

For 68 years, Quarryville Presbyterian Retirement Community has offered superior retirement living and extraordinary health care.

The unmistakable Quarryville Difference is our desire to deliver a Christ-centered retirement experience. From apartment-style living to spacious new cottage homes, our campus is brimming with possibility.

The Commons building is another example of Quarryville meeting and exceeding the needs of our residents. Featuring an indoor pool, walking track, fitness center, bistro, and terrace with an outdoor fireplace and pizza oven, the Commons is a place where our residents can meet, eat, exercise and relax

RETIRE the ORDINARY.  
*Live the Extraordinary!*



QUARRYVILLE  
PRESBYTERIAN  
RETIREMENT COMMUNITY

625 Robert Fulton Highway, Quarryville, PA 17566  
quarryville.com 888-786-7331



610-263-2300; [TheDevonSeniorLiving.com](http://TheDevonSeniorLiving.com)  
Located in a beautiful, peaceful, rustic country setting, only minutes from area hospitals, restaurants and shopping centers. They offer award-winning living assistance, Alzheimer's/Memory Support and short-term stays and feature distinct services and amenities in a comfortable, home-like setting, at 445 N. Valley Forge Rd.

## Downingtown

St. Martha Villa for Independent & Retirement Living

610-873-5300; [Chg.org/St-Martha-Villa/](http://Chg.org/St-Martha-Villa/)  
Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

## Exton

Exton Senior Living

610-594-0200; [ExtonSeniorLiving.com](http://ExtonSeniorLiving.com)  
Convenient to great shopping and restaurants, Exton Senior Living is an active personal care and memory care community. Diverse activities and outings fill every day with opportunities to live well. A caring staff and 24-hour nursing provide residents with personalized assistance and peace of mind. They offer a variety of floor plans perfect for seniors looking for a supportive environment.

## Gwynedd

Foulkeways at Gwynedd

215-643-2200; [Foulkeways.org](http://Foulkeways.org)

## Haverford

The Quadrangle

610-642-3000; [SunriseSeniorLiving.com](http://SunriseSeniorLiving.com)

## Honey Brook

Heatherwood Retirement Comm.

273-9301; [HeatherwoodRetire.com](http://HeatherwoodRetire.com)

Tel Hai Retirement Community

610-273-9333; [TelHai.org](http://TelHai.org)

## Kennett Square

Friends Home in Kennett



**We can make a difference!**

Home care for your loved one who needs assistance in daily living

### Who do we serve:

- Alzheimer/dementia patients
- Hospice patients
- Parkinson's patients
- Stroke victims
- Rehab & post surgical patients
- Those who need help with daily tasks

### Services include:

- Personal care, bathing & dressing
- Meal preparation
- Light housekeeping & laundry
- Shopping & transportation to appointments
- Medication reminders
- Companionship and much more!

For information and free in-home assessment

**Call 610-644-8780**

**Serving Chester, Delaware & Montgomery Counties since 2004!**



**Visit our New Neighborhood.**

★★★★★ Five-Star Rated Healthcare | 1-800-DUNWOODY | [www.dunwoody.org](http://www.dunwoody.org)  
Independent Living • Rehabilitation • Personal Care • Skilled Nursing • Memory Support



## Penrose at Dunwoody

New twin-style homes featuring Two-car Garages, Great Rooms, Gas Fireplaces, Dens, Terraces, and Open Kitchens.

Model Home Open by Appointment.



A Continuing Care Retirement Community

Pet Friendly







Exton Senior Living



White Horse Village



Kendal-Crosslands



Spring Mill Senior Living



Jennersville Farm



Daylesford Crossing

610-444-2577

[FriendsHomeInKennett.org](http://FriendsHomeInKennett.org)

Options for seniors include Supportive Independent Living, Personal Care Services, and Skilled Nursing for more intense care. All meals, housekeeping and laundry are included. Immediate availability. Friends Home in Kennett—where friends become family.

#### Kendal-Crosslands

610-388-1441

[KCC.Kendal.org](http://KCC.Kendal.org)

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two Life-Care Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, on-site child daycare, tennis courts, therapy, fitness, multiple dining venues, two libraries, putting greens and all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

#### Lancaster

##### Quarryville Presbyterian Retirement Community

888-786-7331

[Quarryville.com](http://Quarryville.com)

Quarryville is an independent, continuing care retirement community, serving, equipping and enriching residents for 68 years in Lancaster County, offering residential living, personal care, memory

support and skilled nursing. They provide the necessities and niceties of senior living through spacious apartments, award-winning cottages, vibrant activities and their new Commons building, featuring a pool and fitness center.

#### Willow Valley Communities

866-454-2922

[WillowValleyCommunities.org](http://WillowValleyCommunities.org)

For more than 30 years, Willow Valley has been dedicated to helping people pursue exceptional lives. Their mission is simple: to inspire each person to embrace the possibilities of a Life Lived Forward. Located on 210 meticulously maintained acres, they offer the security of Lifecare, the guarantee of long-term care, should it be needed, at no additional cost. Willow Valley is a place to engage, to learn, and to enjoy.

#### Manheim

##### Pleasant View Retirement Community

717-665-2445

[PleasantViewRC.org](http://PleasantViewRC.org)

Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing and carefree lifestyle with opportunities to explore passions and interests. With a variety of living accommodations to choose from, plus a multitude of on-campus conveniences, maintaining your active lifestyle is easier than ever. Plan your visit to see why over 400 residents call Pleasant View home.

With BAYADA Home Health Care...

*“I don’t have to worry about Mom anymore.”*

— Lisa B., Client’s daughter

Client Mary W. with her daughter Lisa B.

With a broad range of services and a team of professionals who are committed to keeping people of all ages safe at home, BAYADA provides:

- Assistive care and nursing
- Clinical support 24 hours, 7 days
- Thoroughly screened health care professionals
- A variety of payment options

#### Call an office near you

610-658-7150 Main Line area

610-891-9400 Media

610-992-9200 King of Prussia

610-353-5000 Newtown Square



[www.bayada.com](http://www.bayada.com)

BAYADA specialty practices include Home Health Care, Pediatrics, Hospice, and Habilitation.



1975 40 YEARS 2015

Compassion. Excellence. Reliability.

{Gordonville • Lancaster County} From the Mid \$200s / From 1,280 Sq Ft / 2-3 Beds / 2-2.5 Baths

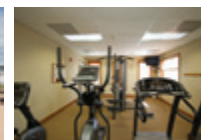
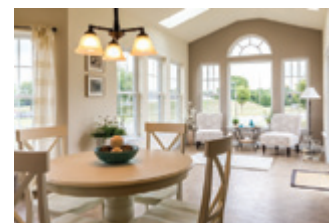


WATSON RUN

55+ Active Adult Community

#### The Low-Maintenance Lifestyle You Deserve

- Lawn care & Snow Removal Included\*
- Community Center w/ Fitness Room & Pool
- Community & Holiday Events
- Community Newsletter



Glenn Yoder NEW HOME SALES REPRESENTATIVE

717-575-4059 / [watsonrun@berkshomes.com](mailto:watsonrun@berkshomes.com) / Open Wed – Sat, 11-4 & by appointment



BERKS HOMES



[WWW.BERKSHOMES.COM](http://WWW.BERKSHOMES.COM)

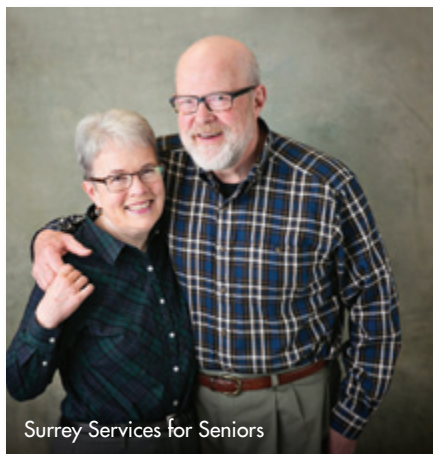
\*Snow removal and lawncare included in HOA fee. Prices and offers subject to change without notice.







