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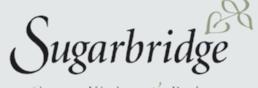
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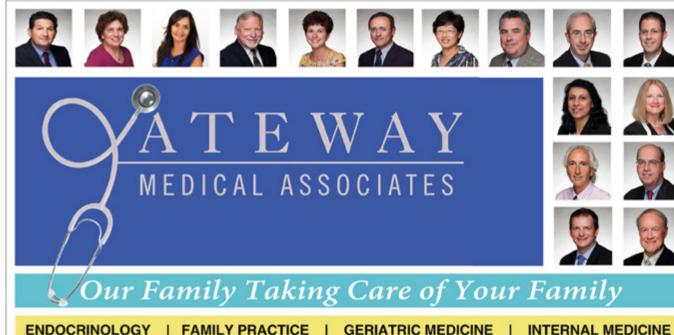


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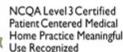


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from the **EDITOR**

Ah, June. Summer's coming, but we'll keep you cool. Read your June issue and find recipes for sangria and frozen drinks, including frosé!

We start with "Wilmington's Riverfront." Tour the wildlife refuge and watch river taxis, tall ships and rowing sculls. Sports, entertainment, museums, food and a beer garden ... A great weekend destination!

Next, it's on to West Chester, a 2017 winner of the Great American Main Street Award. Malcolm Johnstone describes this "Award-Winning Town"—walkable downtown, unique boutiques, tempting restaurants and plenty of entertainment. With Tim Vaughan's gorgeous photos.

Laura Brennan discovers Lancaster farmstays in "Brandywine Table" and samples hearty breakfast fare. Hash brown casserole, garlic Parmesan potatoes, baked French toast. So good! For more dining, our "Summer Dining Guide" takes you to outstanding options and reminds you of some Best of the Best award-winning restaurants.

For things to do, mark you calendar for June 24 and Brandywine River Museum of Art's exhibition, "Andrew Wyeth: In Retrospect," commemorating the centennial of the artist's birth. Hillary Holland previews this first major survey of Wyeth's work in more than 40 years.

On June 7, "Project Dawn" premieres at People's Light. By acclaimed playwright Karen Hartman, the play explores an innovative court program transforming the lives of women trapped by the commercial sex industry.

The Stroud Water Research Center reaches a milestone building a fresh water legacy on White Clay Creek. Diane Huskinson describes the Center's work in "Keeping It Fresh for 50 Years."

For homebodies, Andrea Thatcher suggests you "Discover Some New Writers" and recommends six. Mary Dolan helps create a backyard escape in "Fire & Water." Fire pits, fireplaces, water gardens, ponds and more. And, Dr. Jay Cooperman recommends the fitness goal of ten thousand steps to keep healthy.

As always, check our Best Local Events section for things to do for you and your family. Thank you for reading.

Jo Anne Durako Editor



2017-18 GUIDEBOOK

To Southeastern PA & Northern DE Neekends in PA • Recent Discoveries Beer • Farm Markets • Local Wine Fall Guide to the Arts



June 2017 Volume XL, Number 10

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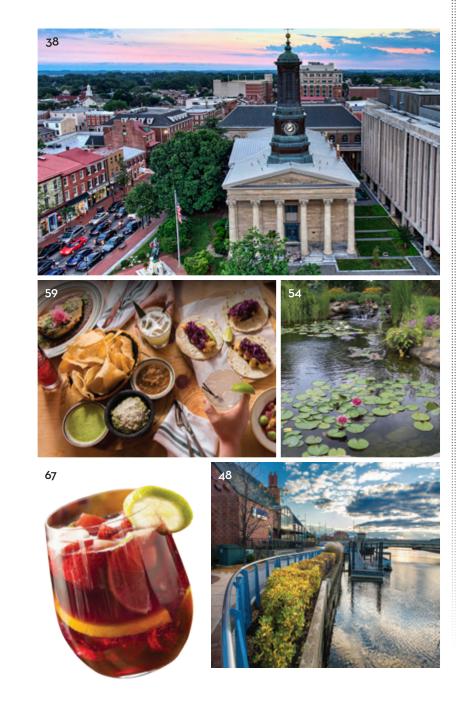
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How Much Exercise is Enough?

Dr. Jay Cooperman

WHAT'S BEHIND THE FITNESS MANTRA OF 10,000 STEPS A DAY?

TOU MAY HAVE READ ABOUT THE EXERCISE BENCHmark from experts who recommend walking 10,000 steps, or roughly five miles a day, as the optimal amount of exercise. In fact, that target is programmed into many fitness trackers.

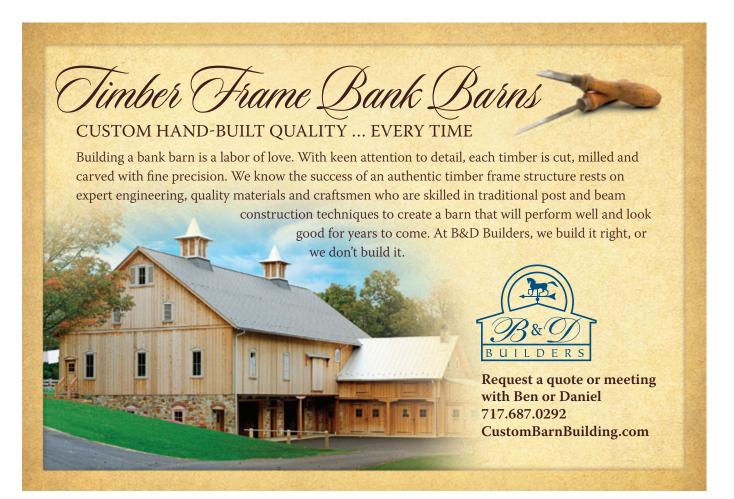
Being Well

This amounts to about 500 calories per day burned in exercise, or 3500 calories per week. Doing this level of exercise may result in about one pound of weight loss per week or about 50 pounds per year! Mileage may vary, of course, based on individual differences and not changing your diet once you're walking more.

Achieving results like this requires discipline. But it's well within reach for anyone who wants to feel their best, physically and mentally. As a bonus, this level of exercise is also a key strategy to avoid chronic diseases that have become all too common in the U.S. And you'll even get more vitamin D if you walk outside.

THE RESEARCH. The most comprehensive study of successful long-term weight loss-done by the National Weight Control Registry-found the majority of its more than 4,000 members averaged about 60 minutes of moderate exercise, like brisk walking, every day. Walking at this pace generally produces a noticeable increase in your breathing rate and makes it uncomfortable to carry on a conversation.

Study participants in the Registry lost an average of 72 pounds and had kept the weight off five years later. The key is to establish



a daily routine, and maintain it even after the weight loss goal is achieved.

SOME TIPS. Interested? Here are some beginner's tips. Walk on a treadmill or elliptical machine. Briskly stroll through your nearest mall, park or neighborhood. Our Nation's dogs are getting fatter, so bring along Fido! Wear walking shoes with good support, and change shoes once or twice a year to avoid injuries.

Walking at a brisk pace for 30 to 60 minutes equals 4,000 steps, or about two miles for the average person. For the rest of the day, keep track of your step count using a Fitbit, pedometer or phone app. An additional 6,000 steps spread through the day gets you to your goal of 10,000 steps.

Look for opportunities for more walking by parking far away from your destination when shopping or driving to work. Don't take a direct path to where you're going. Always opt for the stairs, never the elevator.

DON'T SIT. As important as it is to walk, it's also essential for good health not sit for long periods. A 2012 study published in the American Journal of Clinical Nutrition found that even among those who exercise 60 minutes a day, those who watch seven hours or more of television had a higher death rate than those who watch an hour or less.

We think this is because lack of activity results in more insulin resistance, making the body's natural insulin less effective and causing blood sugar to rise. High blood sugar fuels plaque formation in arteries, leading to heart attacks and strokes. Elevated blood sugar also stimulates cancer cells to develop and proliferate, which is why diabetes is a well-recognized risk factor for cancer.

So, the answer to longer life is both formal exercise and an active lifestyle. Find an activity you enjoy that makes you breathe hard for 30 to 60 minutes each day. Walking is the most convenient, but there are plenty of good options-biking, dancing, swimming-or using a treadmill or elliptical machine when it's too cold, too hot or rainy.

When at work or relaxing at home, get up and walk around at least once an hour. Pace while talking on the phone. Walk at lunch. Schedule walking meetings. Routine chores like opening the mail, cleaning up dinner dishes, or taking out the trash are opportunities to move.

Remember, you have muscles for a reason—use them as much as possible, to achieve the vitality and robust health you were born to enjoy! ♦

Jay Cooperman, M.D., is board certified in internal medicine and has practiced in Paoli since



A

Richard T. Burns - Horticultural Designer, Owner 426 Old Conestoga Road, Malvern, PA 19355 www.flowingspringsdesign.com • rtburns426@gmail.com

1989. He cares for his patients, when hospital-

ized, in Paoli Hospital. His passion for wellness and prevention led to an affiliation with the MDVIP network of primary care physicians in 2012. Learn more at MDVIP.com/ JayCoopermanMD.





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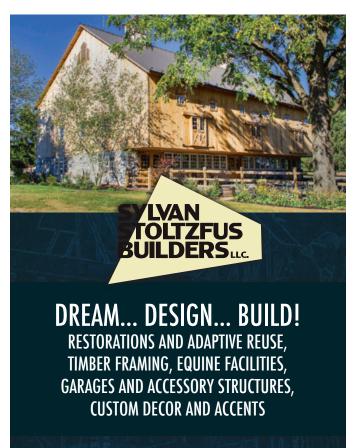


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Good to Know Just a few things we'd thought you'd like to know this month



Lucky Finds.

For the first time ever. The Clover Market is coming to Kennett Square on June 18th. This seasonal, open-air market showcases over 100 vendors displaying handcrafted clothes, jewelry, art and more. Bring the kids and the well-behaved family

dog for free crafts or enjoy the gourmet food trucks scattered across the grounds. Listen to music and support the community by browsing the tents of local nonprofit groups. Rain or shine. More locations and dates at *TheCloverMarket.com*.

Phone Pal. We've got grammar check for our computers, but what about our phones? The newly released GrammarPal brings the convenience of spellcheck right to your cell. This handy app corrects spelling, punctuation and style all with the push of a button. It's a great app for writers or English language learners, as the simple interface and compatibility with every app help you catch errors on the go. From spelling to style, GrammarPal does it all! Available on iTunes or Google Play.

Treat Yo' Self. Some holidays encourage us to save but others let us splurge. Thankfully, June 18th is National Splurge Day—a special day that lets people spend money on themselves. Not sure how to celebrate? There are plenty of ways, big and small, to spend on splurge day. Order a round for the house at your favorite brewpub or go big and plan a weekend getaway. Treat yourself to a shopping spree to support small businesses, or buy that best-seller at your local bookstore.





Beer Biography. Ever thought about going into the beer business? Starting in June, the Hagley Library and Museum unveils its "Beer and Craft Brewing Oral Histories" exhibit. In it, Hagley explores this evolving industry through interviews with brewers-with locals from Iron Hill and Dogfish Head-who turned their passions into paying jobs. The museum collected over 20 interviews about the distribution, sales and politics surrounding the business of beer. More info at Hagley.org/CraftBrewing.

•••••

Your Finest Red. On June 9th, as the full moon creeps closer to the horizon, it will slowly appear to turn ... red. This erry Moon, happens only once phenomenon, called the Stra during the month of June. Wonder how the Strawberry Moon got its name? Native Americans saw that this red moon occurred only during the peak of strawberry season (which happens in early June), and gave us a visual reminder to eat the sweet berries.



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UNE Picks Our Picks for top events this month

. **BIG BUGS** at

e awed and inspired by David Rogers' BIG BUGS, 10 gigantic insect sculptures on parade through

the Arboretum. Made from natural materials, BIG BUGS remind us of the vital role insects play in environment. Bring your friends and family to explore the Arboretum as you track down these oversized inhabitants of the natural world. The preying mantis, pictured, is 18 feet long! 515 Painter Rd., Media. Mon.–Fri., 9 to 5.; Sat.–Sun., 9 to 6. \$9–\$15. 610-566-9134; TylerArboretum.org.





Jazz on the Main Line June 17

Bring your friends and family for this unique experience of a true gala night in Tuscany. Enjoy live music, silent and live auctions, a three-course buffet dinner and a vibrant ambience. Formerly Jazz at Brushwood, the event has a new location at

the Phelps School. Benefits Home of the Sparrow, assisting mothers and their children, single women and elderly women in times of crisis, working every day to end homelessness in our community. 583 Sugartown Rd., Malvern. 6 to 10:30 p.m. \$75-\$150. 610-647-4940; HomeOfTheSparrow.org.

Brandywine Valley Summer Series



June 28-July 2, July 5-9 June 28-July 2, a premier hunter/jumper/equitation horse show benefitting USHJA Foundation's Horseman's Assistance Fund and Danny & Ron's Rescue. July 5–9, The East Coast US Junior Hunter National Championship finals and Local Day Brass Ring Horse Show & Hunter Championship Devon Horse Show Grounds, 23 Dorset Rd., Devon. Free. BrandywineValleySummerSeries.com.

Chester County Balloon Festival

June 23-25

.

Spectacular hot air balloons and activities including balloon ascensions, helicopter and monster truck rides, music and evening balloon glows. Fireworks on Saturday benefits Chester County Hero Fund. New Garden Flying Field, 1235 Newark Rd., Toughkenamon. Fri., opens at 4 p.m., Sat., opens at noon, fireworks at 9:30 p.m., Sun., opens at noon. \$5-\$12.50. 610-827-2138; CCBalloonFest.com.

Chester County Hospital Polo Cup June 11

Come out and enjoy live entertainment, a silent auction, a Hats Off for Health contest, beer garden, delicious food, kids activities and the best tailgating in town as you watch the thundering horses and their riders play the Sport of Kings. Benefits the Ob/



Gyn Clinic and The Women's Auxiliary's NICU Pledge. Brandywine Polo Club, 260 Polo Rd., Toughkenamon. Festivities begin at 1:30 p.m., and the match at 3 p.m. Tickets, \$25-\$30. 610-268-8692; ChesterCountyHospital.org.

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JUNE 1-4

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JUNE 3

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JUNE 3

JUNE 3-4

Productions, a nonprofit, community youth theater group performs. West Chester Univer-

JUNE 3-4

tickets), then the Chester County Concert Band. June 4, 149th Malvern Memorial Day

JUNE 4

nester County Mac & Cheese Cook-Off.

Local restaurants, businesses and hometown 4. \$5—\$10. MacNCheeseCookOff.com.

UNE 4

IC Arts Alive at Brandywine River Mu

1. Explore native flora and fauna then sketch in the Museum and on the River highlight important conservation projects. 1 Hoffman's Hill Rd., Chadds Ford. 11 to 2. Free. 610-388-2700; Brandywine.org.

JUNE 4-NOVEMBER 5, Sundays

tique automobiles, trains and tours of the 3000 Creek Rd., Yorklyn, DE. 12:30 to 4:30.

JUNE 7-SEPTEMBER 6

prizes and first 100 guests receive a blanket. June 7, Endless Summer II; July 12, Back to the Future; Aug. 9, Moana; Sept. 6, E.T. 155 Village Dr., King of Prussia. 7:30. Free. 484-JUNE 9-10

entertainment, games and family fun. Ben efits Food Closet and Water Missions. The

JUNE 14, 28, JULY 12

Ecgleview Movie Nights. Bring your blan-kets, chairs and a picnic dinner. June 14, The BFG; July 12, Zootopia. Movies continue Co. Food Bank encouraged. 610-458-1900;

JUNE 23, JULY 21, AUGUST 18

. Kick back and relax in topia; July 21, Fantastic Beasts and Where to Find Them; Aug. 18, Sing. 1014 S. Concord JUNE 24

e Willows in Rodnor. Take a night hike and set up your campsite. Willows Park, 490 Darby-Paoli Rd., Villanova. Activities begin at

Concert, children's entertainment, food ven 150 Park Rd., Nottingham County Park, 150 Park Rd., Nottingham. 6 to 11 pm. Rain date, July 2. \$10 parking fee. 610-344-6415;

JULY 4

The day begins with the Run for Life and 5K Freedom Walk at 8 am. Then food, vendors

and other activities. Fireworks Grand Finale at dusk. Benefits area emergency providers. 610-285-1119; GoodNeighborDay.com. ART, CRAFTS & ANTIQUES THROUGH JUNE 3

Main Line Art Center's Spring Exhibition. Fall in love with art in a variety of styles and price points for everyone. 746 Panmure Rd., Haverford. Mon-Thurs, 9 to 9; Fri-Sat, 9 to 5. Free. 610-525-0272; MainLineArt.org.

