

55+ and Retirement Guide to Communities

55+ Communities for the Fit, Active and Independent

There are a variety of communities in our area built and managed for active seniors living an active and healthy lifestyle with amenities geared toward that group. Whether you're looking for a townhouse, condo, apartment or single home, these communities cater to older adults and offer settings that generally feel like resorts. They are designed to make retirement healthier and more enjoyable.

PENNSYLVANIA Downingtown

Ashbridge Manor
610-269-8800; AshbridgeManor.com

Exton

Meridian at Eagleview
484-873-8110; MeridianEagleview.com

Glen Mills

Ivy Creek
610-981-2740
Glen Mills' newest and best option for independent retirement living is opening soon. At Ivy Creek, all utilities (except telephone) will be included in monthly rent—there are never any buy-in fees or leases. They'll take care of the cooking, housekeeping and local transportation, leaving you the time to enjoy your retirement.

Gordonville

Watson Run
717-575-4059; BerksHomes.com

King of Prussia

Canvas Valley Forge
844-279-9865; CanvasValleyForge.com
Canvas Valley Forge is a new concept in 55+ apartment living. Sophisticated, thoughtfully crafted residences set the scene for a life well-lived, one rooted in connections and meaningful experiences and brimming with vitality and independence. Here, "simplify" is not code for "compromise," but rather a password that unlocks the next part of your journey. This is what you worked for—now go out and play.

Media

Springton Lake Village
610-356-7297; SpringtonLakeVillage.com

Phoenixville

Coldstream Crossing
610-321-1977; ColdstreamCrossing.com

West Chester

Harrison Hill Apartments
610-430-6900; HarrisonHillApts.com
Harrison Hill's five stories offer 114 apartment homes comprised of one bedrooms and one bedrooms with dens. The grounds feature a community patio, a walking trail, gazebo and dog park. Residents enjoy coffee and each other's company at "Monday Mingles," holiday barbecues and pizza par-

ties, games in the activities rooms and once-a-week free transportation to set destinations. Call for details and to schedule a tour.

Hershey's Mill
610-436-8900; HersheysMill55Plus.com

Westtown Reserve
215-910-3064; WesttownReserve.com

West Grove

Jennersville Farm
610-368-5549; WalshAndAssociates.net

DELAWARE

Wilmington

Methodist Country House
302-654-5101; PUMH.org

Communities for the Independent, with Continuing Care and Life Plan Communities

Many seniors are currently independent, but want or need, for themselves or their spouse, to live with support—moving from independent living to assisted living, followed by skilled nursing and several kinds of specialized facilities. When the sequence is combined on a single campus, it's called a continuing care community or life plan community. Others provide these services in a community where seniors rent apartments. Those listed have strong "independent living" programs.



Echo Lake



White Horse Village



Kyffin Grove



Surrey Services for Seniors



Harrison Hill Apartments



Daylesford Crossing



Plush Mills



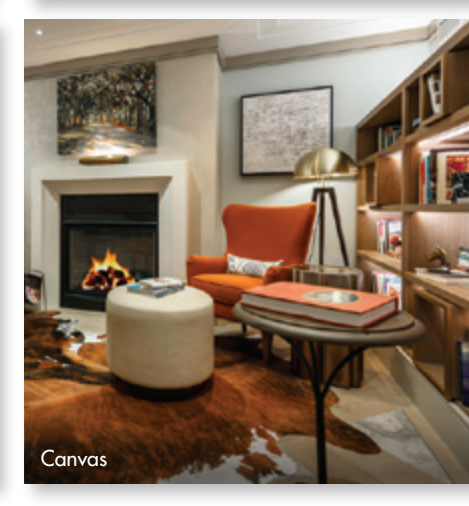
Ivy Creek



Willow Valley Communities



The Highlands at Wyomissing



Canvas

PENNSYLVANIA

Devon

Brightview at Devon

484-519-0097; BrightviewDevon.com

Brightview Devon, conveniently located at 301 E. Conestoga Rd. in Wayne, will open in Spring 2019 with 171 apartments. Brightview Senior Living is a leader and pioneer in senior living and dementia care, delivering resort-style independent living, vibrant assisted living, and innovative memory care. The company builds, owns and manages award-winning communities in eight states along the East Coast.