The Summit



Surrey Services for Seniors



Dunwoody Village



Plush Mills



Quarryville Presbyterian Retirement Community



The Highlands at Wyomissing



Pleasant View Retirement Community



St. Martha Villa

### Media

#### Riddle Village

610-891-3700; [RiddleVillage.org](http://RiddleVillage.org)

Riddle Village is a Lifecare community that offers amenities that include a fitness center, putting green, indoor parking, personal trainer, flexible dining program and much more. Riddle Village has 10 apartment styles ranging from studios to three-bedroom apartments.

### Narvon

#### Zerbe Retirement Community

717-445-8741

[ZerbeRetirementCommunity.com](http://ZerbeRetirementCommunity.com)

### Newtown Square

#### Dunwoody Village

610-359-4400; [Dunwoody.org](http://Dunwoody.org)

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. With a convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers.

#### White Horse Village

610-558-5000; [WhiteHorseVillage.org](http://WhiteHorseVillage.org)

A warm and welcoming retirement community on 96 picturesque acres by a state park and surrounded by gardens, woodlands and meadows. Amenities include wellness Center with indoor pool and spa, putting green, bocce and shuffleboard



Bayada Home Health Care

courts, library, dining venues, performing arts, enrichment programs, transportation and more. On-site Healthcare Center with skilled nursing, assisted living and memory support. Member, Leading Age. Accredited by CARF-CCAC. Quality First Participant.

### North Wales

#### Kyffin Grove

267-460-8100

[KyffinGrove.com](http://KyffinGrove.com)

[SageSeniors.com](http://SageSeniors.com)

Kyffin Grove Senior Living offers customized support, beautiful surroundings and

unparalleled hospitality. Enjoy country living with every convenience in bucolic North Wales. Kyffin Grove offers supportive living and specialized, staged memory care. Call to find out more.

### Paoli

#### Daylesford Crossing

610-640-4000

[DaylesfordCrossing.com](http://DaylesfordCrossing.com)

[SageSeniors.com](http://SageSeniors.com)

Daylesford Crossing is senior living, but different ... completely customized support, uniquely sophisticated surroundings and unparalleled hospitality. With 78 sup-

## Food for Thought: You can protect your brain by simply changing your diet.



### Learn about **Memory Preservation Nutrition.**

- Can you reduce your risk for dementia by changing your diet?
- Which foods are Brain Busters and which are Brain Boosters?
- How can you 'power up' your brain with healthy sweets?

Learn the answers and taste brain healthy foods at this powerful presentation by Dr. Nancy Emerson Lombardo, co-founder of the National Alzheimer's Association, and CC Donelan, Director of Education at the Brain Health & Wellness Center.

The program is free and open to the public. Space is limited. A light supper will be served.

### November 16 at 6 pm at Plush Mills

RSVP 610-690-1630 | 501 Plush Mill Road, Wallingford

### November 17 at 6 pm at Daylesford Crossing

RSVP 610-640-4000 | 1450 Lancaster Avenue, Paoli

### November 18 at 6 pm at Kyffin Grove

RSVP 267-460-8100 | 1419 Horsham Rd, North Wales

### SAGE LIFELONG LEARNING

Sage is Senior Living, but different.: sophisticated surroundings, unparalleled hospitality, customized support. **Call and come see.**

Plush Mills, Daylesford Crossing & Kyffin Grove are Sage Senior Living Communities.



## PLEASANT VIEW RETIREMENT COMMUNITY



"Every day  
is a  
Saturday"

When you live at Pleasant View Retirement Community, you'll never worry about cleaning gutters or raking leaves. With all of the hassles of home ownership taken care of by our dedicated staff, you'll have more time to enjoy the things you love – traveling the country, shopping with friends or taking an evening stroll with the one you love.

544 North Penryn Road, Manheim, PA  
[www.PleasantViewrc.org/Independent-Living](http://www.PleasantViewrc.org/Independent-Living) | 717-664-6644





Visit us online at  
[LodgeLane.org](http://LodgeLane.org)  
 302-757-8100

1221 Lodge Lane | Wilmington, DE 19809

WHERE LIFE IS IN SEASON!



# SURREY

## Home Care

Cleaners • Companions  
 Live-In • Short Term

*A non profit  
 organization serving  
 the community  
 for 35 years.*



610-647-9840 • [SurreyServices.org](http://SurreyServices.org)

Friends Home  
 in Kennett

Where friends  
 become family.



Friends Home in Kennett is a premier non-profit senior living community that offers a variety of living options to help residents remain independent and active.

For more than 100 years, Friends Home in Kennett has been a special part of historic Kennett Square. We offer no buy-in with many amenities and activities. All of this with our compassionate, experienced staff.

- Independent Living
- Personal Care
- Skilled Nursing
- Short-Term Respite Care

Call (610) 444-2577 for more information  
 or to schedule a personal tour.

Friends Home in Kennett | 147 West State Street | Kennett Square, PA 19348  
 Phone: (610) 444-2577 | Fax: (610) 444-9129 | [www.friendshomeinkennett.org](http://www.friendshomeinkennett.org)



Friends Home in Kennett



Riddle Village



Watson Run



Willow Valley Communities



The Devon Senior Living

©2016 KENDAL



REAL PEOPLE. REAL RETIREMENT.

# { REAL LIVES }

Kendal-Crosslands believes a spirit of inclusion and a culture of diversity enrich and strengthen our communities, people and services. We strive to create and support an environment that promotes mutual respect, acceptance, cooperation and team work. By welcoming diversity we are moving forward our mission of "Together, transforming the experience of aging."

**KCC.Kendal.org | 610-388-1441**



Scan the QR code with your mobile device to  
 learn more about our culture of diversity.

**KENDAL~CROSSLANDS**  
*Communities*

*Together, transforming the experience of aging.®*

P.O. Box 100, Kennett Square, PA  
 ADJACENT TO LONGWOOD GARDENS

A Not-for-Profit Life Plan Community  
 Serving Older Adults in the Quaker Tradition





portive living and specialized memory care apartments, Daylesford Crossing is located right in the heart of the upper Main Line. Call to find out more.

### Phoenixville

Spring Mill Senior Living  
610-933-7675

[SpringMillSeniorLiving.com](http://SpringMillSeniorLiving.com)

Welcome home to an exceptional community offering exceptional personal care and memory care neighborhoods. Wake

up inspired each morning with a wealth of activities, services and support at your doorstep. Enjoy restaurant-style dining, health and wellness programs, events, transportation, housekeeping and more. Live carefree and let them take care of everything for you. It's their pleasure.