THROUGH JUNE 25

Wayne Art Center Plein Air Art Festival & Sale. National juried exhibition dedicated to enhancing the public's awareness of outdoor painting. Artists paint the Delaware Valley and exhibit their work through June. 413 Maplewood Ave., Wayne. Mon-Fri, 9 to 5; Sat, 9 to 4. 610-688-3553; WayneArt.org.

JUNE 3-4

Flying Colors Art Show and Sale. This group of professional artists will display at Uwchlan Meeting House, Rt. 113, Lionville. 10 to 5. Light refreshments available. FlyingColors.US.

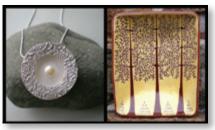
JUNE 11

51st Media Art Exhibition & Craft Fair. Nearly 100 artists and fine craftspeople exhibit and sell original works along State St. and Veterans Square, Media. Rain date, June 18. Starts at 10 am. 610-915-2253; VisitMediaPA.com.

JUNE 11

Crafted-A Curated Arts & Crafts Festival.

In addition to the many talented craftspeople, the festival will also feature demos, an exhibition by The Brandywine Valley Rug Hooking Guild, a children's crafting studio, music at the songwriter's stage, a great selection of food, local wine and craft beer tastings. Eagleview Town Center in Wellington Square, Eagleview, Exton. 11 to 4. Crafted-Eagleview.com.



JUNE 18

Clover Market in Kennett Square. Seasonal open-air market features over 100 vendors with antiques, collectibles, vintage jewelry and clothing, crafts, architectural salvage, original art, gourmet food trucks, kids' crafts and music. 600 S. Broad St., Kennett Square. 10 to 5. TheCloverMarket.com.

JUNE 23

Oxford Arts Alliance-Jazz in the Vineyard. Enjoy an evening of art, local cuisine, a silent auction and Galer Estate wines. Jazz singer Wendi Grantham performs. Galer Estate Winery, 700 Folly Hill Rd., Kennett Square. 5 pm. \$60. 610-467-0301; OxfordArt.org.

THROUGH JUNE 22 Wellington Square Bookshop. Adult Non-Fiction: June 1, Inside a Dog: What Dogs See, Smell and Know by Alexandra Horowitz. Adult Fiction: June 21–22, The Last Painting of Sara de Vos by Dominic Smith. 549 Wellington Sq., Exton. Check website for times. 610-458-1144; WellingtonSquareBooks.com.

EQUESTRIAN EVENTS.....

JUNE 2-SEPTEMBER 29, Fridays & Sundays Brandywine Polo. Spectators picnic and tailgate at the grounds. Toughkenamon Exit of Rt. 1, 232



BOOKS

Polo Rd. Friday Twilight Polo-gates open at 5; match at 5:30. Sun, gates open at 1:30; match at 3, \$10-\$15. Cancelled for rain or extreme heat. 610-268-8692; BrandywinePolo.com.

FESTIVALS & FAIRS

JUNE 3-5

PrideFest Chester County. A celebration of diversity and equality. June 3, Reeves Park, 2nd Ave. & Main St., Phoenixville, with food, vendors, games and activities, noon to 5. June 4, Pride Gala, Desmond Hotel, 1 Liberty Blvd., Malvern-dinner, dancing, auctions, raffles and more, 4 to 9, \$75. LGBTeaChesCo.org.

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JUNE 9-10

Separation Day in Historic New Castle. The day the Colonial Assembly proclaimed the Counties of New Castle, Kent and Sussex independent from Great Britain. 201 Delaware St., New Castle, Fri, 5 to 10; Sat, 11 to 10. NewCastleCity.Delaware.gov.

JUNE 17-18

Bryn Mawr Kennel Club All Breed Dog Show & Obedience Trial. Come out for a fun-filled day with one of the oldest member clubs of the AKC, enjoy food, concessions and guided tours. Ludwig's Corner Show Grounds, 1325 Pottstown Pk., Glenmoore. Shows begin at 9 am. \$5, 610-585-6786; on Facebook.

JUNE 23-25

Celtic Fling and Highland Games. Musicians, dancers, craftsmen and athletes gather at Mount Hope Estate & Winery, 2775 Lebanon Rd., Manheim. Friday night concert, 4 pm. Sat-Sun, 11 am to 10 pm. \$10.95-\$26.95. 717-665-7021; PARenFaire.com.

JULY 1-9

68th Annual Kutztown Folk Festival. Celebrating the PA Dutch culture. Kutztown Fairgrounds, 225 N. White Oak St., Kutztown. Sat-Sun, 10 to 8; Mon-Fri, 10 to 6. \$5-\$14; under 12, free. 888-674-6136; KutztownFestival.com.

FOOD & BEVERAGE.....

JUNE 1-11

Philly Beer Week. More than 500 events at over 100 venues throughout the city and suburbs, highlighting the region's diverse beer scene, world-class breweries and rich beer culture. For information, PhillyLovesBeer.org.

FUNDRAISERS...

See Outdoor Activities for races. JUNE 2

Morris Arboretum's Annual Moonlight & Roses Golg. Cocktails in the Rose Garden

followed by dinner and dancing. Benefits the gardens and historic features. 100 E. Northwestern Ave., Philadelphia. 6 to 11 pm. Tickets \$150 and up. 215-247-5777; Morris ArboretumGala.org.

JUNE 6

Chester County Futures 17th Annual Golf

Classic. Chester County Futures is a poverty prevention program providing academic, mentoring and scholarship support for motivated, disadvantaged Chester County youth. Applebrook Golf Club, 100 Line Rd., Malvern. 11:30 am to 8 pm. Registration \$500 and up. 610-458-9926; CCFutures.org.

JUNE 9

Stardust! Natural Lands Trust's Annual Summer Celebration. The ever-amazing Saturn and a brightly shining Jupiter dazzle

overhead as you enjoy cocktails and dinner at Binky Lee Preserve, 1445 Pikeland Rd., Chester Springs. 6:30 to 9:30. Tickets \$200 and up. 610-353-5587; NatLands.org.

JUNE 10

Justice Rescue and Loch Nairn Host "A Tail to Remember." Join the fun with live bands,

golf, food, demonstrations, a raffle and Justice Rescue survivor, Dolly. Benefits the rescue of abused and abandoned animals. Donations of pet items accepted. Loch Nairn Golf Club, 514 McCue Rd., Avondale. 1 to 7. Call for info. 610-268-2235; LochNairn.com.

JUNE 11

Stroud Water Research Center's Rally for

Fresh Water. Take a beautiful drive through the countryside then enjoy a cocktail reception at Runnymede Sanctuary, 304 Creek Rd., Coatesville. Reg., 1 pm; rally at 2; after party, 5. \$90-\$150. 610-268-2153; StroudCenter.org. JUNE 11

Paoli Hospital Auxiliary's Polo Party. Great

food and cocktails, antique car show, silent auction, hat competition, carriage parade, and, of course, polo. Benefits the Always There with Great Care Campaign and Paoli Hospital's Dept. of Surgery. Radnor Hunt, 826 Providence Rd., Malvern. 4 to 8 pm. \$125; under 16, \$25. 484-565-1380; PaoliAuxiliary.org/Polo.



JUNE 12

Barclay Friends Golf Classic. Benefits the Caring Fund at Barclay Friends, a continuing care community. Whitford Country Club, 600 Whitford Hills Rd., Exton. Registration, 11 am; 12:30 tee off. \$175. 610-696-5211; BF.Kendal.org.

JUNE 20

12th Annual Great Chef's Event for Alex's Lemonade Stand. More than 40 culinary

superstars as well as representatives from the best bars, wineries and craft breweries participate. Urban Outfitters Headquarters, Bldg. 543, 5000 S. Broad St., Phila. 6 pm. \$350-\$525. 866-333-1213; AlexsLemonade.org.

GARDENS.. JUNE 3

Bayard Taylor Home & Garden Tour. A variety of homes and gardens on the tour. This year's theme: "It's All About the View." Sample food and beverages from local restaurants and merchants. Benefits Kennett Library's Chil-



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dren's Programs and Adult Literacy. 10 to 4. \$40. 610-444-2702; KennettLibrary.org.

JUNE 3

Penn State Master Gardeners' Home Gardeners' School. Conquer your gardening challenges here-workshops, lectures, a marketplace, lots of new ideas, silent auction. Smedley Park, 20 Papermill Rd., Wallingford. 8 to 3. \$15-\$20. Boxed lunch available, \$15. 610-690-2655; Extension.PSU.edu/Delaware.

JUNE 4

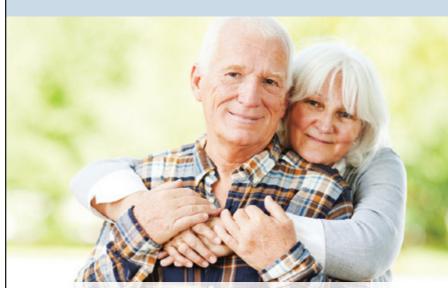
New Hope Historical Society's 23rd Annual Gorden Tour. This is a "Million Dollar Listing" tour, welcoming visitors inside five of the most beautiful estates in Bucks County. Benefits the Parry Mansion Museum. 10 to 4. \$40. 215-862-5652; NewHopeHS.org.

JUNE 9-11

34th Annual Demuth Garden Tour & Party.

Exclusive Lancaster residences offer creative design. Starts with the Demuth Garden Party, June 9, 6 pm, music, hors d'oeuvres and silent art auction at Conestoga House & Gardens, 1608 Marietta Ave., Lancaster. Res. req. Tour, Sat, 10 to 5; Sun, 11 to 5. \$18-\$20. 717-299-9940; Demuth.org.

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JUNE 10

Garden Day at White Horse Village Retirement Community. Recognized as an arbo-

retum by Swarthmore College, the Village's 96 acres are open to visitors on this self-guided tour. Start at the Club House, 535 Gradvville Rd., Newtown Square. 11 to 3. Free. 610-558-5000; WhiteHorseVillage.org.

MUSEUMS...

THROUGH SEPTEMBER

Christian C. Sanderson Museum. "Wyeth Unplugged," uncovers the private relationship between Chris Sanderson and the Wyeth family, 1755 Creek Rd., Chadds Ford, Thurs-Sun, noon to 4. \$5-\$8. 610-388-6545; SandersonMuseum.org.

THROUGH JANUARY 7, 2018

Winterthur Museum, Garden & Library. "Treasures on Trial: The Art and Science of Detecting Fakes." 5105 Kennett Pk., Winterthur. Tues-Sun, 10 to 5. \$15-\$30. 302-888-4600; Winterthur.org.

JUNE 24-SEPTEMBER 17

Brandywine River Museum of Art. To mark the 100th anniversary of his birth, the museum presents "Andrew Wyeth: In Retrospect," the first in-depth chronological examination of Wyeth's career since 1973. See article in this issue. 1 Hoffman's Mill Rd., Chadds Ford. Daily 9:30 to 5. \$6-\$15. 610-388-2700; Brandywine.org.

MUSIC, MOVIES, ENTERTAINMENT JUNE 1-JULY 5

Longwood Gardens Summer Concert Series. Thursdays through Sept. 28, live music in the beer garden, 6 to 9; June 3, The Hot Sardines; June 9-10, The Savoy Company, see Theater; June 10, Plenty Pepper Steel Band; June 17, Havana Lyceum Orchestra with Simone Dinnerstein, piano; June 18, Josh Ritter, \$25-\$45; June 24, Conjunto Philadelphia; June 25, DE Symphony Orchestra with Peter Serkin, piano, \$37-\$67; July 5, Natalie Merchant, \$56-\$86. Concerts through Sept. 24. 1001 Longwood Rd., Kennett Square. Most free with garden adm. 610-388-1000; LongwoodGardens.org.



Local Farm Markets

Bryn Mawr Farmers Mkt., Lancaster Ave. at Bryn Mawr train station parking lot. Sat, 9 to 1. FarmToCity.org.

Downingtown Farmers Mkt., Log Cabin Field, Kerr Park, Pennsylvania Ave., Downingtown. Sat, 9 to 1. 610-836-1391; GrowingRootsPartners.com.

East Goshen Farmers Mkt., E. Goshen Park, 1580 Paoli Pk. Thurs, 3 to 7 EastGoshenFarmersMarket.org.

Eagleview Farmers Mkt., Eagleview Town Crt., Wellington Sq., Exton. Thurs, 3 to 7 pm. 610-836-1391; GrowingRootsPartners.com.

Jennersville Mkt., 352 N. Jennersville Rd Wed, 3 to 7. 610-345-1763; Facebook com/JennersvilleFarmersMarket.

Kennett Square Farmers Mkt., 112 S. Broad St., Kennett Square. Fri, 2 to 6. 610-444 8188; HistoricKennettSquare.com.

Lancaster County Farmers Mkt., 389 W. Lancaster Ave., Wayne. Wed & Fri, 8 to 6; Sat, 8 to 4. 610-688-9856; LancasterCounty-FarmersMarket.com.

Malvern Farmers Mkt., Burke Park, Warrer Ave. and Roberts Rd., Malvern. Sat, 9 to 1 pm 610-836-1391; GrowingRootsPartners.com.

Media Farmers Mkt., State St. b/w Monroe & Gayley. Thurs, 3 to 7. 610-566-5039 MediaFarmersMarket.com

Newtown Square Farmers Mkt., Mostard Nursery, 4033 West Chester Pk. Wed 2 to 6. 610-353-1555; NewtownSquare-FarmersMarket.com.

Oxford Village Mkt., 3rd & Locust Sts. Tues, 1 to 5 pm. 610-998-9494; Downtown-OxfordPA.org.

Pete's Produce Farm, 1225 E. Street Rd. West Chester. Mon-Sat, 9 to 6:30; Sun, holidays, 9 to 6. 610-399-3711; PetesProduceFarm.com.

Phoenixville Farmers Mkt., 200 Mill St Phoenixville. Sat, 9 to 1. Phoenixville FarmersMarket.org.

Pottstown Farmers Mkt., 200 block of High St. Beginning June 1–Tues, 5 to 7:30 pm. 610-323-5400; PottstownFarm.org.

SIW Farmers Mkt., 4317 S. Creek Rd. Chadds Ford. Beginning June 1–daily, 7 to 6. 610-388-7491; SIW-Vegetables.blogspot.com. Swarthmore Farmers Mkt., 341 Dartmouth

Ave., at Swarthmore Co-Op. Sat, 9:30 to 1:30. SwarthmoreFarmersMarket.org.

Thornton Farmers Mkt., 330 Gler Mills Rd. Sat, 10 to 1. Facebook.com/ ThorntonFarmersMarket.

West Chester Growers Mkt., Chestnut & Church Sts. 1st, 3rd, 5th Sat, 10 to noon. 610 436-9010; WestChesterGrowersMarket.com. Westtown Amish Mkt., 1177 Wilmington Pk., West Chester. Thurs, 9 to 6; Fri, 9 to 8; Sat, 8 to 4. 610-492-5299; WesttownnishMarket net





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JUNE 2-JULY 1

Bryn Mowr Twilight Concerts. June 2, Cabin Dogs; June 3, Steve Forbert; June 10, Richard Shindell; June 16, Merion Concert Band; June 17, Jonathan Brooke; June 24, David Wilcox; July 1, Trespass: Genesis Tribute Band. Concerts through July 29. Bryn Mawr Gazebo, 9 S. Bryn Mawr Ave., Bryn Mawr. 7 pm. \$15. 610-864-4303; BrynMawrTwilightConcerts.com.

JUNE 6-27

Eagleview Town Center Concerts on the Square. June 6, Jade Jackson; June 13, TBD; June 20, River Whyless; June 27, TBD. Concerts through Aug. 29. Canned food items requested for Chester County Food Bank. Wellington Square, Eagleview, Exton. 7 pm. Free. EagleviewTownCenter.com.

JUNE 9-AUGUST 25

Summer Music Series in Phoenixville. Hap-

pening every Friday (other than First Fridays) are a variety of music acts including bands and singer-songwriter performances through downtown Phoenixville. PhoenixvilleFirst.org.

JUNE 10

State Street Blues Stroll in Downtown Media.

Come out to experience a full round of blues as performed by talented artists at 23 indoor venues and two outdoor stages. State St. 6 pm to 1 am. \$20-\$30. StateStreetBlues.com.

JUNE 10

Wayne Music Festival. Many genres of music paired with delicious food, beer and cocktails from local restaurants as well as over 50 vendors along N. Wayne Ave. Free. Check website for hours. 610-687-7698; WayneBusiness.com.

