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LISTMASTERS



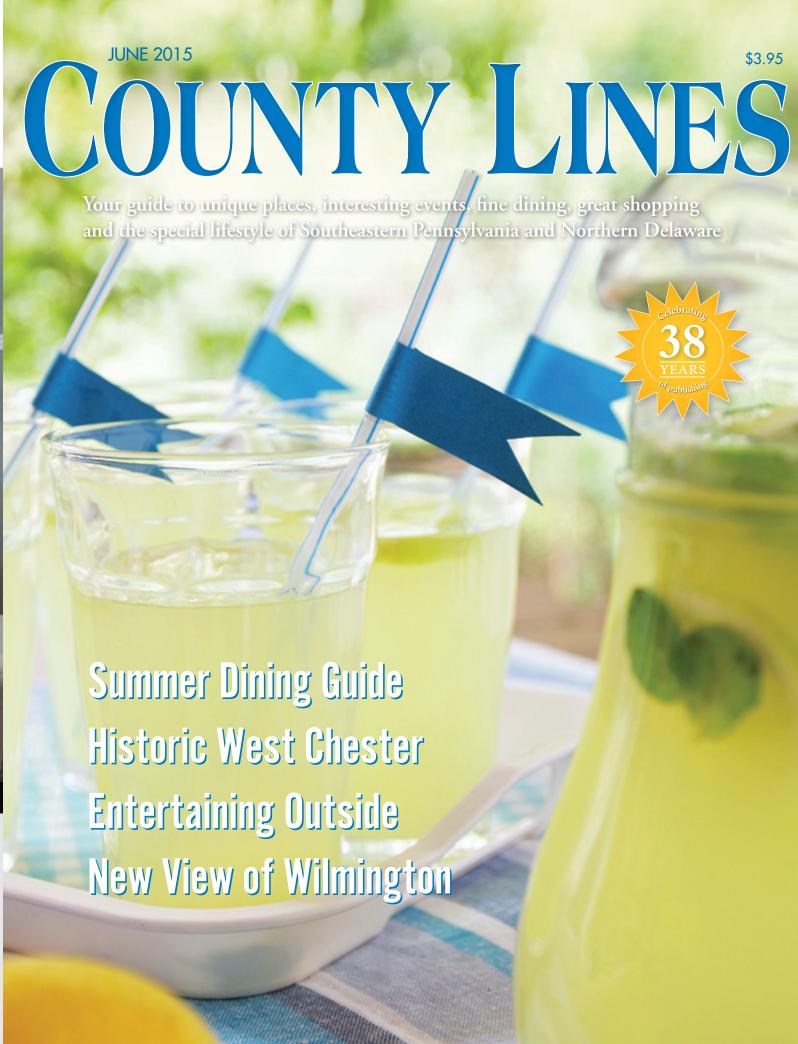
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Raised in Radnor, PA, Patricia Brennan has been providing Wealth Management advice right here in West Chester for over 25 years. She is a Georgetown University graduate and earned her CFP® designation in 1990. She is a recognized leader in her industry and serves as the first Chairwoman on the National Advisory Board for Royal Alliance.

On a local level. Patti, her husband, Ed, and their four children reside in West Chester, where she is also active in her community. Patti currently serves as a board member for the Chester County Economic Development Council, Cuddle My Kids, and for The Chester County Hospital and Health System.

# Patricia Brennan — "Top 400 Advisor in Nation" **FINANCIAL TIMES**



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the Barron's article and the Philadelphia Business Journal, Wealth Manager magazine takes into consideration service to industry organizations and mentoring to others. Third-party rankings from rating services or publications are no guarantee future investment success. Working with a highly-ranked advisor does not ensure that a client or prospective client will experience a certain level of performance or results. These rankings should not be construed as an endorsement of the advisor ative of any one client's evaluation. Reg Rep Magazine: Advisors are ranked by assets under management, effective Nov. 1, 2011. Only those advisors for whom a majority of a eligible for the list. The principle behind the Financial Times 400 – is to focus on investors. Financial advisers were assessed from the perspective of current and prospective investors. The FT rewarded attributes that investors care about (or should care about) and not the value of those advisers or bodies. The methodology is quantifiable and objective. In autumn 2012, the FT solicited advisers' practice information from the 40 largest US broker-dealers and requested data for each group's most elite advisers. By working with organizations instead of individuals, the FT was able to obtain verified adviser data instead of relying on self-reporting, thus increasing credibility. The FT assessed those with more than 10 years of a \$250m or more in assets under management (AUM); brokerages had no subjective input The formula used is based on six broad factors and calculates a numeric score for each adviser. Areas of consideration include adviser AUM, asset growth years of experience, industry certification, Finra compliance record and online accessibility: •AUM signals experience managing money and client trust. •AUM growth rate Growing assets is a proxy for performance and for asset retention and abilit to generate business •Years of experience indicates experience managing assets in different economic and interest rate environments. •Compliance record provides evidence of past client disputes. A string of complain Industry certifications (CFA, CFP, etc) show technical and industry knowledge and obtaining these designations shows a professional commitment to investment skills.Online accessibility illustrates commitment to providing investors with easy access and transparent contact information. AUM and asset growth comprise roughly 80-85 per cent of each adviser's score. While each adviser earned an individual score and could be ranked against another, the FT 400 is presented as an elitie ENDOCRINOLOGY | FAMILY PRACTICE | GERIATRIC MEDICINE | INTERNAL MEDICINE





























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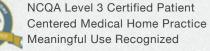


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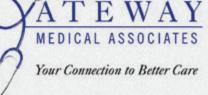
























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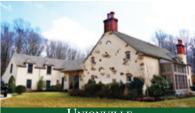
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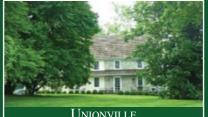
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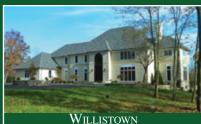
BERKSHIRE HATHAWAY

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Taylor Made Farm beautifully set on 31 acres, 4BR, 2.2BA home offers open & intimate spaces. Small barn, pool & tennis court. Call Holly for additional details! \$2,389,900



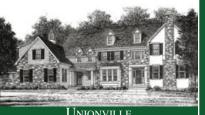
<u>Unionville</u> Set on 74 acres, the charming c.1806, 5BR, 4.1BA home retains an antique patina but has an addition with new Kitchen, Family Room & Master Suite. Great 6 stall barn. \$2,250,000



Dick

Gross

<u>Willistown</u> Spacious 4BR, 4.2BA home has been TOTAL LY REDONE using high end features. Kitchen & Baths are spectacular! Adjacent to Ridley Creek Park, Great Valley Schools! \$1,500,000



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MUST SEE - spacious 5BR, 6.2BA in Bayard Meadows with large gourmet Kitchen, exquisite floors, finished lower level & fabulous pool with pool house! Have it all!! \$1,275,000



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You're holding the perfect issue of our magazine to enjoy outdoors. We hope you have a comfortable spot for reading.

If you're planning to create an outdoor oasis for your patio, deck, garden or pool, check out Mary Dolan's "Bringing the Party Outside" for tips from area experts about what's new and what's worth doing.

And while you're outside, consider "Summer Wines for Sipping," Dustin Best's suggestions for wines good enough to stand on their own—no food pairings required. Summer easy!

Our summer food coverage can help you turn over a healthful leaf with Brandywine Table's "Superfoods" column. Laura Brennan calls treats like Good Vibrations Smoothies super delicious. Or if you'd rather avoid the kitchen, turn to our Summer Dining Guide, with specials and entertainment at area restaurants.

Another entertainment option is to visit Wilmington. Emily Hart's "Look Again! A New View of Wilmington" suggests if you haven't been to Wilmington recently you've missed out! Sarah Willoughby, of the Greater Wilmingon CVB, tells us about summer festivals and Theater Row there.

For a different view, we have a special supplement, sponsored by Benchmark Federal Credit Union. Malcolm Johnstone takes us on a historical tour in "West Chester—Then and Now," highlighted by Timlyn Vaughan's stunning photos.

As always, we've got the Best Local Events coverage so you won't miss the best June has to offer—from a full page of Family Fun to our Theater Spotlight shining on the 40th anniversary season of People's Light. We feature two new plays about love, and the hilarity and heartbreak that come along with it in Mary Elizabeth Scallen's "Celebrate Love at People's Light."

Or if you don't want to leave your hammock, follow Andrea Thatcher's recommendations in "Beyond The Pages: Audio Books are Expanding Storytime." Everyone loves hearing a great story.

Thank you for reading.



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VOLUME 38, NUMBER 10 June 2015









# JUNE 2015

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Photos top left of the Chester County Courthouse by Timlyn Vaughan and top right of Wilmington Riverfront by Leslie Kipp.









# Shine a Light on Eye Exams

Dr. Drew Chronister

# What does your eye doctor see when he looks into your eyes?

The eyes are complicated and the site of many potential diseases. Early detection and treatment of these diseases are key steps to preserving your vision. Regular eye exams are the best way to make that happen.

# What happens during an eye exam?

Most eye exams begin by checking your vision. If your vision isn't good (significantly off 20/20) in one or both eyes, the doctor or a technician may check to see if glasses or contact lenses would help.

Next, intraocular pressure is measured. This test is important because elevated pressure may indicate glaucoma, a disease that causes patients to lose peripheral vision without realizing it.

The technician may then dilate the eyes to make the pupil larger. Dilating drops take about 15 to 20 minutes to work. Then the ophthalmologist can examine the entire eye with a microscope that magnifies the structures of the eye. The doctor begins by examining the front surface of the eye, checking for conditions such as dry eye, corneal abrasions and conjunctivitis (or "pink eye"). Next, the optic nerve and entire retina can be examined through the dilated pupil. Dilation is particularly important for diabetic patients to check for diabetic retinopathy and for all patients to evaluate for retinal tears or detachments.

# When should children get an eye exam?

The simple answer is that it depends on the child's age and risk factors. For instance, infants who are at high risk for congenital eye diseases should have a comprehensive exam by an ophthalmologist as soon as medically feasible.

Children are generally screened as newborns and again at wellness exams by their pediatrician. They're referred to an ophthalmologist only if abnormalities are discovered. By preschool, most



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children are cooperative enough so visual acuity and eye alignment assessments can be done. A pediatrician or school nurse often performs these exams annually.

Any child with ocular abnormalities or who can't be assessed should be referred promptly to an eye care professional because the visual system develops fully by about age eight. At that point, a child's best visual potential becomes "locked in."

If the eye's corresponding visual system in the brain doesn't develop normally, the eye will become "lazy" and fail to develop. Amblyopia, the medical term for "lazy eye," can't be treated after the child reaches a certain age (usually 10 or 12).

# When should adults get an eye exam?

From the teenage years until 40, patients should get eye exams if they have visual symptoms or if they wear glasses or contact lenses. Adults with no risk factors for eye disease should have a baseline comprehensive eye exam at 40 and follow-ups every 2 to 4 years until age 65, when exams should be scheduled every 1 to 2 years.

Anyone at high risk for an ocular disease (determined by their medical history, family health history, age and race) should have regular eye exams even if there are no visual symptoms. A few examples: 1) Diabetic patients should have a dilated eye exam at least annually. 2) Patients taking certain medications (e.g., plaquenil for arthritis) should have yearly exams. 3) Patients with a family history of glaucoma should have an exam every 2 to 4 years even if they're under 40.

As you can see, regular eye exams are important even if you're not having any visual problems.

At the end of your exam, your eye doctor will discuss if any abnormalities were found or if a systemic disease—high blood pressure, diabetes, thyroid disease was noted. Your ophthalmologist can coordinate further evaluation and treatment with your primary care provider if necessary. And your doctor will advise you on how to take care of your eyes.

Make sure you schedule an appointment soon to let your eye doctor look into your eyes-you never know what

Dr. Drew Chronister, M.D., is a board-certified ophthalmologist focusing on refractive cataract surgery, diabetic eye care, management of glaucoma, and dry eye treatment. A partner at Levin Luminais Chronister Eye Associates in Thorndale, he's affiliated with Crozer-Keystone Health System and Chester County, Brandywine and Wills Eye Hospitals. He's currently accepting new patients.









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Just a few things we thought you'd like to know this month



# Art Meets Education.

What happens when a White House-exhibited artist and enthusiastic students come together? A memorable work of art. In April renowned Downingtown artist Adrian Martinez and Downingtown high school students painted a mural for the new borough library.

Even younger kids contributed a stroke or two to the work of art featuring knights in battle, two funny dogs and a cat, and a female figure described as the source of creativity. Admire the mural while you browse books with your family. More about Martinez at *AdrianMartinez.com*.

Concerts in a Barn. Ever seen a pipe organ in a barn? In preparation for Thornbury Farm's even bigger project to host concerts

and lectures in a rustic setting, workers are restoring a 1926 Mudler Hunter pipe organ complete with 2,300 pipes, a blower over 100 years old, and weighing in at 2,000 pounds. Weekend volunteer spots are still open to help reassemble this piece of history, or you can

.....



donate toward replacement parts and electrical work. Learn more at *ThornburyFarmCSA.com*.

Flowers To Go. Next time you fill your basket with fresh veggies from the Lancaster Farmer's Market, gather some fresh blooms from Market Fresh Flowers—for your home or to surprise a special



someone. Choose from 20-some wild-flower varieties, traditional and exotic arrangements, dish gardens, annuals, and perennials. Pick your bunch for any occasion—anniversaries, dinner parties, baby showers, prom—or tell owner Christine Brown your ideas and she'll create your one-of-a-kind bouquet. More at *Lancaster CountyFarmersMarket.com*.

Of Rugs and Yarnbombs. This season, local crochet artist, HGTV guest and author, Sharon Silverman, contributed a varn bomb installation to the

"Unraveling Stories" exhibit at the Hagley Museum and Library. Don't know about yarn bombs? They're created when natural or man-made objects—trees, bicycles, even park benches—are wrapped in colorful knit or crochet patterns. Silverman's contribution adds to Hagley's exhibit on the largest hooked rug in the museum's collection. See it before July 26. More at Hagley.org.



Accessories with a Story. It all began in the back of a VW van with a hammer, knife and scrap of leather. Now Waltzing Matilda USA has opened its first retail location at 21 W. Wayne Ave., Wayne. Featuring handmade leather and silver accessories—from

bags and belts to sandals and jewelry—this brand, founded in Pennsylvania and featured in media sources from *Gear Patrol* to *Vogue*, repurposes locally-sourced materials in ecoconscious creations. Each item's design tells a story



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# of Special Note

# Brandywine Valley Summer Series

June 23-July 5, July 6-7, 8

June 23–July 5, a premier hunter/jumper/equitation horse show benefitting Hill Top Preparatory School and the USHJA Emerging Athletes Program. July 6–7, The East Coast US Junior Hunter National Championship finals; July 8, Local Day Brass Ring Horse Show & Hunter Championship. Devon Horse Show Grounds, 23 Dorset Rd., Devon. Free. BrandywineValleySummerSeries.com.



# Chester County Hospital 9th Annual Polo Cup

June 14

Enjoy live entertainment, a silent auction, lots of activities for kids and great tailgating while watching the "Sport of Kings." Benefits The Prenatal



Clinic and the Women's Auxiliary's "3-D Mammography" Pledge. Brandywine Polo Club, 260 Polo Rd., Toughkenamon. Festivities begin at 1:30 p.m., match starts at 3 p.m. Tickets \$25 gen. adm., \$40 admission + Victory Beer, \$85 VIP; kids free. 610-431-5328; CCHosp.com/Polo.



# Sustainable Splurges: A Feast for the Senses June 6

Enjoy delicious, locally produced foods—wine, chocolate, honey and cheese—and the beauty of Doe Run Valley. Guests can also bid on one-of-a-kind silent auction items. Benefits Stroud Center's freshwater research, environmental education programs and watershed restoration projects. *The Farm at Doe Run, Thouron Rd., Coatesville. 6 to 8 p.m.* \$125. 610-268-2153, ext. 288; StroudCenter.org.

# 13th Annual Up On The Roof

June 6

The West Chester Downtown Foundation and the Business Improvement District (BID) want to beautify downtown West Chester. You can help by coming out for this beautiful evening under the stars, tasting an array of appetizers and dinner from Limoncello Caterers and sipping spirits from the complimentary bar—including the Rootop Martini, an annual favorite. The fun happens on the rooftop of the Chestnut Street Garage, 14 E. Chestnut St. 7 to 11 p.m. Tickets \$90 in advance; \$110 at the door, 610-738-3350: DowntownWestChester.com.





# Jazz at Brushwood

June 20

Step out for a spectacular evening at this garden gala. Enjoy a full buffet dinner prepared by the Chefs and Students of the American Culinary Federation, then dancing, drinks, live and silent auctions—all at the beautiful Brushwood Stable. Benefits Home of the Sparrow, providing housing and supportive services to homeless and low-income women who want to improve their lives and become self-sufficient. Brushwood Stable, 737 Sugartown Rd., Malvern. 6 to 10:30 p.m. For tickets, 610-647-4940; HomeOfTheSparrow.org.