### Rosemont

Rosemont Presbyterian Village  
610-527-6500

[PresbyInspiredLife.org](http://PresbyInspiredLife.org)

## OUR FAVORITE WAY TO ENGAGE

Wellness-Focused Senior Living Defined



610-775-2300  
2000 Cambridge Ave.  
Wyomissing

  
**ENGAGE**  
WELLNESS-FOCUSED LIVING  
AT THE HIGHLANDS

[THEHIGHLANDS.ORG](http://THEHIGHLANDS.ORG)

A member of Reading Health System 

### Schwenksville

Greenfield Senior Living  
610-287-1822

[GreenfieldSeniorLiving.com](http://GreenfieldSeniorLiving.com)

Located just north of Collegeville, Greenfield melds historic charm with modern amenities in a newly renovated home. With a gorgeous library, three beautiful courtyards and an upscale bistro, residents can experience the best in senior living. Greenfield provides independent living, personal care and memory care from dedicated staff who ensure that all residents enjoys a vibrant, fulfilling lifestyle according to individual needs and wants.

### Valley Forge

Shannondell at Valley Forge  
610-728-5200

[Shannondell.com](http://Shannondell.com)

### Wallingford

Plush Mills  
610-690-1630

[PlushMills.com](http://PlushMills.com)

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

### West Chester

Barclay Friends  
610-696-5211

[BF.Kendal.org](http://BF.Kendal.org)

Wellington At Hershey's Mill  
484-653-1200

[WellingtonRetirement.com](http://WellingtonRetirement.com)

### West Grove

Jenner's Pond  
484-748-0582

[JennersPond.org](http://JennersPond.org)

### Wyomissing

The Highlands at Wyomissing  
610-775-2300

[TheHighlands.org](http://TheHighlands.org)

### ST. MARTHA VILLA

for  
INDEPENDENT & RETIREMENT LIVING  
*A Continuing Care Retirement Community*



- Studios, 1 and 2 Bedroom Apartments
- Specialized Memory Support
- Personal Care Suites
- Wellness Program
- No entrance Fees

490 Manor Avenue  
Downingtown, PA 19335

Adjacent to St. Josephs Catholic Church



CATHOLIC  
HEALTH GROUP  
*Stewards of the Catholic Tradition  
in the  
ARCHDIOCESE OF PHILADELPHIA*



Call to schedule your  
personal tour today  
**610.873.5300**

### Jennersville Farm

West Grove 55+ from \$199,900  
2 bedrooms 2 baths 2 car garage designer kitchens!  
3 bedroom & loft models from \$269,000  
Walk to shopping center, restaurants & pharmacy!  
E.J. WALSH III & ASSOCIATES BUILDERS



OPEN EVERY SAT 1-3 & SUN 1-4  
15 Minutes from Longwood Gardens. Dir: Fr 202, S on  
Rt 1 exit 796, left top of ramp R on Jenners Pond Rd  
R on Allyssa La. GPS: 143 Rose View Dr. West Grove 19390



Berkshire Hathaway, Fox & Roach Realtors  
Gary Scheivert, GRI, CRS, CSP  
office: 610-566-3000 • cell: 610-368-5549  
[GaryScheivert.com](mailto:GaryScheivert.com) • [Gary@GaryScheivert.com](mailto:Gary@GaryScheivert.com)  
For a free market analysis of your home call Gary.



**COUNTY LINES**  
MAGAZINE



Want to learn more about 55+ Retirement Communities?  
Visit our website for articles of interest, community events and more!

**COUNTYLINESMAGAZINE.COM**



The Highlands at Wyomissing is a Life Care Continuing Care Retirement Community situated on 113 acres next to beautiful Wyomissing Park. They offer 220 residential apartments of various sizes, 40 spacious two- and three-bedroom villas, 66 studio and one-bedroom apartments in Personal Care and 80 beds in the Skilled Nursing Center. The Highlands is a nonprofit entity of Reading Health System.

DELAWARE

Greenville

Stonegates Retirement Community  
302-658-6200  
Stonegates.com

Hockessin

The Summit  
302-235-8734  
TheSummitRetirement.com  
Welcome home to a rental resort-style

community offering the very best in independent living, assisted living and memory care neighborhoods. A carefree lifestyle awaits you, complete with gourmet restaurant-style dining, social and wellness activities, personalized care plans, housekeeping, transportation and more. It's everything you need now, and may need in the future, all in one place.

Newark

Millcroft Senior Living  
302-366-0160; FiveStarSeniorLiving.com  
Somerford House & Place  
302-266-9255; FiveStarSeniorLiving.com

Wilmington

Foulk Manor South  
302-655-6249; FoulkManorSouth.com  
Lodge Lane Assisted Living & Memory Care  
302-757-8100; LodgeLane.org  
Lodge Lane Assisted Living and Memory Care is located in the town of Bellefonte across from River Road Park. Their vibrant community offers seniors the finest personal services with 24-hour nursing staff, spacious apartments with kitchenettes, beautiful common areas, outdoor courtyards and patios, walking paths, fitness studio, movie theater and modern amenities.

IN HOME CARE AND  
OTHER SERVICES

For those who choose to stay in their homes and need clinical or assistive care, there are many options to choose from. Or, if you need help organizing and making the move into another residence, from packing, to appraising, to arranging for items to be donated, you can find help for that as well.

Angel Companions  
610-644-8780  
AngelCompanions.net  
Angel Companions provides non-medical home care services on an hourly or live-in basis to individuals in need of assistance with the activities of daily living. Their cli-

ents include seniors, people facing health challenges, those suffering from dementia and patients needing comfort while under hospice care. The agency provides the home support needed to maintain a safe and independent lifestyle despite an illness or disability.

Bayada Home Health Care  
King of Prussia, 610-992-9200  
Main Line, 610-658-7150  
Media, 610-891-9400  
Newtown Square, 610-353-5000  
Bayada.com  
Home health aides provide personal care and companion services. Skilled nurses provide care and manage chronic conditions, working in consultation with the client's physician to develop an individualized plan of care.

Surrey Services for Seniors  
Devon, Broomall, Havertown, Media  
610-647-6404  
SurreyServices.org  
Surrey, a non-profit organization, has been providing specialized services to seniors for more than 35 years. What differentiates Surrey is their caring philosophy, holistic view and their family-centered approach to services for the aging. Surrey provides: in-home services, including home care, RN care management, house cleaning and bill paying assistance; transportation; meal programs; activities and lifelong learning opportunities; volunteer opportunities.

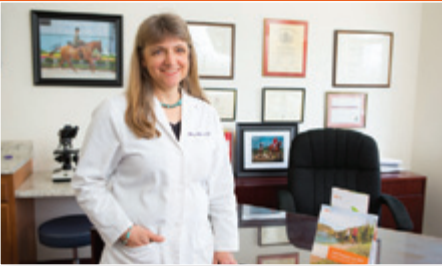
TLC Moving Services  
610-268-3243  
TLCMovingServicesllc.com  
TLC provides a personalized and friendly service specializing in house and retirement home moves. They offer you a personalized, economical and worry-free service that specializes in planning, packaging, unpacking, sale of personal property, handyman services, appraisals and donations. ♦

Visit CountyLinesMagazine.com for our Senior Guide with links to advertisers, articles and a look at Senior Happenings in the area.