JUNE 11, 25 Miller Park Summer Concert Series. June

11, Slippery Band; June 25, Dueling Pianos. Concerts through August 20. Albert C. Miller Memorial Park, 220 Miller Way, Exton. 6:30. Free. Rain dates the following Sunday. 610-363-9525; WestWhiteland.org.

JUNE 11

Speedy with Live Organ Accompaniment by Don Kinnier. Renown theater organist Don Kinnier accompanies the classic silent film starring Harold Lloyd. The Colonial Theatre, 227 Bridge St., Phoenixville. 2 pm. \$5-\$10. 610-917-1228; TheColonialTheatre.com.

JUNE 11, 25, JULY 9

West Goshen Summer Concerts. June 11, Makin' Music; June 25, The Monkeephiles; July 9, Dueling Pianos. Through Aug. 20. West Goshen Comm. Park, N. Five Points & Fern Hill Rds. 6:30 pm. Free. 610-696-5266; WGoshen.org.

JUNE 14-JULY 2

Delaware County Summer Festival. June 14, Delaware County Symphony; June 15, The Fabulous Greaseband; June 16, Hot Club of Phila.; June 17, Rose Tree Pops; June 18, Chico's Vibe; June 21, Super Summer Sing-Along, 10 am; June 22, Phila. Songwriters Project; June 23, Barefoot Bobby & the Breakers; June 24, Separate Ways The Band; June 25, Lights Out!; June 28, Chester County Concert Band; June 29, Audra McLaughlin; June 30, Steve Pullara, 10 am; Lonnie Shields & Jesse Loewy; July 1, John Hoey Orchestra; July 2, Upper Darby Sousa Band. Concerts through Aug. 13. Rose Tree Park, Rt. 252 & Providence Rd., Upper Providence. 7:30. Free. 610-891-4455; Co.Delaware.PA.US/Summer.

JUNE 15-SEPTEMBER 15

Concerts at East Goshen Township Park. June 15, Alex Allegra; July 20, Judah Kim; Aug. 17, Sept. 15, Not Quitting Our Day Jobs. East Goshen Township Park, 1661 Paoli Pk. 4 to 6 pm. Free. 610-692-7171; EastGoshen.org.

JUNE 21

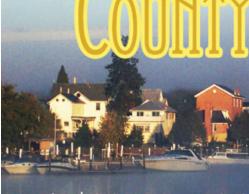
The Keswick Theatre Presents-Happy Together Tour 2017. The Turtles featuring Flo & Eddie, The Association, Chuck Negron formerly of Three Dog Night, The Box Tops, The Cowsills and The Archies. 291 N. Kes-



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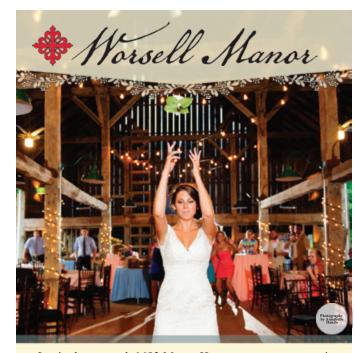




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CECIL COUNTY EVENTS

JUNE 23-24 0 ∏M

JULY 15 11 AM - 6 PM

JULY 21-29 0 ЛМ — 10 РМ

AUGUST 5 10 AM - 4 PM

AUGUST 26

AUGUST 27 7:30 AM

MID ATLANTIC CHEVELLE SHOW North East Community Park MDChevelleClub.com

CECIL COUNTY FOOD & WINE FESTIVAL North East Community Park CecilWineFest.com

CECIL COUNTY FAIR Cecil County Fair Grounds CecilCountyFair.org

LOTUS BLOSSOM FESTIVAL Mount Harmon Plantation MountHarmon.org

CHESAPEAKE CITY CAR SHOW Town of Chesapeake City ChesapeakeCity.com

NORTH EAST TRIATHLON North East Community Park Piranha-Sports.com

wick Ave., Glenside, 7:30, \$39,50-\$75, 215-572-7650; KeswickTheatre.com.

JUNE 21, 28, JULY 5

Summer Concerts at Anson B. Nixon Park. June 21, Hadley Fund Concert with Eric Ambel, of Joan Jett and the Blackhearts; June 28, Ben Arnold; July 5, Kategory 5. Concerts though Aug. 9. Walnut Rd., Kennett Square. 7 pm. Free. 610-444-1416; AnsonBNixonPark.org.

JUNE 21, JULY 19, AUGUST 16

King of Prussia Town Center-Live @ Town Center. June 21, Family Sports Jam; July 19, Bob Starner Duo; Aug. 16, Mask & Wig. 155 Village Dr., King of Prussia. 6:30. 484-231-1762; KingOfPrussia-TownCenter.com.

JUNE 22, 29, JULY 4

Summer in the Park Concert Series at Wilson Farm Park. June 22, Chico's Vibe; June 29, The SuperNaturals; July 4, Chester County Concert Band (fireworks follow at dusk). Concerts through July 27. Wilson Farm Park, 500 Lee Rd., Chesterbrook. 7 pm. Free. 610-408-3626; Tredyffrin.org/Departments/Parks.

JUNE 24

Field Jam at Gwynedd Wildlife Preserve. Natural Lands Trust presents Field Jam-

live music, craft beer and food truck treats. Gwynedd Wildlife Preserve, 640 S. Swedesford Rd., Ambler. Open at 3:30 pm. music begins at 4. \$40. 610-353-5587; NatLands.org.

JUNE 25, JULY 9

Upper Merion Concerts Under the Stars.

June 25, Terrence Simien and the Zydeco Experience; July 9, Brandy Clark. Concerts through Aug. 6. New this year, Rock Bottom Beer Garden will be on site. Township Bldg. Park, 175 W. Valley Forge Rd., King of Prussia. 6 pm. 484-636-3899; UMTownship.org.

JUNE 29

Brandywine River Museum of Art Concert.

Composer/pianist Catherine Marie Charlton performs selections from her Wyeth-themed album, I Dream About This World. 1 Hoffman's Hill Rd., Chadds Ford. 7 pm. \$15-\$20. 610-388-2700; Brandywine.org.

OUTDOOR ACTIVITIES.... JUNE 3

American Cancer Society Relay for Life. The 24-hour relay will be held at Great Valley High School, 225 Phoenixville Pk., Malvern. Sat, 10 am through Sun, 10 am. For information, RelayForLife.org/PACCC.

JUNE 3-9

19th Annual Schuylkill River Sojourn. A 112mile guided canoe or kayak trip, beginning in Schuylkill Haven and ending in Phila. Enjoy rapids and celebrations in the river towns. 484-945-0200; SchuylkillRiver.org/Sojourn.aspx.



JUNF 8

6th Annual Trail Blazer Run, A 5-Mile Trail Run and 1.5-Mile Family Fun Hike. Paradise Farm Camps, 1300 Valley Creek Rd., Downingtown. Benefits East Bradford Township's trail program. 6:30 pm, rain or shine. \$20-\$25. 610-436-5108; RunTheDay.com.

JUNE 8

Kennett Symphony's Beat Beethoven 5K Run/1KWalk. The objective of the race is to finish before Beethoven's 5th Symphony ends-approximately 32 minutes. Anson B. Nixon Park, N. Walnut Rd., Kennett Square. Reg. 5 pm, race at 6:30. \$20-\$35. 610-444-6363; KennettSymphony.org.

JUNF 11

15th Annual French Creek Iron Tour. Choose from 11 to 100 miles distance options to bike. Start and finish at Kimberton Fire Co. Fairgrounds, 762 Pike Springs Rd., Phoenixville. Benefits open space. Rides begin at 7:15 am. \$50. 610-933-7734; IronTour.org.

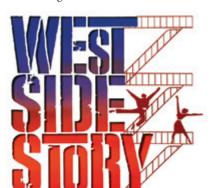
JUNE 11

Radnor Conservancy 7th Annual Race For Open Space. Family-friendly 5K off-road trail race and 1-mile walk. The Willows Park, 490 Darby-Paoli Rd., Villanova. Reg. at 8 am, race at 9. \$15-\$30. 610-329-7399; RadnorConservancy.org. JUNE 21

Summer Solstice Labyrinth Walk. Celebrate the beginning of summer with a walk in the DE Art Museum's Labyrinth. 2301 Kentmere Pkwy., Wilmington. 6 pm. Free (donation accepted). 302-571-9590; DelArt.org.

JUNE 24-26

26th Annual Pottstown Rumble, Premiere grass doubles volleyball tournament, attracting nationally ranked pros, amateurs and kids. Vendors and music through the weekend. Manatawny Park, 61 W. King St., Pottstown. Visit website to register. PottstownRumble.com.



THEATER

THROUGH JUNE 11

West Side Story. A Leonard Bernstein/Stephen Sondheim collaboration. Media Music Theatre, 104 E. State St., Media, Check website for show times. \$25-\$50. 610-891-0100; MediaTheatre.org. THROUGH JUNE 4

The Miraculous Journey of Edward Toulane.

A breathtaking adventure by two-time Newbery Medal-winning author Kate DiCamillo. People's Light, 39 Conestoga Rd., Malvern. \$33-\$70. 610-644-3500; PeoplesLight.org. JUNE 7-JULY 9

Project Dawn. A world premiere by Karen Hartman. People's Light, 39 Conestoga Rd., Malvern. \$33-\$53. Check website for times. 610-644-3500; PeoplesLight.org. JUNE 9-10

The Savoy Company-H.M.S Pinafore. Gil-

bert and Sullivan's classic. Longwood Gardens, 1001 E. Baltimore Pk., Kennett Square, 8:30 p.m. \$29. 215-735-7161; Savoy.org.

TOWNS, TALKS & TOURS THROUGH SEPTEMBER 30

Stroll, Shop, Dine-Dining Under the Stars in Media. Wednesday is the night to dine out in

Media. Restaurants offer outdoor dining along State Street. There's entertainment and children's activities on each block. 5 to 11 pm. 610-566-5039; VisitMediaPA.com.

JUNE 2, 10, 15

First Fridays, Second Saturdays, Third Thursdays. June 2, First Fridays: Kennett Square Art Stroll, 610-444-8188; HistoricKennettSquare. com. Lancaster City, 717-509-ARTS; Visit-LancasterCity.com. Oxford, 610-998-9494; DowntownOxfordPA.org. Phoenixville, 610-933-3070; PhxFirstFriday.com. West Chester, 610-738-3350; West-Chester.com. Wilmington Art Loop, 302-576-2135; CityFestWilm.com. June 10, Second Saturday Arts Stroll: Media, 484-445-4161; MediaArtsCouncil.org. June 15, Malvern Stroll, MalvernBusiness.com. IUNF 9 24

Wine & Cheese Tours at Wharton Esherick

Museum. Tour the Studio then enjoy local wine, cheese and light fare on the deck. Res. required. 1520 Horseshoe Trail, Malvern. 4 to 6 pm. \$25-\$30. 610-644-5822; Wharton EsherickMuseum.org. ♦

Stay in the know with everything going on in County Lines country. Sign up for our monthly Events Newsletter at Newsletter@ValleyDel.com

Send a description of your activity to Info@ValleyDel.com by the first of the month preceding publication. For more events visit:

CountyLinesMagazine.com



HE PRESENCE OF THIS DIRTY LITTLE SECRET IS ONE reason People's Light is hosting the premiere of Project Dawn by acclaimed playwright Karen Hartman on June 7. The play is inspired by the work of Project Dawn Court in Phila-

delphia, an innovative court program designed to transform the lives of women trapped in the commercial sex industry.

Based on Hartman's first-hand research, the play is full of deep empathy and humor. People's Light Artistic Director and director of the production, Abigail Adams, notes, "[Hartman] bridges the gap between what we might currently know about sexual exploitation and what we could know-what's actually happening in our own backyards"-even here in Chester County.

The play provides something of a wake-up call, as prostitution and commercial sexual exploitation are not just a big city problem. And it portrays victims of commercial sexual exploitation and sex trafficking as real women worthy of care, dignity and respect.

As Shea M. Rhodes, Esq., Director of the Villanova Law Institute to Address Commercial Sexual Exploitation, explains, "Sexual exploitation exists wherever there is demand. ... You don't need a street corner any more; the Internet is the street corner."

Project Dawn is part of the New Play Frontiers, a groundbreaking program in which playwrights embed themselves in local communi-



EXPLOITATION IN OUR NEIGHBORHOOD

ties to draw inspiration from the people and their stories. Hartman began work with the program by exploring the history of the Underground Railroad in Chester County. Her research led to the modern day equivalent of slavery-human trafficking.

Linking first to Dawn's Place, a safe house for formerly exploited women, then to Project Dawn Court, Hartman focused on the thin lines between freedom and slavery, activism and obsession, for women on both sides of the law.

The resulting play, Project Dawn, inspired a crowd-funding campaign, #ProjectDawnCommunityInitiative, to underwrite tickets for those who could benefit from seeing the play but might not attend-social workers, first responders, law enforcement officers, students training in these fields. The subsidized tickets help expand the production's reach and foster empathy and understanding among service groups.

According to Rhodes, "Ms. Hartman's play has the opportunity to further a national dialogue and address the root causes of commercial sexual exploitation in a way that's both educational and entertaining. Audiences won't leave this play without changing their perspective of prostituted persons and how the criminal justice system can be an agent of change."

Come see for yourself. ♦

-Marcie Bramucci

IF YOU GO: Where: Steinbright Stage, People's Light, 39 Conestoga Rd., Malvern When: June 7th to July 9th Tickets: \$28 and up, available online and at 610-644-3500; PeoplesLight.org









CELEBRATE THE CENTENNIAL OF THE ARTIST'S BIRTH AT THIS IN-DEPTH EXHIBITION OF HIS DIVERSE AND PROLIFIC WORK.

HIS SUMMER, THE BRANDYWINE RIVER MUSEUM

of Art will open Andrew Wyeth: In Retrospect, the first major survey of the artist's work in more than 40 years. The exhibition will feature more than 100 of his finest works, spanning his entire career: from the early watercolors that established his reputation to his final painting, Goodbye, completed just a few months before his death in 2009.

The show will also include many of Wyeth's studies, which were rarely exhibited in the artist's lifetime, and offer new insights into his creative process and approach. Andrew Wyeth: In Retrospect commemorates the centennial of the artist's birth and provides the most in-depth presentation of his diverse and prolific practice to date, drawing from works in private collections and major museums.

Spanning two centuries, Wyeth's life and work extended from World War I-a period that sparked the imagination of the artist as a young boy-to the new millennium (1917-2009). The exhibition examines four major periods in Wyeth's career and offers new interpretations of his work, including the less explored influences of popular film and images of war, and looks more closely at the relatively unstudied but numerous portrayals of African Americans from the Chadds Ford community.

Andrew Wyeth: In Retrospect also provides a thorough comparison of Wyeth's widely divergent approaches to watercolor-which inspired him to paint quickly and at times with abandon-and

ANDREW WYETH: IN RETROSPECT

tempera, a more controlled medium, in which he slowly and deliberately built up layers of paint on panels.

As part of the centennial events, the United States Postal Service will issue a pane of stamps this summer inspired by the art of Andrew Wyeth. The official dedication ceremony for the stamps will take place at the Brandywine River Museum of Art on Wednesday, July 12, at 11 a.m., 100 years to the day that Andrew Wyeth was born.

Stamps and related products will be available for sale. Doors open at 9:30 a.m. to purchase stamps and visit the Museum. The event is free and open to the public. Please note that seating is limited, with ample standing room.

Mark your calendar this summer to visit the exhibition and revisit this Brandywine Valley artist's contributions to 20th century American art. 🔶

~ Hillary Holland



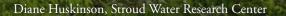


Keeping It Fresh for 50 Years

STROUD CENTER BUILDS CLEAN WATER LEGACY ALONG WHITE CLAY CREEK.







HE 50-YEAR HISTORY OF STROUD WATER RESEARCH Center begins and continues to this day on the banks of White Clay Creek in southern Chester County. Today, the Stroud Center is an independent 501(c)(3), notfor-profit, non-advocacy organization recognized worldwide as much for environmental education and watershed restoration as for freshwater science. However, 50 years ago, it opened as a field station of the Academy of Natural Sciences of Philadelphia. The mission-to understand how natural streams and rivers work in an effort to preserve clean and healthy waterways and restore polluted ones-came from founders Ruth Patrick, Ph.D., an eminent freshwater ecologist at the academy, and philanthropists Dick and Joan Stroud, friends of Patrick.

One of the Stroud Center's first contributions to science and to the ecological value of the region came early on in 1969 when the Rockefeller Foundation awarded it a five-year grant to gather data on nearly every aspect of stream life in the White Clay Creek watershed, a 100-square-mile patch in southeastern Pennsylvania and northern Delaware. The study expanded our understanding of how streams react to stress from both natural disturbances and human activities.