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# **best** Local Events

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JUNE 13-SEPTEMBER 7



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# JUNE 28



# ART & CRAFT SHOWS.....

# THROUGH JUNE 27

Wayne Art Center's 9th Annual Plein Air Art Festival. Thirty artists capture the character and beauty of the scenic landscapes within 20 miles of Wayne. 413 Maplewood Ave., Wayne. Gallery hours, Mon-Fri, 9 to 5; Sat, 9 to 4. 610-688-3553; WaynePleinAir.org.

# THROUGH SEPTEMBER 6

Moderne Gallery Exhibit. Wharton Esherick: The Rose and Nathan Rubinson Collection. An exhibition and sale of furniture, sculptural objects and woodcuts, all by Wharton Esherick, the "Dean of American Craftsmen." 111 N. 3rd St., Philadelphia. Daily noon to 5. 215-923-8536; ModerneGallery.com.

## JUNE 14

Crafted-Eagleview Juried Craft Festival. Browse the crafts and make a day of it. In addition to 50 juried crafters, the show features music, wineries and brunch cuisine. Wellington Square, Eagleview, Exton. 11 to 3. GrowingRootsPartners.com.

# **BOOKS**...

JUNE 1-18

Book Signings and Events at Chester County Book Company. June 1, Young Adult Book Club, John Green's Paper Towns, 6:30 to 7:30. June 4, Andy Abramowitz signing Thank You, Goodnight, 7 pm. June 7, come out for wine and a taste from Edwin Garrubbo's new cookbook Sunday Pasta, 2 pm. June 14, in honor of Flag Day, Charlene Briggs shares her book Letters to Lida, a collection of letters from WWII between her father (who will be there) and his mother, 1 pm. June 18, Matthew Quick signing Love May Fail, 7 pm. June 18, Book Club for Young People (8-12) Flora and Ulysses, 6:30 to 7:30. 967 Paoli Pk., West Goshen Center, West Chester, 610-696-1661; Chester CountyBooks.com.

# EQUESTRIAN.....

# FRIDAYS & SUNDAYS JUNE-SEPTEMBER

Brandywine Polo. Spectators picnic and tailgate at the grounds. Toughkenamon Exit, Rt. 1 S. Fri, gates open at 5; polo, 5:30; music, 7:30. \$10-\$15; Sun, gates open at 1:30; match at 3, \$10. Cancelled for rain or extreme heat. 610-268-8692; BrandywinePolo.com.

# FESTIVALS.....

See Family Fun for more.

# JUNE 26-28

16th Annual Celtic Fling and Highland Games. Musicians, dancers, craftsmen and athletes gather at Mount Hope Estate & Winery, 2775 Lebanon Rd., Manheim. Friday night concert, 5:30, \$29.95. Sat-Sun, 11 am to 10 pm. \$10.95-\$35. 717-665-7021; PARenFaire.com.

## **FOOD**

See also, Fundraisers.

# THROUGH JUNE 7

Philly Beer Week. More than 500 events at over 100 venues throughout the city and suburbs, highlighting the region's diverse beer scene, its world-class breweries, neighborhood taverns, restaurants and rich beer culture. For venue information, PhillyBeer-Week.org.

## THROUGH SEPTEMBER 30

Stroll, Shop, Dine—Dining Under the Stars in Media. It's that time of year again when Wednesday is the night to dine out in Media. Restaurants offer outdoor dining along State Street, from Jackson to Orange Sts. There's entertainment and children's activities on each block. 5 to 11 pm. 610-566-5039; VisitMediaPA.com.



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## JUNE 6

Longwood's Wine & Jazz Festival. Live jazz, fine wines and local fresh fare. This year the festival is expanding to a garden-wide experience with performances on multiple stages throughout the Gardens. 1001 Longwood Rd., Kennett Square. \$30-\$45. 2 to 9 pm. 610-388-1000; LongwoodGardens.org.

# JUNE 7

Chester County Mac & Cheese Cook-Off. Local restaurants, businesses and hometown cooks compete against each other for the title "Best Mac-n-Cheese in Chester County." Event organizer: The Rotary Club of Thorndale-Downingtown. 1 Park Ln., Downingtown. Noon to 4. \$5-\$10. MacNCheeseCookOff.com.

## JUNE 13

Brandywine Food & Wine Festival. Local wineries, food prepared by local restaurants and caterers, artisans and musicians come together for a day of fun at Greater Chester Valley Sports Association, 137 Line Road, Malvern. 12 to 6 pm. Tickets \$5-\$20, 610-444-3842; BVWine Trail.com.

# FUNDRAISERS.....

## THROUGH JUNE 7

Main Line Art Center's Spring Gala Exhibition & Fundraiser. Stunning professional works of art are for sale. Benefits programs for artists with disabilities, Main Line Art Center, 746 Panmure Rd., Haverford. Mon-Fri, 9 to 9; Sat-Sun, 9 to 5. 610-525-8818; ARTSisters.org.

## JUNE 2

Chester County Futures 15th Annual Golf Classic. Chester County Futures is a povertyprevention program providing academic, mentoring and scholarship support for motivated, disadvantaged Chester County youth. Applebrook Golf Club, 100 Line Rd., Malvern. 11:30 am to 8 pm. Registration starts at \$700. 610-458-9926; CCFutures.org.

## JUNE 5

Morris Arboretum's Annual Moonlight & Roses Gala. Cocktails in the Rose Garden followed by dinner and dancing. Benefits the Arboretum's gardens and historic features. 100 E. Northwestern Ave., Philadelphia. 6 to 11:30 pm. Tickets start at \$150. 215-247-5777; MorrisArboretumGala.org.

## JUNE 6

American Helicopter Museum Gala, A Blast from the Past Bash with a "Back to the Future/1950s" theme. Cocktails at 6; dinner and entertainment, 7:30. Open bar, hors d'oeuvres, dinner, auctions and music. 1220 American Blvd., West Chester, 6 to 10. Phone for tickets, 610-436-9600; American-Helicopter.Museum.

# Local Farm Markets

Bryn Mawr Farmers Mkt., Lancaster Ave. at Bryn Mawr train station. Through Nov., Sat, 9 to 1. BrynMawr-FarmersMarket.com.

Collegeville Farmers Mkt., 217 E. Main St. *Through Nov.*, Sat, 9 to 1. 610-454-1050; CollegevilleFarmersMarket.org.

Downingtown Farmers Mkt.\*, Dane Decor Warehouse Parking Lot, 216 Washington Ave. Through Nov., Sat, 9 to 1. 610-836-1391; Growing-RootsPartners.com.

Eagleview Farmers Mkt., Town Ctr., Wellington Sq. *Year-round*, Thurs, 3 to 7. 610-836-1391: GrowinRootsPartners.com.

East Goshen Farmers Mkt., E. Gosh en Park, 1580 Paoli Pk. Through Nov., Thurs, 3 to 7. EastGoshenFarmers-Market.blogspot.com.

Kennett Square Farmers Mkt., downtown. Through Nov., Fri, 2 to 6. 610-444-8188; HistoricKennettSquare.com.

LancasterCountyFarmersMkt.,389W.Lancaster Ave., Wayne. Year-round, Wed, Fri, 8 to 6, Sat. 8 to 4, 610-688-9856; Lancaster CountyFarmersMarket.com.

Malvern Farmers Mkt., Burke Park, Roberts Rd. & S. Warren Ave. Yearround, Sat, 9 to 1. 610-836-1391; GrowingRootsPartners.com.

Media Farmers Mkt., State St. b/w Monroe & Gayley. Through Nov., Thurs, 3 to 7. 610-566-5039; Media-FarmersMarket.com.

New Garden Grower's Mkt., 8934 Gap Newport Pk. Through Nov., Sat, 9 to 1, 610-972-7194.

Oxford Village Mkt., 3rd & Locust Sts. Through Oct., Tues, 2 to 6. 610-998-9494; DowntownOxfordPA.org.

Phoenixville Farmers Mkt., 200 Mill St., under Gay St. Bridge. Through Nov., Sat, 9 to 1. PhoenixvilleFarmers Market.org.

Swarthmore Farmers Mkt., 341 Dartmouth Ave., at Swarthmore Co-Op. Through Nov., Sat, 10 to 2. FarmToCity.org.

Upper Merion Farmers Mkt., 175 W. Valley Forge Rd. *Through Nov.*, Sat, 9 to 1. 610-265-1071; UpperMerionFarmers Market.org.

West Chester Growers Mkt., Chestnut & Church Sts. Through Dec., Sat, 9 to 1. 610-436-9010; WestChesterGrowers-Market.com.

West Grove Mkt., Harmony Park, Harmony Rd. Through Oct., Thurs, 2 to 6. 610-932-5468; WestGroveFarmers Market.com.

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# JUNE 9

The 10th Great Chefs Event Top-flight chefs and mixologists from throughout the U.S. and Italy, all with a passion for fine food, offer a variety of delicious small plates. Watch the chefs at work and join in live and silent auctions. A portion of the proceeds benefits the Vetri Foundation for Children. Philadelphia Navy Yard, 5000 S. Broad St., Philadelphia. 6 to 9. Tickets start at \$350. AlexsLemonade.org.

## JUNE 10

Malvern Fire Company's 9th Annual Golf Tournament Fundraiser. A day of golf with lunch, buffet dinner and silent auction. Spring Hollow Golf Club, 3350 Schuylkill Rd, Spring City. \$85. Registration at 11 am. 610-633-9341; MalvernFireCo.com.

# JUNE 12

Stardust! Natural Lands Trust's Annual Summer Celebration. Gather for an evening of cocktails, local farm-to-table edibles and an amazing night sky featuring the constellation Bootes (the "Celestial Farmer"), an ever-amazing Saturn, and a brightlyshining Venus. Natural Lands Trust's Stroud Preserve, 454 N. Creek Rd., West Chester. 6:30 pm. Tickets begin at \$200. 610-353-5587; NatLands.org.

## JUNE 14

Oxford Arts Alliance Garden Party in the Vineyard. Come out to enjoy the Galer Estate wines and hors d'oeuvres and a silent auction. Benefits the Oxford Arts Alliance. Galer Estate Vineyard & Winery, 700 Folly Hill Rd., Kennett Square. 5 to 8. \$50. 610-467-0301; for tickets visit OxfordArt.org/Garden-Party-2015.

# JUNE 18

Tyler at Twilight Auction. It's a garden party atmosphere complete with music, cocktails and silent and live auctions. Guests sample delectable menu items from local restaurants while bidding on items and experiences from some of the best local entertainment and shopping establishments in the area. 515 Painter Rd., Media. 6 to 10 pm. \$85. 610-566-9134 TylerArboretum.org.

## JUNE 19-JULY 20

ARTSister Exhibit at Main Line Art Center, Benefits New Day Women's Drop-In Center to end human trafficking. Main Line Art Center, 746 Panmure Rd., Haverford. Reception, June 23, 6 to 8 pm. Mon-Fri, 9 to 9; Sat-Sun, 9 to 5. 610-525-8818; ARTSisters.org.

## GARDENS...

THROUGH AUGUST 11

The Delaware Center For Horticulture Tours

and Workshops. The DCH offers garden tours, nature walks, classes, workshops and more. For information and registration, TheDCH.org.

32nd Annual Demuth Garden Tour & Party.

See exclusive Lancaster locations, with urban gardens and unique home interiors. Demuth Garden Party, June 5, featuring live music, hors d'oeuvres and silent art auction at Conestoga House & Gardens, 1608 Marietta Ave., Lancaster. Res. req. Tour, Sat, 10 to 5; Sun, 11 to 5. \$18-\$20.717-299-9940; Demuth.org.

# JUNE 6

Annual Bayard Taylor Home & Garden Day.

Featuring homes and gardens in the Landenberg/New London area. Visitors can sample food and beverages from local restaurants and merchants and enjoy local artists and musicians. Benefits Bayard Taylor Memorial Library. 10 to 4. Tour, \$35. 610-444-2702; Bayard Taylor.org.

New Hope Historical Society's 22nd Annual Garden Tour. Six private Bucks County gardens are on this self-guided tour. Benefits the Parry Mansion Museum in New Hope. Map, directions and description of gardens with ticket. 10 to 4, \$35, 215-862-5652; NewHopeHS.org.







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# Maestro's Mozart

Camerata Ama Deus • Chamber Orchestra

Valentin Radu, piano

Sept 13 6:30 pm Daylesford Abbey, Paoli

Ama Deus Ensemble • Soloists, Chorus & Orchestra

Valentin Radu, piano Oct 30 8 pm Kimmel Center

# Vivaldi Joie de Vivre

Camerata Ama Deus • Baroque Chamber Orchestra

Nov 13 8 pm Chestnut Hill United Church

Nov 15 4 pm Thomas Great Hall, Bryn Mawr College

# Ama Deus Ensemble • Soloists, Chorus & Baroque Orchestra

Dec 4 7 pm St. Paul's Episcopal Church, Chestnut Hill

Dec 5 7 pm Nassau Christian Center, Princeton, NJ

4 pm Daylesford Abbey, Paoli

Dec 18 7 pm Church of the Holy Trinity, Philadelphia Dec 20 4 pm St. Katharine of Siena Church, Wayne

# Vox Renaissance Consort • Voices & Period Instruments

Dec 11 8 pm St. Paul's Episcopal Church, Chestnut Hill Dec 13 4 pm Thomas Great Hall, Bryn Mawr College

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Peter Donohoe, piano

Jan 8 8 pm Kimmel Center

# Renaissance Candlemas

**Vox Renaissance Consort • Voices & Period Instruments** 

Feb 7 6:30 pm Daylesford Abbey, Paoli

# Bach & Handel Gala

Maestro & Guests

Mar 6 5 pm Gladwyne Presbyterian Church, Gladwyne

# **Brahms Requiem**

Ama Deus Ensemble • Soloists, Chorus & Orchestra Mar 20 4 pm St. Katharine of Siena Church, Wayne

Mar 25 8 pm Kimmel Center

# Brilliant Baroque

Camerata Ama Deus • Baroque Chamber Orchestra
Apr 22 8 pm Chestnut Hill United Church

Daylesford Abbey, Paoli Apr 24 6:30 pm

Imperial Beethoven Ama Deus Ensemble • Symphony Orchestra Peter Donohoe, piano

May 20 8 pm Kimmel Center

www.VoxAmaDeus.org • 610.688.2800

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## JUNE 14

Scott Associates Garden Day. See glorious gardens and get valuable tips from local gardeners in the Malvern area. Tour is followed by a reception at Chanticleer. Tour, 2 to 5; reception 5 to 7. \$15-\$25. For a map and information, 610-328-8025; ScottArboretum.org.

## MUSEUMS.....

# THROUGH AUGUST 23

Brandywine River Museum Exhibits & Events. Through July 19, "Horace Pippin: The Way I See It." Through Aug. 23, "Pointed Pens: Selected Cartoons from the Permanent Collection." June 3, 10, Plein Air Painting at Laurels Preserve and Waterloo Mills Preserve, to register, 610-388-8386. Rt. 1, Chadds Ford. Daily 9:30 to 4:30. \$6-\$15. 610-388-2700; BrandywineMuseum.org.

# THROUGH AUGUST

Chester County Historical Society Events & Exhibit. "The 1960s Pop Culture: Movies, Memorabilia and the Media," The Steve and Michell Friedman Collection. 225 N. High St., West Chester. Wed-Sat, 9:30 to 4:30. 610-692-4800; ChesterCoHistorial.org.

# THROUGH SEPTEMBER 7

Brandywine Treasure Trail Passport. Valid for one general admission visit at each of the 11 area sites. Passports start at just \$45. For a list of attractions, visit BrandywineTreasures.org.

# THROUGH NOVEMBER

Christian C. Sanderson Museum. New: The Abraham Lincoln Exhibit, And "Sanderson's Summer Stories" where children enjoy an interactive book reading and participate in a related craft and snack. 1755 Creek Rd., Chadds Ford. Thurs-Sat, noon to 4 or by appt. \$5. 610-388-6545; SandersonMuseum.org.

# THROUGH JANUARY 3, 2016

Winterthur Museum—A Colorful Folk: Pennsylvania Germans & the Art of Everyday Life. A comprehensive exhibition exploring the unique world of the Pennsylvania Germans and their colorful folk art. 5105 Kennett Pk. (Rt. 52), Winterthur. Tues-Sun, 10 to 5. \$5-\$20. 800-448-3883; Winterthur.org.

# MUSIC, ENTERTAINMENT.....

JUNE 2-JULY 7

Eagleview Town Center Concerts on the Square. June 2, Dylan Jane, Paul Kenn and Ian Foster; June 9, Writers-in-the-Round; June 16, Anthony D'Amato; June 23, The Bros. Landreth and Nora Jane Struthers; July 7, Shook Twins with Mason Porter. Concerts through Aug. 25. Canned food items requested for Chester County Food Bank. Wellington Square, Eagleview. 7 pm. Free. In case of rain, phone 800-851-2779. In Eagleview.com.

## JUNE 4-26

At The Colonial Theatre. June 4, Leon Russell, \$25-\$39.50; June 7, Theatre Organ Concert, 2 pm, \$5-15; June 20, Vic Dibitetto with Fred Rubino, \$25-\$30; June 26, Bringing Back the Bacons, benefitting both Association of the Colonial Theatre (ACT) and French and Pickering Creeks Conservation Trust, \$50-\$100. 227 Bridge St., Phoenixville. 8 pm. 610-917-1228; TheColonialTheatre.com.



