

[Food News] *A few of our favorite things to share this month about local food and drink*



Turkey Twists.

Dreading your daily post-Thanksgiving turkey sandwiches? If turkey is the centerpiece of your family's traditional meal, don't let leftovers dumb-down your menu. Turn dull to delicious with a turkey and sweet

potato breakfast quiche. Spice things up with Tuesday squash and turkey Taco Day or treat your kids to a turkey and cranberry BBQ pizza. This year, welcome the leftovers with the help of [fast and fun turkey recipes](#). *More at [LakeWinds.com](#).*

Salad Secrets. Fresh, yummy salads aren't just for summer. Though strawberries may be a sweet memory, apples and Swiss chard have just arrived at the market. Keep your health kick rolling into colder weather with **fall-fresh salads**. Pick a Parmesan, fennel and arugula dish, a perfect pear salad with cranberries, or make it Mediterranean with prosciutto, pomegranate and sweet mint leaves. Stock your fridge with healthy seasonal produce for salads that never go out of season. *Check out [Epicurious.com](#).*



Tasty Triple Threat.

BBQ, burritos and baked goods—oh my! This fall, **The Market at Liberty Place** in Kennet Square is full of new dining experiences. Try a traditional chicken kabob with chips and guac or a healthy falafel burrito at **Kabob-urrito**, a novel Mexiterranean grill. In the mood for comfort food? Enjoy smoked pork, potato salad and cornbread from **MnM BBQ**. And for dessert, pop by The Market's newest addition, **Sugar Daddy's Bake Shoppe**, for a sweet, homemade treat. *[TheMarketAtLibertyPlace.com](#).*

30 Years of Chocolate. Anything is good if it's made of chocolate, right? And **Christopher Chocolates** knows that better than anyone. Come celebrate the 30th anniversary of this sweet shop and taste for yourself. On Thursday evening, November 10th, come savor chocolate fondue and free, mouth-watering giveaways. Or, bring the whole family on Sunday morning, the 12th, for chocolate pizza-making and a yummy candy-counting contest your kids will love. Don't miss out! *3519 West Chester Pk., Newtown Square. [Christopher-Chocolates.com](#).*



Fall Cleansing. If the full-belly drowsiness of too much turkey and football has you in its grips, don't let feast guilt get you down. This year, do your detox right. Skip the juice-only cleanses that leave your stomach grumbling and take a page from how the celebs cleanse. With a combination of chia seed juices and organic lunch recipes that actually crush hunger, this **five-day detox** flushes your system and actually lets you eat. Enjoy your family feast guilt-free and plan ahead at [People.com](#).