Dr. Mary-Anne Ost MDVIP Practitioner  
Specializing in preventative health care,  
Family Medicine and Geriatrics

- 24 hour convenient doctor availability with Dr. Ost by phone or email
- Your personal advocate of care with specialists
- Preventative physical exams annually for all patients
- Major medical insurance accepted

Dr. Ost is able to help her patients enjoy the healthiest possible lifestyle.



Dr. Mary-Anne Ost; Board Certified in Family Medicine and Geriatrics.



One Commerce Blvd. West Grove • 689 Unionville Road, Kennett Square  
610-869-0311 • MDVIP.com/MaryAnneOstMD

Embrace  
What Is  
Important

Nature's Beauty  
Health & Wellness  
CULINARY DELIGHTS  
One-level Living  
ARTS & CULTURE  
PEACE OF MIND

When you retire at White Horse Village you become part of a friendly, hometown neighborhood surrounded by natural beauty.



A nonprofit accredited  
lifecare community

(610) 558-5000 www.WhiteHorseVillage.org



Distinctive Plants • Home & Garden Accents

MOSTARDI  
N U R S E R Y

We'll help you  
gather all the special  
things you need  
this holiday season....

Come visit  
our Christmas  
garden shop.




4033 West Chester Pike (Route 3) • Newtown Square, PA 19073  
610-356-8035 • www.mostardi.com



**Toninos**  
PIZZA & PASTA CO.

*Come in and Enjoy Our  
Handmade Pastas, Seafood,  
Pizzas, and Signature  
Italian Dishes! BYOB.  
Delivery Available.*



**PARTY  
PLATTERS  
& HOLIDAY  
CATERING**

235 Lancaster Ave. Frazer, PA  
610.240.9566 | [ToninosPizzaAndPasta.com](http://ToninosPizzaAndPasta.com)

**RON'S**  
ORIGINAL BAR & GRILLE  
EST. 1990

*Real Food  
for the  
Health  
of it*



74 E Uwchlan Ave. Exton, PA  
610.594.9900 | [www.ronsoriginal.com](http://www.ronsoriginal.com)

*Raising Spirits Since 1746*

SMALL PLATES. CRAFT BEERS. LEGENDARY HOSPITALITY.




**BLACK POWDER  
TAVERN**  
CRAFT AMERICAN FARE

[BLACKPOWDERTAVERN.COM](http://BLACKPOWDERTAVERN.COM)

BEST NEW RESTAURANT VENTURE - COUNTY LINES MAGAZINE

**GIUSEPPE's Kitchens & Baths**

COMPLETE RANGE OF QUALITY SERVICES FROM  
IN-HOUSE DESIGN TO INSTALLATION  
CONTACT US FOR A FREE DESIGN CONSULTATION!



Visit our West Chester showroom to review a wonderful collection of Marble, Granite, Quartz, Tiles, Cabinets, Tiles and Backsplashes...and meet our Design Team

**GIUSEPPE**  
Kitchens & Baths

129 East Gay Street, West Chester, PA  
610.436.8161  
[www.GiuseppeKitchenAndBathDesign.com](http://www.GiuseppeKitchenAndBathDesign.com)

**Granite Special! \$3899**  
SQ. FT.

## [Food News] *A few of our favorite things to share this month about local food and drink*



### Turkey Twists.

Dreading your daily post-Thanksgiving turkey sandwiches? If turkey is the centerpiece of your family's traditional meal, don't let leftovers dumb-down your menu. Turn dull to delicious with a turkey and sweet

potato breakfast quiche. Spice things up with Tuesday squash and turkey Taco Day or treat your kids to a turkey and cranberry BBQ pizza. This year, welcome the leftovers with the help of **fast and fun turkey recipes**. *More at [LakeWinds.com](http://LakeWinds.com).*

### Salad Secrets.

Fresh, yummy salads aren't just for summer. Though strawberries may be a sweet memory, apples and Swiss chard have just arrived at the market. Keep your health kick rolling into colder weather with **fall-fresh salads**. Pick a Parmesan, fennel and arugula dish, a perfect pear salad with cranberries, or make it Mediterranean with prosciutto, pomegranate and sweet mint leaves. Stock your fridge with healthy seasonal produce for salads that never go out of season. *Check out [Epicurious.com](http://Epicurious.com).*



### Tasty Triple Threat.

BBQ, burritos and baked goods—oh my! This fall, **The Market at Liberty Place** in Kennet Square is full of new dining experiences. Try a traditional chicken kabob with chips and guac or a healthy falafel burrito at **Kabob-urrito**, a novel Mexiterranean grill. In the mood for comfort food? Enjoy

smoked pork, potato salad and cornbread from **MnM BBQ**. And for dessert, pop by The Market's newest addition, **Sugar Daddy's Bake Shoppe**, for a sweet, homemade treat. *[TheMarketAtLibertyPlace.com](http://TheMarketAtLibertyPlace.com).*

### 30 Years of Chocolate.

Anything is good if it's made of chocolate, right? And **Christopher Chocolates** knows that better than anyone. Come celebrate the 30th anniversary of this sweet shop and taste for yourself. On Thursday evening, November 10th, come savor chocolate fondue and free, mouth-watering giveaways. Or, bring the whole family on Sunday morning, the 12th, for chocolate pizza-making and a yummy candy-counting contest your kids will love. Don't miss out! *3519 West Chester Pk., Newtown Square. [Christopher-Chocolates.com](http://Christopher-Chocolates.com).*



### Fall Cleansing.

If the full-belly drowsiness of too much turkey and football has you in its grips, don't let feast guilt get you down. This year, do your detox right. Skip the juice-only cleanses that leave your stomach grumbling and take a page from how the celebs cleanse. With a combination of chia seed juices and organic lunch recipes that actually crush hunger, this **five-day detox** flushes your system and actually lets you eat. Enjoy your family feast guilt-free and plan ahead at *[People.com](http://People.com).*



*Celebrate the Season!*

Please join us for our  
*Annual Holiday Open House*

**SPECIAL TWO-DAY SALE**  
Friday, December 2  
9am-5:30pm  
Saturday, December 3  
9am-5pm

Enjoy Light Refreshments  
and Door Prizes

**Matlack Florist**  
country elegance in flowers & gifts  
210 N. Chester Rd. (Rte. 352) • West Chester, PA 19380  
610-431-3077 • fax: 610-431-1794 • www.matlackflorist.com

**Dutchie's Stone Works, LLC**



- PATIOS
- OUTDOOR LIVING SPACES
- FIREPLACES
- HISTORIC RESTORATION
- CUSTOM HOMES
- ADDITIONS
- RETAINING WALLS
- POOL DECKS

Stone ★ Brick ★ Block ★ Pointing

Dave Fisher • 717-587-8789  
www.DutchiesStoneWorks.com



**FLOWING SPRINGS**  
landscape design, inc.

Let Our Talented Designers Unlock Your Property's Full Potential!