# JUNE 6

Wayne Magazine Music Festival. Come out and enjoy the music and festivities on N. Wayne Ave., Wayne. Noon to 10 pm. Wayne-Magazine.com.

# JUNE 6-27

Bryn Mawr Twilight Concert Series. June 6, XPN Welcomes John Gorka, opener Laura Promiscuo; June 7, Tresspass: Genesis Tribute Band; June 12, Cabin Dogs; June 19, Larry McKenna & The Girls of Summer; June 20, David Wilcox, opener Mark Schultz; June 27, Recess Monkey, kids night. Concerts through Aug. 8. Bryn Mawr Gazebo, 9 S. Bryn Mawr Ave., Bryn Mawr. 7 pm. \$12 donation. 610-864-4303; BrynMawrTwilightConcerts.com.

# JUNE 7

Jazz at the Springs. Grab chairs and blankets and settle in for an afternoon of great jazz. On the old tennis courts behind the Chester Springs Studio, 1668 Art School Rd., Chester Springs. The Washington Bldg in case of rain. 3 pm. Free. 610-827-7414; YellowSprings.org.

## JUNE 13

15th Annual State Street Blues Stroll in Downtown Media. WXPN welcomes a tremenous line-up of performances. State St. 6 pm to 1 am. \$20-\$25, one ticket admits to all stages. StateStreetBlues.com.

# JUNE 14-JULY 12

West Goshen Summer Concerts. June 14, Cat's Pajamas; June 28, The Greaseband; July 12, Zydeco-A-Go-Go. Concerts through Aug. 23. West Goshen Comm. Park, N. Five Points & Fern Hill Rds. Rainsite: West Chester East High Sch. Auditorium. Dry goods donations for West Chester Food Cupboard. 6:30 pm. 610-696-5266; WGoshen.org.

# JUNE 14-JULY 12

Miller Park Summer Concert Series. June 14, Greaseband; June 28, Lights Out: A Frankie Valli Tribute Band; July 12, Chico's Vibe,

fireworks at 9:30. Concerts through August 23. Albert C. Miller Memorial Park, 220 Miller Way, Exton. 6:30. Free, Rain dates the following Sunday. 610-363-9525; West-Whiteland.org.

# JUNE 17-JULY 3

Delaware County Summer Festival. Grab your blankets and enjoy these summer performances. June 17, Rose Tree Pops and Westminster Presbyterian Choir; June 18, Charlie Gracie; June 19, James Day & The Fish Fry; June 20, Eaglemania: Eagles Tribute; June 21, Chico's Vibe; June 24, Chester County Concert Band-Peter Moses at 10 am; June 25, An Evening with the Eric Mintel Quintet; June 26, Wojamm & Shiron Denise; June 27, Philbilly; June 28, Live at the Fillmore; July 1, Sensational Soul Cruisers; July 2, Upper Darby Sousa Band; July 3, Steve Pullara & His Cool Beans Band, 10 am. Concerts through August 16. Rose Tree Park, Rt. 252 & Providence Rd., Upper Providence, 7:30, Free, 610-891-4455; Co.Delaware.PA.US/Summer.

## JUNE 20

Kennett Symphony of Chester County, "Classical Music Goes to the Movies." "Tonight's concert will be a night of 'I didn't know I knew that!" according to conductor Michael Hall. Longwood Gardens Open Air Theatre, 1001 Longwood Rd., Kennett Square. 7 pm. \$10-\$45. 610-444-6363; KennettSymphony.org.



# JUNE 23, JULY 7

# Longwood Gardens Summer Concert Series.

Get your tickets early as the summer lineup is heating up! June 12-13, The Savoy Company, see Theater; June 23, Mary Chapin Carpenter with special guest Aoife O'Donovan; July 7, Peter Yarrow and Noel Paul Stookey. Concerts through Sept. 26. 1001 Longwood Rd., Kennett Square. Most free with garden admission. 610-388-1000; LongwoodGardens.org.

# JUNE 24, JULY 1

Summer Concert Series at Anson B. Nixon Park. Enjoy a free concert in the park, light supper available for purchase. June 24, Dukes of Destiny; July 1, Christine Havrilla and Gypsy Fuzz. Concerts though Aug. 12. Walnut Rd., Kennett Square. 7 to 9 pm. Free. 610-444-1416; AnsonBNixonPark.org.

## JUNE 25. JULY 9

Summer in the Park Concert Series at Wilson Farm Park. June 25, Chico's Vibe; July 9, Cool Confusion. Concerts through July 30. Wilson Farm Park, 500 Lee Rd., Chesterbrook. 7 pm. Free. 610-408-3626; Tredyffrin.org/ Departments/Parks.

# OUTDOOR ACTIVITIES.....

SATURDAYS, THROUGH SEPTEMBER Schuylkill River Pedal and Paddle. Take a 4.5 mile bike ride from Pottstown's Riverfront Park to Historic Morlatton Village in Douglassville. Lunch, bikes, kayaks and all kayaking gear are provided. 9 to 2. \$25. To register phone 484-945-0200 or visit SchuylkillRiver.org.

# JUNE 6

Relay For Life. Take up the fight against cancer and honor those affected by the disease. Walk the track and enjoy games, activities, music, food and drinks. The event will close with a moving luminaria ceremony. Great Valley High School, 225 Phoenixville Pk., Malvern. 3 to 9 pm. RelayForLife.org/PaGreatValley.

## JUNE 6-12

17th Annual Schuylkill River Sojourn. A 112mile guided canoe or kayak trip, beginning in Schuylkill Haven and ending in Philadelphia.

Enjoy rapids, songs at the campsites and celebrations in the river towns. 484-945-0200; SchuylkillRiver.org/Sojourn.aspx.

# JUNE 7

Radnor Conservancy Race For Open Space. Bring the entire family as there's a shorter course for walkers and activities for children. Begin at Willows Park in Radnor, through scenic woods and past the community garden in Skunk Hollow Park and end at Willows Cottage. Registration at 8, race at 9. 610-688-8202; To register, Radnor

# JUNE 14

Conservancy.org.

Annual French Creek Iron Tour Cycling for Open Space. Riders participate on a course



designed for all levels, ranging from 12 to 100 miles. Benefits French and Pickering Creeks Conservation Trust. Kimberton Fire Co. Fairgrounds, 752 Pike Springs Rd., Phoenixville. Check website for times. \$40; under 15, free. 610-933-7577; IronTour.org.

4th Annual Trail Blazer Run. Five-mile trail run and 1.5 mile family fun hike. Benefits the East Bradford Township Trail Program. Paradise Farm Camps, 1300 Valley Creek Rd., Downingtown. 6:30 pm. Food and beverage by Victory Brewing Co. RunTheDay.com.

# JUNE 25-28

24th Annual Pottstown Rumble. Premiere grass doubles volleyball tournament, attracting nationally ranked pros, amateurs and kids. Vendors and music throughout the weekend. Manatawny Park, 61 W. King St., Pottstown. PottstownRumble.com.

# JUNE 28

33rd Canal Day. Fun at Lock 60 on the Schuylkill Canal with water sports competitions, a canal joust, games, crafts, a horseshoe tournament, food, music, races and more. Schuylkill Canal Lock 60 & St. Michael's Park, Mont Clare, 8:30 to 4, \$15, 610-917-0021; SchuylkillCanal.org.



# **Celebrate the 30th Anniversary of the Delaware Chamber Music Festival!** Join us for this annual 4-concert series of world-class chamber music—featuring everything from Schubert's "Trout" Quintet to Brahms and Brubeck to female composers and contemporary works—performed by noted guest artists and The Festival Quartet led by Philadelphia Orchestra violinist, Barbara Govatos. 2015 Delaware Chamber Music Festival Friday & Sunday, June 12 & 14 Friday & Sunday, June 19 & 21 All performances held at The Music School of Delaware in Wilmington, Delaware. Tickets & full festival information available at dcmf.org or call 302.442.0572.

# THEATER.....

JUNE 3-28

How to Write a New Book for the Bible. Jesuit priest and award-winning playwright, Bill Cain, brings personal history, humor and heart to this play about a man who must care for his dying mother. People's Light, 39 Conestoga Rd., Malvern. Call for curtain times. \$27-\$68. 610-644-3500; PeoplesLight.org.

JUNE 16-21

My Mother Has 4 Noses. Singer/songwriter Jonatha Brooke shares her experiences with her mother, weaving 10 new songs through her stories. People's Light, 39 Conestoga Rd., Malvern. Call for curtain times. \$27-\$68. 610-644-3500; PeoplesLight.org.

JUNE 12-13

The Savoy Company Presents Patience. The story of 20 lovesick maidens who abandon their fiancées to moon over two poets. Longwood Gardens, 1001 E. Baltimore Pk., Kennett Square, 8:30 p.m. \$30. 215-735-7161; Savoy.org.

# TOWNS.TALKS&TOURS.....

JUNE 5

First Fridays. Stroll through area towns to find

610-444-8188; HistoricKennettSquare.com. Lancaster City, 717-509-ARTS; LancasterArts. com. Oxford, 610-998-9494; DowntownOxfordPA.org. Wayne, 610-687-7698; FirstFridayWayne.com. West Chester, 610-738-3350: DowntownWestChester.com; Wilmington, 302-576-2100; ArtLoopWilmingtonDE.com.

## JUNE 18

Malvern Stroll, Third Thursdays. The shops on King Street are open until 8 and offer special trunk shows, demonstrations, entertainment and refreshments, plus specials at restaurants offer specials. MalvernBusiness.com.

exhibits, galleries, restaurant specials, entertain-

ment and extended hours. Kennett Square,

## JUNE 18

Third Thursday on State Street in Kennett Square. Visitors enjoy outdoor dining, shopping, live music, strolling entertainers and kid's activities, 6 to 10, 610-444-8188, HistoricKennettSquare.com.

# JUNE 11-AUGUST 20

Town Tours & Village Walks. Mark your calendars for the 21st summer of sharing Chester County's heritage. Free summer strolls take you through the county's historic neighborhoods, hamlets, villages and sites. June 11, West Chester Kick-Off and Tour, pre-registration required; June 14, Special Program: tour Mt. Zion African Methodist Episcopal (AME) Church, 3 pm, phone 610-648-5835; June 18, Freedmen, Fugitives and Friends, Kennett Square; June 25, Longwood Progressive Meeting; *July 9*, Under the Groud at Yellow Springs; July 16, Into West Vincent: A Journey to Freedom; July 23, A Walk in the Park: Exploring Phoenixville's Reeves Park; July 30, Walking Through History on the Chester Valley Trail; August 6, Quakers and the Underground Railroad in the Coatesville Area; August 13, Historic West Grove Borough; August 20, West Whiteland Township: 250 Years of History by Trolley in West Whiteland, must pre-register for this one, tour leaves at 3 pm. Other tours begin at 5:30; last tour leaves at 7 pm. Free. Light refreshments are served on all tours. 610-344-6285; ChesCo.org/Planning/TownTours. ◆

# Stay in the know with everything going on in County Lines country. Sign up for our monthly Events Newsletter at Newsletter@ValleyDel.com

Send a description of your activity to Info@ValleyDel.com by the first of the month preceding publication.

For more events visit:

CountyLinesMagazine.com



2015-2016 SEASON

# World class theatre in your backyard

# All My Sons

By Arthur Miller Directed by Kamilah Forbes SEPTEMBER 9 - OCTOBER 4, 2015

# **Auctioning the Ainslevs** By Laura Schellhardt

Directed by Abigail Adams OCTOBER 14 - NOVEMBER 8, 2015

# The Three Musketeers (The Later Years): A Musical Panto

By Kathryn Petersen Music & Lyrics by Michael Ogborn Directed by Pete Pryor NOVEMBER 18, 2015 - JANUARY 10, 2016

# Sense and Sensibility

By Jane Austen Adapted by Joseph Hanreddy & J.R. Sullivan Directed by Joseph Hanreddy FEBRUARY 10 - MARCH 20, 2016

# Richard III

By William Shakespeare Directed by Samantha Bellomo MARCH 16 - APRIL 24, 2016

# A Single Shard

By Linda Sue Park Adapted by Robert Schenkkan Directed by Seema Sueko APRIL 27 - MAY 29, 2016

# The Harassment of Iris Mallov

By Zak Berkman Directed by Lisa Rothe JUNE 15 - JULY 10, 2016

# Ring of Fire: The Music of Johnny Cash

Created by Richard Maltby, Jr. Conceived by William Meade Orchestrations by Steven Bishop & Jeff Lisenby Directed by Sherry Lutken JULY 20 - AUGUST 14, 2016



610.644.3500 • peopleslight.org



# at PEOPLE'S LIGHT

JUNE 3-AUGUST 23

PEOPLE'S LIGHT, the professional regional theater in the heart of Chester County, celebrates the end of its 40th anniversary season with two new plays about love and the hilarity and heartbreak that come along with it.

Bill Cain's How to Write a New Book for the Bible, running from June 3-28, follows a son attempting to care for his gravely ill mother in the last months of her life, a task made all the more challenging by his mom's wit, charm and uncanny ability to outsmart him at every turn.

MARY (to her physical therapist): Well, Zach, do I pass?

THERAPIST: Your son seems to think you need a cane, but as far as I can see -

MARY: Hés a good boy. Hés just worried about me.

THERAPIST: Now if you ever do need any help -

MARY: No, Billy will take care of me. He doesn't have anything better to do. He's a writer.





Bruce Graham's Stella & Lou, set in a South Philly bar, runs from July 15-August 23 and features a middle-aged man and woman facing their last shot at love, fighting as hard as they can to resist the powerful forces drawing them together. Will they realize that they're made for each other, or walk away?

STELLA: I'm gonna' have another.

LOU: Two beers. You're not gonna' get outta' hand, are ya?

STELLA (slightly flirtatious): *Full moon. Ya never know. Think* you could handle me?

LOU: I got a baseball bat back here somewhere.

These tender, funny, unsentimental plays take an incisive look at the complicated ties that bind us to and separate us from the people most central to our lives, the people that delight us like no one else, and frustrate us like no one else.

Come celebrate the beautiful mess of love at People's Light this summer. •

- Mary Elizabeth Scallen



# IF YOU GO:

Where: People's Light 39 Conestoga Rd., Malvern

**When:** *How to Write a New Book for the Bible,* June 3–28

Stella & Lou, July 15-August 23

Box Office: 610-644-3500; PeoplesLight.org

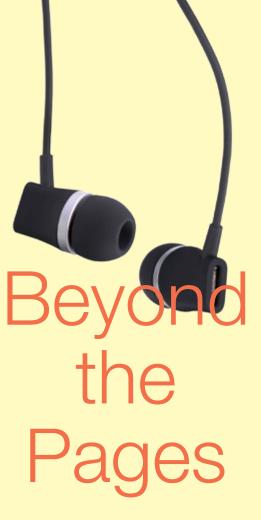
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Andrea Kiliany Thatcher Chester County Book Company



AUDIOBOOKS ARE A STRANGE DICHOTOMY of analog and digital, ancient and modern. After all, what's older than listening to stories? But what's more current than putting a new release on your phone and listening in minutes? Writing once available only on a stone tablet can now be enjoyed in the voice of your favorite actor on your iPad or other tablet, while you sit at home, exercise at the gym, or drive to the shore.

Those who are already fond of audiobooks for their commute, long drives or just to enjoy their favorite writing are well versed in the pleasures of listening to stories on tape, or CD or iTunes audio file. But the new technology that cut the old-school audio-tape out of the equation has led to a surge in audiobook popularity among those already in the know, and new users who'd never considered the medium before. Not everyone realizes you can put an audiobook on your digital device as easily as you transfer files from your music CDs.

Here are some of my audiobook picks for your summer car trip, to feel like you're escaping your office, or just for fun.

# Still Alice

by Lisa Genova

read by the author

Still Alice has been a breakout New York Times Best-Seller, and basis for an Oscar-winning movie, by first-time author Lisa Genova, who holds a Ph.D. in neuroscience from Harvard University. The novel follows what can at

times feel like Alice Howland's descent into madness, but is in actuality her journey with early-onset Alzheimer's disease.

Wild

Cheryl Strayed





This is a serious, sometimes heartbreaking read, so I'd recommend it for a quiet moment alone and not a raucous Griswold-family-style vacation car trip.

# Wild

# by Cheryl Strayed

read by Bernadette Dunne

If you're setting out on an adventure, heading into the wilderness, or making big life changes, this might be the perfect soundtrack for your journey. The words "honest" and "unflinching" seem specially created to describe this story. Cheryl Strayed has dealt with her mother's death by destroying her relationship, going on a dangerous drug-fueled bender. She roams

aimlessly, both geographically and sexually, until she decides to give structure to her life by hiking the Pacific Crest Trail.