The Devon Senior Living

610-263-2300; TheDevonSeniorLiving.com

Located in a beautiful, peaceful, rustic country setting, only minutes from area hospitals, restaurants and shopping centers. They offer Personal Care services, as well as award-winning Alzheimer's/Memory Care and short-term stays and feature distinct services and amenities in a comfortable, home-like setting, at 445 N. Valley Forge Rd.

DOWNINGTOWN

St. Martha Villa for Independent & Retirement Living

610-873-5300; Villa.StMRehab.org

Since 2003, St. Martha Villa has proudly served the Chester County community by providing exceptional service to independent and personal care residents. Activities serve a wide range of interests, which include pet therapy, gardening, musical events and daily mass. St. Martha Villa shares its campus with St. Martha Center for Rehabilitation and Healthcare.

Exton

Exton Senior Living

610-594-0200; ExtonSeniorLiving.com

Convenient to great shopping and restaurants, Exton Senior Living is an active personal care and memory care community. Diverse activities and outings fill every day with opportunities to live well. A caring staff and 24-hour nursing assistance provide residents with personalized assistance and peace of mind. They offer a variety of floor plans perfect for seniors looking for a supportive environment.

Glen Mills

Glen Mills Senior Living

610-358-4900; GlenMillsSeniorLiving.com

Voted "Best Assisted Living in Delaware County," providing personal care for residents for over 18 years. Located only min-

utes from area hospitals, restaurants and shopping centers, they have a seasoned team of caregivers, providing the additional support needed to maintain independence while receiving the individualized care that suits residents' needs. The community provides 24-hour nursing supervision, short-term stays and rehabilitation services.

Kennett Square

Friends Home in Kennett

610-444-2577; FriendsHomeInKennett.org

Options for seniors include Supportive Independent Living, Personal Care Services and Skilled Nursing for more intense care. All meals, housekeeping and laundry are included. Celebrating 120 years. Friends Home in Kennett—where friends become family.

Kendal-Crosslands Communities

844-907-1800; KCC.Kendal.org

Customizable cottages and apartments adjacent to Longwood Gardens on an over 500-acre, accredited arboretum campus. Two LifePlan Communities and two 50+ neighborhoods. Amenities: several indoor and outdoor pools, art studios, gardens, hiking trails, dog park, tennis courts, therapy, fitness, multiple dining venues, two libraries

and putting greens, all with 5-star rated healthcare. Member of Leading Age, FSA and accredited by CARF-CCAC.

Lancaster

Willow Valley Communities

866-454-2922

WillowValleyCommunities.org

A premier 55+ community with a 30+ year tradition of amenity-rich excellence and 90+ floor plans, from cozy studios to 3,300-sq.-ft. townhomes. At this A-rated Lifecare community, you get the financial security of knowing your fees won't increase because you later need personal care, skilled nursing care or memory support. Willow Valley Communities may be one of finest—and smartest—investments you can make for your retirement.

Malvern

Echo Lake

LivingAtEchoLake.com; SageLife.com

Model apartments are open for tours. Retirement living, redesigned. At the leading edge of the "aging well" movement, Echo Lake will include a huge fitness and wellness center, innovative dining built around the latest trends in nutrition and a catalog of programming that dares you to explore ... think cruise ship, think country club, think spa ... and then, let your imagination run wild.

Manheim

Pleasant View Retirement Community

717-665-2445; PleasantViewRC.org

Nestled in the rolling hills of northern Lancaster County, Pleasant View blends a relaxing and carefree lifestyle with opportunities to explore passions and interests. With a variety of living accommodations to choose from, plus a multitude of on-campus conveniences, maintaining your active lifestyle is easier than ever. Plan your visit to see why over 400 residents call Pleasant View home.

Media

Riddle Village

610-891-3700; RiddleVillage.org

Riddle Village is a Lifecare community that offers amenities including a fitness center, putting green, indoor parking, personal trainer, four unique restaurants, a flexible dining program and much more. Riddle Village has 10 spacious apartment styles ranging from studios to three-bedroom apartments.



Exton Senior Living



St. Martha Villa

Newtown Square

Dunwoody Village

610-359-4400; Dunwoody.org

Since 1974, Dunwoody Village has set the standard in comfortable retirement living. At the convenient location in Newtown Square, residents enjoy a variety of amenities, including fine dining, fitness services and superb cultural offerings, as well as the peace of mind that Five-Star Healthcare offers.