Out of that work and the research that continues to this day, Stroud Center scientists have identified ways to help citizens in southeastern Pennsylvania and beyond better protect and manage the fresh water that flows through their public and private lands.

Two ways to accomplish those efforts are through planting streamside forest buffers and developing citizen education programs. And both are open to the public.

OUR NATIONAL TREASURES NEED THE PROTECTION OF TREES

Sadly, scientists estimate close to half of Pennsylvania's streams and rivers are moderately to severely impaired, and about 20 percent are in such poor condition they fail to meet sufficient water-quality standards under the Clean Water Act. The good news is that White Clay Creek is not in that failing group. In fact, White Clay Creek is better protected against stormwater runoff, erosion and pollution today than it was 50 years ago.

This improved protection is thanks in part to the Stroud Center, along with local partners and volunteers who plant trees along the White Clay Creek banks, creating 100-foot buffers. Tree cover within the watershed has more than doubled since the Stroud Center's founding in 1967.

In a 2016 report, the University of Delaware noted, "The White Clay Creek watershed is one of only a few relatively intact, unspoiled and ecologically functioning river systems remaining in the highly congested and developed corridor linking Philadelphia Pennsylvania, with Newark, Delaware."

In fact, the headwaters of the East Branch of White Clay Creek are generally the healthiest reaches in the watershed, providing a variety of habitats that support rich biodiversity: 21 species of fish, 33 species of small mammals, 27 species of reptiles and amphibians, over 200 species of breeding and migratory birds, and over 300 species of aquatic insects.

In 1984, Pennsylvania named the East Branch an Exceptional Value Stream, its highest water-quality designation, and in 2000, federal legislation named White Clay Creek and its tributaries a National Wild and Scenic River, signifying its outstanding scenic,

wildlife, recreational and cultural value. That marked the first time an entire watershed-rather than just a section of river-had been so named.

NEXT GEN CITIZEN SCIENTISTS

Almost 30 years ago, Bud Rocky's ninth-grade science class at nearby Upland Country Day School marked the launch of the Stroud Center's first education program. The concept was simple: The students placed small mesh bags filled with leaves into White Clay Creek. Critters that ate the leaves revealed in part the health of the stream based on species type and diversity.

The Leaf Pack Experiment, as it became known, expanded to local schools, and over the next several years Stroud Center educators got the kits into the hands of science teachers throughout Pennsylvania, creating a generation of citizen scientists.

Last year, the Stroud Center engaged more children and adults in face-to-face programs than in any previous year: about 5,800, or about triple the number in 2015.

"A big part of the draw for students and teachers who come to the Stroud Center is that we are connecting them to scientific research while exploring nature," says Education Director Steve Kerlin, Ph.D. "It's a sensory experience as well as an educational experience."

Executive Director Dave Arscott, Ph.D., says, "This is science making a measurable positive change for both people and planet. What could be better?" ♦

Stroud Water Research Center, based in Avondale, advances global freshwater research, environmental education and watershed restoration. The nonprofit organization helps everyone make informed decisions that affect water quality and availability around the world. More at StroudCenter.org.

PHOTO BY KRISTEN TRAVERS

WANT TO SAVE STREAMS? **GET INVOLVED!**

September 20: Science Seminar Series Learn about restoration work to reduce upstream flooding in the White Clay Creek watershed. The evening features a walk through the watershed and a cocktail hour.

October 13: Tree Plantina Help restore our waterways by volunteering to plant trees.

October 21: The Water's Edge The elegant award gala features cocktails, a lecture and dinner at Longwood Gardens.

November 11: 50 and Fabulous Break out your best Mod fashion and party like it's 1967. Celebrate the Stroud Center's 50th anniversary at this '60s-themed event.

Learn more at StroudCenter.org/Events.

PHOTOS THIS PAGE: TARA MUENZ, KAY DIXON, NICK MEDIA PRODUCTIONS









Andrea Killiany Thatcher

EXPLORE NEW VOICES ON THE SCENE. YOU MAY JUST FIND A NEW FAVORITE.

THEN YOU'RE LOOKING FOR THE NEXT BOOK that will keep you up late turning pages or make that road trip go flying by, it's tempting to stick with what you know. Picking up a classic or a favorite author's new work feels familiar, like getting together with old friends. But there is a buzzy excitement about making new friends, too.

The book community loves nothing more than to fete a new face (and new work of fiction) on the scene. Being part of that zeitgeist surrounding a new author, being the first to recommend a rising star to fellow readers, and the invigoration of reading something really fresh are reasons to celebrate.

Certainly, it helps keep the publishing industry, and your local independent bookseller, alive. After all, book stores can sell only so many copies of 1984 before everyone has one.

In the spirit of that celebration, here are six new authors to read this summer.

Jade Chang - The Wangs vs. The World

One reason we read a new author is for a new perspective, and for many of us the Chinese-American immigrant experience is a very different perspective. The Wangs vs. The World by Jade Chang is a novel about two fractured generations of a Chinese immigrant family. That may sound heavy, but this book can be light and funny amidst poignant truths, or as light as a book about a family's financial ruin can be expected to be. With vividly drawn characters that show a wide range of the immigrant or first-generation experience, this book will have you rooting for the Wangs.

Tom McAllister - The Young Widower's Handbook

Author, editor, podcaster ... Tom McAllister's bio is the first thing that tips you off that he's of this new generation of writers that is so many things at once, often involving multiple mediums and the words blogger, podcaster or YouTuber. McAllister is also somewhat local-hailing from Philadelphia and currently residing in South Jersey-and earning a regionally-prestigious-in-certain-circles Philly Geek Award for his podcast. As for his writing, he has a MFA from The University of Iowa, probably the most esteemed writing program in the country. His novel focuses on Hunter Cady, who finds himself on the travels he and his young wife had always planned. But he's taking them with her ashes.

Yaa Gyasi – Homegoing

The paperback edition of Yaa Gyasi's celebrated historical fiction novel Homegoingabout the generations that descended from two half-sisters born in Ghana in the 18th century-came out this May. Gyasi was also named to this year's "Forbes 30 Under 30," one of only two authors on the list, along with Emma Cline, author of The Girls. This book can be a difficult read, as one sister goes on to grow up in luxury on the Gold Coast and the other sister is sold into slavery in America. But it is an important read.

Kayla Ray Whitaker - The Animators

A childhood memory from when Kayla Ray Whitaker realized while watching cartoons with her grandfather that adults can see things in a story that children cannot see fueled her debut novel The Animators. More inspiration came from Whitaker's MFA from New York University where she studied under Zadie Smith and Martin Amis. The book is about a pair of female

illustrators in the male-dominated field, their rural histories and their relationship. Whip-smart and with crackling dialogue, the book tackles competition within a relationship, addiction and gender roles in a way that will keep readers thinking.

Sally Rooney – Conversations with Friends: A Novel

Twenty-five-year-old Sally Rooney, yes, twenty-five, walked out of her restaurant job in Dublin to force herself to finish her writing project. The risk paid off, since the project became Conversations with Friends: A Novel, which sparked a seven-way bidding war among publishers, with Faber the eventual winner. The book comes out this July and seems vaguely autobiographical, given a heroine pursuing a writing career in Dublin. It's a story about female friendship and how our desires can get away from us, and push us away from the people we love.

Tommy Pico – Nature Poem The first Google result for Tommy Pico is the writer's Tumblr. If Tumblr, micro-

a Gold Medal Garden...

blogging sensation and serious literature don't appear to go hand in hand, you might be surprised to learn that Pico's debut is a book-length poem. In the work Pico struggles with the cliché of writing about nature as a young, queer, Native American poet. The Queen of the Night author Alexander Chee calls it "a thrilling punk rock epic that is a tour of all we know and can't admit to." Pico is also the author of the zine series Hey, Teebs. He was a 2013 Lambda Literary fellow in poetry, and his poems have appeared in BOMB, Guernica, Tin House, and the Offing. Originally from the Viejas Indian reservation of the Kumeyaay nation, he now lives in Brooklyn, and the transformative nature of that move is evident in his poetry. \blacklozenge

Find the Wellington Square Bookshop on Facebook, Instagram and on Twitter at WSBookshop. The Bookshop hosts a café, monthly fiction and nonfiction book clubs, staff picks and an Avid Reader podcast available on Podomatic, plus events with authors on site and on the website. 549 Wellington Square, Eagleview Town Center, Exton. WellingtonSquareBooks.com.





Kick back and cool off! These tasty, frozen cocktails are perfect for a hot summer day of relaxation or night out at these local spots. Or both!

"Frosé" Frozen Rosé Cocktail

¹uper simple and equally delicious, this rosé cocktail from Black Powder Tavern in Wayne is perfect for wine lovers who want something even more refreshing for summer sipping.

3 large strawberries, stems removed 4 oz. Esser Vineyards Rosé of Syrah 3 oz. ice cubes

1. Blend 2 strawberries, rosé and ice thoroughly in a blender.

2. Pour into your favorite glass.

3. Split remaining strawberry and garnish.

Chocolate Banana Crumb Daiguiri

his decadent dessert drink, courtesy Appetites on Main in Exton, will satisfy your sweet tooth and thirst all in one!

1 banana ¹/₂ oz. Crème de Cacao ³/₄ oz. Bacardi Black rum ³/₄ oz. Bacardi Banana rum 1 C. ice cubes Whipped cream Graham cracker crumbs Chocolate sauce

1. Puree banana in a blender.

2. Blend Crème de Cocao, both rums and ice with banana puree.

3. Add whipped cream and graham cracker crumbs to mixture and blend again.

4. Rim hurricane glass with chocolate sauce and graham cracker crumbs.

5. Pour mixture into hurricane glass.

6. Top with more whipped cream, graham cracker crumbs and chocolate sauce.

as it is pretty.

1 fresh or frozen mango ¹/₃ C. cactus pear juice 1 oz. Malibu Rum 1/2 oz. Captain Morgan Rum 1 Tb. simple syrup 1 C. ice cubes Orange circle, for garnish

1. Puree mango and set aside.

ice in a blender.

3. Swirl mango puree in a tall glass. **4.** Pour frozen cactus pear mixture on top of pureed mango. **5.** Garnish with an orange circle.

Frozen Blood Orange Margarita

ool down and liven up your go-to margarita recipe with a signature drink from Más Mexicali Cantina in West Chester.

1¼ oz. Casamigos Silver Tequila ³/₄ oz. Grand Marnier 1 oz. simple syrup 1 blood orange, freshly juiced 1 lime, freshly juiced 1 C. ice cubes Salt or sugar, for rim Slice of lime, for garnish

1. Combine tequila, Grand Marnier, simple syrup, blood orange and lime juices, and ice in a blender. Blend until smooth.

2. Rim a glass with salt or sugar, your choice. Pour in the margarita mixture.

3. Garnish with a lime and enjoy!

Prickly Mango Daiguiri

his is a new addition to the summer cocktail list at Tavola Restaurant + Bar in Springfield. It's as yummy

2. Combine cactus pear juice, rums, simple syrup and

WARD-WINNING TOWN

Story by Malcolm Johnstone,

Business Improvement District Photos by Timlyn Vaughan Photograpl

NABBING THE GREAT AMERICAN MAIN STREET AWARD IN MAY WAS JUST THE LATEST IN A STRING OF ACCOLADES FOR CHESTER COUNTY'S COUNTY SEAT.

F YOU'VE VISITED WEST CHESTER, YOU LIKELY REMEMBER its many charms—leafy, walkable brick sidewalks bordered by unique boutiques and tempting restaurants with plenty of entertainment options—from street fairs to Broadway caliber theater. Well, you're not the only fan.

In just the past few years West Chester has been heralded as a Great Neighborhood in PA, a Tree City USA, one of the 10 Best Cities in PA, a *Money Magazine* Best Place to Retire, and a *Philly Mag* Best Philly Staycation location.

More recently on May 1, the National Main Street Center presented Downtown West Chester and the West Chester Business Improvement District (BID) with a Great American Main Street Award in part for "demonstrating that a prosperous and livable future is being attained." One of the three winners of the 2017 award, West Chester was recognized for its efforts to preserve the area's historic and cultural heritage while modernizing the downtown into a dining destination. Here's a closer look at some of the reasons West Chester continues

to attract attention and accolades.

DESTINATION DINING

West Chester has continued to expand its range of restaurant options to draw diners from the four corners of Chester County and beyond. From surf and turf at Pietro's Prime to take-out tacos at Jaco Juice & Taco Bar and authentic French pastries at La Baguette Magique, you can get anything you want ... in West Chester.

Sidewalk dining is a hallmark of the Borough's thriving food scene, combining the best of the town-delicious food with unmatched ambiance. In fact, *County Lines Magazine* bestowed its 2017 Best of the Best award for al fresco dining on the movable feast that is West Chester.

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You may not realize that West Chester has 64 restaurants and more than 75 retail stores all within walking distance of the downtown area, making an after dinner stroll the perfect dessert. In addition, the annual Chester County Restaurant festival, scheduled for September 17th this year, attracts even more foodies from around the country.

VIBRANT COMMUNITY

1 Th. . . 10

The completion of the historic courthouse renovation and the opening of a new hotel and theater venue are just a few visible signs of West Chester's revitalization, made possible through the partnership of local, regional and national organizations that helped West Chester evolve into such a vibrant community.

Another part of West Chester's charm is being home to West Chester University and being ranked among the Top 50 College Towns by College Rank in 2016. The university's 15,000 students include international students from more than 40 countries, contributing to the diverse population of this small town.

PERFORMING ARTS CAPTURING HEARTS

A major contributor to town pride is the \$4-million re-development of the historic 1916 armory into the new Uptown! Knauer Performing Arts Center at 226 North High Street. This hub of artistic excitement and entertainment, featuring three venues, continues its first full year with eight resident companies showcasing





every type of theater. The 327-seat main stage is the perfect venue for musical theater, film, dance, comedy and featured music groups. It's quickly becoming an attraction for the entire Brandywine Valley region.

A smashing first run of Monty Python's musical Spamalot, presented by Resident Theatre Company, launched the inaugural season with standing ovations and sold-out performances. Producer/director Kristin McLaughlin Mitchell attracted professional casts and crews to provide a New York Theatre experience. Tickets are already on sale for next season's performances, including Next to Normal, an award-winning rock musical, and A Christmas Carol: A Live Radio Play for the holidays.

The summer season kicks off June 2 to 4 with Blueprints, performed by Nickerson-Rossi Dance, a bi-coastal contemporary/ modern dance company now making its home at the performing arts center. Company founder Michael Nickerson-Rossi

has had his work described as "filled with complex intricacies that unravel through a beautifully orchestrated mixture of artistic movement and emotional freedom." The dance company also creates opportunities for local pre-professional and professional dancers through programming created by Nickerson-Rossi

You can find tickets and information for performances at the Knauer Center at UptownWestChester.org and at the arts groups' websites.

And why not make it dinner and a show by visiting one of the many convenient downtown restaurants before or after the performances?

A SEASON OF FESTIVALS

It wouldn't be summer in West Chester without downtown festivals-another attraction for both residents and day-trippers. Here are a few highlights, with more in the events section that follows this article.



CLOCKWISE FROM TOP LEFT: Outdoor dining is a ner favorite at Mercato Ristorante Shopping at sidewalk sales, First Fridays or any day is another popular pasttime. Market Street becomes a fun zone for kids Brick sidewalks are perfect for strolling Mas Mexicali Canina's rooftop bar has great views of downtown West Chester.

Mark your calendar because the first weekend in June is filled with super events. Swingin' Summer Thursday starts things off June 1 when part of Gay Street becomes a pedestrian plaza for the evening. Bring the whole family downtown for great musical entertainment, wonderful food, crafters, clowns, jugglers and dancers. You'll find Swingin' Summer Thursdays on first Thursdays each month through September.

First Fridays continue throughout the summer with June 2 setting the stage. Boutiques are open late for browsing the newest fashions and finds. Look for in-store specials and complimentary refreshments that make window shopping and actual shopping a pleasure. Remember there's free parking at meters and in metered lots after 5 p.m. on First Fridays and more parking at downtown garages.

See and be seen at one of the summer's signature events, while supporting the West Chester Downtown Foundation at the "Up on the Roof" fundraiser, June 3. Take in panoramic views from the rooftop of the Chestnut Street Garage, toast the sunset with the popular Rooftop Martini, and enjoy cocktails, appetizers, a catered buffet dinner and desserts from West Chester's best. Plus live dance music by the Donny Syracuse Band.

Topping off this super weekend is Super Sunday, June 4 on Gay Street. West Chester Parks & Recreation presents this free event filled with entertainment and lots of tasty food. Children will enjoy crafts, games and rides, while adults browse the four blocks of local food vendors, artisans and live bands.