**SERVING THE MAIN LINE & SURROUNDING AREAS FOR 30 YEARS!**

Creative Design • Custom Building • Historic Restoration  
Patios • Walks & Stone Walls • Tree & Shrub Pruning • Holiday Lighting  
Decorating • Landscape Lighting • Total Property Maintenance  
Custom Pools • Specializing in Water Features & Natural Stone

excellent references  
**610.408.0739**

Richard T. Burns - Horticultural Designer, Owner  
426 Old Conestoga Road, Malvern, PA 19355  
www.flowingspringsdesign.com • rtburns426@gmail.com

PA 100172

**COUNTY LINES**  
MAGAZINE

**WE HOPE YOU'RE HUNGRY!**



Our Guide to the Area's Best Restaurants  
**COMING JANUARY 2017!**

# Let's NOT Talk Turkey

Laura Muzzi Brennan

IS THIS THE YEAR TO TRY SOMETHING NEW?

AT THE RISK OF INCITING THE IRE OF THE THANKS-giving gods, this year I'm keeping mum on the subject of turkey.

No, I haven't turned my back on the beloved bird. I'm simply being responsive to the many folks who find that even a medium-sized gobbler is too big for their small guest list. And then there are those who've confessed in hushed tones that turkey is not their be-all, end-all. These folks just want to try a new main dish, maybe a roast of pork, maybe a goose. For them, I offer this column.

With 30 years of food service experience, butcher Bill Ringsdorf has prepared and eaten many a Thanksgiving dinner. He started out as a prep and line cook in various local restaurants. He co-owned Exton's Grapevine restaurant with his wife, worked as the sous chef at Longwood Gardens, and served as food and beverage director of Downingtown Golf Club for a number of years.

In June of this year, Bill and his wife, Jeanie, opened **O'Connor's Market** in Guthriesville. (O'Connor is Jeanie's maiden name.) O'Connor's offers high quality meats and cold-cuts and essential groceries. "Our goal is to help people cook for themselves again," says Ringsdorf. "We want to supply them with good, quality ingredients and get them back in their own kitchens."

Even in your own kitchen, though, preparing the centerpiece of Thanksgiving dinner can be intimidating, especially when you're upending tradition. The best way to begin is to purchase your fresh meat or poultry a day or so in advance of cooking. If you must buy frozen, defrost it in the refrigerator for a few days. "You can't expect to get a frozen Cornish hen or duck, thaw it quickly and have it taste great," says Ringsdorf.

You also need to choose wisely. Your butcher can help you decide which duck or goose, pork or beef roast looks best. Be sure to ask how much to buy per person and whether the meat was previously frozen.

If you can't talk to a butcher, Ringsdorf offers a few guidelines.



Plan on 6–10 ounces per person including bones and skin. That way, you won't run out of meat and your guests can have seconds. When buying pork and beef, look for firm flesh and fat that's light pinkish-white, not grey. Remember that fat keeps meat from drying out and adds flavor, so opt for some fat outside and marbling within.

For poultry, choose birds with a solid color throughout. If the flesh is washed out, that's not your bird. And whether you want poultry or meat, choose cuts with almost no aroma and little to no liquid in the packaging because liquid often indicates the presence of preservatives.

When it comes to cooking, Ringsdorf has a couple of suggestions. One, use a meat thermometer. This inexpensive tool can truly save the day. And two, keep in mind that cooking meat to perfection is not a race. It's about reaching the right internal temperature in the ideal amount of time. Bottom line: low and slow is the way to go.

This Thanksgiving, whether you talk turkey or learn a new language, I hope every bite is worthy of thanks.



## Boneless Beef Rib Roast with Garlic, Herbs and Pan Gravy

Recipe courtesy of Bill Ringsdorf, O'Connor's Market.



3–4 lb. beef ribeye, whole, trimmed and unsliced  
3 sprigs fresh rosemary  
3 sprigs fresh thyme  
1 tsp. kosher salt  
1 tsp. ground black pepper  
2 tsp. chopped garlic  
½ C. red wine  
2 C. prepared beef broth  
¼ C. all-purpose flour

Heat the oven to 425°. Place the beef in a roasting pan, rib side down.

Remove leaves from herbs and coarsely chop. Discard stems. Mix herbs, salt, pepper and garlic, then spread mixture evenly on top of roast.

Roast for 20 minutes at 425°. Then reduce heat to 300° and cook for an additional 1 to 1½ hours for medium rare or longer for desired doneness.

Remove roast from oven, place the beef on a cutting board, and allow roast to rest for 15–20 minutes before slicing.

Spoon off fat from pan drippings. Place roasting pan on stovetop over medium-high heat, add red wine and gently stir with a wooden spoon, scraping any brown bits from the roasting pan. Reduce heat to medium for 5 minutes. Pour wine mixture through a sieve into a 2-quart saucepan.

In a bowl, whisk together beef broth and flour. Place saucepan over medium heat. Slowly add broth mixture to the saucepan, stirring with a whisk. Cook for 5 minutes until gravy boils and thickens to your liking. Strain again, if needed. Season with salt and pepper to taste.

Present roast and gravy tableside before serving for an elegant holiday meal.

Makes 6–8 servings.

## What's on Your Thanksgiving Table?

In true American melting pot style, many local cooks supplement turkey and stuffing with dishes that reflect their heritage or guests' diverse tastes. Here's a peek inside their Thanksgiving pots.

"The Italian side of my family often has lasagna in addition to the turkey. One branch of my family was Italian and the other three were Ashkenazi Jewish, so we also alternate soups between escarole and matzah ball." – Jennifer M.

"Since my family has Kentucky roots, we serve garlic cheese grits." – Kath H.

Note: Food historians believe corn grits—minus cheese—were on the first Thanksgiving menu in 1621.

"As a side, we have a fried rice dish with-out Asian flavorings. It's got veggies and

sometimes, chopped sausage. We fry it until crispy. We always have tortellini in chicken broth and escarole soup with very small chicken meatballs." – Enza D.

"I had vegetarians coming to Thanksgiving last year so I made butternut squash vegducken from an Epicurious recipe. It was delicious but a lot of work!" [www.epicurious.com/recipes/food/views/vegducken](http://www.epicurious.com/recipes/food/views/vegducken). – Cara H.

"My grandmother always hosted Thanksgiving, but her help was off on Thursday so we celebrated on Friday with turkey and sweet and sour meatballs." – Jill F.

"My family always has a holiday soup before the meal, which also includes ravioli and lasagna. We are very Italian!" – Kim S.

### Sauerbraten

With a nod to his German heritage, Bill Ringsdorf sometimes makes this dish for Thanksgiving dinner.

½ small onion, diced  
1 carrot, diced  
1 celery stalk, diced  
2 oz. pickling spice  
1½ C. water  
1½ C. red wine vinegar  
1 Tb. white sugar  
1 Tb. salt  
1 Tb. ground black pepper  
3–4 lb. beef bottom round or rump roast  
¼ C. all-purpose flour  
2 Tb. vegetable oil  
12 gingersnaps cookies, crumbled

In a large glass bowl, mix onion, carrot, celery, pickling spice, water, vinegar, sugar, salt and pepper. Whisk together to make marinade. Place beef roast in marinade. Cover and refrigerate for 3–5 days, turning meat daily. To prepare, remove meat from marinade and pat dry with paper towels, reserving marinade.