# Gone Girl by Gillian Flynn

read by Kirby Heyborne and Julia Whelan

Didn't pick up the book? Haven't seen the movie? Or maybe you loved both. Either way, this suspenseful thriller will make the hours of a long drive fly by. It's Nick and Amy Dunne's fifth wedding anniversary when we meet the couple and Amy goes missing. You can't help but suspect Nick, and thanks to Amy's diary entries, you can't entirely blame whoever did it. A surprising plot twist or two will keep you on

the edge of your seat with this one, read for maximum listening pleasure by a man and woman for Nick's and Amy's parts.

# **Bossypants**by Tina Fey

ready by the author

This book, along with Amy Poehler's Yes, Please (also read by that author), is a delight to listen to being performed by a familiar, beloved voice even if you've read it a million times. I say performed, instead of read, because Tina Fey's and Amy Poehler's stand-up comic backgrounds really enliven these performances in a way even the most engaging actors' who read audiobooks would envy. But be careful about listening

# **MORE AUDIOBOOKS**

Just like Best Seller lists and Top 100 lists for books in print, certain audiobooks have developed cult followings, especially those with famous readers and inspired matches between reader and material. Here are a few to check out after you get the audiobook bug.

# Classics

- Jeremy Irons reads Vladimir Nabokov's Lolita
- Alan Cumming reads Bram Stoker's Dracula
- Anne Hathaway reads L. Frank Baum's The Wonderful Wizard of Oz
- Nicole Kidman reads Virginia Woolf's To The Ligthouse
- Patrick Stewart reads Charles Dickens' A Christmas Carol
- Hugh Laurie reads Johnathan Swift's Gulliver's Travels

# **Contemporary Fiction**

- Jenna Lamia, Bahni Turpin, Octavia Spencer and Cassandra Campbell read Kathryn Stockett's *The Help*
- Dustin Hoffman reads Jerzy Kosinski's Being There
- Diane Keaton reads Joan Didion's Slouching Towards Bethlehem
- Toni Morrison reads her Song of Soloman
- Samuel L. Jackson reads Chester Himes' A Rage in Harlem

# Bios and Autobiographies

- Johnny Depp and others read Keith Richard's Life
- Ellen DeGeneres reads her The Funny Thing Is...
- Patti Smith reads her *Just Kids*
- Mindy Kaling reads her Is Everyone Hanging Out Without Me

to this one at work—you will definitely laugh out loud.

# The End of the Affair

by Graham Greene read by Colin Firth

If you've ever dreamt of being read to by Mr. Darcy, this is your chance. Reading one of Greene's more sadly romantic books, Firth's storytelling is as poignantly emotional as the love affair that's recounted in the novel. This would be a great way to sneak some classic literature into your audio diet, with a bit of Hollywood glamour for seasoning.

# The Handmaid's Tale

by Margaret Atwood

read by Claire Danes

I really didn't think you could elevate Margaret Atwood, and I'm sure actress Claire Danes would demure at the idea. But if it's possible, Danes' pitch-perfect telling of the story makes this dystopian future even more engaging than it already was. Despite knowing the story, I was never bored for a second and looked forward to how Carrie Mathison, I mean Danes, would play this part or that. If you've devoured Atwood's new *MaddAddam* trilogy and are hungry for more, this is a delicious morsel.

# The Harry Potter Series

by J. K. Rowling

read by Jim Dale

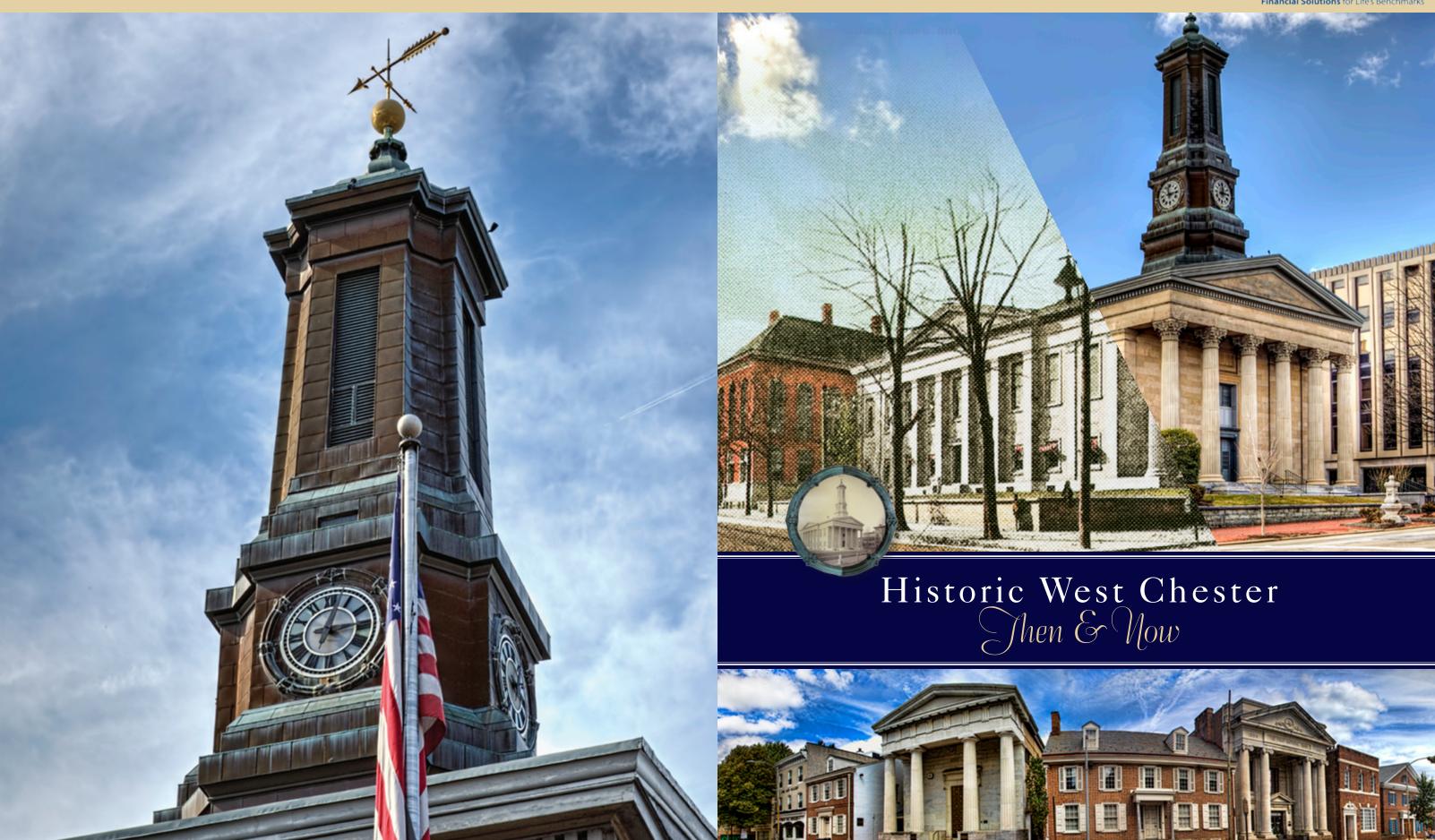
I mention this reading mostly because Jim Dale is a superstar in the audiobook world, in the same way that Harry Potter is a star of the wizards' world. Dale is remarkable for the voices he comes up with to narrate a tale—134 voices specifically for the *Harry Potter* septet! This is a real family-wide, multi-generational crowd pleaser. Dale is also known for his readings of *The Night Circus, A Christmas Carol, Around the World in 80 Days*, and *Peter Pan*.

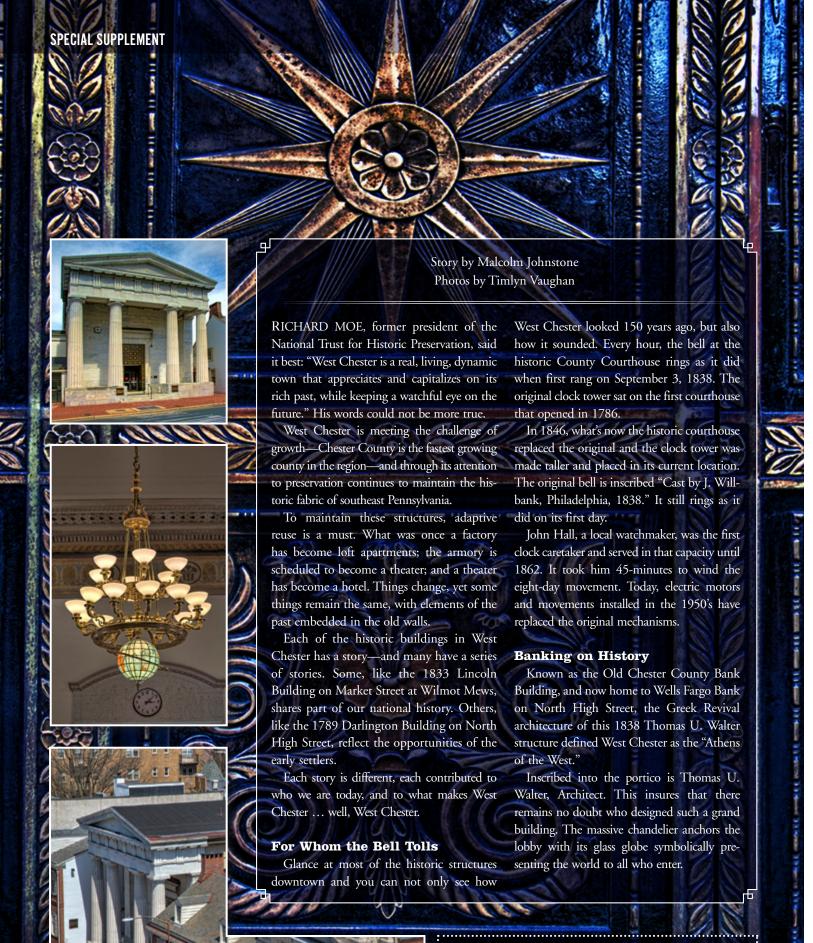
Chester County Book Company, an independently owned bookseller in West Chester, welcomes you to their upcoming events. Check the Events Section of this issue and their website. Shop small, shop local, shop Chester County 967 Paoli Pk., West Goshen Center, West Chester. 610-696-1661; CCBMC.com.





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## West Chester's Skyscraper

The most striking feature of the Farmers & Mechanics (F&M) Building is that it's West Chester's first and only skyscraper. Located at High and Market Street, the six-story structure was designed by William C. Prichett and completed in 1908. At a height of 90-feet, the Beaux Arts-style building remains the tallest commercial structure downtown. The neoclassical exterior is faced with Indiana limestone and yellow hard-face brick with decorative terra cotta details.

Recently purchased by Myles Development Company, the F&M Building is slated for adaptive reuse with plans for a 40-room luxury hotel. A restaurant will be located on the first floor and mezzanine, while the roof deck will feature a swimming pool with tapas-style dining and a great view of the town.

# A Bit of Art Nouveau

In the 1920s, Hollywood movie studios began building giant single-screen auditoriums featuring plush décor and the newest movie technology, all to the delight of America's audiences. West Chester was selected by Warner Bros. Pictures as the location for an opulent 1,600-seat regional theater. The Warner Theatre opened in 1930 at 120 North High Street, replacing a horse stable and corral that had previously occupied the space.

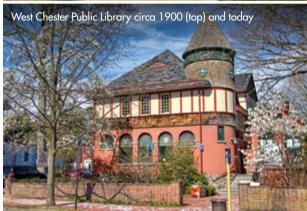
Everything about it was new, including its Art Deco design. The developer, the Stanley Company of America, along with the architect firm Rapp & Rapp of Chicago, eventually designed more than 400 such theaters throughout the country.

By the 1980s, the Warner Theatre could no longer compete with new trends and was demolished in 1986 to become a parking lot. But the original façade was preserved and what had been the theater lobby is now the lobby of The Hotel Warner.

The staircase leading to the second floor still remains in all its original elegance. The 80 rooms of the new hotel are where the theatre auditorium once was. Local developer and owner Brian McFadden worked with Bernardon Haber Holloway Architects of Kennett Square to design the hotel and insured the architecture of the new wing complements the historic design.

THIS PAGE: from top: Old Chester County Bank Building,













# West Chester Public Library

Although West Chester's first Library Company was formed in 1815, it wasn't until 1872 that the West Chester Public Library was established and eventually found a permanent home at 415 North Church Street. The Queen Anne style structure, constructed in 1888, was designed by T. Roney Williamson and features a tower accented by copper making it one of West Chester's most impressive public buildings.

Of special note are five windows of Tiffany-style glass. Three windows illustrate quotes by Bayard Taylor (1825-1878), a nationally known author from Chester County.

In 2005, a \$2.3-million renovation of the library was completed under the guidance of the architectural firm Frens & Frens, doubling the usable space while preserving the historic features.













# Historic Parks

Inspired by Washington Square Park in Philadelphia, Marshall Square Park (at Marshall and Matlack Streets) was first developed as an arboretum for botanical research to provide "suitable walks and introducing various ornamental trees and shrubbery." In 1878 it became a public park, predating New York City's Central Park by nine years. It's named after Humphrey Marshall, a local farmer who was one of America's first true botanists.

When the Civil War ended, plans began to erect a 50-foot tall monument honoring West Chester's 97th Pennsylvania Volunteer Infantry Regiment. It took 23 years to fund and complete, but the monument now occupies the highest point in the Borough at the southwest corner of the park. Supported by

Friends of Marshall Square Park with oversight by West Chester Parks & Recreation, the park hosts events throughout the year.

Everhart Park (at Bradford Avenue and West Miner Street) was donated to the Borough of West Chester in 1905 by Dr. Isaiah Everhart. It provides a dog run (dogs must be leashed and curbed), children's playground, walking paths, picnic areas and public events.

Everhart Park was the scene of the great American artist Horace Pippin's last work, a painting of a red bench. There is an actual red bench in the park that's maintained by Friends of Everhart Park with oversight by West Chester Parks & Recreation. The painting, *Man on a Bench*, is on exhibit at the Brandywine River Museum, "The Way I See It," through July 19. •





Horace Pippin painting, on exhibit at the Brandywine River Museum.

HISTORIC WEST CHESTER / THEN AND NOW 5

HISTORIC WEST CHESTER / THEN AND NOW

# **BEST SUMMER EVENTS IN WEST CHESTER**

THURSDAYS JUNE 4-SEPTEMBER 3

SWINGIN' SUMMER THURSDAYS. Great food. live music, clowns, artists, magicians, jugglers & more. June 4, TBA; July 2, Nxt 2 Normal and Phyllis Chapell & Siora; Aug. 6, Those People and The Mighty Manatees; Sept. 3, Dirk Quinn and Dirty People. Gay St. between High & Darlington or High & Matlack, 6:30 to 9:30, 610-436-9010; DowntownWestChester.com.

JUNE 5 SEPT. 4 OCT. 2

VINTAGE GARAGE SALE. Live music, food, wine tastings and vintage home goods, clothing, jewelry, art and more for sale. Parking Garage, 14 E. Chestnut St. 610-436-9010; AVintageGarageSale.com.



WEST CHESTER'S 13TH ANNUAL "UP ON THE ROOF". See Of Special Note in this issue.

WEST CHESTER SPRING FLEA MARKET & BIKE SALE. West Chester Municipal Bldg., 401 E, Gay St., West Chester. 9 to 1. 610-436-9010; WestChester.com.

SUPER SUNDAY. A huge street festival with kid's crafts, games, rides, food vendors, live bands and artisans. Gay St., from Matlack to Darlington Sts.; High St. from Chestnut to Market Sts. 11 to 5. 610-692-7574: West-Chester.com



JUNE 11 JUNE 18 JULY 9 JULY 16

UPTOWN! ENTERTAINMENT PRESENTS ... Films: June 11, Elvis Presley double feature, Viva Las Vegas at 6:30, Jailhouse Rock at 8. July 9, Independence Day, 7 pm. Doors open at 6. Donation suggested. Jazz Cocktail Hour: June 18, Drew Nugent & The Midnight Society; July 16, The Larry McKenna Quartet. Doors open at 6; concert 6:30. \$15. Ballroom at the Westside, 430 Hannum Ave., West Chester. UptownWestChester.org.

TOWN TOURS & VILLAGE WALKS. Mark your calendars for the 20th summer of sharing Chester

County's heritage. Free summer strolls take you JULY 19 through the County's historic neighborhoods, hamlets, villages and sites. June 11, West Chester Kick-Off and Tour. ChesCo.org/Planning/TownTours. See Events in this issue for more.

# JUNE 18, JULY 16, AUGUST 20

MUSIC AT MARSHALL SQUARE PARK. Come to the gazebo in Marshall Square Park for these picnic concerts. Visit the website for performers. 248 E. Marshall St. 6:30 pm. Free. 610-436-9010; MarshallSquarePark.org.

FATHERFEST AT THE AMERICAN HELICOPTER

MUSEUM. Bring Dad to the museum for the antique car and motorcycle show, remote control drone air show and helicopter ride. 1220 American Blvd. 11 to 3. \$10; helicopter rides, \$50. 610-436-9600; American Helicopter.Museum/Events.