Next up, June 15 marks the kick-off of the popular Town Tours & Village Walks series at the Chester County Historical Society, 225 North High Street. Enjoy light refreshments and entertainment by the Lukens Band and then choose one of several free, guided tours featuring sites in the Borough. Presented by Landscapes2.org.

THE FUN DOESN'T STOP

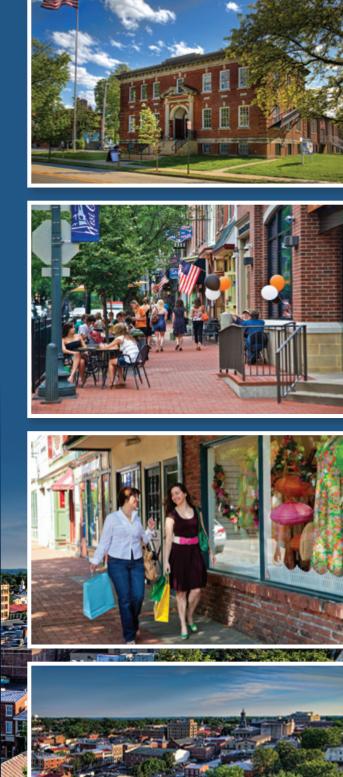
Summer events keep coming! July 16 is the 34th annual Turks Head Music Festival at Everhart Park. The day-long outdoor festival features popular regional bands performing on two stages, plus 70 food vendors and artisan booths. There's literally something for everyone in the family, so bring a blanket or lawn chairs and be prepared to chillax. Presented by the West Chester Parks & Recreation. Rain date July 23.

There's nothing like an old-fashioned summer sidewalk sale for prowsing in the sunshine and fresh air, the way casual shopping was meant to be. Check out unique shops Wednesday through Sunday, July 19 to 23, and choose from among a vast selection of accessories, apparel, gifts, home decor and specialty foods. Visit Downtown West Chester Facebook page for updated sales and promotions throughout the week.

Though not a festival, when you're downtown Tuesday through Saturday through the end of the year, make a point to visit the Chester County Historical Society exhibit of the Visionary World of Humphry Marshall (1750-1800). The namesake of Marshall Square Park, Humphry Marshall is the subject of nationally acclaimed artist Adrian Martinez, who showcases the richness of early Pennsylvanian history presented in a series of 12 new paintings depicting the evolution of Chester County from frontier-land to farmland.

Find events at DowntownWestChester.com and in the Best Local Events section of the magazine.





FROM TOP: Uptown! Knauer Performing Arts Center is home to the Resident Theatre Company and others. Al fresco dining is a pleasure any day of the week Unique boutiques hold special finds for shoppers A bird's-eye view of award-winning West Chester.

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WEST CHESTER EVENTS

Swingin' Summer Thursdays THURS, JUNE 1–SEPT 7

Great food, live music, clowns, artists, magicians, jugglers and more. Gay St. between High & Darlington Sts. or High & Matlack Sts.. 6:30 to 9. 610-436-9010; DowntownWestChester.com.

irst Fridays JUNE 2, JULY 7, AUG 4, SEPT 1

Extended hours at galleries and boutiques, restaurant specials, entertainment and more. 610-738-3350; DowntownWestChester.com.

Uptown! at Knauer Performing Arts Center JUNE 2-AUG 10

June 2–4, "Blueprints" by Nickerson-Rossi Dance; June 8, Opera Tutti! That's Italian, 7 pm; June 16, The Summer Club, 7:30 pm; July 9, Opera Tutti! Americana: in English, 2 pm; July 28, Better Than Bacon: Interactive Improv Comedy, 8 pm; Aug. 10, Opera Tutti! Summertime and the Singing is Easy, 7 pm. 226 N. High St. UptownWestChester.org.



5th Annual "Up On the Roof" JUNE 3

Join the WC Downtown Fdn. and the WC BID and help beautify West Chester. Enjoy great food, music and drinks on the rooftop, Chestnut Street Garage, 14 E. Chestnut St. 7 to 11 p.m. Tickets \$100 in adv.; \$120 at the door. 610-738-3350; DowntownWestChester.com.

West Chester Spring Flea Market & Bike Sale JUNE 3

Municipal Bldg., 401 E. Gay St.. 9 to 1. 610-436-9010; West-Chester.com.

Super Sunday JUNE 4

A huge street festival with kids' crafts, games, rides, food vendors, live bands and artisans. Gay St., from Matlack to Darlington Sts.; High St. from Chestnut to Market Sts. 11 to 5. 610-692-7574; West-Chester.com.

Residence Theatre Company Events JUNE 9, 22

June 9, 2nd Annual Classic Broadway Gala featuring a red carpet walk and New York City performers, Chester County Art Assoc., 100 N. Bradford Ave., 6:30, \$100-\$125. June 22, Broadway in the Borough-an evening with world-renowned tenor Luke Grooms at Sprout Music Collective, 130 E. Prescott Alley, 7 pm, \$15-\$22. RTCWC.org. Chester County Hospital Polo Cup June 11 See June Picks in this issue.

Focusing on the Groom JUNE 11

The groom takes center stage at this bridal event hosted by Greystone Hall and Chester County Night School. Appetizers, music, micro brew tasting and cigar bar. 1034 Phoenixville Pk. 2 to 4 pm; \$30. 610-692-1964; GreystoneHall.com; ChesterCountyNightSchool.org.

Music at Marshall Square Park JUNE 15, JULY 20, AUG 17

Come to the gazebo in Marshall Square Park for these picnic concerts. Visit the website for performers. 248 E. Marshall St. 6:30 pm. Free. 610-436-9010; MarshallSquarePark.org.

Town Tours & Village Walks JUNE 15-AUG 24

Explore Chester County's heritage and rich landscape on these tours: June 15, Land of Goshen, 1777-From Turk's Head to County Seat, tour kick-off in West Chester; June 22, Two Days Before Brandywine, Kennett Borough; June 29, The British Flank at Trimble's Ford: An Archaeological Journey; *July 4*, Independence Day Ceremony at Revolutionary War Soldiers' Cemetery, E. Vincent Twp.; July 6, Witness to Battle: Two Armies Clash on the Farm Fields of Brandywine. Tours continue through Aug. 24, 5:30 pm. Free. Some require registration. 610-344-6923; ChesCo.org/Planning/TownTours.



FatherFest—American Helicopter Museum JUNE 18

Treat Dad to a special day of classic cars, motorcycles, food trucks, a beer garden and maybe even a helicopter ride. 1220 American Blvd., West Chester. 10 a.m. to 3 p.m. \$10; helicopter rides, \$60. 610-436-9600; AmericanHelicopter.Museum.



9th Annual BVHAC Challenge For Cancer Ride JUNE 25

Premiere bike ride in Chester County. 30-, 50and 65-mile rides, 10- and 5-mile family rides benefit The Cancer Center of Chester County and the Neighborhood Hospice. Begin at Fern Hill Med. Campus, 915 Old Fern Hill Rd. Reg. 7 am. \$45-\$70. 610-431-5329; CCCRide.com.

Movie Night at Charles A. Melton Center

JUNE 27, AUG 17 June 27, Invincible; Aug. 17, Finding Dory. 501 E. Miner St. Dusk. Free. West-Chester.com.

Free Theatre in the Parks JULY 7, 13

Pack a picnic and a blanket, sit back and enjoy Commonwealth Classic Theatre Company's *Romeo and Juliet. July 7*, Everhart Park, 501 W. Union St. July 13, East Goshen Township Park, 1580 Paoli Pk. 7 pm. Free. 610-202-7878; CommonwealthClassicTheatre.org.

.........

35th Annual Turk's Head Music Festival JULY 16

Great bands, lots of crafters, children's activities and food vendors. Everhart Park, 100 S. Brandywine St. Noon to 8 pm. Rain date, July 23. 610-436-9010; TurksHeadFestival.com.

5th Annual National Night Out Against Crime AUG 2

The Borough Police Dept. invites families to enjoy live entertainment, refreshments, kids' activities, police, fire and EMS vehicles and a meet-andgreet with local responders. Municipal Bldg., 401 E. Gay St. 6 to 9. 610-696-2700.

Benchmark Twilight Cycling Classic AUG 12

Pro bike racing and family fun in the downtown area. Plus a Kid's Zone, Mile Dash, bungee jumping, community festival, great food and more. Begins at 4 pm. GreaterWestChester.com.

Touch A Truck Day AUG 13

Kids love to see and touch different models of cars and trucks. Chester County Gov. Services Complex, 601 Westtown Rd. Noon to 4 pm. Pkg. \$2. 610-436-9010; West-Chester.com.

Secret Gardens of West Chester SEPT 9

Garden tour featuring 12 private gardens. Tour, 10 to 3; plant sale, noon to 4. Benefits the Horticultural Therapy Program. Barclay Friends, 700 N. Franklin St. 610-696-5211; BF.Kendal.org/Events.

Chester County Restaurant Festival SEPT 17 Great food, a beer and wine garden, live entertainment and vendors. Held on Gay and Market Sts. The beer and wine garden is located on Gay & Church Sts. Noon to 5. Raindate, Sept. 25. 610-436-9010; West-Chester.com. 🔶



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39 West American Bistro

16 E. Gav St. 484-983-3719: 39WestAmericanBistro.com

Bar Avalon 116 E. Gay St. 610-346-4100; AvalonRestaurant.net

Boxcar Brewing Co. 142 E. Market St. 484-947-2503; BoxcarBrewingCompany.com



****** The Classic Diner 31 W. Gay St. 484-947-0809 TheClassicDinerPA.com Opening its doors in 1995, The Classic Diner serves breakfast and lunch, seven days a week, and has become a trendy landmark and mainstay restaurant in the area. Their dedication to using only the finest, freshest ingredients, prepared by hand, has earned rave reviews and awards. Outdoor Dining available; a full-service catering division.

* The Couch Tomato Café 31 W. Gay St. 484-887-0241; TheCouchTomato.com

i-Pasta 134 E. Gav St. 484-887-0760; i-Pasta.net

Iron Hill Brewery & Restaurant 3 W. Gay St. 610-738-9600; IronHillBrewery.com

* Jaco Juice & Taco Bar 8 W. Gay St. 610-436-4177; JacoluiceAndTaco.com

% Kildare's Irish Pub 18 W. Gay St. 610-431-0770; KildaresPub.com

* Limoncello

9 N. Walnut St. 610-436-6230 LimoncelloWC.com Outdoor dining with the charming atmosphere of a café in Italy in the heart of downtown West Chester. Banquet space and catering also available Mon–Thurs, 11 to 10; Fri, 10 to 11; Sat, 11



to 11; Sun, 4 to 9. Highly recommended is the award-winning lunch buffet, Mon-Fri (sometimes Sat.) 11:30 to 2. Stop in for Happy Hour, Mon-Fri, 4 to 6:30; BYO Wine Sun-Tues.

* Lorenzo & Sons Pizza

27 N. High St. 484-999-8756; LorenzoAndSonsPizza.com

* Más Mexicali Cantina 102 E. Market St. 610-918-6280; MasMexicali.com

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* Pica's Restaurant

1233 West Chester Pk 484-983-3704; Picas-Restaurant.com

****** Pietro's Prime Steakhouse 125 W. Market St. 484-760-6100; PietrosPrime.com

Pietro's Prime is an upscale, casual steak house and martini bar in the heart of downtown West Chester, serving prime cuts of beef and a



Saloon 151 Whiskey Bar & Grill

variety of seafood selections. Dine in their rustic dining room setting or enjoy their outside patio seating. Stop by for live entertainment, Wed-Sat, in the bar area along with their signature martinis and cocktails.

Restaurant 51 Tap & Spirit 30 N. Church St. 484-887-8004; 51WestChester.com

*** Roots Cafe** 133 E. Gav St. 610-455-0100: RootsCafeWC.com

151 W Gay St. 610-701-8489; Saloon151.com Saloon 151's menu features slow cooked meats, hand cut fries, mix and

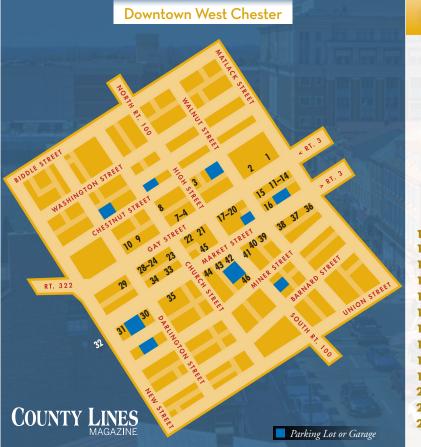
match craft beers to go, and, of course, an extensive whiskey and craft beer list. The interior is pure country and they have daily Happy Hour specials. They also have a new bar for private events, great live music inside and on the patio and slushies. Open daily, 11 am to 2 am.

The Social

117 E. Gav St. 610-738-3948; TheSocialWC.com Spence Cafe 131 N. High St. 610-918-1272; Spence.Cafe

38 E. Gay St. 610-738-8244; TecaWC.com





RESTAURANT GUIDE

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Tap & Spirit

26. Insomnia Cookies

27. The Mediterranean

29. Bon Bon Sushi **30.** La Baguette Magique

28. Landmark Americana

25. Ryan's Pub & Restaurant

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- **43.** Tsunami Bistro
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- 45. Mercato Ristorante & Bar







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Monday-Saturday: 10am - 6pm | Sunday: 12pm - 5pm 29 South High Street | phineas-gage.com | 484.266.7344 Wilmington Riverfront PHOTOS THESE 2 PAGES COURTESY LESLIE KIPP

WILMINGTON'S RIVERFRONT: YOUR SUMMER DESTINATION

Laurel Anderson

IF YOU BUILD IT ALONG THE RIVERFRONT, THEY WILL COME.

T'S SAID THAT GREAT CITIES ARE BUILT ON RIVERS. And it follows that smart cities develop their riverfronts think of what Baltimore created at Inner Harbor. Yet the 20-plus-year transformation of a polluted industrial wasteland into a thriving destination along Wilmington's Christina River has still not been discovered by enough day-trippers and families in our area. We think that needs to change ... and no later than this summer.

Head for Wilmington's Riverfront and discover diverse restaurants, trendy retail and a wildlife refuge as you watch tall ships, river taxis and rowing sculls. Come for the sports and entertainment, museums and food, including the newish beer garden at Constitution Yards.

Or visit just to stroll along the Riverwalk on your way to the concerts, festivals and community celebrations that fill the summer calendar. Your choice. (See the Events page, following this article.)

SPORTS AND ENTERTAINMENT OPTIONS

Whether you're a spectator or participant, you'll find plenty of fun on the Riverfront. Check out Riverwalk Mini-Golf for a chance to putt 18 holes, all with water views. Try your skill on the course (wacky balls are available for extra fun), then reward yourself with a visit to the Golf Shack for ice cream or water ices.

To get your heart rate up, head for Altitude Trampoline Park, which got an upgrade to the facilities and excitement. The wallto-wall trampolines offer a special challenge, as do the obstacle course, extreme dodge ball games, and climbing wall. You can even live your fantasy of slam dunking a basketball, with a little help from the trampoline bounce.

Armchair athletes can nab their choice of the 6500 seats at Frawley Stadium, one of the first destinations making its home along the Riverfront about 20 years ago. Home to the Wilmington Blue Rocks, a Class A affiliate of the Kansas City Royals

baseball team, the ballpark hosts about 70 home games each year, and more if there are playoffs.

Like many other minor league baseball parks, Frawley Stadium keeps it loose with plenty of theme nights, Friday fireworks, Sunday Family Fundays, and the popular Cowboy Monkey Rodeo scheduled for July 24 and 25 (ask a fan to explain). For more fun, be part of the High Five tunnel the players run through going to the field, get pre-game autographs from players and a post-game thrill of running the bases.

For indoor entertainment, choose the Penn Cinema, home to Delaware's only IMAX theater. You can catch the latest from the Fast & Furious franchise or the

For a bit of culture, there's the Delaware Theatre Company, the first arts and culture organization to locate along the Riverfront. This resident professional theater company produces the classics, plus contemporary options in an intimate venue, complete with Talkback sessions after select performances and acting classes for those with the bug. They're back next season, starting September 13 with Something Wicked This Way Comes.

A day on the Riverfront is made for strolling or relaxing. PHOTO COURTESY MOON LOOP PHOTOGRAPH



Enjoy the water view along the Christina River.





Riverfront at night is perfect for al fresco dining.



You may spot a regatta on the river











ALL KINDS OF BOATS

Though you'd expect boats along a river, would you expect a tall ship? See for yourself at the south end of Riverwalk. The Kalmar Nyckel is a hand-built replica of the ship that brought early settlers from Sweden centuries ago. Check out the ship's ten-story mast and the intricate carved, gilded figurehead on the bow-Leo the Lion.