Lightly coat marinated beef with flour on all sides. In a Dutch oven or large pot, heat vegetable oil over medium heat. Place beef in pot and brown on all sides, about 10 minutes. Pour marinade over seared beef, cover and reduce heat to medium-low. Simmer until beef is very tender, about 3½ to 4 hours. Beef should pull apart with a fork.

Remove beef to a cutting board, allow to rest 15 minutes, and slice.

Strain all solids from beef cooking liquids, and cook over medium heat. Add gingersnap cookies and simmer until gravy is thickened and gingersnaps have softened, 10 minutes. Serve gravy over sliced beef. Makes 6–8 servings.

### Roast Pork Loin with Chestnut Dressing

Recipe courtesy of Bill Ringsdorf.



For the pork:

3–4 lbs. pork loin, trimmed  
Salt and pepper to taste

For the dressing:

2 C. chestnuts, whole  
1½ C. butter  
½ C. chopped onion  
1 tsp. salt  
¼ tsp. ground black pepper  
2 tsp. fresh parsley  
1 lb. dry or lightly toasted bread, cubed  
3 eggs  
¼ C. milk

Preheat oven to 350°. Season pork loin with salt and pepper to taste and place in oven. Roast pork until internal temperature is

145° when tested with a meat thermometer. Allow to rest for 15 minutes before carving.

Prepare dressing while the pork is roasting. Carefully cut slits in the surface of chestnuts with a sharp paring knife. Place chestnuts in a medium saucepan, cover with water, and bring to a boil. Cook for 25 minutes or until soft and tender. Drain, peel and chop chestnuts.

Melt butter in a saucepan over medium heat. Stir in chestnuts, onion, salt, pepper and parsley. Cook until onions are tender, about 3 minutes. Transfer to a baking dish and mix with cubed bread.

In a small bowl, beat eggs and milk together and pour over bread and onion mixture.

Bake dressing 30–45 minutes until crisp and browned. Serve with roast pork.

Makes 6–8 servings.

### Alternative: Stuffed Roast Pork

Prepare the chestnut dressing in advance as above.

To clean the raw pork, place on a cutting board, fat cap up. From the side, split pork lengthwise but do not cut all the way through, leaving a ½–1" seam. Open pork loin and lightly pound with a meat tenderizer to ½–¾" thick.

Place cooked stuffing inside open pork loin. Fold over and tie with butcher's twine. Roast pork in 350° oven until internal temperature of the pork and the stuffing reaches 165°. Rest stuffed pork for 15 minutes before slicing.

Makes 6–8 servings.

### Cornish Hens with Mushroom Stuffing

The birds I cooked for this recipe weighed 2¼ lbs. each (before I removed giblets), so I planned one hen for every two people. With smaller hens, each person gets a bird.



## Thanksgiving Deer

Turkey may be central to modern day Thanksgivings, but historically, it shared the table with other poultry and meat.

In his account of the 1621 harvest celebration—the only surviving eyewitness record of the event—colonist Edward Winslow mentions just two foods: wildfowl and deer. Noting that geese, ducks and wild turkeys abounded in 17th-century New England, food historians believe these birds graced the first Thanksgiving table.

But the forgotten star of that menu was

deer. Colonists considered venison a high-status food because back in England, only the landed gentry, who owned the parks and forests populated by deer, enjoyed this delicacy. When the Wampanoag presented five deer to the Colonists as a sign of respect and friendship, the Colonists were thrilled ...and oh so hungry!

To read more about Thanksgiving foods and traditions, look for *Giving Thanks* by Kathleen Curtin, Sandra L. Oliver and Plimoth Plantation.

For the stuffing:

6 Tb. unsalted butter, divided  
2 stalks celery, chopped into ¼–½" pieces (¾–1 C.)  
½ medium yellow onion, chopped (¾–1 C.)  
½ lb. button mushrooms, roughly chopped  
¼ C. parsley  
1 Tb. fresh sage (or to taste)  
½ tsp. celery salt (or to taste)  
½ lb. herb seasoned cubed stuffing  
2 C. chicken broth  
Salt and pepper to taste

For the hens:

1 large onion  
2, 2¼-lb. Cornish game hens\*  
Olive oil  
Salt and pepper to taste

\* If frozen, thaw hens in refrigerator for 1–2 days.

Preheat oven to 400°.

To make the stuffing:

Melt 4 Tb. butter in a large skillet over medium heat. Add celery and onion and cook for 5 minutes until they start to soften, stirring frequently. Add 2 Tb. butter to skillet and melt. Stir in mushrooms and cook vegetable mixture for 3–5 more minutes. Turn off heat. Stir in parsley, sage and celery salt. Stir in stuffing cubes. Start adding broth ½ C. at a time to moisten mixture. You'll use between 1½–2 C.

To stuff and cook the hens:

Slice the onion into ¼–½" discs and place in a single layer in a casserole dish.

Remove giblets and save for another use. Rinse Cornish hens in a colander and pat dry. Salt the cavity.

Spoon 1½ C. stuffing inside each bird and tie legs together with twine. You'll have more than half the stuffing left over. Place it in a small casserole dish and set aside for later cooking.

Brush hens all over with olive oil. Sprinkle with salt and pepper. Place breast side down on top of onions and roast for 30 minutes. Turn hens over and roast for another 30–50 minutes until stuffing and thickest part of the thigh register 165° on a meat thermometer. If breast starts to get too brown while cooking, cover loosely with aluminum foil. During the last 30 minutes of roasting hens, bake stuffing until top starts to brown and crisp.

Let hens sit for 10 minutes before serving. Serve with onions and extra stuffing.

Makes 4 servings.

### Roast Goose with Stuffing and Gravy

If you opt for goose, which may have been at the first Thanksgiving, see sidebar, choose one that's young, small and with a thick layer of fat for tastiness.



For the goose:

12-lb. goose  
Salt and pepper for seasoning  
1 lemon, optional

If frozen, defrost in the refrigerator at least two days, taking it out at least an hour before cooking. Reserve giblets for gravy. Save liver to make pâté. (See our online recipe at [CountyLinesMagazine.com](http://CountyLinesMagazine.com).)



Remove and save the highly prized fat, which can be melted slowly—rendered—over low heat. Brining the goose is recommended. That’s done 12 to 24 hours in advance. (See our brining recipe online.)

Preheat oven to 350°. Prick the skin (just skin, not the meat) with a needle to help the juices flow. Rub the inside and out with salt and pepper, and lemon if desired.

Put breast-side up on a rack in a roasting pan. Baste with pan juices every 30 minutes. After an hour, reduce to 325°. Continue roasting until browned and done (juices run pink when the thigh is pricked).

Remove the rendered fat at least two or three times during roasting. Save it in a jar.

Let the goose rest for half an hour. Cut the wings at the body, severing at the second joint. Do the same with legs and thigh, removing each as one piece. Separate breast by slicing along the breastbone, carving along the ribs, so it comes off whole. Set breasts with skin up and slice into 1/3-inch medallions.

Serve with stuffing and gravy.  
Serves 6 to 8.

*For the stuffing:*

- 4 C. wild rice, cooked
- 2 C. sausage, cooked
- 1/2 C. onion, sautéed
- 1 C. dried apricots
- 1/2 C. pistachios

Mix all the ingredients. Put stuffing in a separate covered casserole in the same oven.