White Horse Village

610-558-5000; WhiteHorseVillage.org

A warm and welcoming retirement community on 96 picturesque acres by a state park and surrounded by gardens, woodlands and meadows. Amenities include wellness center with indoor pool and spa, putting green, bocce and shuffleboard courts, library, dining venues, performing arts, enrichment programs, transportation and more. On-site Healthcare Center with skilled nursing, assisted living and memory support. Member, Leading Age. Accredited by CARF-CCAC.

North Wales

Kyffin Grove

267-460-8100; KyffinGrove.com; SageLife.com

Kyffin Grove Senior Living offers exceptional care and comfort and unparalleled value. Enjoy country living with every convenience in bucolic North Wales. Kyffin Grove offers supportive living and specialized, staged memory care. Call to find out more.

Paoli

Daylesford Crossing

610-640-4000

DaylesfordCrossing.com; SageLife.com

Daylesford Crossing is senior living, but different ... completely customized support, uniquely sophisticated surroundings

and unparalleled hospitality. With 78 supportive living and specialized memory care apartments, Daylesford Crossing is located right in the heart of the upper Main Line. Call to find out more.

Phoenixville

Spring Mill Senior Living

610-933-7675

SpringMillSeniorLiving.com

Welcome home to the most highly sought after senior living community in the area, offering exceptional personal care and memory care. With gourmet dining, festive events, daily activities, extra-large apartment homes with stone balconies and patios, Spring Mill is truly a great choice in senior living. Long tenured professional team members are available 24 hours a day to ensure that you live without worry. They'll take care of everything for you.

Wallingford

Plush Mills

610-690-1630; SageLife.com

Plush Mills is different. You see it when you walk through the door; the upscale décor, the comfortable atmosphere and the feeling that this is a place where people know what it means to live well. With 157 independent and supportive living apartments, Plush Mills is just the right size—big enough to count on, small enough to care. Call to find out more.

West Chester

The Hickman

484-207-0446; TheHickman.org

Wellington At Hershey's Mill

484-653-1200; WellingtonRetirement.com

WYOMISSING

The Highlands at Wyomissing

610-775-2300; TheHighlands.org

The Highlands at Wyomissing is a non-profit Life Care Continuing Care Retirement Community.



Foulk Manor South



Pleasant View Retirement Community



The Devon Senior Living



Brightview at Devon



Dunwoody Village



Spring Mill

ment Community situated on 113 acres next to beautiful Wyomissing Park. They offer 240 residential apartments of various sizes, 40 spacious two- and three-bedroom villas, 66 studio and one-bedroom apartments in Personal Care and 80 beds in the Skilled Nursing Center.

DELAWARE

Greenville

Stonegates Retirement Community

302-658-6200

Stonegates.com

Wilmington

Methodist Country House

800-991-9257

ACTSRetirement.org

Foulk Manor South

302-655-6249

FoulkManorSouth.com

Foulk Manor South is a luxurious senior living community that offers spacious

and comfortable assisted living apartments, Five Star's award-winning Bridge to Rediscovery program for people with Alzheimer's and other types of dementia, and respite/short stays. They are one of the few communities in Delaware that offers intermediate care as a long-term skilled nursing option.

In-Home Care

For those who choose to stay in their homes as long as they can and need clinical or assistive care, there are many options to choose from. These providers offer everything from companionship to nursing care, transportation to and from appointments, cleaning, moving and more.

Surrey Services for Seniors

Devon, Berwyn, Broomall,

Havertown, Media

610-647-6404; SurreyServices.org

Surrey, a nonprofit organization, has been serving the community for over 35 years. Surrey operates four community centers with meal programs, fitness classes, life-long learning and volunteer opportunities. Surrey Home Care offers short- and long-term RN care, personal finance management, personal care, house cleaning and a variety of transportation services from shared ride services to RN-assisted medical transportation to and from medical procedures requiring anesthesia.

TLC Moving Services

610-268-3243; TLCMovingServicesllc.com

TLC provides a personalized and friendly service specializing in house and retirement home moves. They offer you a personalized, economical and worry-free service that specializes in planning, packaging, unpacking, sale of personal property, handyman services, appraisals and donations. ♦



Kendal-Crosslands Communities



Glen Mills Senior Living



Riddle Village



Friends Home in Kennett