You can walk the decks to test your sea legs, go on a short cruise, or return for a special pirate sail when you join the salty crew, hoist the Jolly Roger and perfect you nastiest "Arrrrr." The Pirate Festival, July 8th at Fort Christina and Kalmar Nyckel Shipyard, will feature pirate re-enactors plus demos, ship tours, contests, music and more. In Delaware through October 12, the ship will begin sailing July 28th between the Kalmar Nyckel Shipyard, Cape May-Lewes Ferry Terminal and Historic New Castle-its first time sailing out of New Castle in over 10 years.

If a smaller scale vessel is more to your taste, hop aboard the 29-passenger River Taxi at one of its six stops along the Riverfront. Plan on a Family Night cruise on Tuesday or Thursday-family karaoke on Tuesday and an environmental focus on Thursdays. Other options include Wednesday on the Water Wine cruise or a history cruise to learn more about the Riverfront as you see the sights from a new perspective.

Another option, for those who want to row their own boat, is to join the Wilmington Rowing Center, housed a bit east of Riverwalk in their new boathouse. Welcoming racers and recreational rowers alike, the rowing center has called the river home for 30 years. Sign up for their Learnto-Row classes that start indoors on rowing machines and in a tank, then graduate to rowing in an 8-person shell with experienced rowers on the river. Or admire the shells and sculls as they flit along the surface of the water.

Oh, and the Riverboat Queen, once the site of all-youcan-eat crab fests, can be chartered for private events, paddlewheel included.

THREE MUSEUMS

Kids, art fans and nature lovers all have reasons to make the Riverfront a destination.

The big yellow building with 37,000 square feet of interactive, hands-on fun is home to the Delaware Children's Museum. This eye-catching landmark is known for playful learning with indoor and outdoor activities, highlighted this summer by a "kiddie car wash" and an Oobleck pool-get out your Dr. Seuss books to find out more. Exhibits range from the 30-foot Stratosphere climbing structure to the Bank On It finance corner.

A block or so off the river is the Delaware Contemporary, which describes itself as "a non-collecting museum of contemporary art and a dynamic gathering place for the exploration of new ideas at the intersection of art, design





and technology." Built in a former railroad passenger car factory, the industrial chic space houses changing exhibits in seven galleries, 30 artists' studios and a fantastic museum shop.

The city, marsh and river meet at the south end of Riverwalk and the edge of the 212-acre Russell W. Peterson Urban Wildlife Refuge, home to the DuPont Environmental Education Center, along with bald eagles, turtles, beavers and dragonflies. You'll find a 10-acre ornamental garden, quarter-mile pond loop, and four-story environmental center that host events like Paint and Sip (June 1), geocaching (June 9), and canoeing on the Christina River (June 24).

FOOD ON THE RIVERFRONT

And of course there are dining options galore along Riverwalk-from national chains like Joe's Crab Shack to Delaware institutions like Harry's Seafood Grill, Big Fish Grill and Iron Hill Brewery, to newer arrivals like Ubon for Thai food and Del Pez, a Mexican gastro pub with a bar scene that's also family friendly.

In a historic warehouse, The Riverfront Market is a smaller version of Philly's Reading Terminal Market, with local farm produce and vendors serving up casual eats.

Last year's star addition was Constitution Yards, a community beer garden named for the former shipping yards. This eat-drinkrelax outdoor space mixes food, drink and outdoor games for all ages-sandboxes to giant Jenga. Choose from draft beers, others in cans, plus wine, frozen drinks and spirits, with casual dining options served from repurposed shipping containers under strings of lights. This pop-up morphs into an ice skating rink in winter. ♦

Kalmar Nyckel starts sailing July 28.

WILMINGTON EVENTS

THROUGH JUNE

Delaware Children's Museum. Speedway, Experience the thrill of physics in the "DCM Speedway," where moving the handlebars from side to side and using physics propels kids around the track. 550 Justison St. Tues-Thurs, 10 to 3; Fri, 10 to 8; Sat-Sun, 10 to 5. \$8.75. 302-654-2340; DelawareChildrensMuseum.org.

THROUGH JULY 23

The Grand Opera House. *June 3*, R&B Funk Soul Comedy Jam; *June 9*, Joe Jackson "Fast Forventions;" July 23, John Mulaney: Kid Gorgeous. 818 N. Market St. 302-652-5577; TheGrand-Wilmington.org.

THROUGH OCTOBER

Sail on the Kalmar Nyckel. A wide array of sailing opportunities are available—haul lines, set sails, become a "pirate" with the crew or just take a day sail or river cruise. 1124 E. 7th St., Wilmington. 302-429-7447; KalmarNyckel.org.

JUNE 3-SEPTEMBER 17

The Delaware Art Museum. June 3-Aug. 27, "The Cover Sells the Book: Transformations in Commercial Book Publishing, 1860-1920"; June 24-Sept. 17, "The Original Mad Man: Illustrations by Mac Conner"; July 14-23, "Craig Colorusso: Sound + Light." 2301 Kentmere Pkwy.Wed, Fri-Sun, 10 to 4; Thurs, 10 to 8. \$6-\$12. 302-571-9590; DelArt.org.

JUNE 6-10

Annual Greek Festival at Holy Trinity Greek Orthodox Church. It's a bit of Greece as you enjoy the wonderful food, dancing, musical entertainment and culture at this popular festival. 808 N. Broom St. Daily 11 to 11. 302-654-4446; GreekFestDE.com.



JUNE 7-SEPTEMBER 13, Wednesdays **Bike and Hike at Hagley Museum & Library.** Stroll, jog or cycle the three-mile loop then, on selected evenings, enjoy Dogfish Head craft beers and Woodside Farm Creamery ice cream. Rt. 141. 5 to 8 pm. \$2. 302-658-2400; Hagley.org.

JUNE 8

An Evening Celebrating Wilmington's Public Gardens. Enjoy a progressive picnic supper hosted by Wilmington's public gardens. Wine and cheese at Goodstay Gardens, light fare in the Jasper Crane Rose Garden, dessert at the DCH gardens in Trolley Square. 5 to 8:30. \$15. Rain date, June 9. 302-658-6262; TheDCH.org.

JUNE 8-SEPT. 4

DE Museum of Natural History. June 24, Family Fun Doy, celebrate the great outdoors, focusing on fun in nature with lots of hands-on activities, live animals, trail hikes and more, 9:30 to 2; June 24-Sept. 4, In The Dark, discover the mysteries of the dark via electronic, mechanical and computer Pk. \$7-\$9. 302-658-9111; DelMNH.org.

JUNE 9

Summer Music Festival at Delaware Art Museum. The Museum is hosting an outdoor festival with live reggae, Latin, hip hop, and dance performances. Local food trucks, artist demonstrations, cocktails, art activities and craft vendors. 2301 Kentmere Pkwy. 6 to 10. \$5-\$10. 302-571-9590; DelArt.org.



JUNE 10

Steppin' Out with Ben Vereen. The Tony Award winner performs in a fundraiser celebrating America's Longest Running Broadway Series. The Playhouse on Rodney Square, 1007 N. Market St. 7:30 pm. Show-only tickets, \$100; VIP tickets include a meet-and-greet, dessert reception and silent auction, \$150. 302-888-0200 TheGrand-Wilmington.org/party.

JUNE 11-18

Pont St. Check website for times. \$5. Benefits the Elementary School. 302-421-2790;

IUNF 21-24

Clifford Brown Jazz Festival. The largest, multi-day, free, outdoor jazz festival on the East Coast celebrates the legacy of Wilmington's own trumpeter Clifford Brown. Rodney Square, 10th & Market Sts. Free. 302-576-3095; CliffordBrown-

JUNE 24-25

New Castle County Ice Cream Festival. Ven-

Rockwood Museum & Park, 4651 Washington St. free. 302-690-5555; RockwoodIceCream.com.

JULY 14-30

Delaware Shakespeare Festival at Rockwood Museum & Park. Bring a blanket, pack a picnic then enjoy Henry V. 4651 Washington St. Ext. Wed-Sat, gates open 6:30; Sun, gates open 4:45. \$13-\$17. 302-415-3373; DelShakes.org.

JULY 20-21

Ladybug Music Festival. The line-up is coming soon for this all-day block party with lots of entertainment and great fun at 2nd & Loma. Free. TheLadyBugFestival.com.

IULY 29

23rd Annual People's Festival—Tribute to Bob Morley. A celebration of music and arts, held to preserve and honor the legacy of Bob Marley. Tubman-Garrett Riverfront Park, Rosa Parks Dr. Noon to 10 pm. PeoplesFestival.com.

JULY 29-30

PA Guild of Craftsmen Fine Craft Fair. Almost 200 craftspeople participate. Chase Center on the Riverfront, 815 Justison St. Sat, 10 to 6; Sun, 10 to 5. \$8. 717-431-8706; PACrafts.org.

AUGUST 4-6

blues are back! This outdoor music festival is held at Tubman-Garrett Riverfront Park, Rosa Parks Dr. Check website for line-up and tickets. 302-576-3095; RiverfrontBluesFest.com.

AUGUST 20-27

The August Quarterly Festival Celebration **2017.** The nation's oldest African-American festival celebrating religious freedom, freedom of speech and the right of assembly. Tubman-Garrett River-front Park, Rosa Parks Dr. 302-655-5231; August-Quarterly.org.

AUGUST 26

Delaware Burger Battle 2017. Delaware's most competitive chefs will put their best burgers forward. Benefits Ministry of Caring's Emmanuel Dining Room, which meets the immediate needs of Wilmington's hungry Cauffiel House, 1016 Phiadelphia Pk. Noon to 3. Ticket of admission good for all restaurant booths. DEBurgerBattle.com. ♦







SUMMER MUSIC FESTVAL

FRIDAY, JUNE 9 | 6 PM – 10 PM **\$5 FOR MEMBERS | \$10 FOR NON-MEMBERS**

In partnership with the People's Festival, the Museum is hosting an outdoor summer music festival with live reggae, Latin, hip hop, and special dance performances. Get your tickets in advance to avoid entrance lines. Check delart.org for details and updates.

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Not sure which is right for you? Read on ...

FIRE PITS

Gathering together around an open fire is undeniably magical. That age-old comfort might even be part of human DNA. One thing is for sure—most people want to recreate that effect over and over again, no matter the season. Enter: the fire pit.

"Firepits are our most popular fire feature," notes Randell Spackman of Thornbury Services. "They're small scale, low cost compared to fireplaces and ovens, and they have all the perks most people want." Some of the perks? Warmth, glowing light and a moving focal point. "Anytime you add motion, it keeps the viewer engaged," says Spackman. Added bonus: you can even make 'smores!

Many prefer fire pits of the permanent variety, built into the ground in an ideal location. You can go elaborate with beautiful stone finishes and protective screens overtop or opt for a simpler, campfire-style pit. It all comes down to personal preference and budget.

As Spackman cautions, different types have different requirements for fuel—wood, propane, natural gas, gel fuel—and maintenance, more factors for your decision-making process. See sidebar.

And don't discount portable fire pits as a first step. You'll have the freedom of taking your gathering wherever you want—backyard, beach, shore house. Plus you can choose from a wide variety of finishes—cooper, stainless steel and cast iron—to add interesting color and texture.

FIREPLACES

As the fire pit's bigger, more substantial cousin, a fireplace is an impressive backdrop for a backyard gathering space. Much like your indoor fireplace, the outdoor version becomes a key communal point of warmth and interest, attracting everyone to the glow of the fire. And it makes the outdoors feel that much cozier and homey.

One of the great things about a bigger, more contained open fire is its versatility. Not only can you gather round in both warmer and cooler months—but fireplaces can also be designed for cooking! Dutchies Stone Works specializes in building outdoor ovens, perfect for brick oven style pizza or fresh baked bread.

Convinced? Now it's time to customize the project to fit your needs. With fireplaces, the scope of the project is larger and harder to redo than a fire pit if your needs change, so you'll want to think carefully about size, placement and style. Local builders like Dutchies will work with you, offering their experience to help you determine what works best for materials, location and fuel options.





POOLS PLUS

Sometimes the summer weather is just too steamy to make hanging out around a fire seem enticing. On those days it makes more sense to dive into a cool body of water while soaking in the sun. Consider a pool as the center of your backyard oasis.

And there are so many design options. Dominic DiCesare of Blue Haven Pools specializes in custom pool creations—from small pools he calls "spools" to larger projects that incorporate extras like hot tubs, grottos, waterfalls and more. "Your vision combined with your budget will determine the best fit for you," says DiCesare.

He advises clients to think about the many features available and choose ones they know they will actually use—and then do it right.

"Many times we renovate an existing design that didn't get made properly or wasn't being used to the fullest," he says. "Your best bet is to spend your money wisely, go to a reputable business that specializes in what you're looking for, and be honest with yourself." That includes knowing what's important and how much effort you're willing to put into maintenance.

As for the style of pool, the choice is yours-from free-from to geometric and everything in between. According to DiCesare, most yards are a blank canvas and can accommodate whichever design you prefer, so long as the design is compatible with your neighborhood's codes and regulations.

Anything else you may want to add—fire features, fountains, lighting, mosaics and more-are just finishing touches!

PONDS, STREAMS, WATER GARDENS

In contrast to a structured pool, more nature-inspired options like ponds, streams, water gardens and waterfalls add a touch of serenity to an outdoor living space. If you want to feel like you're stepping into an enchanted escape without having to leave home, water features are one way to do that.

But not everything about having a water garden or stream is pure enchantment. Balancing the ecosystems in these natural features can be tricky. If you do it wrong, you can end up with an over supply of mosquitos and a shortage of tranquility.

The key is to avoid algae buildup. Rooted plants will help absorb nutrients

WHAT FUEL TO FEED YOUR FIRE? ood or gas? Propane or gel? There' no universal right answer. But there may be an answer that's right for you. OOD. You'll get that traditional feel of authenticity and rustic style, complete with crackling sounds and the unmistakable aroma we associate with an open fire-something other types can't provide. And the cost of wood is generally inexpensive. Where you and it can run out quickly when entertaining. will pay is in maintenance—cleaning ashes and removing buildup regularly. Worth it? GAS. These types burn much cleaner, give

off little to no smoke, are much easier to

light, and require nearly no maintenance. And

you get all the beauty and warmth of wood ithout the hassle. But natural gas can be expensive, including installing the pipeline, which may not be possible in all backyards. Convenient and easy to use, propane can be aesthetically designed with faux wood, rock pebbles or glass. However, you'll have to purchase the propane regularly, This type might not be as well known mainly due to the gel logs and fuel being difficult to find in stores-but it burns nice and clean without scent or smoke and is very versatile. Just be prepared to buy your fuel online.

that algae would otherwise feed on, while fish will help with bug control. Floating leaf plants are also great for keeping the sun's rays out, the temperature down, and the algae at bay.

Local water feature experts like Flowing Spring Landscape Design take these factors into consideration in their design process, assessing the size of the project, specific species of plants and fish introduced, location on the property and more.

Luckily a well-designed and balanced ecosystem tends to sustain itself with minimal help from you. Then you can spend that extra time meditating or practicing yoga poses instead!

Whether you choose fire, water or both for your escape, the addition of these elements will give you even more reason to enjoy the outdoors-this summer and many more to come.





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RESOURCES

- Matlack Florist 610-431-3077 • MatlackFlorist.com
- 2. Flowing Springs Landscape Design
- 3. Wolff's Apple House Garden Center 610-566-1680 • WolffsAppleHouse.com
- 4. Mostardi Nursery 610-356-8035 • Mostardi.com

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Berwyn

1091 Jancaster Ave. 610.725.9000; TasteNectar.com

Nectar

Brvn Mawr

*** Biga Pizza & Beer** 810 Glenbrook Ave. 610.525.4800; RestaurantBiga.com

*** Restaurant Cerise** 1011 Lancaster Ave. 610.527.4400; RestaurantCerise.com

Yangming

1051 Conestoga Rd. 610.527.3200; YangmingRestaurant.com

Chadds Ford

* The Gables at Chadds Ford 423 Baltimore Pk.: 610.388.7700 TheGablesAtChaddsFord com

The Gables at Chadds Ford has a large outdoor patio covered with a greenhouse tent that protects diners from the elements, but still allows the summer sunshine to come in. Enjoy a bowl of

* ~ 2017 Best of the Best Winner

* Limoncello

499 E. Uwchlan Ave. 610.524.3112: LimoncelloCS.com Serving up great sunny Southern Italian cuisine to a growing fan base, with their lunch buffet, Mon-Fri 11:30 am to 2 pm, getting raves. Catering and banquets available. Mon-Thurs, 11 to 10; Fri, 10 to 11; Sat, 11 to 11; Sun, 4 to 9. Stop in for Happy Hour, Mon-Fri, 4 to 6:30; BYO Wine Sun-Tues.