Makes about 8 cups.

*For the gravy:*

Goose neck and giblets

- 1 Tb. oil
- 1 carrot
- 1 onion
- 2–3 bay leaves
- 2–3 tsp. of thyme
- 2 C. cider
- 4 C. stock
- 2 Tb. goose fat
- 4 Tb. flour

Sauté neck, giblets, carrot, onion, bay leaves and thyme in the oil. The meat should be brown and caramelized. Add cider and stock. Reduce liquid by half, and set aside.

Then heat the fat and flour and stir to

make a brown paste (the consistency of wet sand). Lower the heat and slowly pour in cider/stock and stir. Season to taste.

Put in a gravy boat and keep it warm. ♦

*Laura traces her love of all things culinary to the first time she leafed through her mother’s Betty Crocker’s Cooky Book—which still occupies a place of honor among her 600+ cookbooks. A passionate supporter of local food, she co-founded a farmers market, judges area food contests, and anticipates restaurant openings with the excitement most people reserve for winning a Mega Millions jackpot.*



For more great recipes visit  
[CountyLinesMagazine.com](http://CountyLinesMagazine.com)

Finish Lines

The ELECTRIC ROAD

Jack Smith

EVEN TODAY’S HUMBLEST CARS BUZZ WITH TECHNOLOGY.

IT WAS A LONG TIME AGO BUT I CAN STILL RECALL the day I became aware of the impact of electronics on the world of motoring. It wasn’t anything as dramatic as a moon shot but it held us grade schoolers in awe. Imagine—all we had to do was push a button on a classmate’s father’s Cadillac and the windows would slide up or down *without cranking!* Imagine—electric windows! We were breathless, wondering what technological marvels awaited us down the road.

Today we know. From rear bumpers to hood ornaments, even the humblest of today’s cars buzzes with technology designed to make driving safer, more convenient and more pleasurable for drivers and passengers without breaking the bank.

Take, for instance, Fiat’s “1957” coupe, so named for the year the original debuted in Italy. Given its jaunty charm, you might presume the little four seater to be not much more than a charming toy. But the diminutive import, priced from \$17,000, boasts an array of high tech devices once seen only in the most pricey luxury sedans, including a park assist system, back-up camera with rear trajectory display, lane departure warning, and forward collision warning. All this, with a dash of *la dolce vita*.

Likewise, it might be easy to presume that the subcompact Mini Cooper S is all post-Twiggy nostalgia (ask your parents), but it’s loaded with practical tech. Especially useful is the Mini’s new heads-up display that projects vehicle speed, route guidance and voice commands on a transparent shield that rises between driver and dashboard. The Heads Up system also shows visual signals for collision

warning, speed limit and no passing warnings, engine monitoring information and entertainment settings.

Everybody needs a reminder from time to time. That’s the thinking behind the Rear Seat Reminder from GMC’s 2017 Acadia. This feature works by monitoring the Acadia’s rear doors to ensure that the driver doesn’t forget what—or whom—he’s transporting.

The feature activates when either rear door is opened and closed within 10 minutes of the vehicle being started, or if those doors are opened and closed while the vehicle is running. Under these circumstances, the next time the vehicle is turned off after a door activation, the Acadia will sound five audible chimes and display a message that reads, “Rear Seat Reminder / Look in Rear Seat.” An industry first, the system can be a helpful convenience or, in some circumstances, a lifesaver, depending on whether the new seven-passenger crossover SUV is used for hauling cargo, pets or children in the rear seat.

Nobody likes a pothole. According to AAA, pothole damage costs U.S. drivers about \$3 billion a year and a single bone-jarring encounter with one—causing tires to blow or knocking suspensions out of line—can set drivers back several hundreds of dollars. So it may be just a matter of time before Ford’s latest innovation is adopted industry wide.

The Fusion V6 sport is the first Ford equipped with a computer-controlled shock absorber system as a standard feature. Onboard computers analyze multiple signals from 12 high-resolution sensors, adjusting the dampers every two milliseconds for the best vehicle



# THANKSGIVING PAIR LIKE A PRO

 <p><b>APPETIZER</b> Cheese, crackers, cured meats</p>	 <p><b>1ST COURSE</b> Soups, salads, fruits</p>	 <p><b>2ND COURSE</b> Turkey, duck, vegetables</p>	 <p><b>DESSERT</b> Pumpkin pie, pecan pie, chocolate</p>
<p><b>SPARKLING</b> Dry is good for lighter fare.</p>	<p><b>PINOT GRIGIO</b> Light to medium bodied and a good match for early courses.</p>	<p><b>ZINFANDEL</b> A full-bodied wine, makes it a good 2nd course pick.</p>	<p><b>RIESLING</b> Complex and nuanced—a dessert pairing.</p>
<p><b>MOSCATO</b> A musky classic that pairs easily.</p>	<p><b>SAUVIGNON BLANC</b> A very popular varietal that is fruity and versatile.</p>	<p><b>PINOT NOIR</b> Elegant and subtly complex, this is a good mid-meal choice.</p>	<p><b>TAWNY PORT</b> Nuttiness and woodiness that pairs with dessert.</p>
<p><b>VINHO VERDE</b> Refreshing, crisp and light—perfect for smaller fare.</p>	<p><b>GEWÜRZ</b> Exotic aromatics and flavors—a good 1st course choice.</p>	<p><b>SANGIOVESE</b> A more complex flavor profile pairs well later in the meal.</p>	<p><b>CREAM SHERRY</b> A sweet wine that lends itself well to dessert.</p>





GMC Acadia 2017 Rear Seat Reminder



Chevrolet Malibu 2016 Teen Driver System

response in every situation. When the edge of a pothole is detected, the car's computer adjusts the dampers faster than the blink of an eye to their stiffest settings so the wheel doesn't dive so far into the pothole. Because the tire and wheel don't drop as far, they don't impact the opposite side of the pothole as harshly.

The rear suspension can respond even faster, with a signal from the front wheel providing a pre-warning to the rear wheel well before it reaches the pothole. Suspension tuning can be changed at the push of a button—normal mode balances comfort and handling for daily driving, while sport mode's increased overall damping rates allow the car to respond quicker to driver input and to corner flatter for more spirited driving.

Anyone who's ever given the keys to the family sedan to a newly licensed driver will appreciate the Teen Driver system, available this year on the new Chevrolet Malibu. Basically it's a kind of high tech nanny intended to promote safety on the road by monitoring how the car is driven with the teen—or anyone else, for that matter, say, an aging parent—behind the wheel.

To use Teen Driver, a parent needs only to activate the feature by creating a PIN in the Settings menu of the car's MyLink system. When active, Teen Driver automatically mutes the radio until front safety belts are fastened. The sound system's maximum volume may also be set to a lower level so it doesn't distract the driver from the road ahead. Parents can select a maximum speed between 40–75 mph, which, if exceeded, activates visual and audible warnings.

The car's safety features—stability control, traction control, forward collision alert or forward collision braking—are automatically turned on when Teen Driver is activated, with no option to manually disable them. The system will continue in place as long as the app is activated. When in traffic, the system records stability control and anti-lock brake events, as well as alerts issued by the forward collision features. Some new drivers may whine and sulk, but they'll thank you later.