ANNUAL TRIAL RUN, 5K RUN/WALK. Enjoy a scenic, shaded, fast course through the Borough. Cash prizes for top finishers. Benefits Legal Aid of SE Pennsylvania. Registration 7:30 am. Run and walk, 8. \$8-\$10. TrialRun5K.com

17TH ANNUAL CHESTER COUNTY CHALLENGE FOR CANCER BIKE TOURS. Premiere bike ride in Chester County, 63-, 50- and 25-mile noncompetitive rides, 10- and 5-mile family rides benefit The Cancer Program at the Hospital and Neighborhood Hospice. Begins at Fern Hill Med.

Office Bldg., 915 Old Fern Hill Rd. Reg. 7:30 am.

CHESTER COUNTY HOSPITAL POLO CUP. See Of Special Note in this issue.

\$45-\$55, 610-431-5329; CCCRide.com.

JUNE 14-AUGUST 23

WEST GOSHEN SUMMER CONCERTS. West Goshen Comm. Park, N. Five Points & Fern Hill Rds. 6:30 pm. 610-696-5266; WGoshen.org. See Events in this issue for more.

FREE THEATRE IN THE PARKS. Pack a picnic, bring a blanket, sit back and enjoy Commonwealth Classic Theatre Company's The Tempest. Everhart Park, 100 S. Brandywine St. 7 pm. Commonwealth-ClassicTheatre.org.

33RD ANNUAL TURK'S HEAD MUSIC FESTIVAL. Great bands. lots of crafters, children's activities and food vendors. Everhart Park, 100 S. Brandywine St. Noon to 8 pm. Rain date, July 26. 610-436-9010; TurksHead-

# JULY 27-AUGUST 1

GOSHEN COUNTRY FAIR. An old-fashioned fair with agricultural exhibits, rides and entertainment. Benefits the volunteer Goshen Fire Company. Gates open 6 pm. Fair Grounds, Park Ave., off West Chester Pk. 610-430-1554; GoshenCountryFair.org.

**3RD ANNUAL NATIONAL NIGHT OUT AGAINST** 

CRIME. West Chester Borough Police Department invites families to enjoy live entertainment, free refreshments, kid's activities, police displays, fire and EMS vehicles and a meet-and-greet with local responders. West Chester Municipal Bldg., 401 E. Gav St., West Chester, 6 to 9.

IRON HILL TWILIGHT CRITERIUM. Pro bike racing and family fun in downtown West Chester. Plus a Kid's Zone, Mile Dash, bungee jumping, community festival, great food. Begins at 4 pm. IronHill-TwilightCriterium.com.



# AUGUST 16

TOUCH A TRUCK DAY. See different models of cars and trucks—dump trucks, cement mixers, fire trucks, new cars and everything in between. Chester County Gov. Services Complex, 601 Westtown Rd. Noon to 4 pm. Parking \$2. 610-436-9010; West-

CHESTER COUNTY RESTAURANT FESTIVAL.

Great food, a beer and wine garden, live entertainment and vendors. Held on Gay and Market Sts. The beer and wine garden is located on Gay & Church Sts. Noon to 5. Raindate, Sept. 27. 610-436-9010; West-Chester.com.



# A Little More of THEN and a Lot More for NOW

FOR THEN: If your interest has been piqued by Malcolm Johnstone's profile of five grand historic buildings and two must-visit parks, then you'll want to check out the Downtown West Chester.com website and blogs to soak up more local history.

Here's a sample. You'll read about the 1712 **Dower House,** a stone house on Goshen Road and the oldest continuously occupied.

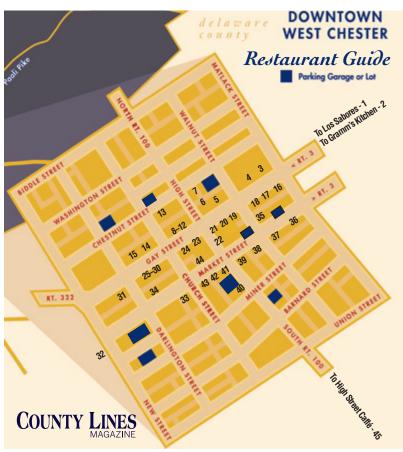
Or maybe you'll want to learn more of the history of the first tavern, approved in 1762, and how The Turks Head lent its name to the early settlement that became West Chester.

Perhaps you'd like to visit famed architect Thomas U. Walter's last addition to West Chester in 1848, Horticultural Hall (now part of The Chester County Historical Society and also worth a visit).

You can combine a visit to the **Lincoln Building** to see where the first biography of Abraham Lincoln was published in 1860, helping launch his career, and enjoy a spot of tea at The Lincoln Room.

A visit to the **West Chester University** is worth including in your history hunt. Founded as a State Normal School in 1871, WCU is where abolitionist Frederick Douglass made his last speech in 1895. A bronze statue of Douglass was dedicated in 2013 in his honor. FOR NOW: All that history is bound to make you work up an appetite, and there's no place better than Downtown West Chester to find just the right restaurant to satisfy every taste.

We hope the Restaurant Guide will lead you to a great meal. For more of what's happening now, check out our Events page.



# **RESTAURANT GUIDE**

- 1. Los Sabores
- 2. Gramm's Kitchen
- 3. Roots Cafe 4. Doc Magrogan's
- Oyster House
- 5. Social Lounge & Bar
- 6. Sprout Music Collective
- 7. Three Little Pigs
- 8. Iron Hill Brewery &
- 9. Buddy's Burgers, Breasts
- 10. Smoked Tex-Mex
- 11. The Couch Tomato Café 12. La Mamba
- 13. Kooma
- 14. Saloon 151\* 15. Star of India
- 16. i-Pasta
- 17. Avalon
- 18. DeStarr's
- 19. Teca
- 20 Classic Diner
- 21. Side Bar & Restaurant

- 22. Lorenzo & Sons Pizza\*
- 23. Baco Juice & Taco Bar
  - 24. Kildare's Irish Pub 25. Penn's Table
  - 26. Ryan's Pub & Restaurant
  - 27 Olive Branch Rest. 28. Jitter's Sports Bar
  - 29. The Mediterranean
  - 30. Landmark Americana 31 Bob Bon Sushi
  - 32. Nudv's Café
  - 33. Mumbai Bistro
  - 34. Pietro's Prime
  - 35. Limoncello
  - 36. Boxcar Brewery
  - 37. Más Mexicali Cantina 38. Rams Head Bar & Grill
  - 39. Barnaby's
  - 40. RapiDOUGH\*
  - 41. Market Street Grill
  - 42 Tsunami
  - 43. The Lincoln Room 44. Mercato Ristorante & Bar

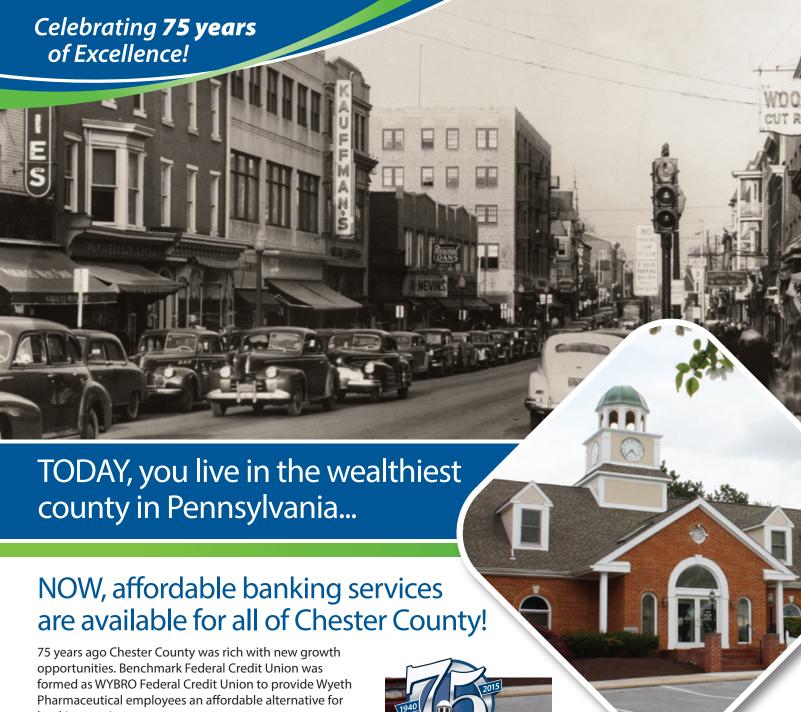
45. High Street Caffé

With deep roots in Chester County, Benchmark Federal Credit Union marks its 75th anniversary. Founded in 1940 for employees of John Wyeth & Brothers, Inc. (later Wyeth Pharmaceuticals and Pfizer), today this not-for-profit financial cooperative serves anyone who lives, worships, works, or attends school in Chester County, Pennsylvania. "One thing that hasn't changed in our 75-year history is our core value of putting members first," says David LaSala, President and CEO. "We've been building lifelong relationships, and our sole focus is to support and improve our members' economic well-being throughout their lives. We're proud to sponsor this special supplement."



Financial Solutions for Life's Benchmarks

Historic West Chester Then and Now **Historic West Chester** Then and Now 7



banking services.

# In Celebration of 75 years we now offer these services to vou!

Today all persons who live, worship, work, or attend school within Chester County, Pennsylvania are eligible to join Benchmark Federal Credit Union. We are a full-service financial institution that offers financial solutions for life's benchmarks and everything in between, from birth to retirement.

# Stop in between July 1st - July 31st to take advantage of these valuable offers:

- FREE Home Equity Loan Payments\* be approved for a home equity loan and receive a \$100 gift card. Two lucky winners could receive FREE loan payments for 3 months.
- 0% VISA Credit Cards\*\* 0% rate on purchases and balance transfers for first 12 months.
- Receive a Valuable Gift, just for stopping in!



0-10 Liberty Blvd

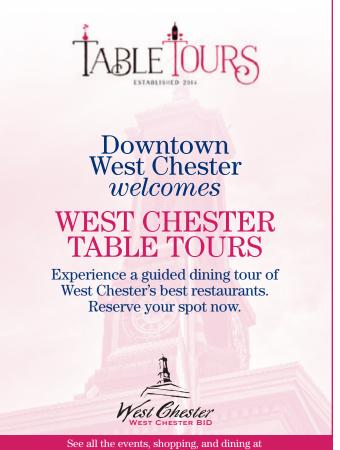
West Chester, PA Malvern, PA (610) 429 -1600 (610) 429 -1600

# Visit us online: www.benchmarkfcu.org

\* Limited time offer may be withdrawn or changed at any time. All standard account requirements apply. The offer may not be combined with any other offer. Gift available to members who apply and are approve for a Home Equity before the end of business on July 31, 2015 and the gift card will be received at closing. APR = Annual Percentage Rate. \*\*0% APR on VISA Credit Card purchases for 12 months; as well as for balance transfers from other institutions that post between 7/1/15 and 7/31/15. Once 12-month period is over, the rate on any unpaid purchases and balance transfers will convert to the appropriate standard rate member qualifies for based upon their credit history. In addition, a 2% balance transfer fee applies to any transfers during promotional period of 7/1/15 through 7/31/15

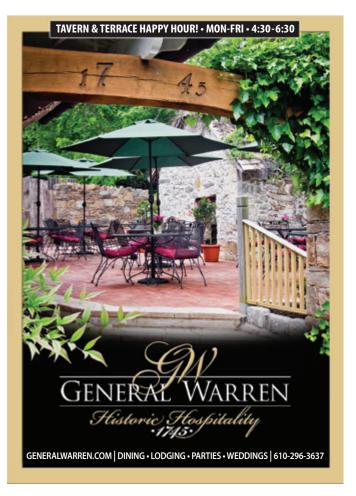












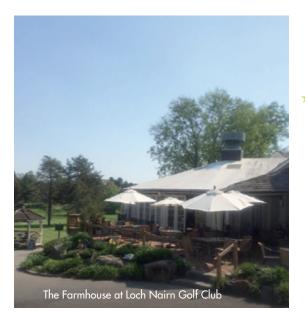








SUMMERTIME AND THE DINING IS EASY ... WHETHER YOU CHOOSE TO DINE IN OR OUT, THERE ARE PLENTY OF OPTIONS OFFERING SEASONAL DINING, GREAT SUMMER SPECIALS AND ENTERTAINMENT.



# Dining Outside

**AVONDALE** 

★ The Farmhouse and The Greathouse Tavern at Loch Nairn Golf Club

514 McCue Rd. 610-268-2235 LochNairn.com

See their ad on page 49

A fine dining experience offering food and service of rare excellence. You'll dine by candlelight overlooking the well-manicured country gardens and golf course. Entertainment: live music on Tues, 6 to 9 at The Greathouse. Summertime specials: offered year-round, Mon, steak and prime rib; Tues, Ladies Night; Wed, Seafood Night; Thurs, BBQ Night; Sun, brunch.

# CHADDS FORD

# The Gables at Chadds Ford

423 Baltimore Pk. 610-388-7700 TheGablesAtChaddsFord.com See their ad on page 44

Nestled in the heart of the historical Brandywine Valley and serving fresh, seasonal cuisine. The setting here is rustic yet elegant and will keep you coming back time and time again. The Gables is also the perfect venue to host your next special event. When: May-Oct. Entertainment: live music Sunday afternoon. Summertime specials: half-price glasses of their award-winning Sangria and delicious bar food on the patio on Sunday afternoons.

# CHESTER SPRINGS

# Limoncello

499 E Uwchlan Ave. 610-524-3112: LimoncelloCS.com

# DOWNINGTOWN

## Barra Rossa

20 E. Lancaster Ave. 610-269-6000; BarraRossa.com

# **EXTON**

# \* Appetites on Main

286 Main St. 610-594-2030; AppetitesOnMain.com See their ad on page 44

This is a premier open-air, outdoor patio with service to over 20 tables and it's pet friendly. When you're here, you feel like you're on vacation. When: March-Oct, with heaters in the cooler months. Entertainment: Happy Hour DJ on Fri; DJ on Sat. Summertime specials: \$3 Coronas on Wed, and \$2 off frozen drinks on Friday.

# **Brickside Grille**

Eagleview Town Ctr, 540 Wellington Sq. 610-321-1600; BricksideGrille.com

# **Vickers Restaurant**

192 E. Welsh Pool Rd. 610-363-7998; VickersRestaurant.com

# **GLEN MILLS**

# \* Shere-E-Puniab

Concordville Towne Center, 301 Byers Dr. 484-841-6345; ShereEPunjab.com

# KENNETT SQUARE

# Floga Bistro

826 E. Baltimore Pk. 610-444-6500; FlogaBistro.com

## Half Moon Restaurant & Saloon

108 W. State St.

610-444-7232; HalfMoonRestaurant.com

# Kennett Square Inn

Broad & State Sts.

610-444-5687; KennettInn.com

# La Verona

114 E. State St. 610-444-2244: LaVeronaPA.com See their ad on page 50

Enjoy a relaxing evening of fine Italian cuisine on the side patio decorated with fresh herbs and flowers, or watch the activity on State Street seated in front of the restaurant while you indulge in the exquisite fare served here. When: Apr-Oct. Entertainment: inside, Thurs-Sat. Summertime specials: Happy Hour at the bar or outside from 4 to 6. Stop by on 3rd Thursday evenings in Kennett Square, 6 to 10 pm through August.

# Sinclair's Sunrise Café & Tearoom 127 E. State St.

610-444-8141

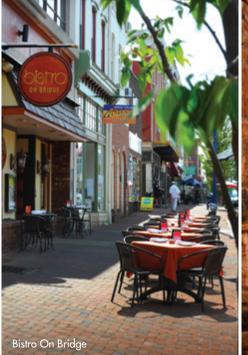
SunriseCafe-Tearoom.com















# \* Sovana Bistro

696 Unionville Rd. 610-444-5600; SovanaBistro.com

# KING OF PRUSSIA

# Creed's Seafood & Steaks

499 N. Gulph Rd. 610-265-2550; CreedsKoP.com

# MALVERN

# \* The Farmhouse at People's Light

39 Conestoga Rd., 610-647-8060 The Farmhouse Bistro.com

# The Desmond Hotel Sunset Grille

One Liberty Blvd. 610-296-9800: DesmondGV.com See their ad on page 49

The spacious Sunset Grille deck overlooks a wooded pond, with open areas and plenty of comfortable seating under awnings and umbrellas, When: June-Aug. Entertainment: live music Wed-Sat, evenings 6 to 9. Summertime specials: something for every taste, from plates to share to burgers to lobster specials. Party nights and special events (like cigar dinners) throughout the Summer.

# ★ General Warren

9 Old Lancaster Rd 610-296-3637; GeneralWarren.com See their ad on page 44

The Springhouse Terrace features a lower area with a bar made from local materials. Upper terrace features seating under the sky. Serving lunch or dinner menus, small plates, and drinks. The intimate table 1745 is inside the springhouse and seats up to 6. When: April-October on Upper Terrace, all year around on lower Terrace. Summertime specials: Seasonal cocktails like LemonSecco and Terrace Blue Rum Punch. Also, daily additions to the menu.

# Twenty9 Restaurant & Bar

6 Great Valley Pkwy. 610-251-9229; Twenty9Restaurant.com

# **MEDIA**

See the Events Section in this issue for information about "Dining Under the Stars," on Wednesdays May through September, on State Street.