Amani's BYOB

10.5 F. Lancatser Ave. 484,237,8179; AmanisBYOB.com

Milito's Restaurant

20 E. Lancaster Ave. 610.269.6000; MilitosDowningtown.com

Exton

*** Al Pastor**

Eagleview Town Center, 560 Wellington Sq. 484.341.8886; EatAlPastor.com Modern Mexican cuisine. Serving up fresh specialties like Big Eye Tuna Ceviche and signature Pork Belly Tacos featuring a house-roasted pork belly with pineapple, onions and lime. And, let's not forget the specialty tequilas. Happy Hour specials Mon-Fri, 4 to 6 pm, and Sat, 3 to 5. Open 7 days, 11:30 to 10 pm.

*** Appetites on Main**

286 Main St. 610.594.2030; AppetitesOnMain.com Enjoy Exton's premier open-air, pet-friendly, award-winning outdoor patio, seating over 100 in a relaxing atmosphere. Daily Happy Hours.



RESTAURANT ROW

HAPPY HOUR STARTS HERE



Summer Dining Guide

delicious Asparagus Velouté and a plate of Beer Mussels, while surrounded by beautiful flowers with the calming ambience of a water feature.

Chester Springs

Downingtown

Bring your furry friends and enjoy their Doggie Menu. Live music/DJs on weekends and karaoke every Wed. Kitchen is open until 1:30 am daily.

* Bella Vista

Eagleview Town Center, 560 Wellington Sq. 484.341.8621; EatBellaVista.com

Bella Vista showcases a trattoria-style menu serving seasonal charcuterie and cheese boards, handmade pasta and signature house pizzas. Using only the freshest ingredients, their menu changes seasonally. Brunch on Sat-Sun with bottomless mimosas, BYOB Mon, Sunday Gravy, and Happy Hour specials make Bella your every week hot spot. Open 7 days, 11:30 to 10 pm.

Brickside Grille

Eagleview Town Center, 540 Wellington Sq. 610.321.1600; BricksideGrille.com

Food is prepared from scratch for freshness and flavor. Their raw bar is stocked with the freshest oysters, shrimp and clams, caught and delivered daily from a local Philly fish market. Daily specials take full advantage of seasonal ingredients. Open Mon-Sat, from 11 am; Sun, from 10 am.

Nudy's Café

Eagleview Town Center, 541 Wellington Sq. 610.458.7667; NudysCafes.com Farm Fresh breakfast and Tasty lunches.

***** Ron's Original Bar & Grille

74 E. Uwchlan Ave.

610,594,9900; RonsOriginal.com

Serving "Real Food, For The Health Of It!" Ron's has something for everyone from their hormone/ antibiotic-free chicken, steaks and burgers to their extensive gluten-free options and their newly introduced gluten-free and non-GMO fryer. They take pride in serving their customers good food, made with only the freshest ingredients.

Suburban Restaurant & Beer Garden

Eagleview Town Center, 570 Wellington Sg. 610.458.BEER; SuburbanBG.com

Summer Dining Guide



Suburban, committed to supporting local, offers two unique dining experiences. The Beer Garden, a social atmosphere specializing in PA craft beers and farm fresh cuisine, while the intimate Farmers Room boasts a curated menu along with a refined cocktail/wine list. Sunday Brunch with bottomless mimosas and Bloody Marys is a must. Daily Specials. Open daily 11:30 to midnight.

Glen Mills

% Junto BYOB 100 Ridge Rd. 484.574.8041 JuntoBYOB.com



Honey Brook * Wyebrook Farm Café

150 Wyebrook Rd. 610.942.7481; WyebrookFarm.com

Kennett Square

Catherine's Restaurant

1701 W Doe Run Rd. 610.347.2227; CatherinesRestaurant.com

**** The Creamery of Kennett Square** 401 Birch St.

484.732.7040; KennettCreamery.com Grain Kennett Square

BLACK POWDER

108 W. State St. 610.925.5159; Facebook.com/GrainUSA



* La Verona

114 E. State St. 610.444.2244; LaVeronaPA.com Enjoy a relaxing evening of fine Italian cuisine on the side patio decorated with fresh herbs and flowers, or watch the activity on State Street seated in front of the restaurant while you indulge in their exquisite fare. Summertime specials include Happy Hour at the bar or outside, 4 to 6. Stop by on 3rd Thursday evenings, 6 to 10 pm, through September.

*** Lily Asian Restaurant**

104 W State St 610.925.3700 LilySushiAndGrill.com



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Sovana Bistro 696 Unionville Rd 610 444 5600 · SovanaBistro.com

King of Prussia

*** King of Prussia Town Center** 100 Village Dr.

KingOfPrussia-TownCenter.com There are about a dozen new restaurants here-Founding Fathers, Davio's Northern Italian Steakhouse, City Works, Paladar, B. Good, Honeygrow, Naf Naf Grill and Mission BBQ to name a few. Check website for details.

Lancaster

Fenz 398 Harrisburg Pk. 717.735.6999; FenzRestaurant.com

Ma(i)son

230 N Prince St 717.293.5060; MaisonLancaster.com

Stockvard Inn 1147 Lititz Pk. 717.394.7975; StockyardInn.com

Malvern

***** The Classic Diner 352 Lancaster Ave. 610 725 0.51.5. TheClassicDinerPA.com See their listing in West Chester feature.



The Desmond Hotel **Sunset Grille** One Liberty Blvd

610.296.9800; DesmondGV.com

A spacious deck overlooks a wooded pond, with open areas and plenty of comfortable seating under awnings and umbrellas. Live music Wed-Fri evenings with special guest entertainment and Beer Garden Parties on select dates. Summertime specials for every taste, from plates to share and burgers to lobster specials and more. Large selection of local craft beers and wines, too.

and Fox & Hounds Pub

Casual dining in a pub-like atmosphere with a wide selection of beer and local crafts, wine and a delicious, affordable menu. Offering monthly specials and discounts Mon-Fri during Happy Hour 4 to 6.

* General Warren

9 Old Lancaster Rd 610,296,3637: GeneralWarren.com

Restaurant Alba

7 W. King St. 610.644.4009: RestaurantAlba.com

* Toninos Pizza & Pasta Co. 235 Lancaster Ave.; 610.240.9566

Media

* Desert Rose 30.5 W State St

* Jaco Juice & Taco Bar

21 W. State St.

Riddle Ale House 1073 W. Baltimore Pk. 610,566,9984; RiddleAleHouse.com Seasonal outdoor dining on the patio under an awning, Riddle Ale House serves casual American cuisine with an Italian influence. Enjoy a seasonal summer salad menu, rotating draught and bottle beers and their special hand-carved roast beef sandwiches. Live music on Tues, Fri and Sat and weekday Happy Hour with half-

priced appetizers. Shere-E-Punjab

208 W. State St. 610.891.0400; ShereEPunjab.com

% Tom's Dim Sum ▮ 1.3 E State St 610.566.6688; TomsDimSum.com

Newtown Square

*** Firepoint Grill**

3739 West Chester Pk. 484.428.3093; FirepointGrill.com Teca

191 S. Newtown Street Rd.

484 420 4010. TecaRestaurants com

**** Bistro on Bridge** 212 Bridge St.

Iron Hill Brewery & Restaurant

130 E. Bridge St. 610.983.9333; IronHillBrewery.com Maiolica

258 Bridge St. 610.917.0962; MajolicaRestaurant.com

Radnor

Harvest Seasonal Grill 555 E. Lancaster Ave. 484.584.4975: HarvestSeasonalGrill.com

ToninosPizzaAndPasta.com

See the Events Section for information about "Dining Under the Stars," on Wed, May-Sept.

484.442.8012; DesertRoseMediaPA.com

484.444.2839; JacoluiceAndTaco.com

Phoenixville

610.935.7141; BistroOnBridge.com

BREWPUBS

Here are local restaurants that brew — some have food trucks.

PENNSYLVANIA Tired Hands Brewing Co. TiredHands.com

Tired Hands Fermentaria TiredHands.com/Fermentaria

2SP Brewing Co. Food trucks. 2SPBrewing.com

Berwyn * La Cabra Brewing LaCabraBrewing.com

Bridgeport Conshohocken Brewing Co. ConshohockenBrewing.com

Bryn Mawr **Tin Lizard Brewing** TinLizardBrewingCo.com

Chadds Ford, Malvern McKenzie Brew House

McKenzieBrewhouse.com Downingtown, Kennett Square Victory Brewing Co. VictoryBeer.com

Kennett Brewing Co. KennettBrewingCompany.com King of Prussia

Rock Bottom RockBottom.com

Locust Lane Craft Brewery Food Trucks. LocustLaneCraftBrewery.com

Media Iron Hill Brewery & Restaurant (12 locations) IronHillBrewery.com

* Sterling Pig Brewing

SterlingPig.com Phoenixville Crowded Castle Beer Co. CrowdedCastle.com

Sly Fox Brewery (Pottstown) SlyFoxBeer.com

Stable 12 Brewing Co. Stable 12.com

Stickman Brews Food Trucks. StickmanBrews.com

West Chester Boxcar Brewing Co. BoxcarBrewingCompany.com

Levante Brewing Co. Food Trucks. LevanteBrewing.com

Arguilla Brewing Co. & Pietro's Pizza Newark. ArgillaBrewing.com Stewart's Brewing Co. & Restaurant Bear. StewartsBrewingCompany.com

Springfield

* Tavola Restaurant + Bar 400 W. Sproul Rd.

610.543.2100; Tavolas.com

Outdoor bar and lounge area features golf course views, fire pits, palm trees, misting on hot days and heat lamps for chilly nights. Serving eclectic American cuisine-brick oven specialties and seasonal features. Bar menu includes signature cocktails made with ingredients from on-site vegetable and herb gardens, daily bar specials and live music.

Swarthmore

*** Broad Table Tavern** 12 S. Chester Rd. 610.543.7500; TheInnAtSwat.com

Toughkenamon

***** Brown Derby 1470 Baltimore Pk. 610.268.8252; BrownDerbyPA.com

Wavne

A Taste of Britain Eagle Village Shops, 503 W. Lancaster Ave.

***** Autograph Brasserie

503 W. Lancaster Ave. 610.964.2588; AutographBrasserie.com

**** Black Powder Tavern**

1164 Valley Forge Rd. 610.293.9333; BlackPowderTavern.com

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Great food and service on the patio, perfect for a summer afternoon or evening, with seasonal fresh salads, sandwiches and summer cocktails (such as craft your own Margaritas or Mojitos), fully-stocked bar, 24 craft beers on tap, wines by the bottle or glass and a large selection of liq-

610.971.0390; ATasteOfBritainInWayne.com

200 W. Lancaster Ave.

610.225.3700; WhiteDog.com

***** The Goat's Beard

White Dog Café

TheGoatsBeardWayne.com

West Chester

uors featuring single and small batch bourbons,

tequilas, rums, cognacs and ports.

103 N Wavne Ave. 484,584,4979

See West Chester feature for information on downtown restaurants, page 45.

The Bordley House & Grille 1520 Tattersall Way

610.738.4410; BordleyHouseGrille.com Set in a historic, 18th-century farmhouse, The Bordley House Grille is the perfect companion to their award-winning golf facility. Featuring daily specials, locally brewed craft beers, a full seasonal menu and weekly entertainment. Come in for a taste of fresh, local cuisine and dine inside by the fire or on their outdoor patio overlooking the

West Grove Twelves Grill & Café

10 Exchange Pl. 610.869.4020; TwelvesGrill.com

rolling hills of Chester County.

West Marlborough

* The Whip Tavern 1383 N. Chatham Rd. 610.383.0600; TheWhipTavern.com

NORTHERN DELAWARE

See the Wilmington article in this issue for more dining options on the Riverfront.

Buckley's Tavern 5812 Kennett Pk., Centreville 302.656.9776; BuckleysTavern.com

* Constitution Yards 308 Justison St., Wilmington 302.407.5192: ConstitutionYards.com

Domaine Hudson Wine Bar 1314 N. Washington St., Wilmington 302.655.9463; DomaineHudson.com

Krazy Kat's Rt. 100 & Rockland Rd., Montchanin 302.888.4200; KrazyKatsRestaurant.com

La Fia 421 N. Market St., Wilmington 302.543.5574; LaFiaWilmington.com

Pizza by Elizabeths 4019 Kennett Pk., Greenville 302.654.4478; PizzaByElizabeths.com ♦











Black Powder Tavern





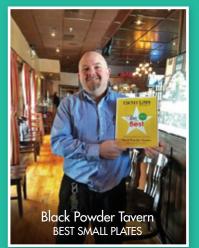




LA VERONA Italian Cuisine & B



Tonino's Pizza and Pasta Co. BEST ITALIAN COMFORT FOOD





Al Pastor & Bella Vista PLACES TO WATCH

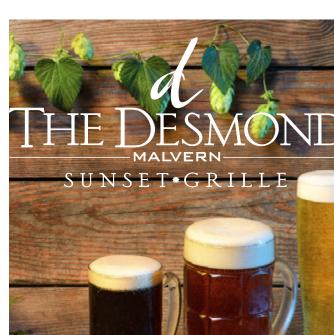








Mon-Thurs, 11am-9pm; Fri & Sat, 11am-10pm, Sunday, 9am-9pm 1520 Tattersall Way | West Chester, PA 19380 610.738.4410 • www.BordleyHouseGrille.com





ONE LIBERTY BOULEVARD, MALVERN | DESMONDGV.COM



Back in January, we named 100+ outstanding restaurants Best awards and thanking them for offering fantastic food.

See more photos on Facebook and Instagram!

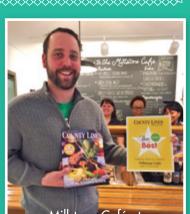






Pietro's Prime Steakhouse

BEST MARTINI



Millstone Café at Brandywine River Museum BEST FOOD & ART













The Bordley House Grille at Broad Run Golfer's Club is located just minutes from downtown West Chester. It is the perfect place for casual dining with a beautiful scenic patio. Join us for live music on Friday and Saturday evening from 7:00-10:00. Also, the next special event.

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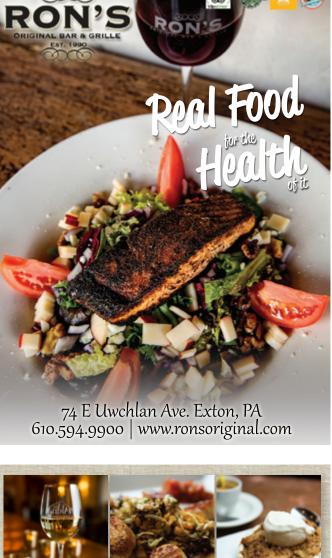
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Kayleigl

RED, WHITE OR ROSÉ SANGRIA? TRY YOUR HAND AT CREATING A SIGNATURE SUMMER SIPPER.

UMMER IS UPON US, AND WITH IT COMES HOT, humid weather. Luckily there are plenty of great warmweather drinks to keep us cool and quenched.

At the top of that list is an ice-cold glass of sangria. This crowdpleasing, fruity wine punch is so festive it's a party in a glass. And as a low-alcohol option based on affordable wine (almost any wine works well, so save that fancy bottle) and customizable ingredients, it's a top summer sipper.

As popular as sangria is today, you may not know its long history. Here are a few sips of its story.

YES, IT BEGAN WITH THE ROMANS

When the Roman Empire expanded through Europe around 200 B.C., an upside was that the Romans introduced grapes and wine making to the countries they conquered. Notably, they planted many red grape varietals, and these grapes grew particularly well in most of Spain.

Historians speculate that the practice of adding chopped fruits to wine likely originated in the Andalusia region of southern Spain, which has an excellent climate for citrus fruits. The climate there was, however, much less conducive to growing red grapes. And so the locals added citrus fruit to their inferior wine and let it steep for a few days.

Kayleigh Thompson

Make Ita Sangria Summer

> Because the resulting wine was greatly improved, they began to experiment further, adding sugar, cinnamon, spices and brandy. The Spaniards called these wine punches in all their forms *sangria* derived from the Latin for blood—because of its rich red color.

> Meanwhile throughout Medieval Europe—from around the 5th through 15th centuries—most of the drinking water was contaminated and unsafe for human consumption. Wine was safer to drink than water because even a small amount of alcohol kills most of the bacteria.

As a result, wine was consumed every day by everyone from children to elders in every social class. It was common practice to liven up the wine and boost its flavor by adding seasonal fruits or berries and spices, like cinnamon, ginger and cloves. These wine punches were known as *hippocras*.