Ever since the debut of OnStar in 1996, Cadillac has set the pace in auto high tech. This year Cadillac continues to delight with a wide variety of tech-y indulgences. There's a Night Vision system that uses thermal

technology to show people and large animals on the road ahead. Optional Surround Vision gives an overhead view of the vehicle and its environs. With Wireless Smartphone charging, power-hungry millennials need no longer fear dropped calls mid-conversation.

There's even the next generation in mirrors—the “full-display” or rear camera mirror. Drivers experiencing this technology for the first time might find it takes some getting used to. The CT6 sedan's rearview mirror looks like a standard auto-dimming mirror but instead of a reflection, you see a video projected from a rooftop camera, thereby doubling or tripling the rearward view. If the camera stops working, the mirror automatically reverts to auto-dimming mode.

OnStar remains popular, as its clientele have discovered more and more uses for the service. Say, for instance, you want to get a table at swanky Chez Escargot. Chances are better of getting a reservation via OnStar than by showing up and pleading your case in person. As a spokesman for one renowned restaurant confided to the *New York Times*, “Restaurants set aside tables for concierges.”

Clearly worlds away from those electric windows. ♦

*Jack Smith has been a car buff since childhood, when his father designed auto bodies for Philadelphia's E. G. Budd Company. His work has appeared in The New York Times, Philadelphia Inquirer, Town & Country, GQ and the Robb Report, where he created the “Connoisseur at Large” column. He won three gold “Motos” for automotive travel writing.*



Cadillac CT6 2016 Rearview Mirror Video Display

## [People & Places] A look back at some great events



On September 24, **Home of the Sparrow** hosted a “Gathering” at Penns Woods Winery in Chadds Ford, a benefit for the organization that serves women and children facing homelessness. Guests enjoyed complimentary wine, appetizers, dinner and dessert, plus live music.



Women's Committee of The Children's Hospital of Philadelphia members Megan Rohr of Malvern and Marian Ormont of Devon, plan the **2016 Holiday Boutique**, Nov. 30–Dec. 1. A signature fundraiser, the Holiday Boutique supports patient care, research and education.



Family and friends came together for the 7th Annual **Lobstah Bake** on Saturday, October 8 at Thorncroft Equestrian Center in Malvern. A fantastic feast was enjoyed by all, as well as entertainment, music and kids activities.



The U.S. Paralympic team were honored at **Dressage at Devon**. Included are Rebecca Hart, Sydney Collier, Margaret “Gigi” McIntosh and Annie Peavey.



**Radnor Hunt Concours d'Elegance** held a Black Tie Gala, Auction and Art Show on September 10. In attendance, Jennifer Kenney of Downingtown, John and Dawn Lawless of East Fallowfield and Dawn Deppi of Holland, PA.



# Index to Advertisers

Look for *County Lines* at Wegmans, Wellington Sq. Bookshop, at Events and Affiliates. Check our website's Get A Copy page.

Angel Companions.....	61	Eleanor Russell Ltd.....	47
B.Q. Basement Systems, Inc. ....	11, 30	Exton Senior Living.....	59
Ball & Ball.....	38	Flowing Springs Landscape Design .....	74
Bayada Home Health Care .....	63	Friends Home in Kennett .....	66
Benchmark Federal Credit Union .....	P8	Gateway Medical Associates.....	8
Berks Homes / Watson Run.....	63	Gie Gie Lingerie & Breast Care .....	47
Berkshire Hathaway Fox Roach /		Giuseppe Kitchens & Baths.....	72
Holly Gross Group .....	6	Greenfield Senior Living.....	56
Berkshire Hathaway Fox Roach /		Heritage Design Interiors, Inc .....	29
G. Scheivert.....	69	The Highlands at Wyomissing .....	68
Best Kept Secrets Tour .....	47	Historic New Castle Spirit of Christmas .....	26
Bird-In-Hand Family Restaurant & Stage ...	20	Jennersville Farm.....	69
Bistro on Bridge .....	P6	Kendal-Crosslands Communities.....	67
Black Powder Tavern.....	72	Key Financial, Inc.....	3
Brandywine Hospital .....	14	Kyffin Grove .....	64
Century 21 / Norris – Valley Forge .....	P7	Lodge Lane Assisted Living .....	66
Chester County Hearth & Home.....	38	MDVIP / Dr. Mary-Anne Ost.....	71
Christopher Chocolates / Fine Foods .....	31	Matlack Florist .....	74
Daylesford Crossing Senior Living.....	64	The Merchant of Menace .....	27
Delaware Art Museum.....	20	Merry Maids Cleaning.....	47
The Design Grove.....	P6	Moore's Furniture .....	9
The Devon Senior Living.....	4	Mostardi Nursery .....	71
Dunwoody Village.....	61	Nittany Valley Offset.....	82
Dutchie's Stone Works, LLC .....	74	Old Soul Décor .....	51
Eden Day Spa & Salon.....	25	Penn Medicine .....	5

Petrucci's Ice Cream & Water Ice .....	P6
Phoenix Village.....	P5
Phoenixville Federal Bank & Trust.....	P5
The Pilot School.....	17
Pleasant View Retirement Community.....	65
Plush Mills .....	64
Quarryville Presbyterian	
Retirement Community .....	60
Renewal by Andersen.....	13
The Residences at Lighthouse Cove .....	16
Riddle Village .....	10
Ron's Original Bar & Grille .....	72
St. Martha Villa.....	69
Shop Chester County .....	47
Shutter Tech, Inc.....	24
Spring Mill Senior Living.....	18
Sugarbridge Kitchens & Baths .....	back cover
The Summit.....	18
Surrey Home Care .....	66
Sylvan Stoltzfus Builders LLC.....	33
TD Bank .....	23
TLC Moving Services, LLC.....	66
Toninos Pizza & Pasta Co.....	72
Walter J. Cook Jeweler .....	2
Waterbury Kitchen & Bath .....	83
Welcome Neighbor .....	82
White Horse Village .....	70
The Wildflower Chef.....	31
Willow Valley Communities.....	7
workS Kennett Square.....	51

This Index is provided as an additional service to our advertisers. County Lines takes no responsibility for errors.



## WELCOME NEIGHBOR!

**Our sponsors make it possible!**

It is through the thoughtfulness and caring of many fine local businesses and professionals that our visits to newcomers and other celebrants are made possible.

We have some room in our basket for a few more sponsors.

You can learn about Welcome Neighbor and our unique personal promotion service at our web site:

[www.WelcomeNeighbor.us](http://www.WelcomeNeighbor.us)

REQUEST OUR POWER POINT PRESENTATION:

**610-358-0580**

We print  
the beautiful  
magazine in  
your hands.

And a lot more.

64 Years of Fine Printing  
right here in Pennsylvania



[www.NITTANYVALLEY.COM](http://www.NITTANYVALLEY.COM)

1015 Benner Pike, State College, PA 814-238-3071

## DESIGNING EXCEPTIONAL KITCHENS & BATHS FOR YOUR TOWN OR COUNTRY HOME



Terranova Residence, Greenville DE



**WATERBURY**  
KITCHEN AND BATH, INC.

818 EAST BALTIMORE PIKE, KENNETT SQUARE, PA 19348 • 610.444.9192 • [waterburydesign.com](http://waterburydesign.com)