# **Azie Restaurant**

217-219 W. State St. 610-566-4750: AzieRestaurant.com

# Riddle Ale House

1073 W. Baltimore Pk. 610-566-9984; RiddleAleHouse.com See their ad on page 50

Seasonal outdoor dining on the patio, under an awning, serving casual American cuisine with Italian influence and specializing in handcarved roast beef sandwiches. Entertainment: live music, Quizzo, trivia games (check website for calendar). Specials: weekday Happy Hour, 4:30 to 6:30 with half-priced appetizers and \$2 beers.

# **PHOENIXVILLE**

# ★ Bistro on Bridge

212 Bridge St.

610-935-7141; BistroOnBridge.com See their ad on page 43

The perfect ambiance for any occasion, the outdoor dining here is casual and contemporary, complete with cozy couches. If the sun is shining, the furniture is outside. When: Apr-Oct. Summertime specials: a new spring/ summer menu, fresh fruit mojitos, Skinny Girl cocktails and an extensive wine and cocktail menu make this a great place to sit back, relax and enjoy the view.





# Iron Hill Brewery & Restaurant

130 E. Bridge St. 610-983-9333; IronHillBrewery.com

# Joe's All American Pub

519 Kimberton Rd. 610-935-2136; JoesAllAmericanPub.com

# Sly Fox Brew House & Eatery

520 Kimberton Rd. 610-935-4540; SlyFoxBeer.com

# RADNOR

# 333 Belrose

333 Belrose La. 610-293-1000; 333Belrose.com

# **SPRINGFIELD**

# Tavola Restaurant & Bar

400 W. Sproul Rd. 610-543-2100; Tavolas.com See their ad on page 51

Outdoor bar and lounge open year-round and featuring golf course views, fire pits, palm trees, misting system and heat lamps and glass enclosures for colder weather. The innovative menu incorporates a blend of American and Italian cuisines. *Entertainment*: Quizzo on Tues, live music Wed-Sun, plus a DJ Sat-Sun. Summertime specials: Happy Hour Mon-Thurs, 4 to 6 with drink specials; Lobster Night, Wed, 4 to 9, featuring fresh whole Maine lobsters flown in daily!

# ST. DAVIDS

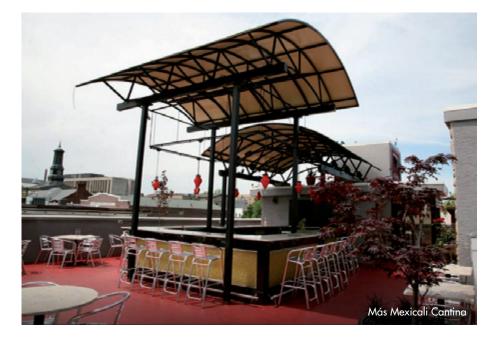
# Glenmorgan Bar & Grill

593 E. Lancaster Ave. 610-341-3188; Glenmorgan.com

# WAYNE

# **Black Powder Tayern**

1164 Valley Forge Rd.



# 610-293-9333 BlackPowderTavern.com

See their ad on page 44

The quiet, sun-drenched back patio is an escape from the local hustle and bustle. It's the perfect setting for happy hour bites, date nights, lunch with co-workers or dinner with family and friends. When: May-September. Summertime specials: a special summer drink menu and happy hour pricing exclusively to bar guests and all guests dining on the patio. This includes discounted appetizers for the bar

# ★ Christopher's

108 N. Wayne Ave. 610-687-6558 ChristophersANeighborhoodPlace.com

# \* Paramour

139 E. Lancaster Ave. 610-977-0600; Paramour Wayne.com

and many other daily specials.

# **Avalon Restaurant**

116 E. Gay St. 610-436-4100

3 W. Gay St. 610-738-9600; IronHillBrewery.com

102 E. Market St. See their ad on page 43

Award winning Mexicali cuisine served on the roof!

# Pietro's Prime Steakhouse

125 W. Market St.

## **Roots Cafe**

133 E. Gay St.

## Teca

38 E. Gay St. 610-738-8244; TecaWC.com

# WEST MARLBOROUGH

1383 N. Chatham Rd 610-383-0600; TheWhipTavern.com

# **WEST CHESTER**

AvalonRestaurant.net

# Iron Hill Brewery & Restaurant

# Limoncello

9 N. Walnut St. 610-436-6230; LimoncelloWC.com

# ★ Más Mexicali Cantina

610-918-6280; MasMexicali.com

West Chester's only rooftop bar/restaurant. Curb-side dining is also available. When: Apr-Nov. Entertainment: live music on Sun, Tues, Thurs. DJ on Fri-Sat. Karaoke on Wed. Summertime specials: Fish tacos paired with a Más Pepino Margarita is the "go to" combo on

484-760-6100; PietrosPrime.com

610-455-0100; RootsCafeWC.com

# The Whip Tavern





Award-winning patio is a family-friendly gathering place for a relaxing meal featuring British fare made with local meats, cheese and produce. When: May-October. Summertime specials: For Fox Sake, a new off-dry draught \*Yangming cider made exclusively for The Whip to celebrate their 10th Anniversary. Try For Fox Sake with the daily Quiche, in English Onion Soup and Mussels, or quench a summer thirst.

# Dining Inside

BRYN MAWR

1051 Conestoga Rd.

610-527-3200; YangmingRestaurant.com

Elegant and refined setting with booths, banquettes and comfortable formal seating

along with casual seating in the bar area. Wonderful hand-etched Chinese glass partitions separate the dining areas with pleasing accents of warm woods and specially-commissioned Asian artwork. Summertime specials: Seafood Two Kinds, baked jumbo scallop with fish sauce and Grand Marnier jumbo shrimp and Crispy Soft Shell Crabs with sweet and sour cucumber, garlic-hoisin sauce.

# Loch Nairn Golf Club

"A Jewel In The Country"



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Weddings in Country Elegance • Corporate Meetings Challenging Golf • Romantic Dinners

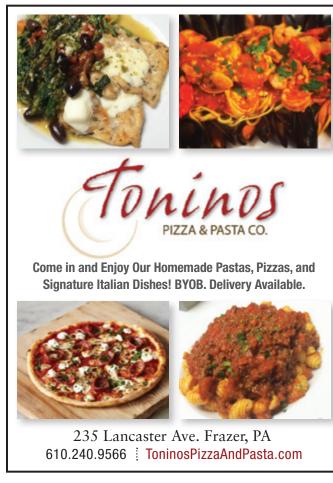
Where great food, ambience, beauty and style are found. Fine Dining in a Charming 17th Century Farmhouse. More casual fare in The Greathouse with Round Room or the unique and delightful Tavern featuring outdoor seating. For a very special evening, try the Chefs Table in our subterranean wine cellar.

> From Relaxed Tavern Fare to Weddings in Country Elegance

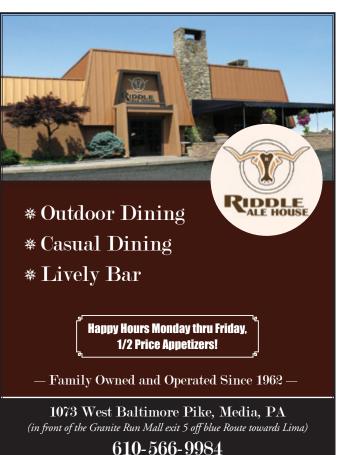
514 McCue Road Avondale, PA 19311 610-268-2235 / www.lochnairn.com



★ 2015 BEST OF THE BEST WINNER













# **EXTON**

# ★ Ron's Original Bar & Grille

74 E. Uwchlan Ave.

610-594-9900; RonsOriginal.com

Celebrating their 25th year in Lionville! Ron's is a comfortable family-friendly restaurant with something on the menu for everyone! They take pride in being the "Local Favorite." *Entertainment:* live music every Wed, Fri, Sat night. *Summertime specials:* new Shrimp Florentine with fresh jumbo shrimp, pancetta, spinach and aglio olio sauce tossed with imported Trofie Pasta.

# FRAZER

# Toninos Pizza & Pasta Co.

235 Lancaster Ave. 610-240-9566

ToninosPizzaAndPasta.com

See their ad on page 50

This is a family-run business serving authentic Italian cuisine which prides itself in using only the freshest ingredients to make authentic homemade Neapolitan pizza and pasta dishes. Eat in (it's BYOB) or take out—and if you're planning a summer gathering, check out their catering menu.

# **MEDIA**

# Pinocchio's Restaurant

131 E. Baltimore Ave.

610-566-7767; PinPizza.com

Celebrating 60 years in Delaware County, the family-owned restaurant sets the standard for fresh, homemade pizza as well as sandwiches, soups, salads, appetizers, entrées and pasta. Pinocchio's Beer Garden To Go has over 1,000 specialty craft beers from over 200 American craft and international breweries.

# WAYNE

# \* A Taste of Britain

Eagle Village Shops 503 W. Lancaster Ave. 610-971-0390

ATasteOfBritainInWayne.com

A cozy café and tea room, featuring scrumptious scones and over 40 loose teas along with soups, salads, frittatas, sandwiches and English specialities. Browse their lovely retail area for sweet tea gifts and imported British favorites. Think of them for your next catered lunch! Summertime specials: Quinoa salad with feta cheese and tart cherries on baby arugula; full afternoon tea with our featured scone of the month. •

County Lines Magazine gives you the most up-to-date Food News and FoodNews Online, food-related events and quarterly wine and beer columns. Our Annual Dining Guide featuring the Best of the Best and a Restaurant Guide is a premier resource for local foodies and readers keep these issues all year-long. Check our website, CountyLinesMagazine. com, for the latest news and for access to our dining guides, on your laptop, tablet or smartphone.



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www.riddlealehouse.com











**Ernest Scott Taproom** 

# A NEW VIEW OF WILMINGTON

Emily Hart

hen was your last visit to Wilmington? If you think it's a familia face, grab your keys, head down the pike and rediscover the city. It's worth another look! And a trip will turn your notions of Wilmington and what's fun upside down. If the new indoor trampoline park doesn't give you a thrilling new perspective, dipnetting at the DuPont Environmental Education Center, bites on Market Street in the LOMA district, Art Loops and festival rides will.

"People might hibernate in winter, but in summer everyone comes out," says Fusion salon owner and longtime Wilmington resident Lori Czarnota. She describes a city that's eclectic—sometimes sophisticated, sometimes zany, with loads of new things to do for families, seniors and socialites who love nightlife. Czarnota's ultimate evening out: the crazy Cowboy Monkey Rodeo—where a monkey rides a dog to herd sheep—at the Blue Rocks Stadium, dinner on the deck at Iron Hill Brewery and a moonlight jaunt to catch a band and drinks by lamplight at the Riverfront's FireStone restaurant.

According to Lyn Lewis, director of communications and PR at the Greater Wilmington Convention and Visitors Bureau, Czarnota isn't the only one enjoying the area's transformation. The revitaliza-

ion of old buildings as apartments, the influx of young professionals, and businesses that are responding to millennials' call for a community to live, work and play are behind rapid growth and a vibrant feel across the cityscape.

## Dive into Fun at the Riverfront

A hop and a jump away from Chester County, Stratosphere— Delaware's first indoor trampoline park—takes the concept of bouncing on the bed to new heights. Kids and corporate groups can rocket their spirits while jumping to music in whacky ways: somersault into space at the Hubble Bubble, flip out on three trampoline tracks or-if laughter doesn't have you doubled over (as it did me)—don a Velcro suit, leap from an inflatable platform and get stuck on a Velcro wall.

For a more natural experience, seek the treasure at the southernmost tip of the Riverfront: the DuPont Environmental Education Center. Inside the four-story center at the freshwater tidal marsh, step up to a telescope. Watch ospreys dive and fish or take a close look at a 1000-pound osprey nest. Walk the boardwalk loop past

tributaries or dipnet—with a net, dig into the pond to discover tadpoles, dragonfly nymphs and other critters. "You'll see something new every day," says Catherine Coin, who greets visitors to the center.

If the sky is your limit, try a beer flight/ bird flight, a collaboration of Iron Hill and the nature center. Quench your thirst at the brewery after you and your binoculars accompany an ornithologist on a stroll to see birds, nests and habitats.

For a different spectator experience a minute's walk from the nature center, head to Frawley Stadium for a baseball game. Watch the Blue Rocks pitcher step up to the mound and runners dive into home plate. Celebrate with fireworks and other family fun.

Still looking for more adventures along the Christina River's edge? Enjoy the IMAX the-

ater featuring high-back rocker chairs and state-of-the-art digital sound and projection. Or choose from a number of Riverfront watering holes including the Big Fish Grill, River Rock Kitchen, Riverfront Market or Harry's Seafood Grill.

# Eating It Up

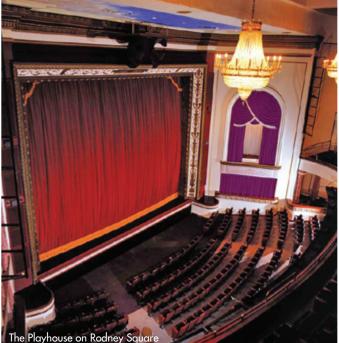
LOMA—the energetic, creative Lower Market Street district—is the hottest new culinary destination. Starting at Extreme Pizza and heading uptown, choices abound.

Everyone's talking about La Fia—a bustling café, market and dining space. La Fia is where the lunch crowd, business and casual, dips into horseradish-crusted pan-seared tuna, marvelous cheeses and sparkling wine. With a dining area packed to the gills, I opted for take-out: a Cubano sandwich reminiscent of















food in Miami's Little Havana neighbor- by a Marland in a sugar-rimmed glass. The Factory visitors how to get from one place hood, but even better (if possible), and a gorgeous large loaf of olive bread to serve at supper. The restaurant takes on a different ambiance and menu for the dinner and juices. crowd, serving small plates and entrees to delight the most serious foodies and enticing cocktails including a hibiscus margarita and a red samurai.

community hub "at the intersection of caffeine and inspiration," offers simple fare and coffee drinks from sustainably produced beans. A guitar, original paintings and television screens adorn the walls; conversation and music fill the air. Not to be missed: the mocha frappe, the best I've had in years, and I've had more than my fair share at venues near and far.

Head uptown on Market Street to sibling restaurants the Ernest and Scott Taproom and Chelsea's Tavern. According to its website, the Taproom takes its name and unique character from writers Ernest Hemingway and F. Scott Fitzgerald, celebrating the relationship between the macho and gritty, and stylishly refined personalities.

Both the Taproom and sibling Chelsea's Tavern offer craft brews and comfort food with a twist, but Ernest and Scott offers food with a southern touch and a drink menu highlighting specialty cocktails. Succumb to shrimp and grits or a po' boy accompanied

cocktail comes with an ice cube surrounding a Swedish fish and a hint of secrecy about its recipe of pomegranate vodka, blue Curação

# Art for All

Nearly-ten-year-old Matteo Peirce can tell you that the art scene in Wilmington Up the hill, LOMA Coffee, billed as a is "awesome" whether you're an active participant or a spectator. Matteo is both. When he saw his pencil still life hung near the pottery in the Delaware Art Museum, he said it felt "amazing." Like gallery visitors of all ages, he just loved seeing the paintings, the pottery and the glorious Chihuly windows.

> A spectacular way of sampling Wilmington's masterpieces is to do an Art Loop, held the first Friday of each month. Choose exhibits that pique your interest, and hop onto a trolley or reserve a shuttle seat to go to traditional venues such as the Delaware Museum of Art and Delaware Center for Contemporary Arts, where visiting fun and funky exhibits is free, or novel venues such as Poppycock Tattoo or the Creative Vision Factory.

At the Creative Vision Factory, Geraldo Gonzalez-known as the King of Transit—creates large Technicolor posters of public transit vehicles, enjoys the community camaraderie of other artists, and accurately advises Art Loop participants or

to another using the DART public transportation system. The studio, a program of Delaware Health and Social Services, is a wellness center and safe social space open to all.

# Starry Nights

Plan to stay late in Wilmington because after dinner, just steps across the street from restaurants, you'll find performances that rock. Catch a concert at the World Café Live at the Queen. Relish in music and dance at The Grand. Head to an old favorite with a new name—the Playhouse on Rodney Square, formerly known as the DuPont Theatre—that features Broadway greats.

The summer season in Wilmington brings festivals galore, with carnival lights and live performances spotlighting musicians from far and wide. Stay cool with sizzling notes at the Clifford Brown Jazz Festival held in Rodney Square in June; in July buzz over to the Ladybug Music Festival, a block party with lots of live music.

What to do if you run out of time before you've tried it all? Relax. You can come back to Wilmington tomorrow.

Learn more at VisitWilmingtonDE.com.

# **SUMMER EVENTS IN WILMINGTON**

THE GRAND OPERA HOUSE. Talent, variety, art-

## THROUGH AUGUST

WORLD CAFE LIVE AT THE QUEEN. Check their WorldCafeLive.com.



# THROUGH AUGUST, WEDNESDAYS

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JUNE 7-NOVEMBER 1, SUNDAYS STEAMIN' DAYS—MARSHALL STEAM MUSEUM AT family. 3000 Creek Rd,. Yorklyn. 12:30 to 4:30.