As time went on, more variations arose. Sparkling sangria was created in the Cava region of eastern Spain. While in the south of Spain, sangria blanco—white sangria made with peaches or nectarines—was popular and was often called *zurra*. And claret cup punch, popular in 18th-century England and mentioned in Jane Austen's *Pride and Prejudice*, was another early sangria.

Wine punches proliferated in Europe.

Sangria didn't become popular in the United States, however, until 1964, when it was served at the World's Fair in New York.

The Spanish World area served this fruity punch to fairgoers, and the rest is history.

Now you can find sangria at parties of all kinds and at many restaurants, not merely those serving Spanish or Mexican food.

MAKING SANGRIA

Today traditionalstyle sangrias are created primarily from Rioja or other dry red Spanish wine, plus orange juice, soda water, fruit and sometimes brandy or spices. Yet sangria continues to evolve and offers opportunity for variation and experimentation. You'll find red,

Panarroz

white and rosé sangrias with endless combinations of different liqueurs, juices and fruits. One of the best things about this delicious drink is there's truly no wrong way to make a batch. So I decided to try making sangria myself to create my



ecibes VERY BERRY SANGRIA For both recipes, mix all ingredients (except

1,750-ml bottle Pannaroz Jumilla 2015 (\$9.99) 6½ oz. Jacquin's Blackberry Brandy 1 oz. DeKuyper Triple Sec 1 oz. Tres Ágaves Organic Agave Nectar Soda water, as desired Blackberries

Blueberries Rim the glass with sugar for a sweeter taste

MELON SPLASH SANGRIA 1, 750-ml bottle Arca Nova Vinho Verde 2015 (\$8.99) 2½ oz. Pinnacle Pineapple Vodka 1¹/₂ oz. Tres Agaves Organic Agave Nectar 4 oz. pineapple juice Cubed cantaloupe

Cubed honeydew

signature summer drink. What could be more fun? First, I worked on making red wine

sangria. Since I wanted to use blackberries and blueberries (my favorites) as the main fruit, I chose a Monastrell, a dry Spanish red with blackberry flavors on the palate. After making a few batches, I decided on a mixture of blackberry brandy, triple sec, agave nectar with a splash of soda water. Bubbles are always fun!

Next, I moved on to white wine sangria. For this, I chose vinho verde, a semi-sparkling dry white from Portugal, to add carbonation from the wine itself. I used cantaloupe and honeydew as fruits for a

summery and refreshing taste. My favorite blend for white wine sangria used pineapple vodka, pineapple juice and agave nectar.

soda water and white wine) in a large bowl,

Chill it overnight or for at least four hours,

To serve, pour your sangria into a pitcher

full of ice cubes. Add the white wine and

soda water if you wish to the red sangria.

Garnish your glass with fresh fruit for a pret-

tier drink, or add sugar to the rim if you'd like

Note: Pouring from a pitcher with a pinched lip

helps prevent the fruit and ice cubes from splashing

so the fruit can mingle with the juice and ex-

pitcher or infusion jar.

change flavors.

And enjoy!

it a little sweeter.

into the glass.

Makes six servings.

To let the fruit flavors mingle with the juice, I mixed all the ingredients, except the wine, in small batches and placed them in the fridge for a few hours-for both red and white versions. And for the white sangria, I added the vinho verde right before serving to preserve its carbonation.

With that sangria primer, I encourage you to try one of my recipes above. Or better yet, experiment, and mix a batch to call your own. Read some recipes or follow your intuition. You could buy a bottle, already made, but where's the fun in doing that?

Pick your fruit, grab a bottle of wine, and mix up some summer fun! Cheers! >

Kayleigh Thompson has worked in the wine industry for over six years and has earned

the Certified Specialist of Wine certification from the Society of Wine Educators. She works as a Wine Specialist at the Fine Wine & Good Spirits Premium Collection store in King of Prussia, on DeKalb Pk. Learn more at Fine WineAndGoodSpirits.com.



FOOD News A few of our favorite things to share this month about local food and drink



Newly Crafted. Mark your calendar for the first annual West Chester Craft Beer Festival on June 17th. Over 60 breweries will contribute their best beers to the event-including Chester County favorites like Levante and Victory Brewing. Head to the Charles A. Melton Center on East Miner Street and sip a cold brew while sampling

delicious edible options from vendors and food trucks. Tickets available in advance-\$50 VIP tickets, \$40 general admission. WCBeerFest.com.

Top That! America's favorite condiment gets its own day on June 5th with National Ketchup/ Catsup Day. Ever wonder about the spelling difference? Jonathan Swift first used the "catsup" version in a 1730 short story, and today some southern states use that variation rather than the more common "ketchup." Spelling aside, the condiment is quintessentially American, topping classic dishes from meatloaf to burgers. Celebrate the day with some fries and feast on a piece of delicious Americana!

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Freshly-picked Fun. Phenomenal fruit and family fun at a free festival. Enjoy the magic of summer at the Rospberry Celebration at Linvilla Orchards in Media. Mark your calendar for June 24th and bring the whole family for a day of face painting, pick-your-own fruit excursions and delicious treats from the Farm Market. Kiddos will enjoy entertainment from local kids' musician Silly Joe. Explore the 300-acre farm as you munch on those tart and tasty raspberries. *Linvilla.com*.

Cookie Cravings. Soon West Chester will get two new cookie franchises with Insomnia Cookies and Baked. These well-loved companies serve everything to satisfy your dessert cravings-from ice cream to edible cookie dough to, of course, warm, fresh baked cookies. Both companies offer late-night delivery service for those staying in and indulging. Bet you can't try just one cookie company! In West Chester: 142 W. Gay St., InsomniaCookies.com; 34 S. High St., BakedWC.com.



Duck, Duck, Donut! King of Prussia Town Center is about to get a whole lot sweeter. Slated to open in July, Duck Donuts is branching out from its southern home and expanding beyond its Lancaster and Newark, DE locations. Named after Duck, North Carolina, this sweet spot serves warm, made-to-order donuts with 11 tantalizing flavors, seven toppings and four unique drizzles-bacon and blackberry, just to name two. Duck Donuts is coming, so answer the call to sweetness! More at DuckDonuts.com.



Brandywine Table

Farmstays and Hearty Breakfasts

STILL THE MOST IMPORTANT MEAL OF THE DAY

Laura Muzzi Brennan

N OUR MAD RUSH FOR PROGRESS AND MODERN improvements," wrote Laura Ingalls Wilder, circa 1911, "Let's be sure we take along with us all the old-fashioned things worth while. Old-fashioned things like fresh air and sunshine are hard to beat." To Wilder's list, let's add another simple pleasure: a hearty breakfast. At Country Log House Form Bed and Breakfast in Mount Joy, all three, along with farm animals, are in abundance.

A day at Country Log House Farm begins at 8:15 with co-owner Jay Garber ringing the breakfast bell. Sometimes, a lucky child has the honor. Guests—most are families from New York, Philadelphia and Baltimore—assemble around the dining room table to share a family-style meal cooked by Jay's wife and farm co-owner Jodi. (Jodi grew up in this house; she and Jay took over the B&B from her father in 2015.)

Jodi's breakfasts cater to all tastes. "I do all the possible prep work the day before," she explains, "so that my morning doesn't have to start before the rooster crows. Actually we don't have any roosters ... only 20 hens!"

Her hash brown casserole and baked oatmeal with fruit are crowd favorites. Kids especially adore the pancakes. There's toast served with Jodi's homemade strawberry jam, and everyone, from vegans to those following gluten-free or kosher diets, fork into the garlic Parmesan potatoes with gusto. Seasonal fruit is always on the table.

After everyone carries their breakfast plates to the kitchen, it's time for chores (strictly voluntary) with Farmer Jim, aka, Jodi's father. Before starting the B&B, he ran a dairy farm on the land. Sheep and goats have now replaced the cows, and Farmer Jim teaches guests how to feed them. He also instructs guests in the fine art of gathering eggs from the chicken coop, a particularly satisfying job given that eggs gathered today become breakfast tomorrow.

Afterwards, it's a hayride to a neighboring dairy farm for an educational tour complete with fun facts about the many uses of manure! Most guests spend the afternoon exploring nearby Amish Country attractions or Hershey Park. But no ride compares to the number one attraction for kids at Country Log House Farm: "Our cats and kittens," laughs Jodi. A few guests who beg their parents get lucky enough to take a kitten home. From connecting with four-legged creatures to whiling the evening away with new friends on the wraparound porch to starting the day with a hearty breakfast, the pleasures of a farm stay are a welcome antidote to the mad rush, circa 2017.





Hash Brown Egg Casserole

Jodi Garber uses Alexia brand hash browns for this filling way to start the day. She's made the vegetarian version of this dish with spinach and broccoli but says it works with almost any veggie either raw or sautéed first. The casserole can be assembled the night before and refrigerated.



¹/₄ bag (28-oz. bag) frozen hash brown potatoes Dried minced onion, to taste
2 C. diced ham, fried, crumbled bacon, browned sausage or vegetables
10 eggs (2 C.)
¹/₂ C. Bisquick
1 tsp. salt
Pepper, to taste
1 ¹/₂ C. milk (2%)
2 C. grated cheddar cheese

Preheat oven to 350°. Spray two 7"x10" pans with Pam. Spread potatoes on bottom. Sprinkle with minced onion and then spread meat or vegetables over potatoes.

In a mixing bowl, beat eggs, Bisquick, salt and pepper. Add milk and mix again. Stir in cheese. Pour slowly over potato mixture.

Bake covered for 35-40 minutes. Uncover and continue baking for another 20 minutes, until firm.

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Serves 12.

Baked Oatmeal

At Country Log House Farm, Jodi Garber frequently uses frozen blueberries but any fresh or frozen fruit will work. She's also made the dish with dried cranberries. Feel free to assemble the dish the night before and refrigerate. All you'll have to do in the morning is bake and enjoy!

C. fresh or frozen fruit
 Tb. orange juice
 tsp. cinnamon sugar
 2/3 C. oil
 C. brown sugar
 eggs
 Tb. baking powder
 tsp. salt
 1½ C. milk (2%)
 C. old-fashioned oats

Breakfast Bites

Storied pasts and quirky names add to the charm of many traditional breakfast foods. During a lull in your breakfast conversation, offer these tidbits to liven up the table.

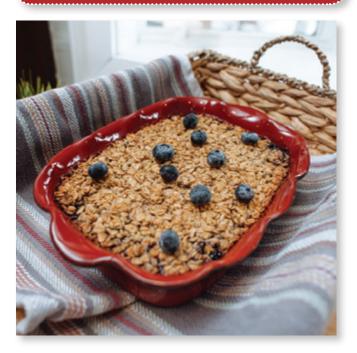
Dutch baby: "If a popover and a pancake fell in love, this baby would be their baby," quipped Emma Christensen of The Kitchn. com. Baked in the oven and topped with powdered sugar, fruit or both, it can be divided among a few people but so delicious, it's hard to share. Also called a German pancake, the name probably derives from the word "deutsch."

Johnnycake: A century ago, Rhode Island politicians held a bake off in the capitol rotunda to settle on the definitive recipe for this cornmeal pancake. The result: fistfights and no resolution to this day. The name probably comes from "journey cake" (say it in your best New England accent), a cake carried on a long trip and baked along the way.

Granola: Health nut Dr. James Caleb Jackson invented this grainbased food in 1863. Calling it "granula," he offered it to guests at his sanitarium. Everyone was feeling great until John Harvey Kellogg began serving a similar dish in his sanitarium. A legal battle ensued, Kellogg was forced to change the name to "granola," and the rest is breakfast history.

Hash: In the category "Unappealing Breakfast Dish Names," hash comes in a close second to mush. From the French verb "hacher" ("to chop"), this beloved mishmash refers to diced or chopped meat mixed with potatoes and spices and fried.

Spoonbread: President George Washington adored this cross between cornmeal pudding and souffle. Sweet or savory, the rich, dense dish is best eaten warm and with a spoon of course.



Preheat oven to 350°. Line the bottom of a 9"x13" pan with fruit. Sprinkle with orange juice and cinnamon sugar.

Mix oil, brown sugar and eggs well. Add baking powder, salt and milk and mix. Stir in oats. Pour over fruit.

Bake uncovered for 1 hour. Serves 12.

Garlic Parmesan Potatoes

Jodi Garber runs the potatoes through an apple corer/peeler/slicer the day before and refrigerates them in a bowl of cold water overnight. In the morning, she drains the water and carries on with the recipe.

- 6 potatoes, peeled and sliced $\frac{1}{4''}$ thick
- 1/4 C. melted butter
- 1/4 tsp. salt

1 clove garlic, minced or runthrough a garlic press 1/4 C. grated Parmesan cheese

Preheat oven to 350°. Place potatoes in 8"x8" casserole dish. Microwave for 10 minutes. Drain if there's any excess water.

Mix butter, salt and garlic. Pour butter mixture over potatoes. Sprinkle cheese on top.

Bake uncovered for 1 hour until potatoes are tender. Makes 8 servings.

Baked French Toast

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Recipe courtesy of Jodi Garber. $\frac{1}{2}$ C. butter, plus extra for finishing dish 1 C. brown sugar 1 loaf French bread 6 eggs 1 C. milk 1 tsp. vanilla extract 2 tsp. cinnamon



Preheat oven to 350°.

In a saucepan, melt $\frac{1}{2}$ C. butter and brown sugar to make a light syrup. Pour into a 9"x13" pan.

Slice bread and lay on top of syrup. Beat eggs, milk, vanilla and cinnamon. Pour over bread slices. Cover and refrigerate overnight.

Bake uncovered for 45 minutes. Dot with butter when finished baking.

Serves 8.

Morning Glory Muffins

Pam McKinstry invented these muffins in 1978 for her café on Nantucket. In 1981, Gourmet published her recipe and in 1991, the magazine chose it as one of its favorite 25 recipes of the past 50 years. I adapted my version from George Davis and Bruce Dilts, the original owners of Morning Glory Café, who shared their recipe in Savor Nantucket cookbook. Whether you're eating one of these flavor-packed muffins on a faraway island, on a farm or at your own kitchen table, they are a great way to begin the day.

2 C. all-purpose flour 1 C. brown sugar 2 tsp. baking soda 2 tsp. cinnamon Pinch of allspice 1/2 tsp. kosher salt 2 C. shredded carrots* $\frac{1}{2}$ C. raisins $\frac{1}{2}$ C. pecan pieces 1/2 C. sweetened shredded coconut 1 apple, peeled and cut into small pieces 3 large eggs ¹/₂ C. vegetable oil $\frac{1}{2}$ C. unsweetened applesauce 2 tsp. vanilla



*Lighten your prep work by purchasing pre-shredded carrots and pulsing them once or twice in the food processor.

Preheat oven to 350°. Grease muffin tins with vegetable oil.

In a large bowl, mix together flour, brown sugar, baking soda, cinnamon, allspice and salt. Add carrots, raisins, pecans, coconut and apples and combine.

In another bowl, beat eggs, oil, applesauce and vanilla together. Add egg mixture to flour mixture. Mix until just combined.

Using an ice cream scoop or large spoon, fill muffin wells all the way to the top. Bake for 35 minutes or until a knife inserted in the muffin comes out clean.

Makes 12-14 muffins.

English Muffin Stratas

6 English muffins (12 halves) 6 oz. Black Forest or tayern ham, cut into small pieces

5-6 oz. mild cheddar cheese, cut into small pieces or shredded

3 oz. fontina cheese, cut into small pieces

or shredded

2 green onions (green and white parts), chopped



Salt, to taste 3-4 Tb. fresh basil, cut into ribbons 2 Tb. butter, melted

5 eggs

 $1\frac{1}{2}$ C. whole milk

Tear muffins into 1/2" pieces. In a large bowl, combine muffins, ham, both cheeses and green onions. In another bowl, whisk together eggs, milk, mustard and salt. Stir egg mixture into muffin mixture. Press down with spoon so muffins absorb egg mixture. Cover and refrigerate for an hour or overnight.

Preheat oven to 350°. Remove bowl from refrigerator and stir in basil. Let sit at room temperature for a half hour. Spray muffin tins with cooking spray. Fill muffin wells to the top. Drizzle with

butter. Bake for 30-40 minutes, until egg is cooked through. Cool for a few minutes before removing from tin and serving.

Muffins can be baked ahead of time. Simply allow to cool fully. Remove from



1 Tb. Dijon mustard, more to taste

tins and store in a Ziplock bag in the refrigerator. Reheat in the microwave or warm in the oven.

Makes 18 muffin stratas. ♦

Laura traces her love of all things culinary to the first time she leafed through her mother's Betty Crocker's Cooky Book-which still occupies a place of honor among her 600+ cookbooks. A passionate supporter of local food, she co-founded a farmers market, judges area food contests, and anticipates restaurant openings with the excitement most people reserve for winning a Mega Millions jackpot.



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