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THE DELAWARE ART MUSEUM—DREAM STREETS:



LADYBUG MUSIC FESTIVAL. The line-up is coming

THE ANNUAL PEOPLES' FESTIVAL 4 PEACE TRIBUTE **TO BOB MARLEY.** Fun in the sun for the whole

PA GUILD OF CRAFTSMEN FINE CRAFT FAIR. Al-

RIVERFRONT BLUES FESTIVAL IN WILMINGTON.



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# AUGUST 29-30

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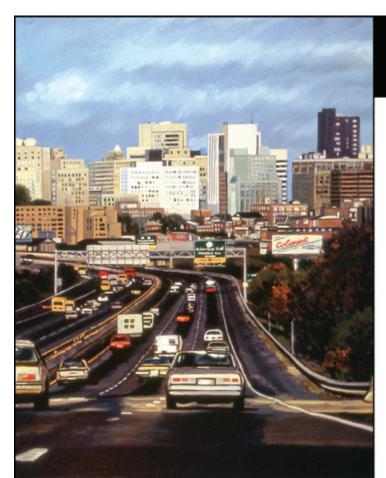
# **BRANDYWINE**

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# DREAM STREETS ART IN WILMINGTON 1970-1990

JUNE 27 - SEPTEMBER 27

Discover the artistic community that flourished in Wilmington during the 1970s and '80s! This landmark exhibition features craft, design, painting, performance art, photography, and more.

Dream Streets: Art in Wilmington 1970–1990 is made possible by DuPont and the Johannes R. and Betry P. Krahmer American Art Exhibition Fund. This exhibition is partially funded by a grant from the Delaware Humanities Forum, a state program of the National Endowment for the Humanities. Additional support is provided by grants from the Delaware Division of the Arts, a state agency dedicated to nurturing and supporting the arts in Delaware, in partnership with the National Endowment for the Arts, image: Southern Approaches (deatil), 1984. Kevin McLaughlin. Oil on canvas, 38 x 60 inches. Lent by Thomas C. Shea, Jr. © (2015) Kevin McLaughlin.



2301 Kentmere Parkway Wilmington, DE 19806 302.571.9590 | delart.org





Mary Irene Dolan

# THE WEATHER COULDN'T BE BETTER. IT'S THE PERFECT TIME TO ENJOY A SUMMER DAY—OR NIGHT—OUTSIDE WITH FAMILY AND FRIENDS.

So, is your outdoor living space ready for making the most of the season? We turned to local landscaping and hardscaping experts for advice on what makes a functional, comfortable and beautiful outdoor oasis. From small additions—like quality furniture and pestrepelling plants—to larger undertakings—think pools, kitchens, fire pits—the possibilities are amazing!

# Comfort is Key

First things first—your guests need a place to relax. Luckily there's no shortage of creative options, from outdoor sofas and benches to rocking chairs and swings. The question is, what's right for you?

Most likely, you want low-maintenance and durability with comfort and style-meaning you want everything. Do you go with classic wood, sturdy metal, cozy wicker or weatherproof plastic? Alegacy Furniture of Pottstown may have a solution with

Amish-made recycled poly furniture that combines the look of wood with the stability of metal and comfort of wicker, all with

Another option is to design your patio with built-in seating. A low stone wall creates a rustic barrier and doubles as extra seats. Or design your wooden deck with built-in benches, which can provide storage, too.

For the sunniest days, don't fiddle with moody umbrellas when you need shade. Standing structures like pavilions and gazeboes are the way to go. If you still want some sun, Thornbury Services in West Chester has you covered—partially—with shade pergolas that allow sunlight to shine through while still offering protection.

The goal with decks, patios and pergolas is to create a vacation setting without packing a suitcase. We like the sound of that! Eat, Drink and ... Watch TV?

Everyone loves grilling outside, but what if you had even more cooking options? Outdoor kitchens are wildly popular, especially when they come complete with all the works—grill, fridge, sink and storage. Dutchie's Stone Works, located in Paradise, even builds cooking spaces with wood-burning ovens for homemade pizza fans. And the features don't stop there. Add heating racks, rotisseries, prep stations and whatever is needed to satisfy the chef's dream.

Another way to make summer parties easier for the hosts and more fun for guests is to add an outdoor bar to your patio, deck or pool. Mix and serve cocktails, beer and wine without having to take the party—or cleanup—inside. Win-win!

For those who enjoy nature but can't cut the cord, consider outdoor electronics-yes, you read right. Able to withstand water, humidity and high-heat, these miracle speakers and TVs are designed to operate safely in the great outdoors. Perfect for enjoying your favorite tunes and the big game alfresco.

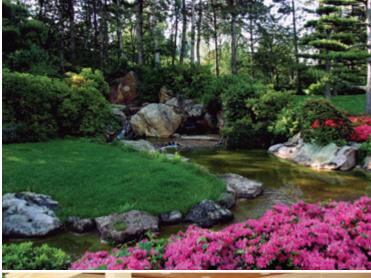
# Fire & Water

Love the warmth and magic of a roaring fire? Don't we all? Building fire pits and fireplaces of all shapes and sizes, keeps CKC Landscaping of West Chester busy. Whether you go with gas-powered or wood burning, a fire feature makes the perfect focal point for communal meals, drinks and chats. And you can enjoy it year-round! Fire and snow work, too.

Your backyard getaway wouldn't be complete without a refreshing pool to dive into. But you don't want what looks like a giant bucket of water in your yard. If you dream of an aquatic playground that blends into the landscape, KS Greenday of Langhorne has designs that do just that, plus they're energyefficient. What's not to love?

If you want something even more naturalistic, there are plenty of enchanting water options. Specializing in ponds, waterfalls, streams and water gardens, Malvern's Flowing Springs Landscape Design's decorative structures add charm and visual interest to your property. Just be sure to place still water features far from lounge areas to keep the bugs at bay. Plants, Pests and Privacy











# **SHE SHEDS**

Heard of the ubiquitous "man Transform an old potting shed cottage of your dreams. Then pour the drinks, start the party

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Richard T. Burns ~ Horticultural Designer, Owner

426 Old Conestoga Road, Malvern, PA 19355 www.flowingspringsdesign.com • rtburns426@gmail.com



Speaking of pesky bugs ... Some plants have the added benefit of repelling unwanted six-legged visitors. Planting citronella grass has the same effect as lighting the candles, and pots of lavender placed around seating provide both bug protection and a calming, fragrant atmosphere.

Taking care of flower gardens can be backbreaking work, but we promise it's so worth it. The captivating colors and sensational scents delight guests and as a bonus, attract butterflies and hummingbirds. Luckily our area is home to many family-run nurseries—Mostardi Nursery, R-P Nurseries and Wolff's Apple House Garden Center—with quality plants and expert advice. You'll also find unique flowerpots and garden accessories to satisfy any exterior decorating urges.

If you want a bit of privacy, use bushes and shrubs to create a living fence by staggering plantings and mixing multiple heights. Try these evergreen privacy plants—Arborvitae, Leyland Cypress, Cryptomeria, White Pines and Concolor Firs—best used as the foundation of your plant barrier. This creates more intimate parties and less annoyed neighborsalthough you'll still want to turn down the music when it gets late!

Many landscapers are fans of night illumination to create a garden glow and light a path for guests to follow. Use LED lights for soft shadows while attracting far fewer mosquitoes than incandescent lighting.

Once you're done designing, it's time to sit back, invite people over and enjoy the summer months! •



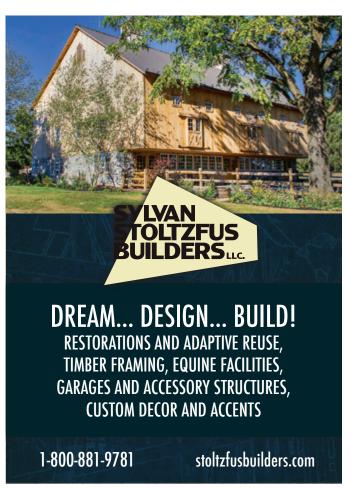






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# Outdoor DESIGN

FROM PATIOS AND GARDENS TO POOLS AND FIREPITS, ADD SOMETHING NEW TO YOUR BACKYARD THIS SUMMER!













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- . Dutchie's Stone Works, LLC 717-587-8789 DutchiesStoneWorks.com
- CKC Landscaping 610-436-1810 CKCLandscapingInc.com
- . Thornbury Services 610-793-2933 ThornburyServices.com
- . Wolff's Apple House Garden Center 610-566-1680 WolffsAppleHouse.com
- . Mostardi Nursery 610-356-8035



The slight chill brings forward the pleasant blackberry and licorice notes while easing up on the spice, which is persistent throughout the wine's journey across your palate.

Silver Unoaked Chardonnay? Try Mer Soleil Silver Unoaked Chardonnay 2013 (\$21.99). This is not one of your run-of-the-mill unoaked chardonnays. Mer Soleil sources chardonnay from the Santa Lucia Highlands of California's Central Coast region and ages their beauty in large, unlined cement vessels. This process leads to natural freshness from the acidity and citrus notes laced with wonderful miner-

ality. Great packagin great juice.

# Poolside Pleasures

evodia

I can't think of a better place to be on a summer day than lounging by the pool, with an occasional dip to refresh. An invigorating and cooling glass of wine

CLOS PEGASE

can be the cherry on top of the poolside sundae!

Try Château D'Esclans Whispering Angel 2014 (\$19.99) from Provence, France for a revitalizing rosé. This pinkhued charmer carries delicate notes of strawberry and cherry plus beautiful, fresh acidity. Summer vibes in a bottle.

Keeping it light, Chateau Ste. Michelle Horse Heaven Vineyard Sauvignon Blanc 2013 (\$15.99) is a crisp and citrus-driven palate pleaser. The grapes are sourced from the Horse Heaven Hills wine region in the southern Columbia Valley of Washington, an AVA region (American Viticultural Area, a designated geographic winegrowing region used in the U.S., instead of appellations). Fresh and clean is the perfect combination for a summer day poolside bottle. Take a dip in the pool ... then into

What would summer be without bubles? A lighter-style sparkler, the Ruggeri argeo Prosecco (\$15.99) features persisent and tight bubbles with slight green-pple aromas. A touch of apricot and citrus ows through this Northern Italian bubbly eading to a long, fine finish. This prosecco dry in style, so feel free to add some of our favorite fresh fruit or a splash of fruit vine to mix it up!

# Sip Reds by the Fire

Whether you're at a campground or in your backyard, bonfires are a summer evening staple. Getting cozy around the fire with friends and family with a beverage in hand is a fitting finish to a long day or a great way to kick off the weekend. These wines are the perfect complement for nothing more than the coolness of the night, the warmth of the fire, and the company of your friends

Clos Pegase Pinot Noir Mitsuko's Vineyard 2010 (\$29.99) sourced from the Los Carneros AVA, partially located in Napa Valley, is a vibrant pinot noir that's perfect for nighttime. This wine is a classic example of pinot. Blackberries? Check. Red cherry? Yes, please. Layers of flavor? That's my glass of wine. This pinot has some breadth without losing any of its liveliness.

Mont Ventoux, France may be a beast during the Tour de France, but their wines are beauties. This mountain in Provence in southeast France is home to Gonnet La Jeannette Côtes du Ventoux 2013 (\$11.99). This 60 per cent grenache and 40 per cent syrah blend brings loads of bright strawberries and







red cherries and a slightly peppery finish to the bonfire. Smooth and supple tannins makes this medium-bodied wine a perfect companion for conversation.

For a fuller bodied wine and for you cabernet lovers, try the Owen Roe Sharecropper's Cabernet Sauvignon (\$14.99) sourced from Columbia Valley, Washington. The wine is loaded with sweeter-style fruits and backed by toasted vanilla. Easy, silky tannins are present for youthful drinking.

Summertime is all about sharing good times, so go ahead and grab a friend and a bottle. Share these fantastic sippers for your kick-back summer days! •

Hailing from upstate New York, Dustin Best has spent 10 years working in the wine industry, enjoying a great deal of time exploring New York's Finger Lakes region and appreciating the beauty of wine. Dustin currently works as a Wine Club Manager at the Fine Wine & Good Spirits store on Main Street of Exton.







A few of our favorite things to share this month about local food and drink



What's Brewing on Bridge Street? Phoenixville's latest ale-inspired addition is here—Stable 12 Brewing Company. From IPAs to Wheats to Imperial Stouts, craft brews from Stable 12 offer something to tickle your beer buds. After years of home brewing practice and taste-testing in the empty 12-stall barn, three longtime Montgomery County friends conceived the idea for

Bridge Street's newest microbrewery. You're invited to share in their brewing passion. 368 Bridge St., Phoenixville. Stable12.com.

Cow to Carton. Celebrate National Dairy Month and the start of summer by visiting Baily's Dairy of Pocopson Meadow Farm and experience the milk and ice cream-making

process. Learn how the family farm's fresh dairy products come straight from Baily's purebred dairy cows, help feed the furry friends, and watch a real cow being milked. Baily's offers



plenty of farm-tastic activities for both you and the kids! 1821 Lenape Unionville Rd., West Chester. BailysDairy.com.



Dishes for Dad. Tired of cooking the same basic burgers and steaks for Dad every year? You can still stick to the classics—grill-themed Fother's Day foods that he loves—but with a twist. Try adding bacon to burgers, serving sliders (BBQ chicken, pulled pork) or making a meal fresh from the sea with grilled shrimp and scallop skewers. Grill simple sides like corn on the cob or potatoes for added smoky flavor. Or surprise Dad with a breakfast burger topped with fried eggs inside a toasted English muffin. *More at Delish.com/Fathers-Day-Recipes*.

# More Dining in West Chester. Think

you've tried them all? Think again—West Chester is still exploding with new restaurants! Satisfy your sushi craving at Tsunami Bistro, 10 W. Market St., where they're serving up authentic Japanese and Thai cuisine—savory entrees and wallet-friendly lunch specials. Or head to 30 S. High St. for piping hot pizza from RapiDOUGH's newest shop.

Pizza lovers can expect the same classic crust, fresh ingredients and iPad ordering as at the original location in Collegeville. *Tsunami-Bistro.com and RapidoughPizzaPies.com.* 



# Victory in Kennett

After a two-years wait, Victory Brewing Company's second brewpub is finally open—Victory at Magnolia. Choosing from over 30 varieties on tap, beer lovers will find the same signature Victory beer at the new Kennett Square location. Grab a bite from the chef-



inspired menu or share a few drafts brewed on-site, as you enjoy the warm weather on Victory at Magnolia's outdoor patio. 650 W. Cypress St., Kennett Square. VictoryBeer.com.

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# Superfoods

Laura Muzzi Brennan

# THEY CAN BE SUPER DELICIOUS—SERVED THE RIGHT WAY.

IKE SUPERHEROES, superfoods pack a powerful punch. While there are no hard-and-fast criteria to determine superfood status, superfoods are generally plant-based and nutrient-dense. They're believed to improve health and promote healing.

Dark, leafy greens and select nuts and seeds (walnuts, chia and flax seeds) consistently appear on superfood lists as do black beans and lentils. Sweet potatoes and beets along with quinoa and brown rice also make the grade. Other winners: blueberries, salmon, tomatoes, sprouts and cacao.

But knowing about superfoods and eating them are entirely different. No matter its health benefits, if a food tastes like cardboard, you'll never incorporate it into your diet.

Enter Sheryll Chavarria, owner of Raw Can Roll Café. At this small café in Wayne, she serves organic, vegan, gluten-free appetizers, salads, entrées, sandwiches and desserts as well as smoothies and fresh pressed juices—all made in-house from scratch. Seventyfive percent of menu items are raw with superfoods as plentiful as fireworks on the 4th of July.

"People need to lose their ideas about how healthy food should taste," says Chavarria. "Whatever we make must taste absolutely

delicious. I don't

like boring food."

Before I settled on

dishes to sample,

a regular customer

recommended the

Kosmic Kale Salad,

deeming it "the best

on the planet." I

dug in to the pad

thai where zucchini

Raw Can Roll Cafe

Sam Rosenstock, manager at Raw Can Roll Café, in front of the extensive menu board.



spirals, raw vegetables and mung bean sprouts are tossed in a savory peanut sauce.

Overcoming my prejudice against green drinks, I sipped a Good Vibrations Smoothie. Yes-it contained kale, and next time I'll even add a scoop of cacao nibs, acai powder or chia seeds, just a few of the superfood infusions available. Once I polished off coconut sweet potatoes, curried white bean soup and a chocolate peanut butter cup, I reached a verdict: this food was downright

exciting and not just for health-conscious superfood seekers but even for an unrepentant omnivore like me.

While Chavarria touts raw food's benefits—namely it retains more nutrients than cooked food—she recently added cooked rice bowls to the menu. They've become popular in a hurry. All bowls contain brown rice, sautéed onions and beans. The macrobiotic bowl highlights Asian ingredients (seaweed, miso-ginger sauce), the burrito bowl bursts with Mexican flavors (salsa, guacamole, chipotle cream), and the barbecue bowl with ranch and

barbecue sauce gives a nod to American cuisine.

Time and again during my field trip to Raw Can Roll Café, I saw Chavarria and her staff greet customers by name, asking after families and jobs. Well before she remarked "What we sell is love. Our food is just a by-product of love,' I'd concluded that genuine hospitality is the most potent superfood on earth.



# Good Vibrations Smoothie

Smoothies differ from juices in that smoothies include the entire fruit or vegetable, yielding a drink with lots of fiber. Recipe courtesy of Raw Can Roll Café. 12 oz. apple juice (or water) ½ C. frozen banana 1 stalk celery 1 big leaf of kale 1/4 cucumber

Blend in blender until smooth. Makes 1, 24-oz. smoothie.

# Raw Vegan Gluten-Free Brownies

All desserts including these rich, dense brownies are made from scratch in-house at Raw Can Roll Café. You'll never miss the gluten!

2 C. pitted dates 1 C. cacao powder 11/2 C. unsweetened shredded coconut plus 1 Tb. for sprinkling on top 3 C. walnuts or pecans 2 Tb. vanilla extract 1 Tb. natural coconut flavor extract\* 1/4 C. water

\* available at Whole Foods

Place dates, cacao powder, 1½ C. coconut, nuts and extracts in a food processor and process until mixture becomes very thick and a bit oily (about 1 minute). Slowly add water. Process 1 more minute.

Line a square container with wax tissue paper and press brownie mix down into it. Spread evenly. Allow brownies to firm up in refrigerator for approximately 30 minutes. Remove brownies by lifting the wax tissue paper, place on counter and cut into 9 equal sections. Top each brownie with shredded coconut.

Makes 9 squares.

# **African Sweet Potato Peanut Soup**

Recipe courtesy of Raw Can Roll Café.

Coconut oil (enough to sauté veggies) 1½ large onions, chopped 5 cloves garlic, minced

# Small but Mighty

Much of the recent literature on healthy eating promotes the philosophy that simple tweaks to your diet—substituting one spice for another, adding a handful of berries or seeds to your morning cereal—can reap big health benefits. Here's the 411 on tiny superfoods that have captured the notice of both medical researchers and cooks.

Chia seeds: A member of the mint family, these tiny black and white seeds can be eaten whole or ground. They're a good source for omega-3 fats and minerals that promote bone health. Other potential health benefits include stabilizing blood sugar, helping digestion and lowering (bad) cholesterol. Sprinkle chia seeds on cereal, yogurt or salad. Add to baked goods and smoothies.

Turmeric: The main spice in curry powder, turmeric is also responsible for curry's intense yellow color. This relative of ginger contains compounds whose antioxidant and anti-inflammatory properties have

½ tsp. ground cinnamon

5 medium sweet potatoes,

peeled and chopped

2 Tb. salt or more to taste

½ C. chopped, unsalted

dry-roasted peanuts

Cayenne pepper to taste

18 oz. peanut butter

Cilantro, chopped

20-25 minutes.

4-6 C. water

4 carrots, peeled and chopped

12 medium tomatoes, chopped or

2½, 28-oz. cans diced tomatoes

Heat the coconut oil in a saucepan

over medium-high heat. Sauté the onion

for 10 minutes or until lightly browned.

Mix in the garlic, ginger, cumin and

cinnamon. Stir in the tomatoes, sweet

potatoes and carrots. Continue to cook

and stir until veggies are tender, about

Add water into the saucepan, and season

the mixture with salt. Bring to a boil.

Reduce heat and simmer 30 minutes.

been linked to a reducing risk of heart attack, improving memory, aiding the body's ability to fight cancer and reducing joint pain. Add to marinades and dressings.

Miso paste: Made from fermented sov beans, miso paste deepens the flavor of savory dishes. Proponents claim it strengthens the immune system and aids digestion by restoring beneficial probiotics to the digestive tract. Add to marinades and dressings. Use it to flavor broth. Note: boiling miso destroys nutrients, so cook only over

Acai berries: A 2015 Mayo Clinic article states acai berries contain fiber, hearthealthy fats and possibly more antioxidants than other common berries. Anecdotal evidence suggests that acai promotes healing slows the aging process, aids in weight loss and boosts energy and the immune system. In the U.S., you can find frozen acai berry puree or powder but not whole fresh acai berries. Add to smoothies

## Salmon Ceviche 1 Tb. fresh ginger root, minced If you can't quite bring yourself to eat raw 1½ Tb. ground cumin

fish in sushi, ceviche is an appealing alternative as the lime juice "cooks" the fish. Feel free to experiment with different fruits and vegetables such as mango, peach, red pepper and cucumber.



1 tsp. water 1 tsp. wasabi powder 2-3 Tb. soy sauce 2 Tb. lime juice (about 1 lime) 2 Tb. extra virgin olive oil 1 Tb. minced shallots Salt to taste 3/4 lb. salmon, cut into bite-sized pieces 1 C. grape tomatoes, cut in half

Remove the soup mixture from heat. (or quarters if large) In a food processor or blender, blend the 1 avocado, cut into bite-sized cubes soup and peanuts until almost smooth. 2 Tb. chopped cilantro or more to taste Season with cayenne pepper. Return to the saucepan. Whisk in the peanut butter, and

In a glass bowl, whisk together water and wasabi powder to form a paste. Whisk in soy sauce, lime juice, olive oil, shallots and salt. Add salmon pieces

and toss to coat. Cover and refrigerate for ½ hour.

Immediately before serving, toss with tomatoes, avocado and cilantro.

Serving suggestions: Put a few spoonfuls in martini glasses. Cut the salmon into 1/4-1/2"-cubes and spoon into Belgian endive leaves or serve with tortillas chips.

Makes 3–4 appetizer servings.

# **Curried Red Lentil and Kale Soup**

This soup could be named "Superfood Soup" because its main ingredients—lentils, kale, tomatoes—are superfoods as is the turmeric in the curry powder. What's nice about using red lentils instead of green is they cook up faster, so the soup is ready to eat in a half hour. Another bonus: the lentils turn a lovely shade of sunflower yellow for a dish that's as pretty as it is tasty. I adapted this from Weight Watchers' 2002 Simply Delicious cookbook.



1 small onion, finely chopped (about 1 C.) 2 carrots, finely chopped (about 1 C.) 3 garlic cloves, minced or pushed through a garlic press 1 Tb. sweet curry powder 2 tsp. minced fresh ginger root Pinch of cayenne 1 C. red lentils 1, 28-oz. can diced tomatoes 1 tsp. salt, more to taste 5 C. vegetable broth, divided 3-4 handfuls baby kale, roughly chopped Lemon juice or red wine vinegar

1 Tb. olive oil

In a stockpot, heat the olive oil over medium-high heat. Add onions and carrots. Stirring frequently, cook until they start to soften, about 5 minutes.

Plain yogurt or sour cream, optional

Stir in garlic, curry powder, ginger and cayenne and cook for 1 minute. Add lentils, tomatoes with their juices, salt and 4 C. broth.

Bring to a boil. Reduce to a simmer and cook for 15 minutes. Stir in kale. If soup is too thick, add in the remaining 1 C. of vegetable broth.

Simmer for another 10–15 minutes until lentils and kale are tender. Taste and add more salt if needed.

To sharpen the flavors, stir in lemon juice or red wine vinegar a teaspoon at a time. Top with a dollop of yogurt or sour cream if desired.

Makes 8-10 servings.

# Beet Quinoa Salad with **Mustard Vinaigrette**

Though we think of quinoa as a grain and cook it like one, it's actually the seed of a plant that's closely related to spinach, beets and chard. Another fun fact: cooking geeks debate whether quinoa should be rinsed before cooking. Rinsing removes saponins, the seeds' natural coating some people find gives quinoa a soapy, bitter taste. No-rinse fans like the saponin, believing it gives quinoa a firm texture and nutty, earthy flavor. To rinse or not to rinse? It's up to you.



For the salad: 1 lb. beets 1 Tb. oil Kosher salt, to taste <sup>2</sup>/<sub>3</sub> C. quinoa 11/3 C. water  $\frac{1}{2}$  C. crumbled feta <sup>1</sup>/<sub>2</sub> C. shelled, roasted, unsalted sunflower seeds 2-3 Tb. chopped fresh mint

For the dressing: 1/3 C. sherry vinegar

 $\frac{1}{2}$  tsp. kosher salt 1 tsp. Dijon mustard 1 Tb. minced shallots Pinch of sugar 1/2 C. extra virgin olive oil

Preheat oven to 400°. Wash beets but don't peel. If beets are large, cut in half or quarters. Toss with oil and kosher salt to taste. Roast until tender (until a fork pierces them easily, about 45 minutes.) When they're cool enough to handle, slip skins off and cut into ½-inch pieces.

While beets cook, prepare quinoa. Place quinoa and water in a small saucepan. Bring to a boil, and then reduce to a simmer. Cover and cook for about 15 minutes or until grains are tender, and you see small spirals (the germs) coming out of the grain. Cool to room temperature.

To prepare the dressing: Whisk together vinegar, salt, mustard, shallots and sugar. Allow to sit for a few minutes. Whisk in

Toss beets with 1/4 C. dressing and allow to sit for 5 minutes. Mix beets, quinoa, feta, sunflower seeds and mint together. Taste and add more dressing if needed.

Makes 6 servings.

# Miso Dressina

I adapted this recipe from The Kitchn's recipe for miso slaw made with broccoli and spinach. This tangy dressing is versatile: toss with shredded cabbage, matchstick carrots or lettuce. See sidebar for more information on miso's health benefits.

⅓ C. rice vinegar 3 Tb. white miso

3 large garlic cloves, pushed through a garlic press

2 tsp. fresh ginger, minced

2 tsp. sesame oil 3 tsp. soy sauce

½ C. extra virgin olive oil

Whisk all ingredients together. Makes 1 generous cup.

# **Blueberry Lemonade**

Like stevia, agave has become a popular, widely available natural sweetener over the last few years. Research into its benefits

cook until heated through. Serve warm topped with fresh cilantro. Makes 10-15 servings.

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and drawbacks vis-a-vis sugar is ongoing. While it has roughly the same number of calories as sugar, it has a lower glycemic index and is 1½ times as sweet so you need less to achieve the same effect. Recipe adapted from the Hay Day Country Market Cookbook.

 $\frac{1}{3}$  C. light agave nectar

3 C. water

2–3 sprigs mint plus extra for serving 1 generous C. blueberries (about 6 oz.)

½ C. lemon juice

Mix together agave, water and mint in a saucepan. Cook over medium-high heat for 5 minutes. Cool to room temperature. Remove and discard mint sprigs. Pour into a 1-quart pitcher.

In a blender, purée blueberries and lemon juice. (If you want to remove extra blueberry skins, pour through a sieve.) Add to pitcher, stir well and refrigerate for 1 hour. Garnish with mint sprigs.

Makes 1 quart.





# Goat Cheese, Spinach and Red Pepper Roll-ups

I adapted this recipe from Good Housekeeping's 1998 Best Recipes. You can replace the goat cheese with feta.

½ C. walnut pieces

6, 7-inch tortillas

3 oz. goat cheese, room temperature
8 oz. package cream cheese, room temperature
½ small red onion, minced
3 Tb. milk
Freshly ground black pepper to taste
2–3 C. baby spinach leaves, washed well
1, 12-oz. jar roasted red peppers, cut into strips

Place the walnuts in a dry skillet over medium heat and toast for 5 minutes, stirring occasionally making sure that walnuts don't burn. Allow to cool.

In a small bowl, cream together goat cheese and cream cheese. Mix in walnut pieces, onion, milk and black pepper.

Spread cheese mixture on tortillas. Top with spinach leaves and red peppers. Roll tortillas into cylinders. Cover with plastic wrap. Refrigerate for an hour.

Cut in half or into 1" slices for appetizer-size servings.

Serves 6 as a lunch entrée or 12 as an appetizer. ♦

Laura traces her love of all things culinary to the first time she leafed through her mother's Betty Crocker's Cooky Book—which still occupies a place of honor among her 600+ cookbooks. A passionate supporter of local food, she co-founded a farmers market, judges area food contests, and anticipates restaurant openings with the excitement most people reserve for winning a Mega Millions jackpot.



For more great recipes visit
Foodily.com/u/CountyLinesMagazine

# talking with

# Sarah Willoughby, Greater Wilmington CVB

Summer is a great time to visit Wilmington and a partial inspiration for the article in this issue. To find out more about non-stop festivals, fun along The Riverfront, and a city filled with museums and gardens, the historic and the hip, plus the du Pont legacy around every bend, we talked with Sarah Willoughby, Executive Director of the Conference & Visitors Bureau.



# Most people think of Wilmington primarily as a corporate headquarters. Why is there a CVB to attract tourists?

The short answer is that there's much more to Wilmington and so many reasons to visit that we need a CVB, as you can see from the article in this issue. The Greater Wilmington Convention and Visitors Bureau has a mission to serve as the community's destination marketing organization, generating economic growth by marketing our area attractions and services to visitors. Anyone searching for information about the Wilmington area should contact us—we're the most comprehensive, convenient and best-known source of information for visitors, meeting planners and people wanting to relocate to New Castle County.

# What are some of the biggest draws for visitors this summer?

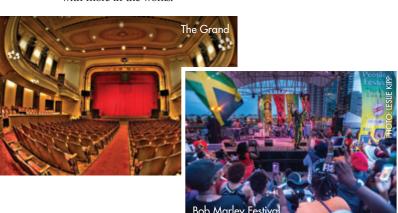
Summer in Wilmington means festivals! Start with the Greek Festival and the next week there's the Italian Festival and after that the DuPont Clifford Brown Jazz Festival. And even more fun on The Riverfront.

# The Riverfront is a great entertainment hub. What's new there?

There's such variety! Have you been to the new Penn Cinema—the state's only IMAX Theatre? Or the Stratosphere Trampoline Park or new Riverwalk Mini Golf? Winter visitors may recall the outdoor ice skating rink—it will be back in December.

The Riverfront is also home to the Chase Center, Wilmington Blue Rocks, Delaware Children's Museum, Wilmington Rowing Center, River Taxi, Delaware Center of Contemporary Art, Delaware Theatre Company, City Theatre Company, OperaDelaware and more.

And it's the site of more summer festivals. The Bob Marley Festival and the Riverfront Blues Festival are annual favorites, with America on Tap Craft Beer Festival new this year. The restaurant scene is hopping, too—newest addition, the River Rock Kitchen at the Westin hotel—with more in the works.



# Wilmington has a lively performing arts community, too. What are some highlights?

Downtown Wilmington has its own Theatre Row. Starting on Market Street with The Playhouse on Rodney Square (formerly the DuPont Theatre), The Grand Opera House—where the Delaware Symphony Orchestra, First State Ballet and OperaDelaware perform—on to the World Cafe Live at the Queen. Also not to be missed are Delaware Children's Theatre and Theatre N along with the Delaware Theatre Company and the City Theatre Company on The Riverfront.



# Can you tell us about the Brandywine Treasure Trail Passport program that gives admission to so many area attractions?

We're proud to partner with the Brandywine Museums & Gardens Alliance on the Brandywine Treasure Trail Passport program that last year attracted visitors from 21 states. The 11 amazing attractions in this program offer one incredible low price to a summer full of adventure. For just \$45 per person (or \$95 for a family of 2 adults and up to 3 children), the Passport gives you one-time admission to 11 of Wilmington and the Brandywine Valley's top attractions from Memorial Day through Labor Day 2015. You can get a Passport online at *BrandywineTreasures.org*.

# Downtown Wilmington is increasingly attracting young people wanting to live in a city. How has this changed downtown?

Millennials are attracted to urban areas and Wilmington offers a bonus of proximity and accessibility to other larger neighboring cities, as well as access to existing social networks in the area, affordable real estate, great performing arts community, and "walkability" within downtown. Areas like LOMA (lower Market Street area) with coffee shops, new restaurants and retail add to the attraction.

# Anything else our readers should know about Wilmington?

Wilmington and all of New Castle County have so much to offer—not just history, culture and gardens. We hope you'll discover for yourself and find out more at *VisitWilmingtonDE.com*. •

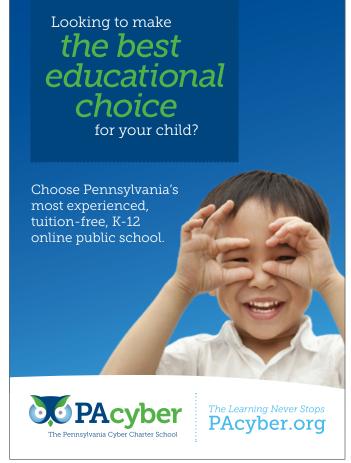
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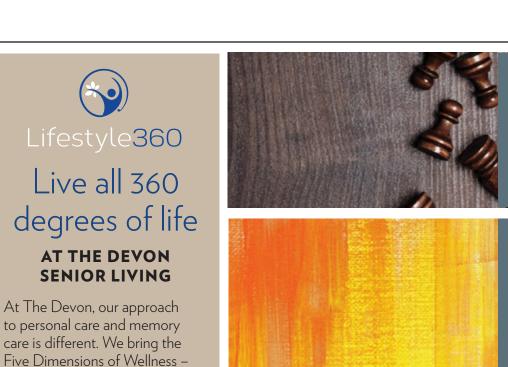
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